



US00D874586S

(12) **United States Design Patent** (10) **Patent No.:** **US D874,586 S**  
**Bartolotta et al.** (45) **Date of Patent:** **\*\* Feb. 4, 2020**

(54) **FLEXIBILITY AND STRENGTH TRAINING ANCHOR**

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(\*\*) Term: **15 Years**

(21) Appl. No.: **29/645,026**

(22) Filed: **Apr. 23, 2018**

(51) **LOC (12) Cl.** ..... **21-02**

(52) **U.S. Cl.**  
USPC ..... **D21/694**

(58) **Field of Classification Search**  
USPC ..... 248/505; 52/7; 182/3; D8/349, 354, D8/356, 367; D25/199; 482/91, 92, 94, 482/120, 122, 143; D21/686, 688, 694  
CPC ..... E04C 5/12; F16B 13/065; F16B 45/00; E04B 1/34347; E04F 11/1812; E04G 21/185

See application file for complete search history.

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(57) **CLAIM**

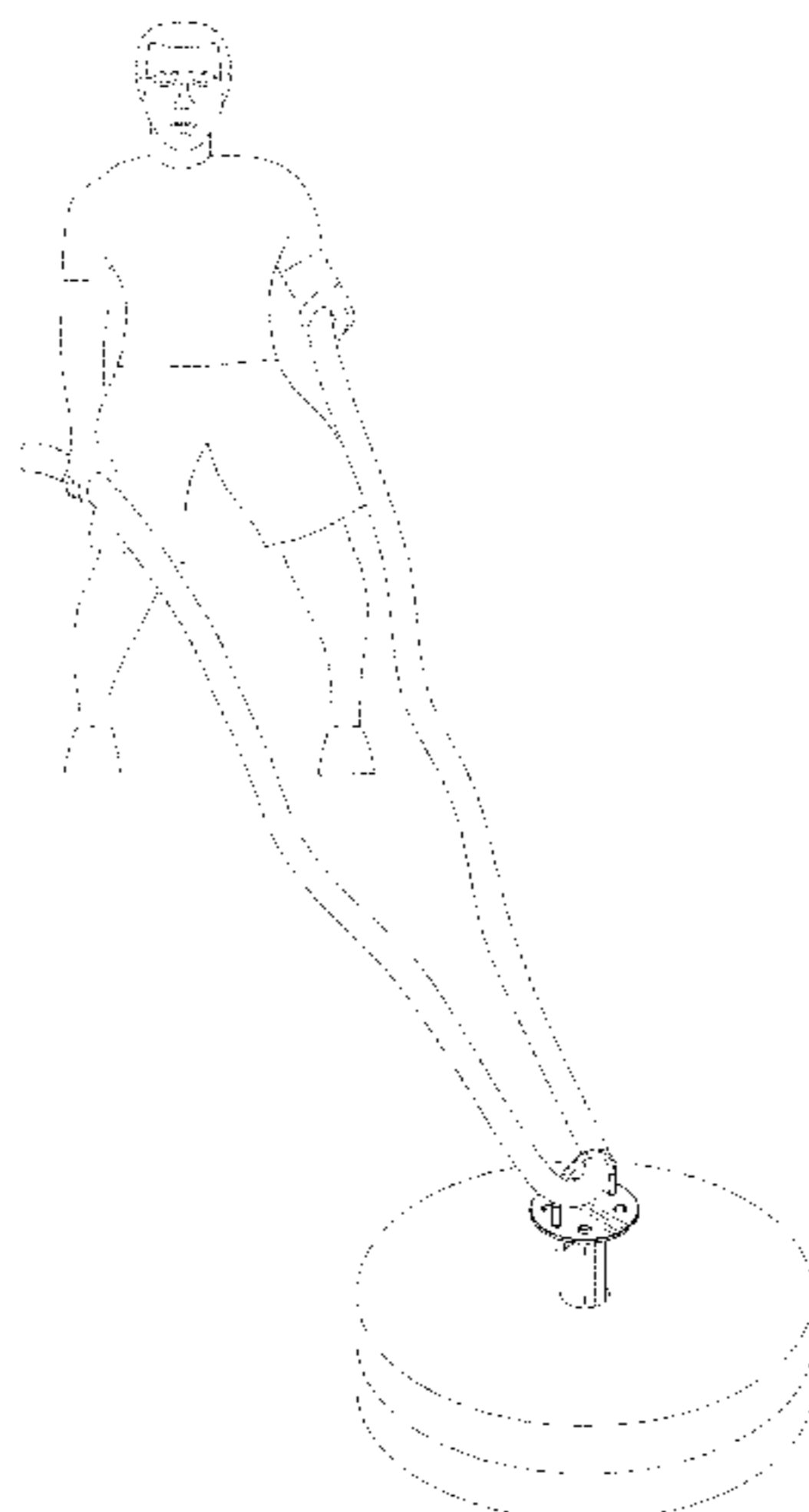
The ornamental design for a flexibility and strength training anchor, as shown and described.

**DESCRIPTION**

FIG. 1 is an environmental view of a flexibility and strength training anchor of the present invention;  
FIG. 2 a top right perspective view of the flexibility and strength training anchor of the present invention;  
FIG. 3 a bottom right perspective view of the flexibility and strength training anchor of FIG. 2;  
FIG. 4 a front elevation view of the flexibility and strength training anchor of FIG. 2;  
FIG. 5 is a back elevation view of the flexibility and strength training anchor of FIG. 2;  
FIG. 6 is a first side elevation view of the flexibility and strength training anchor of FIG. 2;  
FIG. 7 is a second side view of the flexibility and strength training anchor of FIG. 2;  
FIG. 8 is a top view of the flexibility and strength training anchor of FIG. 2; and,  
FIG. 9 is a bottom view of the flexibility and strength training anchor of FIG. 2.

The broken lines shown in FIG. 1 of the human, rope and weights are for the purpose of illustrating environmental structure, which form no part of the claimed design. The remaining broken lines shown in the drawings are for the purposes illustrating portions of the flexibility and strength training anchor, which form no part of the claimed design.

**1 Claim, 6 Drawing Sheets**



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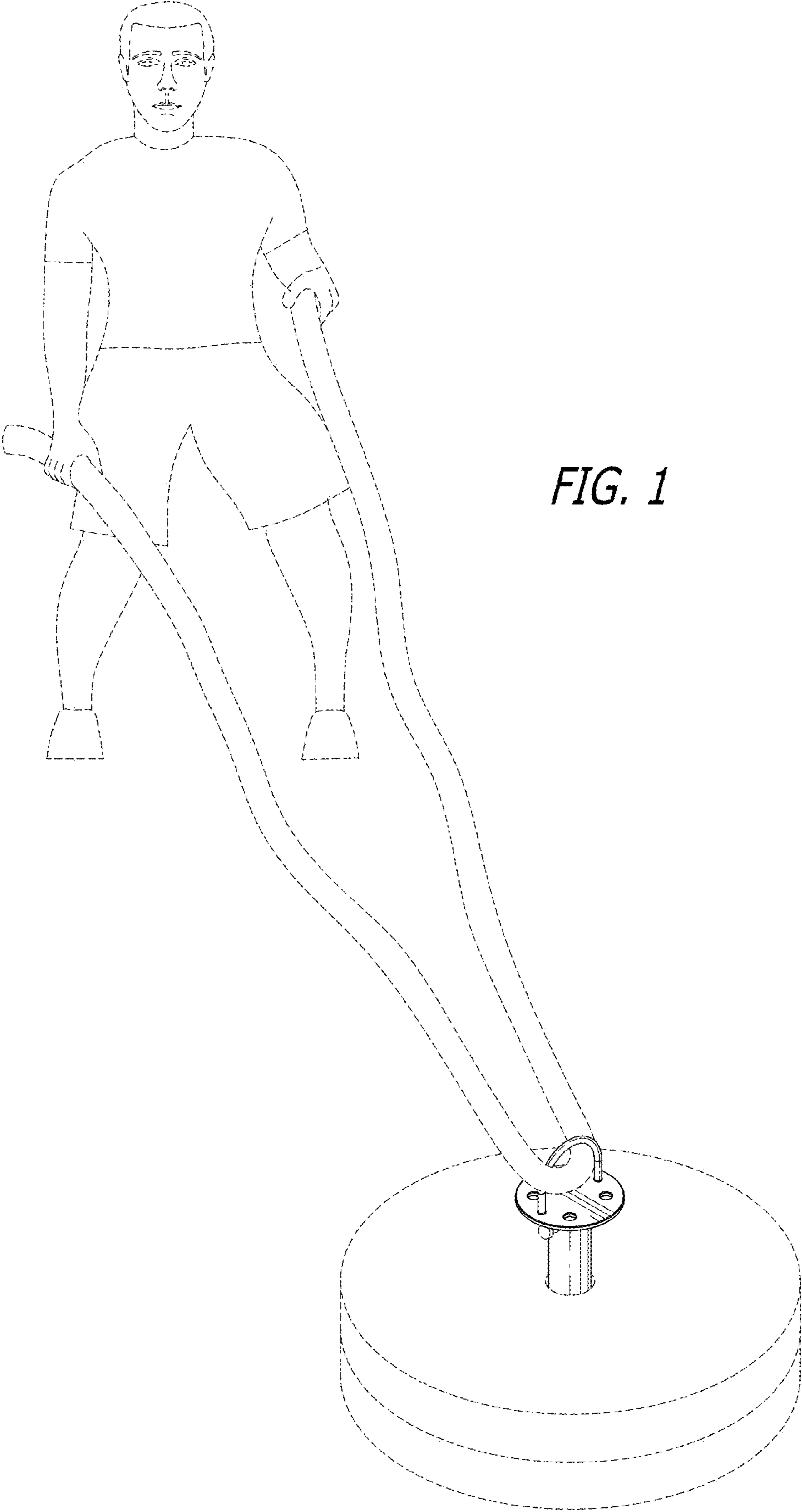
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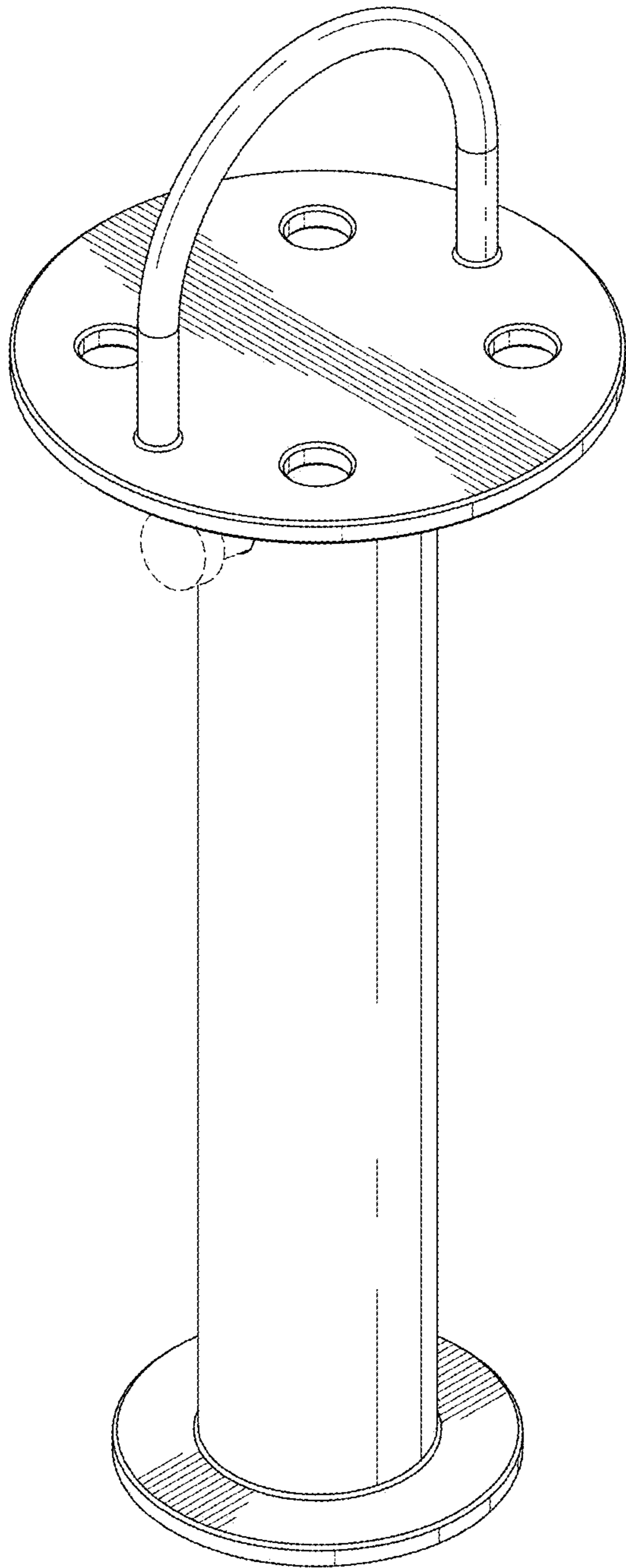
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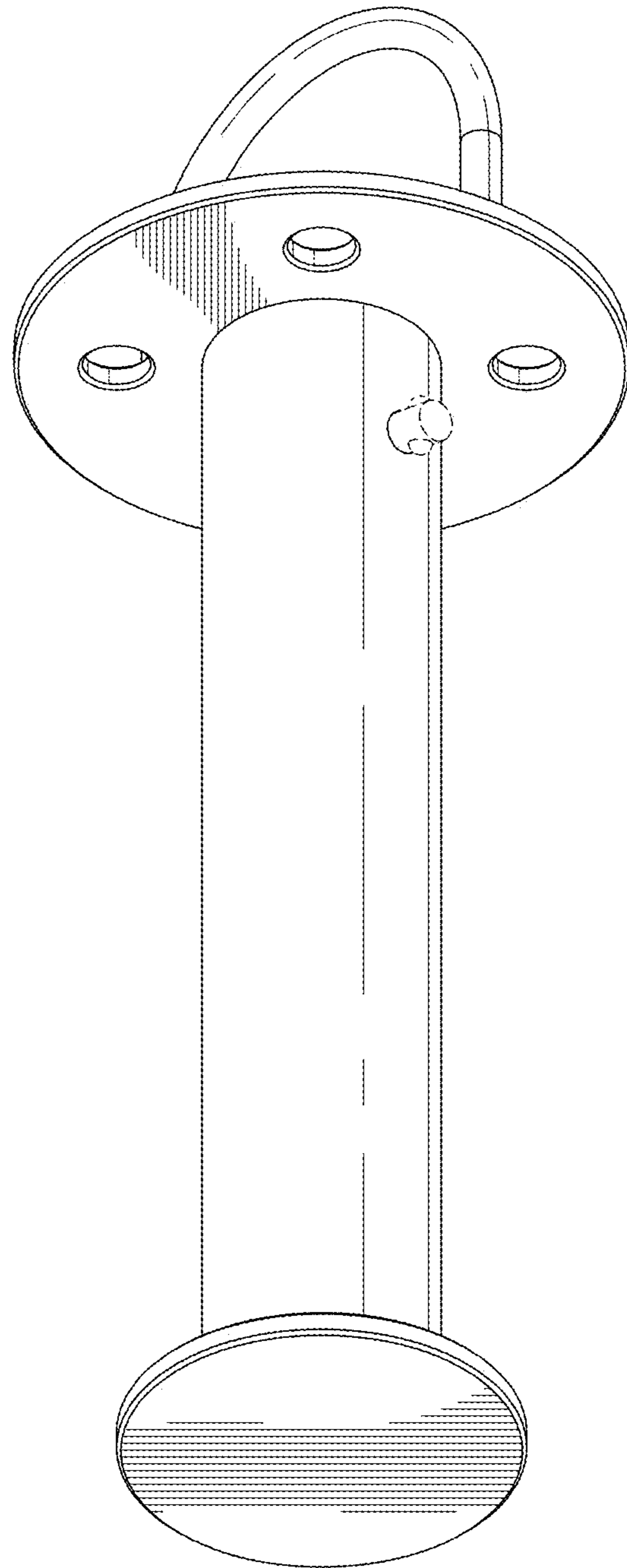
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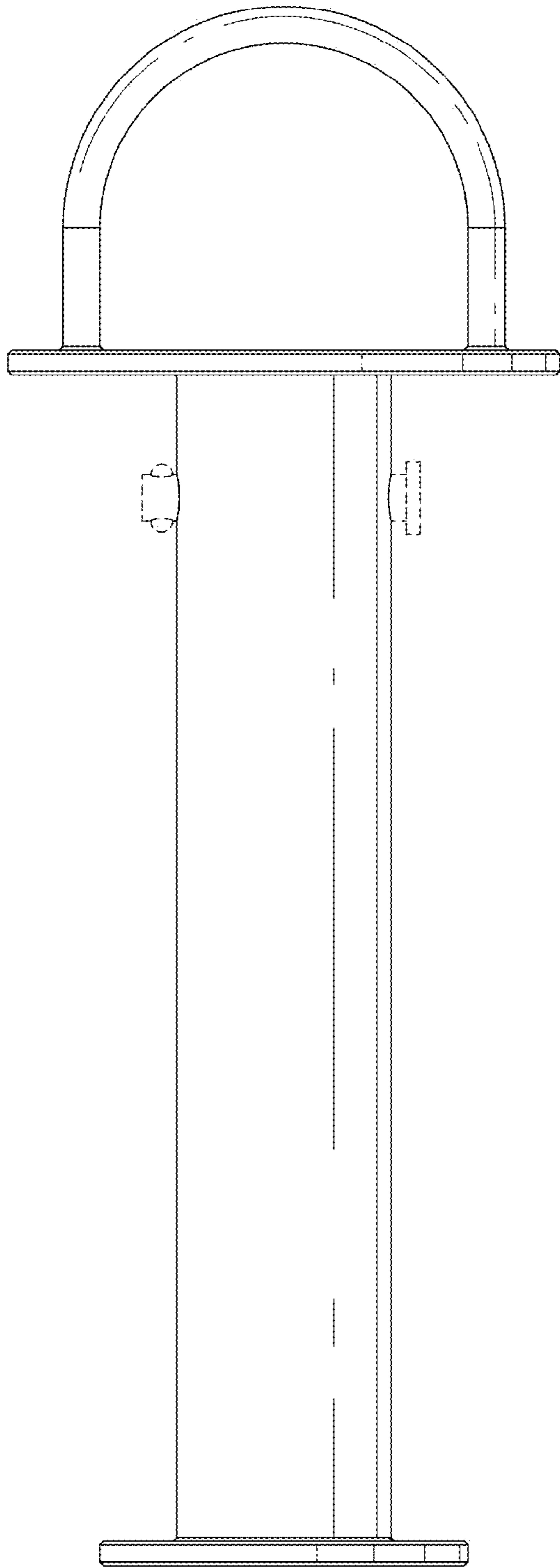
*FIG. 1*



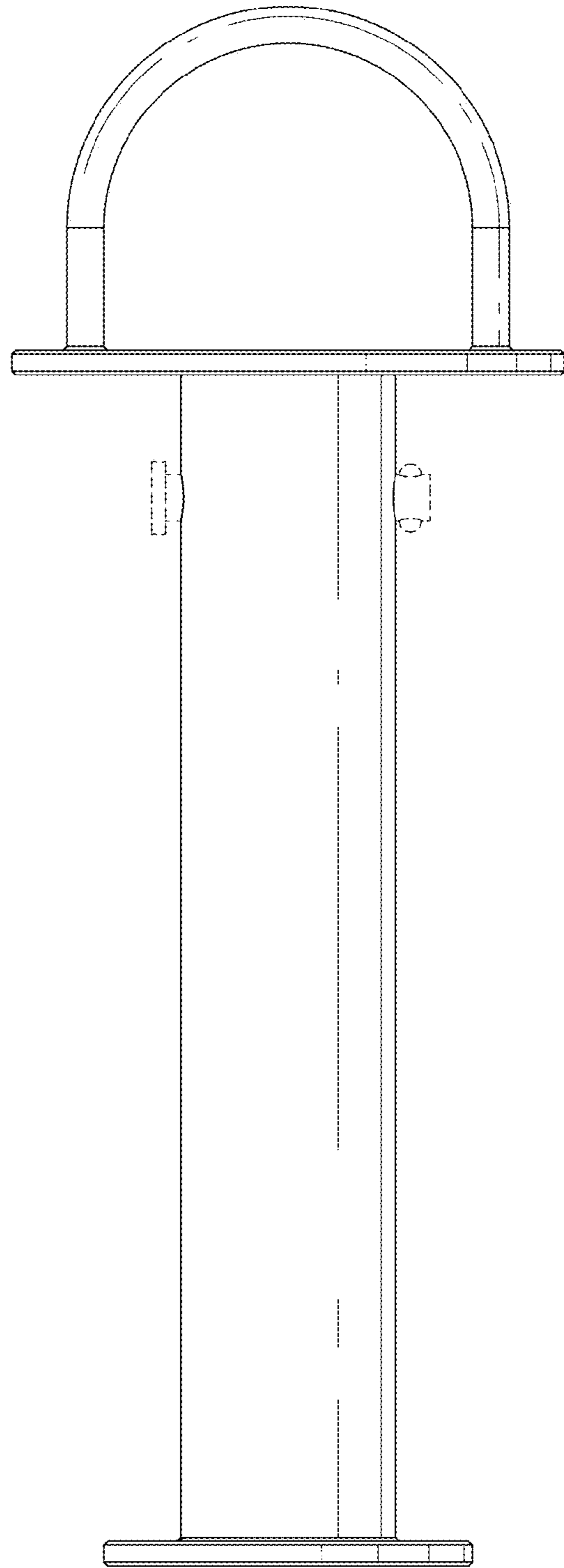
*FIG. 2*



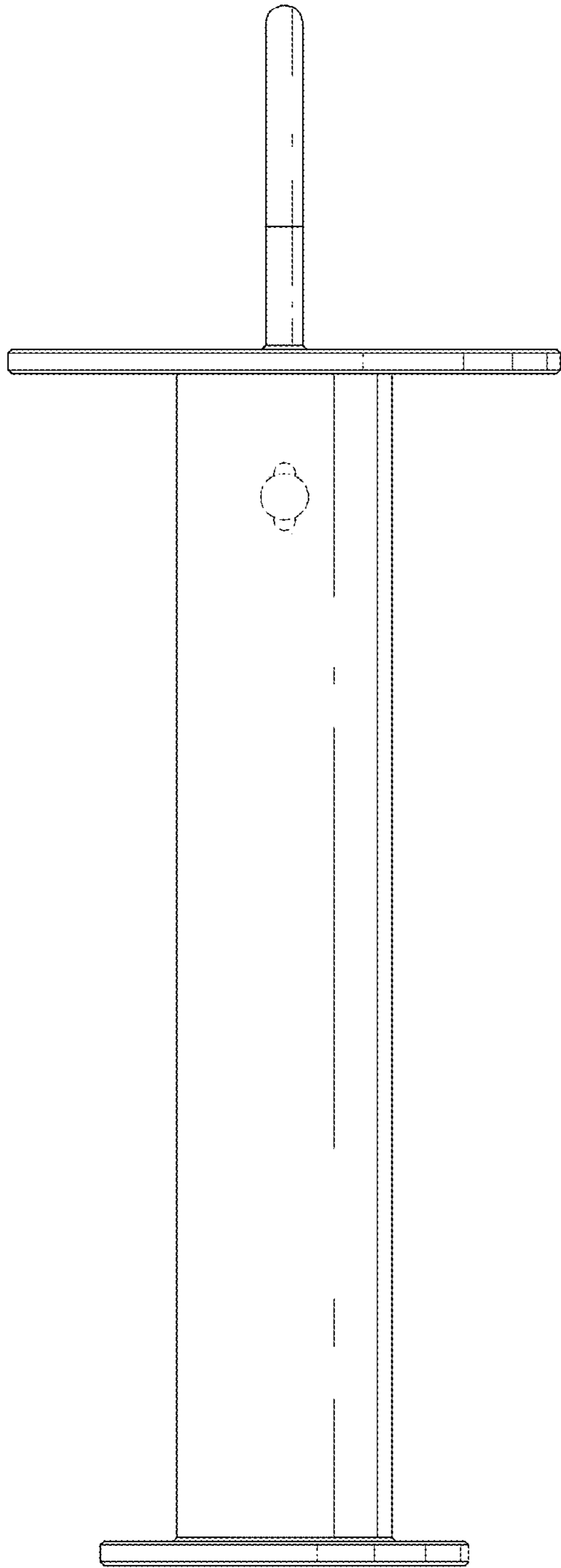
*FIG. 3*



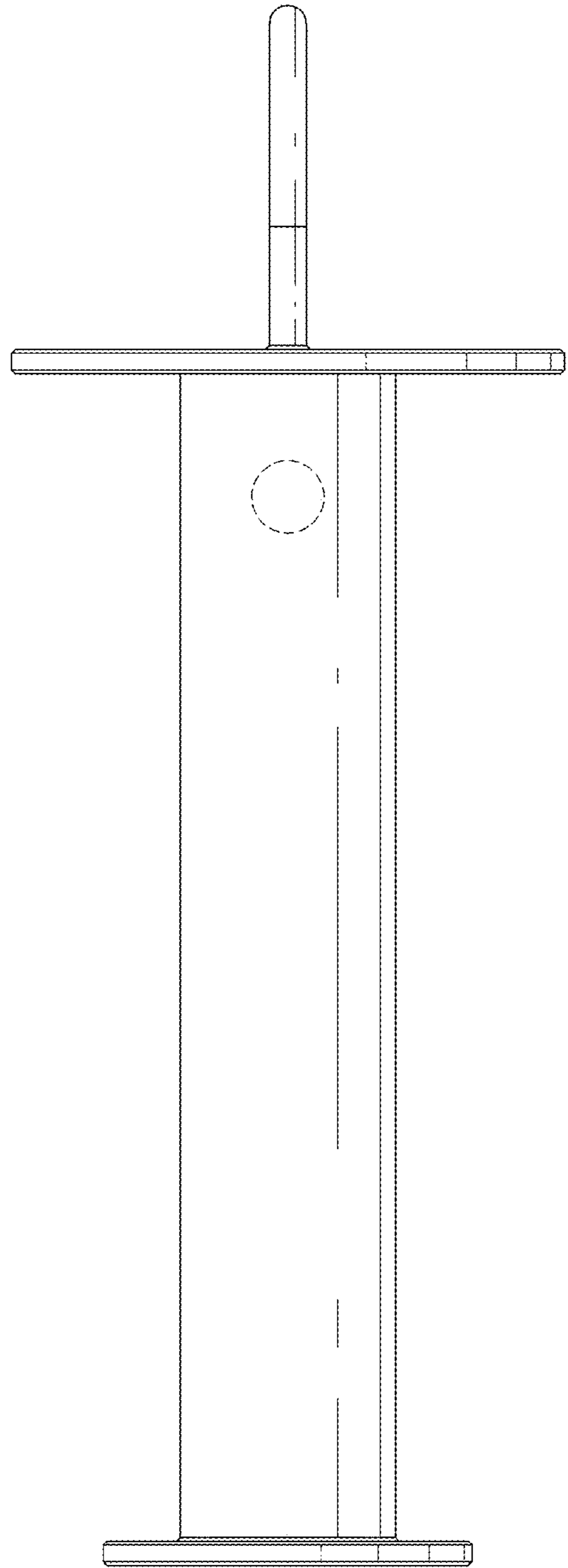
*FIG. 4*



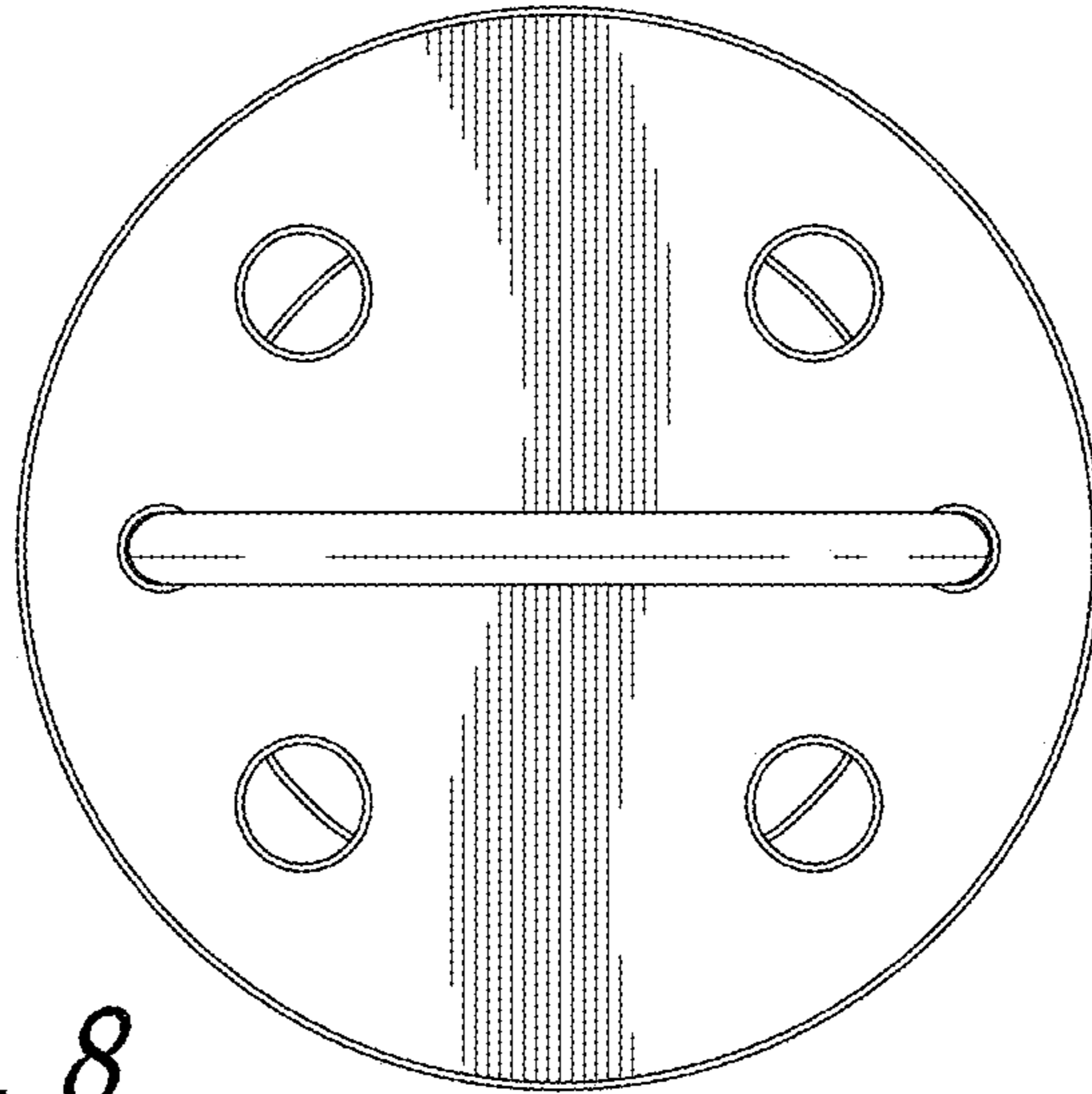
*FIG. 5*



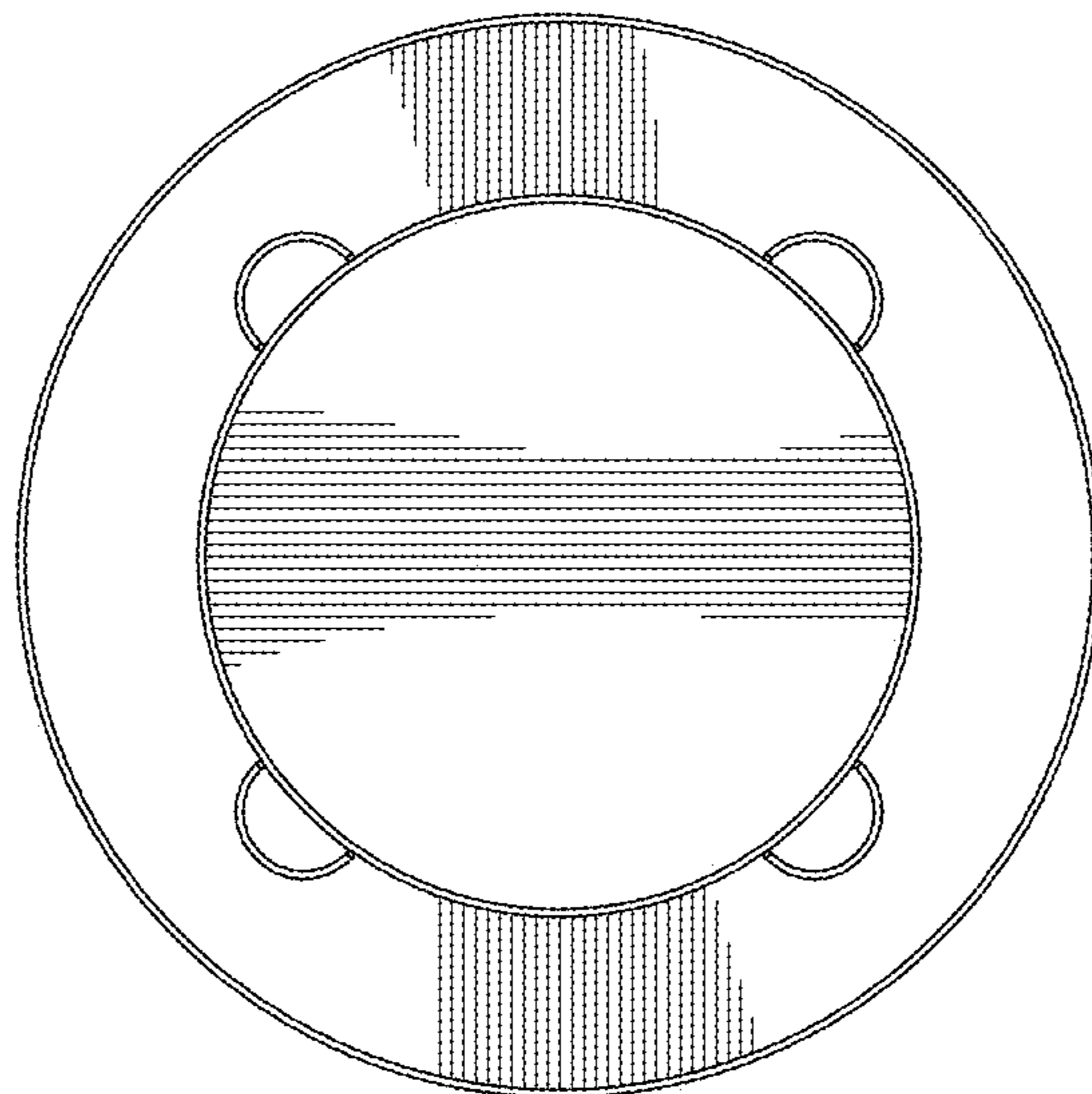
*FIG. 6*



*FIG. 7*



*FIG. 8*



*FIG. 9*