



US00D398640S

# United States Patent [19] Renegar

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[45] Date of Patent: **\*\*Sep. 22, 1998**

[54] **NOTEBOOK PAD**

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Shawnee, Kans. 66216

[\*\*] Term: **14 Years**

[21] Appl. No.: **74,587**

[22] Filed: **Aug. 6, 1997**

[51] **LOC (6) Cl.** ..... **19-04**

[52] **U.S. Cl.** ..... **D19/26; D19/1; D19/33;**  
**D20/18; D20/42**

[58] **Field of Search** ..... **D19/1-8, 26, 27,**  
**D19/28, 29, 30, 31, 32, 33, 52; D20/18,**  
**19, 40, 42; 40/107, 120, 121; 283/2, 3,**  
**4, 61, 62, 105, 115; 434/262, 127**

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*Primary Examiner*—Martie Thompson

[57] **CLAIM**

The ornamental design for a notebook pad, as shown.

**DESCRIPTION**

FIG. 1 is a front elevational view of a notebook pad showing my new design;

FIG. 2 is a side elevational view of one side of the notebook pad shown in FIG. 1, the other side being a mirror image thereof; and,

FIG. 3 is a top plan view of the notebook pad shown in FIG. 1, the bottom plan view being a mirror image thereof.

**1 Claim, 1 Drawing Sheet**

	AM	SNACK	NOON	SNACK	PM					
<b>Fat Grams</b>	2	4	6	8	10	12	14	16	18	20
	22	24	26	28	30	32	34	36	38	40
	42	44	46	48	50	52	54	56	58	60

**Exercise Goals for Today.**





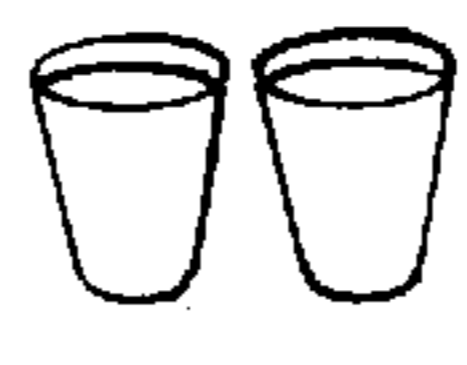














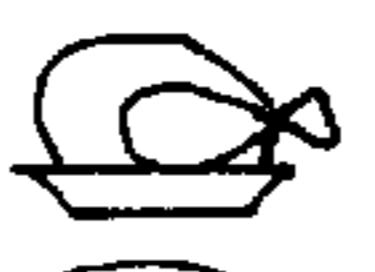










Aerobic Duration \_\_\_\_\_ Intensity \_\_\_\_\_

Anaerobic Upper Body \_\_\_\_\_ Abs \_\_\_\_\_ Lower Body \_\_\_\_\_

**Attitude Check.**

Did I meet or exceed my goals today? How do I feel about my accomplishments?

**Fig. 1.**

	AM	SNACK	NOON	SNACK	PM																																			
																																								
																																								
																																								
																																								
																																								
																																								
Fat Grams	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td>2</td><td>4</td><td>6</td><td>8</td><td>10</td><td>12</td><td>14</td><td>16</td><td>18</td><td>20</td> </tr> <tr> <td>22</td><td>24</td><td>26</td><td>28</td><td>30</td><td>32</td><td>34</td><td>36</td><td>38</td><td>40</td> </tr> <tr> <td>42</td><td>44</td><td>46</td><td>48</td><td>50</td><td>52</td><td>54</td><td>56</td><td>58</td><td>60</td> </tr> </table>										2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
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22	24	26	28	30	32	34	36	38	40																															
42	44	46	48	50	52	54	56	58	60																															
<p>Exercise Goals for Today.</p> <p>Aerobic  Duration _____ Intensity _____</p> <p>Anaerobic  Upper Body _____ Abs _____ Lower Body _____</p>																																								
<p>Attitude Check.</p> <p>Did I meet or exceed my goals today? How do I feel about my accomplishments?</p> <div style="display: flex; justify-content: space-around; align-items: center;">      </div>																																								

**Fig. 2.**



**Fig. 3.**

