





**Related U.S. Application Data**

continuation of application No. 11/716,360, filed on Mar. 9, 2007, now Pat. No. 8,303,659, which is a continuation of application No. 10/663,492, filed on Sep. 16, 2003, now Pat. No. 7,223,291, which is a continuation-in-part of application No. 10/425,267, filed on Apr. 29, 2003, now Pat. No. 7,235,081, which is a continuation-in-part of application No. 10/282,356, filed on Oct. 29, 2002, now Pat. No. 7,169,182, which is a continuation-in-part of application No. 10/256,160, filed on Sep. 26, 2002, now Pat. No. 6,989,032, which is a continuation-in-part of application No. 10/175,417, filed on Jun. 19, 2002, now Pat. No. 7,563,285, which is a continuation-in-part of application No. 10/151,280, filed on May 20, 2002, now Pat. No. 7,604,664, which is a continuation-in-part of application No. 10/140,153, filed on May 7, 2002, now abandoned, which is a continuation-in-part of application No. 10/128,619, filed on Apr. 23, 2002, now Pat. No. 6,863,689, which is a continuation-in-part of application No. 09/982,148, filed on Oct. 18, 2001, now Pat. No. 6,673,113, and a continuation-in-part of application No. 09/906,119, filed on Jul. 16, 2001, now Pat. No. 6,607,559, said application No. 10/140,153 is a continuation-in-part of application No. 09/970,479, filed on Oct. 4, 2001, now Pat. No. 6,669,730, which is a continuation-in-part of application No. 09/968,046, filed on Oct. 1, 2001, now abandoned, said application No. 10/151,280 is a continuation-in-part of application No. 09/970,479, said application No. 10/663,492 is a continuation-in-part of application No. 10/309,585, filed on Dec. 4, 2002, now Pat. No. 7,115,132, which is a continuation-in-part of application No. 10/282,356, filed on Oct. 29, 2002, now Pat. No. 7,169,182, said application No. 10/663,492 is a continuation-in-part of application No. 10/282,356.

- (51) **Int. Cl.**  
*A61B 17/02* (2006.01)  
*A61F 2/30* (2006.01)

- (52) **U.S. Cl.**  
 CPC ..... *A61F 2/30767* (2013.01); *A61F 2002/302* (2013.01); *A61F 2002/3092* (2013.01); *A61F 2002/30171* (2013.01); *A61F 2002/30187* (2013.01); *A61F 2002/30331* (2013.01); *A61F 2002/30365* (2013.01); *A61F 2002/30378* (2013.01); *A61F 2002/30433* (2013.01); *A61F 2002/30441* (2013.01); *A61F 2002/30443* (2013.01); *A61F 2002/30444* (2013.01); *A61F 2002/30446* (2013.01); *A61F 2002/30451* (2013.01); *A61F 2002/30454* (2013.01); *A61F 2002/30492* (2013.01); *A61F 2002/30502* (2013.01); *A61F 2002/30507* (2013.01); *A61F 2002/30518* (2013.01); *A61F 2002/30528* (2013.01); *A61F 2002/30538* (2013.01); *A61F 2002/30563* (2013.01); *A61F 2002/30565* (2013.01); *A61F 2002/30571* (2013.01); *A61F 2002/30594* (2013.01); *A61F 2002/30604* (2013.01); *A61F 2002/30649* (2013.01); *A61F 2002/30769* (2013.01); *A61F 2002/30772* (2013.01); *A61F 2002/30774* (2013.01); *A61F 2002/30785* (2013.01); *A61F 2002/30841* (2013.01); *A61F 2002/30909* (2013.01); *A61F 2002/30975* (2013.01); *A61F 2002/443*

- (2013.01); *A61F 2002/4619* (2013.01); *A61F 2002/4627* (2013.01); *A61F 2002/4628* (2013.01); *A61F 2220/0025* (2013.01); *A61F 2220/0033* (2013.01); *A61F 2220/0041* (2013.01); *A61F 2220/0058* (2013.01); *A61F 2230/005* (2013.01); *A61F 2230/0034* (2013.01); *A61F 2230/0065* (2013.01); *A61F 2250/0006* (2013.01); *A61F 2310/00017* (2013.01); *A61F 2310/00023* (2013.01); *A61F 2310/00365* (2013.01)

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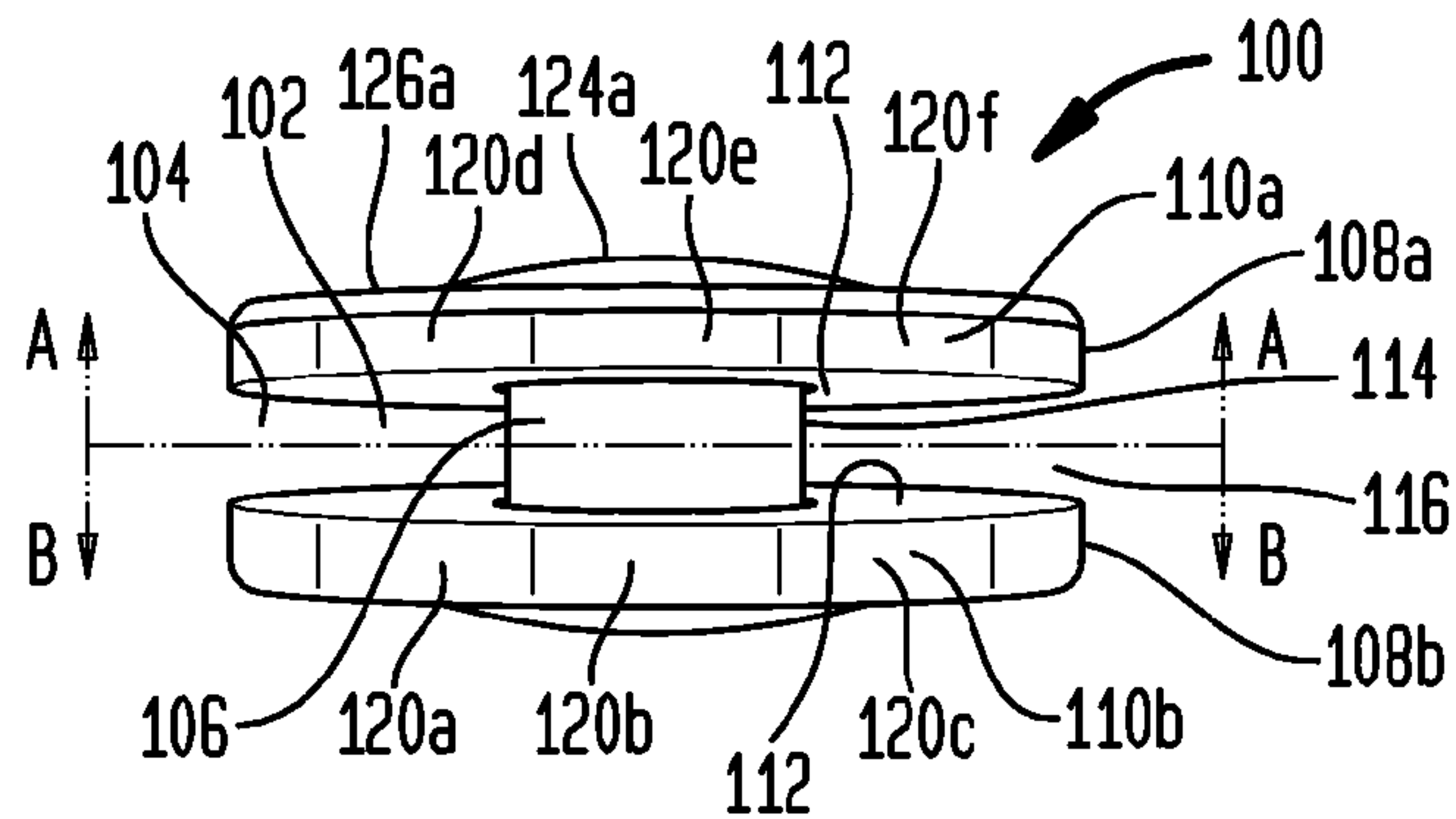
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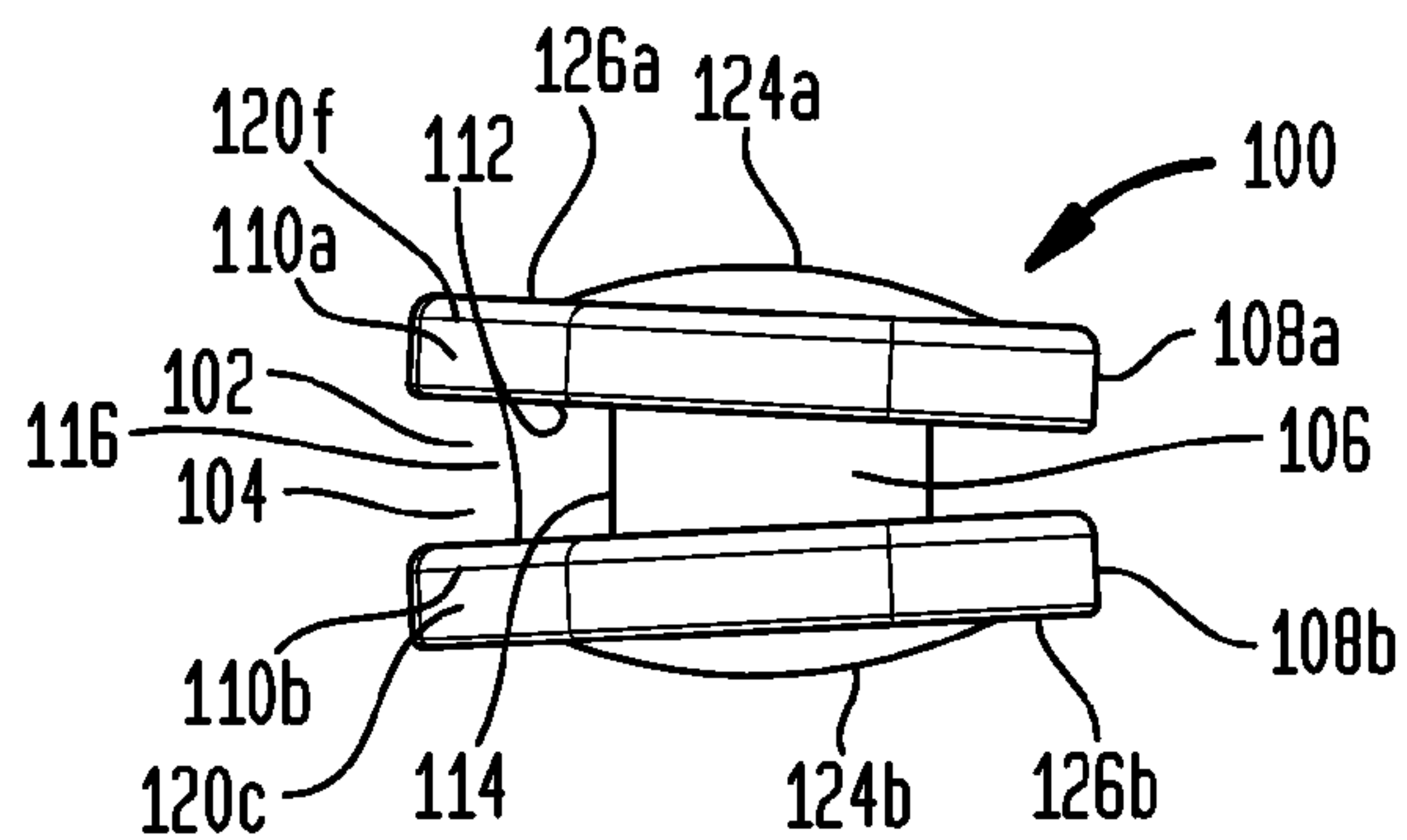
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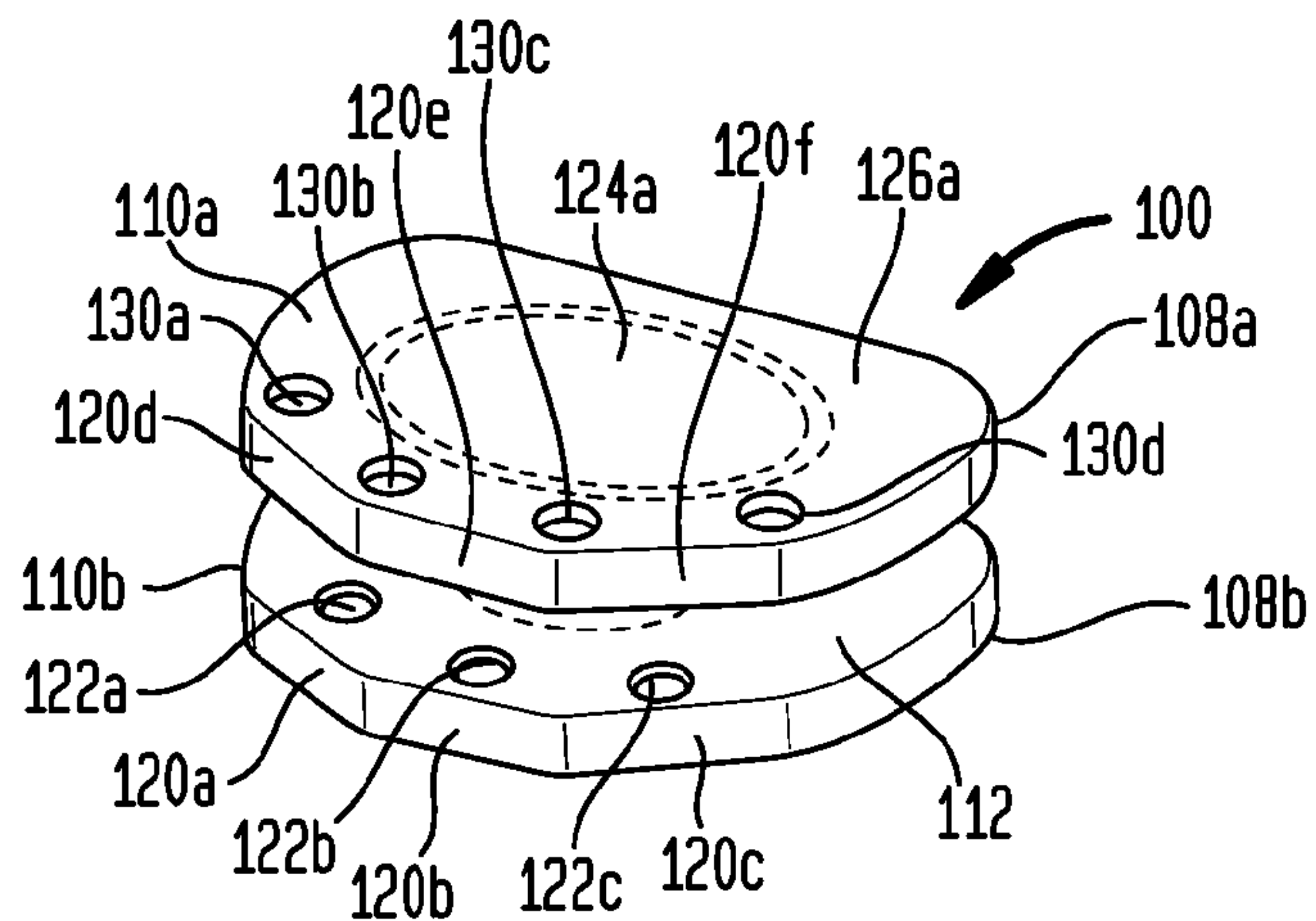
**FIG. 1**



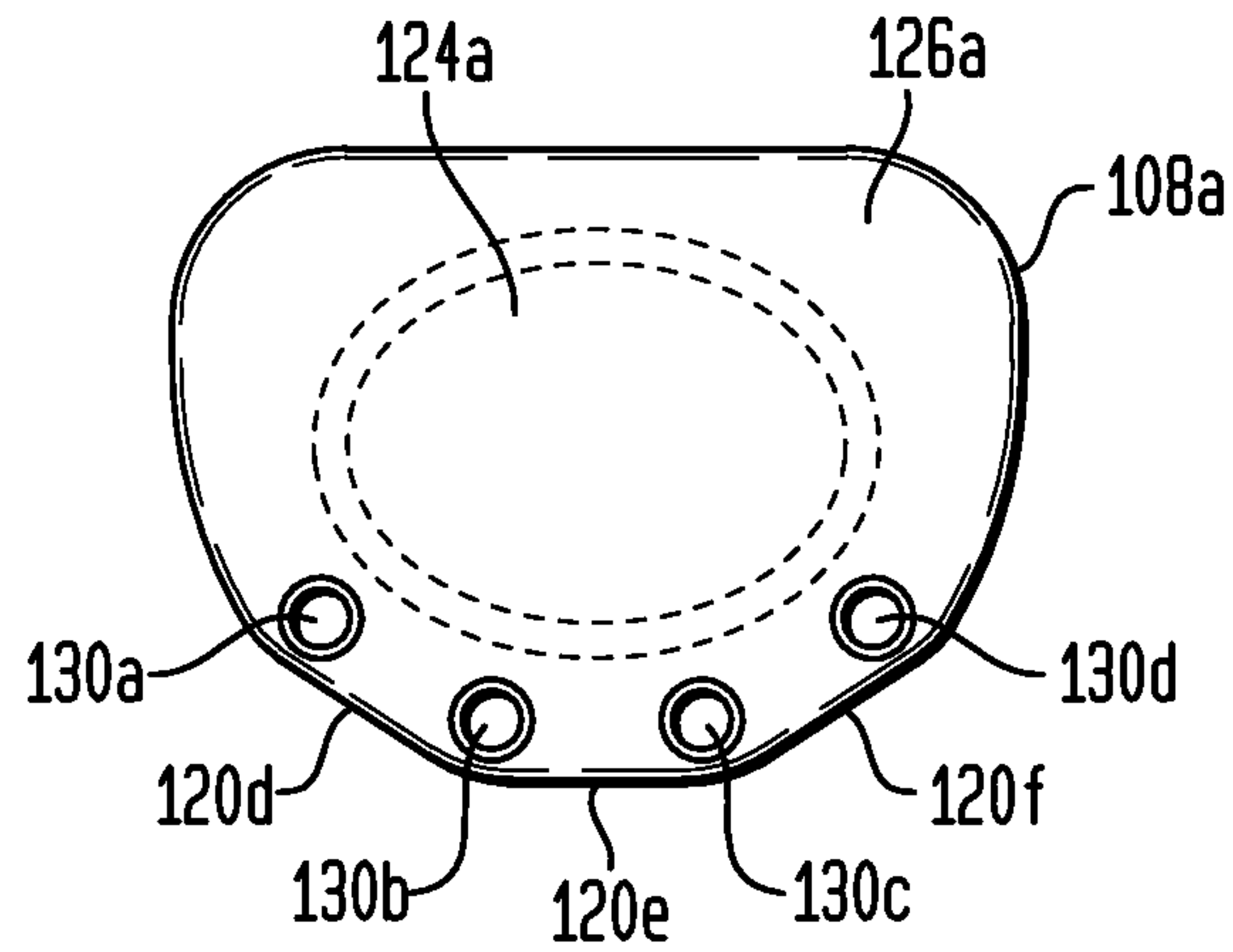
**FIG. 2**



**FIG. 3**

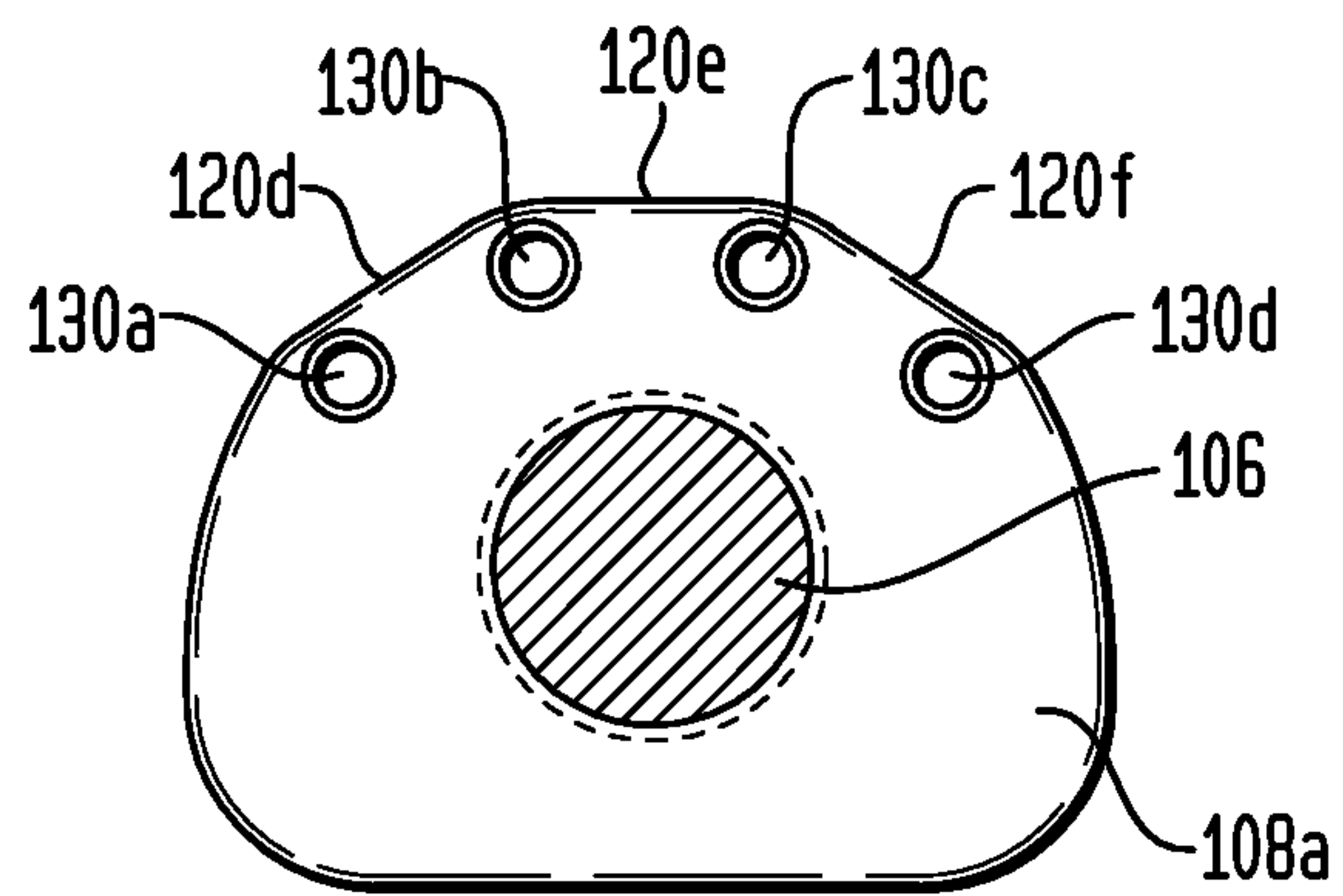


**FIG. 4**



**FIG. 5**

(SECTION A-A OF FIG. 1)



**FIG. 6**

(SECTION B-B OF FIG. 1)

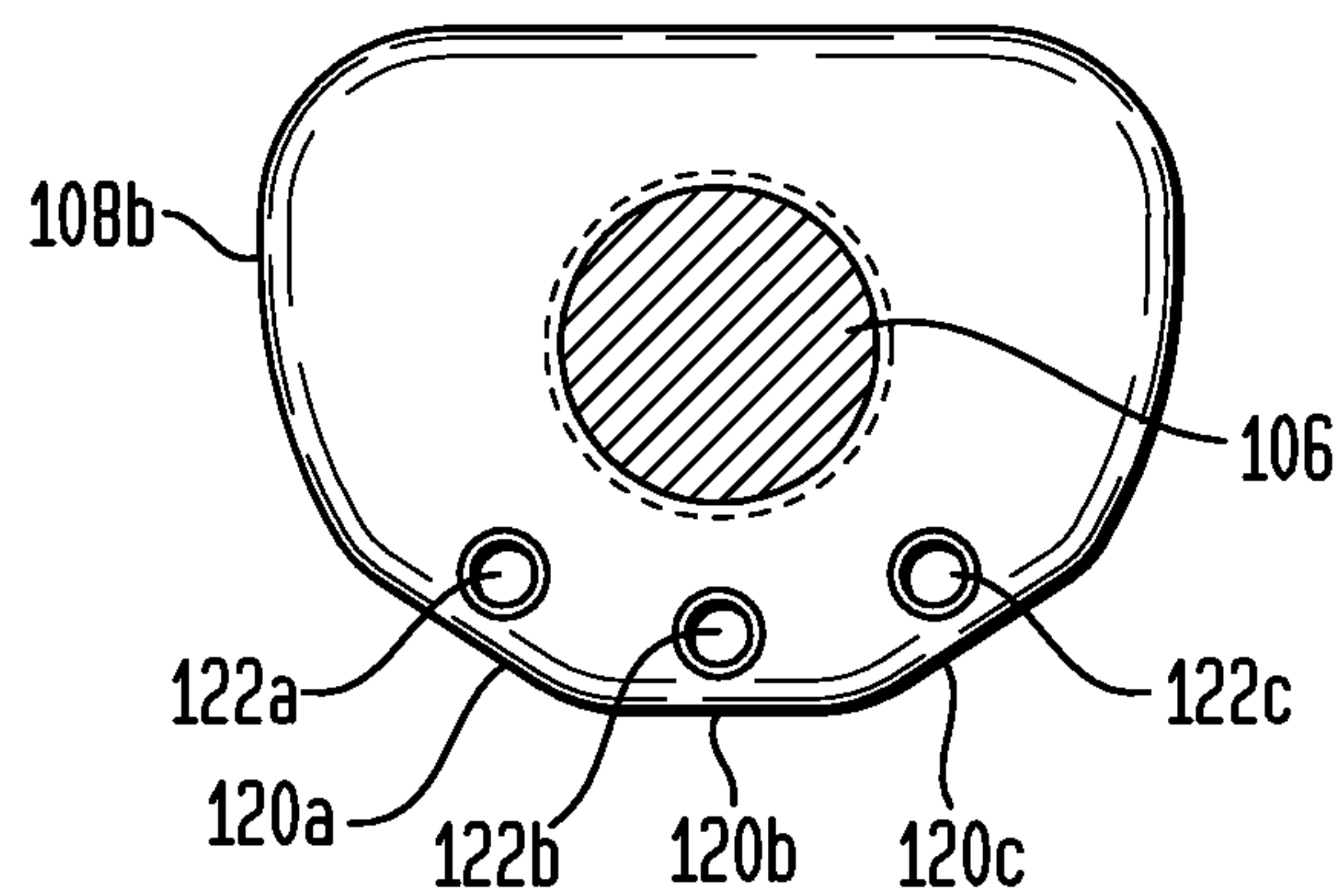


FIG. 7

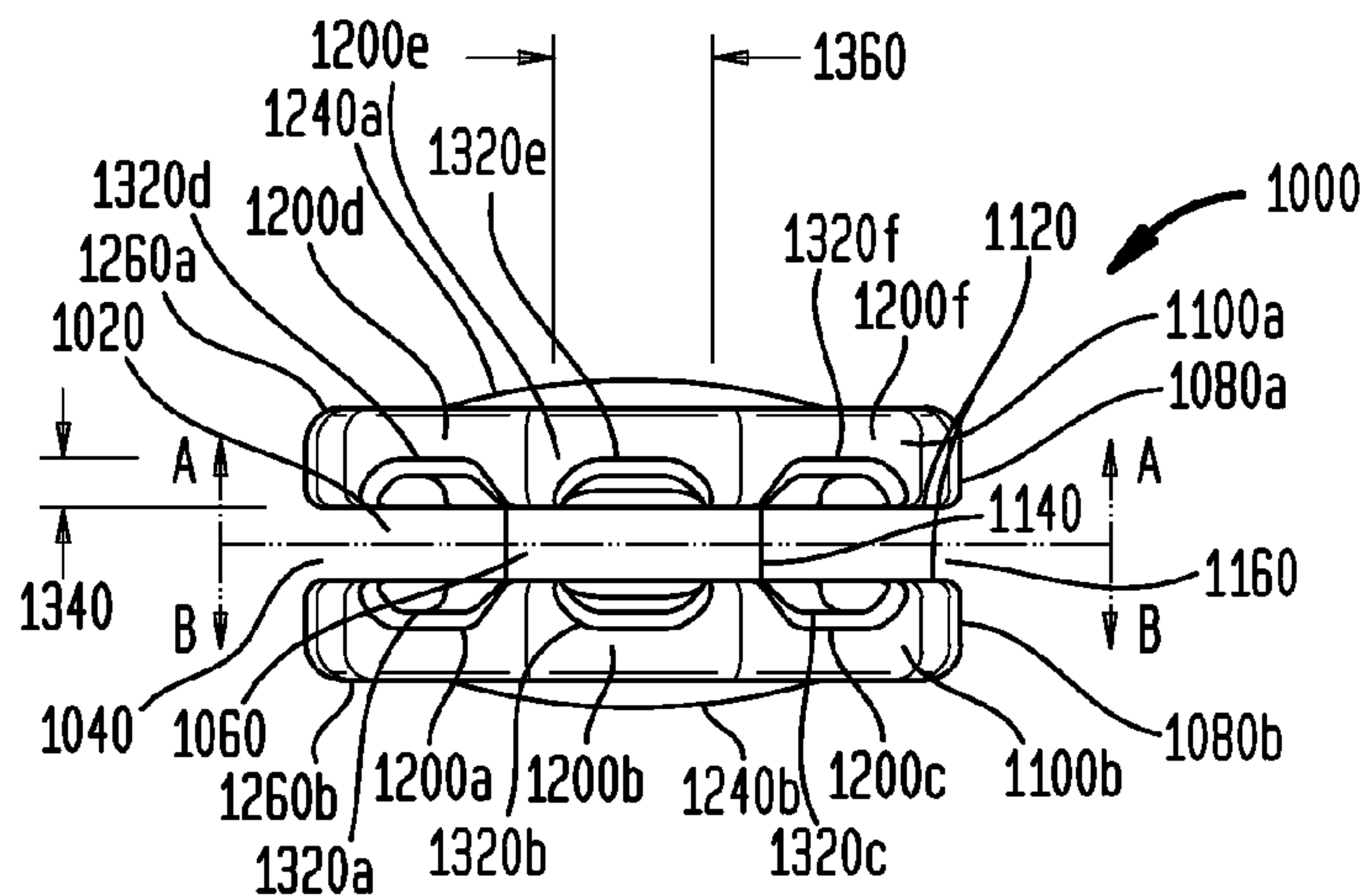


FIG. 8

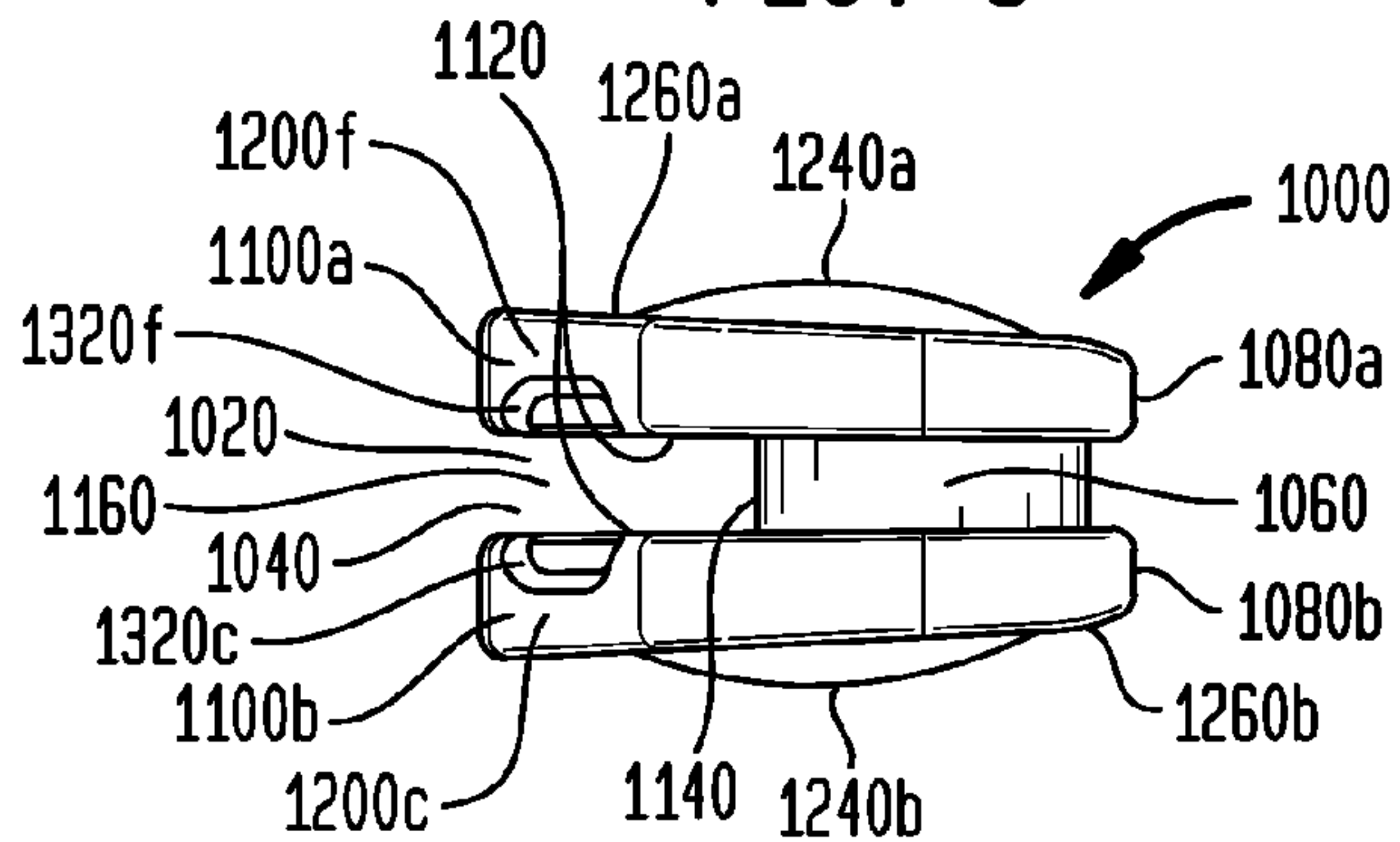
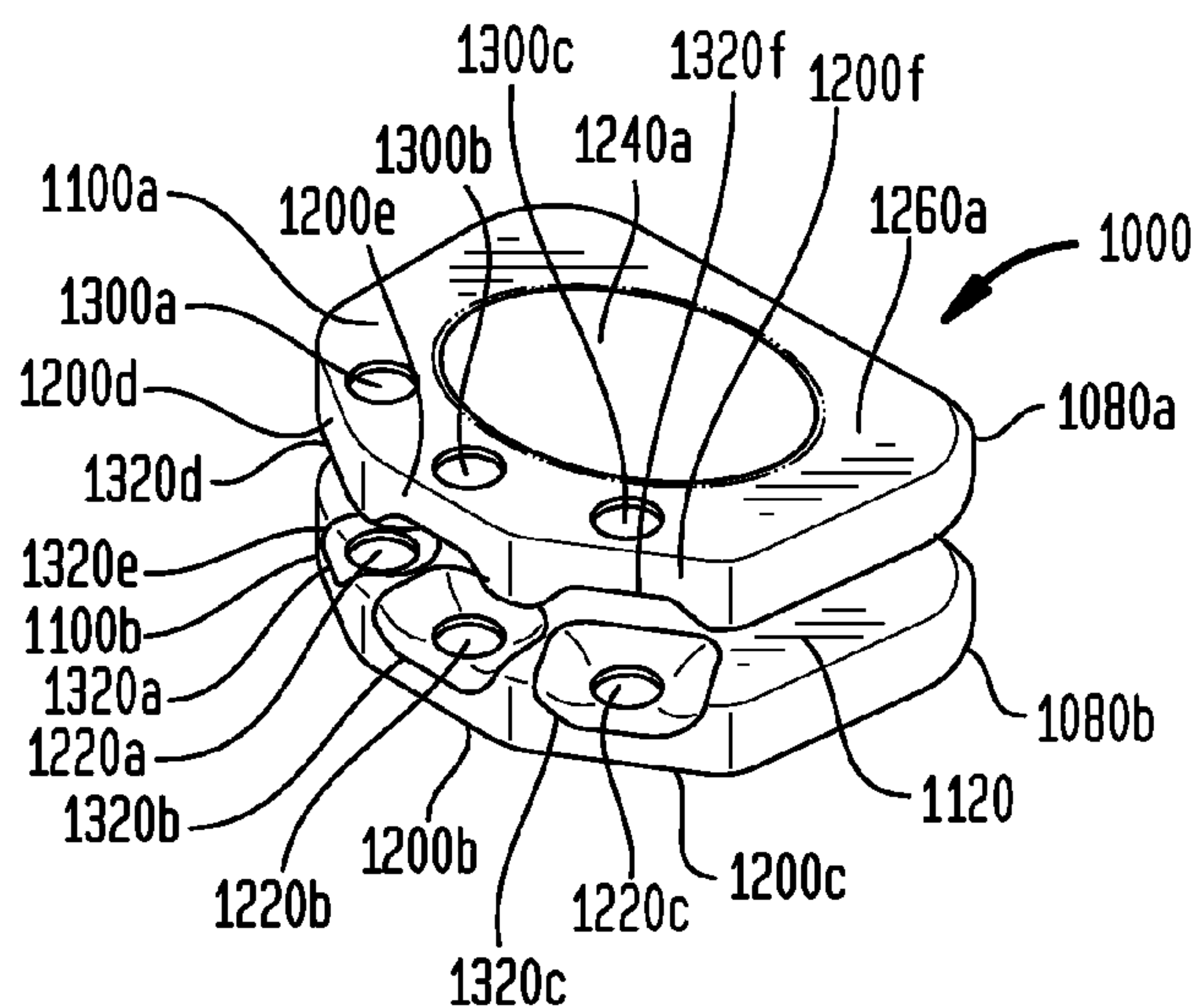
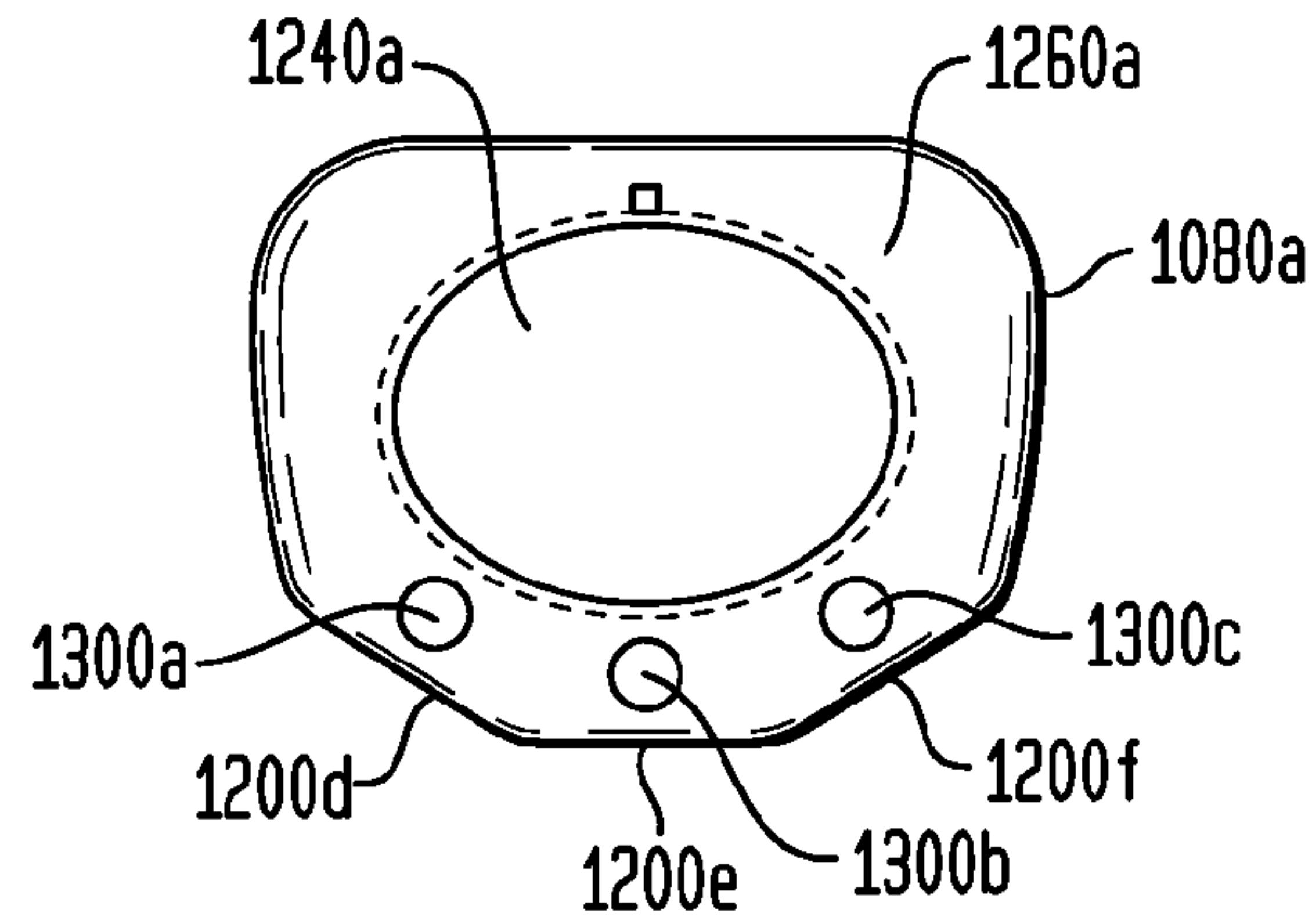


FIG. 9



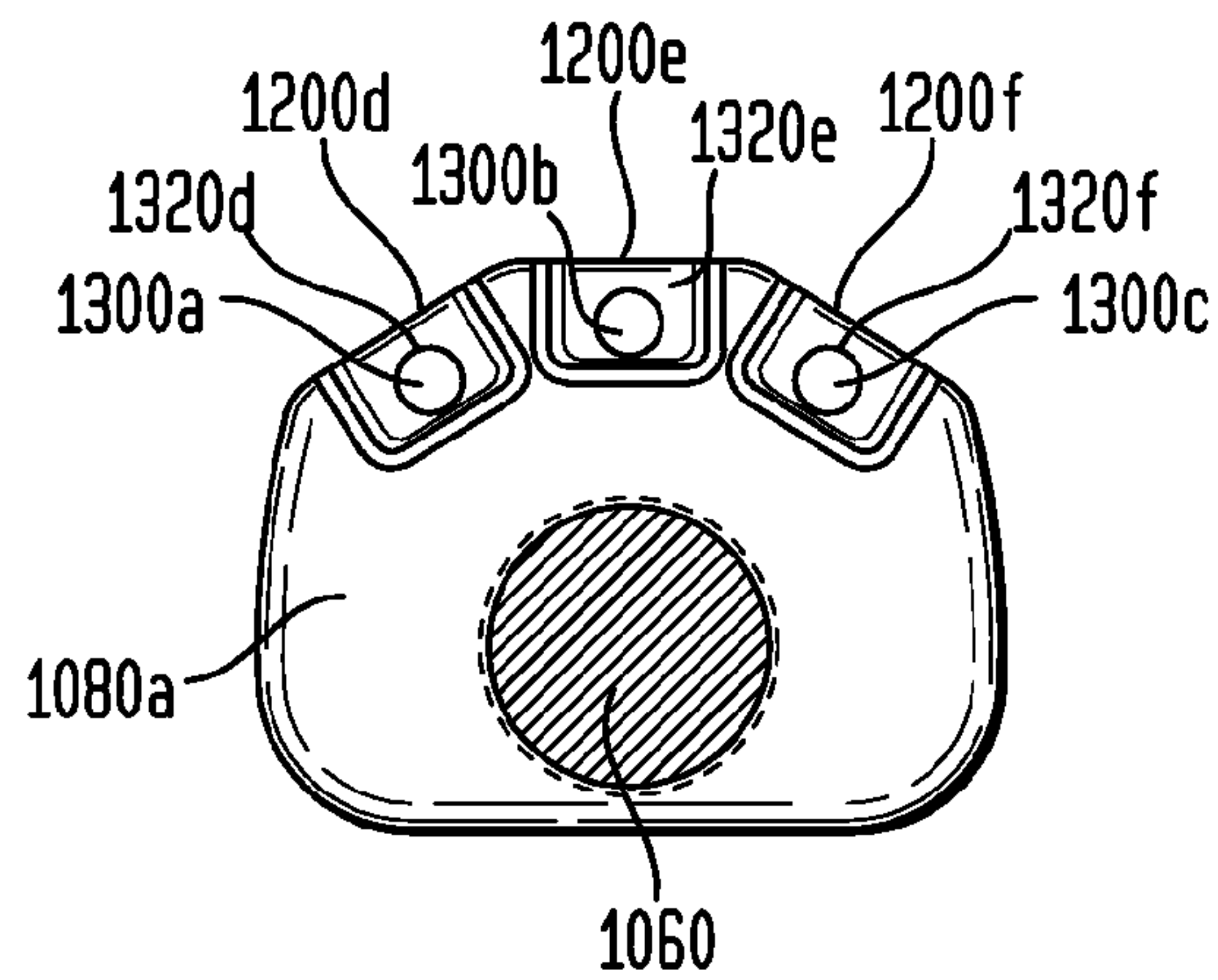


**FIG. 10**



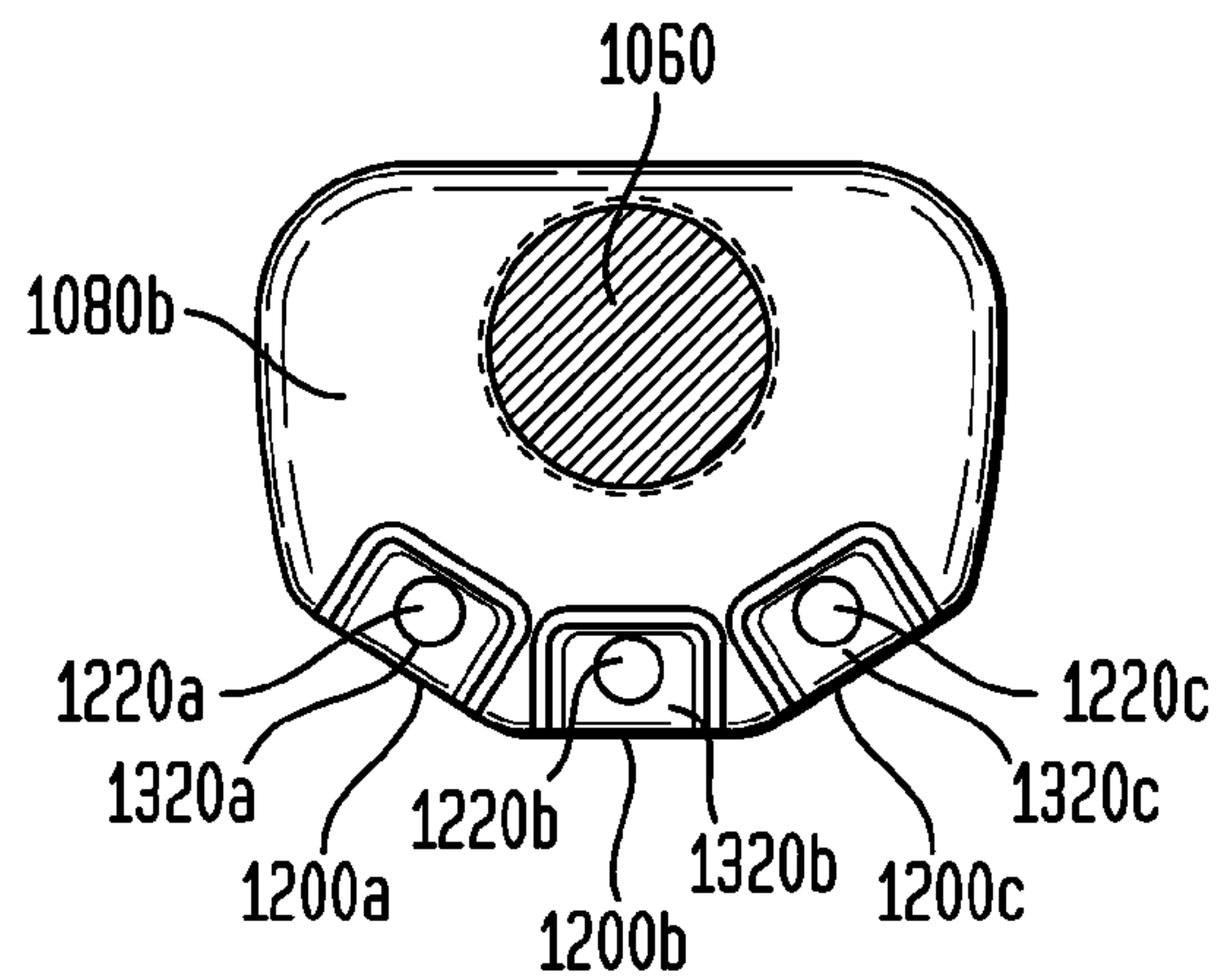
**FIG. 11**

(SECTION A-A OF FIG. 7)

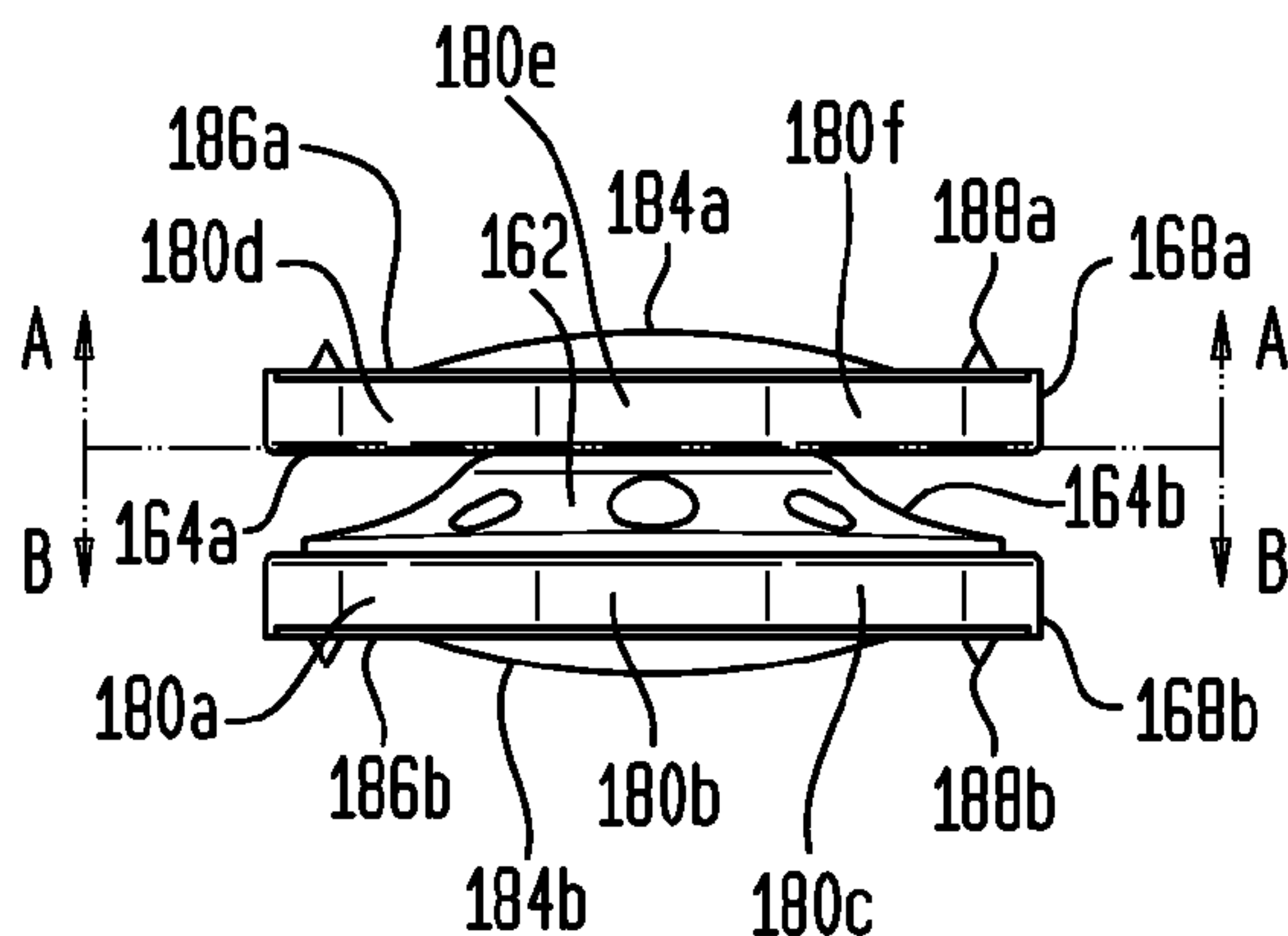


**FIG. 12**

(SECTION B-B OF FIG. 7)

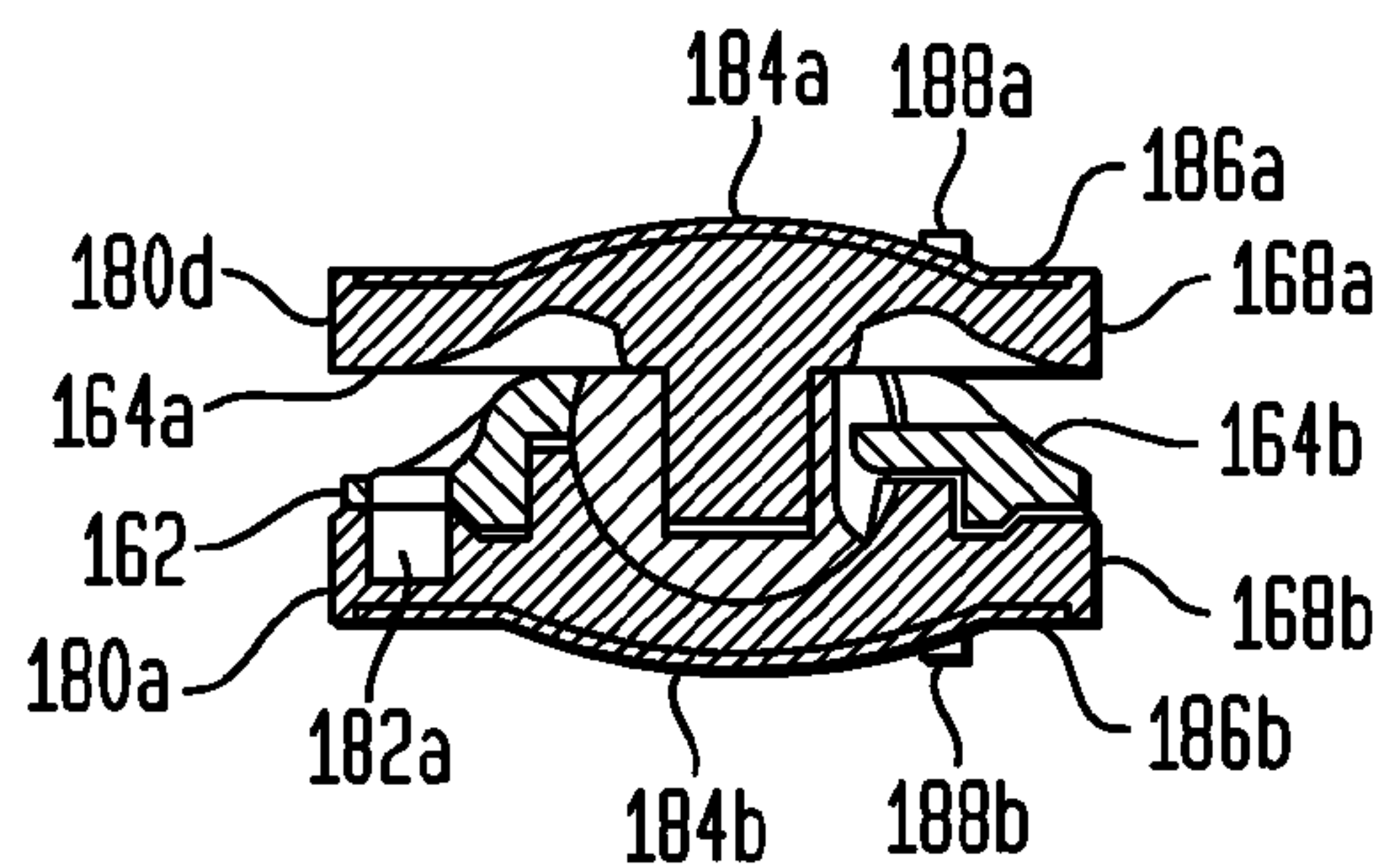


**FIG. 13**

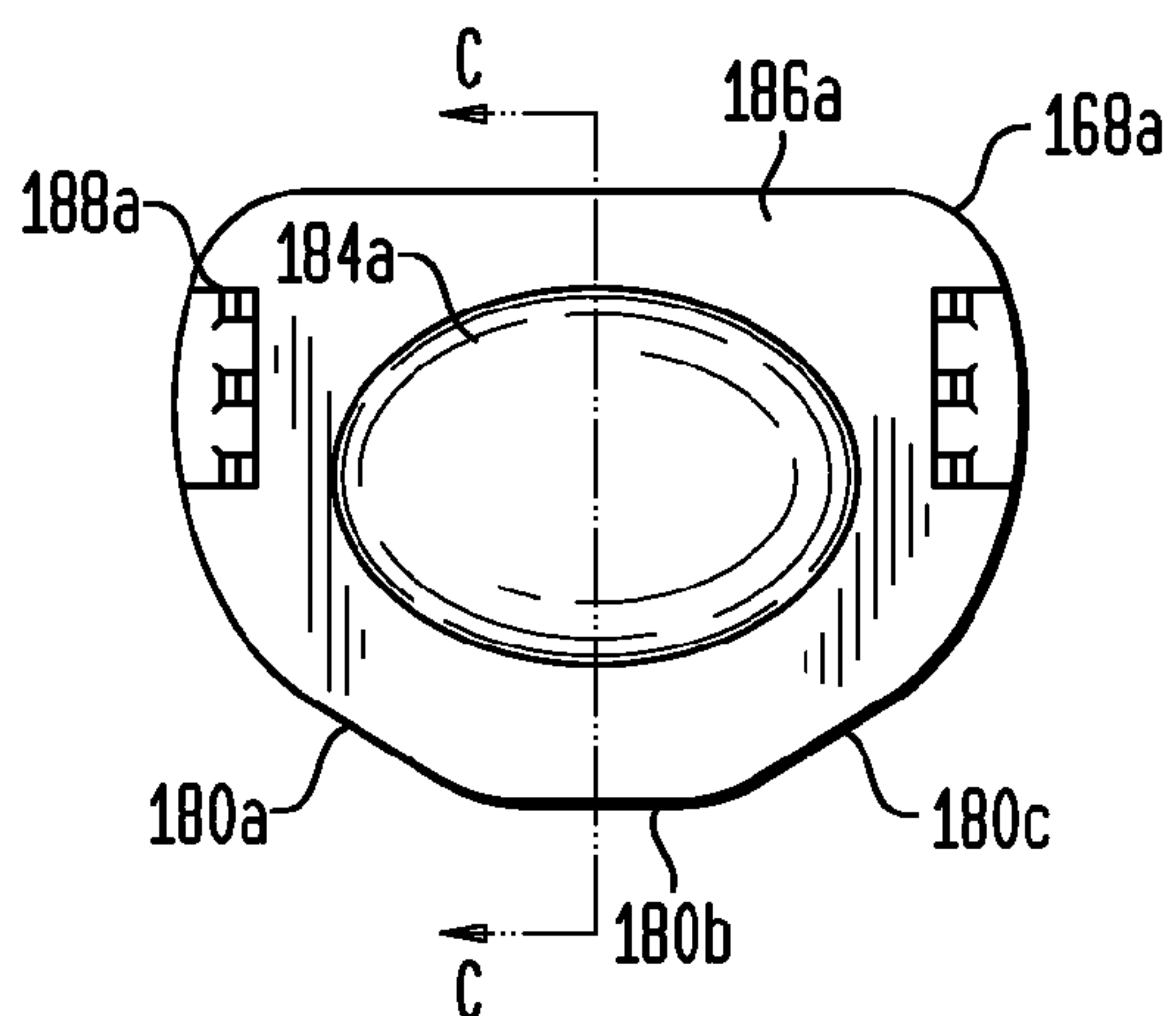


**FIG. 14**

(SECTION C-C OF FIG. 15)

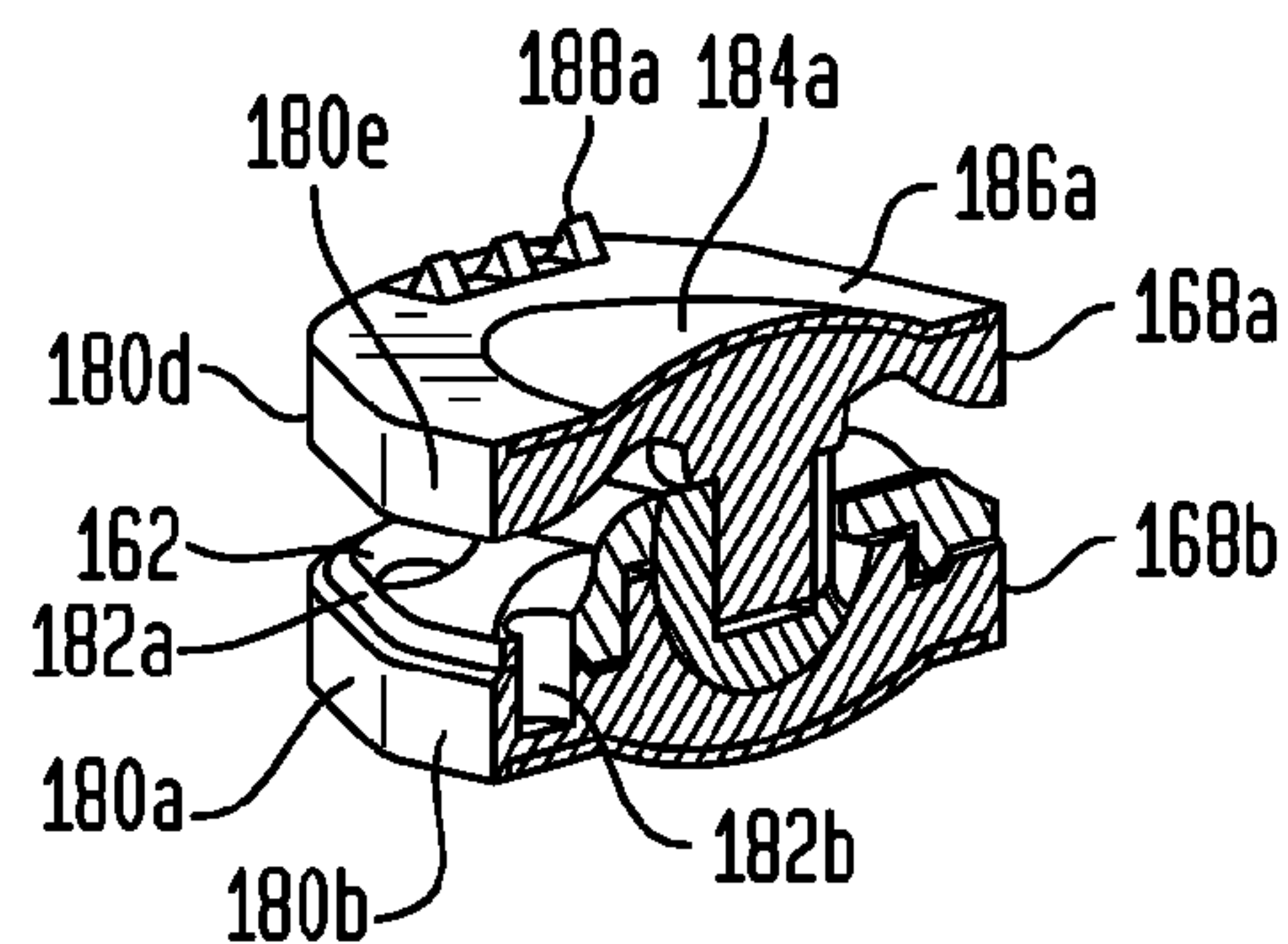


**FIG. 15**



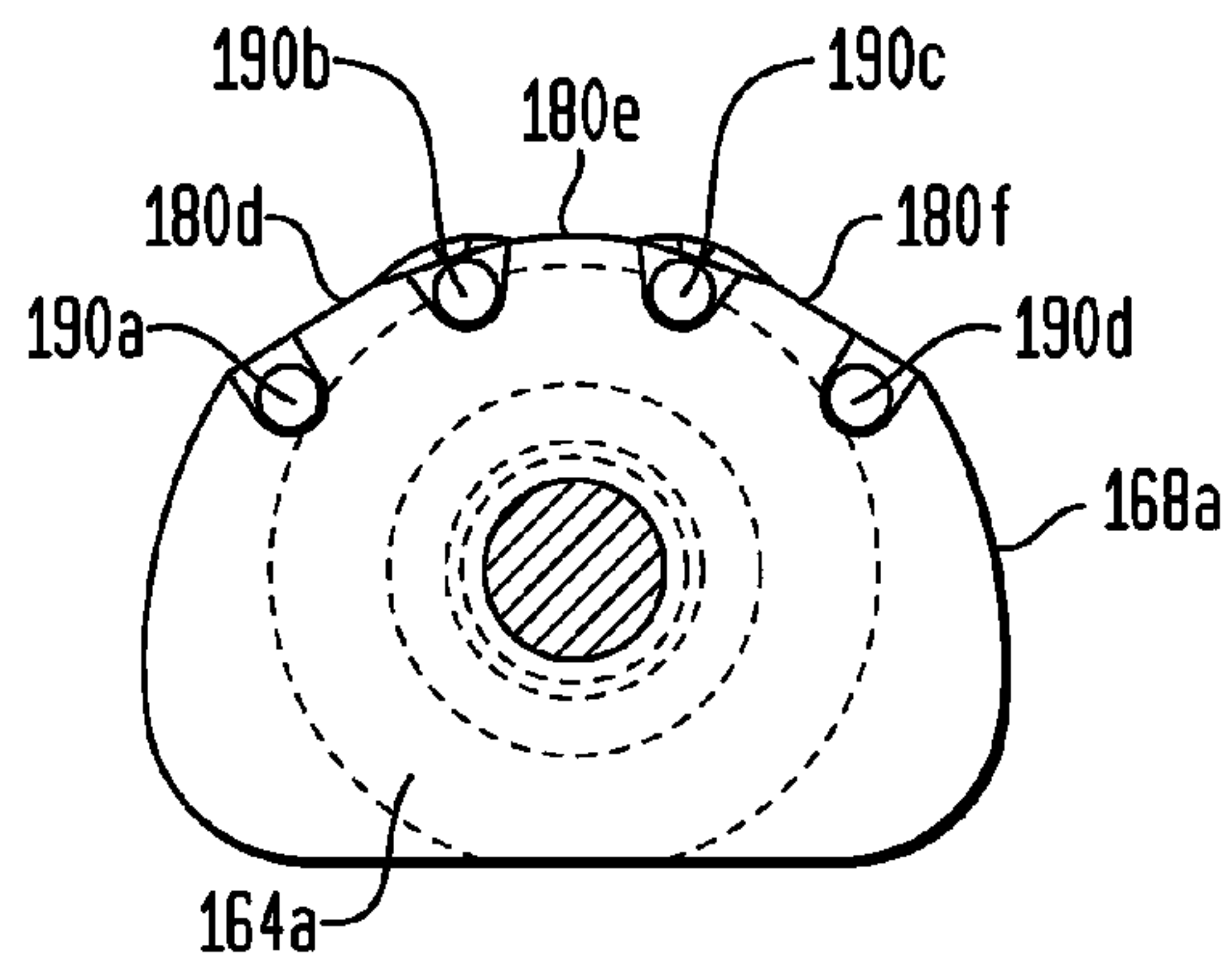
**FIG. 16**

(PERSPECTIVE OF FIG. 14)

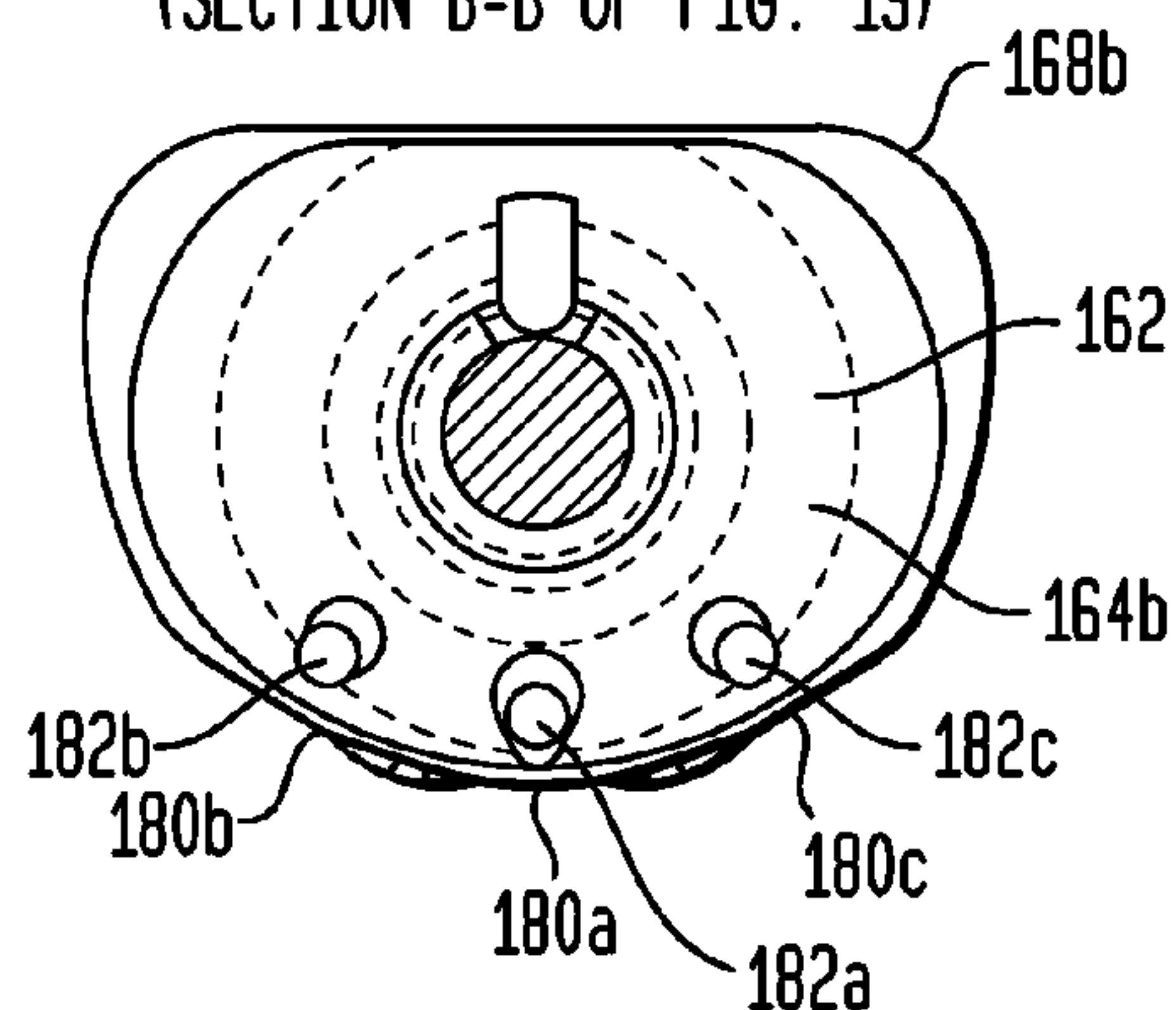




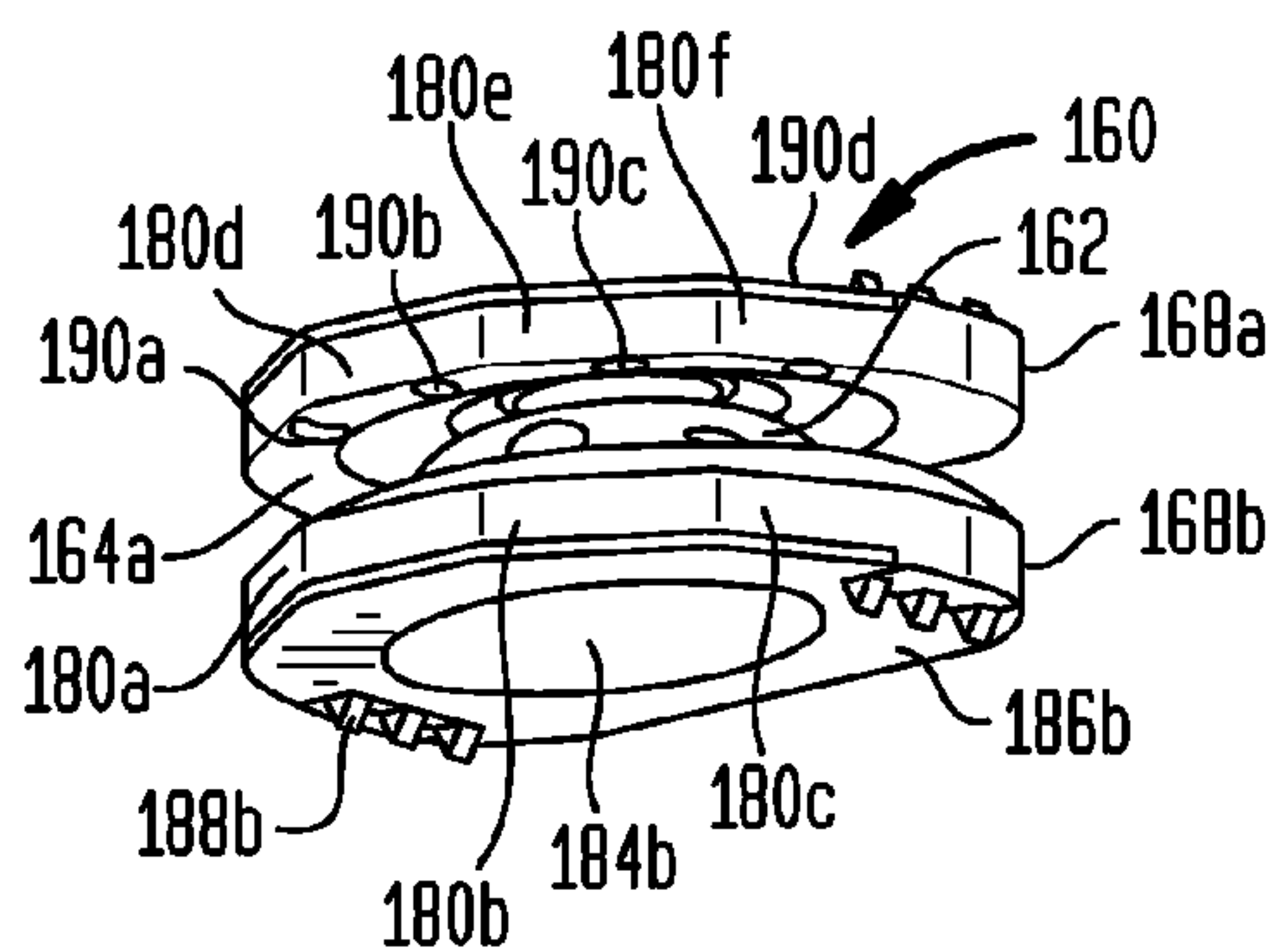
**FIG. 17**  
(SECTION A-A OF FIG. 13)



**FIG. 18**  
(SECTION B-B OF FIG. 13)



**FIG. 19**



**FIG. 20**

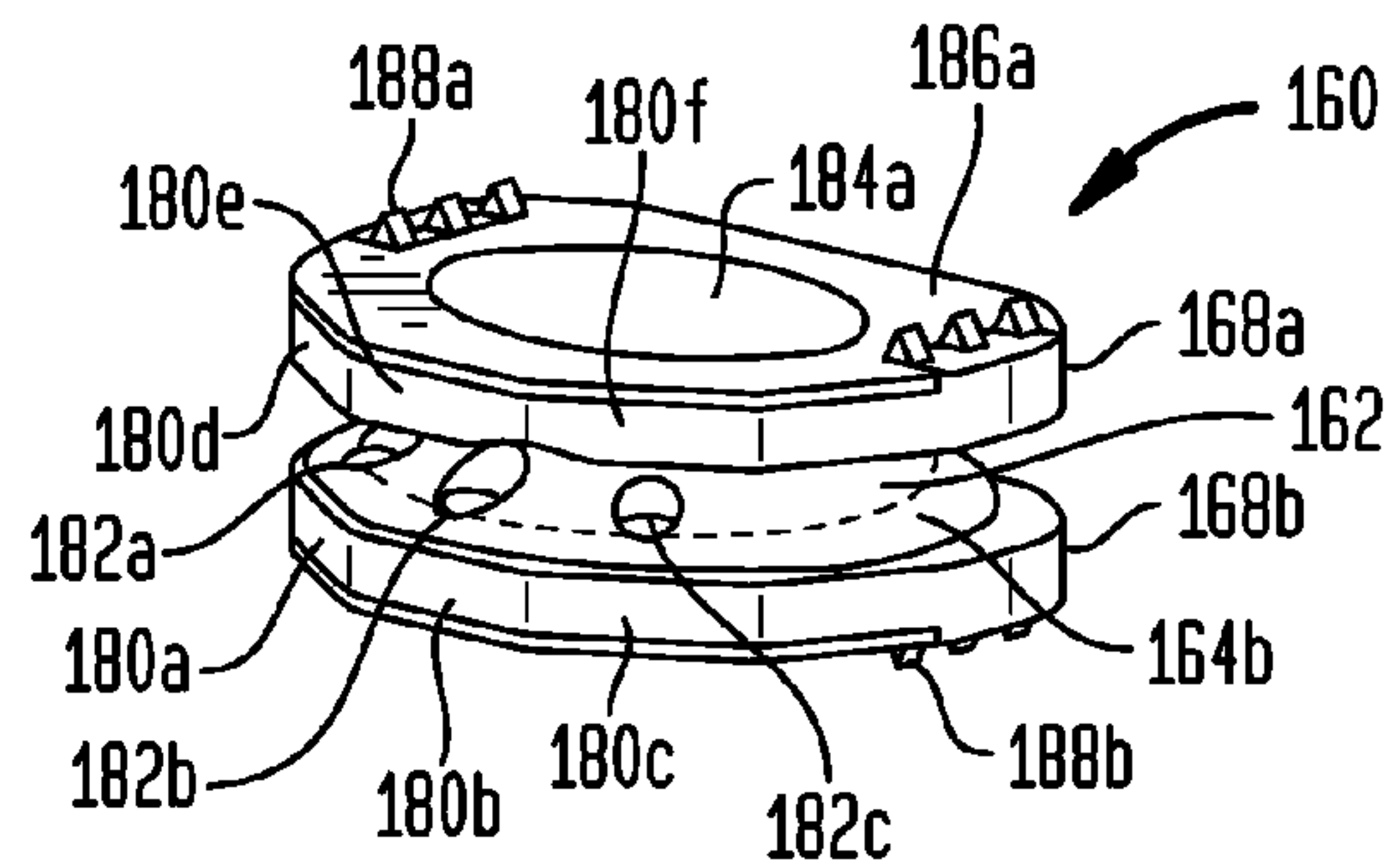


FIG. 21

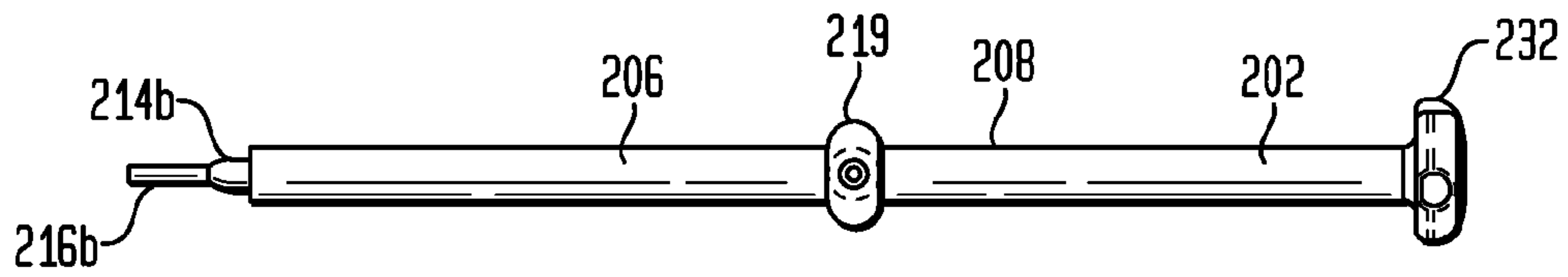


FIG. 22

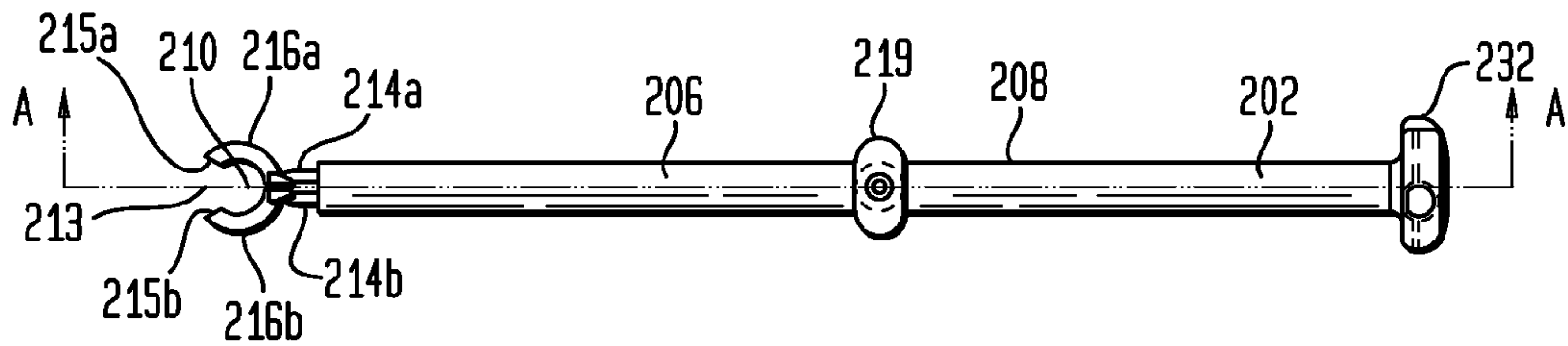


FIG. 23

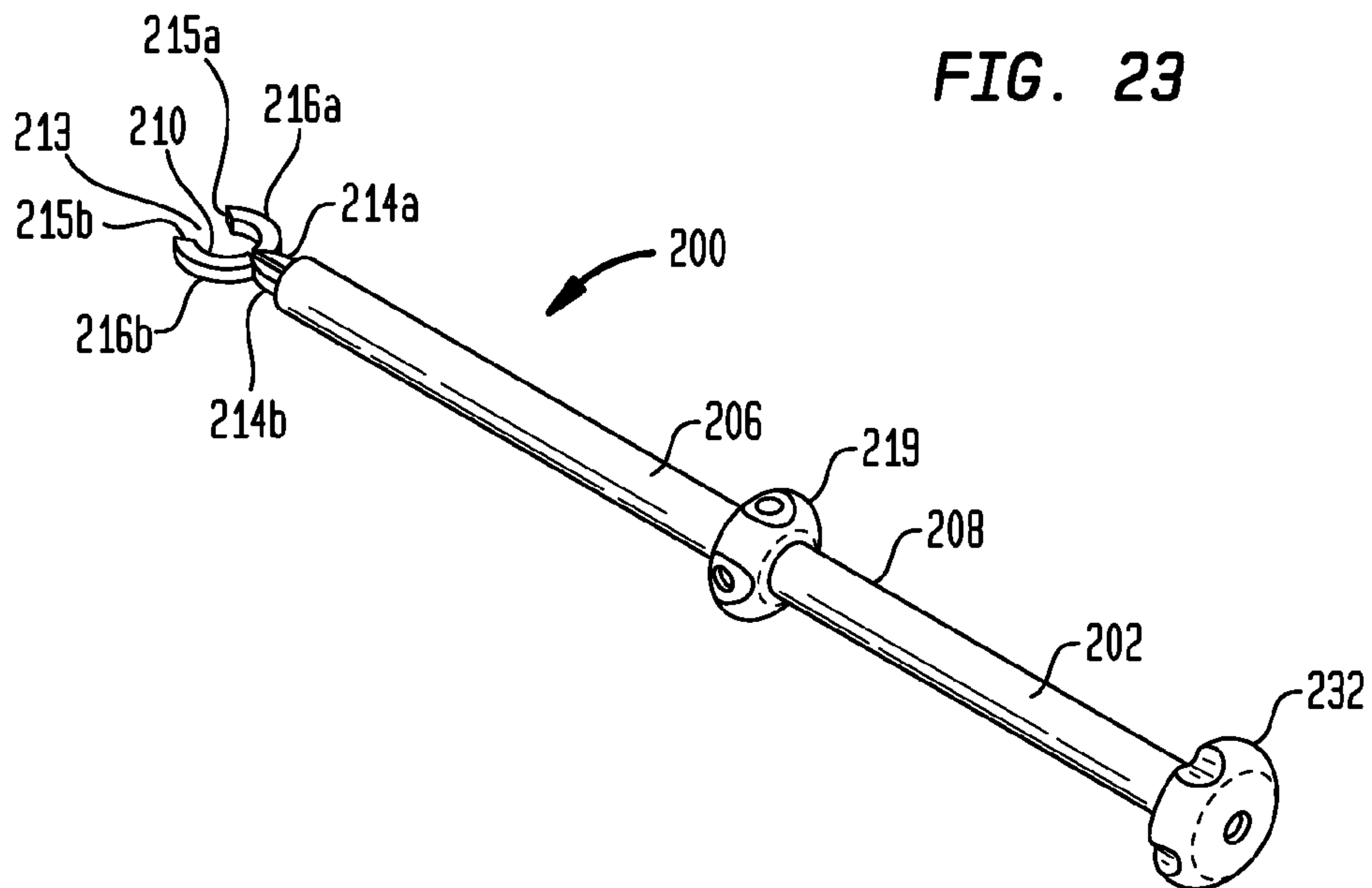


FIG. 25

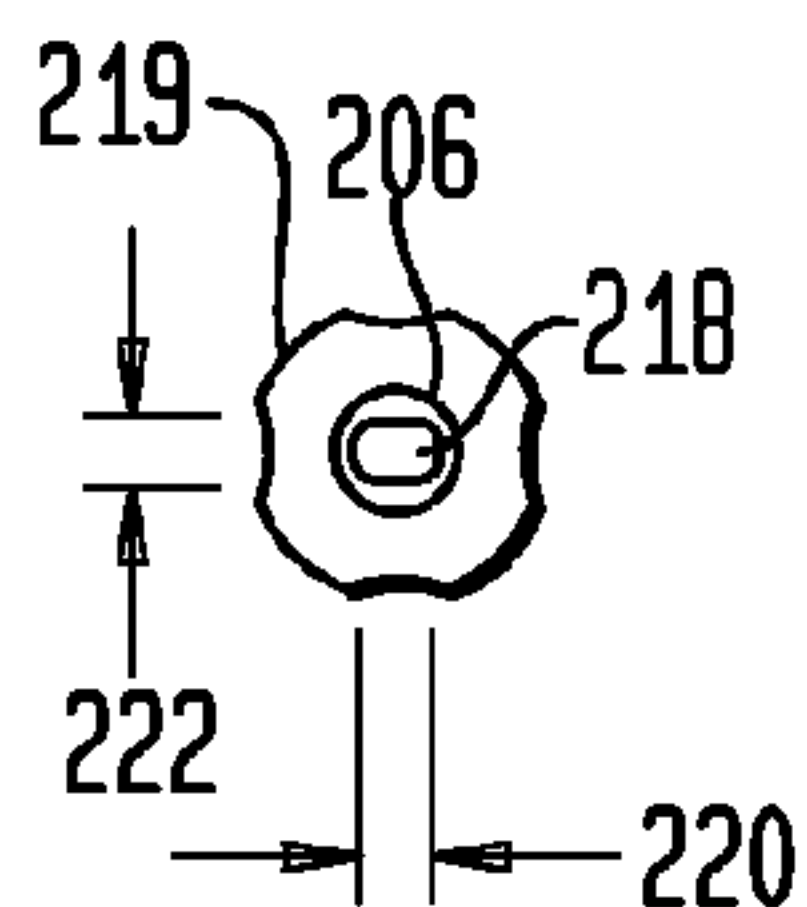


FIG. 24

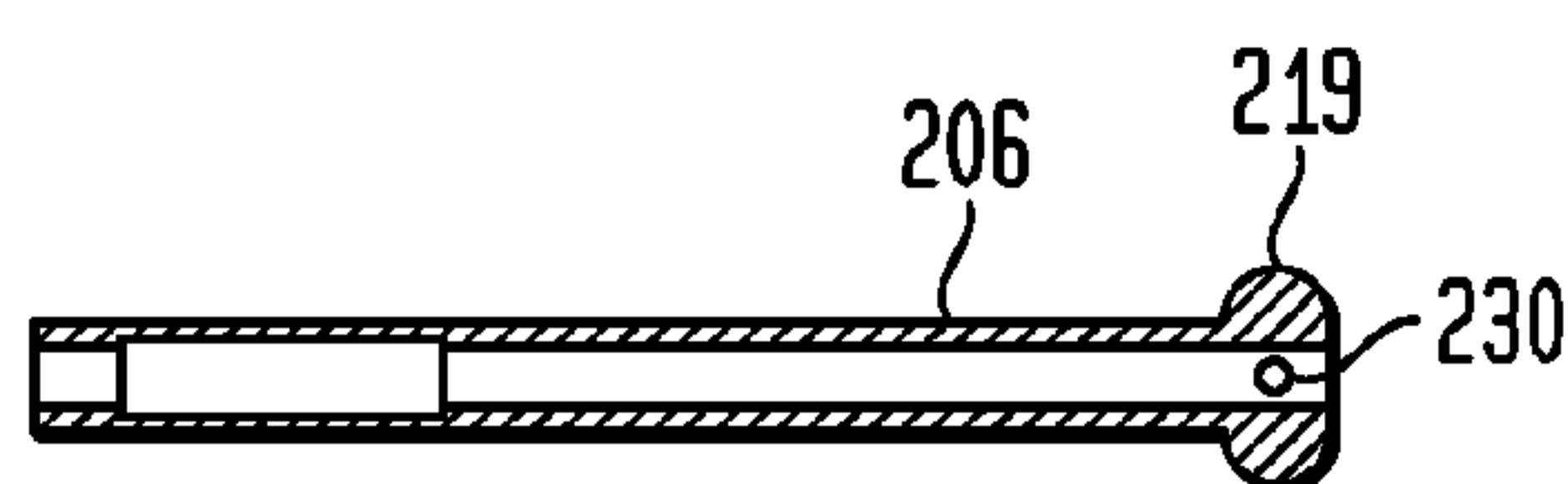


FIG. 26

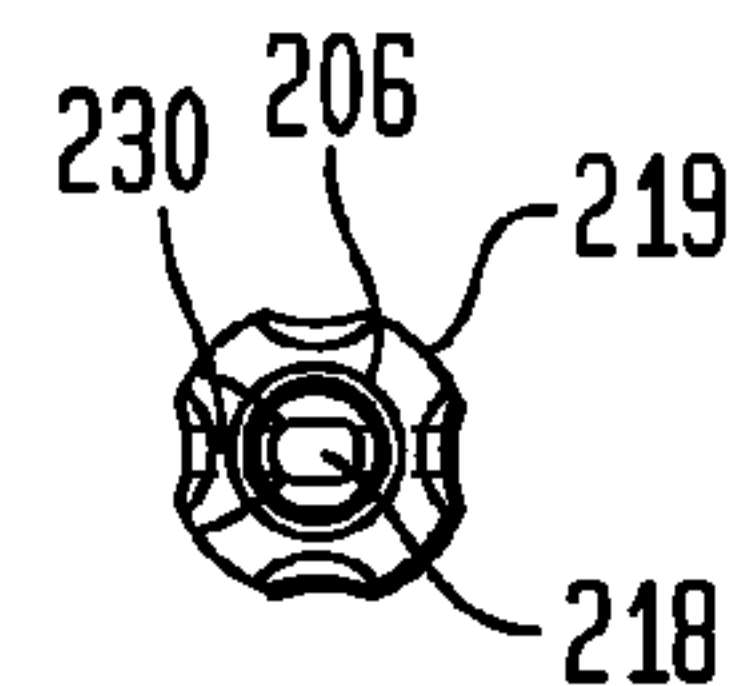


FIG. 27

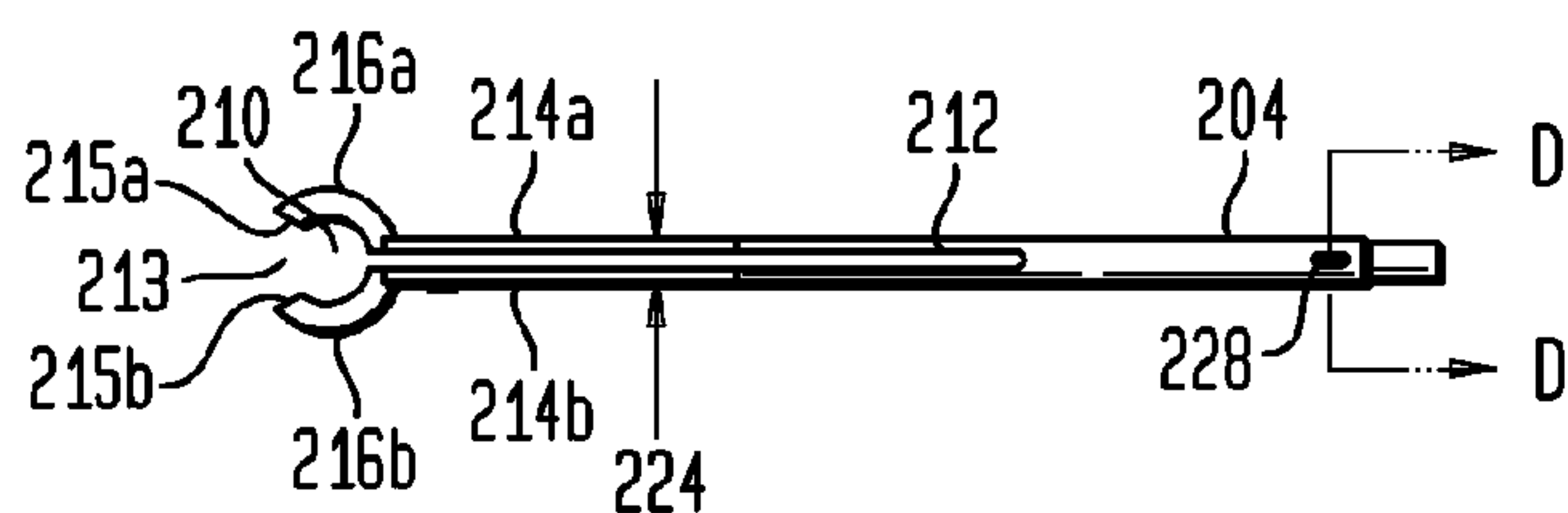


FIG. 28  
(SECTION D-D OF FIG. 27)

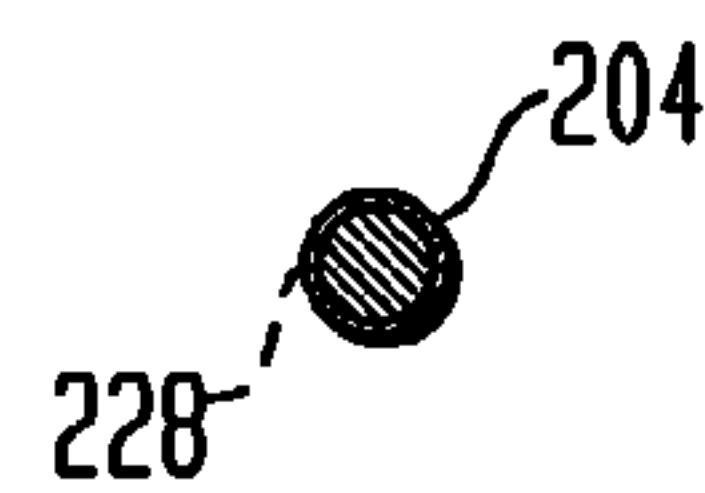


FIG. 29

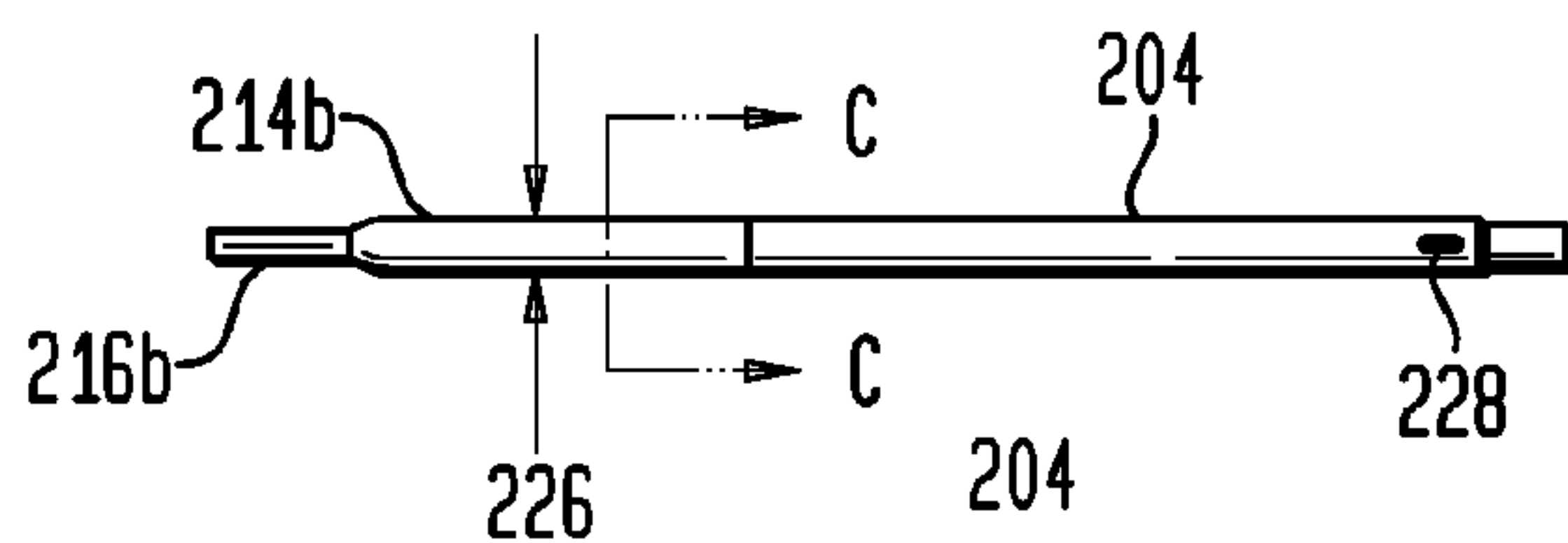


FIG. 30  
(SECTION C-C OF FIG. 29)

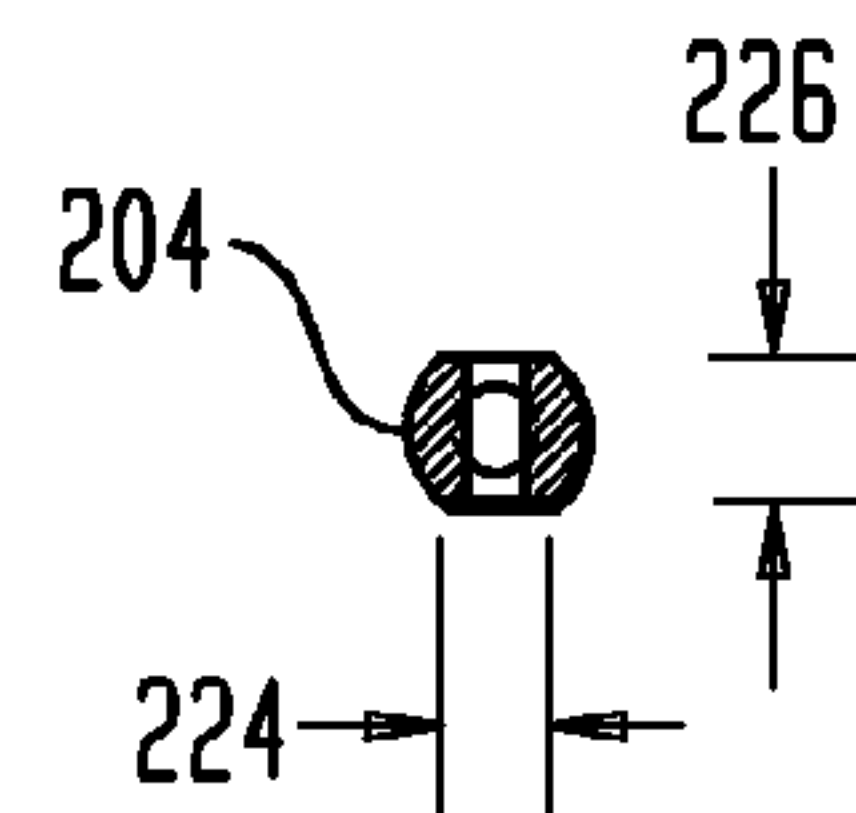


FIG. 31  
(SECTION A-A OF FIG. 22)

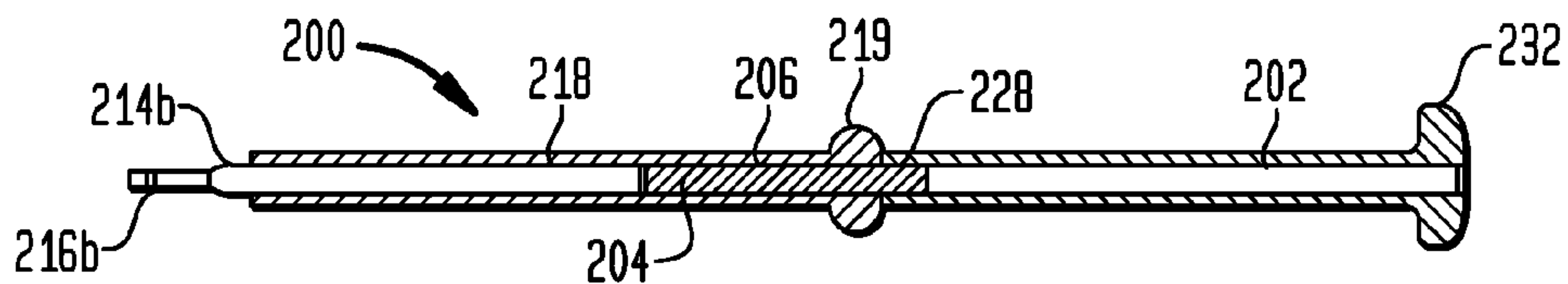




FIG. 32

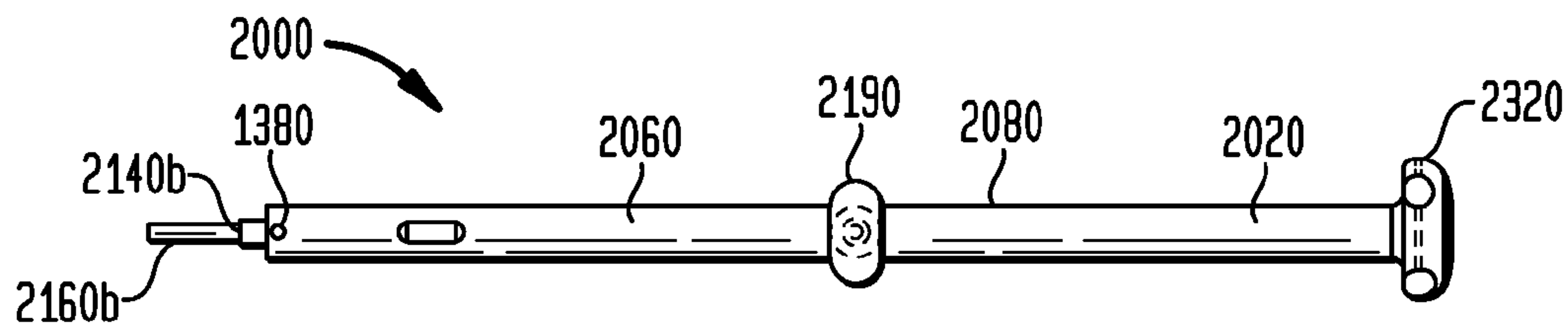


FIG. 33

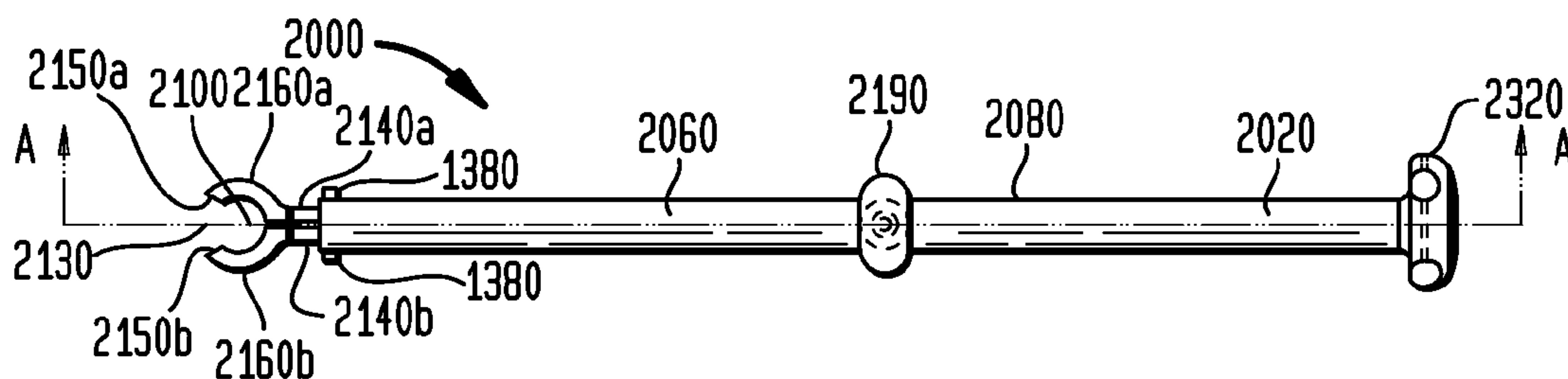


FIG. 34

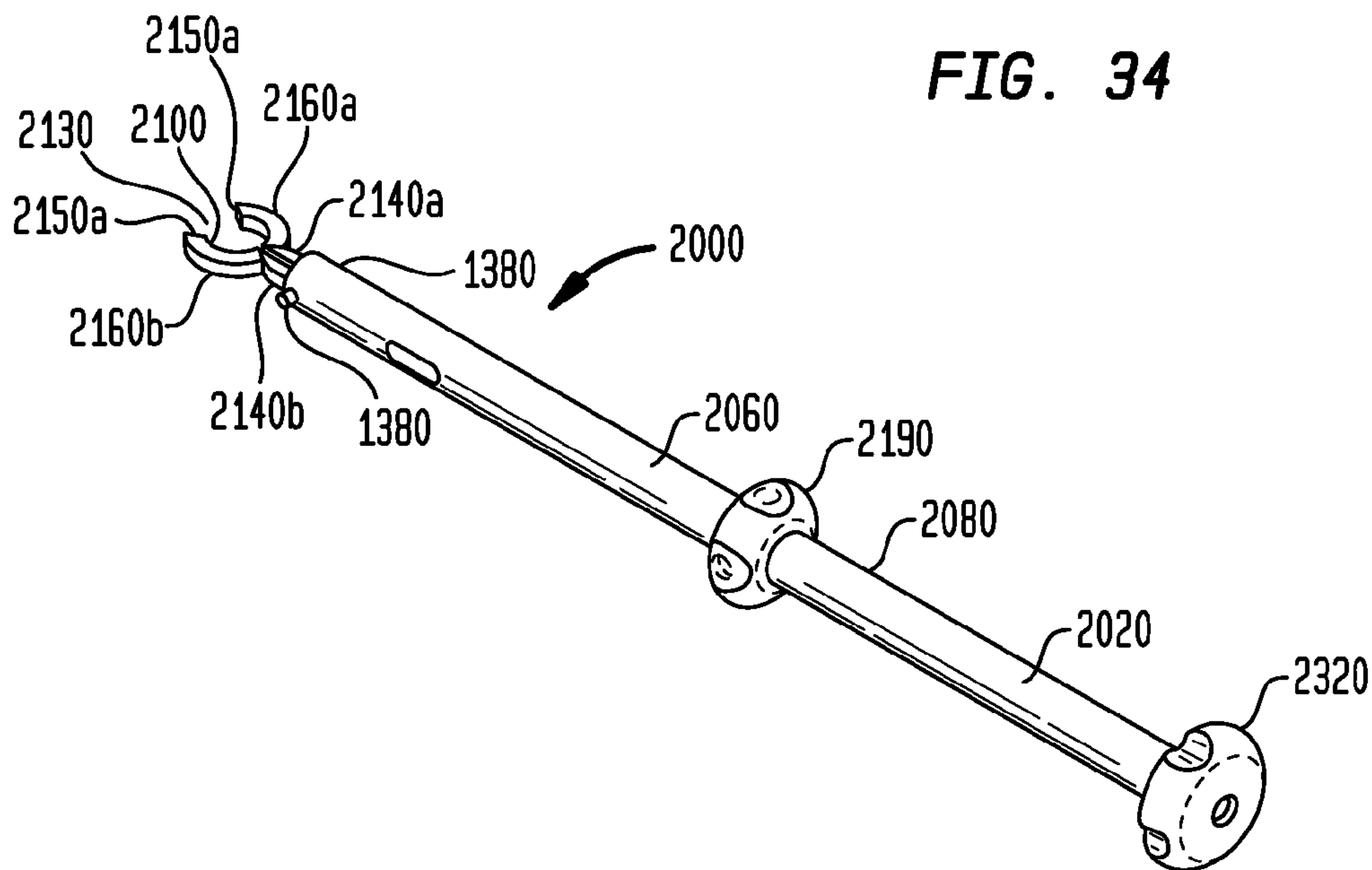


FIG. 35



FIG. 38

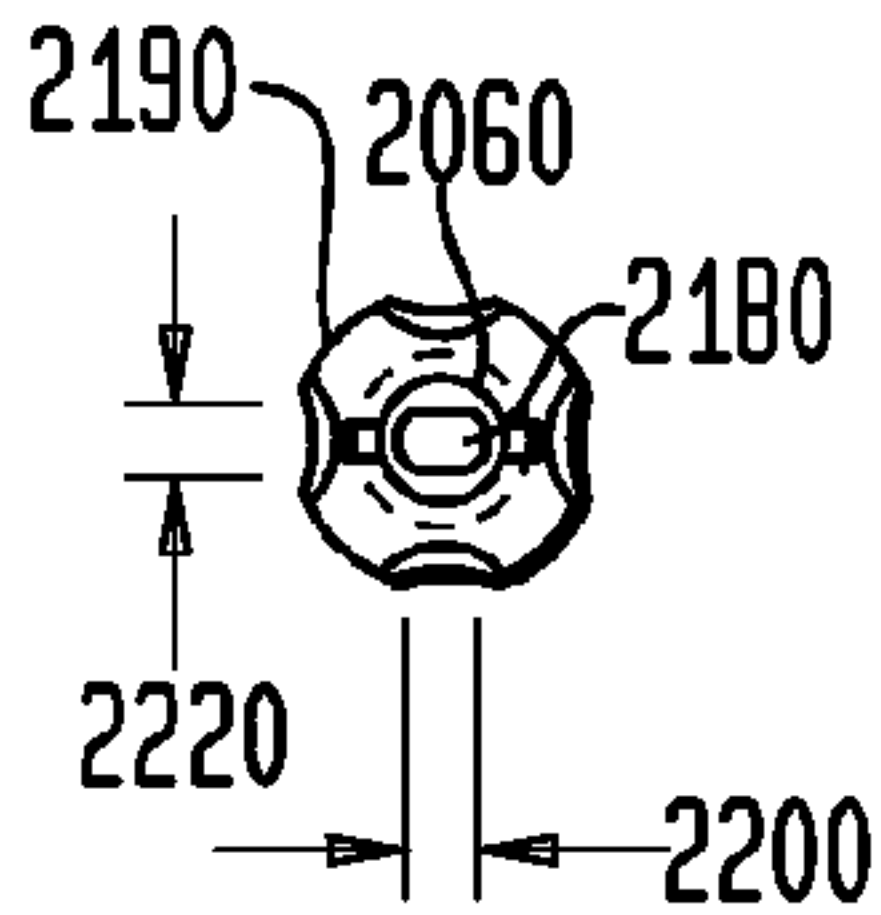


FIG. 36

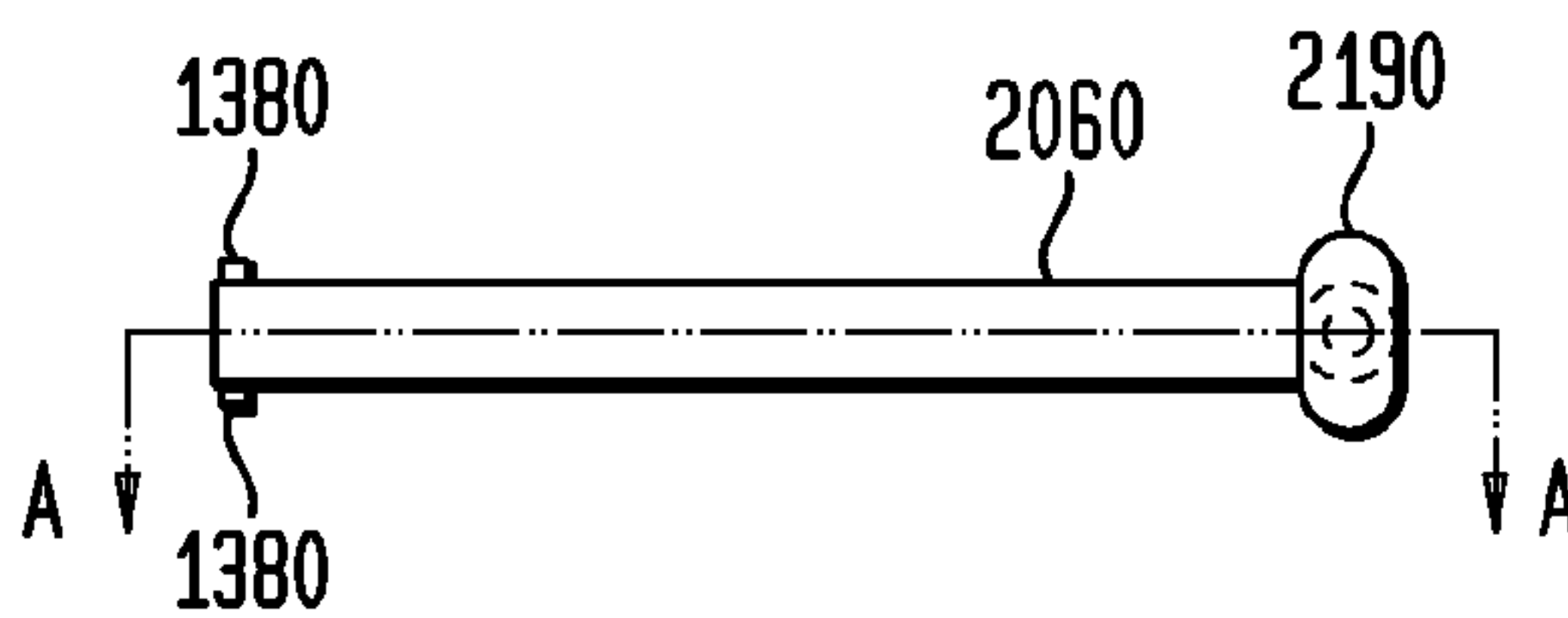


FIG. 39

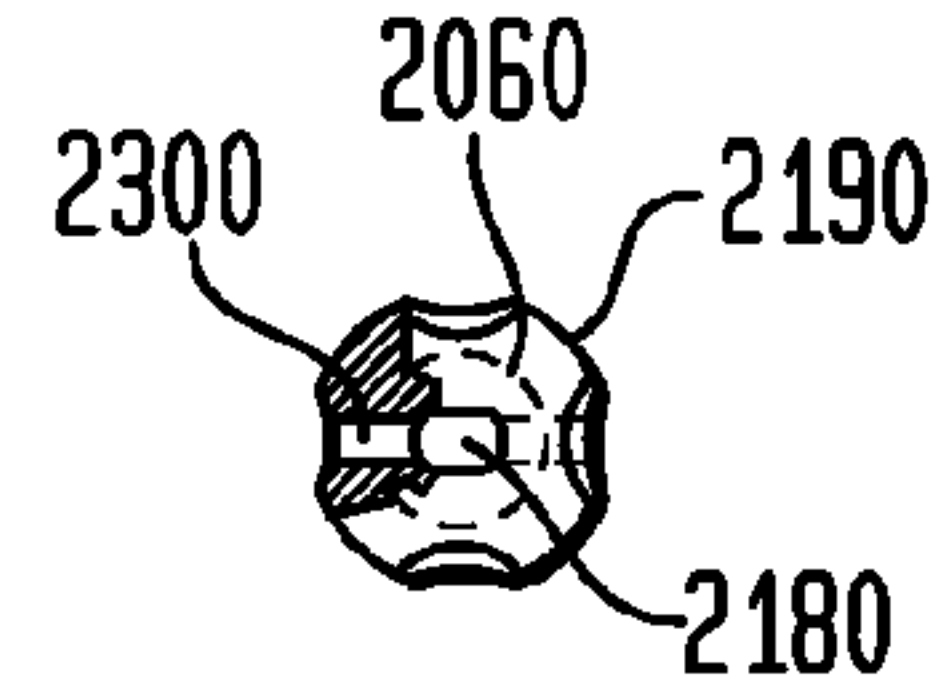


FIG. 37

(SECTION A-A OF FIG. 36)

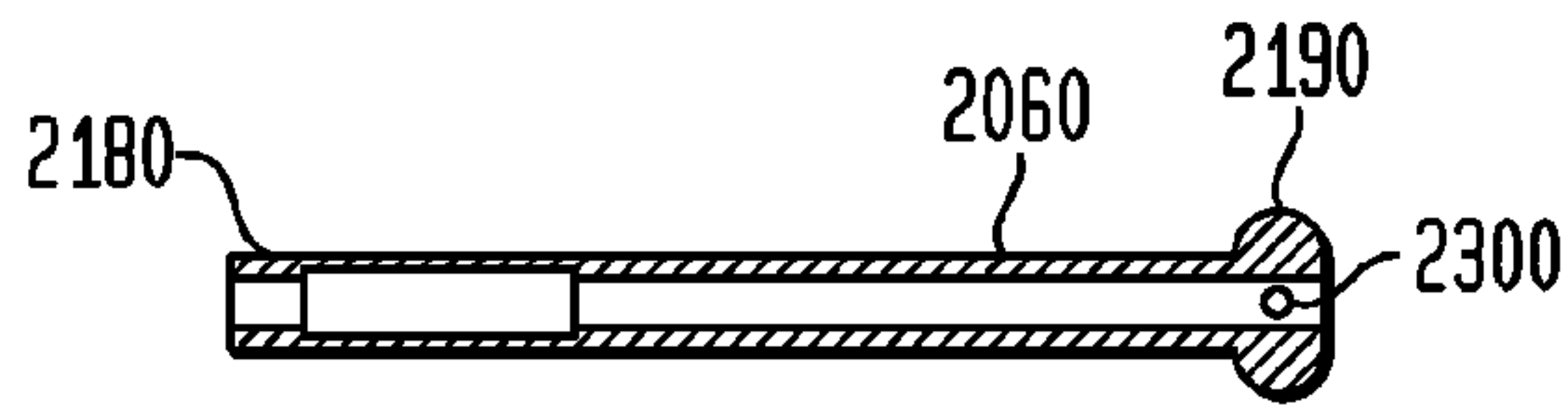


FIG. 40

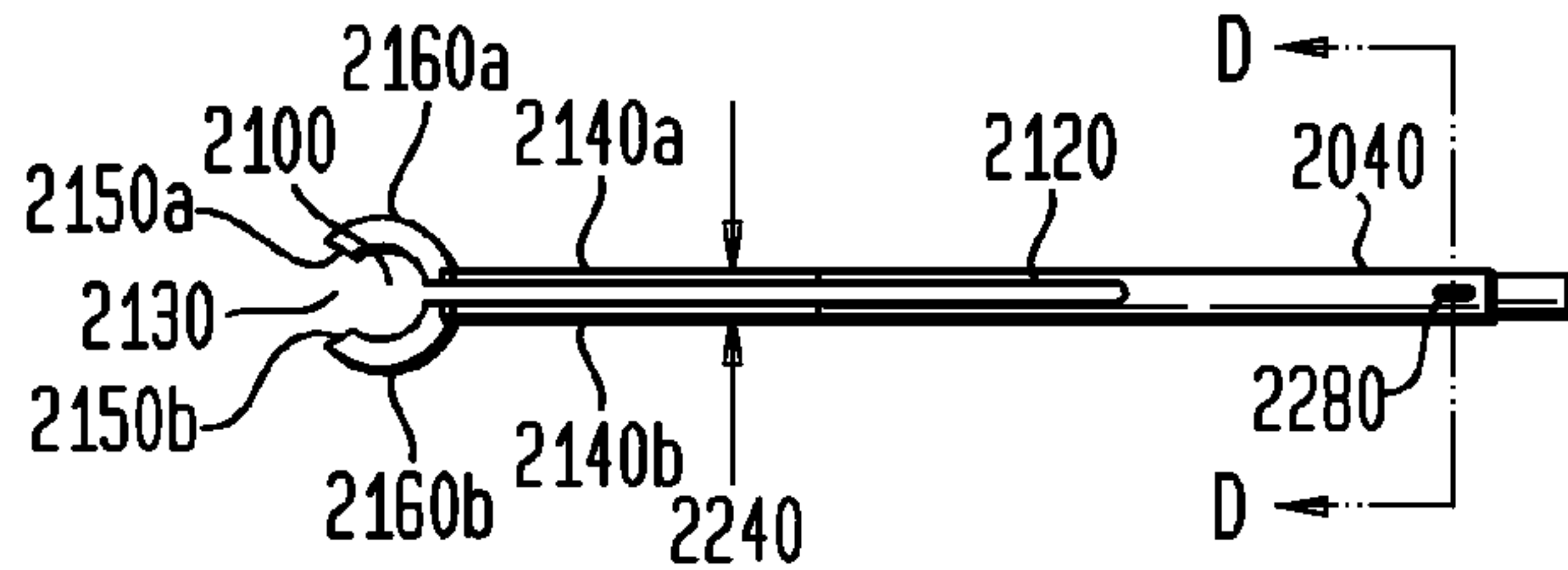


FIG. 41

(SECTION D-D OF FIG. 40)

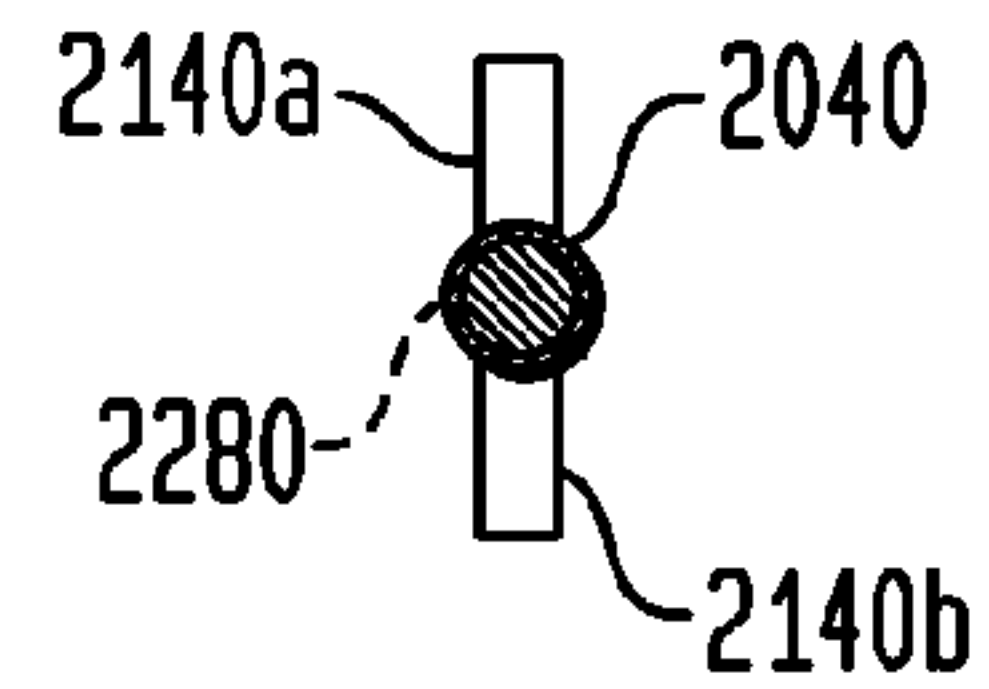


FIG. 42

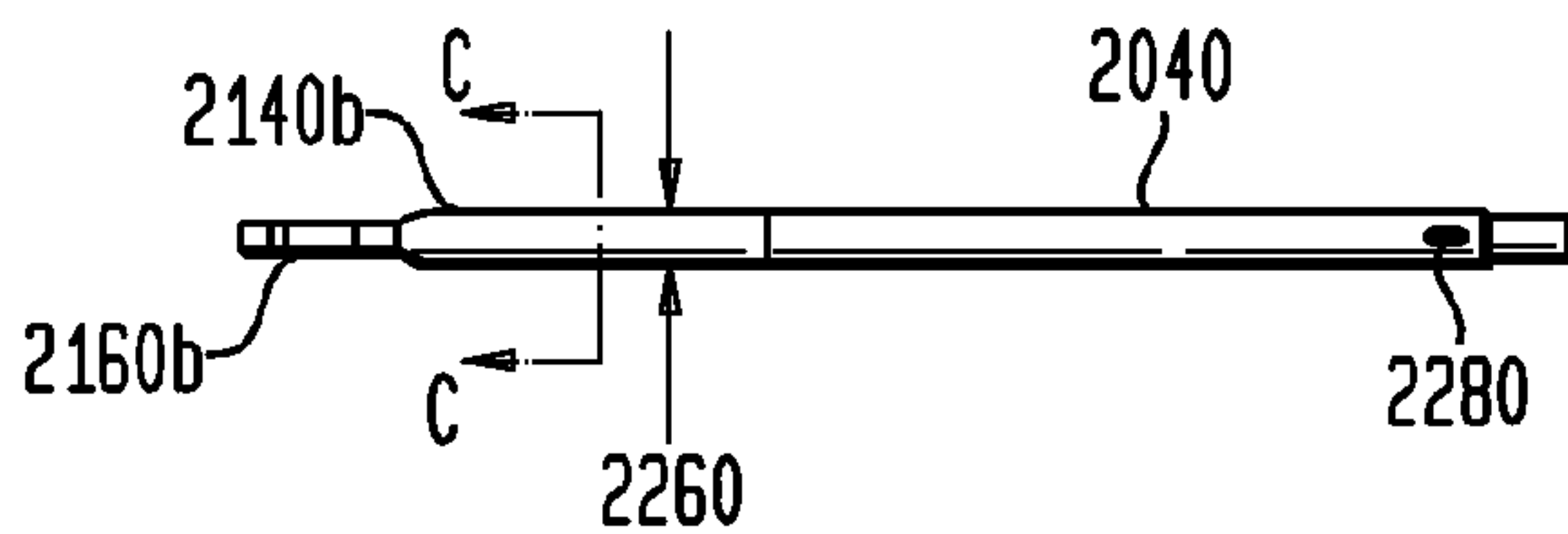


FIG. 43

(SECTION C-C OF FIG. 42)

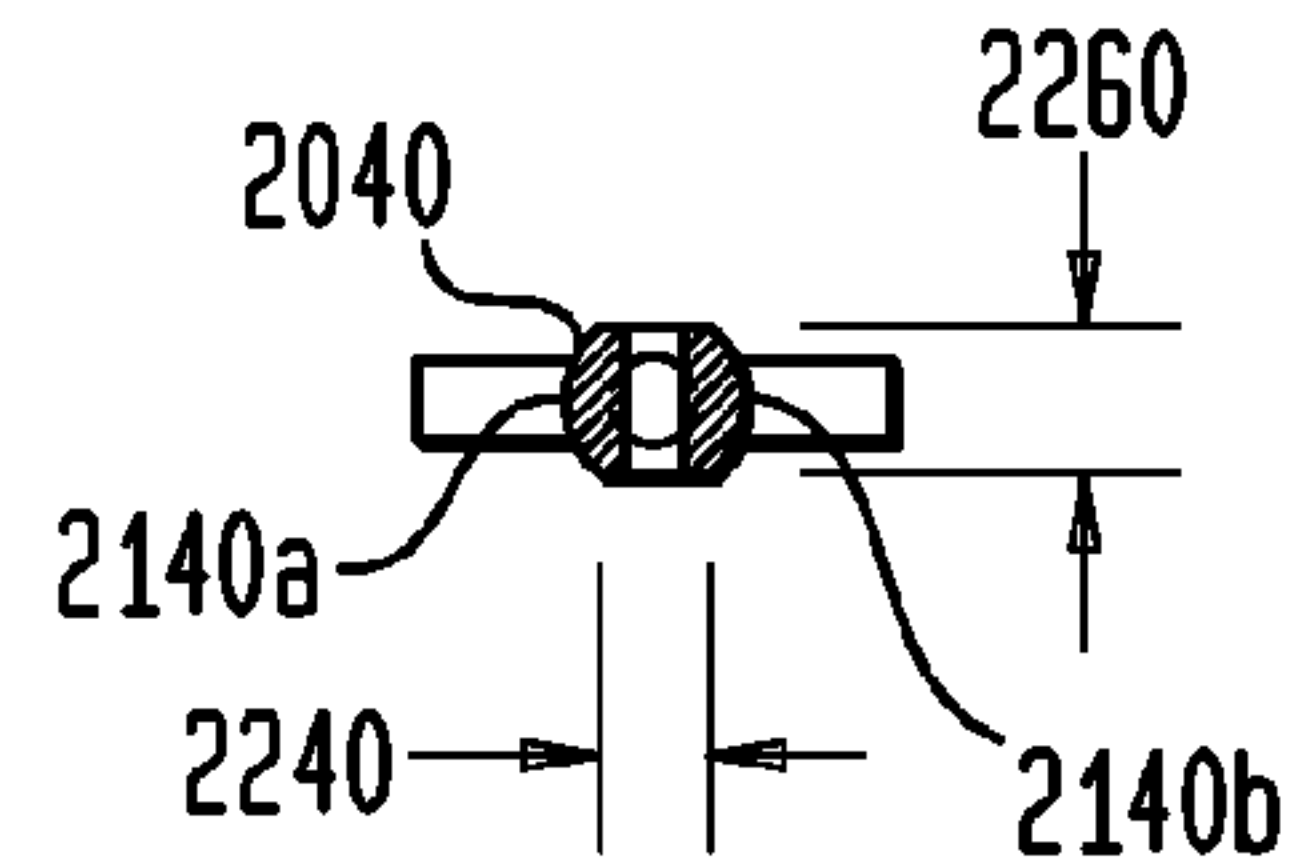


FIG. 44

(SECTION A-A OF FIG. 33)

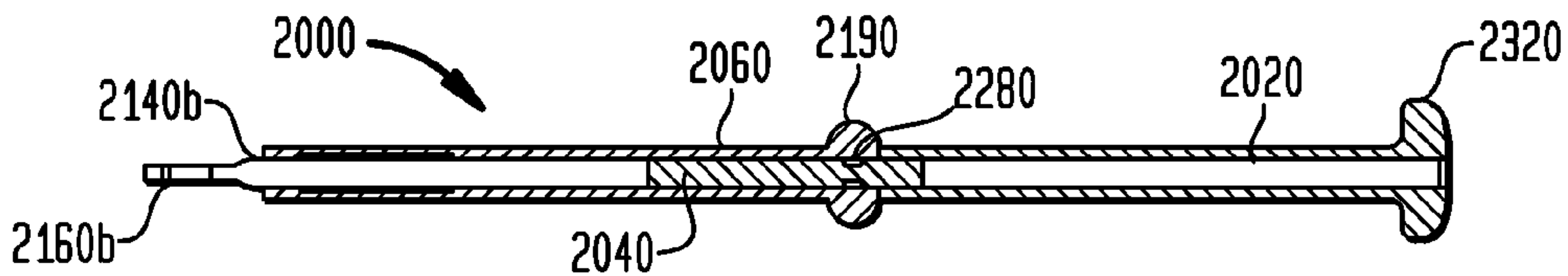


FIG. 45

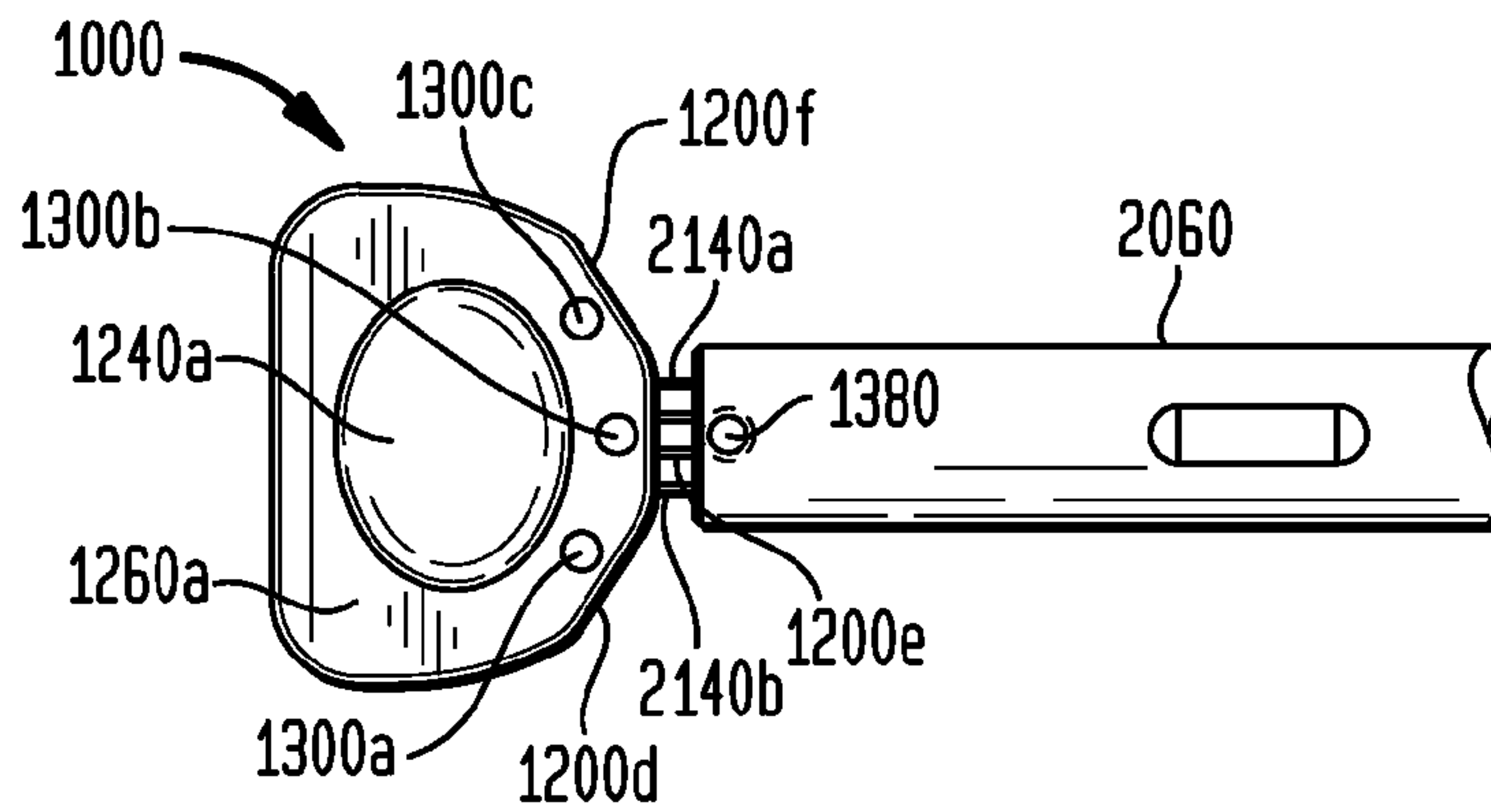


FIG. 46

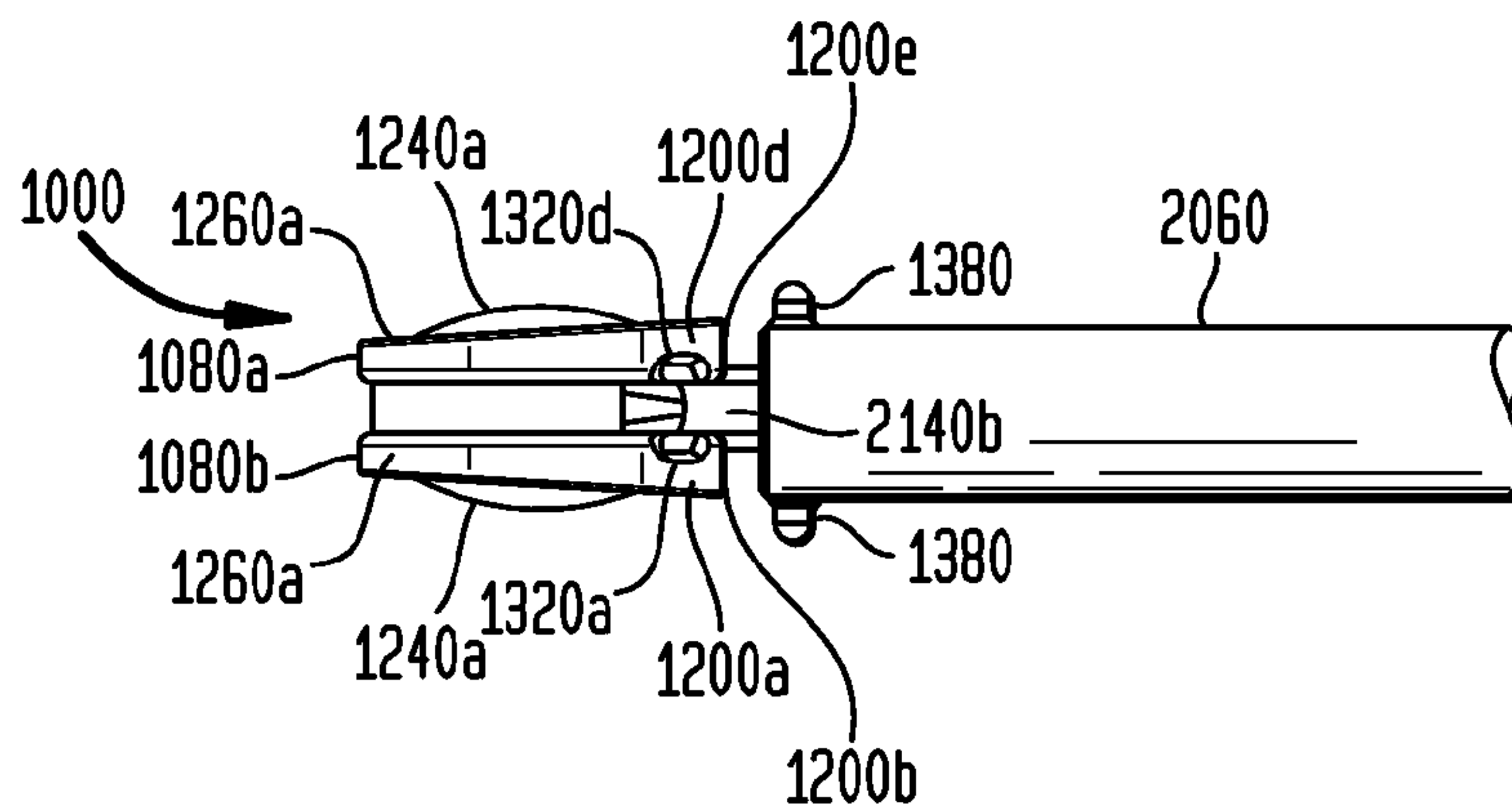
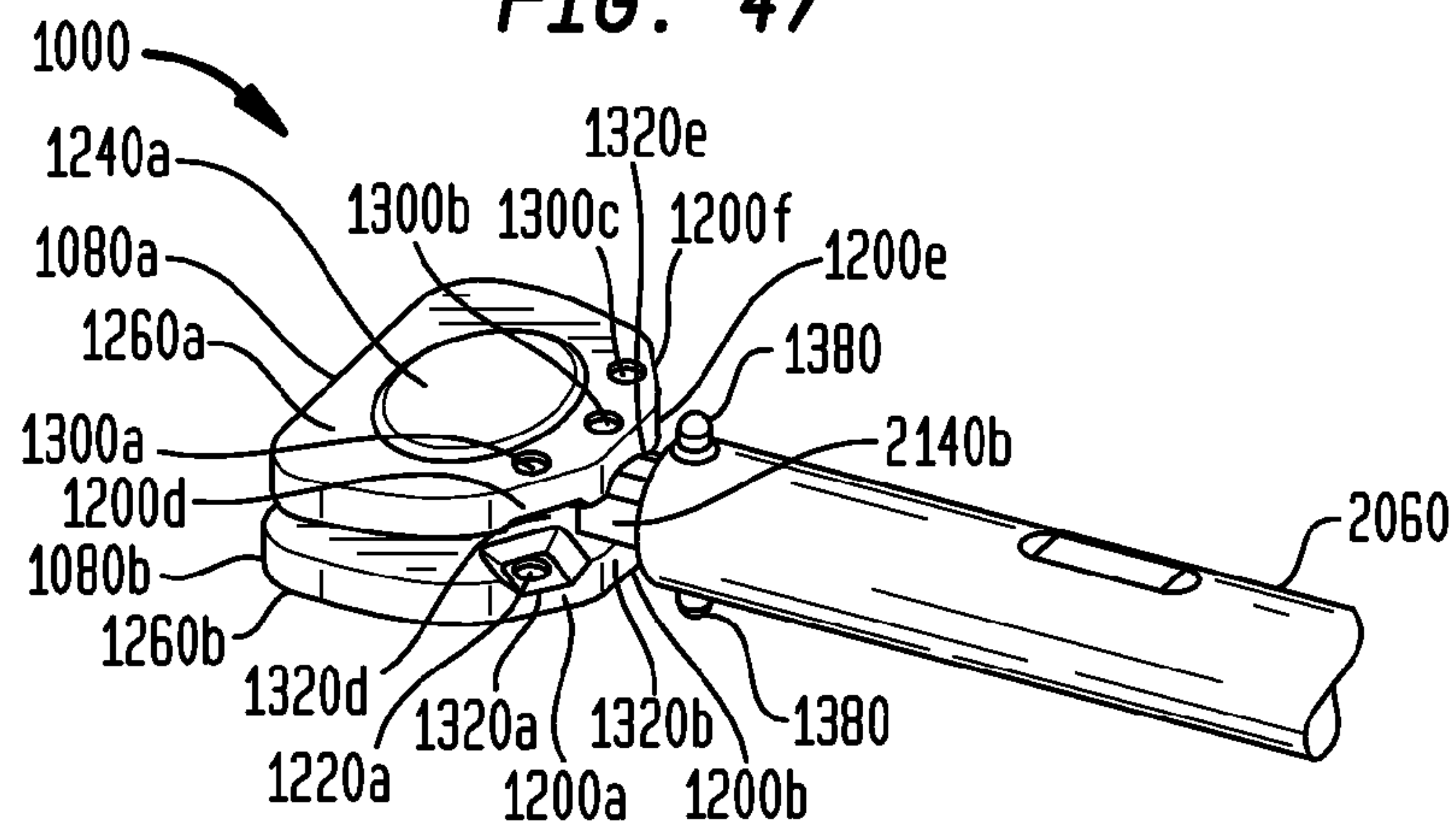
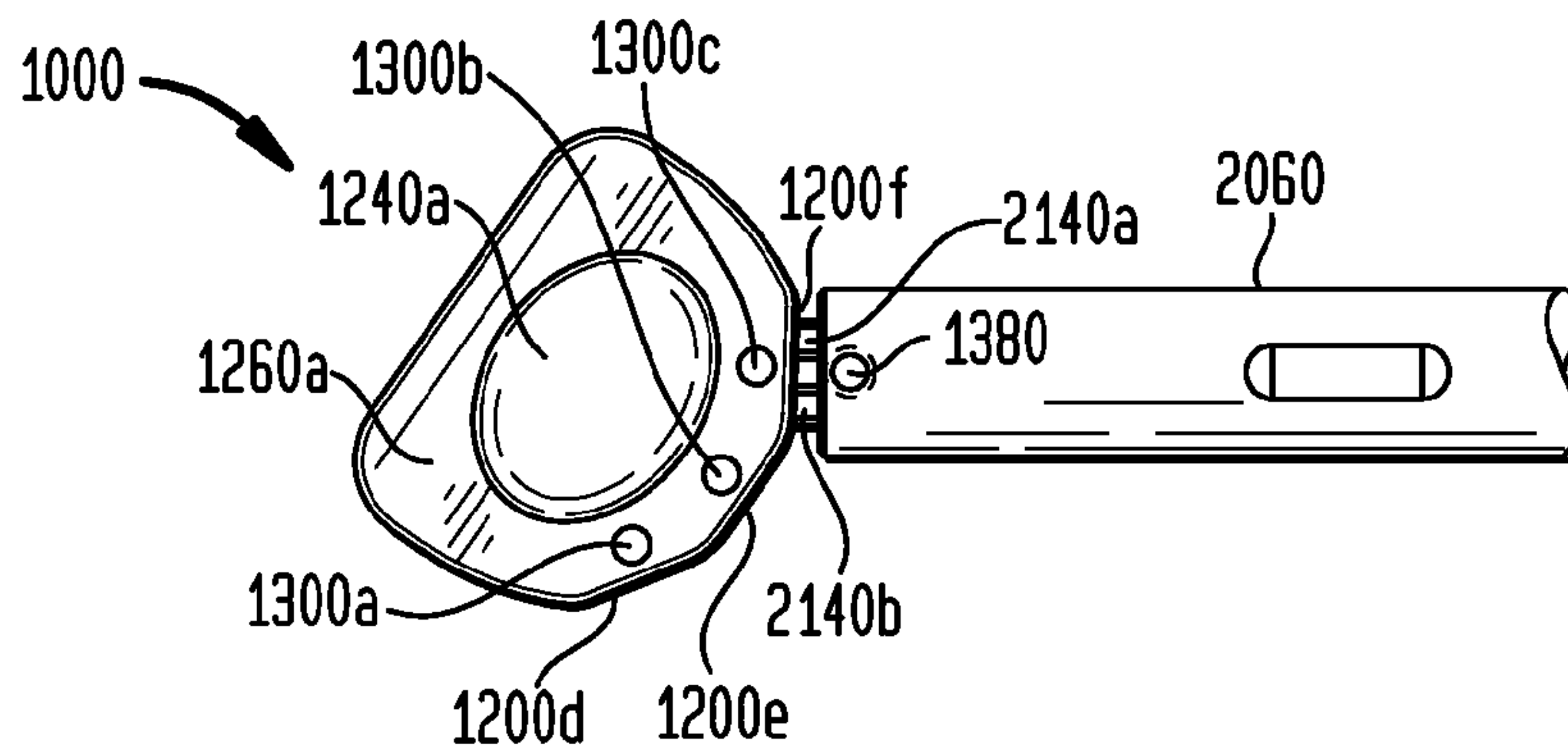


FIG. 47

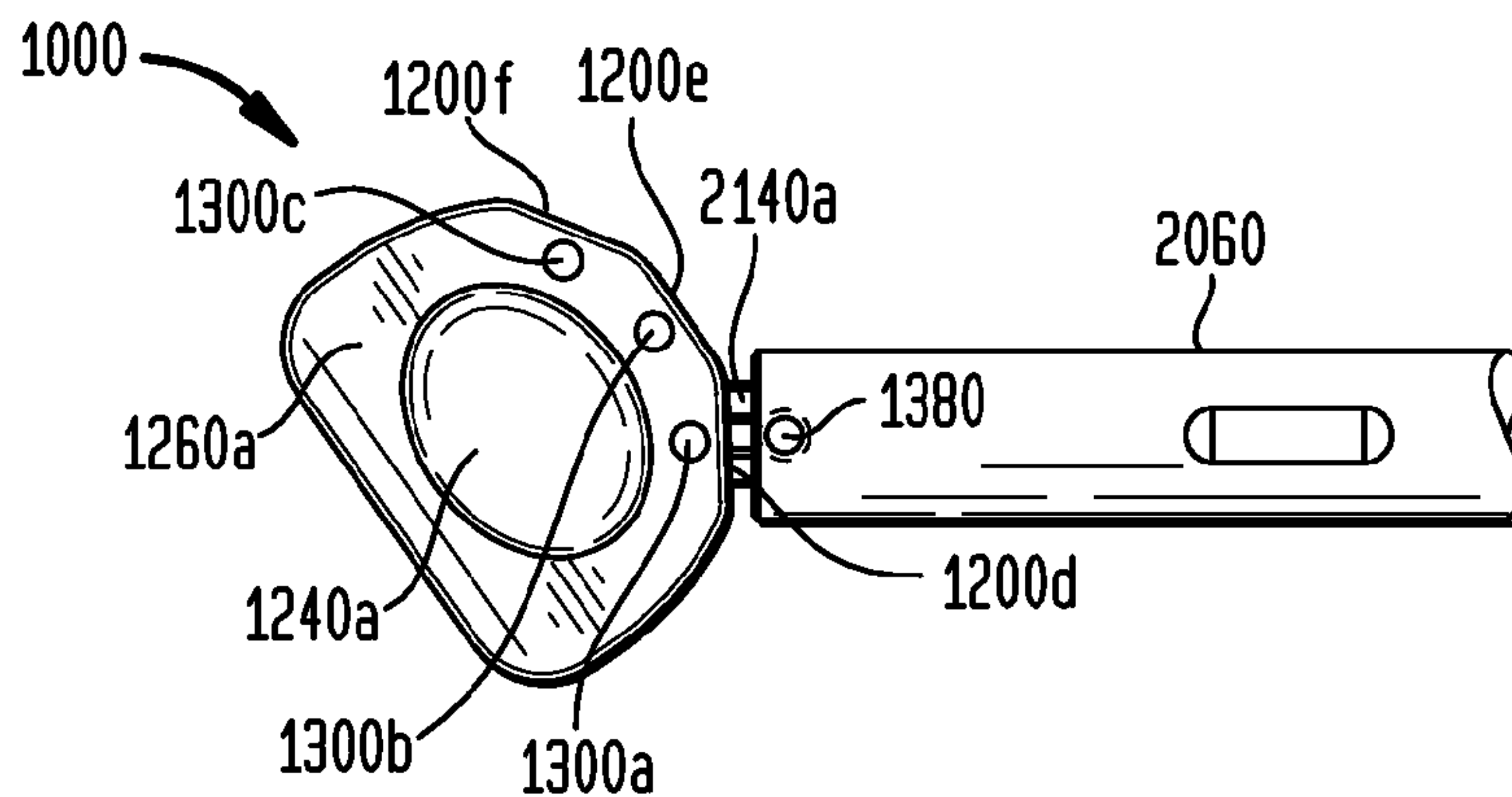




**FIG. 48**



**FIG. 49**



**FIG. 50**

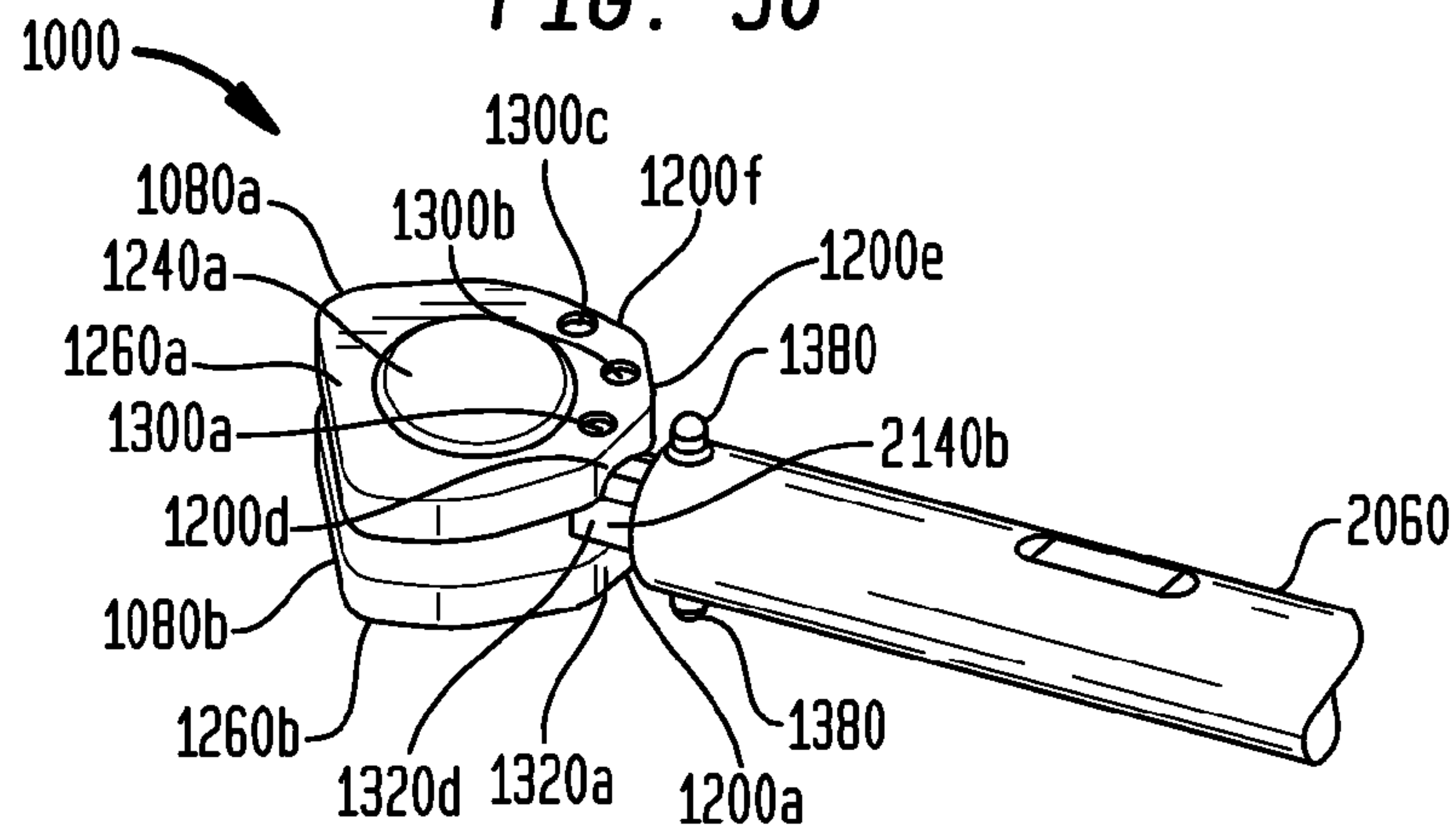


FIG. 51

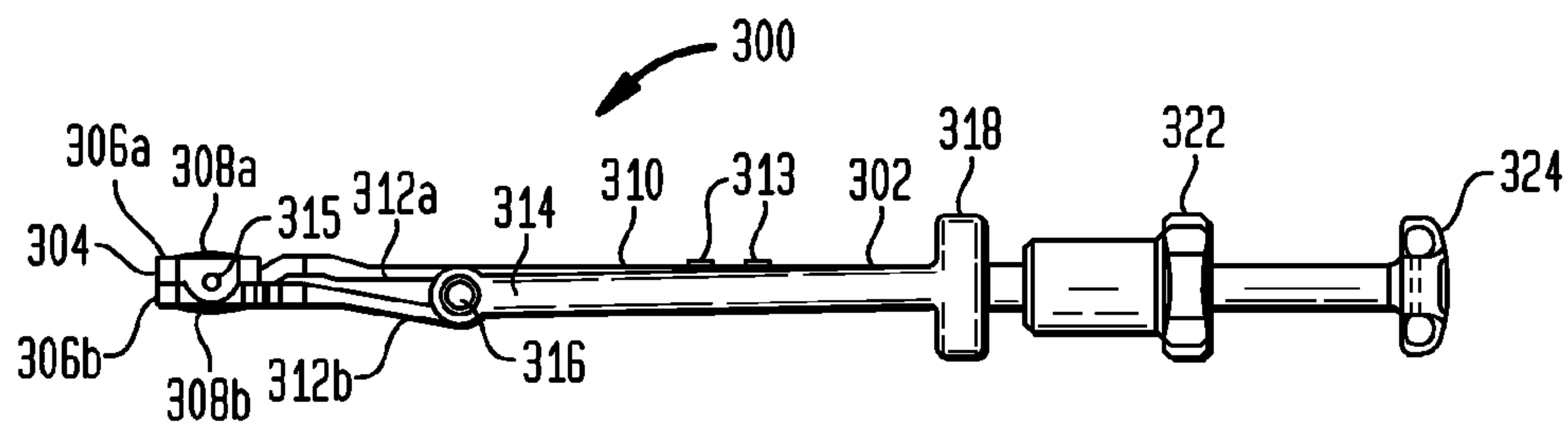


FIG. 52

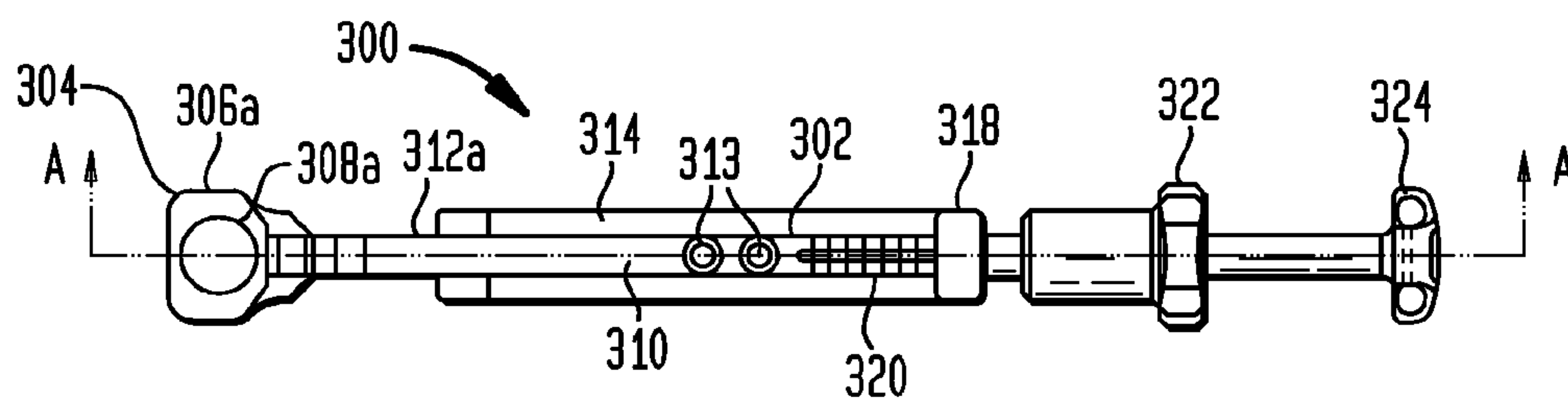


FIG. 53

(SECTION A-A OF FIG. 52)

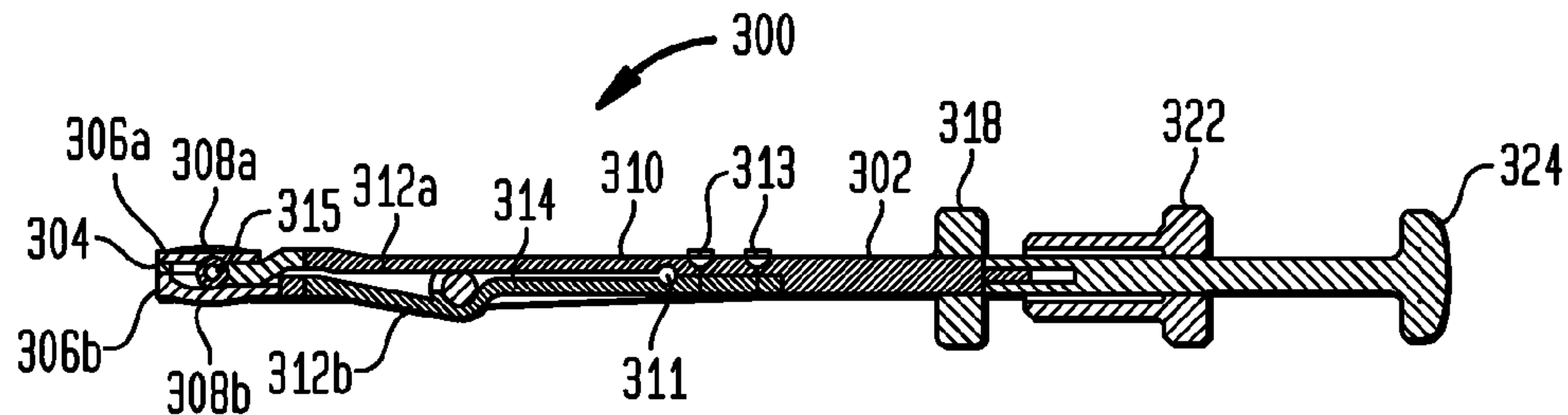


FIG. 54

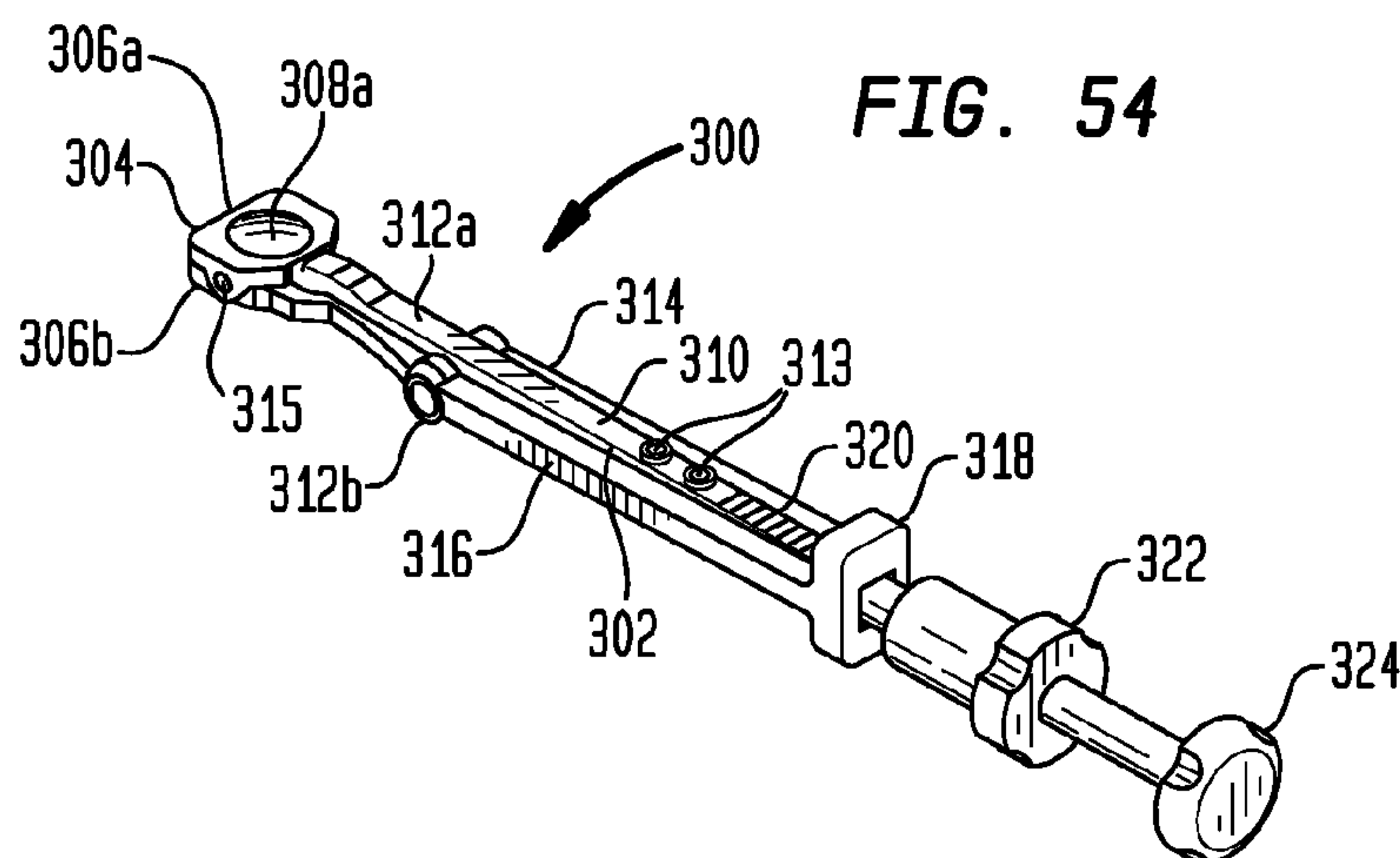


FIG. 55

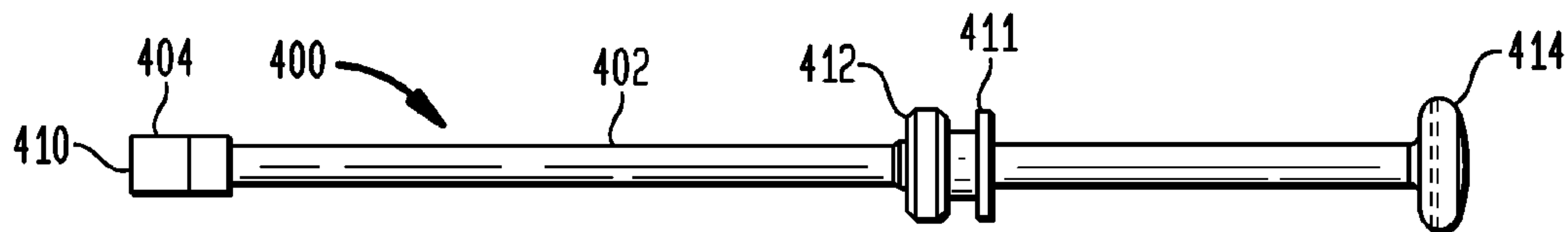


FIG. 56

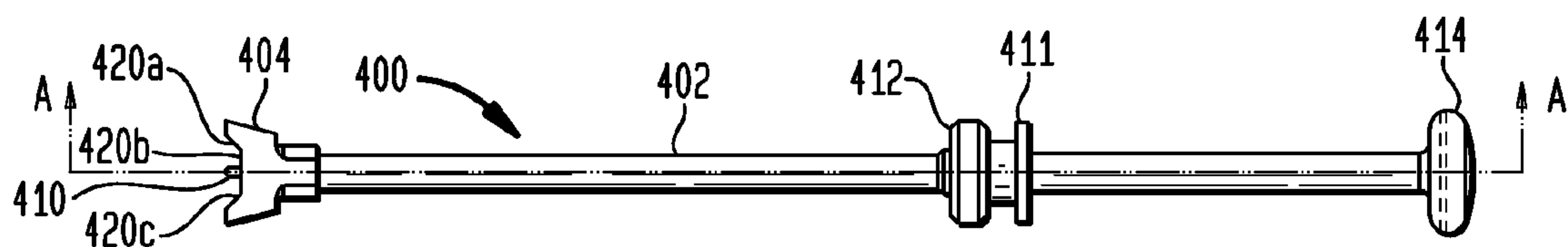


FIG. 57  
(SECTION A-A OF FIG. 56)

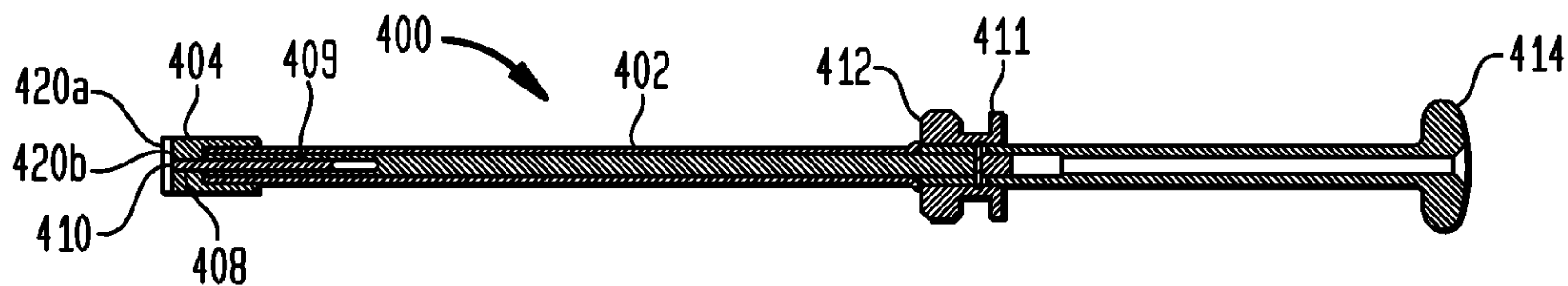
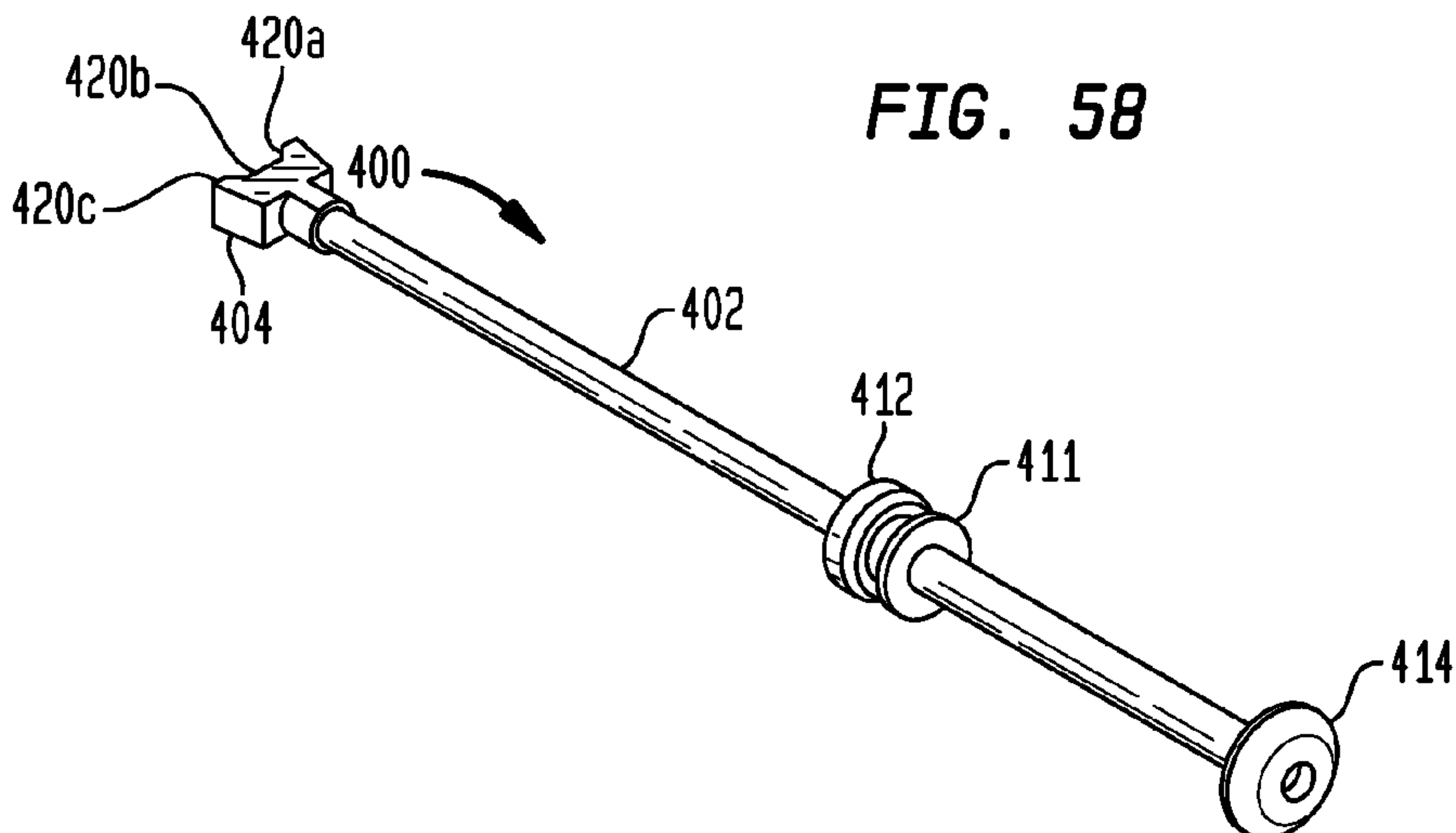
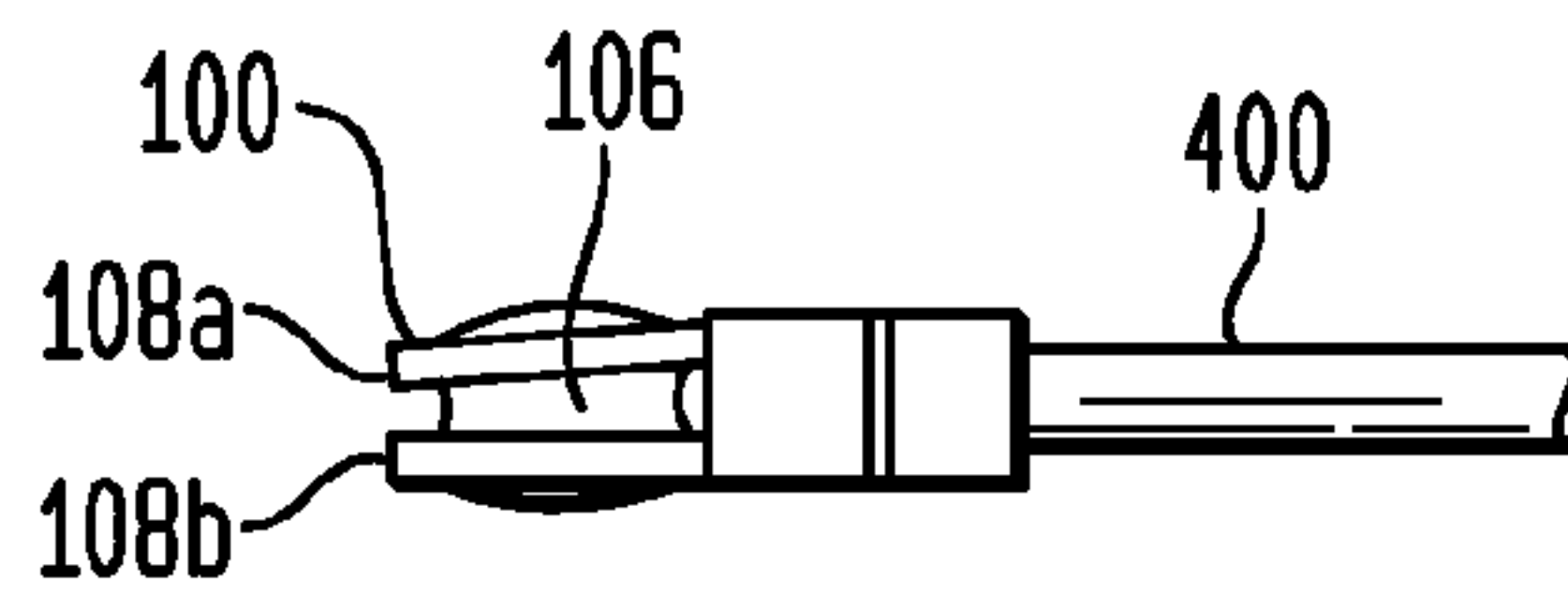


FIG. 58

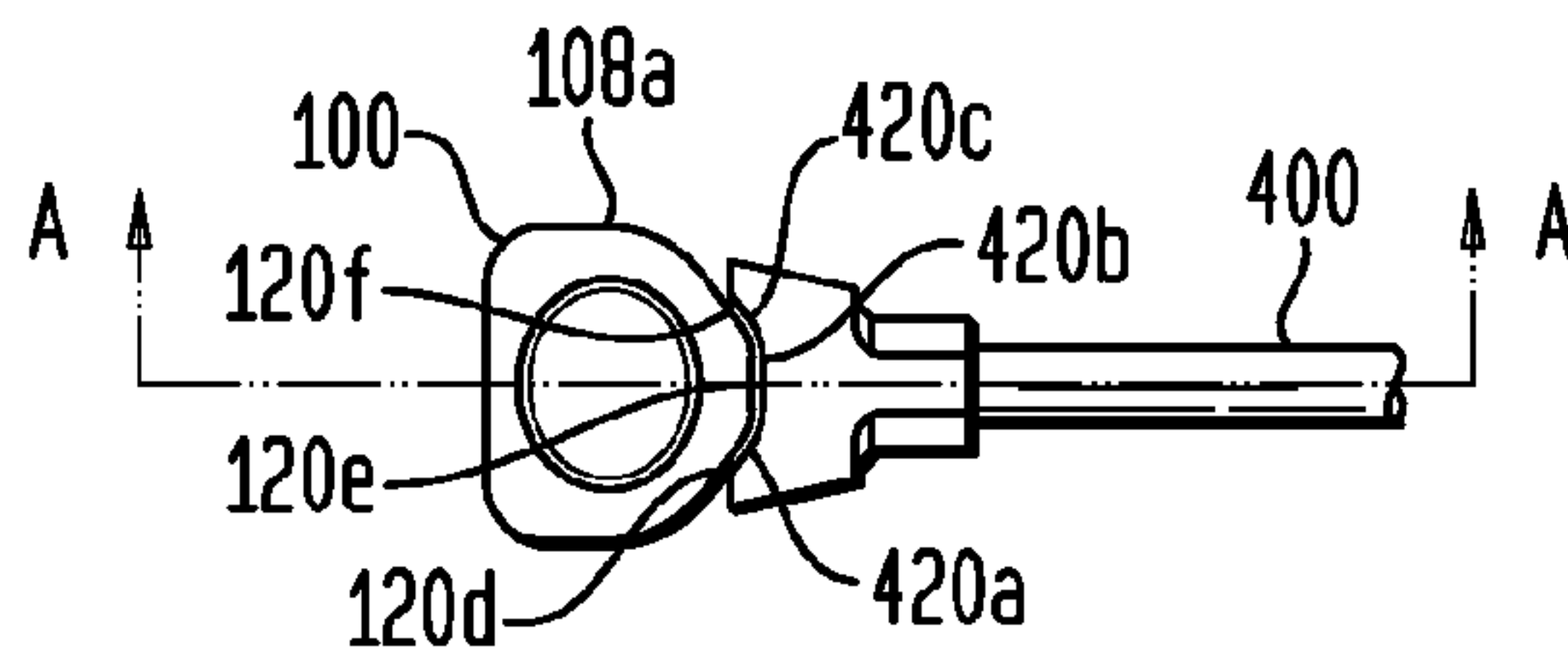




**FIG. 59**

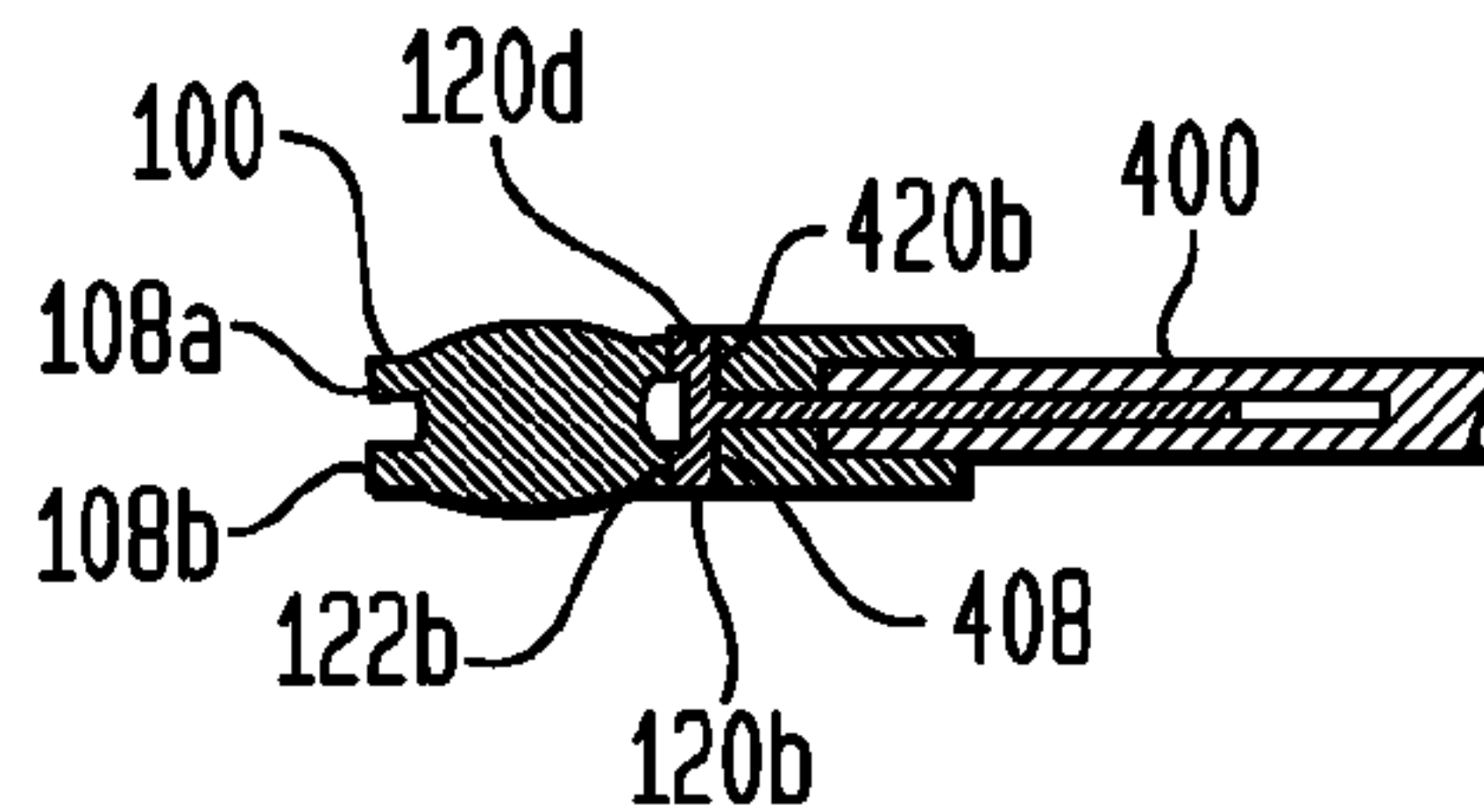


**FIG. 60**

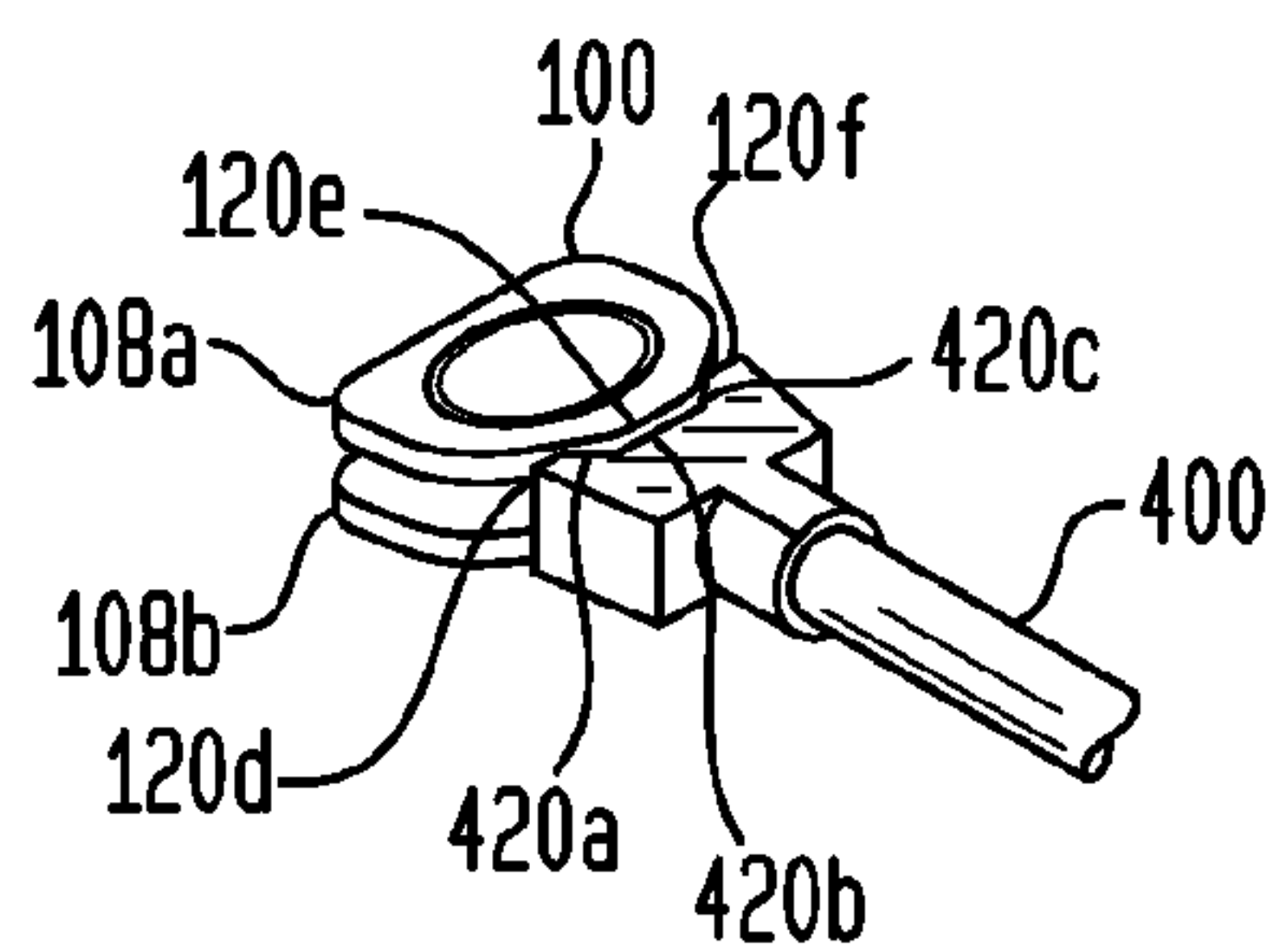


**FIG. 61**

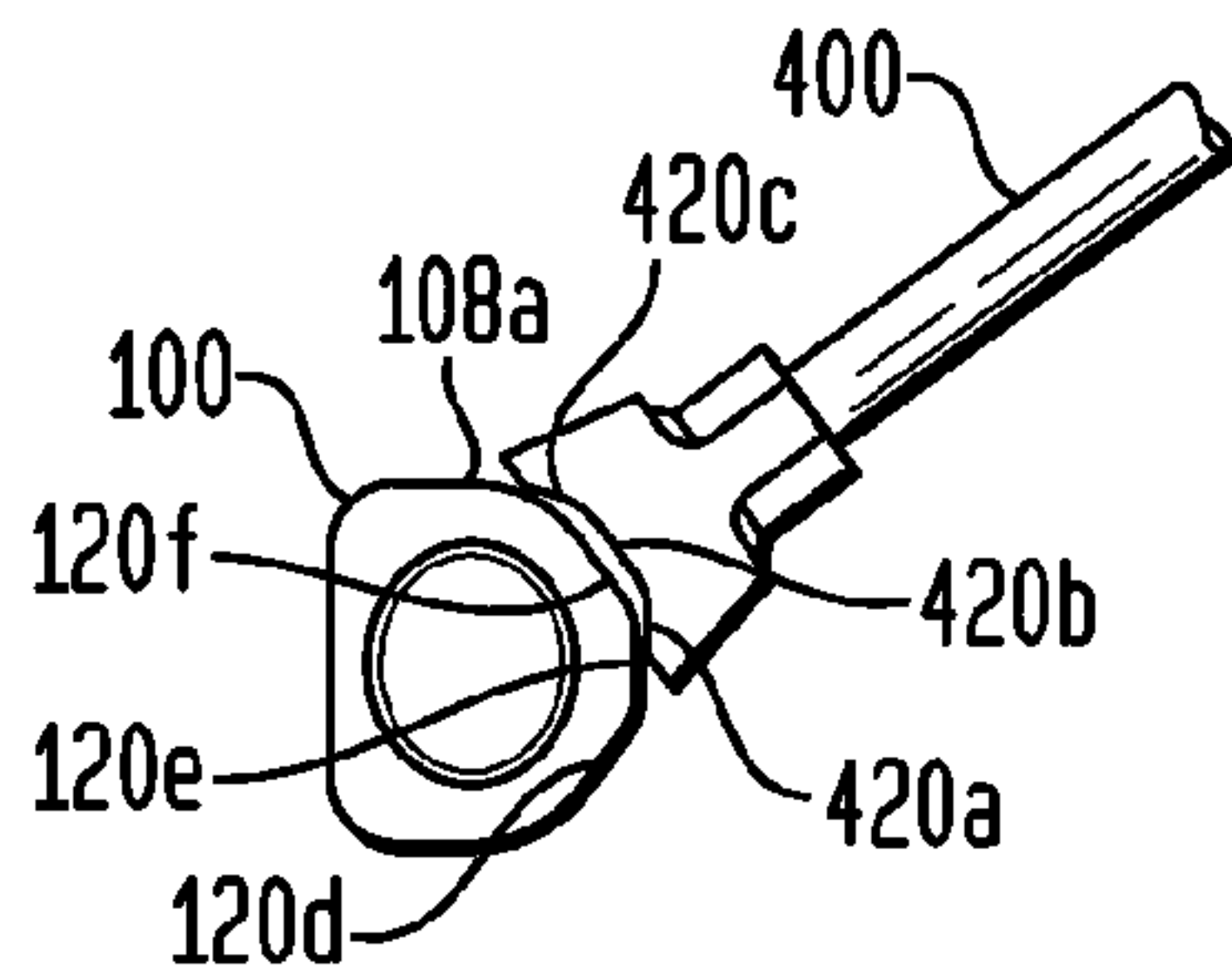
(SECTION A-A OF FIG. 60)



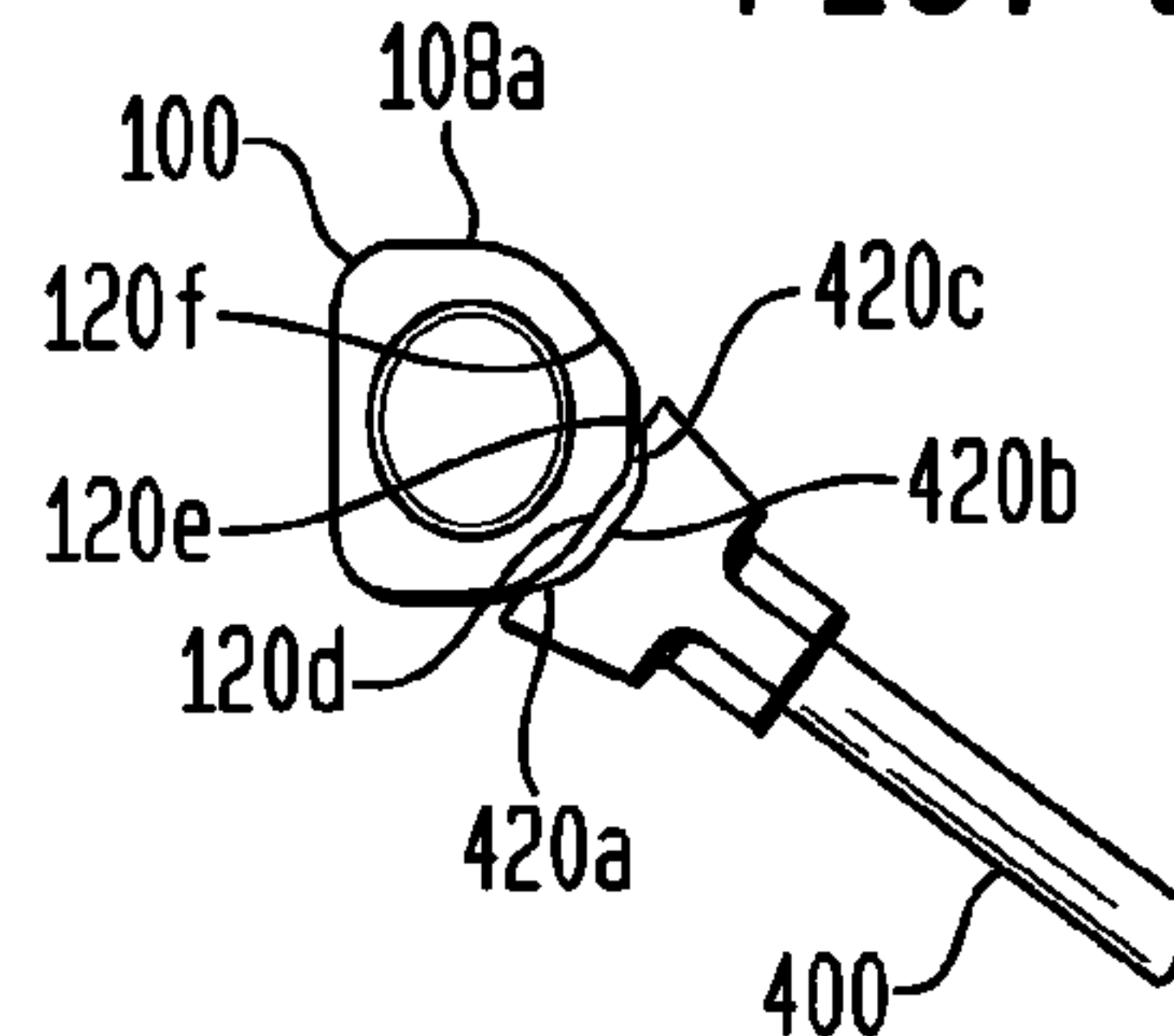
**FIG. 62**



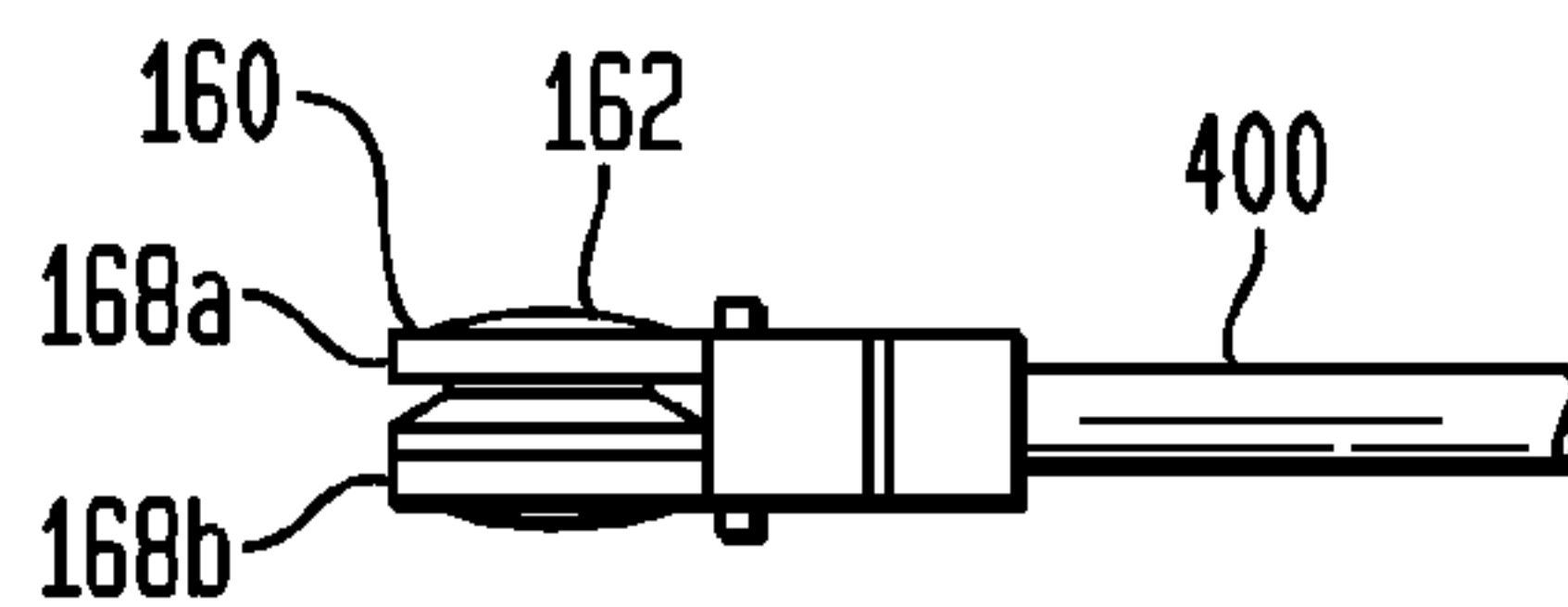
**FIG. 63**



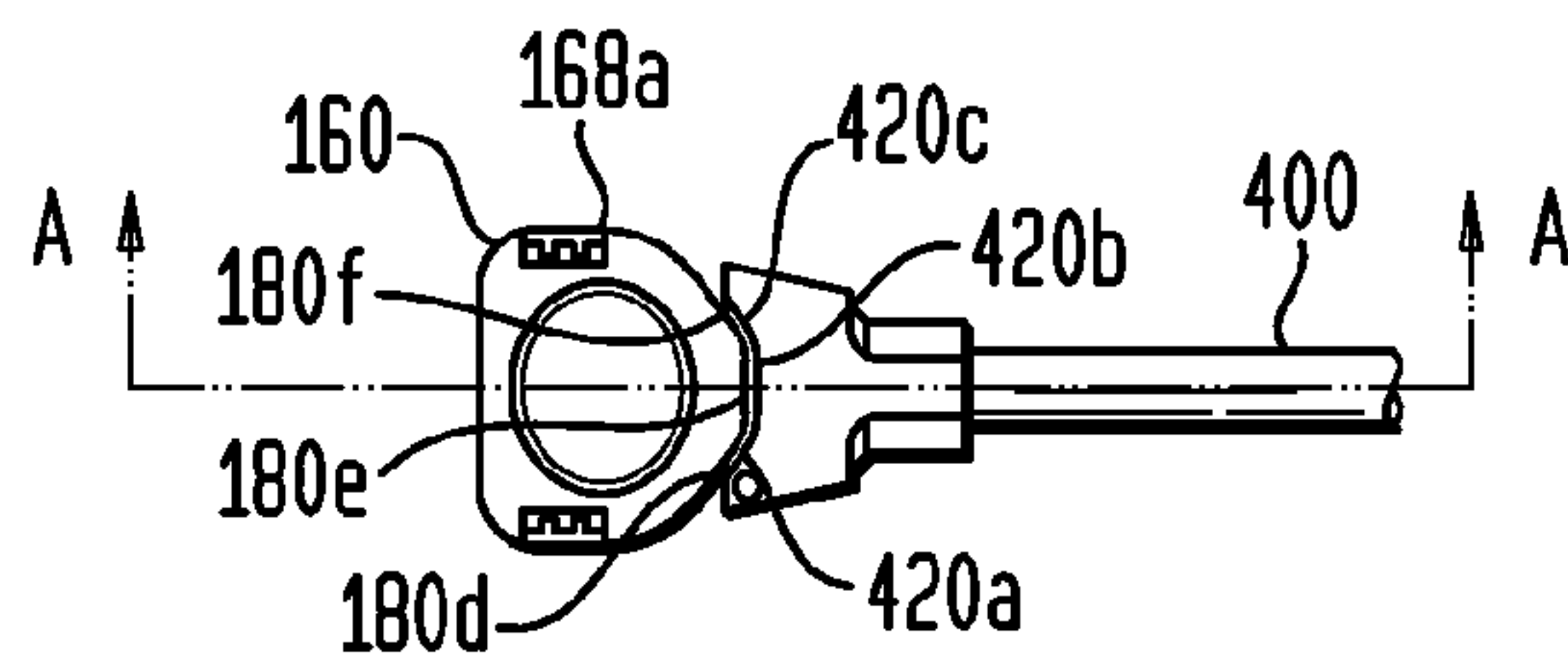
**FIG. 64**



**FIG. 65**

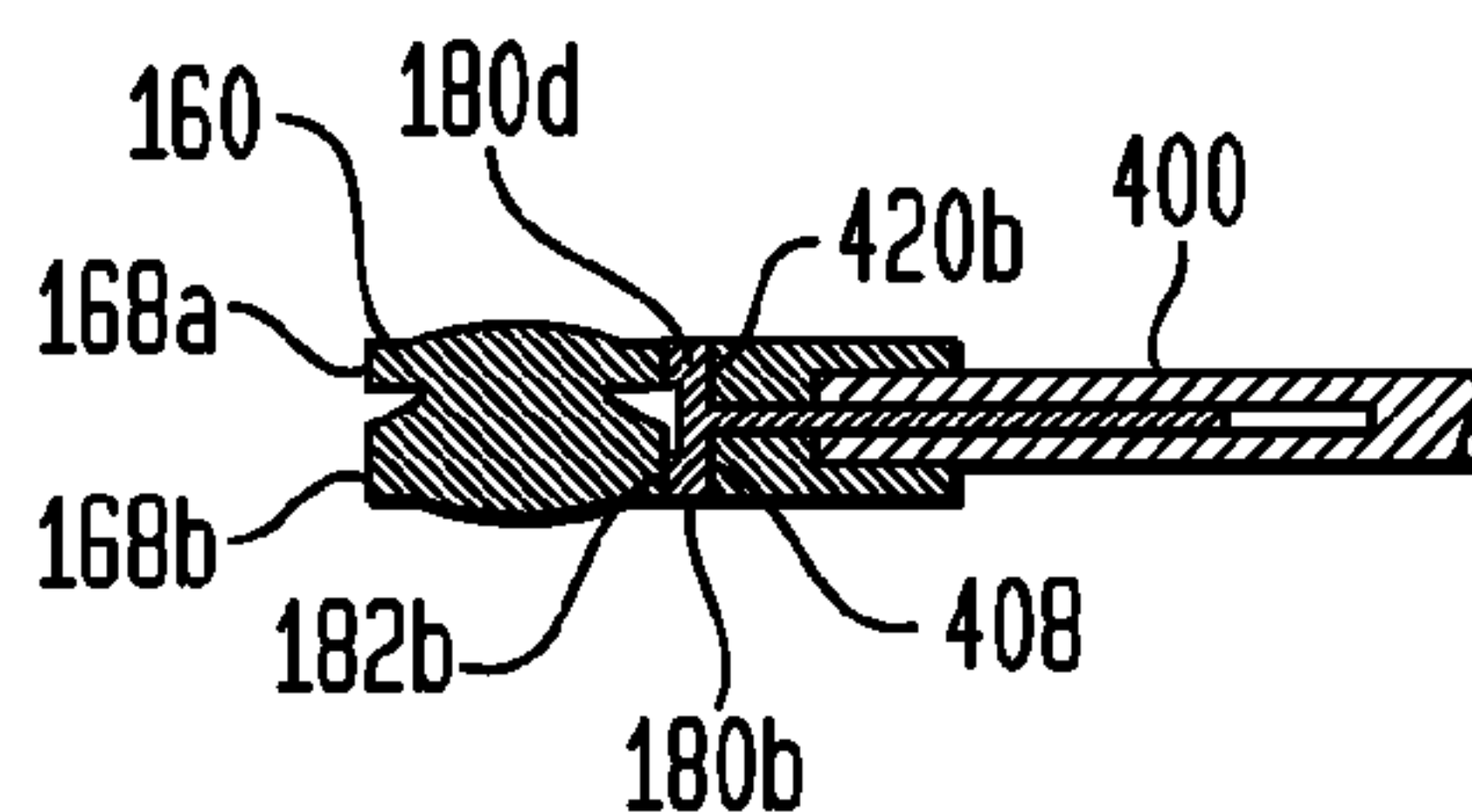


**FIG. 66**

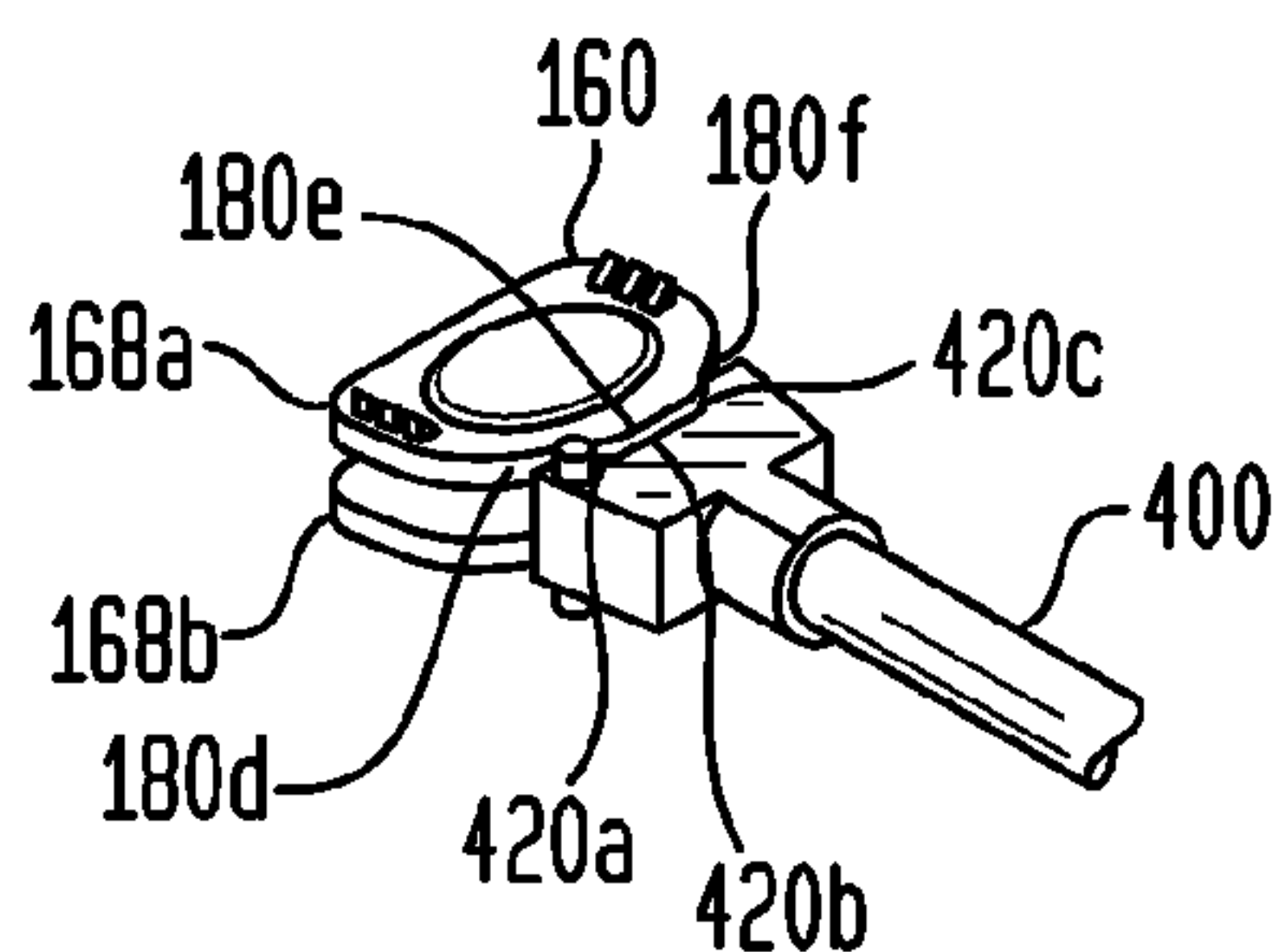


**FIG. 67**

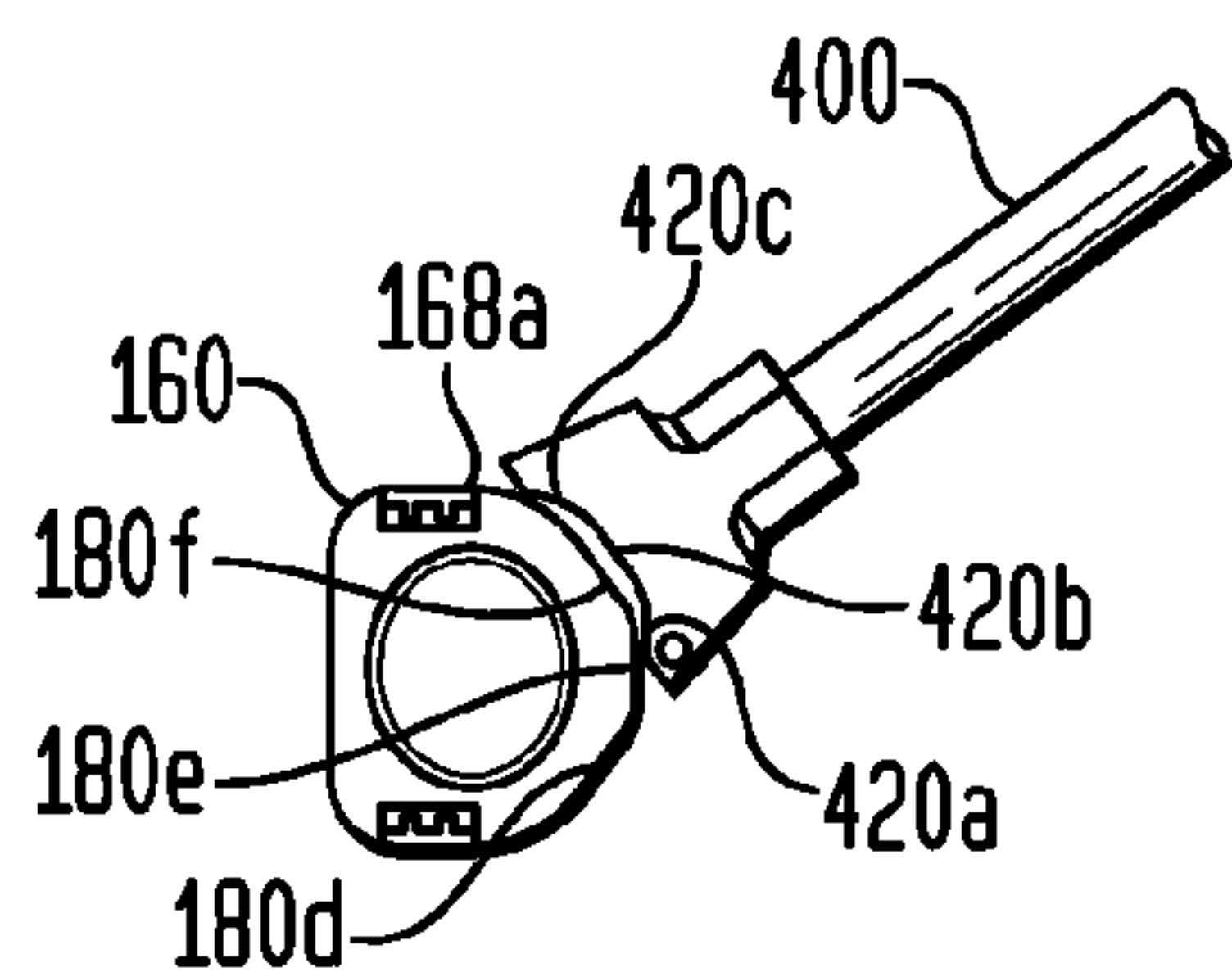
(SECTION A-A OF FIG. 66)



**FIG. 68**



**FIG. 69**



**FIG. 70**

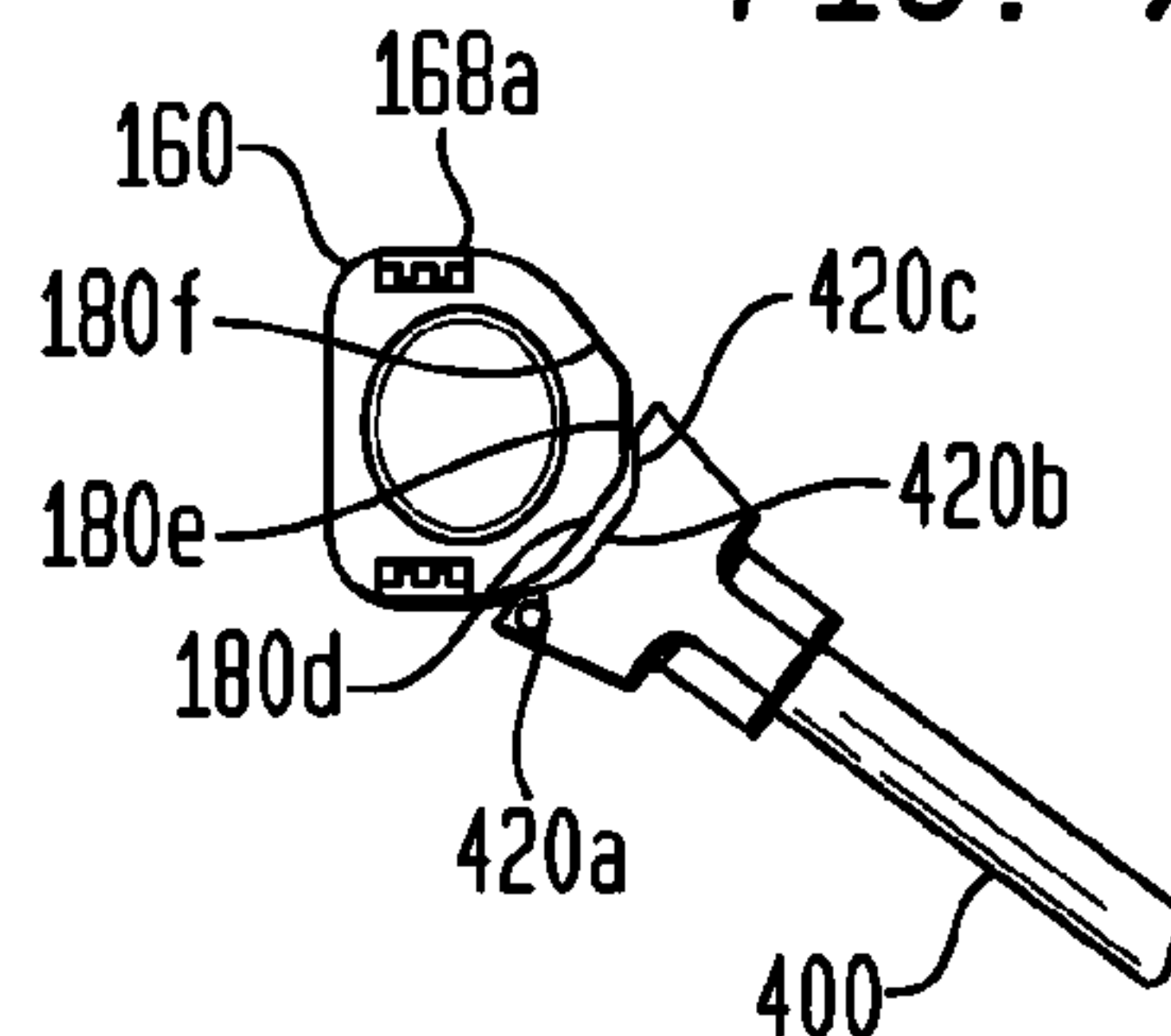


FIG. 71

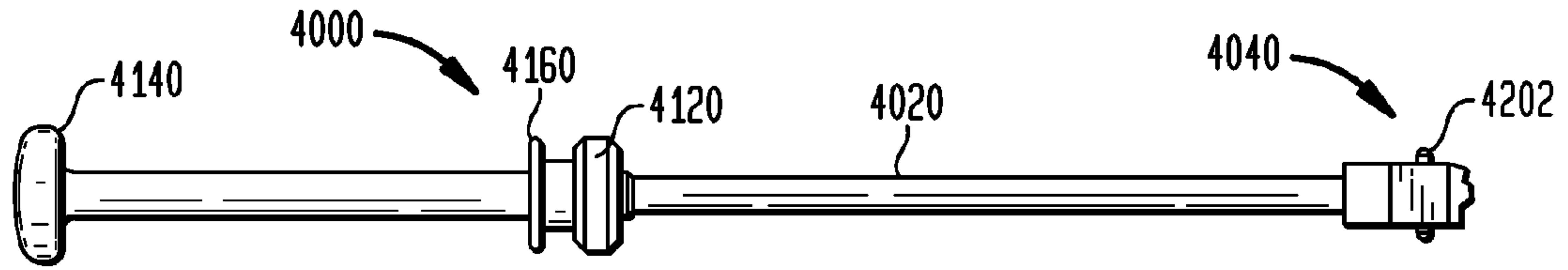


FIG. 72

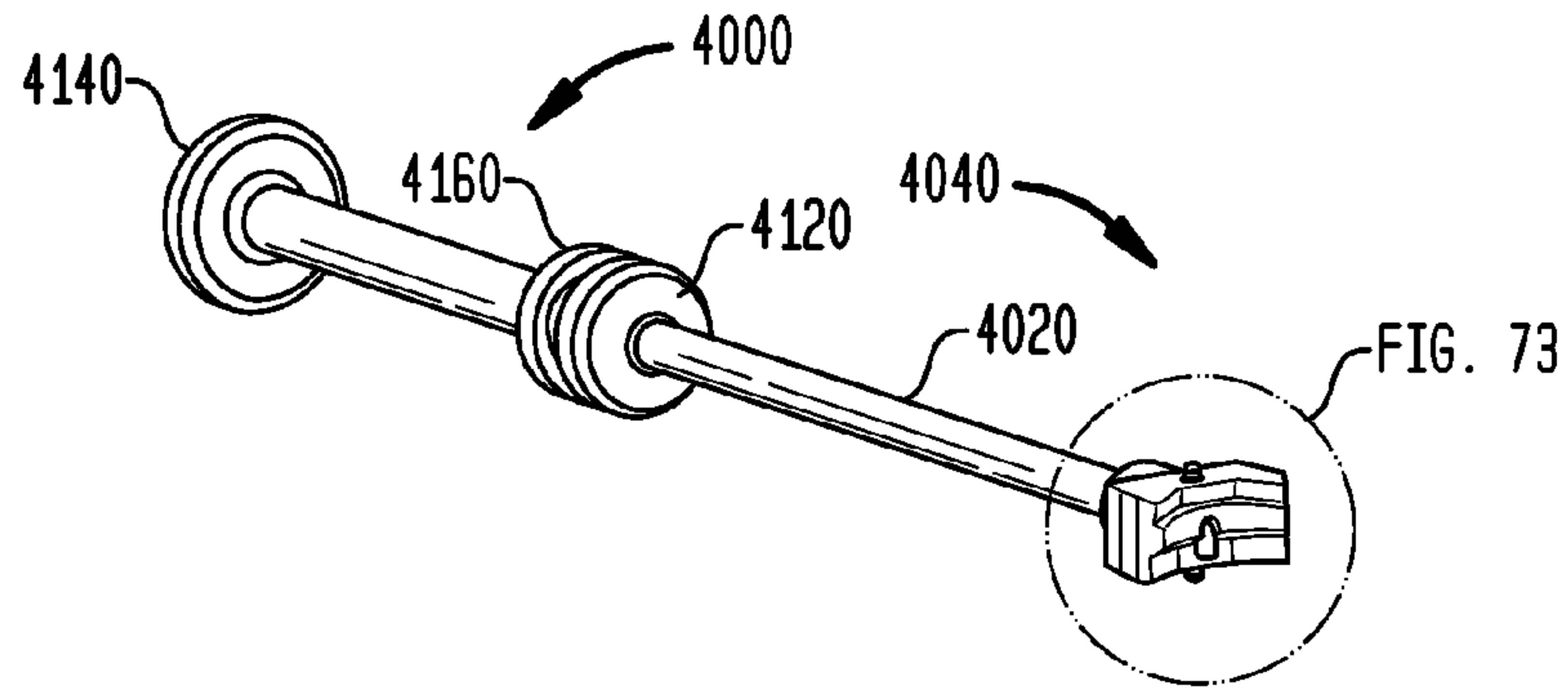


FIG. 73

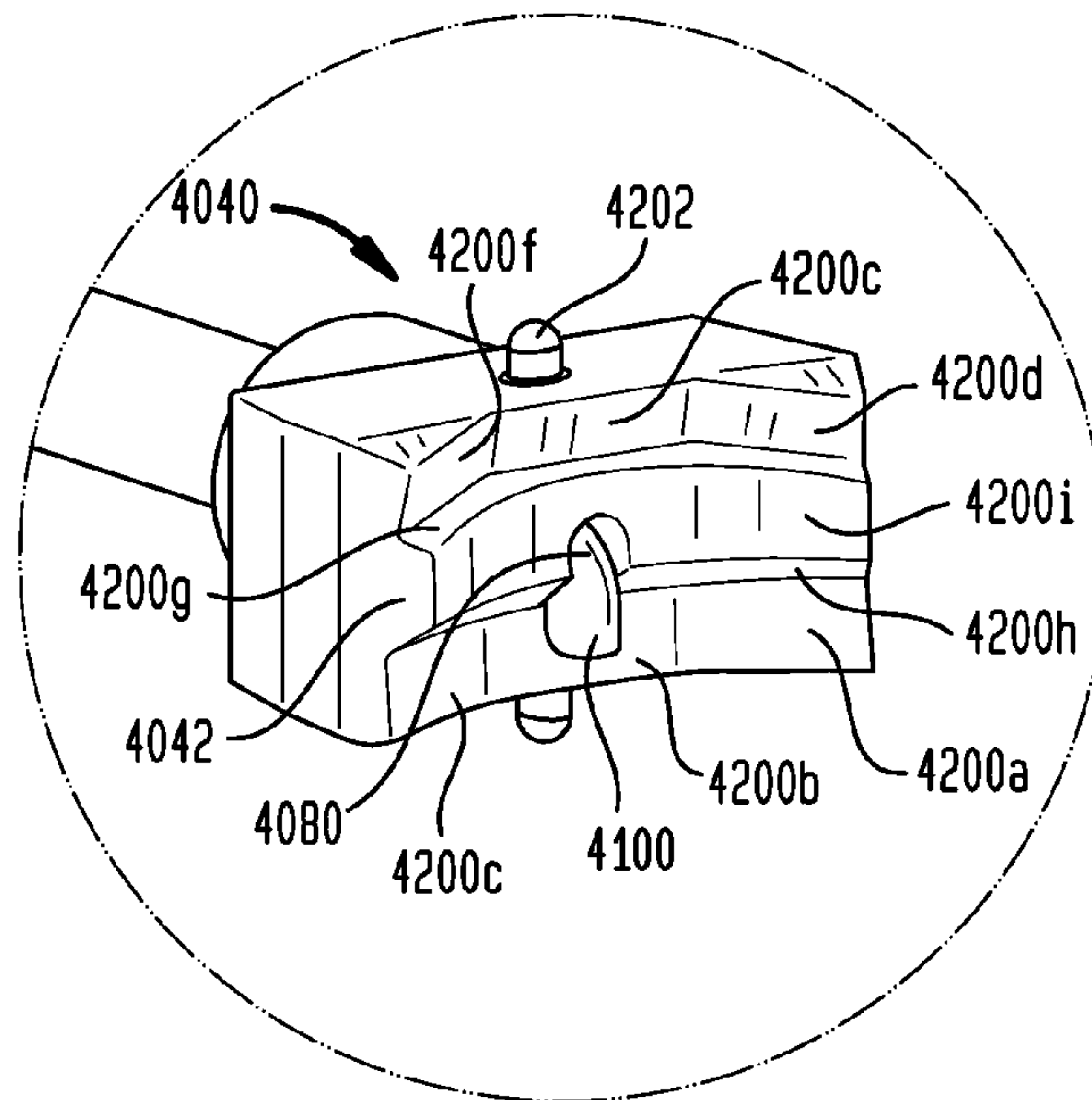




FIG. 74

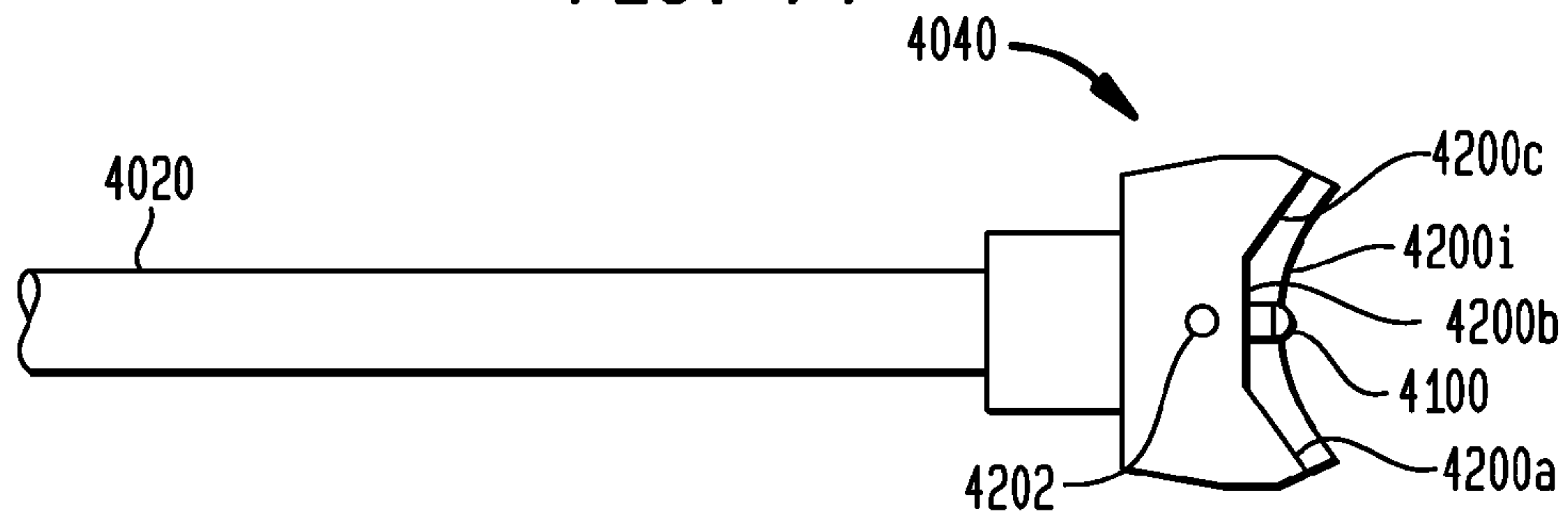


FIG. 75

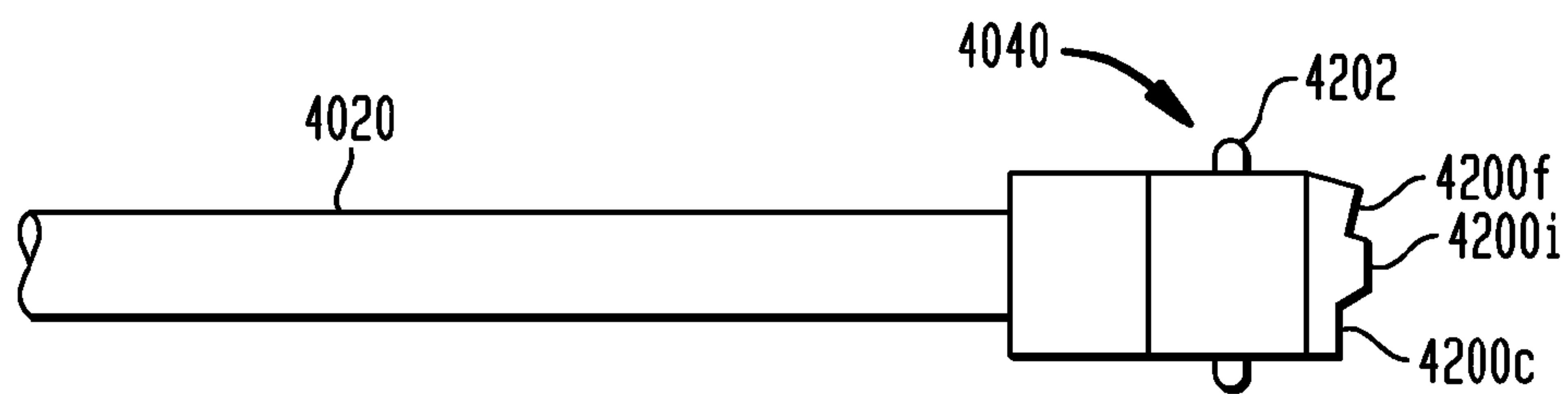


FIG. 76

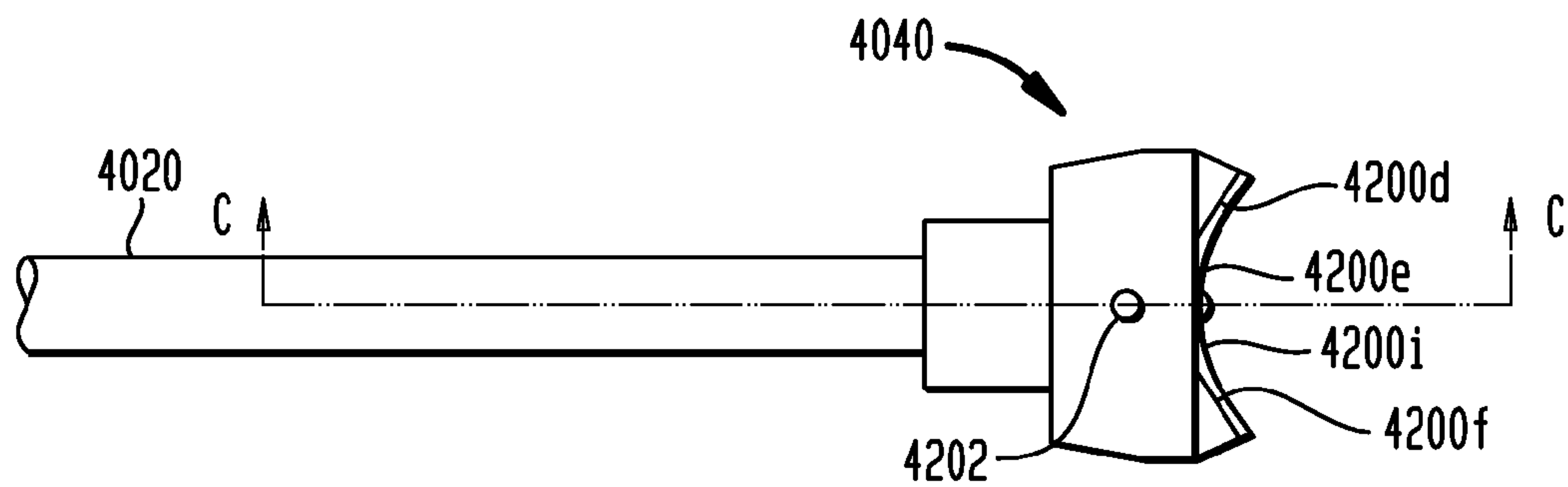


FIG. 77

(SECTION C-C OF FIG. 76)

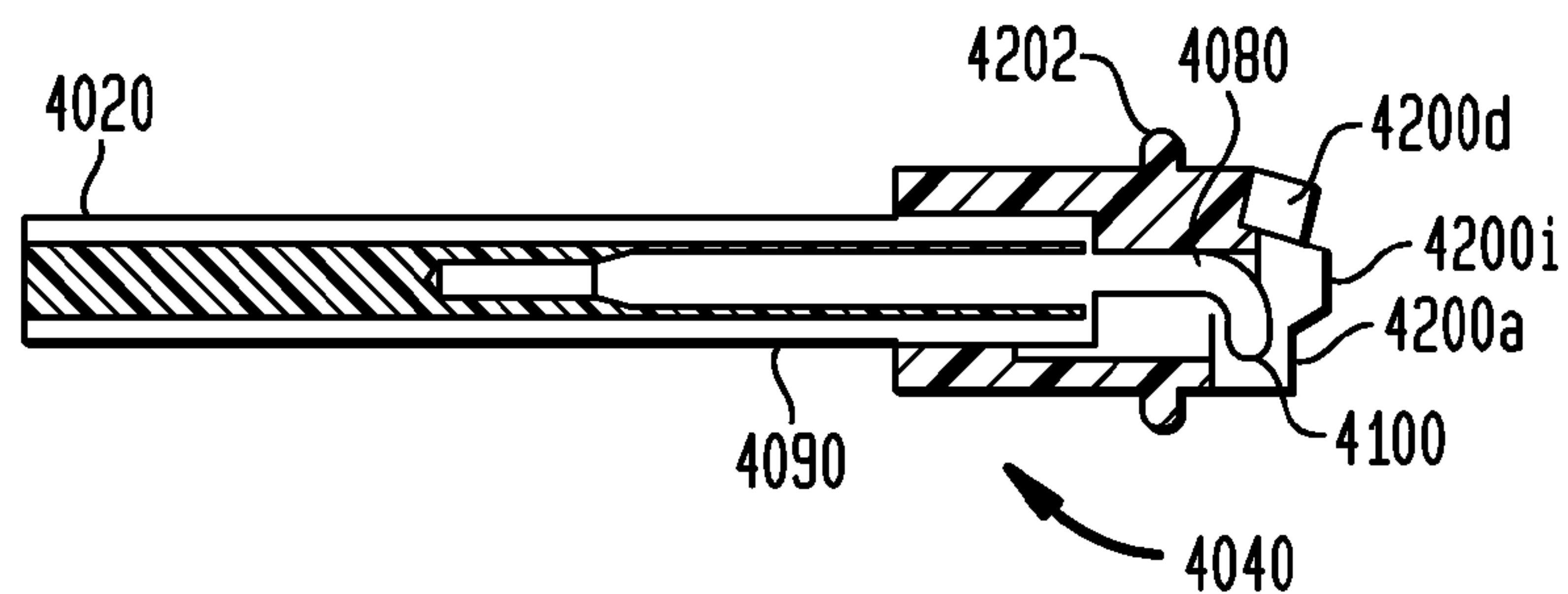


FIG. 78

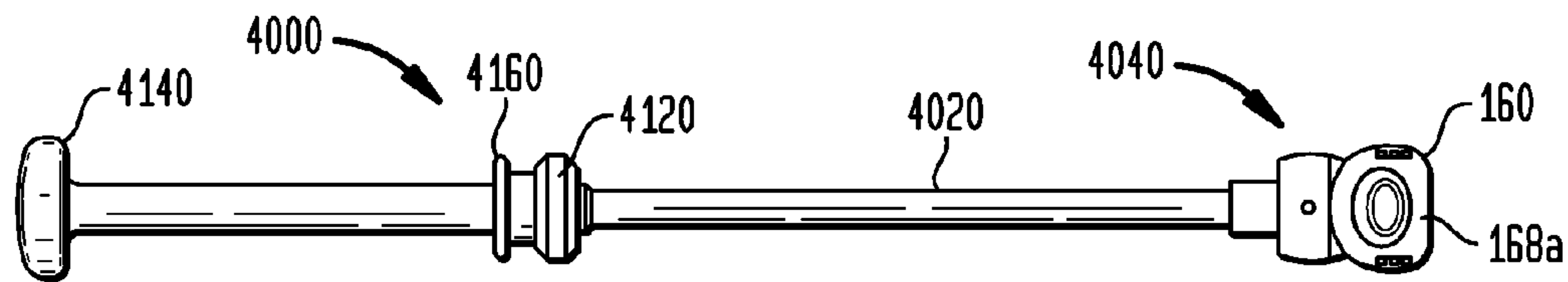


FIG. 79

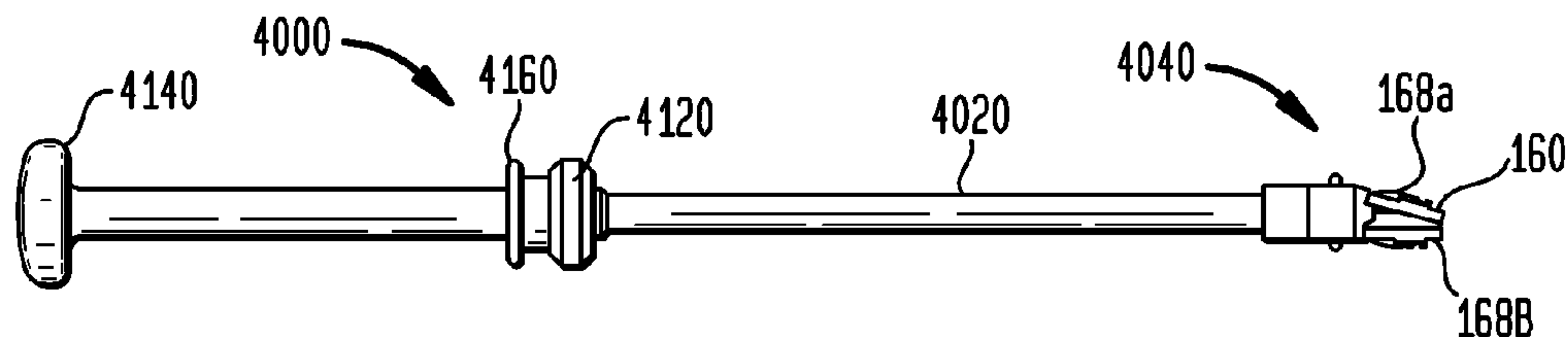


FIG. 80

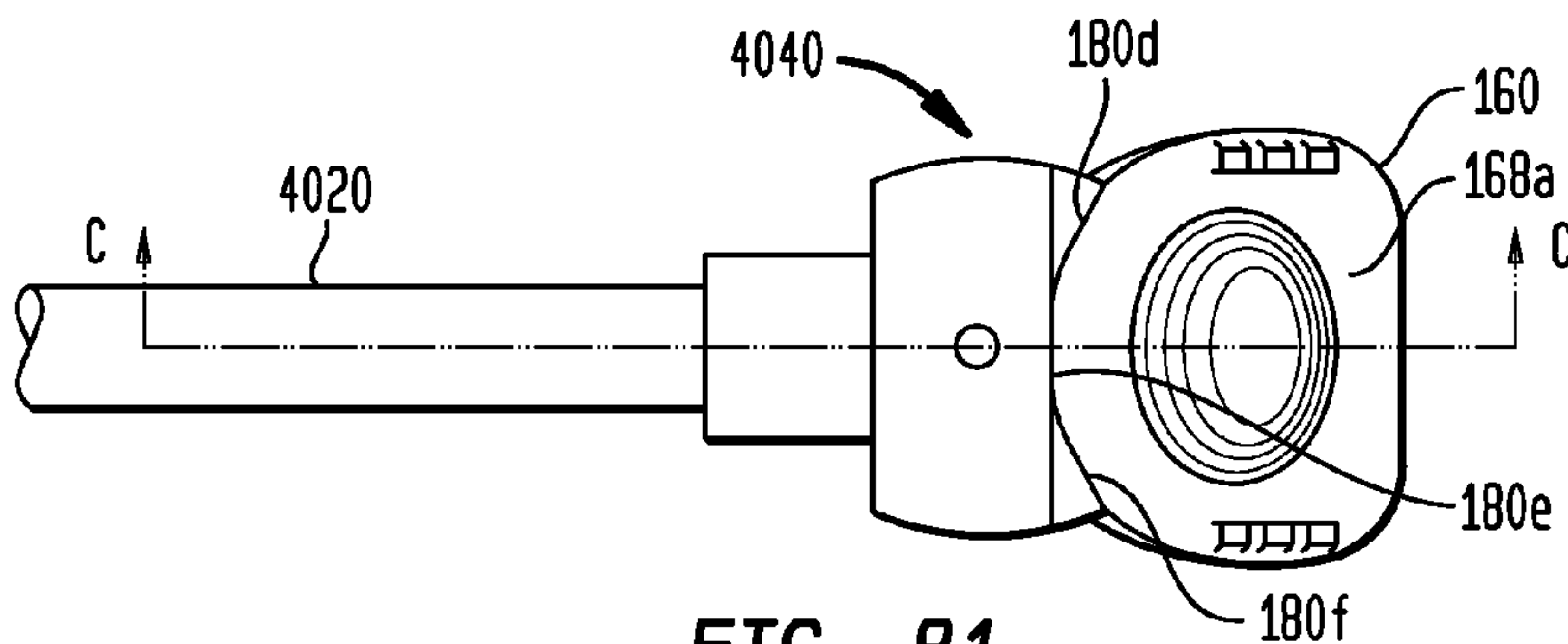


FIG. 81

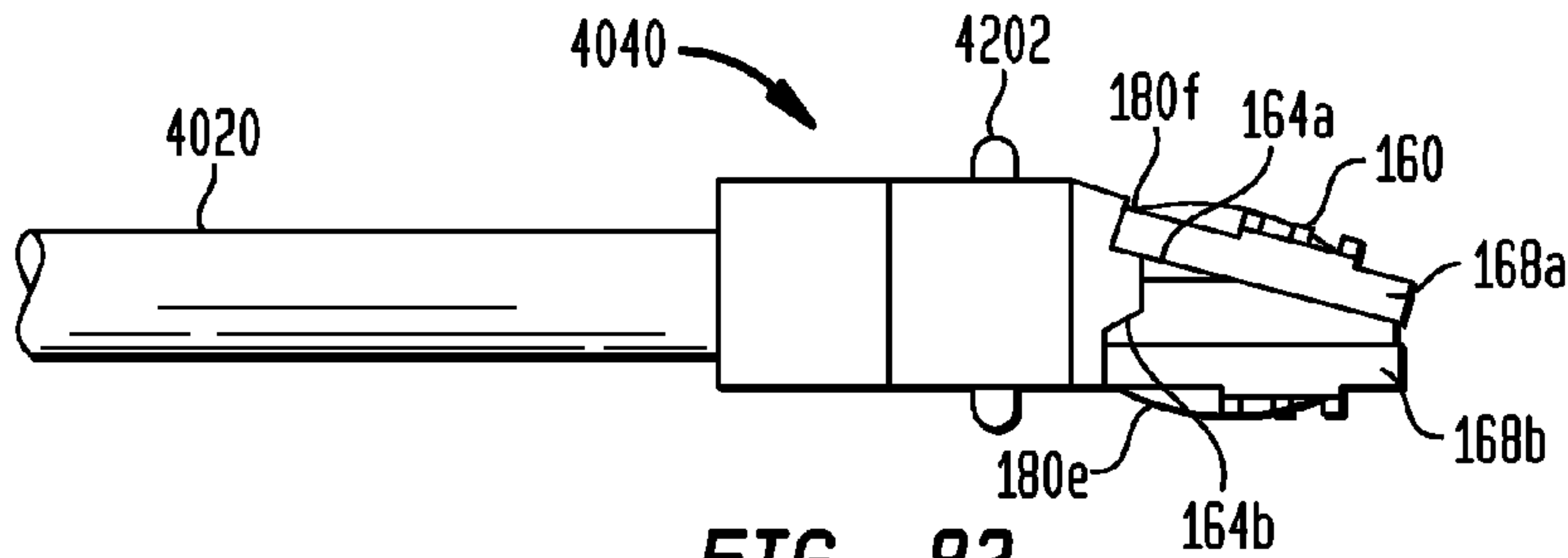


FIG. 82

(SECTION C-C OF FIG. 80)

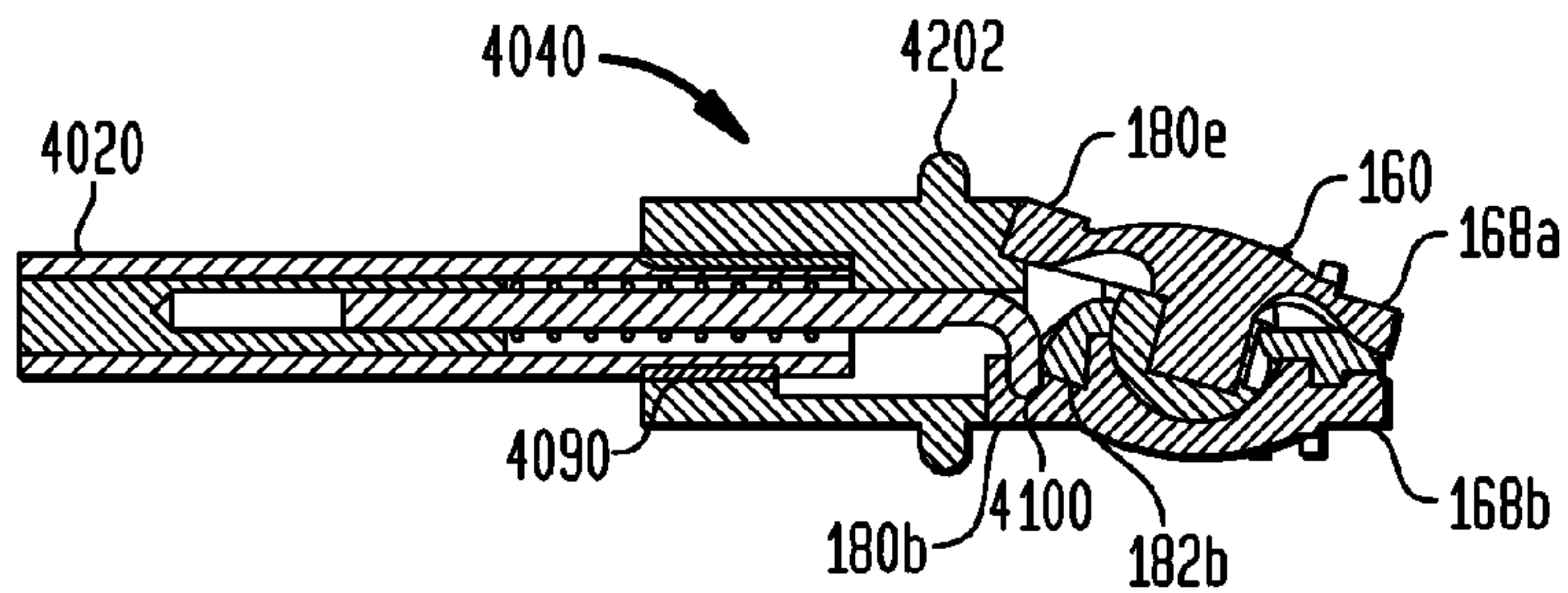


FIG. 83

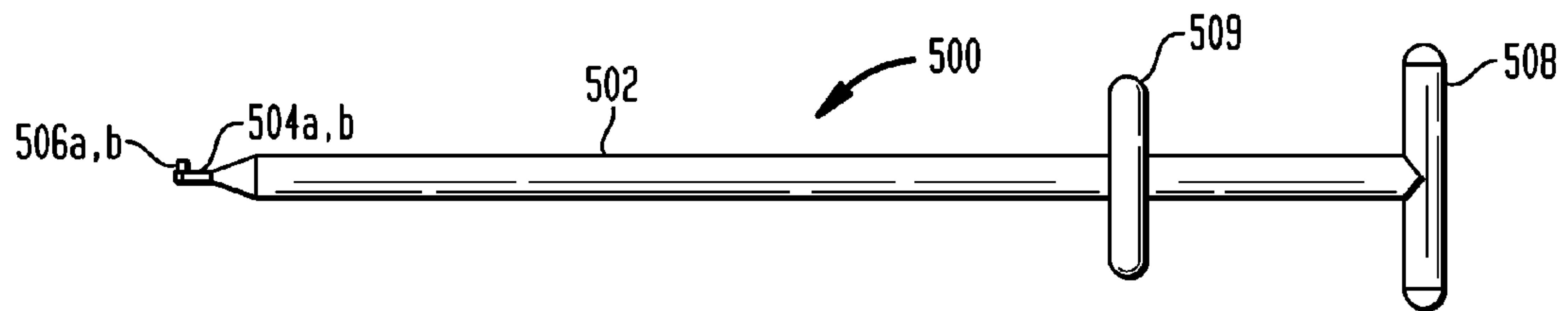


FIG. 84

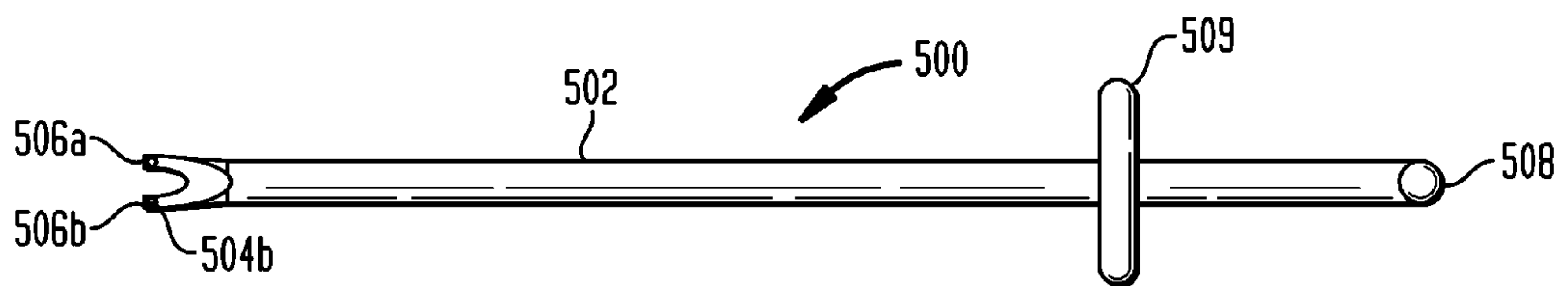


FIG. 85

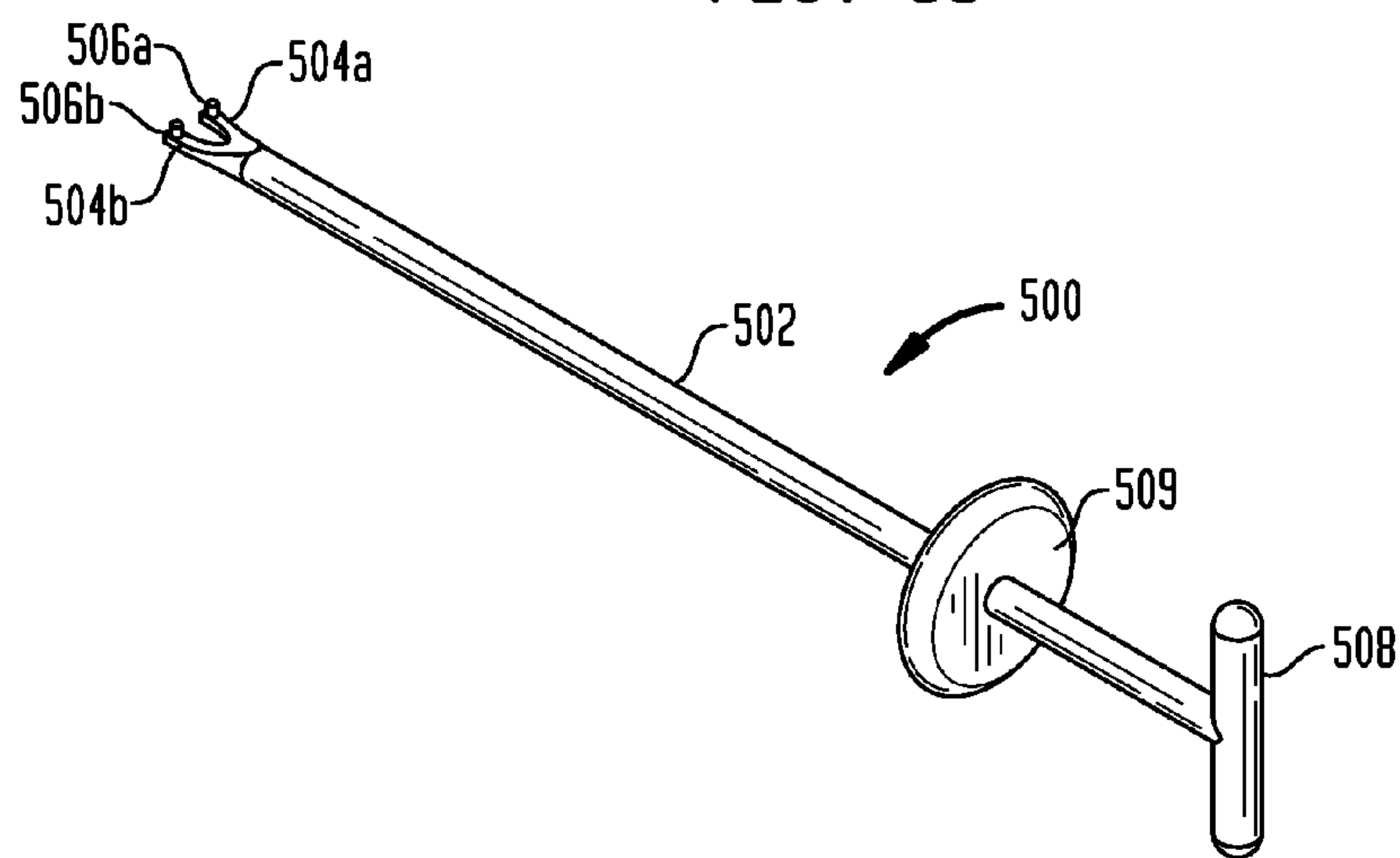


FIG. 86

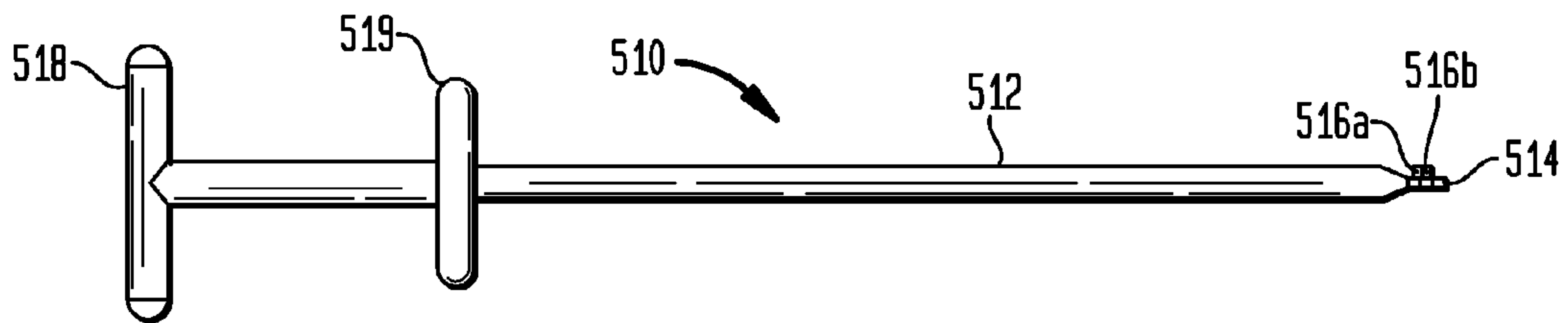


FIG. 87

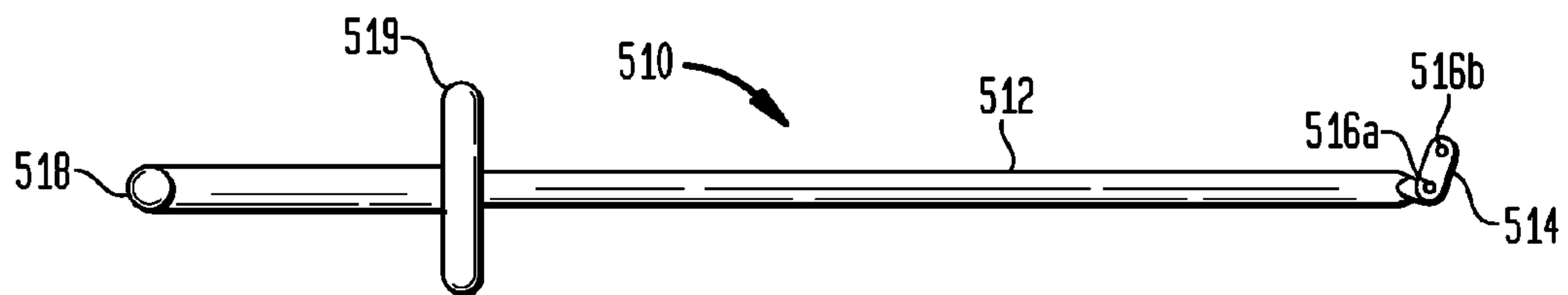


FIG. 88

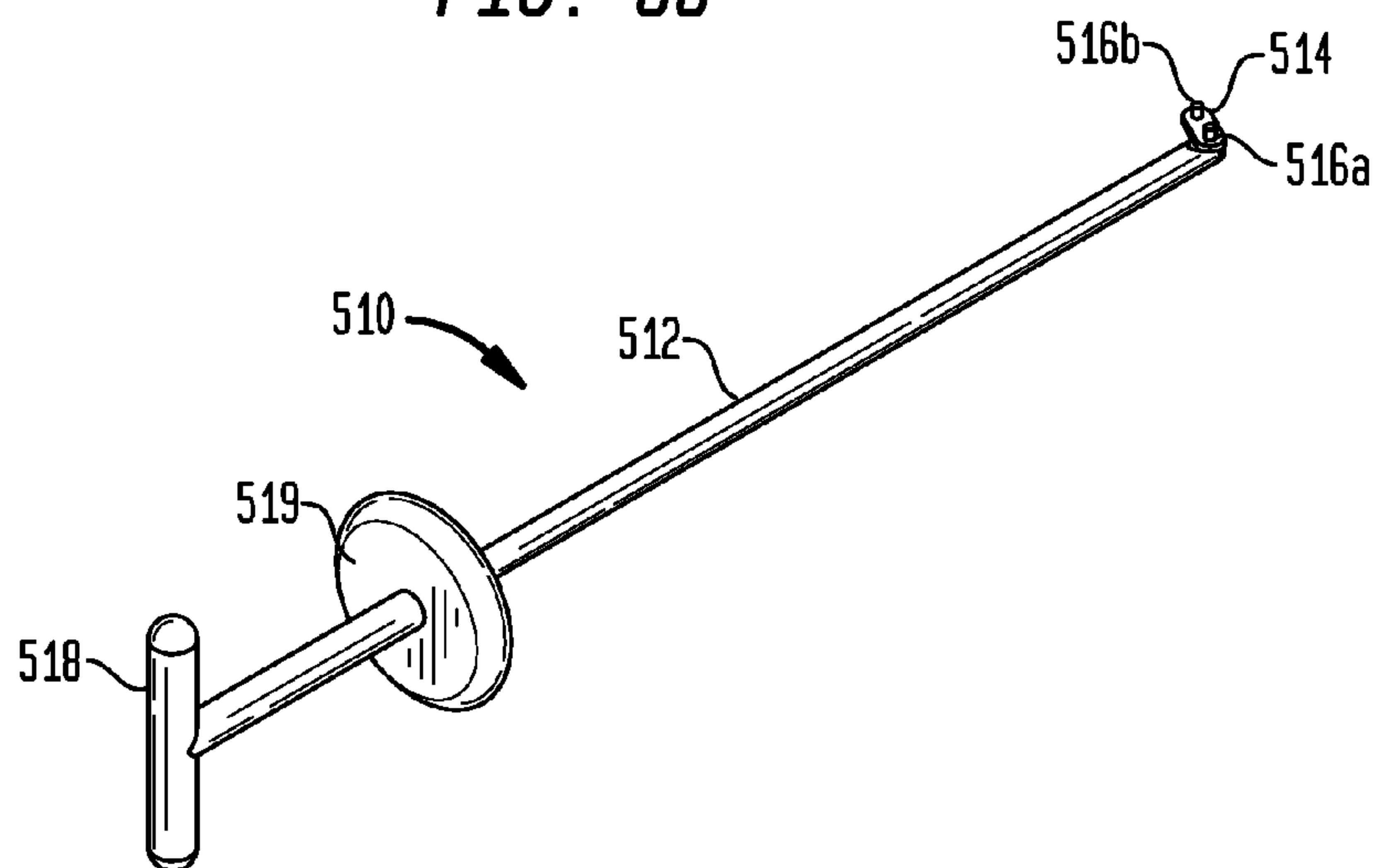




FIG. 89

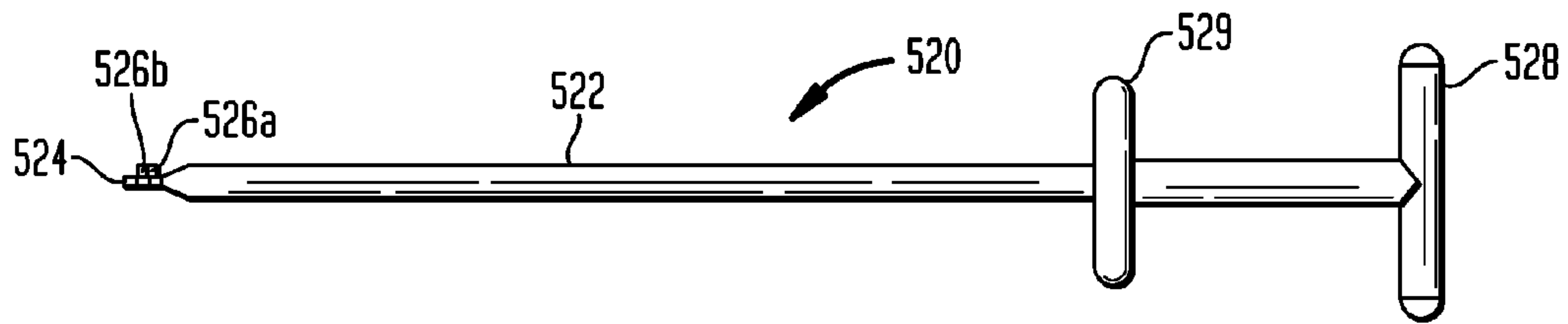


FIG. 90

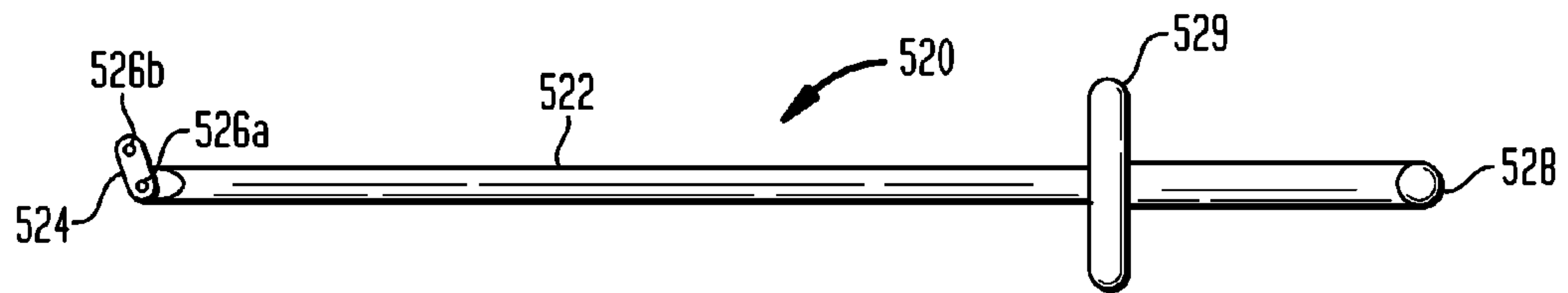


FIG. 91

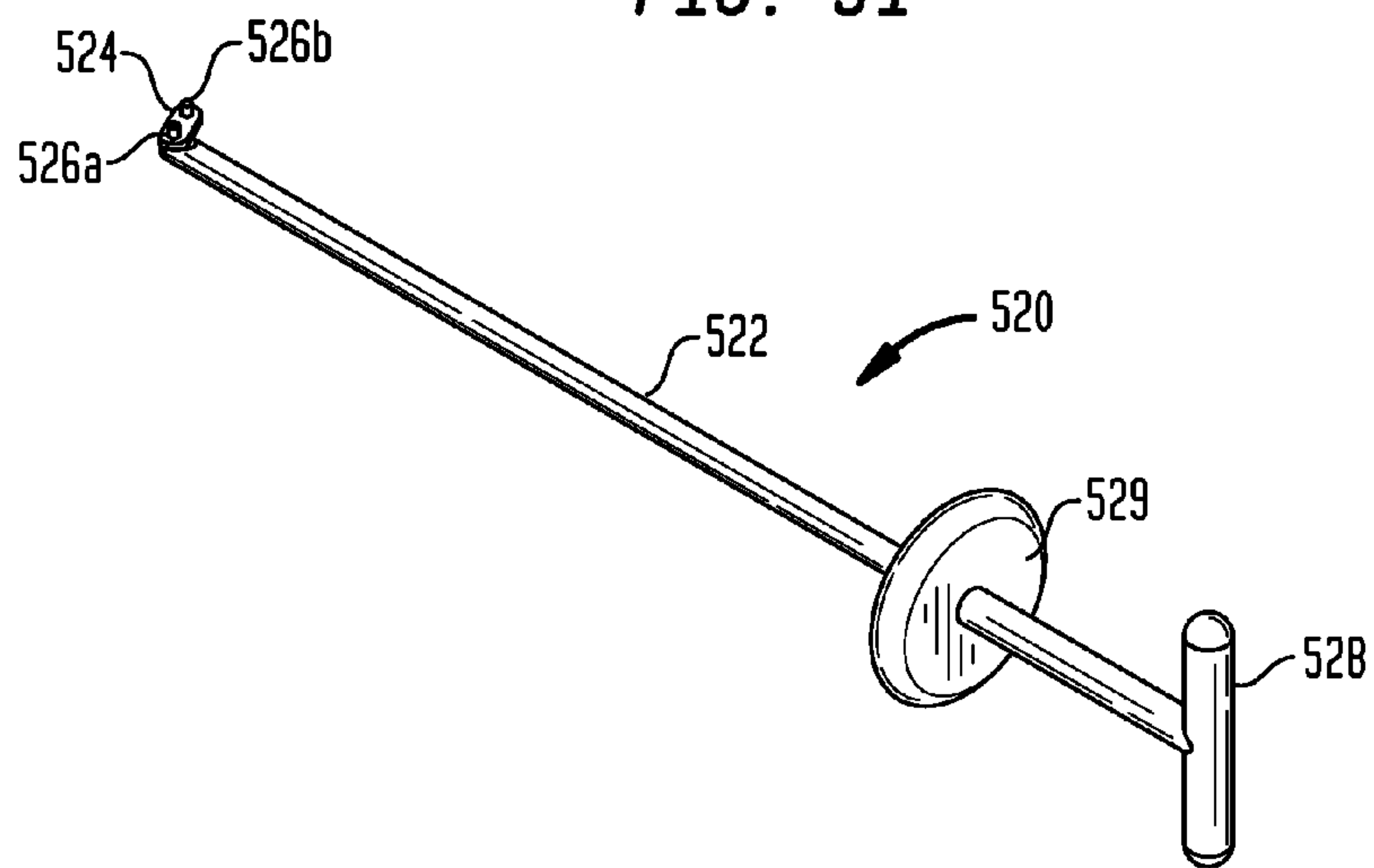


FIG. 92

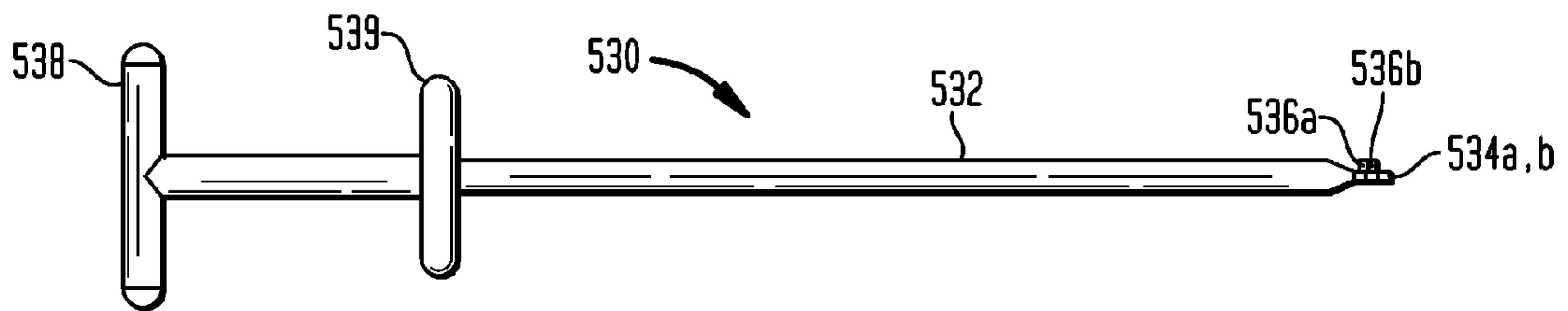


FIG. 93

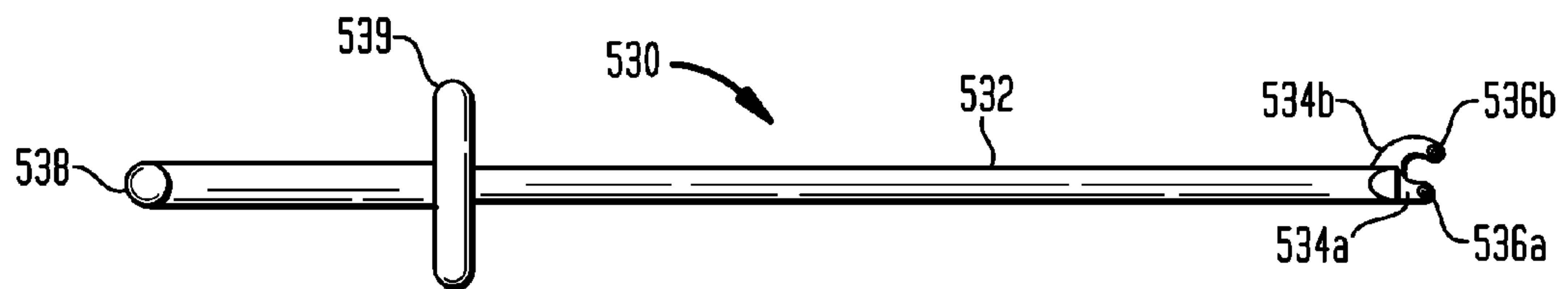


FIG. 94

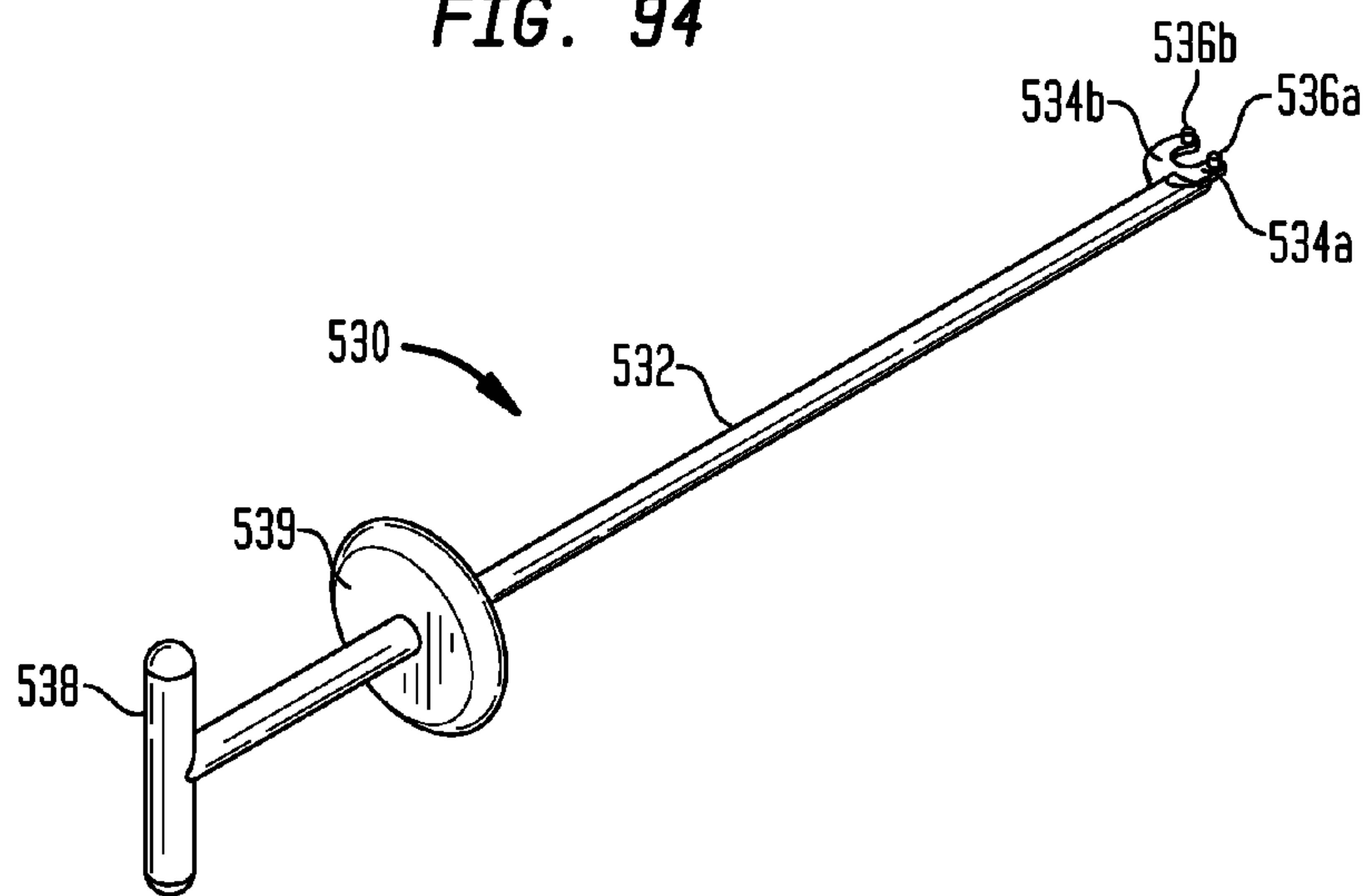


FIG. 95

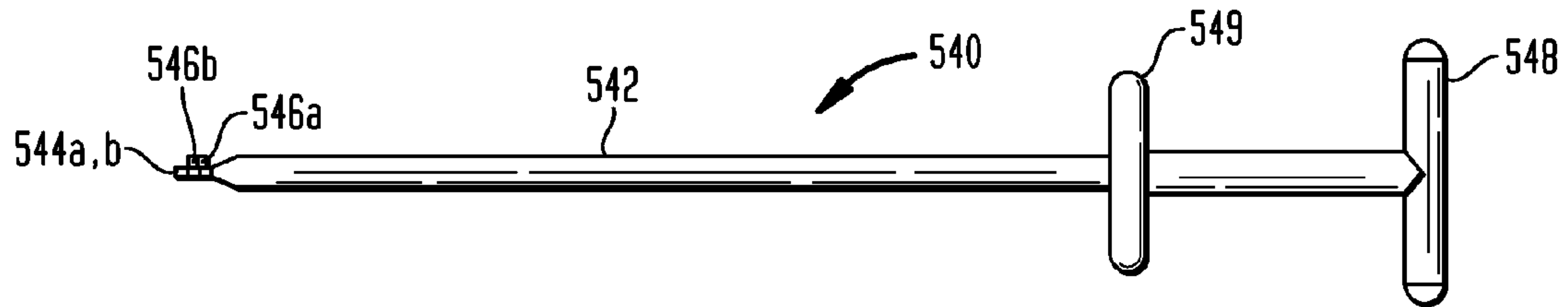


FIG. 96

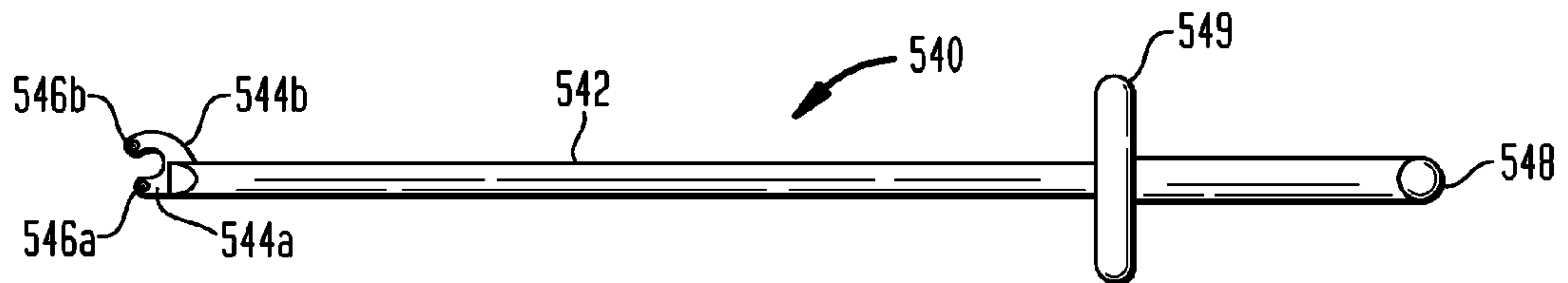
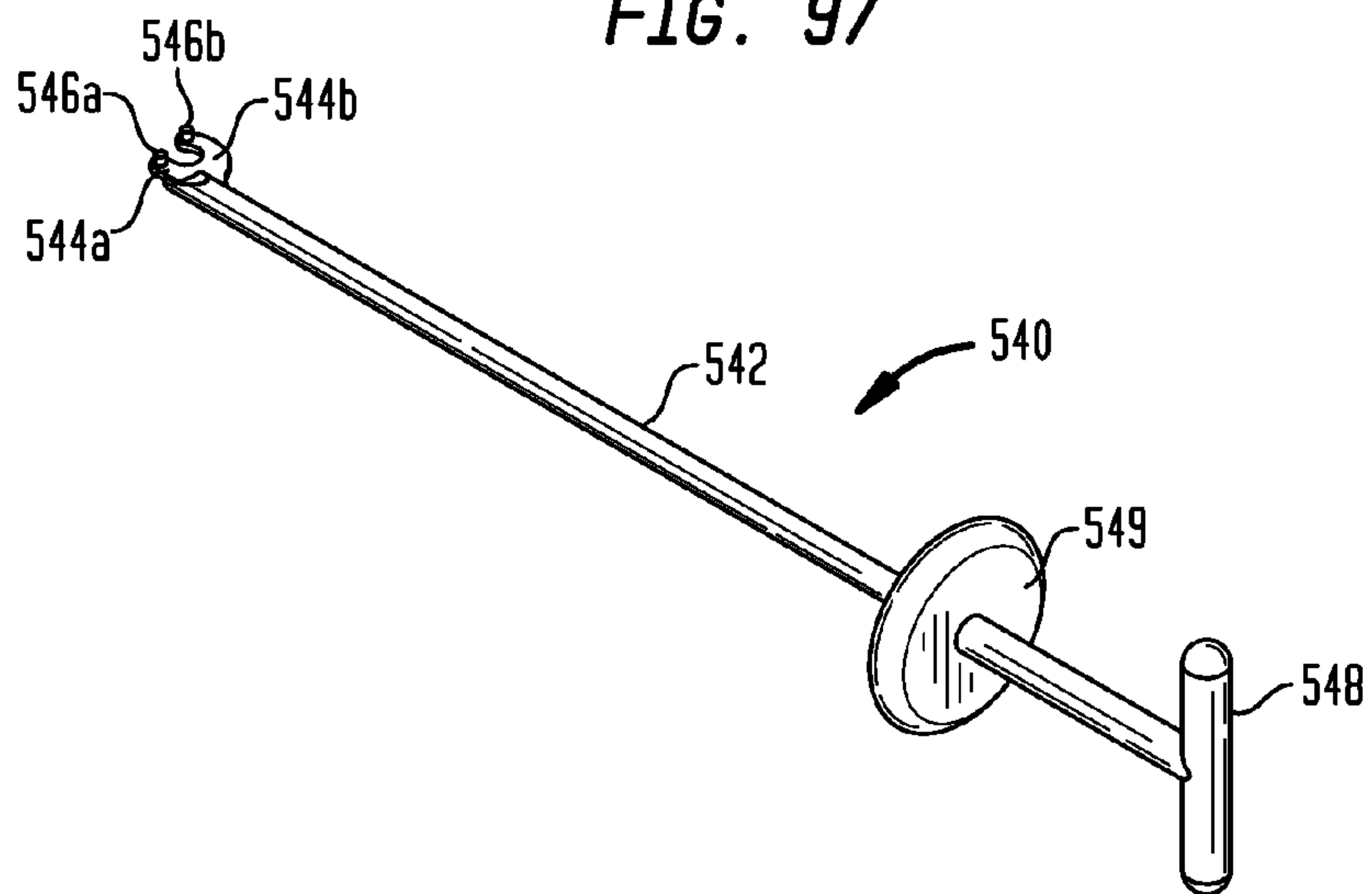
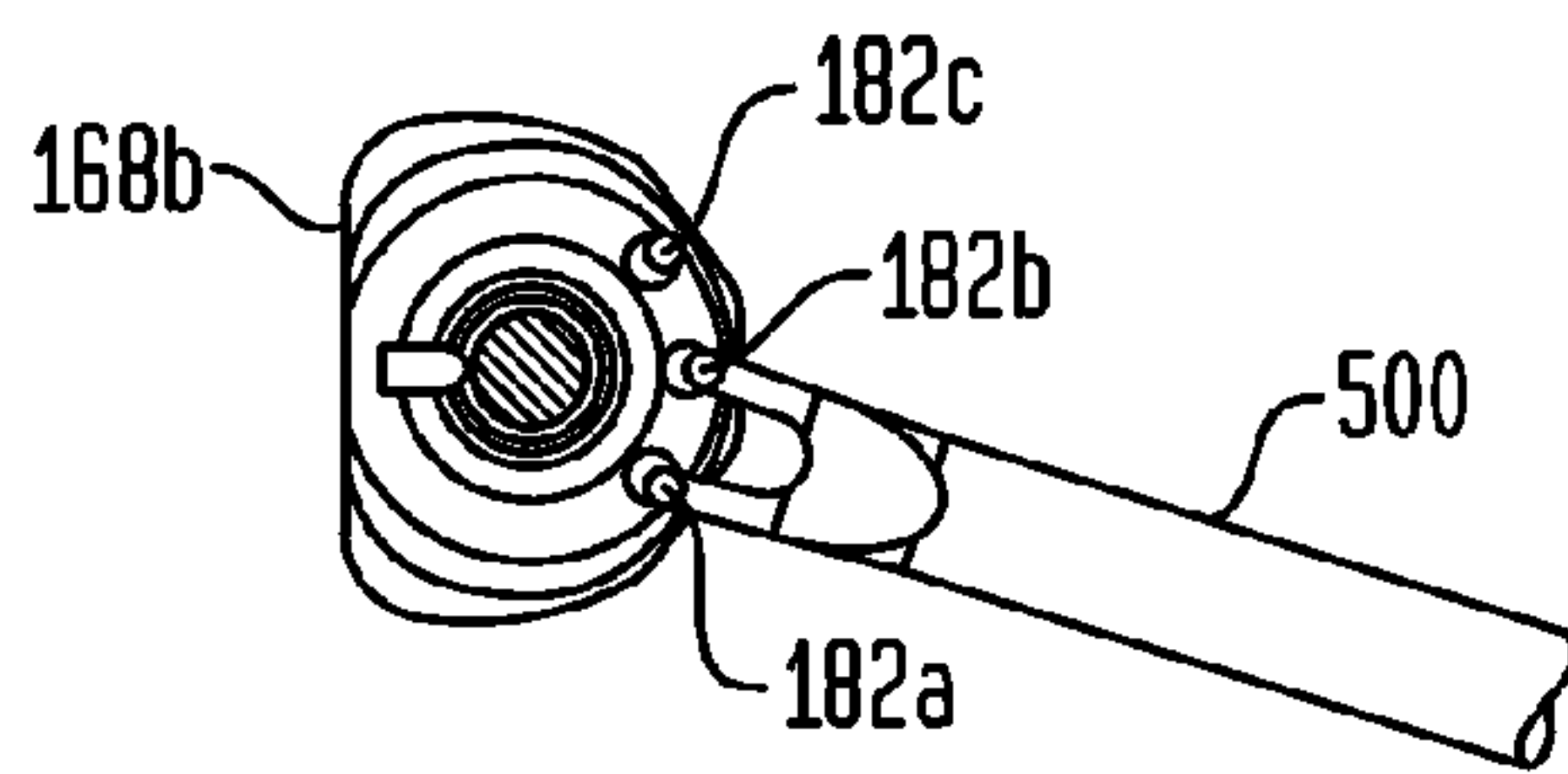


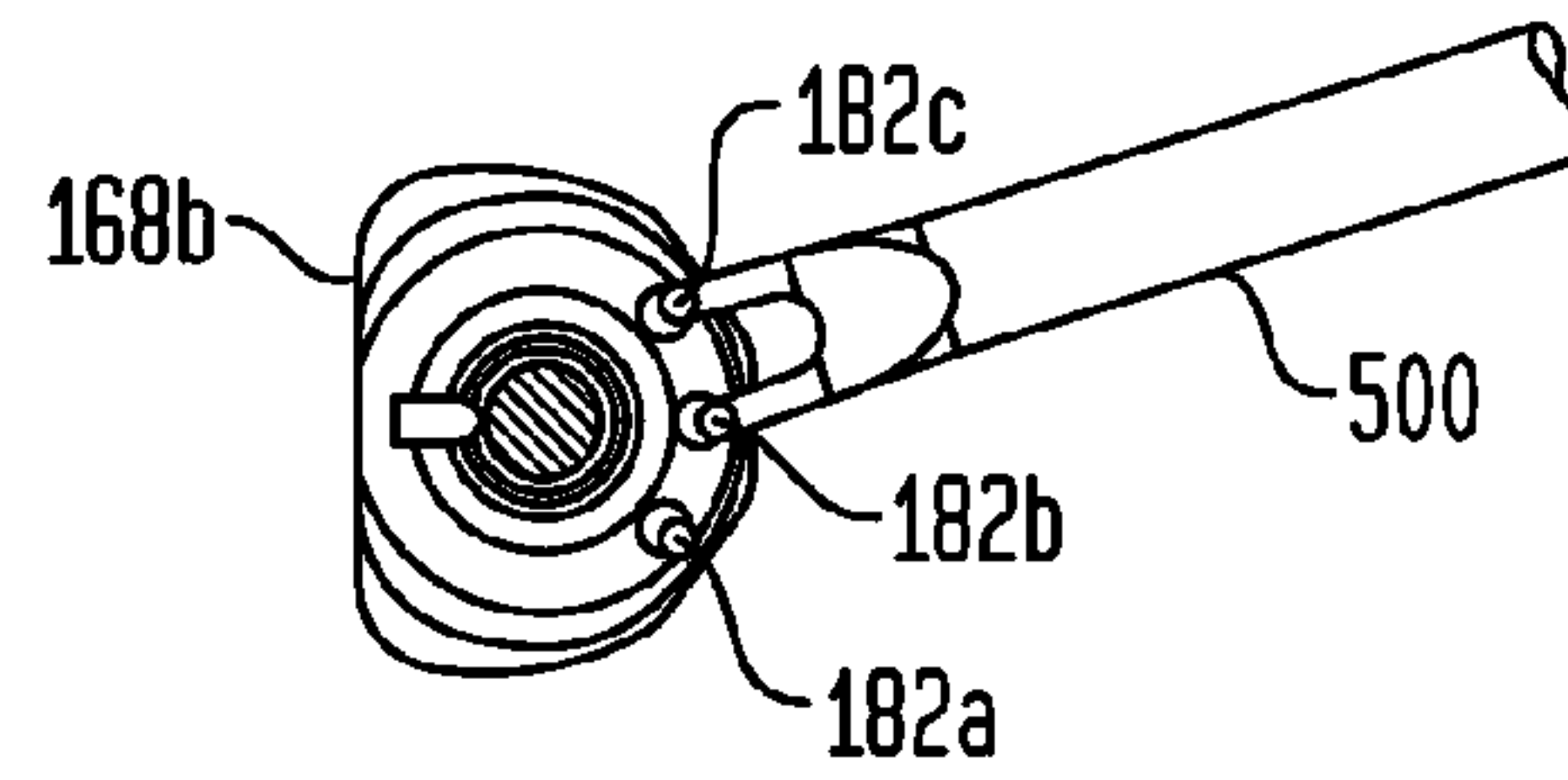
FIG. 97



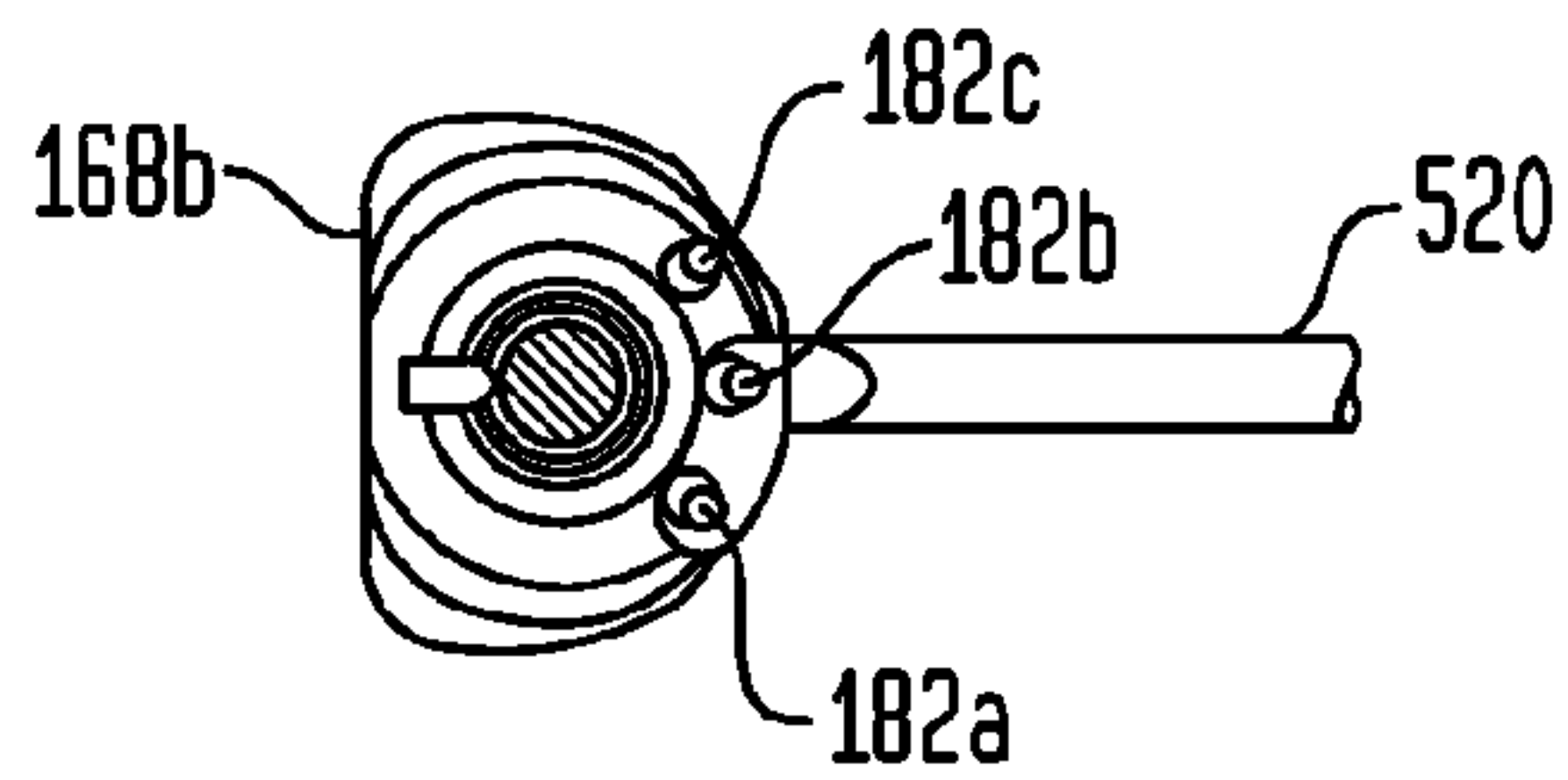
**FIG. 98**



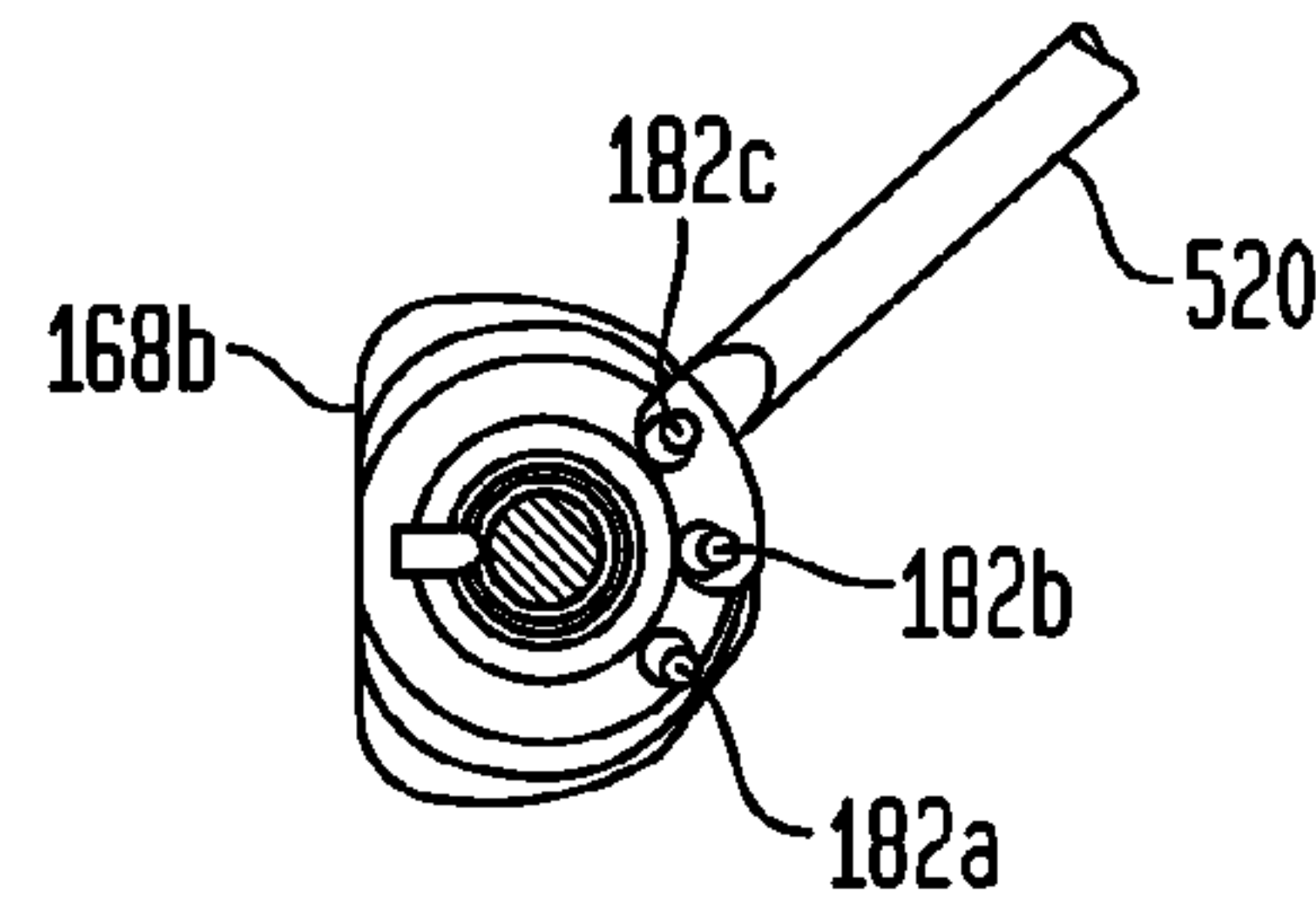
**FIG. 99**



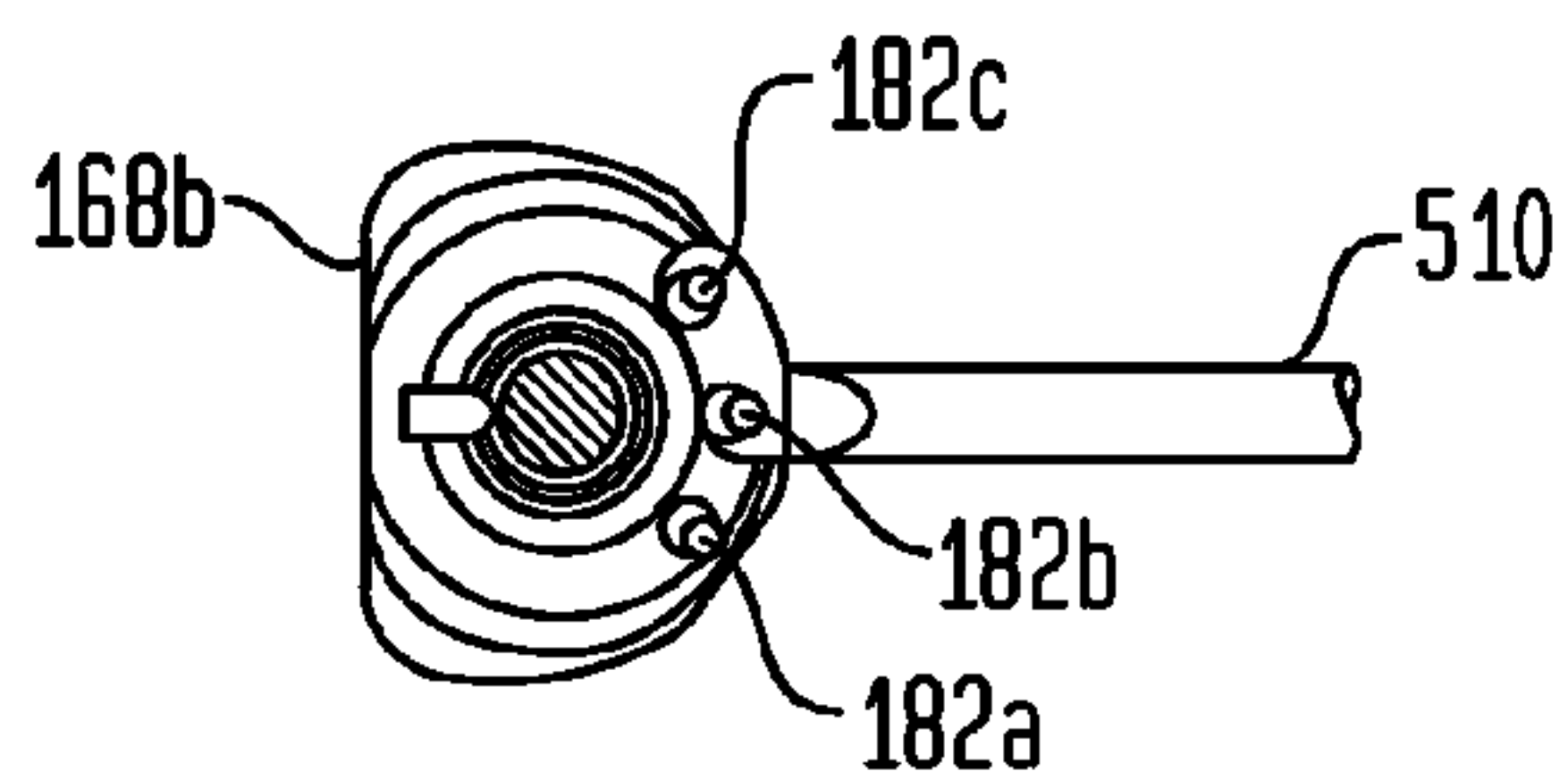
**FIG. 100**



**FIG. 101**



**FIG. 102**



**FIG. 103**

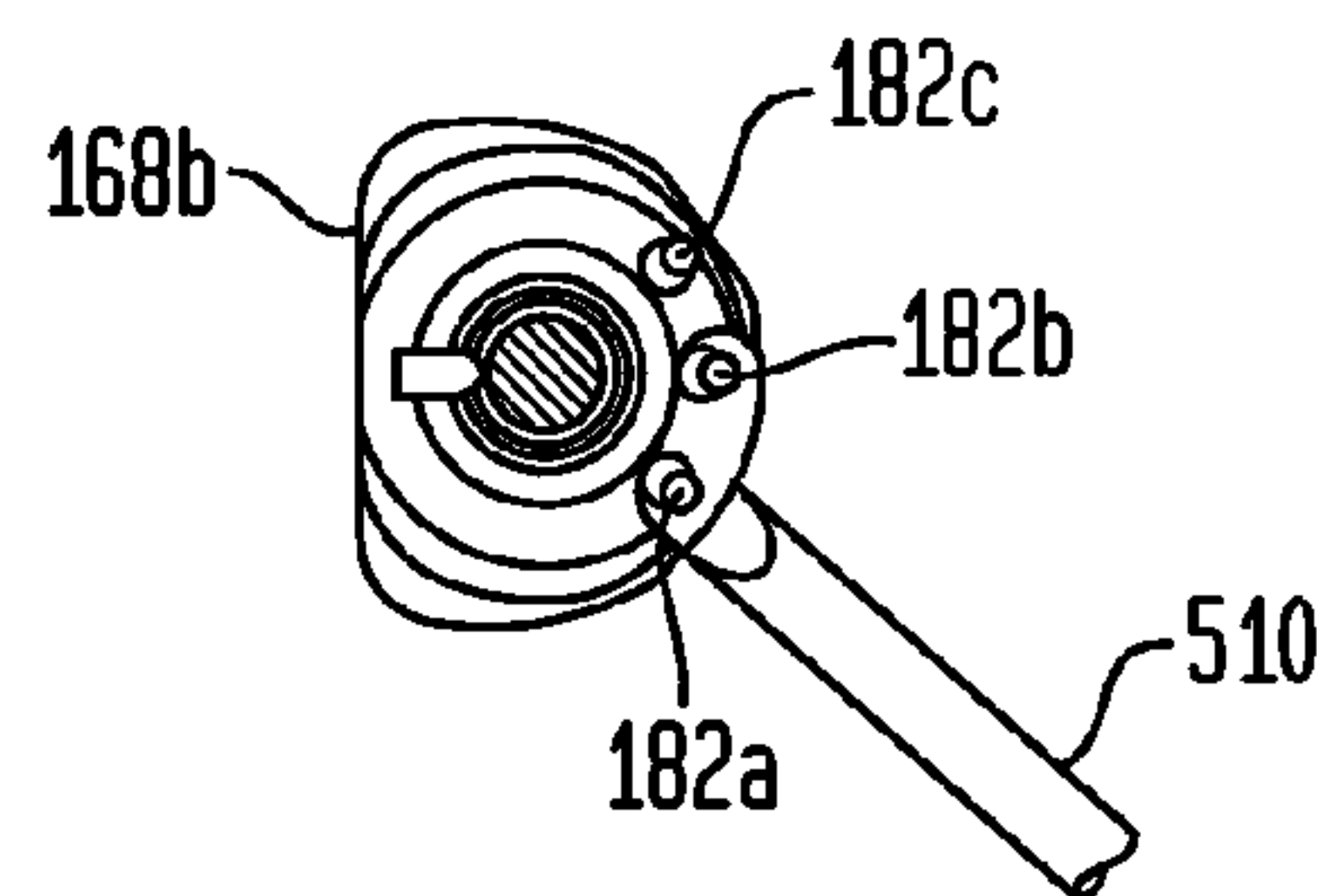




FIG. 104

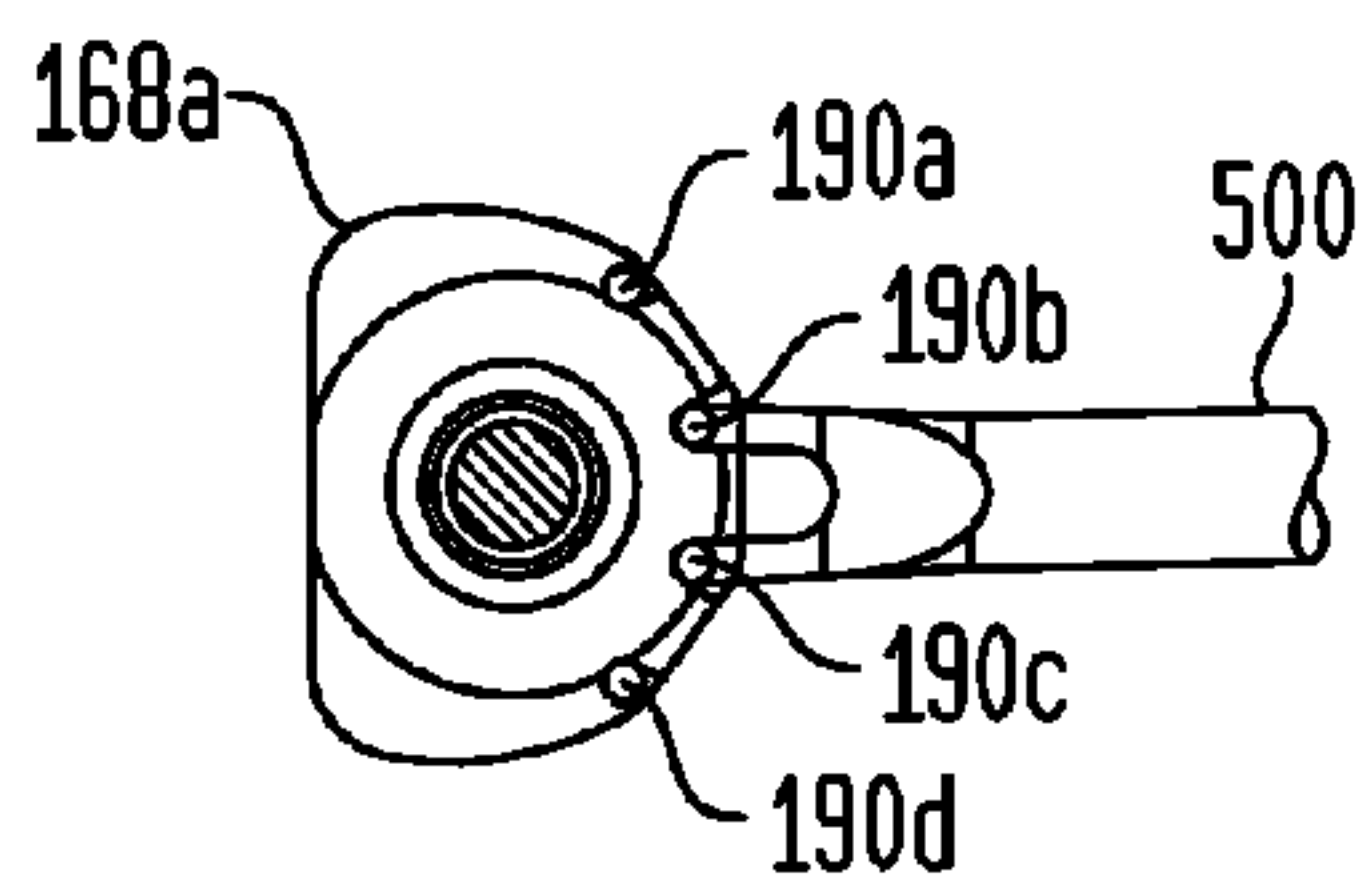


FIG. 105

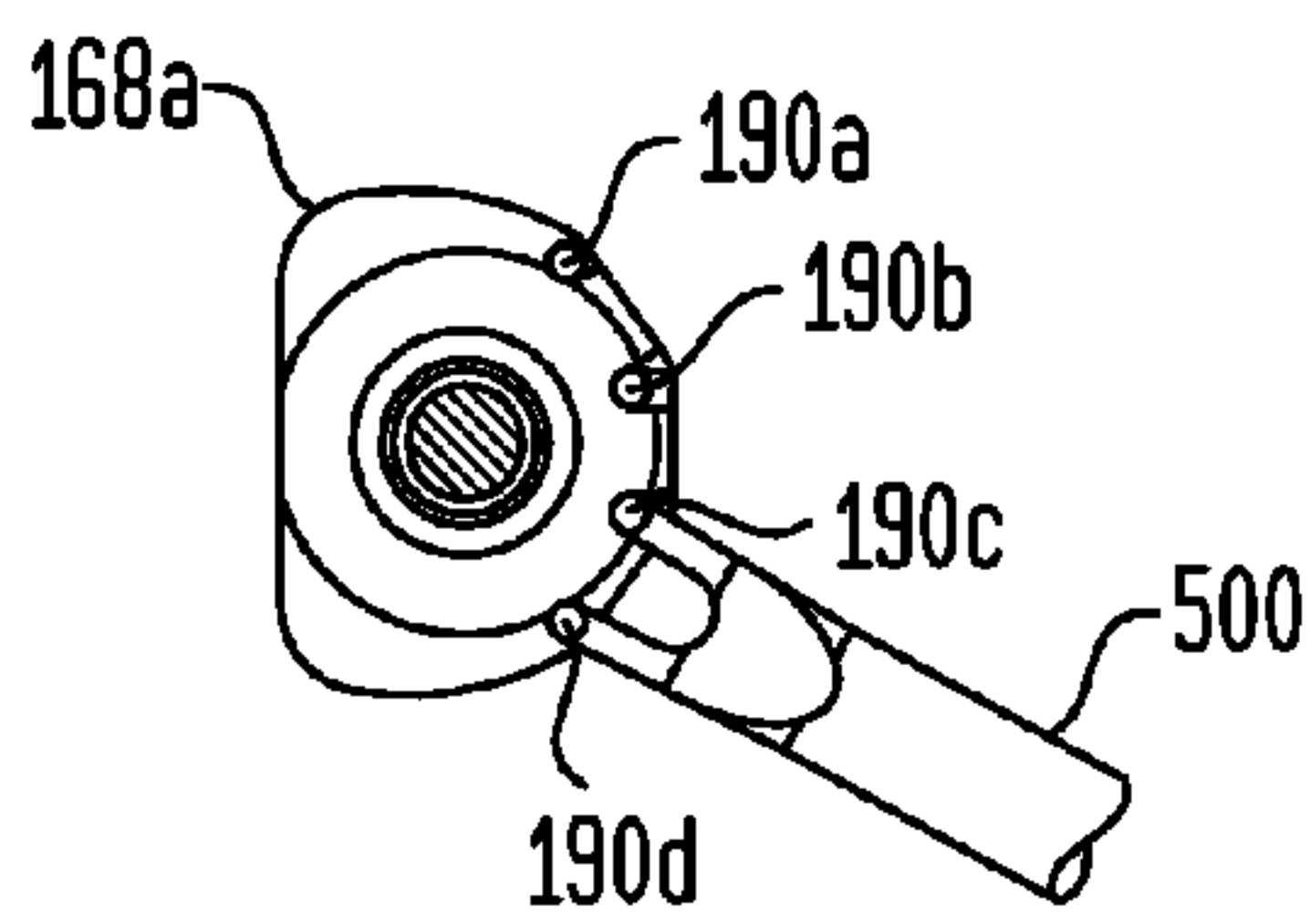


FIG. 106

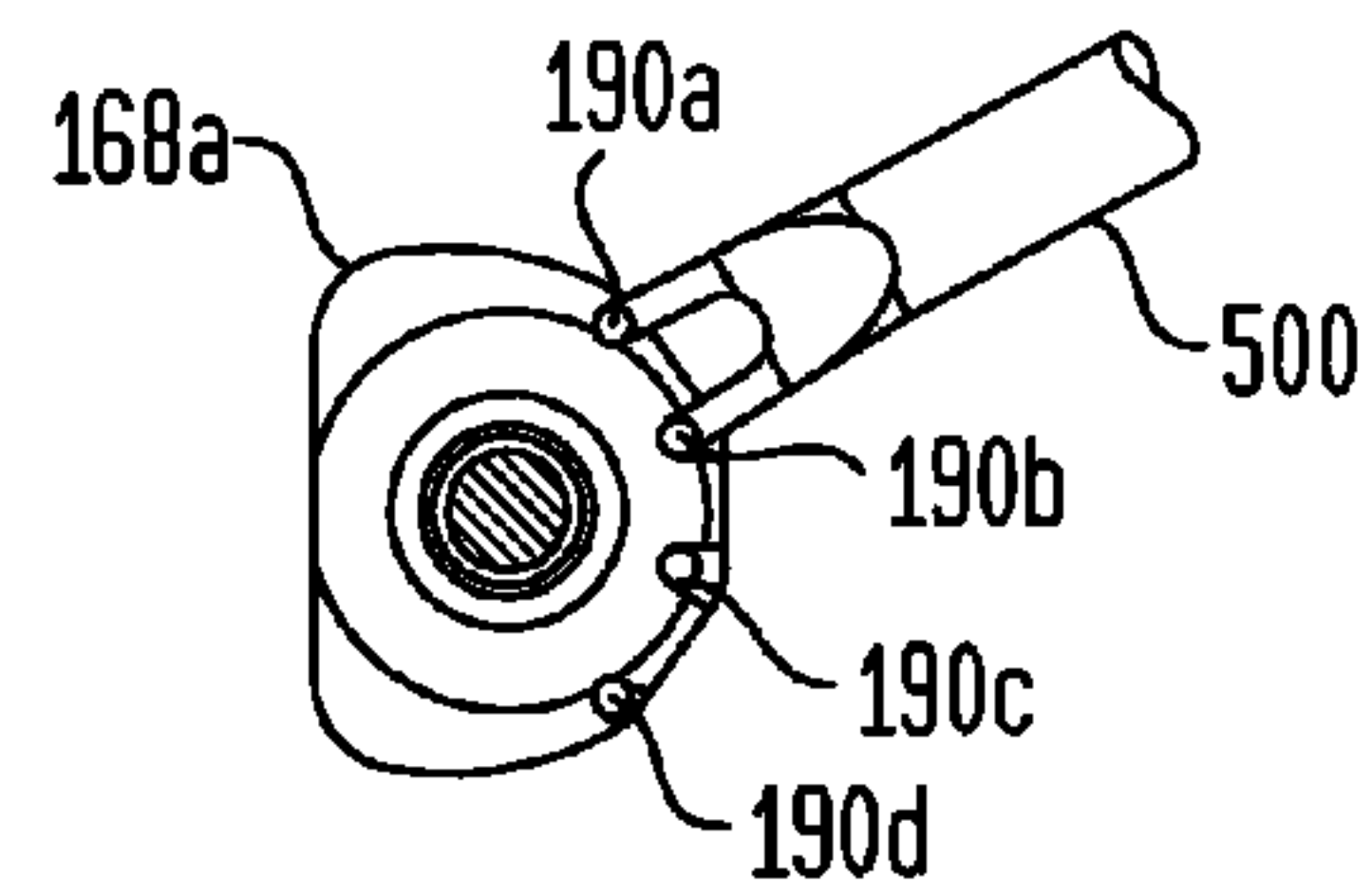


FIG. 107

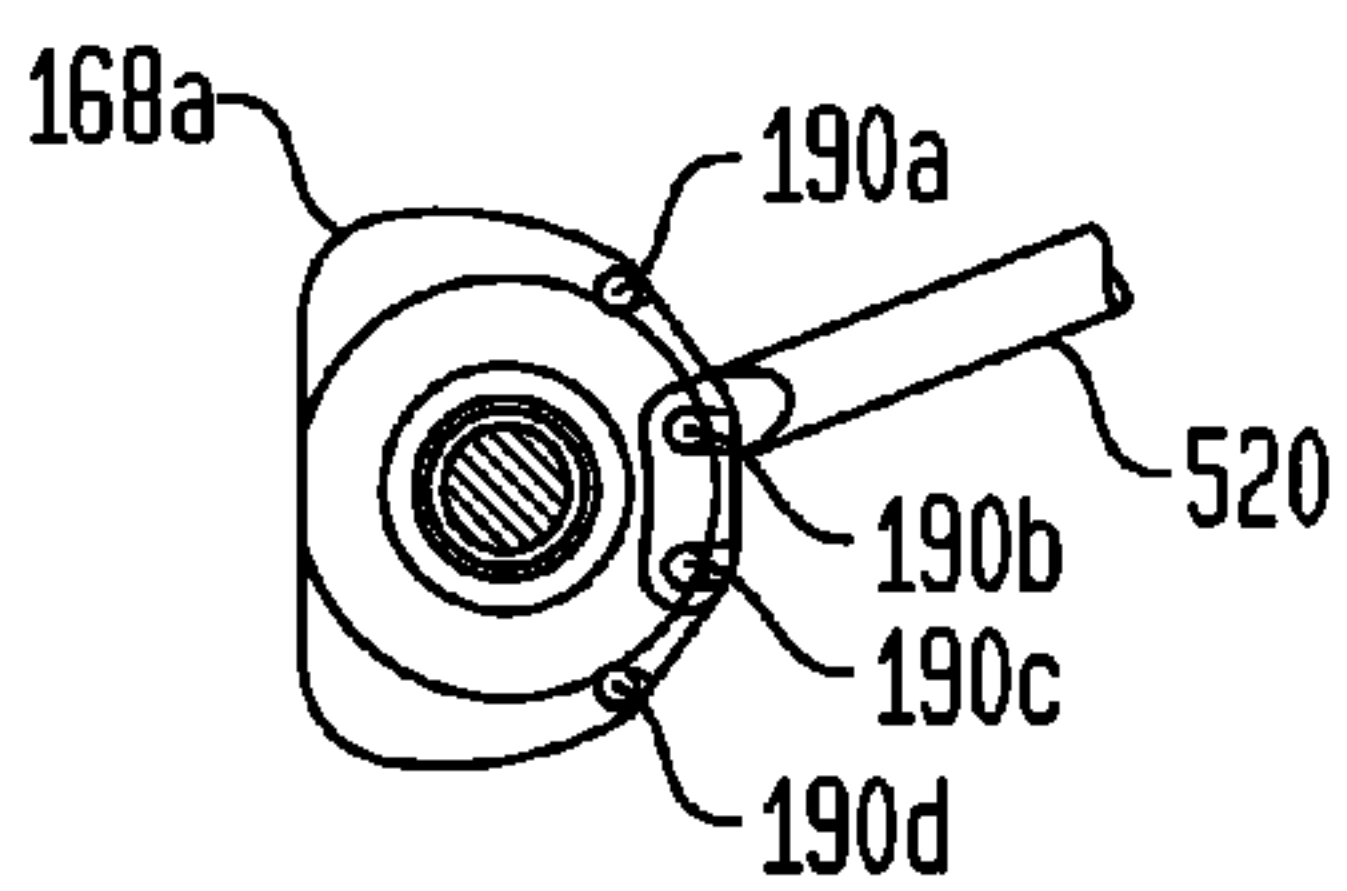


FIG. 108

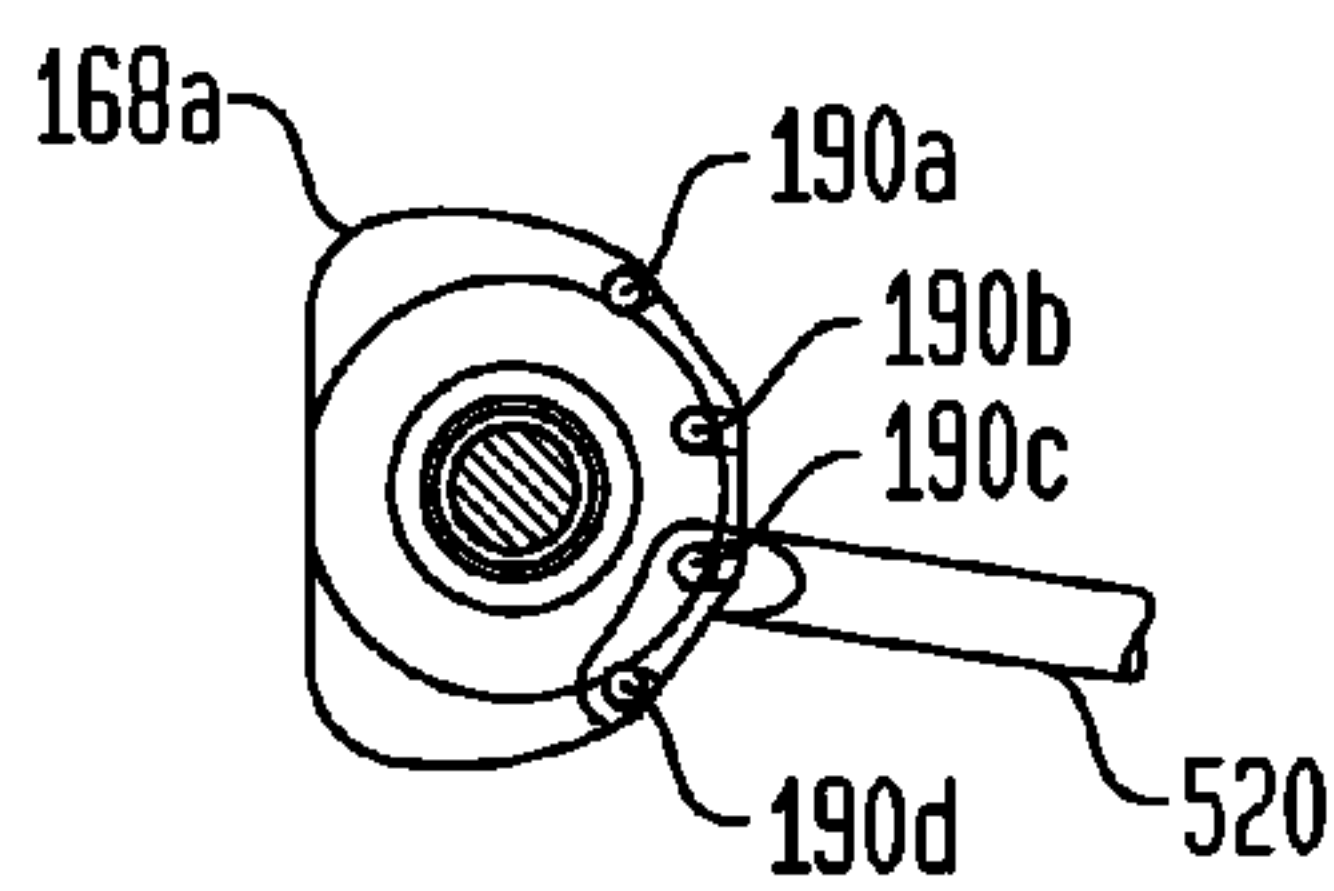


FIG. 109

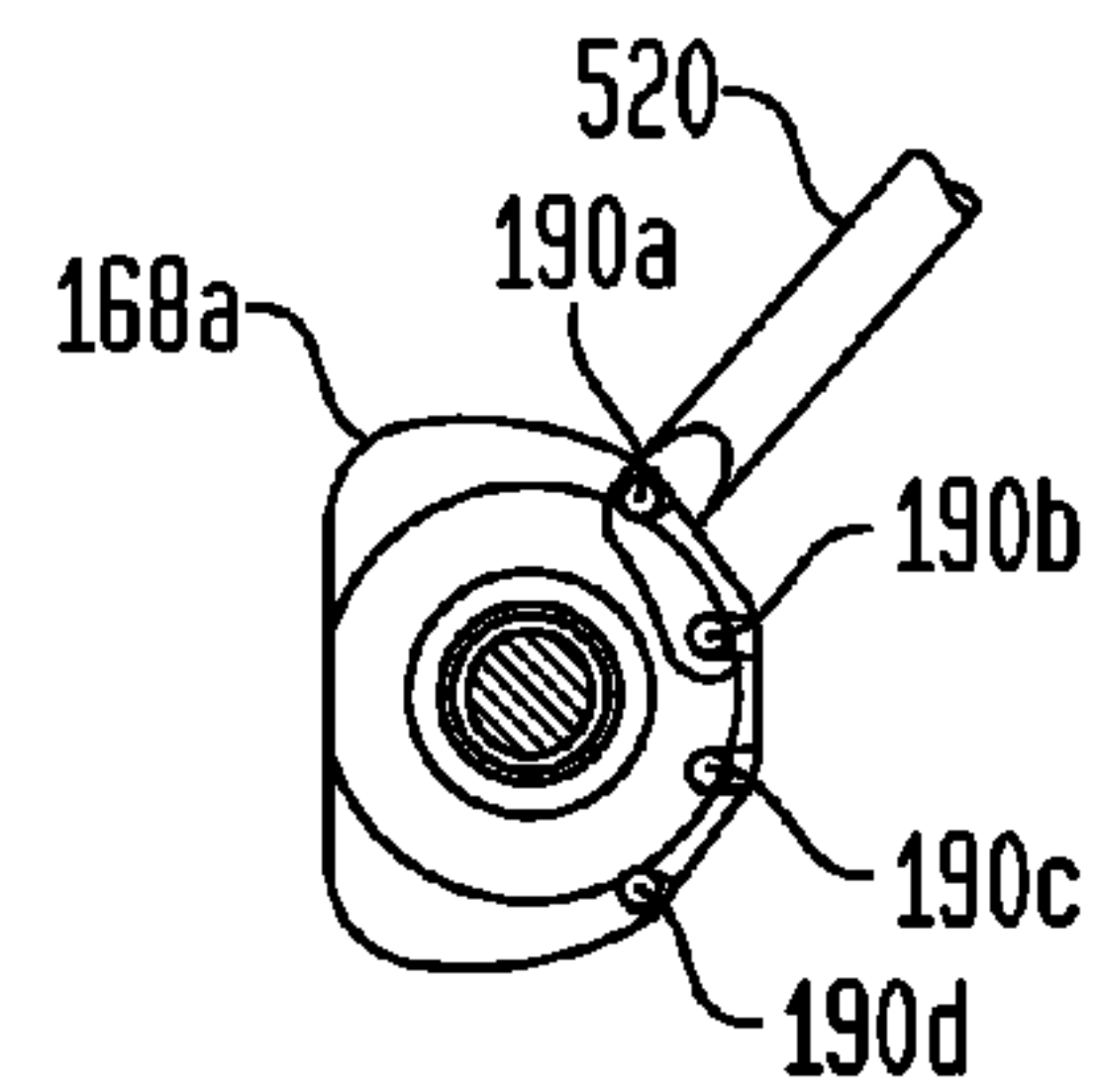


FIG. 110

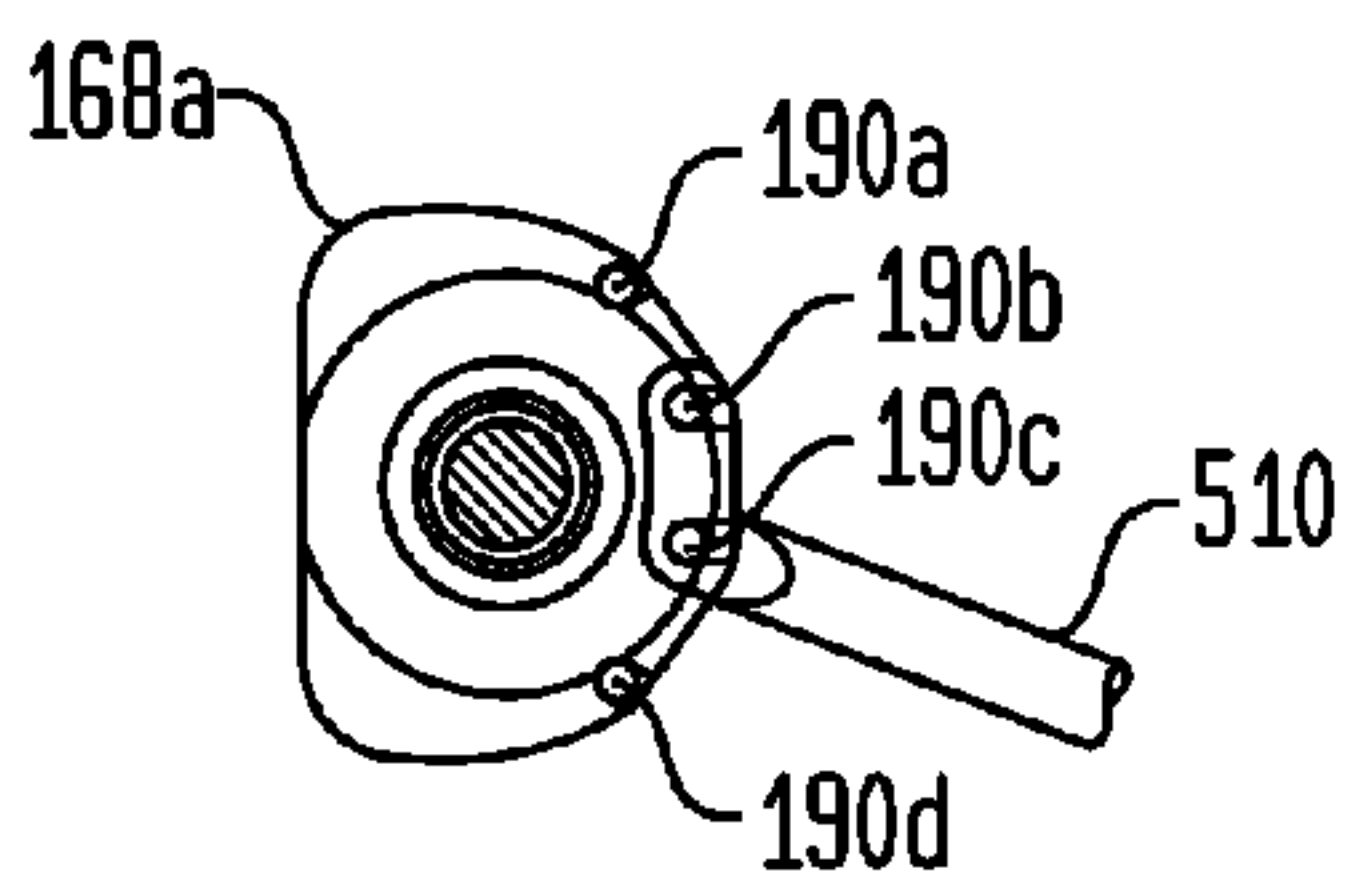


FIG. 111

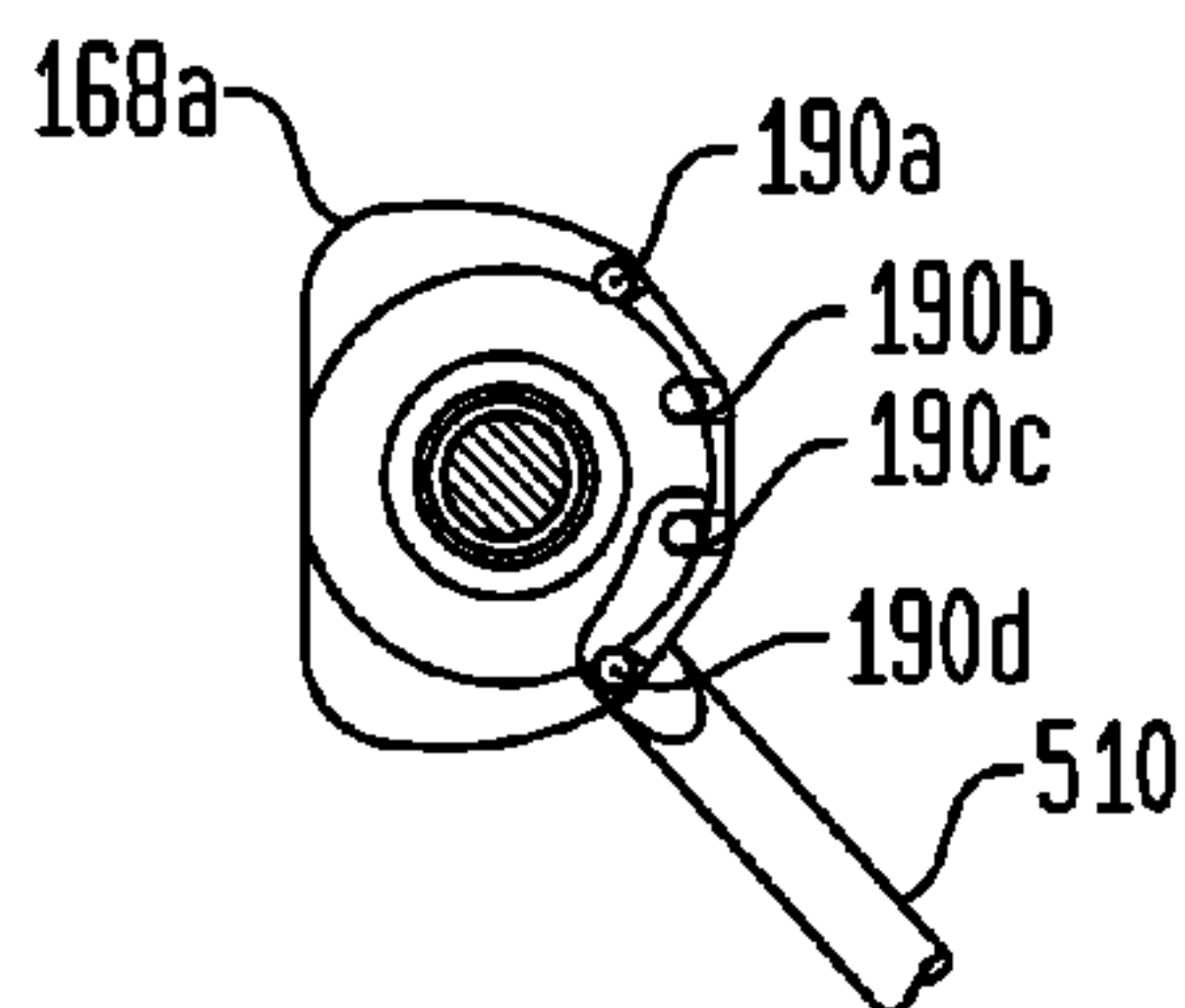


FIG. 112

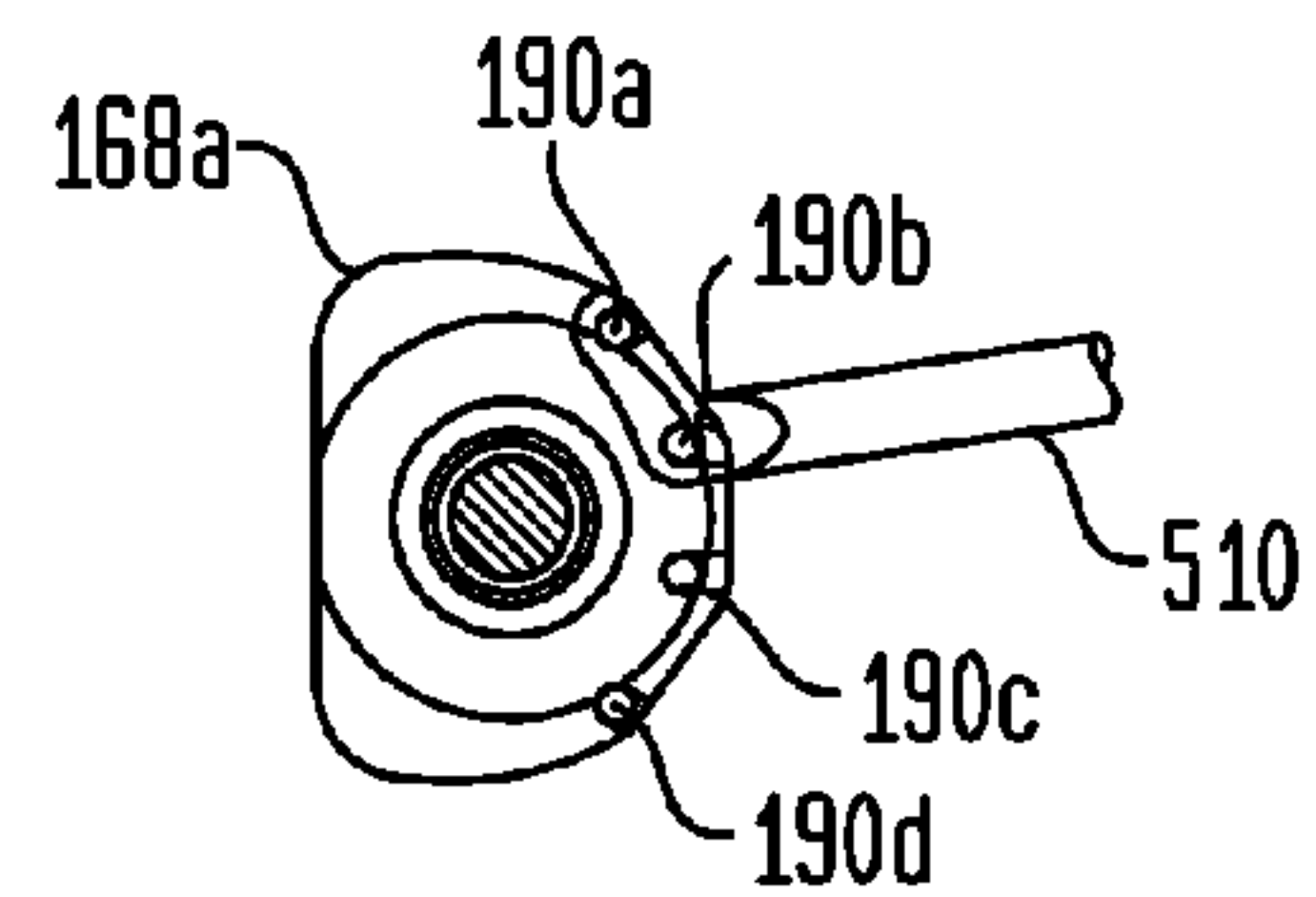


FIG. 113

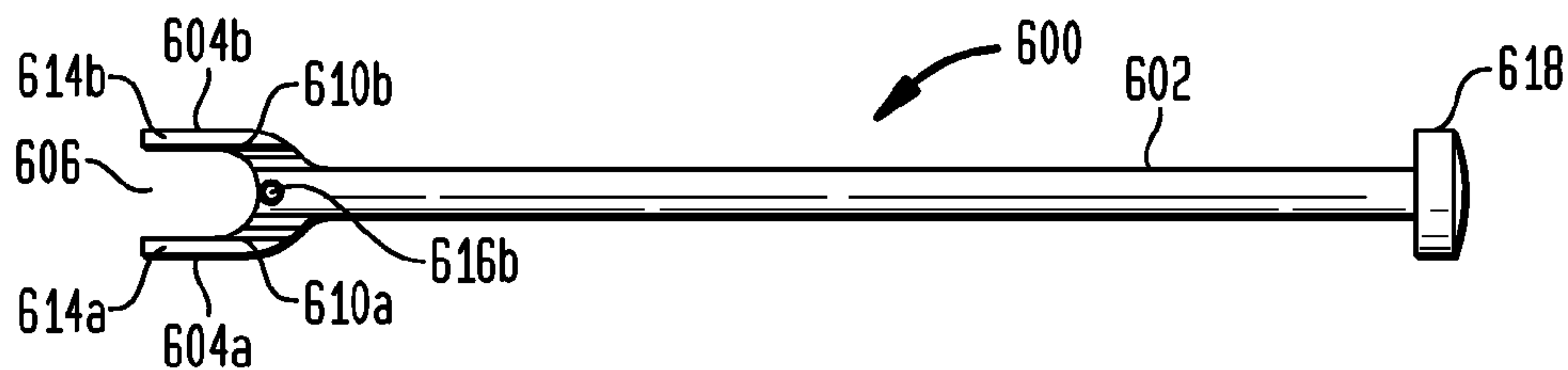


FIG. 114

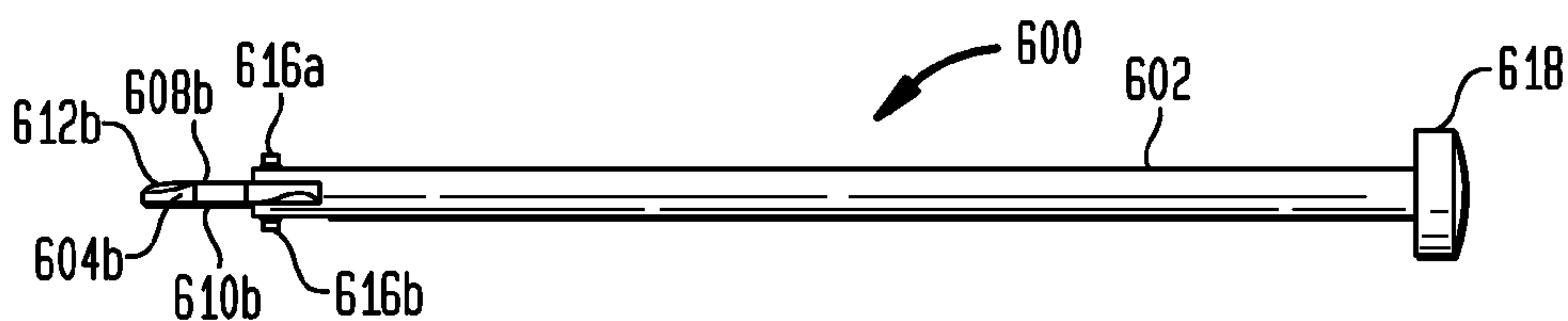


FIG. 115

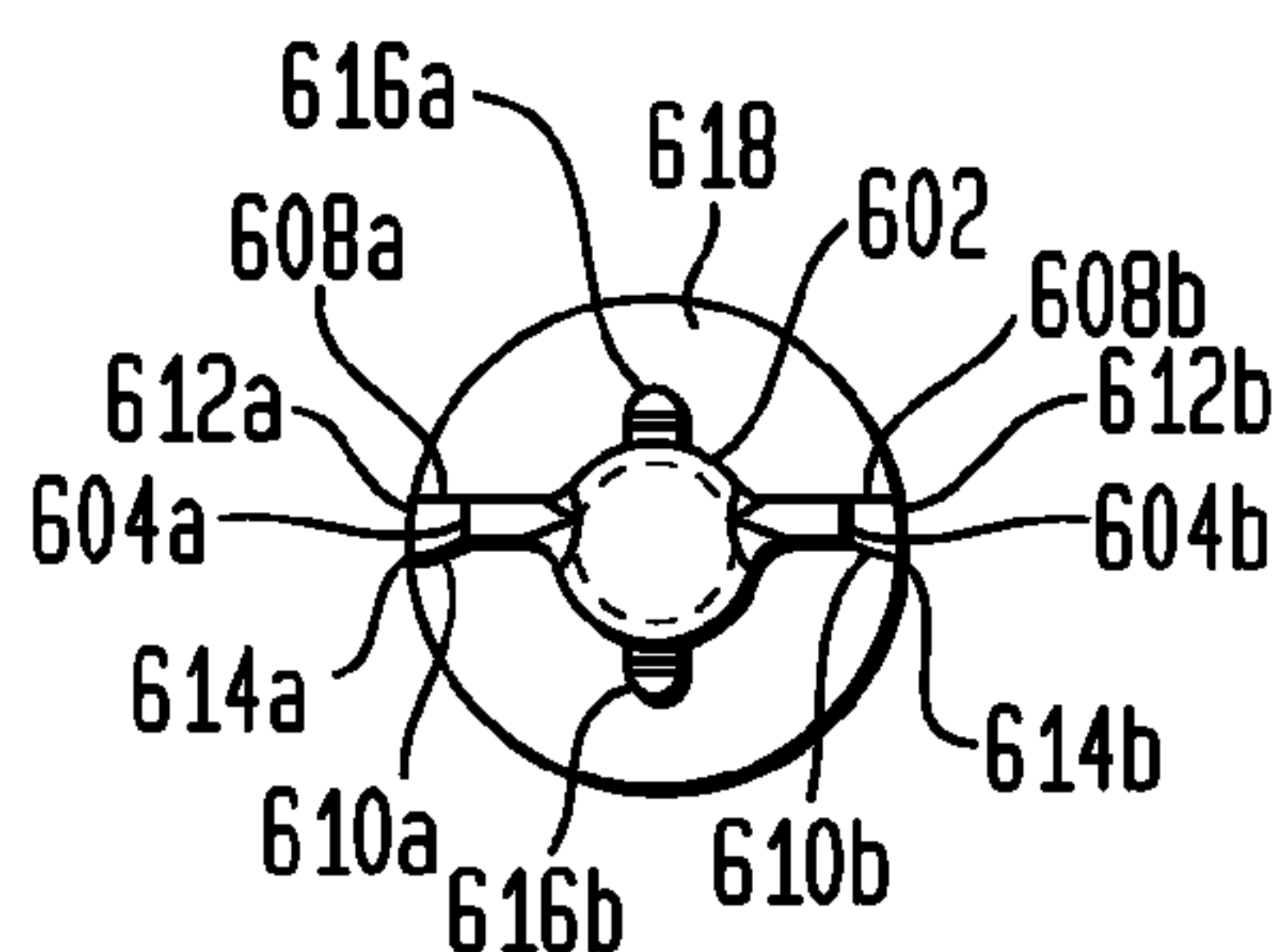


FIG. 116

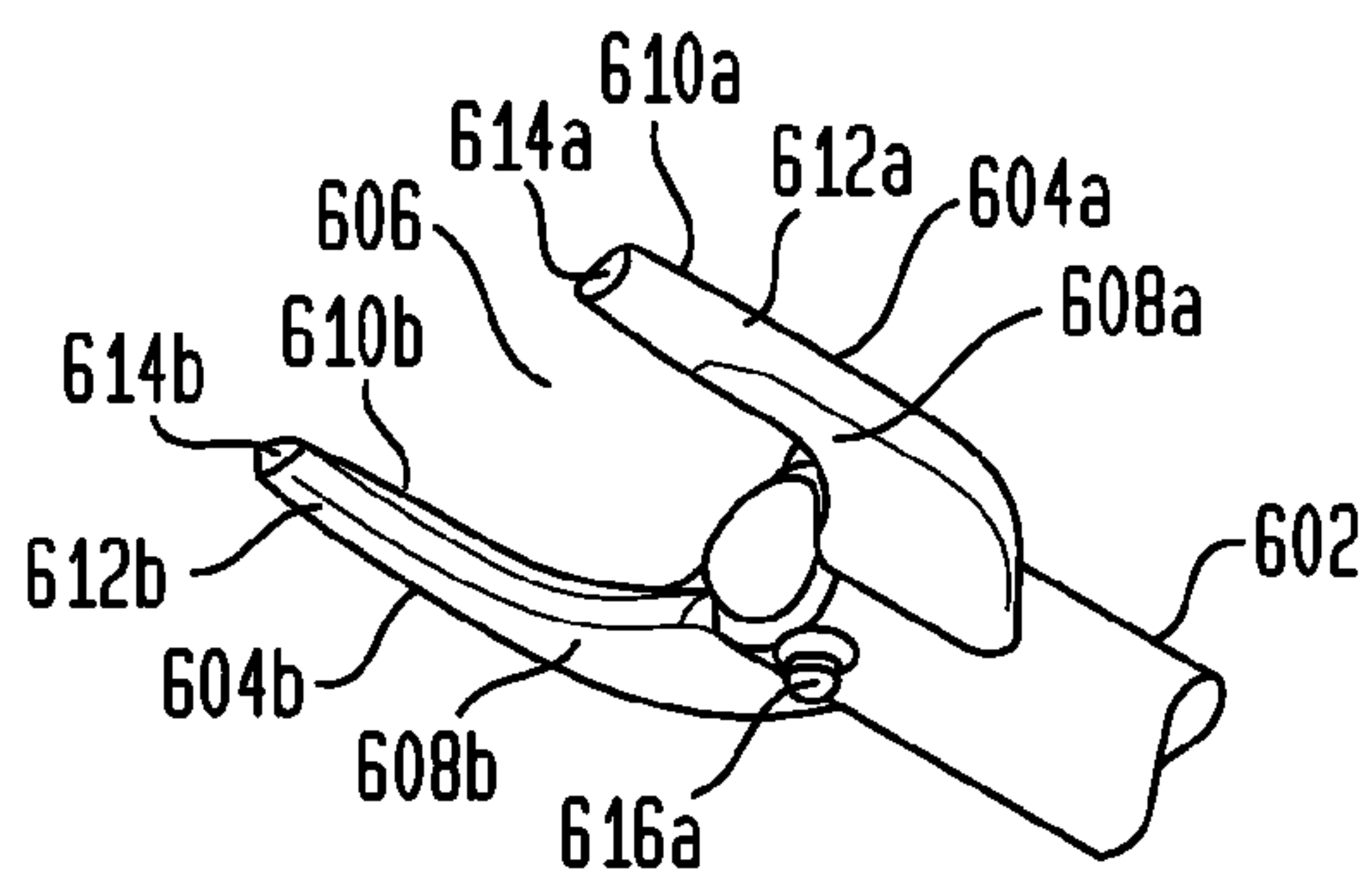
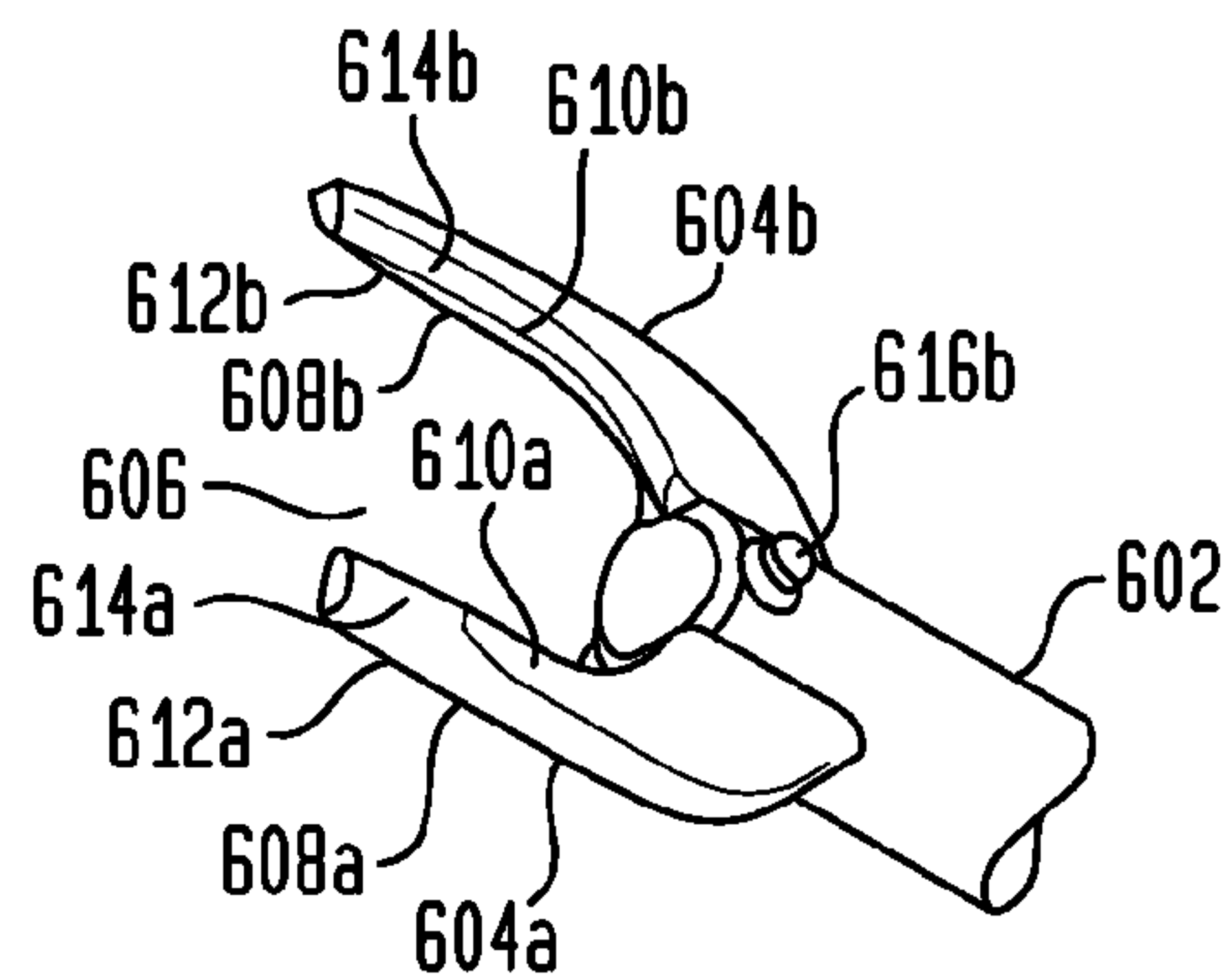


FIG. 117





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**METHOD OF ORIENTING AN  
INTERVERTEBRAL SPACER DEVICE  
HAVING RECESSED NOTCH PAIRS BY  
USING A SURGICAL TOOL**

CROSS-REFERENCE TO RELATED  
APPLICATIONS

The present application is a continuation of U.S. patent application Ser. No. 12/321,562, filed Jan. 22, 2009, which is a continuation of U.S. patent application Ser. No. 11/716,360, filed Mar. 9, 2007, (“the ’360 application”), which is a continuation application of U.S. patent application Ser. No. 10/663,492, filed Sep. 16, 2003, now U.S. Pat. No. 7,223,291 (“the ’291 patent”), which is a continuation-in-part of U.S. patent application Ser. No. 10/282,356, filed Oct. 29, 2002, now U.S. Pat. No. 7,169,182 (“the ’182 patent”) and a continuation-in-part of U.S. patent application Ser. No. 10/309,585, filed Dec. 4, 2002, now U.S. Pat. No. 7,115,132 (“the ’132 patent”) and a continuation-in-part of U.S. patent application Ser. No. 10/425,267, filed Apr. 29, 2003, now U.S. Pat. No. 7,235,081 (“the ’081 patent”), which is a continuation-in-part of the ’182 patent. The ’182 patent is a continuation-in-part of U.S. patent application Ser. No. 10/256,160, filed Sep. 26, 2002, now U.S. Pat. No. 6,989,032 (“the ’032 patent”), which is a continuation-in-part of U.S. patent application Ser. No. 10/175,417, filed Jun. 19, 2002, now U.S. Pat. No. 7,563,285 (“the ’285 patent”), which is a continuation-in-part of U.S. patent application Ser. No. 10/151,280, filed May 20, 2002, now U.S. Pat. No. 7,604,664 (“the ’664 patent”), which is a continuation-in-part of U.S. patent application Ser. No. 09/970,479, filed Oct. 4, 2001, now U.S. Pat. No. 6,669,730 (“the ’730 patent”), and a continuation-in-part of U.S. patent application Ser. No. 10/140,153, filed May 7, 2002, (“the ’153 application”), now abandoned. The ’132 patent (detailed above) is a continuation-in-part of the ’182 patent, and the ’730 patent is a continuation-in-part of U.S. patent application Ser. No. 09/968,046, filed Oct. 1, 2001, (“the ’046 application”), now abandoned, and the ’153 application is a continuation-in-part of the ’730 patent (detailed above) as well as U.S. patent application Ser. No. 10/128,619, filed Apr. 23, 2002, now U.S. Pat. No. 6,863,689 (“the ’689 patent”), which is a continuation-in-part of both U.S. patent application Ser. No. 09/906,119, filed Jul. 16, 2001, now U.S. Pat. No. 6,607,559 (“the ’559 patent”), as well as U.S. patent application Ser. No. 09/982,148, filed Oct. 18, 2001, now U.S. Pat. No. 6,673,113 (“the ’113 patent”). All of the above mentioned applications are hereby incorporated by reference herein in their respective entireties.

FIELD OF THE INVENTION

This invention relates generally to systems and methods for use in spine arthroplasty, and more specifically to instruments for distracting an intervertebral space, inserting and removing artificial intervertebral discs, and inserting, impacting, repositioning, leveling and extracting artificial intervertebral discs, and methods of use thereof, and also more specifically to intervertebral spacer devices and artificial intervertebral discs having features rendering them suitable for manipulation thereby.

BACKGROUND OF THE INVENTION

The bones and connective tissue of an adult human spinal column consists of more than twenty discrete bones coupled

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sequentially to one another by a tri-joint complex that consists of an anterior disc and the two posterior facet joints, the anterior discs of adjacent bones being cushioned by cartilage spacers referred to as intervertebral discs. These more than twenty bones are anatomically categorized as being members of one of four classifications: cervical, thoracic, lumbar, or sacral. The cervical portion of the spine, which comprises the top of the spine, up to the base of the skull, includes the first seven vertebrae. The intermediate twelve bones are the thoracic vertebrae, and connect to the lower spine comprising the five lumbar vertebrae. The base of the spine is the sacral bones (including the coccyx). The component bones of the cervical spine are generally smaller than those of the thoracic spine, which are in turn smaller than those of the lumbar region. The sacral region connects laterally to the pelvis. While the sacral region is an integral part of the spine, for the purposes of fusion surgeries and for this disclosure, the word spine shall refer only to the cervical, thoracic, and lumbar regions.

The spinal column is highly complex in that it includes these more than twenty bones coupled to one another, housing and protecting critical elements of the nervous system having innumerable peripheral nerves and circulatory bodies in close proximity. In spite of these complications, the spine is a highly flexible structure, capable of a high degree of curvature and twist in nearly every direction.

Genetic or developmental irregularities, trauma, chronic stress, tumors, and degenerative wear are a few of the causes that can result in spinal pathologies for which surgical intervention may be necessary. With respect to the failure of the intervertebral disc, and the insertion of implants and/or height restorative devices, several methods and devices have been disclosed in the prior art that achieve immobilization and/or fusion of adjacent bones by implanting artificial assemblies in or on the spinal column. More recently, the development of non-fusion implant devices, which purport to permit continued natural movement in the tri-joint complex, have provided great promise as a preferably alternative to fusion devices. The region of the back that needs to be corrected, as well as the individual variations in anatomy, determine the appropriate surgical protocol and implantation assembly. Generally, the preparation of the intervertebral space for the receipt of fusion or non-fusion devices involves removing the damaged disc material and thereafter distracting the adjacent vertebral bones to their appropriate distance apart. Once the proper height of the intervertebral space is restored, the fusion or non-fusion device can be implanted.

It is an object of the invention to provide artificial intervertebral disc and intervertebral spacer device features, as well as instrumentation and methods, that enable surgeons to more accurately, easily, and efficiently prepare the intervertebral space and implant fusion or non-fusion devices. Other objects of the invention not explicitly stated will be set forth and will be more clearly understood in conjunction with the descriptions of the preferred embodiments disclosed hereafter.

SUMMARY OF THE INVENTION

The preceding objects are achieved by the invention, which includes artificial intervertebral disc and intervertebral spacer device features suitable for manipulation thereof by surgical instrumentation, and further includes static artificial intervertebral discs (sometimes referred to herein as a “static trial”), static trial artificial intervertebral disc holders (sometimes referred to herein as “static trial holders”), a



dynamic trial artificial intervertebral disc (sometimes referred to herein as a “dynamic trial”), artificial intervertebral disc inserter/impactors (sometimes referred to herein as “inserter/impactors”), an artificial intervertebral disc repositioner/extractor (sometimes referred to herein as a “repositioner/extractor”), and an artificial intervertebral disc leveler (sometimes referred to herein as a “leveler”).

More particularly, the features, systems, and methods disclosed herein are intended for use in spine arthroplasty procedures, and specifically for use with the features, systems, and methods described herein in conjunction with the features, systems, and methods described in the '182, '132, '081 and '032 patents and U.S. Pat. No. 7,160,327 (“the '327 patent”), as well as those described in U.S. patent application Ser. No. 09/906,127 (filed Jul. 16, 2001) entitled “Insertion Tool For Use With Intervertebral Spacers” (“the '127 application”), now abandoned, which is hereby incorporated by reference herein. However, it should be understood that the features, systems, and methods described herein are also suitable for use with other features, systems, and methods without departing from the scope of the invention.

For example, while the static trials described herein are primarily intended for use in determining the appropriate size of particular embodiments of the artificial intervertebral disc implants described in the '032 and '327 patents to be implanted (or whether a particular size can be implanted) into the distracted intervertebral space, they can also be used for determining the appropriate size of any other suitably configured orthopedic implant or trial to be implanted (or whether a particular size can be implanted) into the distracted intervertebral space. They can also be used to distract an intervertebral space (e.g., in the same manner in which the trial spacers in the '127 application are used as described in the '127 application).

And, for example, while the static trial holders described herein are primarily intended for use in holding, inserting, removing, and otherwise manipulating the static trials described herein, they can also be used for manipulating any embodiment of the trial spacers described in the '127 application (also referred to therein and herein as distraction spacers), and can also be used for manipulating any other suitably configured orthopedic device.

And, for example, while the dynamic trial described herein is primarily intended for use in distracting an intervertebral space according to the procedures described herein and/or for determining the appropriate size of particular embodiments artificial intervertebral disc implants described in the '032 and '327 patents to be implanted (or whether a particular size can be implanted) into the distracted intervertebral space, it can also be used for distracting an intervertebral space according to other procedures and/or for determining the appropriate size of any other suitably configured orthopedic implant or trial to be implanted (or whether a particular size can be implanted) into the distracted intervertebral space.

And, for example, while the inserter/impactors described herein are primarily intended for use in holding, inserting, removing, impacting, extracting, and otherwise manipulating particular embodiments of the artificial intervertebral disc implants described in the '032 and '327 patents, they can also be used for manipulating any other suitably configured orthopedic implant or trial.

And, for example, while the repositioners/extractors described herein are primarily intended for use in repositioning and/or extracting and/or otherwise manipulating particular embodiments of the artificial intervertebral disc

implants described in the '032 and '327 patents, they can also be used for manipulating any other suitably configured orthopedic implant or trial.

And, for example, while the leveler described herein is primarily intended for use in setting the proper position of, and/or otherwise manipulating, particular embodiments of the artificial intervertebral disc implants described in the '032 and '327 patents, it can also be used for manipulating any other suitably configured orthopedic implant or trial.

While the instrumentation described herein (e.g., the static trials, static trial holders, dynamic trial, inserter/impactors, repositioners/extractors, and leveler) will be discussed for use with the artificial intervertebral disc of FIGS. 13-20, such discussions are merely by way of example and not intended to be limiting of their uses. Thus, it should be understood that the tools can be used with any of the artificial intervertebral discs disclosed in the '032 and '327 patents, or any other artificial intervertebral disc having (or being modifiable or modified to have) suitable features therefor. Moreover, it is anticipated that the features of the artificial intervertebral disc (e.g., the angled flat surfaces and accompanying holes and inwardly facing baseplate surfaces) and/or the static trials (e.g., the cylindrical trunks and angled flat surfaces and opposing notches and accompanying holes) that are used by the tools discussed herein to hold and/or manipulate these devices (such features, it should be noted, were first shown and disclosed in the '182, '132, '081, '032 and '327 patents) can be applied, individually or collectively or in various combinations, to other trials, spacers, artificial intervertebral discs or other orthopedic devices as stand-alone innovative features for enabling such trials, spacers, artificial intervertebral discs, or other orthopedic devices to be more efficiently and more effectively held and/or manipulated by the tools described herein or by other tools having suitable features. In addition, it should be understood that the invention encompasses artificial intervertebral discs, spacers, trials (static or dynamic), and/or other orthopedic devices, that have one or more of the features disclosed herein, in any combination, and that the invention is therefore not limited to artificial intervertebral discs, spacers, trials, and/or other orthopedic devices having all of the features simultaneously.

More particularly with regard to the static trials described herein, a plurality of static trials are provided primarily for use in determining the appropriate size of an artificial intervertebral disc to be implanted (or whether a particular size of the artificial intervertebral disc can be implanted) into the distracted intervertebral space (e.g., the artificial intervertebral disc 160 of FIGS. 13-20). Preferably, for each artificial intervertebral disc to be implanted, a plurality of sizes of the artificial intervertebral disc would be available. That is, preferably, a plurality of the same type of artificial intervertebral disc would be available, each of the plurality having a respective width and depth dimension combination that allows it to fit within a correspondingly dimensioned intervertebral space. For example, the plurality of artificial intervertebral discs could include artificial intervertebral discs having widths being either 35 mm or 40 mm, and depths ranging from 14 mm to 18 mm in 1 mm increments, for a total of 10 discs. Accordingly, preferably, each of the plurality of static trials for use with a particular plurality of differently sized artificial intervertebral discs would have a respective width and depth dimension set corresponding to the width and depth of a respective one of the plurality of differently sized artificial intervertebral discs. For example, the plurality of static trials for use with the set of artificial intervertebral discs described for example could include



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static trials having widths being either 35 mm or 40 mm, and depths ranging from 14 mm to 18 mm in 1 mm increments, for a total of 10 static trials. It should be understood that the artificial intervertebral discs and/or the static trials can be offered in a variety of dimensions without departing from the scope of the invention, and that the dimensions specifically identified and quantified herein are merely exemplary. Moreover, it should be understood that the set of static trials need not include the same number of trials for each artificial intervertebral disc in the set of artificial intervertebral discs, but rather, none, one, or more than one trial can be included in the trial set for any particular artificial intervertebral disc in the set.

Each of the plurality of static trials preferably further includes features that can be used by the static trial holders (described below), the inserter/impactors (described below), and the repositioners/extractors (described below). With regard to a feature that can be used by the static trial holder, each static trial preferably includes a recess that can be engaged by the opposing semicircular extents of the static trial holder. Preferably, this recess forms a perimetrical groove (a groove that extends around at least a portion of the perimeter of the static trial, e.g., an annular groove) that establishes a trunk (e.g., a cylindrical trunk) between the baseplates of the static trial, such that the baseplates extend as flanges from either end of the trunk. Accordingly, preferably, the opposing semicircular extents each have a thickness smaller than the width of the annular groove, and as such fit into the annular groove to grip the cylindrical trunk between them.

Additional features that can be used by the static trial holders include (on any static trial surface that faces the desired engagement approach direction of the static trial holder, e.g., on each of the anteriorly facing and anterior-laterally facing flat surfaces of the static trial as described below) opposing recesses, preferably formed as upper and lower notches, an upper notch in the upper baseplates and a lower notch in the lower baseplate. Preferably, the notches are sized so that the opposing notches of each pair form a volume that is dimensioned to closely accommodate the dimensions of the static trial holder's prongs' cross-section. That is, as described below, the body of each prong is thicker than the semicircular extent that extends from the body, and as such, whereas the semicircular extents fit into the annular groove, the prongs do not because their thickness is greater than the width of the annular groove opening. Each notch pair accommodates this greater thickness, and as such, as the opposing semicircular extents of the static trial holder are placed into the annular groove, the bodies of the prongs of the static trial holder pass into the notches so that the semicircular extents can continue into the annular groove and be seated around the cylindrical trunk. Once the prongs are fitted within the notch pair, interference between the prongs and the notch walls limits or prevents rotation of the static trial about a longitudinal axis (e.g., an axis parallel to the longitudinal axis of the cylindrical trunk) with respect to the static trial holder.

With regard to features that can be used by the inserter/impactors, each static trial (and each artificial intervertebral disc that the trials approximate) preferably includes an anteriorly facing flat surface, flanked by two anteriolaterally facing flat surfaces (one on each side of the anteriorly facing flat surface), and, to provide for holding of the static trial or disc for an anterior insertion approach, a hole spaced from the anteriorly facing flat surface, the hole having a longitudinal axis parallel to the anteriorly facing flat surface. The holding pin of the inserter/impactor fits within the hole, and

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the angled flat surfaces of the static trial or disc fit against the correspondingly angled flat surfaces of the inserter/impactor, and operation of the inserter/impactor pulls the holding pin toward the flat surface of the inserter/impactor opposite the pin, to rigidly hold the static trial or disc by the baseplate.

In some embodiments of the inserter/impactor having a wedge plate, the holding pin protrudes from a wedge-shaped extended surface of the distal end of the inserter/impactor and is restricted from upward movement with respect to the distal head by the presence of the wedge-shaped extended surface of the distal end of the inserter/impactor. More particularly, with any attempted upward movement of the holding pin, the pin encounters the upper surface of the channel in which the pin travels, preventing any such upward movement.) When the static trial or artificial disc is held in this manner, rotation of the static trial or disc about a longitudinal axis (e.g., in the case of the trials, an axis parallel to the longitudinal axis of the cylindrical trunk) relative to the inserter/impactor is prevented by interference of the corners of the static trial's or disc's flat surfaces and the corners of the inserter/impactor's flat surfaces, similar to the manner in which a wrench holding a nut prevents rotation of the nut relative to the wrench. Further, the holding of the static trial or disc in this manner allows for some repositioning of the static trial or disc in the intervertebral space via rotation of the static trial or disc in either direction about the longitudinal axis of the intervertebral space.

Further, in some embodiments of the inserter/impactor having a wedge plate, when the trial or disc is held in this manner, rotation of the trial or disc about a lateral axis of the trial or disc relative to the inserter/impactor is prevented by interference of the inwardly facing surface of the first baseplate (e.g., upper baseplate) of the trial or disc and the corresponding surface (e.g., upper surface) of the wedge on the distal end, and by interference of the inwardly facing surface of the second baseplate (e.g., lower baseplate) of the trial or disc and the corresponding surface (e.g., lower surface) of the wedge on the distal end. With regard to artificial discs, it is preferable that the wedge on the inserter/impactor will interfere between the first and second baseplates (e.g., upper and lower) so that the surfaces of the first and second baseplates align at a preferred 15 degrees angle of lordosis when the disc is held by the inserter/impactor.

Preferably, both of the baseplates of the static trial or disc have similarly configured flat surfaces, and both baseplates' flat surfaces fit against the angled flat surfaces of the inserter/impactor to provide for a more secure holding of the static trial or disc by the inserter/impactor. Also preferably, in order to provide for a holding of the static trial or disc for two additional (here, anteriolateral) insertion approaches, each static trial or disc also includes two additional holes, one spaced apart from one of the anteriolaterally facing flat surfaces, and the other spaced apart from the other of the anteriolaterally facing flat surfaces. Accordingly, operation of the inserter/impactor can fit the holding pin into either of these two additional holes, and hold the anteriolaterally facing flat surface (the one associated with the hole into which the pin is fit) of the static trial or disc against the flat surface of the inserter/impactor opposite the pin. It should be understood that preferably, in order to facilitate these two additional approaches, the angle separating the anteriorly facing flat surface of the static trial or disc and one of the anteriolaterally facing flat surfaces of the static trial or disc is equal to the angle separating the anteriorly facing flat surface and the other of the anteriolaterally facing flat surfaces.



With regard to features that can be used by the repositioners/extractors, each static trial (and each artificial intervertebral disc that the trials approximate) preferably includes at least two holes extending longitudinally into one of the baseplates of the trial or disc from the inwardly facing surface of the baseplate. More than two holes can be used to provide for multiple repositioning/extracting approaches. Preferably, in order for the same repositioning/extracting tool to be used for multiple approaches on the same trial or artificial intervertebral disc, adjacent holes should be separated by the same distance separating other adjacent holes.

As discussed in greater detail below with regard to the repositioners/extractors, in order to engage two of the holes, each repositioner/extractor has two pins extending in parallel from a central shaft, perpendicular to the longitudinal axis of the central shaft. The pins can be inserted into the holes, and pulling or pushing on the central shaft along its longitudinal axis when the holes are engaged pulls or pushes the static trial or artificial intervertebral disc in the intervertebral space. Further, because two holes are engaged, the static trial or artificial intervertebral disc can be rotated in either direction about a longitudinal axis passing through the intervertebral space, by rotating of the central shaft of the repositioner/extractor about its distal end, about an axis parallel to the longitudinal axes of the pins.

On each repositioner/extractor, the pins are formed on prongs that extend laterally from the central shaft. The direction of the prongs, and the location of the pins relative to the central shaft, determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Further, the number and location of holes further determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Accordingly, the present invention contemplates a variety of repositioner/extractors, and a variety of holes configurations, to provide the surgeon with a variety of possible surgical approach angles.

As described in greater detail below, three repositioner/extractors are illustrated and described (symmetric, offset left, and offset right) for example, and, for example, two hole configurations are illustrated and described. A first hole configuration includes the hole configuration described above, that is, three holes on one of the baseplates (e.g., the lower baseplate), the holes being configured so that a first hole is located in the anterior-posterior plane, and the adjacent (second and third) holes are located in respective opposing anteriolateral planes on either side of the first hole. A second hole configuration includes four holes on one of the baseplates (e.g., the upper baseplate), the holes being configured so that first and second holes straddle the anterior-posterior plane, a third hole is located so that the third hole and the first hole straddle one of the opposing anteriolateral planes, and a fourth hole is located so that the fourth hole and the second hole straddle the other of the opposing anteriolateral planes.

With regard to the static trial holders described herein, the static trial holders are provided primarily for use in holding, inserting, removing, and otherwise manipulating the static trials described herein. Preferably, the static trial holder has (in some embodiments, at an end of an extension of the static trial holder) a pair of opposing prongs that open away from one another and close toward one another. Each of the prongs has a semicircular extent and the semicircular extents face one another to define a circular holding enclosure that is useful for capturing the cylindrical trunk of the static trial between them. The prongs are spring biased toward a neutral position such that the holding enclosure is spring biased to

a receptive state in which the cylindrical trunk can be snapped into (or out of) the holding enclosure by temporarily placing the holding enclosure in an expanded state (by forcing the cylindrical trunk against the mouth of the enclosure) that allows passage of the cylindrical trunk through the mouth of the enclosure.

Once the cylindrical trunk is in the enclosure, the holding enclosure can be placed in a contracted state, or locked, where the trial is more securely held, so that the trial will not escape the holding enclosure as it is experiencing greater forces while being inserted and removed from the intervertebral space. This locking is effected by rotating a sleeve that surrounds the prongs. The bore of the sleeve is configured to press the prongs together when the sleeve is rotated a quarter turn (ninety degrees), and to allow them to separate when the sleeve is again (or in some embodiments, reverse) rotated a quarter turn (in either direction). (In some embodiments, either quarter turn is in either direction; e.g., in certain embodiments illustrated herein, the quarter turn that separates the prongs is a reverse rotation of the quarter turn that presses them together). In some embodiments, the sleeve is biased toward stopping its rotation at either the "locked" or "unlocked" states of the holding enclosure, by the cooperation of recesses on the extension's outer surface and corresponding spring plungers radially disposed to project from the sleeve's inner surface. In other embodiments, the sleeve stops its rotation at either the "locked" or "unlocked" states of the holding enclosure, due to radially inwardly directed screw heads on the sleeve's inner surface that ride in ninety-degree arc grooves on the extension's outer surface and that stop when the end of the groove is reached.

Further, the sleeve of the static trial holder preferably has on its exterior surface at least one stop protrusion that is positioned and dimensioned to extend dorsally or ventrally from the exterior surface when the holding enclosure is in its "locked" state, so that when the surgeon inserts the static trial into the intervertebral space, the stop protrusions prevent the static trial from being inserted too far into the space (that is, so that the stop protrusions hit against the lips of the adjacent vertebral body endplates before the static trial is inserted too far).

It should be understood that when a static trial is being held (either when the holding enclosure is in its receptive state or in its contracted state), because the semicylindrical extents fit within the annular groove of the static trial, the static trial will not escape from the enclosure along the longitudinal axis of the cylindrical trunk. While the static trial holders are discussed herein as primarily used for manipulating the static trials, they are preferably is also useful for manipulating the distraction spacers described in the '127 application, in that the semicircular extents of the pincers preferably also interact with the annular grooves and cylindrical trunks of those distraction spacers in the same manner as described herein.

With regard to the dynamic trial described herein, the dynamic trial is provided primarily for distracting an intervertebral space according to the procedures described herein and/or for determining the appropriate size of an artificial intervertebral disc to be implanted (or whether a particular size can be implanted) into the distracted intervertebral space. While the distraction systems and methods described in the '127 application are also useful for distracting an intervertebral space, the dynamic trial is provided as an additional or alternate distraction tool. Further, while the static trials described herein as useful for determining the appropriate size of an artificial intervertebral disc to be



implanted (or whether a particular size can be implanted), the dynamic trial is provided as an additional or alternate sizing tool.

The dynamic trial preferably includes a shaft having a bifurcated trial at a distal end. Each half of the bifurcated trial preferably has on its outwardly facing surface a convex dome that is shaped like the convex dome of the corresponding baseplate of the artificial intervertebral disc that the dynamic trial approximates. The shaft includes an inner shaft portion that centrally divides into upper and lower distal extensions that, from the point of division to their distal ends, are each biased toward positions in which they converge toward one another. The lower distal extension is connected to the lower half of the bifurcated trial, and the upper distal extension is connected to the upper half of the bifurcated trial. Preferably, the upper half is adjustably connected to the upper distal extension by a pivot pin that allows the upper half to rotate about a lateral axis that passes through the longitudinal and lateral center of the bifurcated trial. This axis of rotation allows the upper half, when separating from the lower half, to adjust to the orientation of the upper vertebral bone without causing the bone to hinge relative to the lower vertebral bone. In order to effect the separation of the upper and lower halves, the shaft further includes an outer shaft portion that is translatable adjacent the inner shaft portion, the outer shaft portion having a pin that passes between the distal extensions.

The outer shaft portion is preferably translatable distally by the forward movement of a control knob near the proximal end of the shaft, and translatable proximally by backward movement of the control knob. As the outer shaft portion is pushed distally, the pin is pushed distally to overcome the bias of the divided extensions to separate them and correspondingly separate the halves of the bifurcated trial. Preferably, markings are provided on the inner shaft portion to quantify the depth (to which the bifurcated trial has been expanded) corresponding to the distance that the outer shaft portion has been translated with respect to the inner shaft portion. It is anticipated that the pushing force required to separate the halves will increase as they separate, due to the compression of the spine seeking to close the intervertebral space and the annulus seeking to prevent the adjacent vertebral discs from separating beyond a certain point. Therefore, to provide a mechanical advantage to the operator in the event that greater distraction is required, but the operator cannot push the control knob farther with unaided human effort, a fine control knob is provided. The fine control knob is preferably threaded onto the proximal end of the inner shaft portion, proximal to the control knob. Thus, rotation of the fine control knob about the longitudinal axis of the inner shaft portion will cause the body of the fine control knob to press against the control knob to move it farther distally. The interference of the threads of the fine control knob-inner shaft portion interface prevents the fine control knob from backing up proximally unless the fine control knob is reverse rotated to effect that result. Finally, the proximal end of the shaft is preferably flanged to serve as a slap hammer for impaction, if necessary for proper positioning of the bifurcated trial, and/or forced extraction of the bifurcated trial.

With further regard to the inserter/impactors described herein, the inserter/impactors are provided primarily for holding, inserting, repositioning, removing, impacting, extracting, and otherwise manipulating an artificial intervertebral disc (or static trial) having features suitable for being manipulated by the inserter/impactors. Exemplary suitable artificial intervertebral discs are described in the '032 and

'327 patents with regard to FIGS. 8a-z, 9a-u, 10a-u, 11a-k, and 12a-p thereof and by the accompanying descriptions therefor (e.g., embodiments identified as the first, second, third, fourth, and fifth preferred embodiments of the fourth embodiment family, etc.). Regarding the features suitable for being manipulated by the inserter/impactors, such features include those discussed above as being suitable features on the static trials and artificial intervertebral disc, namely, an anteriorly facing flat surface on the second (e.g., lower) baseplate of the trial or disc, flanked by two anterioplaterally facing flat surfaces (one on each side of the anteriorly facing flat surface), and, to provide for holding of the trial or disc for an anterior insertion approach, a hole spaced from the anteriorly facing flat surface, the hole having a longitudinal axis parallel to the anteriorly facing flat surface.

The inserter/impactors include a shaft having a distal end that has angled flat surfaces corresponding to and fittable against the angled flat surfaces of the static trial or artificial intervertebral disc, and a holding pin that extends from the center flat surface along a longitudinal axis of the shaft, the pin having a distal end that bends downward. The holding pin is spring loaded in a central channel of the shaft, so that it is biased toward and against a central flat surface (preferably, the bent end of the pin prevents it from entering the central channel). A flange, mechanically connected to the pin and translating adjacent the shaft, can be pushed distally to overcome the bias of the spring to space the pin away from the central flat surface. In this position, the pin can be inserted in the hole in the baseplate of the artificial intervertebral disc. Releasing the knob allows the spring to pull the pin back, causing the anteriorly facing surface of the baseplate to be held against the central flat surface of the inserter/impactor and the anterioplaterally facing flat surfaces of the artificial intervertebral disc to be held against the other corresponding flat surfaces of the inserter/impactor. A knob on the inserter/impactor can be rotated about the longitudinal axis of the shaft to pull the pin tighter and lock its position to more securely hold the baseplate, and reverse rotated to unlock and loosen the pin. (In some embodiments of the inserter/impactor having a wedge plate, the holding pin protrudes from a wedge-shaped extended surface of the distal end of the inserter/impactor and is restricted from upward movement with respect to the distal head by the presence of the wedge-shaped extended surface of the distal end of the inserter/impactor. More particularly, with any attempted upward movement of the holding pin, the pin encounters the upper surface of the channel in which the pin travels, preventing any such upward movement.)

When the static trial or artificial intervertebral disc is held in this manner, rotation of the trial or disc about its longitudinal axis relative to the inserter/impactor is prevented by interference of the corners of the trial's or disc's flat surfaces and the corners of the inserter/impactor's flat surfaces, similar to the manner in which a wrench holding a nut prevents rotation of the nut relative to the wrench. Further, the holding of the trial or disc in this manner allows for some repositioning of the trial or disc in the intervertebral space via rotation of the trial or disc in either direction about the longitudinal axis of the intervertebral space. Further, in some embodiments of the inserter/impactor having a wedge plate, when the trial or disc is held in this manner, rotation of the trial or disc about a lateral axis of the trial or disc relative to the inserter/impactor is prevented by interference of the inwardly facing surface of the first baseplate (e.g., upper baseplate) of the trial or disc and the corresponding surface (e.g., upper surface) of the wedge on the distal end, and by



interference of the inwardly facing surface of the second baseplate (e.g., lower baseplate) of the trial or disc and the corresponding surface (e.g., lower surface) of the wedge on the distal end. With regard to artificial discs, it is preferable that the wedge on the inserter/impactor will interfere between the first and second baseplates (e.g., upper and lower) so that the surfaces of the first and second baseplates align at a preferred 15 degrees angle of lordosis when the disc is held by the inserter/impactor.

Preferably, both of the baseplates of the static trial or disc have similarly configured flat surfaces, and both baseplates' flat surfaces fit against the angled flat surfaces of the inserter/impactor to provide for a more secure holding of the static trial or disc by the inserter/impactor. Also preferably, in order to provide for a holding of the static trial or disc for two additional (here, anteriolateral) insertion approaches, each static trial or disc also includes two additional holes, one spaced apart from one of the anteriolaterally facing flat surfaces, and the other spaced apart from the other of the anteriolaterally facing flat surfaces. Accordingly, operation of the inserter/impactor can fit the holding pin into either of these two additional holes, and hold the anteriolaterally facing flat surface (the one associated with the hole into which the pin is fit) of the static trial or disc against the flat surface of the inserter/impactor opposite the pin. It should be understood that preferably, in order to facilitate these two additional approaches, the angle separating the anteriorly facing flat surface of the static trial or disc and one of the anteriolaterally facing flat surfaces of the static trial or disc is equal to the angle separating the anteriorly facing flat surface and the other of the anteriolaterally facing flat surfaces.

Also preferably, as shown, the baseplates of each of the plurality of static trials are appropriately lordotically angled relative to one another to ease insertion of the static trial into the intervertebral space and to mimic how the artificial intervertebral disc will typically be oriented as it is being inserted. In some embodiments, the inserter/impactor holds the artificial intervertebral disc by the lower baseplate such that the upper baseplate is permitted to adjust its degree of lordosis relative to the lower baseplate during insertion, as described in greater detail below. In other embodiments, the inserter/impactor holds the baseplates in a fixed degree of lordosis relative to one another, as described in greater detail below.

With further regard to the repositioners/extractors described herein, each repositioner/extractor is provided primarily for repositioning and/or extracting a static trial or artificial intervertebral disc having features suitable for being manipulated by the repositioner/extractor. Exemplary suitable artificial intervertebral discs are described in the '032 and '327 patents with regard to FIGS. 8a-z, 9a-u, 10a-u, 11a-k, and 12a-p thereof and by the accompanying descriptions therefor (e.g., embodiments identified as the first, second, third, fourth, and fifth preferred embodiments of the fourth embodiment family, etc.). Regarding the features suitable for being manipulated by each repositioner/extractor, such features include at least two holes extending longitudinally into one of the baseplates of the static trial or artificial intervertebral disc from the inwardly facing surface of the baseplate. More than two holes can be used to provide for multiple repositioning/extracting approaches. Preferably, in order for the same repositioning/extracting tool to be used for multiple approaches on the same trial or artificial intervertebral disc, adjacent holes should be separated by the same distance separating other adjacent holes.

In order to engage the two holes, each repositioner/extractor has two pins extending in parallel from a central shaft, perpendicular to the longitudinal axis of the central shaft. The pins are spaced to engage the two holes simultaneously, and each pin has a diameter smaller than the diameter of the hole it is to engage. Therefore, the pins can be inserted into the holes, and pulling or pushing on the central shaft along its longitudinal axis when the holes are engaged pulls or pushes the static trial or artificial intervertebral disc in the intervertebral space. Further, because two holes are engaged, the static trial or artificial intervertebral disc can be rotated in either direction about a longitudinal axis passing through the intervertebral space, by rotating of the central shaft of the repositioner/extractor about its distal end, about an axis parallel to the longitudinal axes of the pins. A handle at a proximal end of the central shaft is useful for pushing or pulling on the shaft. A flange adjacent the proximal end of the shaft is useful for impaction (either with a distally directed force or a proximally directed force), if necessary to manipulate the shaft.

On each repositioner/extractor, the pins are formed on prongs that extend laterally from the central shaft. The direction of the prongs, and the location of the pins relative to the central shaft, determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Further, the number and location of holes further determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Accordingly, the present invention contemplates a variety of repositioner/extractors, and a variety of holes configurations, to provide the surgeon with a variety of possible surgical approach angles.

With further regard to the leveler described herein, the leveler is provided primarily for establishing a parallel orientation of the baseplates (relative to one another), and/or securing the purchase of the stabilizing spikes, of an artificial intervertebral disc having features suitable for being manipulated by the leveler. Exemplary suitable artificial intervertebral discs are described in the '032 and '327 patents with regard to FIGS. 8a-z, 9a-u, 10a-u, 11a-k, and 12a-p thereof and by the accompanying descriptions therefor (e.g., embodiments identified as the first, second, third, fourth, and fifth preferred embodiments of the fourth embodiment family, etc.). Regarding the features suitable for being manipulated by the leveler, such features include suitably formed inwardly facing surfaces of the baseplates of the artificial intervertebral disc.

More particularly, the leveler includes a shaft having a forked distal end formed by two opposing tongs that are symmetric to one another about a longitudinal axis of the shaft. Each of the tongs has an extent that initially curves laterally outward away from the shaft and from the other tong's extent, to define a central pocket forward of the shaft between the tongs' extents. Each tong's extent then resumes a distal direction to become parallel to the shaft and to the other tong's extent.

Each tong's extent has an upper surface and a lower surface. The upper surface is preferably shaped to conform against the inwardly facing surface of a first (e.g., upper) baseplate of an artificial intervertebral disc, and the lower surface is preferably shaped to conform against the inwardly facing surface of a second (e.g., lower) baseplate of the artificial intervertebral disc, so that insertion of the forked distal end of the leveler between the baseplates, with the central pocket of the distal end avoiding the central portion of the artificial intervertebral disc, and with the upper and lower surfaces so engaging the inwardly facing surfaces of



the baseplates, causes the baseplates to be placed in parallel orientation with respect to one another. A handle is provided at a proximal end of the shaft for pushing, pulling, and otherwise manipulating the leveler as needed.

When the artificial intervertebral disc is inserted into the intervertebral space, its baseplates will typically be lordotically angled with respect to one another. The leveler can be applied to the artificial intervertebral disc to bring the baseplates parallel to one another. The forked distal end of the leveler is inserted so that the tongs' extents are placed between the inwardly facing surfaces of the baseplates, and so that the central pocket of the leveler avoids that portion of the artificial intervertebral disc that joins the baseplates. As the leveler is inserted, the tongs act as wedges to force the posterior portions of the baseplates away from one another. Accordingly, as the posterior portions are being separated, the stabilizing spikes on the outwardly facing surfaces of the baseplates find or secure their purchase in the hard bone of the outer ring of the vertebral body endplates. When the forked distal end is fully seated, the extents of the tongs hold the baseplates parallel to one another, and so that the spikes are fully engaged in the endplates.

#### BRIEF DESCRIPTION OF THE DRAWINGS

FIGS. 1-6 show front (FIG. 1), side (FIG. 2), perspective (FIG. 3), top (FIG. 4), bottom cutaway (FIG. 5) and top cutaway (FIG. 6) views of a static trial of the present invention.

FIGS. 7-12 show front (FIG. 7), side (FIG. 8), perspective (FIG. 9), top (FIG. 10), bottom cutaway (FIG. 11), and top cutaway (FIG. 12) views of an alternate static trial of the present invention.

FIGS. 13-20 show front (FIG. 13), side cutaway (FIG. 14), top (FIG. 15), side cutaway (FIG. 16), bottom cutaway (FIG. 17), top cutaway (FIG. 18), bottom perspective (FIG. 19), and top perspective (FIG. 20) views of an exemplary artificial intervertebral disc of the present invention.

FIGS. 21-31 show top (FIG. 21), side (FIG. 22), perspective (FIG. 23), disassembly (FIGS. 24-30), and side cutaway (FIG. 31) views of a static trial holder of the present invention.

FIGS. 32-34 and 44 show side (FIG. 32), top (FIG. 33), perspective (FIG. 34), and side cutaway (FIG. 44) views of an alternate static trial holder 2000 of the present invention.

FIGS. 35, 36, 37, and 38-39 show a sleeve of the alternate static trial holder 2000 in side (FIG. 35), top (FIG. 36), side cutaway (FIG. 37), front (FIG. 38), and back (with partial cutaway) (FIG. 39) views.

FIGS. 40-42 show an extension of the alternate static trial holder 2000 in top (FIG. 40), proximal cutaway (FIG. 41), side (FIG. 42), and distal cutaway (FIG. 43) views.

FIGS. 45-47 show top (FIG. 45), side (FIG. 46), and perspective (FIG. 47) views of the alternate static trial holder of FIGS. 32-44 holding an alternate static trial of FIGS. 7-12 from an anterior approach hold.

FIGS. 48-49 show top views of the alternate static trial holder of FIGS. 32-44 holding an alternate static trial of FIGS. 7-12 from two anterior-lateral approach holds.

FIG. 50 shows a perspective view of the alternate static trial holder of FIGS. 32-44 holding an alternate static trial of FIGS. 7-12 from the anterior-lateral approach hold of FIG. 49.

FIGS. 51-54 show side (FIG. 51), top (FIG. 52), side cutaway (FIG. 53), and perspective (FIG. 54) views of a dynamic trial of the present invention.

FIGS. 55-58 show side (FIG. 55), top (FIG. 56), side cutaway (FIG. 57), and perspective (FIG. 58) views of an inserter/impactor of the present invention.

FIGS. 59-62 show side (FIG. 59), top (FIG. 60), side cutaway (FIG. 61), and perspective (FIG. 62) views of an inserter/impactor of the present invention holding a static trial of the present invention.

FIGS. 63-64 show top views of an inserter/impactor of the present invention holding a static trial of the present invention in two alternative ways.

FIGS. 65-68 show side (FIG. 65), top (FIG. 66), side cutaway (FIG. 67), and perspective (FIG. 68) views of an inserter/impactor of the present invention holding an exemplary artificial intervertebral disc of the present invention.

FIGS. 69-70 show top views of an inserter/impactor of the present invention holding an exemplary artificial intervertebral disc of the present invention in two alternative ways.

FIGS. 71-73 show side (FIG. 71), perspective (FIG. 72), and close-up perspective (FIG. 73) views of a wedge plate inserter/impactor of the present invention.

FIGS. 74-77 show bottom (FIG. 74), side (FIG. 75), top (FIG. 76), and side cutaway (FIG. 77) views of a distal end of a wedge plate inserter/impactor of the present invention.

FIGS. 78-79 show top (FIG. 78) and side (FIG. 79) views of a wedge plate inserter/impactor of the present invention holding an exemplary artificial intervertebral disc.

FIGS. 80-82 show top (FIG. 80), side (FIG. 81), and side cutaway (FIG. 82) views of a distal end of a wedge plate inserter/impactor of the present invention holding an exemplary artificial intervertebral disc.

FIGS. 83-85 show side (FIG. 83), top (FIG. 84), and perspective (FIG. 85) views of a symmetric repositioner/extractor of the present invention.

FIGS. 86-88 show side (FIG. 86), top (FIG. 87), and perspective (FIG. 88) views of an offset left repositioner/extractor of the present invention.

FIGS. 89-91 show side (FIG. 89), top (FIG. 90), and perspective (FIG. 91) views of an offset right repositioner/extractor of the present invention.

FIGS. 92-94 show side (FIG. 92), top (FIG. 93), and perspective (FIG. 94) views of an alternative offset left repositioner/extractor of the present invention.

FIGS. 95-97 show side (FIG. 95), top (FIG. 96), and perspective (FIG. 97) views of an alternative offset right repositioner/extractor of the present invention.

FIGS. 98-103 show exemplary various possible repositioner/extractor approach angles with a three hole configuration of the present invention.

FIGS. 104-112 show exemplary various possible repositioner/extractor approach angles with a four hole configuration of the present invention.

FIGS. 113-117 show bottom (FIG. 113), side (FIG. 114), front (FIG. 115), top partial perspective (FIG. 116), and bottom partial perspective (FIG. 117) views of a leveler of the present invention.

#### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

While the invention will be described more fully hereinafter with reference to the accompanying drawings, it is to be understood at the outset that persons skilled in the art may modify the invention herein described while achieving the functions and results of the invention. Accordingly, the descriptions that follow are to be understood as illustrative and exemplary of specific structures, aspects and features



within the broad scope of the invention and not as limiting of such broad scope. Like numbers refer to similar features of like elements throughout.

Preferred embodiment of static trials of the present invention, and a preferred embodiment of an artificial intervertebral disc of the present invention, both for use with the instrumentation of the present invention, will now be described.

Referring now to FIGS. 1-6, a static trial of the present invention is shown in front (FIG. 1), side (FIG. 2), perspective (FIG. 3), top (FIG. 4), bottom cutaway (FIG. 5) and top cutaway (FIG. 6) views. Referring now to FIGS. 7-12, an alternate static trial of the present invention is shown in front (FIG. 7), side (FIG. 8), perspective (FIG. 9), top (FIG. 10), bottom cutaway (FIG. 11) and top cutaway (FIG. 12) views. Referring now to FIGS. 13-20, an artificial intervertebral disc of the present invention is shown in front (FIG. 13), side cutaway (FIG. 14), top (FIG. 15), side cutaway (FIG. 16), bottom cutaway (FIG. 17), top cutaway (FIG. 18), bottom perspective (FIG. 19), and top perspective (FIG. 20) views.

It should be understood that the illustration and reference herein to the artificial intervertebral disc shown in FIGS. 13-20 is merely to show an example of one type of artificial intervertebral disc that is contemplated by, encompassed by, and suitable for use with, the present invention, and that such illustration and reference herein is not meant to limit the scope of the present invention or limit the uses of the present invention. Rather, any other artificial intervertebral disc (or any other orthopedic device) having suitable features for being used with the instrumentation and methods described herein are contemplated by the present invention. Indeed, the features suitable for manipulation (e.g., the angled flat surfaces and adjacent holes and inwardly facing surfaces) are encompassed by the present invention, regardless of to what orthopedic device they may be applied. Other exemplary suitable artificial intervertebral discs include, but are not limited to, the artificial intervertebral discs described in the '032 and '327 patents with regard to FIGS. 8a-z, 9a-u, 10a-u, 11a-k, and 12a-p thereof and by the accompanying descriptions therefor (e.g., embodiments identified as the first, second, third, fourth, and fifth preferred embodiments of the fourth embodiment family, etc.). It should be noted that, as can be seen from FIGS. 13-20, that the artificial intervertebral disc shown in FIGS. 13-20 has features similar to those of these other suitable artificial intervertebral discs of the '032 and '327 patents, and it should be understood that such similar features are structurally and functionally as described in the '032 and '327 patents. Such similar features include an inwardly facing surface 164a of the upper baseplate 164a, and a convex structure 162 on the lower baseplate 168b, the convex structure 162 having an inwardly facing surface 164b.

And, while the instrumentation described herein (e.g., the static trials, static trial holders, dynamic trial, inserter/impactors, repositioners/extractors, and leveler) will be discussed for use with the artificial intervertebral disc of FIGS. 13-20, such discussions are merely by way of example and not intended to be limiting of their uses. Thus, it should be understood that the tools can be used with any of the artificial intervertebral discs disclosed in the '032 and '327 patents, or any other artificial intervertebral disc having (or being modifiable or modified to have) suitable features therefor. Moreover, it is anticipated that the features of the artificial intervertebral disc (e.g., the angled flat surfaces and accompanying holes and inwardly facing baseplate surfaces) and/or the static trials (e.g., the cylindrical trunks and angled flat surfaces and accompanying holes and/or engagement

notches) that are used by the tools discussed herein to hold and/or manipulate these devices (such features, it should be noted, were first shown and disclosed in the '182, '132, '081, '032 and '327 patents) can be applied, individually or collectively or in various combinations, to other trials, spacers, artificial intervertebral discs or other orthopedic devices as stand-alone innovative features for enabling such trials, spacers, artificial intervertebral discs, or other orthopedic devices to be more efficiently and more effectively held and/or manipulated by the tools described herein or by other tools having suitable features. In addition, it should be understood that the invention encompasses artificial intervertebral discs, spacers, trials (static or dynamic), and/or other orthopedic devices, that have one or more of the features disclosed herein, in any combination, and that the invention is therefore not limited to artificial intervertebral discs, spacers, trials, and/or other orthopedic devices having all of the features simultaneously.

Referring to FIGS. 1-6 and 7-12, a plurality of static trials 100,1000 are provided primarily for use in determining the appropriate size of an artificial intervertebral disc to be implanted (or whether a particular size of the artificial intervertebral disc can be implanted) into the distracted intervertebral space (e.g., the artificial intervertebral disc 160 of FIGS. 13-20). Preferably, for each artificial intervertebral disc to be implanted, a plurality of sizes of the artificial intervertebral disc would be available. That is, preferably, a plurality of the same type of artificial intervertebral disc would be available, each of the plurality having a respective width and depth dimension combination that allows it to fit within a correspondingly dimensioned intervertebral space. For example, the plurality of artificial intervertebral discs could include artificial intervertebral discs having widths being either 35 mm or 40 mm, and depths ranging from 14 mm to 18 mm in 1 mm increments, for a total of 10 discs. Accordingly, preferably, each of the plurality of static trials 100,1000 for use with a particular plurality of differently sized artificial intervertebral discs would have a respective width and depth dimension set corresponding to the width and depth of a respective one of the plurality of differently sized artificial intervertebral discs. For example, the plurality of static trials 100,1000 for use with the set of artificial intervertebral discs described for example could include static trials having widths being either 35 mm or 40 mm, and depths ranging from 14 mm to 18 mm in 1 mm increments, for a total of 10 static trials. It should be understood that the artificial intervertebral discs and/or the static trials 100,1000 can be offered in a variety of dimensions without departing from the scope of the invention, and that the dimensions specifically identified and quantified herein are merely exemplary. Moreover, it should be understood that the set of static trials 100,1000 need not include the same number of trials for each artificial intervertebral disc in the set of artificial intervertebral discs, but rather, none, one, or more than one trial can be included in the trial set for any particular artificial intervertebral disc in the set.

Each of the static trials 100,1000 shown is exemplary for all of the static trials in the plurality of static trials; preferably the static trials in the plurality differ from one another only with regard to overall dimensions as described above) includes at least one feature that can be engaged by a tool. Suitable tools include, but are not limited to, the static trial holders described below, the inserter/impactors described below, and the repositioners/extractors described below.

Specifically, the static trial 100,1000 includes a recess 102,1020 that can be engaged by the opposing semicircular



extents **216a-b,2160a-b** of the static trial holder **200,2000**. Preferably, this recess **102,1020** forms an annular groove **104,1040** that establishes a cylindrical trunk **106,1060** between the upper and lower baseplates **108a-b,1080a-b** of the static trial **100,1000**, such that the baseplates **108a-b, 1080a-b** extend as flanges **110a-b,110a-b** from either end of the cylindrical trunk **106,1060**. Accordingly, preferably, the opposing semicircular extents **216a-b,2160a-b** each have a thickness smaller than the width of the annular groove **104,1040**, and as such fit into the annular groove **104,1040** to grip the cylindrical trunk **106,1060** between them. (Importantly, with regard to the alternate static trials **1000** being engaged by the alternate static trial holder **2000**, as discussed in greater detail below, the body of the prongs **2140a-b** (from which the semicircular extents **2160a-b** extend) has a thickness greater than the width of the annular groove **1040** (and as such does not fit within the annular groove) but small enough to be accommodated by the opposing notches **1320a-b** of the alternate static trial **1000** as described below.)

In some embodiments, while not shown in FIGS. 1-6 or FIGS. 7-12, it is also preferable that the annular groove **104,1040** radially widen outwardly, such that the walls **112,1120** of the annular groove **104,1040** are tapered toward one another with the increasing depth of the groove **104, 1040**, such that the floor **114,1140** of the groove **104,1040** is more narrow than the opening **116,1160** of the groove **104,1040**. Accordingly, preferably, in such embodiments, each semicircular extent **216a-b,2160a-b** correspondingly radially widens outwardly, such that the thinner portion of the extent **216a-b,2160a-b** fits closer to the floor **114,1140** of the annular groove **104,1040**, so that the tapered surfaces of the extents **216a-b,2160a-b** compress against the tapered walls **112,1120** of the annular groove **104,1040** when the static trial **100,1000** is engaged by the static trial holder **200,2000**. This taper locking provides for a secure grip so that the static trial **100,1000** can be manipulated accurately and efficiently.

In some embodiments, while not shown in FIGS. 1-6 or FIGS. 7-12, it is also preferable that the floor of the annular groove **104,1040** of the cylindrical trunk **106,1060** be ridged (e.g., have ridges that run parallel to the longitudinal axis of the cylindrical trunk), and the surfaces of the semicircular extents **216a-b,2160a-b** of the static trial holder **200,2000** that compress against the floor of the annular groove **104, 1040** when the static trial holder **200,2000** grips the static trial **100,1000** be correspondingly provided with ridges. The interlocking of the ridges of the static trial **100,1000** with the ridges of the static trial holder **200,2000** when the static trial **100,1000** is engaged prevents rotation of the static trial **100,1000** about the longitudinal axis of the cylindrical trunk **106,1060** with respect to the static trial holder **200,2000**.

Preferably, as shown in FIGS. 7-12, each alternate static trial **1000** includes (on any alternate static trial surface that faces the desired engagement approach direction of the alternate static trial holder **2000**) opposing recesses, preferably formed as upper and lower notches, an upper notch in the upper baseplate and a lower notch in the lower baseplate. For example, opposing notches **1320b** and **1320e** are on each of the anteriorly facing flat surfaces of the upper **1080a** and lower **1080b** baseplates. And, for example, opposing notches **1320a** and **1320d** are on one of the anterior-laterally facing flat surfaces of the upper **1080a** and lower **1080b** baseplates. And, for example, opposing notches **1320c** and **1320f** are on the other of the anterior-laterally facing flat surfaces of the upper **1080a** and lower **1080b** baseplates. Preferably, the notches **1320a-f** are sized so that the opposing notches of each pair (**1320a,d, 1320b,e, and 1320c,f**) form a volume

that closely accommodates the dimensions of the alternate static trial holder's **2000** prongs' **2140a-b** cross-section. That is, as described below, the body of each prong **2140a-b** is thicker than the semicircular extent **2160a-b** that extends from the body, and as such, whereas the semicircular extents **2160a-b** fit into the annular groove **1040**, the prongs **2140a-b** do not because the depth **2260** of their cross-section (described below) is greater than the width of the annular groove opening **1160**. However, each notch pair (**1320a,d, 1320b,e, and 1320c,f**) accommodates this greater thickness, in that each notch **1320a-f** has a depth **1340**, and, when the two notch depths **1340** of the opposing notches of the notch pair are taken together with the width of the annular groove **1040**, the combined distance accommodates the depth **2260** of the static trial holder's **2000** prongs' **2140a-b** cross-section. Further, each notch **1320a-f** has a width **1360** that accommodates the width **2240** of the alternate static trial holder's **2000** prongs' **2140a-b** cross-section. (It should be noted that the width **1360** accommodates the width **2240** of the alternate static trial holder's **2000** prongs' **2140a-b** cross-section even when the prongs **2140a-b** are separated to place the holding enclosure **2100** in an expanded state as described below. This enables the notches **1320a-f** to accommodate the width **2240** of the prongs' cross-section as the cylindrical trunk **1060** of the static trial **1000** is being snapped into the holding enclosure **2100** as described below.) As such, as the opposing semicircular extents **2160a-b** of the alternate static trial holder **2000** are placed into the annular groove **1040**, the bodies of the prongs **2140a-b** pass into the notches of the pair so that the semicircular extents **2160a-b** can continue into the annular groove **1040** and be seated around the cylindrical trunk **1060**. More specifically, the prongs **2140a-b** of the alternate static trial holder **2000** fit into the notches above and below it (e.g., **1320b** and **1320e** for an anterior approach; **1320a** and **1320d** for an anterior-lateral approach; and **1320c** and **1320f** for another anterior-lateral approach). Once the prongs **2140a-b** are fitted within the notch pair, interference between the prongs **2140a-b** and the notch walls limits or prevents rotation of the alternate static trial **1000** about a longitudinal axis (e.g., an axis parallel to the longitudinal axis of the cylindrical trunk **1060**) with respect to the alternate static trial holder **2000**.

It should be understood that configurations having more or fewer notches, and in a variety of locations, are contemplated by the invention, and the detailed descriptions of only one type of notch configuration is not meant to limit the invention to only this configuration. Importantly, the invention encompasses using a single notch in a baseplate, a single notch pair, or any number of notches or notch pairs, formed in any suitable manner with any suitable dimensions, in any number of locations on a spacer, a trial or an artificial intervertebral disc (not limited to locations on the baseplates), for purposes of enabling the spacer, trial, or disc to be engaged by a manipulation instrument (not limited to a static trial holder) that engages the notch, for the purpose of limiting rotation of the spacer, trial, or disc (or other orthopedic implant) with respect to the instrument or for any other purpose, and/or to enable the surgeon to work from a variety of approaches. For example, the notch configuration described herein, in cooperation with the alternate static trial holder, provides the surgeon with the ability to work from a directly anterior approach, as well as two anteriolateral approaches. It should be understood that additional notch configurations can enable the surgeon to work from a directly posterior approach, posteriolateral approaches, directly lateral approaches, or anteriolateral approaches that



are different than those illustrated. For example, the placement of one or more suitably spaced notches (or the addition of one or more notches) on the posterior edge, and/or one or both of the lateral edges of one or both of the baseplates, would enable the surgeon to use the alternate static trial holder of the present invention to achieve such approaches.

Additionally with regard to features that can be engaged by a tool, each of the static trials **100,1000** includes at least one feature that can be engaged by a tool that preferably is also used to engage the artificial intervertebral disc that the trial approximates. Suitable tools that can engage both the trials and the artificial intervertebral disc include, but are not limited to, the inserter/impactors described below. Specifically, for being engaged by the inserter/impactors **400,4000**, each static trial **100,1000** and artificial intervertebral disc **160** includes an anteriorly facing flat surface **120b,1200b,180b**, flanked by two anteriolaterally facing flat surfaces **120a,1200a,180a** and **120c,1200c,180c** (one on each side of the anteriorly facing flat surface **120b,1200b,180b**), and, to provide for holding of the static trial **100,1000** or disc **160** for an anterior insertion approach, a hole **122b,1220b,182b** spaced from the anteriorly facing flat surface **120b,1200b,180b**, the hole **122b,1220b,182b** having a longitudinal axis parallel to the anteriorly facing flat surface **120b,1200b,180b**.

The holding pin **408,4080** of the inserter/impactor **400,4000** fits within the hole **122b,1220b,182b**, and the angled flat surfaces **120a-c,1200a-c,180a-c** of the static trial **100,1000** or disc **160** fit against the correspondingly angled flat surfaces **420a-c,4200a-c** of the inserter/impactor **400,4000**, and operation of the inserter/impactor **400,4000** pulls the holding pin **408,4080** toward the flat surface **120b,1200b,180b** of the inserter/impactor **400,4000** opposite the pin **408,4080**, to rigidly hold the static trial **100,1000** or disc **160** by the structure of the static trial **100,1000** or disc **160** having the hole **122b,1220b,182b** (e.g., the baseplate **108b,1080b,168b**).

When the static trial **100,1000** or disc **160** is held in this manner, rotation of the static trial **100,1000** or disc **160** about a longitudinal axis (of the static trial **100,1000** or disc **160**) relative to the inserter/impactor **400,4000** is prevented by interference of the corners of the static trial's **100,1000** or disc's **160** flat surfaces **120a-c,1200a-c,180a-c** and the corners of the inserter/impactor's **400,4000** flat surfaces **420a-c,4200a-c**, similar to the manner in which a wrench holding a nut prevents rotation of the nut relative to the wrench. Further, the holding of the static trial **100,1000** or disc **160** in this manner allows for some repositioning of the static trial **100,1000** or disc **160** in the intervertebral space via rotation of the static trial **100,1000** or disc **160** in either direction about the longitudinal axis of the intervertebral space.

Further, with regard to the wedge plate inserter/impactor **4000**, when the static trial **100,1000** or disc **160** is held in this manner, rotation of the static trial **100,1000** or disc **160** about a lateral axis (of the static trial **100,1000** or disc **160**) relative to the inserter/impactor **4000** is prevented by interference of the inwardly facing surface (e.g., **164a**) of the first baseplate (e.g., upper baseplate) of the static trial **100,1000** or disc **160** and the upper surface **4200g** of the wedge on the distal end **4040**, and by interference of the inwardly facing surface (e.g., **164b**) of the second baseplate (e.g., lower baseplate) of the static trial **100,1000** or disc **160** and the lower surface **4200h** of the wedge on the distal end **4040**. Accordingly, the holding of the static trial **100,1000** or disc **160** in this manner allows for some repositioning of the static trial **100,1000** or disc **160** in the intervertebral space

via rotation of the static trial **100,1000** or disc **160** in either direction about the longitudinal or latitudinal axis of the intervertebral space.

Preferably, both of the baseplates of the static trial **100,1000** or disc **160** have similarly configured flat surfaces. For example, the lower baseplate's **108b,1080b,168b** flat surfaces **120a-c,1200a-c,180a-c** have similarly configured and similarly oriented counterpart flat surfaces **120d-f,1200d-f,180d-f** on the upper baseplate **108a,1080a,168a**. Further preferably, both baseplates' **108a-b,1080a,168a-b** flat surfaces **120a-f,1200a-f,180a-f**, face the angled flat surfaces **420a-c,4200a-f** of the inserter/impactor **400,4000** when the static trial **100,1000** or disc **160** is held by the inserter/impactor **400,4000**. For example, in an anterior approach for the trial **100,1000** (as shown in FIGS. **59-62**, showing the trial **100** being held by the inserter/impactor **400** as an example for of how either trial **100,1000** can be held by either inserter/impactor **400,4000**), **120a,1200a** and **120d,1200d** facing **420a** (or **4200a** and **4200d**), **120b,1200b** and **120e,1200e** facing **420b** (or **4200b** and **4200e**), and **120c,1200c** and **120f,1200f** facing **420c** (or **4200c** and **4200f**), and in an anterior approach for the disc **160** (as shown in FIGS. **65-68**, showing the disc **160** being held by the inserter/impactor **400** as an example for of how the disc **160** can be held by either inserter/impactor **400,4000**), **180a** and **180d** facing **420a** (or **4200a** and **4200d**), **180b** and **180e** facing **420b** (or **4200b** and **4200e**), and **180c** and **180f** facing **420c** (or **4200c** and **4200f**).

It should be noted that preferably, when the static trial **100,1000** is held by the inserter/impactor **400,4000**, the flat surfaces **120a-c,1200a-c** and the counterpart flat surfaces **120d-f,1200d-f** are tightly held against the angled flat surfaces **420a-c,4200a-f** of the inserter/impactor **400,4000** as described above. It is also preferable that the baseplates **108a-b,1080a-b** of each of the plurality of static trials **100,1000** be appropriately lordotically angled relative to one another to ease insertion of the static trial **100,1000** into the intervertebral space and to mimic how the artificial intervertebral disc **160** will typically be oriented as it is being inserted using the inserter/impactor **400,4000**. While not shown in FIGS. **1-6** or FIGS. **7-12**, in some embodiments, when the static trials **100,1000** are formed in such a lordotically oriented configuration, it is preferable that the flat surfaces **120d-f,1200d-f** on the first (e.g., upper) baseplate **108a,1080a** be parallel to the flat surfaces **120a-c,1200a-c** of the second (e.g., lower) baseplate **108b,1080b** in the static trial's **100,1000** appropriately lordotically oriented configuration, so that when the static trial **100,1000** is held tightly by the inserter/impactor **400,4000**, the flat surfaces **120a-f,1200a-f** are flush with the flat surfaces **420a-c,4200a-f** of the inserter/impactor **400,4000** even though the baseplates **108a-b,1080a-b** are lordotically angled with respect to one another.

With regard to the inserter/impactor **400**, by contrast, preferably, when the artificial intervertebral disc **160** is held by the inserter/impactor **400**, the flat surfaces **180a-c** are tightly held against the angled flat surfaces **420a-c** of the inserter/impactor **400** as described above, but the counterpart flat surfaces **180d-f** are loosely held against the angled flat surfaces **420a-c** of the inserter/impactor **400**. As such, the structure of the artificial intervertebral disc **160** having the counterpart flat surfaces **180d-f** (e.g., the upper baseplate **168a**) is able to angulate and rotate to a limited extent relative to the structure of the artificial intervertebral disc **160** having the flat surfaces **180a-c**. This permits the artificial intervertebral disc **160** to adjust to the intervertebral space (e.g., to the angulation of the adjacent vertebral



endplates, defining the intervertebral space, relative to one another) as it is being inserted thereinto. That is, typically, the adjacent vertebral endplates will be lordotically angled with respect to one another as a result of the intervertebral space being prepared and distracted. As the artificial intervertebral disc **160** is then inserted into the intervertebral space using the inserter/impactor **400**, then, the baseplates **168a-b** will be permitted to lordotically angle with respect to one another to squeeze into the intervertebral space.

With regard to the wedge plate inserter/impactor **4000**, when the artificial intervertebral disc **160** is held by the inserter/impactor **4000**, the wedge surfaces of the distal end **4040** protrude from a distance midway with respect to the top and bottom of the distal end **4040** and span (e.g., right to left or vice-versa) the entire distal face of the distal end **4040**, and the surfaces **4200d-f** above the wedge on the distal end **4040** are respectively perpendicular to the wedge's upper surface **4200g** such that each is disposed in parallel with its respective corresponding surface of the disc **160** when the disc **160** is held by the inserter/impactor **4000** at the appropriate lordosis angle. (And, accordingly, are angled approximately 15 degrees with respect to the surfaces below the wedge **4200a-c**.)

Preferably, for an anterior approach, the wedge-shaped extension **4042** is designed and shaped to fit with its antero-lateral confronting surfaces (**4200d,f** and **4200a,c**) tightly against the correspondingly antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc **160**, but such that its anterior confronting surfaces (**4200e** and **4200b**) are slightly spaced from the anteriorly facing surfaces (**180d** and **180b**) of the disc **160**, when the disc is held by the inserter/impactor **4000**. This is primarily to address manufacturing issues (in some instances, tolerances may not be adequately defined to ensure that all of those surfaces fit tightly against their corresponding surfaces), so that if there are manufacturing anomalies, any slight tolerance differences that may exist are nevertheless still adequate to ensure at least the tight fitting of the antero-lateral confronting surfaces, so that manipulation of the disc **160** is possible (e.g., in the manner of a wrench against an angled nut). This can be achieved, e.g., by designing the anterior confronting surfaces (**4200e** and **4200b**) to each be slightly greater in length than the corresponding anteriorly facing surfaces (**180e** and **180b**) of the disc baseplates, while still being angled with respect to the antero-lateral confronting surfaces (**4200d,f** and **4200a,c**) at the same angle the antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc baseplates are angled with respect to the anteriorly facing surfaces (**180e** and **180b**) of the disc. The increased length of the anterior confronting surfaces on the wedge extension results in the slight clearance between the anteriorly facing surfaces (**180e** and **180b**) of the disc and the corresponding anterior confronting surface (**4200e** and **4200b**) of the wedged distal end, thereby ensuring that the disc will be fully seated against the antero-lateral confronting surfaces of the distal end despite possible manufacturing, material or other inevitable variations in tolerances of the artificial intervertebral disc or the inserter/impactor. As noted above, similar in this regard to the manner in which a wrench engages a nut, this fitting increases the mechanical advantage toward repositioning the disc in the intervertebral space. It should be noted, inasmuch as the inserter/impactor **4000** described herein can engage the disc from the antero-lateral angles as well, the anterior confronting surfaces (**4200e** and **4200b**) should also be longer than the antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc, so that a similar fitting occurs when the disc is held from the antero-lateral angles. Stated broadly,

the primary confronting surfaces (e.g., the anterior confronting surfaces) of the inserter/impactor are preferably slightly longer than the primary confronted surfaces (e.g., anteriorly facing surfaces) of the disc for any given holding orientation.

In order to provide for a holding of the static trial **100,1000** or disc **160** for two additional (here, anteriolateral) insertion approaches, each static trial **100,1000** or disc **160** also preferably includes two additional holes **122a,1220a,182a** and **122c,1220c,182c**, one (e.g., **122a,1220a,182a**) spaced apart from one of the anteriolaterally facing flat surfaces (e.g., **120a,1200a,180a**), and the other (e.g., **122c,1220c,182c**) spaced apart from the other of the anteriolaterally facing flat surfaces (e.g., **120c,1200c,180c**). Accordingly, operation of the inserter/impactor **400,4000** can fit the holding pin **408,4080** into either of these two additional holes **122a,1220a,182a** or **122c,1220c,182c**, and hold the associated anteriolaterally facing flat surface (the one associated with the hole into which the pin **408,4080** is fit) of the static trial **100,1000** or disc **160** against the flat surface of the inserter/impactor **400,4000** opposite the pin **408,4080**. For example, in a first anteriolateral approach for the trial **100,1000** (as shown in FIG. **63** as an example of how either trial **100,1000** can be engaged by either inserter/impactor **400,4000**), **120a,1200a** and **120d,1200d** not confronted, **120b,1200b** and **120e,1200e** facing **420a** (or **4200a** and **4200d**), and **120c,1200c** and **120f,1200f** facing **420b** (or **4200b** and **4200e**), and a first anteriolateral approach for the disc **160** (as shown in FIG. **69** as an example of the how the disc **160** can be engaged by either inserter/impactor **400,4000**), **180a** and **180d** not confronted, **180b** and **180e** facing **420a** (or **4200a** and **4200d**), and **180c** and **180f** facing **420b** (or **4200b** and **4200e**). And, for example, in a second anteriolateral approach for the trial **100** (as shown in FIG. **64** as an example of how either trial **100,1000** can be engaged by either inserter/impactor **400,4000**), **120a,1200a** and **120d,1200d** facing **420b** (or **4200b** and **4200e**), **120b,1200b** and **120e,1200e** facing **420c** (or **4200c** and **4200f**), and **120c,1200c** and **120f,1200f** not confronted, and a second anteriolateral approach for the disc **160** (as shown in FIG. **70** as an example of how the disc **160** can be engaged by either inserter/impactor **400,4000**), **180a** and **180d** facing **420b** (or **4200b** and **4200e**), **180b** and **180e** facing **420c** (or **4200c** and **4200f**), and **180c** and **180f** not confronted.

It should be understood that preferably, in order to facilitate these additional approaches, the angle separating the anteriorly facing flat surface of the static trial **100,1000** or disc **160** and one of the anteriolaterally facing flat surfaces of the static trial **100,1000** or disc **160** is equal to the angle separating the anteriorly facing flat surface and the other of the anteriolaterally facing flat surfaces. Preferably, the surfaces are angled with respect to one another at an angle of 33.4 degrees.

It should also be understood that the inclusion of additional adjacent angulated surfaces and/or additional notches (or placing the angulated surfaces or notches in other locations on the trial or disc), and/or including corresponding holes adjacent to such angulated surfaces or notches, can provide the surgeon with additional approaches, e.g., other anteriolateral approaches, directly lateral approaches, posteriolateral approaches, and/or directly posterior approaches. For example, a trial or disc can have angled surfaces (and corresponding holes) along the entire perimeter of one or both of the baseplates, and thus enable the surgeon to engage the trial or disc from a number of angles, including anterior, posterior, lateral, anteriolateral, and posteriolateral angles. Or, for example, a trial (or disc) can have notches located on



directly laterally facing surfaces or posterior surfaces or posterior-laterally facing surfaces, and thus enable the surgeon to engage the trial (or disc) with a static trial holder from a number of angles, including anterior, posterior, lateral, anteriolateral, and posteriolateral angles. (It should be noted that, while the opposing notches of the alternate static trials are shown formed in conjunction with the angulated surfaces of the baseplates, neither the number nor the placement of the opposing notches need coincide or be related to the number or placement of the angulated surfaces of the baseplates. For example, the notches can be applied to a trial or disc having curved approach surfaces.)

Additionally with regard to features that can be engaged by a tool, each of the static trials **100,1000** includes at least one feature that can be engaged by a tool that preferably is also used to engage the artificial intervertebral disc that the trial approximates. Suitable tools that can engage both the trial and the artificial intervertebral disc include, but are not limited to, the repositioners/extractors **500,510,520,530,540** described below. Specifically, for being engaged by the repositioners/extractors, each static trial **100,1000** and artificial intervertebral disc **160** includes at least two holes extending longitudinally into one of the baseplates of the static trial **100,1000** or artificial intervertebral disc **160** from the inwardly facing surface of the baseplate. More than two holes can be used to provide for multiple repositioning/extracting approaches. Preferably, in order for the same repositioning/extracting tool to be used for multiple approaches on the same trial or artificial intervertebral disc, adjacent holes should be separated by the same distance separating other adjacent holes.

As discussed in greater detail below with regard to the repositioners/extractors **500,510,520,530,540**, in order to engage two of the holes, each repositioner/extractor has two pins extending in parallel from a central shaft, perpendicular to the longitudinal axis of the central shaft. The pins are spaced to engage the two holes simultaneously, and each pin has a diameter smaller than the diameter of the hole it is to engage. Therefore, the pins can be inserted into the holes, and pulling or pushing on the central shaft along its longitudinal axis when the holes are engaged pulls or pushes the static trial or artificial intervertebral disc in the intervertebral space. Further, because two holes are engaged, the static trial or artificial intervertebral disc can be rotated in either direction about a longitudinal axis passing through the intervertebral space, by rotating the central shaft of the repositioner/extractor about its distal end, about an axis parallel to the longitudinal axes of the pins. A handle at a proximal end of the central shaft is useful for pushing or pulling on the shaft. A flange adjacent the proximal end of the shaft is useful for impaction (either with a distally directed force or a proximally directed force), if necessary to manipulate the shaft.

On each repositioner/extractor, the pins are formed on prongs that extend laterally from the central shaft. The direction of the prongs, and the location of the pins relative to the central shaft, determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Further, the number and location of holes further determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Accordingly, the present invention contemplates a variety of repositioner/extractors, and a variety of holes configurations, to provide the surgeon with a variety of possible surgical approach angles.

As described in greater detail below, three repositioner/extractors are illustrated and described (symmetric, offset

left, and offset right) for example, and, for example, two hole configurations are illustrated and described. Referring again to FIGS. **1-20** and FIGS. **7-12**, a first hole configuration includes the hole configuration described above, that is, three holes on one of the baseplates (e.g., the lower baseplate **108b,1080b,168b**), the holes being configured so that a first hole **122b,1220b,182b** is located in the anterior-posterior plane, and the adjacent (second **122a,1220a,182a** and third **122c,1220c,182c**) holes are located in respective opposing anteriolateral planes on either side of the first hole **122b,1220b,182b**. (This hole configuration is also shown in FIGS. **98-103**, each of which shows a top cutaway view of the artificial intervertebral disc **160** of FIGS. **13-20**, showing its lower baseplate **168b**, having the first hole configuration, engaged by one of the repositioners/extractors **500,510,520**. Each view of the lower baseplate **168b** shows the first hole **182b**, the second hole **182a**, and the third hole **182c** of the first hole configuration.)

Referring again to FIGS. **1-20**, a second hole configuration includes four holes on one of the baseplates (e.g., the upper baseplate **108a,168a**), the holes being configured so that first (e.g., **130c,190c**) and second (e.g., **130b,190b**) holes straddle the anterior-posterior plane, a third hole (e.g., **130d,190d**) is located so that the third hole and the first hole straddle one of the opposing anteriolateral planes, and a fourth hole (e.g., **130a,190a**) is located so that the fourth hole and the second hole straddle the other of the opposing anteriolateral planes. While this second hole configuration is not illustrated with regard to the static trials **1000**, it should be understood that the static trials **1000** can be configured with such second hole configuration, or any other hole configuration, without departing from the scope of the present invention. (It should be noted that, while the opposing notches of the static trials **1000** are shown formed in conjunction with the holes in the baseplates, neither the number nor the placement of the opposing notches need coincide or be related to the number or placement of the holes in the baseplates.) (This second hole configuration is also shown in FIGS. **104-112**, each of which shows a bottom cutaway view of the artificial intervertebral disc of FIGS. **1-20**, showing its upper baseplate **168a**, having the second hole configuration, engaged by one of the repositioners/extractors **500,510,520**. Each view of the upper baseplate shows the first hole **190c**, the second hole **190b**, the third hole **190d**, and the fourth hole **190a**, of the second hole configuration.)

It should be understood that configurations having more or fewer holes, and in a variety of locations, are contemplated by the invention, and the detailed descriptions of only two hole configurations is not meant to limit the invention to only these two configurations. Importantly, the invention encompasses using a hole or any number of holes, bored at any suitable angle, whether parallel to other holes or not, in any number of locations on a spacer, a trial or an artificial intervertebral disc (not limited to locations on the baseplates), for purposes of enabling the spacer, trial, or disc to be engaged by a manipulation instrument (not limited to a repositioner/extractor) that engages the hole, and/or to enable the surgeon to work from a variety of approaches. For example, as described in more detail below, the first and second hole configurations described herein, in cooperation with the repositioner/extractors, provide the surgeon with the ability to work from a directly anterior approach, as well as several anteriolateral approaches. It should be understood that additional hole configurations can enable the surgeon to work from a directly posterior approach, posteriolateral approaches, directly lateral approaches, or anteriolateral



approaches that are different than those illustrated. For example, the placement of one or more suitably spaced holes (or the addition of one or more holes) on the posterior edge, and/or one or both of the lateral edges of one or both of the baseplates, would enable the surgeon to use the repositioner/extractors of the present invention to achieve such approaches.

Thus, it can be seen that each of the repositioner/extractors can be used in more than one manner depending on the tool desired and the approach desired. These manners are described in greater detail below and illustrated in FIGS. 98-112 with regard to the detailed description of the repositioners/extractors.

Also preferably, the baseplates **108a-b,1080a-b** of each of the plurality of static trials **100,1000** preferably has a convex dome **124a-b,1240a-b** on its outwardly facing surface **126a-b,1260a-b** that is shaped like the convex dome **184a-b** on the outwardly facing surface **186a-b** of the corresponding baseplate **168a-b** of the artificial intervertebral disc **160** that the static trial **100,1000** approximates. Preferably, each convex dome **124a-b,1240a-b** is smooth, rather than having a porous coating that is preferred for the convex domes **184a-b** of the artificial intervertebral disc **160**, and each outwardly facing surface **126a-b,1260a-b** does not have stabilizing spikes such as the stabilizing spikes **188a-b** on the outwardly facing surfaces **186a-b** of the artificial intervertebral disc **160**. The omission of these device stabilizing and bone ingrowth encouraging structures and surfaces on the static trials **100,1000** enables the surgeon to test the size of the artificial intervertebral disc **160** to be implanted without traumatically engaging the vertebral body endplates.

Accordingly, the surgeon can prepare and distract the intervertebral space, and then insert and remove at least one of the static trials (or more, as necessary) to find the size that is most appropriate for the intervertebral space.

Preferred embodiments of static trial holders of the present invention will now be described.

Referring to FIGS. 21-23 and 31, a static trial holder **200** of the present invention is shown in side (FIG. 21), top (FIG. 22), perspective (FIG. 23), and side cutaway (FIG. 31) views. In addition, referring to FIGS. 24-26, a sleeve of the static trial holder is shown in side cutaway (FIG. 24), front (FIG. 25), and back (with partial cutaway) (FIG. 26) views. In addition, referring to FIGS. 27-29, an extension of the static trial holder is shown in top (FIG. 27), proximal cutaway (FIG. 28), side (FIG. 29), and distal cutaway (FIG. 30) views.

Referring to FIGS. 32-34 and 44, an alternate static trial holder **2000** of the present invention is shown in side (FIG. 32), top (FIG. 33), perspective (FIG. 34), and side cutaway (FIG. 44) views. In addition, referring to FIGS. 35, 36, 37, and 38-39, a sleeve of the alternate static trial holder **2000** is shown in side (FIG. 35), top (FIG. 36), side cutaway (FIG. 37), front (FIG. 38), and back (with partial cutaway) (FIG. 39) views. In addition, referring to FIGS. 40-42, an extension of the alternate static trial holder **2000** is shown in top (FIG. 40), proximal cutaway (FIG. 41), side (FIG. 42), and distal cutaway (FIG. 43) views.

The static trial holders **200,2000** are provided primarily for use in holding, inserting and removing the static trials **100,1000** described herein, or distraction spacers having suitable features therefor, such as the distraction spacers disclosed in the '127 application.

More specifically, each static trial holder **200,2000** includes a handle **202,2020**, an extension **204,2040**, and a sleeve **206,2060**. As shown in FIGS. 31 and 44, the handle

**202,2020** and the extension **204,2040** are fixed to one another (preferably by the distal end of the handle **202,2020** being fixed to the proximal end of the extension **204,2040**) to form a shaft **208,2080**. The sleeve **206,2060** surrounds the extension **204,2040** and is rotatable with respect to the handle **202,2020** and the extension **204,2040** about the longitudinal axis of the shaft **208,2080**. The handle **202,2020** preferably has an flange **232,2320** at its proximal end for use in applying a distally or proximally directed force to position the static trial **100,1000** (or distraction spacer) into or out of the intervertebral space, and/or for use in helping the surgeon rotate the sleeve **206,2060** with respect to the extension **204,2040** (by engaging the flange **232,2320** and the control knob **219,2190** described below).

The distal end of the extension **204,2040** forms a contractable and expandable holding enclosure **210,2100** in that the distal end is divided at a fulcrum **212,2120** into two prongs **214a-b,2140a-b**, each of which terminates in a semicircular extent **216a-b,2160a-b**, each of which has a tapered end **215a-b,2150a-b**. The extents **216a-b,2160a-b** are oriented such that the tapered ends **215a-b,2150a-b** face one another to define a radially inwardly tapering mouth **213,2130**, and such that the semicircular openings oppose one another to define the holding enclosure **210,2100**. The prongs **214a-b,2140a-b** are spring biased toward a neutral position (preferably by the formation of the fulcrum **212,2120** in combination with the strength of the material of which the extension **204,2040** is made) such that the holding enclosure **210,2100** is spring biased to a receptive state (described below), but the prongs **214a-b,2140a-b** can be brought together to contract the holding enclosure **210,2100** to a contracted state, (described below) or the prongs **214a-b,2140a-b** can be further separated to expand the holding enclosure **210,2100** to an expanded state (described below).

When the holding enclosure **210,2100** is in the receptive state, the width of the mouth **213,2130** of the holding enclosure **210,2100** does not accommodate the diameter of the cylindrical trunk **106,1060** of the static trial **100,1000** (or distraction spacer) for passage therethrough. However, from this receptive state, the mouth **213,2130** can be temporarily widened (placing the holding enclosure **210,2100** in its expanded state) to accommodate the diameter (for passage of the cylindrical trunk **106,1060** through the mouth **213,2130**), if a sufficient force is applied to overcome the neutral position bias of the prongs **214a-b,2140a-b** and thus widen the mouth **213,2130**. (Preferably, there is enough space between the outer surfaces of the prongs **214a-b,2140a-b** and the inner surface of the bore **218,2180** of the sleeve, when the prongs **214a-b,2140a-b** are in their neutral position, so that the prongs **214a-b,2140a-b** can be separated without interference.) The sufficient force can be applied by pressing the cylindrical trunk **106,1060** against the tapered ends **215a-b,2150a-b** of the mouth **213,2130**, in that the separating force component of the radially inward force of the pressing will be applied to the semicircular extents **216a-b,2160a-b** by the taper of the tapered ends **215a-b,2150a-b**. Because the holding enclosure **210,2100** is biased toward the receptive state, after the cylindrical trunk **106,1060** is passed through the mouth **213,2130** and into the holding enclosure **210,2100**, the holding enclosure **210,2100** will return to its receptive state in which the width of the mouth **213,2130** does not allow passage of the cylindrical trunk **106,1060** without the sufficient force. Preferably, the force required to widen the mouth **213,2130** is greater than gravity and/or the greatest force that will be experienced by moving the static trial holder **200,2000** prior to placing the holding enclosure **210,2100** in the contracted state. There-



fore, once the cylindrical trunk **106,1060** is in the holding enclosure **210,2100**, even before the holding enclosure **210,2100** is placed in its contracted state, the cylindrical trunk **106,1060** will not escape the holding enclosure **210,2100** as the static trial holder **200,2000** is oriented with the holding enclosure **210,2100** downward, or is moved about.

It should be understood that when the static trial **100,1000** (or distraction spacer) is being held (either when the holding enclosure **210,2100** is in its receptive state or in its contracted state discussed below), because the semicylindrical extents **216a-b,2160a-b** fit within the annular groove **104,1040** of the static trial **100,1000** (or distraction spacer), the static trial **100,1000** (or distraction spacer) will not escape from the enclosure along the longitudinal axis of the cylindrical trunk **106,1060**. That is, as noted above, the recess **102,1020** of each static trial **100,1000** (or distraction spacer) forms an annular groove **104,1040** that establishes the cylindrical trunk **106,1060** between the baseplates of the static trial (or distraction spacer), such that the baseplates extend as flanges from either end of the cylindrical trunk **106,1060**. Accordingly, preferably, the opposing semicircular extents each have a thickness smaller than the width of the annular groove **104,1040**, and as such fit into the annular groove **104,1040** to engage the cylindrical trunk **106,1060** between them.

In some embodiments, while not shown in FIGS. 1-6 or FIGS. 7-12 or FIGS. 21-31 or FIGS. 32-44, it is preferable that the annular groove **104,1040** radially widen outwardly, such that the walls of the annular groove **104,1040** taper toward one another with the increasing depth of the groove, such that the floor of the groove is more narrow than the opening **116,1160** of the groove. Accordingly, preferably, in such embodiments, each semicircular extent **216a-b,2160a-b** correspondingly radially widens outwardly, such that the thinner portion of the extent **216a-b,2160a-b** fits closer to the floor of the annular groove **104,1040**, so that the tapered surfaces **215a-b,2150a-b** of the extents **216a-b,2160a-b** compress against the tapered walls of the annular groove **104,1040** when the static trial **100,1000** is engaged by the static trial holder **200,2000**. This taper locking provides for a secure grip so that the static trial **100,1000** can be manipulated accurately and efficiently.

In some embodiments, while not shown in FIGS. 1-6 or FIGS. 7-12 or FIGS. 21-31 or FIGS. 32-44, it is also preferable that the floor of the annular groove **104,1040** of the cylindrical trunk **106,1060** be ridged (e.g., have ridges that run parallel to the longitudinal axis of the cylindrical trunk), and the surfaces of the semicircular extents **216a-b,2160a-b** of the static trial holder **200,2000** that compress against the floor of the annular groove **104,1040** when the static trial holder **200,2000** engages the static trial **100,1000** be correspondingly provided with ridges. The interlocking of the ridges of the static trial **100,1000** with the ridges of the static trial holder **200,2000** when the static trial **100,1000** is engaged prevents rotation of the static trial **100,1000** about the longitudinal axis of the cylindrical trunk **106,1060** with respect to the static trial holder **200,2000**.

In order to more tightly hold the static trial **100,1000** (or distraction spacer) for manipulation of the static trial **100,1000** (or distraction spacer) during surgical procedures in which greater forces will be experienced by the static trial **100,1000** (or distraction spacer) and the static trial holder **200,2000**, the holding enclosure **210,2100** can be placed in a contracted state. The holding enclosure **210,2100** can be considered “unlocked” in its receptive or expanded states, and “locked” in its contracted state, with respect to the nature of the hold that the static trial holder **200,2000**

potentially can have or has on the cylindrical trunk **106,1060**. Preferably, when the holding enclosure **210,2100** is locked, a force greater than that which is applicable by an unaided surgeon or nurse (i.e., that which can be applied to remove the cylindrical trunk **106,1060** from the holding enclosure **210,2100** when the holding enclosure **210,2100** is in its receptive state), and greater than that which will be experienced by the static trial **100,1000** (or distraction spacer) and the static trial holder **200,2000** during surgical procedures) would be required to pull the cylindrical trunk **106,1060** out of the holding enclosure **210,2100**. The placement of the holding enclosure **210,2100** in its locked state or unlocked state is effected by operation of a holding assembly that includes the extension **204,2040** and the sleeve **206,2060** and the manner in which they are configured and interact.

More particularly, the prongs **214a-b,2140a-b** can be brought together (or brought closer to one another; it should be understood that they need not touch to be encompassed by the present invention), to lock the holding enclosure **210,2100**, by a rotation of the sleeve **206,2060** with respect to the handle **202,2020** and the extension **204,2040** about the longitudinal axis of the shaft **208,2080**. A rotation control knob **219,2190** is provided to ease the rotation of the sleeve **206,2060**. As shown in FIGS. 27 and 29-30 in view of FIGS. 24-25 and FIGS. 40 and 42-43 in view of FIGS. 35-38, the bore **218,2180** of the sleeve **206,2060** (shown in cutaway in FIGS. 25 and 38) defines a cross-section that has a width **220,2200** that is greater than its depth **222,2220**. Further as shown in those figures, the prongs **214a-b,2140a-b** when separated (shown in cutaway in FIGS. 30 and 43) define a cross-section having a width **224,2240** that is greater than its depth **226,2260**, the width **224,2240** and depth **226,2260** of the prongs' cross-section being closely accommodated by the width **220,2200** and depth **222,2220** of the bore's cross-section. When the prongs **214a-b,2140a-b** are together, the width of prongs' cross-section is closely accommodated by the depth **222,2220** of the bore's cross-section. Thus, when the sleeve **206,2060** is rotated with respect to the extension **204,2040**, the sides of the bore defining the depth **222,2220** of its cross-section bear against the sides of the prongs **214a-b,2140a-b** defining the width of their cross-section.

It should be noted that in order to ease the rotation of the sleeve **206,2060** so that the side of the bore **218,2180** can bear against the sides of the prongs **214a-b,2140a-b**, the corners of the bore **218,2180** are radiused, and at least the sides (that face away from one another) of the prongs **214a-b,2140a-b** are curved. Preferably, as shown, the prongs **214a-b,2140a-b** when separated define a partial cylindrical cross-section. The effect of the bearing (of the sides of the bore **218,2180** against the sides of the prongs **214a-b,2140a-b**) is borne by the space between the prongs **214a-b,2140a-b**, so that the space narrows and the prongs **214a-b,2140a-b** are brought toward one another until they are accommodated within the bore's depth **222,2220**. The bringing together of the prongs **214a-b,2140a-b** brings the semicircular extents **216a-b,2160a-b** together to place the holding enclosure **210,2100** into its contracted state, locking it.

Preferably, with regard to the static trial holder **200**, the sleeve **206** is biased toward establishing the holding enclosure **210** in either an unlocked position or a locked position. Stated alternatively, when the holding enclosure **210** is unlocked (or locked), the force required to begin rotation of the sleeve **206** is greater than the force required to continue rotating the sleeve **206** once rotation has begun. And, as the sleeve **206** is rotated toward a position that will unlock (or



lock), the holding enclosure **210**, it is biased toward stopping its rotation at that upcoming position. Stated alternatively, as the sleeve **206** is being rotated, the force required to rotate the sleeve **206** past that upcoming position is greater than the force that is required to rotate it prior to reaching that upcoming position.

This biasing of the sleeve **206** of the static trial holder **200** toward positions that will either unlock or lock the holding enclosure **210** is effected by the inclusion of at least one spaced recess **228** on the outer surface of the extension **204**, and at least one radial bore **230** through the wall of the sleeve **206** (preferably through the rotation control knob **219** as shown), which bores **230** each have secured therein a spring plunger (not shown) (it should be understood that functionally equivalent devices can also be used in place of a spring plunger). Preferably, each recess **228** is associated with a respective cooperating bore **230** and spring plunger. When a given bore **230** (and spring plunger) is aligned with its associated recess **228**, the sleeve **206** is in a position at which the holding enclosure **210** is either unlocked or locked. Each of the spring plungers is biased radially inwardly from the inner surface of the sleeve **206**, and as such presses against the outer surface of the extension **204** as the sleeve **206** is being rotated. Thus, when a recess **230** is presented to the spring plunger, it plunges into the recess **230**, stopping the rotation of the sleeve **206**. In order to restart (or continue) rotation of the sleeve **206**, the bias of the spring plunger must be overcome when the restarting (or continuing) rotational force is applied. In order to lower the overcoming force required to restart or continue the rotation, the end of the spring plunger is preferably convexly curvate, and the recess is concavely curvate. Preferably, four recesses **228** and bores **230** (and spring plungers) are provided, each pair representing one of four quarter-turn rotated positions of the sleeve **206**. At each position of the sleeve **206**, all four plungers plunge into the recesses **228**, securing the sleeve **206** at that position until a sufficient force is applied to overcome their plunging bias.

Preferably, with regard to the alternate static trial holder **2000**, the movement of the sleeve **2060** toward positions that will either unlock or lock the holding enclosure **2100**, and the stopping of the sleeve **2060** at such positions, is effected by the inclusion of at least one groove **2280** that extends in a 90 degree arc on the outer surface of the extension **2040**, and at least one radial bore **2300** through the wall of the sleeve **2060** (preferably through the rotation control knob **2190** as shown), which bores **2300** each have secured therein a dog headed screw (not shown) so that a head of the screw protrudes into interior of the sleeve (it should be understood that functionally equivalent devices can also be used in place of a dog headed screw). Preferably, each groove **2280** is associated with a respective cooperating bore **2300** and dog headed screw. When a given bore **2300** (and dog headed screw) is aligned with an end of its associated groove **2280**, the sleeve **2060** is in a position at which the holding enclosure **2100** is either unlocked or locked (unlocked when the head of the screw is positioned at one end of the groove, locked when it is positioned at the other end of the groove). The head of the dog headed screw protrudes into the interior of the sleeve and into the groove **2280** and rides therein as the sleeve **2060** is rotated. When an end of the groove **2280** is reached by the head of the screw, the head of the screw stops against the wall of the groove **2280** at the end of the groove **2280**, stopping the rotation of the sleeve **2060**, and setting the holding enclosure **2100** to either the unlocked or locked position. In order to set the holding enclosure **2100** to the alternative position, the sleeve **2060** is reverse rotated,

causing the head of the screw to ride in the groove **2280** in the opposite direction toward the other end of the groove **2280**. When the head of the screw reaches the other end of the groove **2280**, the head of the screw stops against the wall of the groove **2280** at that end of the groove **2280**, stopping the rotation of the sleeve **2060**, and setting the holding enclosure **2100** to the alternative position.

Further, with regard to the alternate static trial holder **2000**, the sleeve **2060** preferably has on its exterior surface at least one stop protrusion **1380** that is positioned and dimensioned to extend dorsally or ventrally from the exterior surface when the holding enclosure is in its "locked" state (see FIGS. **45-50**), so that when the surgeon inserts the static trial **100,1000** into the intervertebral space, the stop protrusions **1380** prevent the static trial **100,1000** from being inserted too far into the space (that is, so that the stop protrusions **1380** hit against the lips of the adjacent vertebral body endplates before the static trial **100,1000** is inserted too far). It should be understood that stop protrusions can be applied to the static trial holder **200** without departing from the scope of the invention.

Accordingly, the static trials **100,1000** of the invention (or distraction spacers such as those disclosed in the '127 application) can be held and manipulated with either static trial holder **200,2000**, and from a variety of approach angles. Holding the handle **202,2020** of the static trial holder **200,2000** in one hand, an operator can push the cylindrical trunk **106,1060** of the static trial **100,1000** (or the distraction spacer) against the mouth **213,2130** of the holding enclosure **210,2100** with enough force to temporarily expand the mouth **213,2130** to a width that will accommodate the diameter of the cylindrical trunk **106,1060** for passage through the mouth **213,2130**. The radially inward tapering of the sides of the mouth **213,2130** (the facing ends **215a-b, 2150a-b** of the semicircular extents **216a-b,2160a-b** of the prongs **214a-b,2140a-b**) facilitates this insertion. It should be noted that, with regard to the alternate static trial holder **2000**, as shown in FIGS. **45-50** with reference to FIGS. **7** and **43**, the depth **2260** of the prongs' cross-section is closely accommodated by the depth of the opening establishing by the width of the annular groove **1020** of the alternate static trial **1000** and the depths **1340** of the notches in the pair of opposing notches (**1320a,d, 1320b,d, or 1320c,f**), and the width **2240** of the prongs' cross-section is accommodated by the width **1360** of the notches in the pair of opposing notches (**1320a,d, 1320b,d, or 1320c,f**), so that the prongs' cross-section fits into the opposing notches as, and when, the cylindrical trunk **1060** is surrounded by the semicircular extents **2160a-b**. (That is, that the width **1360** of the notch pair accommodates the width **2240** of the static trial holder's **2000** prongs' **2140a-b** cross-section even when the prongs **2140a-b** are separated to place the holding enclosure **2100** in an expanded state as described below. This enables the notch pair to accommodate the width **2240** of the prongs' cross-section as the cylindrical trunk **1060** of the static trial **1000** is being snapped into the holding enclosure **2100**.)

Once the cylindrical trunk **106,1060** has passed into the holding enclosure **210,2100**, the operator can let go of the static trial **100,1000** (or distraction spacer) because the prongs **214a-b,2140a-b** will be overcome by their bias toward their neutral state and thus hold the static trial **100,1000** in the holding enclosure **210,2100** to prevent the static trial **100,1000** from falling out or slipping out as the static trial holder **200,2000** is moved with the static trial **100,1000** prior to closing (e.g., locking) the holding enclosure **210,2100**. (When the static trial **100,1000** (or distraction spacer) is being held in this manner, and the holding



enclosure **210,2100** is unlocked, the static trial **100,1000** can be removed from the holding enclosure **210,2100** by a pulling of the static trial **100,1000** through the mouth **213,2130** of the holding enclosure **210,2100** with a force required to again temporarily overcome the bias of the prongs **214a-b,2140a-b** toward their neutral state, to separate them and make the width of the mouth **213,2130** accommodate the diameter of the cylindrical trunk **106,1060**.)

With regard to the static trial holder **200**, once the operator is ready to lock the holding enclosure **210**, while still gripping the handle **202** of the static trial holder **200**, he rotates the rotation control knob **219** either clockwise or counterclockwise to move the sleeve **206** to the next quarter-turn position. If the rotation control knob **219** is rotated with enough force to cause the spring plungers in the bores **230** to back out of the recesses **228**, the sleeve **206** will rotate as desired. Once the sleeve **206** has reached the next quarter-turn position, the spring plungers will find the recesses **228** associated with that position, and plunge into the recesses **228** to snap the sleeve **206** into the proper position. As the sleeve **206** rotates, the sides of the sleeve's bore's inner surface bear against the curved outer surfaces of the prongs **214a-b** to push the prongs **214a-b** together so that they are accommodated by the depth **222** of the bore **218**. When the prongs **214a-b** are pressed against one another and held in that closed position by the maintenance of the sleeve **206** in the new position (maintained by the spring plungers in the recesses **228**), the semicircular extents **216a-b** move toward one another and are correspondingly maintained together about the cylindrical trunk **106,1060**. When the prongs **214a-b** are held in this manner, the cylindrical trunk **106,1060** cannot be removed through the mouth **213** of the now-tighter (e.g., locked) holding enclosure **210** without the application of forces preferably greater than will be encountered when inserting and removing the static trial **100,1000** from the intervertebral space during the surgical procedures. Once the static trial **100,1000** has been inserted and removed from the intervertebral space (or the distraction spacer has been inserted and removed from the intervertebral space after being used to distract the space), the operator can lock the holding enclosure **210** by rotating the sleeve **206** another quarter turn (in either the clockwise or the counterclockwise direction). Again, if the rotation control knob **219** is rotated with enough force to cause the spring plungers to back out of the recesses **228**, the sleeve **206** will rotate as desired. Once the sleeve **206** has reached the next quarter-turn position, the spring plungers will find the recesses **228** associated with that position, and plunge into the recesses **228** to snap the sleeve **206** into the proper position. As the sleeve **206** rotates, the sides of the sleeve's bore's inner surface move away from the curved outer surfaces of the prongs **214a-b** and allow the prongs **214a-b** to separate (under their own bias toward the neutral position) as they are accommodated by the width **220** of the bore **218**. When the prongs **214a-b** are separated and allowed to remain in that position by the maintenance of the sleeve **206** in the new position (maintained by the spring plungers in the recesses **228**), the semicircular extents **216a-b** are separated from one another and hold the cylindrical trunk **106,1060** against falling or slipping out. That is, the cylindrical trunk **106,1060** can be removed by the operator if the operator applies a sufficient force to widen the mouth **213** of the holding enclosure **210** enough to let the cylindrical trunk **106,1060** pass through the mouth **213**. Once the static trial **100,1000** (or distraction spacer) is removed, another one can be inserted and manipulated if required.

With regard to the static trial holder **2000**, once the operator is ready to lock the holding enclosure **2100**, while still gripping the handle **2020** of the static trial holder **2000**, he rotates the rotation control knob **2190** clockwise (or counterclockwise depending on how the grooves **2280** are configured; that is, they are illustrated as being configured to enable a locking with a clockwise rotation, and an unlocking with a subsequent counterclockwise rotation, although other embodiments can enable a locking with a counterclockwise rotation, and an unlocking with a clockwise rotation, to accommodate left-handed persons or right-handed persons or for other reasons) to rotate the sleeve **2060** ninety degrees to the next position. As the sleeve **2060** rotates, the head of the dog headed screw rides freely in the groove **2280**, and the sides of the sleeve's bore's inner surface bear against the curved outer surfaces of the prongs **2140a-b** to push the prongs **2140a-b** together so that they are accommodated by the depth **2220** of the bore **2180**. As the dog headed screw reaches the end of the groove **2280**, the prongs **2140a-b** are pressed against one another and the semicircular extents **2160a-b** move toward one another. The prongs **2140a-b** are held in and biased toward the closed position, and the semicircular extents **2160a-b** are correspondingly maintained together about the cylindrical trunk **106,1060**, by the fitting of the bore's surfaces against the prongs' surfaces. When the prongs **2140a-b** are held in this manner, the cylindrical trunk **106,1060** cannot be removed through the mouth **2130** of the now-tighter (e.g., locked) holding enclosure **2100** without the application of forces preferably greater than will be encountered when inserting and removing the static trial **100,1000** from the intervertebral space during the surgical procedures.

Further with regard to the static trial holder **2000** engaging the static trials **1000**, the interference between the prongs **2140a-b** and the opposing notches in the notch pair in which the prongs **2140a-b** are disposed prevents rotation of the static trial **1000** about a longitudinal axis (e.g., an axis parallel to the longitudinal axis of the cylindrical trunk **1060**) with respect to the static trial holder **2000**. That is, if the static trial **1000** is encouraged, by forces encountered during manipulation of the static trial **1000**, to rotate about such an axis with respect to the static trial holder **2000**, the side walls of the notches will be confronted by the prong **2140a-b** bodies and such rotational movement of the static trial **1000** will be stopped. (As can be seen in FIGS. **46-47**, the prongs **2140a-b** are too deep to fit into the annular groove **1060** without the notch pair accommodating their depth.) The same will happen if a reverse rotation about such an axis is attempted.

Further with regard to the static trial holder **2000**, once the static trial **100,1000** has been inserted and removed from the intervertebral space (or the distraction spacer has been inserted and removed from the intervertebral space after being used to distract the space), the operator can unlock the holding enclosure **2100** by reverse rotating the sleeve **2060** (with enough initial force to overcome the biasing of the fitting of the bore's and the prongs' surfaces) ninety degrees. Again, as the sleeve **2060** rotates, the sides of the sleeve's bore's inner surface move away from the curved outer surfaces of the prongs **2140a-b** and allow the prongs **2140a-b** to separate (under their own bias toward the neutral position) as they are accommodated by the width **2200** of the bore **2180**. When the prongs **2140a-b** are separated and allowed to remain in that position by the maintenance of the sleeve **2060** in the new position (with the head of the dog headed screw against the wall of the groove **2280** at the other end of the groove **2280**), the semicircular extents **2160a-b**



are separated from one another and hold the cylindrical trunk **106,1060** against falling or slipping out. That is, the cylindrical trunk **106,1060** can be removed by the operator if the operator applies a sufficient force to widen the mouth **2130** of the holding enclosure **2100** enough to let the cylindrical trunk **106,1060** pass through the mouth **2130**. Once the static trial **100,1000** (or distraction spacer) is removed, another one can be inserted and manipulated if required. As shown in FIGS. **48-50**, in addition to the anterior approach angle shown in FIGS. **45-47**, the illustrated notch configuration accommodates two anterior-lateral approach angles as well.

Accordingly, the static trial holder **200,2000** can be used to insert and remove the distraction spacers of the '127 application to distract the intervertebral space as described in the '127, and thereafter (or during the distraction) hold to insert and remove the static trials **100,1000** to find the appropriate size of artificial intervertebral disc to be implanted.

A preferred embodiment of a dynamic trial of the present invention will now be described.

Referring now to FIGS. **51-54**, a dynamic trial of the present invention is shown in top (FIG. **51**), side (FIG. **52**), side cutaway (FIG. **53**) and perspective (FIG. **54**) views.

The dynamic trial **300** is provided primarily for distracting an intervertebral space according to the procedures described herein and/or for determining the appropriate size of an artificial intervertebral disc to be implanted (or whether a particular size can be implanted) into the distracted intervertebral space. While the distraction systems and methods described in the '127 application, as well as the static trials described herein (e.g., when used in the manner that the distraction spacers of the '127 application are used), are also useful for distracting an intervertebral space, the dynamic trial **300** is provided as an additional or alternate distraction tool. Further, while the static trials described herein are useful for determining the appropriate size of an artificial intervertebral disc to be implanted (or whether a particular size can be implanted), the dynamic trial **300** is provided as an additional or alternate sizing tool.

More specifically, the dynamic trial **300** includes a shaft **302** having a bifurcated trial **304** at a distal end of the shaft **302**. The trial **304** has an exterior that is preferably formed like the artificial intervertebral disc that it is meant to approximate. Accordingly, each half **306a-b** of the bifurcated trial **304** has on its outwardly facing surface a convex dome **308a-b** that is shaped like the convex dome of the corresponding baseplate of the artificial intervertebral disc that the dynamic trial **300** approximates (e.g., the convex domes **184a-b** of the baseplates **168a-b** of the artificial intervertebral disc **160** of FIGS. **13-20**). Preferably, each convex dome **308a-b** is smooth, rather than having a porous coating that is preferred for the convex domes **184a-b** of the artificial intervertebral disc **160**, and each half **306a-b** does not have stabilizing spikes such as the stabilizing spikes **188a-b** on the outwardly facing surfaces **186a-b** of the artificial intervertebral disc **160**. The omission of these device stabilizing and bone ingrowth encouraging structures and surfaces on the dynamic trial **300** enables the surgeon to test the size of the artificial intervertebral disc **160** to be implanted without invading the vertebral body endplates. The shaft **302** includes an inner shaft portion **310** that centrally divides at a fulcrum **311** into upper and lower distal extensions **312a-b**. The lower distal extension **312b** is fixed to the upper distal extension **312a** at the fulcrum **311**, preferably by screws **313a-b** that are plug welded in place. Preferably, as shown, at least the most proximal screw **313b**

extends above the top surface of the upper distal extension **312a** to serve as a backup stop to prevent extreme forward movement of the control knob **318** that is operated to separate the distal extensions **312a-b** (described below).

From the point of division to their distal ends, each of the upper and lower distal extensions **312a-b** are spring biased (preferably by the formation of the fulcrum **311** in combination with the strength of the material of which the extensions **312a-b** are made, although the use of other types of springs is contemplated by the present invention) toward positions in which they converge toward one another (in the figures, the extensions **312a-b** are shown in these positions). The lower distal extension **312b** is connected (preferably fixed as shown) to the lower half **306b** of the bifurcated trial **304**, and the upper distal extension **312a** is connected to the upper half **306a** of the bifurcated trial **304**. Preferably, as shown, the upper half **306a** is adjustably connected to the upper distal extension **312a** by a pivot pin **315** that allows the upper half **306a** to rotate about a lateral axis that passes through the longitudinal and lateral center of the bifurcated trial **304**. This axis of rotation allows the upper half **306a**, when separating from the lower half **306b**, to adjust to the orientation of the upper (adjacent) vertebral bone without causing the bone to hinge relative to the lower vertebral bone (the bone adjacent the lower half **306b**).

In order to effect the separation of the upper and lower halves **306a-b**, the shaft **302** further includes an outer shaft portion **314** that is longitudinally translatable adjacent the inner shaft portion **310**. The outer shaft portion **314** preferably straddles the inner shaft portion **310** as shown, and includes a pin **316** that passes between the distal extensions **312a-b**. The outer shaft portion **314** is preferably translatable distally by the forward movement of a control knob **318** near the proximal end of the shaft **302**, and translatable proximally by backward movement of the control knob **318**. That is, when the control knob **318** is pushed distally, the outer shaft portion **314** moves distally, and accordingly the pin **316** moves distally. If the pushing force is great enough to overcome the bias of the divided extensions **312a-b** (their bias toward one another), the divided extensions **312a-b** will separate as the pin **316** moves between them (to make room for the pin **316**). The separation of the extensions **312a-b** will correspondingly separate the halves **306a-b** of the bifurcated trial **304**. It should be understood that preferably, if the control knob **318** is released, the bias of the divided extensions **312a-b** will press against the pin **316**, causing the pin **316** (and correspondingly the outer shaft portion **314** and the control knob **318**) to move proximally to allow the divided extensions **312a-b** to return to their biased position, which will bring the halves **306a-b** of the trial **304** back together so they can be removed from the intervertebral space. Preferably, markings **320** are provided on the inner shaft portion **310** (preferably on its top surface so that the surgeon can more easily see the markings **320**) to quantify the depth (to which the bifurcated trial **304** is expanded) corresponding to the distance that the outer shaft portion **314** is translated with respect to the inner shaft portion **310**.

It is anticipated that the pushing force required to separate the halves **306a-b** will increase as they separate, due to the compression of the spine seeking to close the intervertebral space and the annulus seeking to prevent the adjacent vertebral discs from separating beyond a certain point. Therefore, to provide a mechanical advantage to the operator in the event that greater distraction is required, but the operator cannot push the control knob **318** farther with unaided human effort, a fine control knob **322** is provided. The fine control knob **322** is preferably threaded onto the



proximal end of the inner shaft portion **310**, proximal to the control knob **318**. Thus, rotation of the fine control knob **322** about the longitudinal axis of the inner shaft portion **310** will cause the body of the fine control knob **322** to press against the control knob **318** to move it farther distally. The interference of the threads of the fine control knob-inner shaft portion interface prevents the fine control knob **322** from backing up proximally unless the fine control knob **322** is reverse rotated to effect that result.

Preferably, as shown, the proximal end **324** of the shaft **302** is preferably flanged to serve as a slap hammer for impaction (by hitting the proximal end **324** with a mallet with a distally directed force, e.g.), if necessary for proper positioning of the bifurcated trial **304**, and/or forced extraction of the bifurcated trial **304** (by hitting the flange of the proximal end **324** with a mallet with a proximally directed force, e.g.).

Accordingly, the dynamic trial **300** can be used as an additional or alternative distracting tool (e.g., to the distraction spacers), and/or as an alternative or additional sizing tool (e.g., to the static trials). As an example of a use for the dynamic trial **300** as an alternative or additional distraction tool and an alternative sizing tool, once the intervertebral space is distracted to (or, without distraction, is at) a depth that is at least equal to the depth of the closed bifurcated trial **304**, the bifurcated trial **304** of the dynamic trial **300** can be inserted into the intervertebral space. (If the intervertebral space must be distracted initially because it starts out more shallow than the depth of the closed bifurcated trial **304**, the distraction spacers of the '127 application and the methods disclosed therein can be used, e.g.) The control knob **318** and/or fine control knob **322** can be operated to separate the halves **306a-b** of the bifurcated trial **304** to distract the space as clinically appropriate. Because the bifurcated trial **304** is shaped externally to approximate the artificial intervertebral disc to be implanted (e.g., the artificial intervertebral disc **160**), and because the pivoting of the upper half **306a** of the bifurcated trial **304** allows the halves **306a-b** to appropriately lordotically orient themselves, when the surgeon determines the intervertebral space to be distracted to its proper dimension (based on how much compression is being experienced on the dynamic trial **300** and how tight the annulus is), he can read the markings **320** on the shaft **302** to determine what size of artificial intervertebral disc **160** is suitable for the dimensioned intervertebral space. A subsequent bringing together of the halves **306a-b** and a removal of the dynamic trial **300** can then be followed by insertion of the appropriately sized artificial intervertebral disc **160** (e.g., in manners described below with regard to the inserter/impactors).

As an example of a use for the dynamic trial **300** as an alternative distraction tool and an additional sizing tool, after the surgeon has initially distracted the intervertebral space (preferably with the distraction spacers of the '127 application or the static trials described herein), and applied one or more of the static trials **100,1000** to the intervertebral space to determine the appropriate size of the artificial intervertebral disc to be implanted (e.g., the artificial intervertebral disc **160**), the surgeon can apply the dynamic trial **300**, expand it to the size of the static trial **100,1000** that was determined to be the appropriate size for the intervertebral space, and then further open the dynamic trial **300** for a final sizing. An example of a final sizing that would be useful would be to test the amount of farther distraction that is clinically possible, without having to remove and replace static trials **100,1000** when the compression force of the spine and the tension force of the annulus are at their higher

levels. Also, the surgeon may wish to distract the space slightly more than the size of the appropriately sized static trial **100,1000** or artificial intervertebral disc **160**, so that the artificial intervertebral disc **160** can be more easily inserted after removal of the static **100,1000** or dynamic trial **300** results in a compressive settling of the intervertebral space. The surgeon may also wish to distract the space slightly more than the size of the appropriately sized static trial **100,1000** or artificial intervertebral disc **160**, to prepare it for easy insertion of the artificial intervertebral disc **160** to be implanted, with consideration for the height of the stabilizing spikes **188a-b** on the outwardly facing surfaces **186a-b** of the baseplates **168a-b** of the artificial intervertebral disc **160**. While the artificial intervertebral disc **160** having the spikes **188a-b** can be implanted without the additional distraction, some surgeons may find such additional distraction useful or desirable for a particular case.

Preferred embodiments of inserter/impactors of the present invention will now be described.

Referring now to FIGS. **55-58**, an inserter/impactor of the present invention is shown in side (FIG. **55**), top (FIG. **56**), side cutaway (FIG. **57**) and perspective (FIG. **58**) views. FIGS. **59-62** show side (FIG. **59**), top (FIG. **60**), side cutaway (FIG. **61**), and perspective (FIG. **62**) views of an inserter/impactor of the present invention holding a static trial of the present invention. FIGS. **63-64** show top views of an inserter/impactor of the present invention holding a static trial of the present invention in two alternative ways. FIGS. **65-68** show side (FIG. **65**), top (FIG. **66**), side cutaway (FIG. **67**), and perspective (FIG. **68**) views of an inserter/impactor of the present invention holding an exemplary artificial intervertebral disc of the present invention. FIGS. **69-70** show top views of an inserter/impactor of the present invention holding an exemplary artificial intervertebral disc of the present invention in two alternative ways.

Referring now to FIGS. **71-82** side (FIG. **71**), perspective (FIG. **72**), and close-up perspective (FIG. **73**) views of a wedge plate inserter/impactor of the present invention. FIGS. **74-77** show bottom (FIG. **74**), side (FIG. **75**), top (FIG. **76**), and side cutaway (FIG. **77**) views of a distal end of a wedge plate inserter/impactor of the present invention. FIGS. **78-79** show top (FIG. **78**) and side (FIG. **79**) views of a wedge plate inserter/impactor of the present invention holding an exemplary artificial intervertebral disc. FIGS. **80-82** show top (FIG. **80**), side (FIG. **81**), and side cutaway (FIG. **82**) views of a distal end of a wedge plate inserter/impactor of the present invention holding an exemplary artificial intervertebral disc.

Each inserter/impactor **400,4000** is provided primarily for holding, inserting, repositioning, removing, impacting, extracting, and otherwise manipulating an artificial intervertebral disc having features suitable for being manipulated by the inserter/impactor. (However, they can also be used to hold, insert, reposition, remove, impact, extract, and otherwise manipulate the static trials **100,1000** as described above, as well as any other orthopedic device having suitable features therefor. For example, it should be understood that distraction of an intervertebral space can be accomplished in conjunction with a cooperating tool or spacer that can be gripped by the inserter/impactor.) Exemplary suitable artificial intervertebral discs include, but are not limited to, the artificial intervertebral disc **160** described herein and the artificial intervertebral discs described in the '032 and '327 patents with regard to FIGS. **8a-z**, **9a-u**, **10a-u**, **11a-k**, and **12a-p** thereof and by the accompanying descriptions therefor (e.g., embodiments identified as the first, second, third, fourth, and fifth preferred embodiments of the fourth



embodiment family, etc.). Regarding the features suitable for being manipulated by the inserter/impactor **400,4000**, such features include those discussed above as being suitable features on the static trials **100,1000** and disc **160**, namely, an anteriorly facing flat surface on the second (e.g., lower) baseplate of the trial or disc, flanked by two anteriorly facing flat surfaces (one on each side of the anteriorly facing flat surface), and, to provide for holding of the trial or disc for an anterior insertion approach, a hole spaced from the anteriorly facing flat surface, the hole having a longitudinal axis parallel to the anteriorly facing flat surface. Further regarding the features suitable for being manipulated by the wedge plate inserter/impactor **4000**, such features further include the inwardly facing surfaces of the baseplates of the trial or disc.

More particularly, the inserter/impactor **400,4000** includes a shaft **402,4020** having a distal end **404,4040** that has angled flat surfaces **420a-c,4200a-f** corresponding to and fittable against angled flat surfaces of the static trial (e.g., the surfaces **120a-f,1200a-f** of the static trial **100,1000**) or artificial intervertebral disc (e.g., the surfaces **180a-f** of the artificial intervertebral disc **160**) to be implanted. For example, in an anterior approach for the trial **100,1000** (as shown in FIGS. **59-62** as an example of how either static trial **100,1000** can be engaged by either inserter/impactor **400,4000**), **120a,1200a** and **120d,1200d** facing **420a** (or **4200a** and **4200d**), **120b,1200b** and **120e,1200e** facing **420b** (or **4200b** and **4200e**), and **120c,1200c** and **120f,1200f** facing **420c** (or **4200c** and **4200f**), and in an anterior approach for the disc **160** (as shown in FIGS. **65-68** as an example of how the disc **160** can be engaged by either inserter/impactor **400,4000**), **180a** and **180d** facing **420a** (or **4200a** and **4200d**), **180b** and **180e** facing **420b** (or **4200b** and **4200e**), and **180c** and **180f** facing **420c** (**4200c** and **4200f**). Additionally with regard to the wedge plate inserter/impactor **4000**, the distal end **4040** has a wedge-shaped extension **4042** including upper **4200g** and lower **4200h** wedge surfaces corresponding to and fittable against the inwardly facing surfaces of the artificial intervertebral disc (e.g., the lower surface **164a** of the upper baseplate **168a** of the disc **160**, and the upper surface **164b** of the lower baseplate **168b** of the disc **160**, respectively) to be implanted, causing the baseplates to be angled at a 15 degree lordosis angle, with the lower surface **164a** of the upper baseplate **168a** held against the upper surface **4200g**, and the upper surface of the shield being held against the lower surface **4200h**, as best shown in FIGS. **78-82**.

In particular with regard to the wedge plate inserter/impactor **4000**, the inserter/impactor **4000** holds the disc **160** in a preferred position with respect to the inserter/impactor **4000**. (It should be understood that the surfaces of the wedge-shaped extension **4042** can be modified within the scope of the present invention to hold the disc **160** (or another orthopedic device) at positions other than those illustrated herein.) In the illustrated embodiment of the inserter/impactor **4000** in use with the disc **160**, the preferred position is with the baseplates **168a,b** of the disc **160** angle at 15 degrees of lordosis with respect to one another. More particularly, as best shown in FIGS. **78-82**, preferably, the upper and lower surfaces (e.g., **4200g** and **4200h**) of the wedge-shaped extension **4042** protrude from the distal end **4040** and are formed to hold the baseplates **168a,b** such that they are angled at 15 degrees of lordosis with respect to one another. A surface (e.g., lower surface **4200h**) of the wedge-shaped extension **4042** that mates with an inwardly facing surface of a baseplate (e.g., the lower baseplate **168b**) of a disc (e.g., **160**) may be correspondingly shaped (e.g., curved

or flat) for interaction or mating with the disc baseplate (e.g., the lower surface **4200h** of the wedge-shaped extension as illustrated is curved to accommodate the surface of the shield of the disc). Preferably, the forward surface **4200i** of the wedge-shaped extension **4042** has a concave curvature towards the shaft **4020** of the inserter/impactor **4000**, also for accommodating the curvature of the surface of the shield of the disc.

Also preferably with regard to the wedge plate inserter/impactor **4000** and this preferred positioning, the wedge surfaces of the distal end **4040** protrude from a distance midway with respect to the top and bottom of the distal end **4040** and span (e.g., right to left or vice-versa) the entire distal face of the distal end **4040**, and the surfaces **4200d-f** above the wedge on the distal end **4040** are respectively perpendicular to the wedge's upper surface **4200g** such that each is disposed in parallel with its respective corresponding surface of the disc **160** when the disc **160** is held by the inserter/impactor **4000** at the appropriate lordosis angle. (And, accordingly, are angled approximately 15 degrees with respect to the surfaces below the wedge **4200a-c**.) Preferably, for an anterior approach, the wedge-shaped extension **4042** is designed and shaped to fit with its antero-lateral confronting surfaces (**4200d,f** and **4200a,c**) tightly against the correspondingly antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc **160**, but such that its anterior confronting surfaces (**4200e** and **4200b**) are slightly spaced from the anteriorly facing surfaces (**180d** and **180b**) of the disc **160**, when the disc is held by the inserter/impactor **4000**. This is primarily to address manufacturing issues (in some instances, tolerances may not be adequately defined to ensure that all of those surfaces fit tightly against their corresponding surfaces), so that if there are manufacturing anomalies, any slight tolerance differences that may exist are nevertheless still adequate to ensure at least the tight fitting of the antero-lateral confronting surfaces, so that manipulation of the disc **160** is possible (e.g., in the manner of a wrench against an angled nut). This can be achieved, e.g., by designing the anterior confronting surfaces (**4200e** and **4200b**) to each be slightly greater in length than the corresponding anteriorly facing surfaces (**180e** and **180b**) of the disc baseplates, while still being angled with respect to the antero-lateral confronting surfaces (**4200d,f** and **4200a,c**) at the same angle the antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc baseplates are angled with respect to the anteriorly facing surfaces (**180e** and **180b**) of the disc. The increased length of the anterior confronting surfaces on the wedge extension results in the slight clearance between the anteriorly facing surfaces (**180e** and **180b**) of the disc and the corresponding anterior confronting surface (**4200e** and **4200b**) of the wedged distal end, thereby ensuring that the disc will be fully seated against the antero-lateral confronting surfaces of the distal end despite possible manufacturing, material or other inevitable variations in tolerances of the artificial intervertebral disc or the inserter/impactor. As noted above, similar in this regard to the manner in which a wrench engages a nut, this fitting increases the mechanical advantage toward repositioning the disc in the intervertebral space. It should be noted, inasmuch as the inserter/impactor **4000** described herein can engage the disc from the antero-lateral angles as well, the anterior confronting surfaces (**4200e** and **4200b**) should also be longer than the antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc, so that a similar fitting occurs when the disc is held from the antero-lateral angles. Stated broadly, the primary confronting surfaces (e.g., the anterior confronting surfaces) of the inserter/impactor are preferably slightly



longer than the primary confronted surfaces (e.g., anteriorly facing surfaces) of the disc for any given holding orientation.

Each inserter/impactor **400,4000** includes a holding pin **408,4080** that extends from the center flat surface **420b, 4200b** along a longitudinal axis of the shaft **402,4020**, the pin **408,4080** having a distal end **410,4100** that is bent downwardly. The holding pin **408,4080** is spring loaded (by a spring **409,4090**) in a central channel of the shaft **402, 4020**, so that it is biased toward and against the shaft **402,4020** (preferably, the bent end **410,4100** of the pin **408,4080** prevents it from entering the central channel). With regard to the wedge plate inserter/impactor **4000**, the holding pin **4080** is restricted from upwardly lateral movement with respect to the distal end of the inserter/impactor **4000** by the presence of the wedge-shaped extension **4042** of the distal end **4040** of the inserter/impactor **4000**. More particularly, with any attempted upward movement of the holding pin **4080**, the pin encounters the upper surface of the channel in which the pin **4080** travels, preventing any such upward movement. On both inserter/impactors **400,4000**, the holding pin **408,4080** is preferably heat treated (e.g., cold formed) to increase material quality (e.g., strength).

A flange **411,4160**, mechanically connected to the pin **408,4080** and translating adjacent the shaft **402,4020**, can be pushed distally to overcome the bias of the spring **409,4090** to space the pin **408,4080** away from the central flat surface **420b,4200b**. (An alternative configuration is one in which the flange **411,4160** and the pin **408,4080** are formed from a single piece, rather than being mechanically connected.) In this extended position, the pin **408,4080** can be inserted in the hole **122b,1220b,182b** in the baseplate **108b,1080b,168b** of the static trial **100,1000** or artificial intervertebral disc **160**. Releasing the flange **411,4160** allows the spring **409, 4090** to pull the pin **408,4080** back, causing the anteriorly facing surface **120b,1200b,180b** of the baseplate **108b, 1080b,168b** to be held against the central flat surface **420b** of the inserter/impactor **400** (or against the lower central flat surface **4200b** of the inserter/impactor **4000**) and the anteriorly facing flat surfaces **120a,c,1200a,c,180a,c** of the static trial **100,1000** or artificial intervertebral disc **160** to be held against the other corresponding flat surfaces **420a,c** of the inserter/impactor **400** (or against the other corresponding flat surfaces **4200a,c** of the inserter/impactor **4000**). Further and simultaneously, with regard to the wedge plate inserter/impactor **4000**, the anteriorly facing surface **180e** of the baseplate **168a** is pulled against the upper central flat surface **4200e** of the inserter/impactor **4000** and the anteriorly facing flat surfaces **180d,f** of the artificial intervertebral disc **160** is pulled against the other corresponding flat surfaces **4200d,f** of the inserter/impactor **4000**. Additionally with regard to the wedge plate inserter/impactor **4000**, as noted above, the upper and lower wedge surfaces (**4200g,h**) interfere between the inwardly facing surfaces **164a,b** of the disc baseplates, causing the baseplates to be angled at a 15 degree lordosis angle, with the lower surface **164a** of the upper baseplate **168a** held against the upper surface **4200g**, and the upper surface of the shield being held against the lower surface **4200h**, as best shown in FIGS. **78-82**.

A knob **412,4120**, threaded on the shaft **402,4020**, can be rotated about the longitudinal axis of the shaft **402,4020** to push the flange **411,4160** farther proximally, to pull the pin **409,4090** tighter and therefore lock its position (the interference of the threads of the knob-shaft interface prevents the knob **412,4120** from moving distally unless the knob **412,4120** is reverse rotated to effect that result) to more

securely hold the baseplate **108b,1080b,168b**, and reverse rotated to unlock and loosen the pin **409,4090**.

When the static trial **100,1000** or disc **160** is held in this manner, rotation of the static trial **100,1000** or disc **160** about a longitudinal axis (of the static trial **100,1000** or disc **160**) relative to the inserter/impactor **400,4000** is prevented by interference of the corners of the static trial's **100,1000** or disc's **160** flat surfaces **120a-c,1200a-c,180a-c** and the corners of the inserter/impactor's **400,4000** flat surfaces **420a-c,4200a-f**, similar to the manner in which a wrench holding a nut prevents rotation of the nut relative to the wrench. Further, the holding of the static trial **100,1000** or disc **160** in this manner allows for some repositioning of the static trial **100,1000** or disc **160** in the intervertebral space via rotation of the static trial **100,1000** or disc **160** in either direction about the longitudinal axis of the intervertebral space.

Further, with regard to the wedge plate inserter/impactor **4000**, when the static trial **100,1000** or disc **160** is held in this manner, rotation of the static trial **100,1000** or disc **160** about a lateral axis (of the static trial **100,1000** or disc **160**) relative to the inserter/impactor **4000** is prevented by interference of the inwardly facing surface (e.g., **164a**) of the first baseplate (e.g., upper baseplate) of the static trial **100,1000** or disc **160** and the upper surface **4200g** of the wedge on the distal end **4040**, and by interference of the inwardly facing surface (e.g., **164b**) of the second baseplate (e.g., lower baseplate) of the static trial **100,1000** or disc **160** and the lower surface **4200h** of the wedge on the distal end **4040**. Accordingly, the holding of the static trial **100,1000** or disc **160** in this manner allows for some repositioning of the static trial **100,1000** or disc **160** in the intervertebral space via rotation of the static trial **100,1000** or disc **160** in either direction about the longitudinal or latitudinal axis of the intervertebral space.

In some embodiments of the wedge plate inserter/impactor **4000**, when the artificial intervertebral disc **160** is held by the inserter/impactor **4000**, the flat surfaces **180a-c** are more closely confronted by the angled flat surfaces **4200a-c** of the inserter/impactor **4000**, compared with the flat surfaces **180d-f** being less closely confronted by the angled flat surfaces **4200d-f** of the inserter/impactor **4000**. As such, the structure of the artificial intervertebral disc **160** having the flat surfaces **180d-f** (e.g., the upper baseplate **168a**) has slightly more rotation and angulation freedom relative to the inserter/impactor **4000** when being held, compared to the structure of the artificial intervertebral disc **160** having the flat surfaces **180a-c** (e.g., the lower baseplate **168b**). This permits the artificial intervertebral disc **160** to adjust to the intervertebral space (e.g., to the angulation of the adjacent vertebral endplates, defining the intervertebral space, relative to one another) as it is being inserted thereinto. That is, typically, the adjacent vertebral endplates will be lordotically angled with respect to one another as a result of the intervertebral space being prepared and distracted.

Preferably, both of the baseplates of the static trial **100, 1000** or disc **160** have similarly configured flat surfaces. For example, the lower baseplate's **108b,1080b,168b** flat surfaces **120a-c,1200a-c,180a-c** have similarly configured and similarly oriented counterpart flat surfaces **120d-f,1200d-f, 180d-f** on the upper baseplate **108a,1080a,168a**. Further preferably, both baseplates' **108a-b,1080a-b,168a-b** flat surfaces **120a-f,1200a-f,180a-f** face the angled flat surfaces **420a-c,4200a-f** of the inserter/impactor **400,4000** when the static trial **100,1000** or disc **160** is held by the inserter/impactor **400,4000**. For example, in an anterior approach for the trial **100,1000** (as shown in FIGS. **59-62** as an example



of how either trial **100,1000** can be held by either inserter/impactor **400,4000**), **120a,1200a** and **120d,1200d** facing **420a** (or **4200a** and **4200d**), **120b,1200b** and **120e,1200e** facing **420b** (or **4200b** and **4200e**), and **120c,1200c** and **120f,1200f** facing **420c** (or **4200c** and **4200f**), and in an anterior approach for the disc **160** (as shown in FIGS. **65-68**), **180a** and **180d** facing **420a** (or **4200a** and **4200d**), **180b** and **180e** facing **420b** (or **4200b** and **4200e**), and **180c** and **180f** facing **420c** (or **4200c** and **4200f**).

It should be noted that preferably, when the static trial **100,1000** is held by the inserter/impactor **400,4000**, the flat surfaces **120a-c,1200a-c** and the counterpart flat surfaces **120d-f,1200d-f** are tightly held against the angled flat surfaces **420a-c,4200a-f** of the inserter/impactor **400,4000** as described above. It is also preferable that the baseplates **108a-b,1080a-b** of each of the plurality of static trials **100,1000** be appropriately lordotically angled relative to one another to ease insertion of the static trial **100,1000** into the intervertebral space and to mimic how the artificial intervertebral disc **160** will typically be oriented as it is being inserted using the inserter/impactor **400,4000**. While not shown in FIGS. **1-6** or FIGS. **7-12**, in some embodiments, when the static trials **100,1000** are formed in such a lordotically oriented configuration, it is preferable that the flat surfaces **120d-f,1200d-f** on the first (e.g., upper) baseplate **108a,1080a** be parallel to the flat surfaces **120a-c,1200a-c** of the second (e.g., lower) baseplate **108b,1080b** in the static trial's **100,1000** appropriately lordotically oriented configuration, so that when the static trial **100,1000** is held tightly by the inserter/impactor **400,4000**, the flat surfaces **120a-f,1200a-f** are flush with the flat surfaces **420a-c,4200a-f** of the inserter/impactor **400,4000** even though the baseplates **108a-b,1080a-b** are lordotically oriented configuration, it is preferable that the flat surfaces **120d-f,1200d-f** on the first (e.g., upper) baseplate **108a,1080a** be parallel to the flat surfaces **120a-c,1200a-c** of the second (e.g., lower) baseplate **108b,1080b** in the static trial's **100,1000** appropriately lordotically oriented configuration, so that when the static trial **100,1000** is held tightly by the inserter/impactor **400,4000**, the flat surfaces **120a-f,1200a-f** are flush with the flat surfaces **420a-c,4200a-f** of the inserter/impactor **400,4000** even though the baseplates **108a-b,1080a-b** are lordotically angled with respect to one another.

With regard to the inserter/impactor **400**, by contrast, preferably, when the artificial intervertebral disc **160** is held by the inserter/impactor **400**, the flat surfaces **180a-c** are tightly held against the angled flat surfaces **420a-c** of the inserter/impactor **400** as described above, but the counterpart flat surfaces **180d-f** are loosely held against the angled flat surfaces **420a-c** of the inserter/impactor **400**. As such, the structure of the artificial intervertebral disc **160** having the counterpart flat surfaces **180d-f** (e.g., the upper baseplate **168a**) is able to angulate and rotate to a limited extent relative to the structure of the artificial intervertebral disc **160** having the flat surfaces **180a-c**. This permits the artificial intervertebral disc **160** to adjust to the intervertebral space (e.g., to the angulation of the adjacent vertebral endplates, defining the intervertebral space, relative to one another) as it is being inserted therinto. That is, typically, the adjacent vertebral endplates will be lordotically angled with respect to one another as a result of the intervertebral space being prepared and distracted. As the artificial intervertebral disc **160** is then inserted into the intervertebral space using the inserter/impactor **400**, then, the baseplates **168a-b** will be permitted to lordotically angle with respect to one another to squeeze into the intervertebral space.

With regard to the wedge plate inserter/impactor **4000**, when the artificial intervertebral disc **160** is held by the inserter/impactor **4000**, the wedge surfaces of the distal end **4040** protrude from a distance midway with respect to the top and bottom of the distal end **4040** and span (e.g., right to left or vice-versa) the entire distal face of the distal end **4040**, and the surfaces **4200d-f** above the wedge on the distal end **4040** are respectively perpendicular to the wedge's upper surface **4200g** such that each is disposed in parallel with its respective corresponding surface of the disc **160** when the disc **160** is held by the inserter/impactor **4000** at the appropriate lordosis angle. (And, accordingly, are angled approximately 15 degrees with respect to the surfaces below the wedge **4200a-c**.) Preferably, for an anterior approach, the wedge-shaped extension **4042** is designed and shaped to fit with its antero-lateral confronting surfaces (**4200d,f** and **4200a,c**) tightly against the correspondingly antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc **160**, but such that its anterior confronting surfaces (**4200e** and **4200b**) are slightly spaced from the anteriorly facing surfaces (**180d** and **180b**) of the disc **160**, when the disc is held by the inserter/impactor **4000**. This is primarily to address manufacturing issues (in some instances, tolerances may not be adequately defined to ensure that all of those surfaces fit tightly against their corresponding surfaces), so that if there are manufacturing anomalies, any slight tolerance differences that may exist are nevertheless still adequate to ensure at least the tight fitting of the antero-lateral confronting surfaces, so that manipulation of the disc **160** is possible (e.g., in the manner of a wrench against an angled nut). This can be achieved, e.g., by designing the anterior confronting surfaces (**4200e** and **4200b**) to each be slightly greater in length than the corresponding anteriorly facing surfaces (**180e** and **180b**) of the disc baseplates, while still being angled with respect to the antero-lateral confronting surfaces (**4200d,f** and **4200a,c**) at the same angle the antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc baseplates are angled with respect to the anteriorly facing surfaces (**180e** and **180b**) of the disc. The increased length of the anterior confronting surfaces on the wedge extension results in the slight clearance between the anteriorly facing surfaces (**180e** and **180b**) of the disc and the corresponding anterior confronting surface (**4200e** and **4200b**) of the wedged distal end, thereby ensuring that the disc will be fully seated against the antero-lateral confronting surfaces of the distal end despite possible manufacturing, material or other inevitable variations in tolerances of the artificial intervertebral disc or the inserter/impactor. As noted above, similar in this regard to the manner in which a wrench engages a nut, this fitting increases the mechanical advantage toward repositioning the disc in the intervertebral space. It should be noted, inasmuch as the inserter/impactor **4000** described herein can engage the disc from the antero-lateral angles as well, the anterior confronting surfaces (**4200e** and **4200b**) should also be longer than the antero-laterally facing surfaces (**180d,f** and **180a,c**) of the disc, so that a similar fitting occurs when the disc is held from the antero-lateral angles. Stated broadly, the primary confronting surfaces (e.g., the anterior confronting surfaces) of the inserter/impactor are preferably slightly longer than the primary confronted surfaces (e.g., anteriorly facing surfaces) of the disc for any given holding orientation.

Also preferably, in order to provide for a holding of the static trial **100,1000** or disc **160** for two additional (here, anteriolateral) insertion approaches, each static trial **100,1000** or disc **160** also includes two additional holes **122a,1220a,182a** and **122c,1220c,182c**, one (e.g., **122a,1220a,**



182a) spaced apart from one of the anteriolaterally facing flat surfaces (e.g., 120a,1200a,180a), and the other (e.g., 122c,1220c,182c) spaced apart from the other of the anteriolaterally facing flat surfaces (e.g., 120c,1200c,180c). Accordingly, operation of the inserter/impactor 400,4000 can fit the holding pin 408,4080 into either of these two additional holes 122a,1220a,182a or 122c,1220c,182c, and hold the associated anteriolaterally facing flat surface (the one associated with the hole into which the pin 408,4080 is fit) of the static trial 100,1000 or disc 160 against the flat surface of the inserter/impactor 400,4000 opposite the pin 408,4080. For example, in a first anteriolateral approach for the trial 100,1000 (as shown in FIG. 63 as an example of how either trial 100,1000 can be engaged by either inserter/impactor 400,4000), 120a,1200a and 120d,1200d not confronted, 120b,1200b and 120e,1200e facing 420a (or 4200a and 4200d), and 120c,1200c and 120f,1200f facing 420b (or 4200b and 4200e), and a first anteriolateral approach for the disc 160 (as shown in FIG. 69 as an example of the how the disc 160 can be engaged by either inserter/impactor 400, 4000), 180a and 180d not confronted, 180b and 180e facing 420a (or 4200a and 4200d), and 180c and 180f facing 420b (or 4200b and 4200e). And, for example, in a second anteriolateral approach for the trial 100 (as shown in FIG. 64 as an example of how either trial 100,1000 can be engaged by either inserter/impactor 400,4000), 120a,1200a and 120d,1200d facing 420b (or 4200b and 4200e), 120b,1200b and 120e,1200e facing 420c (or 4200c and 4200f), and 120c,1200c and 120f,1200f not confronted, and a second anteriolateral approach for the disc 160 (as shown in FIG. 70 as an example of how the disc 160 can be engaged by either inserter/impactor 400,4000), 180a and 180d facing 420b (or 4200b and 4200e), 180b and 180e facing 420c (or 4200c and 4200f), and 180c and 180f not confronted.

It should be understood that preferably, in order to facilitate these additional approaches, the angle separating the anteriorly facing flat surface of the static trial 100,1000 or disc 160 and one of the anteriolaterally facing flat surfaces of the static trial 100,1000 or disc 160 is equal to the angle separating the anteriorly facing flat surface and the other of the anteriolaterally facing flat surfaces. Preferably, the surfaces are angled with respect to one another at an angle of 33.4 degrees.

It should also be understood that the inclusion of additional adjacent angulated surfaces (or placing the angulated surfaces in other locations on the trial or disc or other orthopedic device), and/or including corresponding holes adjacent to such surfaces, can provide the surgeon with additional approaches, e.g., other anteriolateral approaches, directly lateral approaches, posteriolateral approaches, and/or directly posterior approaches. For example, a trial or disc can have angled surfaces (and corresponding holes) along the entire perimeter of one or both of the baseplates, and thus enable the surgeon to engage the trial or disc from a number of angles, including anterior, posterior, lateral, anteriolateral, and posteriolateral angles.

The inserter/impactor 400,4000 further includes at a proximal end a cap 414,4140 for use as an impact surface if the trial 100,1000 or disc 160 must be impacted further into the intervertebral space after insertion, or forcibly extracted from the intervertebral space. A mallet can be used to strike the cap 414,4140 (in a distal direction for impaction, or in a proximal direction (using the flange of the cap 414,4140) for extraction). It should be noted a striking of the cap 414,4140 will translate the striking force to the baseplates through the shaft 402,4020 and the flat surfaces, but will not damage the holding pin 408,4080 because the holding pin 408,4080 is

spring loaded in the central channel and thus buffered from the striking force thereby. The distal end 404,4040 of the inserter/impactor 400,4000 further preferably includes at least one vertebral body stop (e.g., 4202) that protrudes longitudinally with respect to the shaft 402,4020, from the surfaces of the distal end. The stops help prevent the inserter/impactor from being used to insert the disc (or other orthopedic device) too far into the intervertebral space.

Accordingly, the inserter/impactor 400,4000 can be used to grip either the static trials or the artificial intervertebral disc to be implanted, and hold the same during insertion and/or removal of the same, and is useful for a variety of surgical approach angles.

Preferred embodiments of a repositioner/extractor of the present invention will now be described.

Referring now to FIGS. 83-85, a symmetric repositioner/extractor of the present invention is shown in side (FIG. 83), top (FIG. 84), and perspective (FIG. 85) views. And referring now to FIGS. 86-88, an offset left repositioner/extractor of the present invention is shown in side (FIG. 86), top (FIG. 87), and perspective (FIG. 88) views. And referring now to FIGS. 89-91, an offset right repositioner/extractor of the present invention is shown in side (FIG. 89), top (FIG. 90), and perspective (FIG. 91) views. And referring now to FIG. 92-94, an alternative offset left repositioner/extractor of the present invention is shown in side (FIG. 92), top (FIG. 93), and perspective (FIG. 94) views. And referring now to FIGS. 95-97, an alternative offset right repositioner/extractor of the present invention is shown in side (FIG. 95), top (FIG. 96), and perspective (FIG. 97) views.

Each repositioner/extractor is provided primarily for repositioning and/or extracting a static trial or artificial intervertebral disc having features suitable for being manipulated by the repositioner/extractor. Exemplary suitable artificial intervertebral discs are described in the '032 and '327 patents with regard to FIGS. 8a-z, 9a-u, 10a-u, 11a-k, and 12a-p thereof and by the accompanying descriptions therefor (e.g., embodiments identified as the first, second, third, fourth, and fifth preferred embodiments of the fourth embodiment family, etc.). Regarding the features suitable for being manipulated by each repositioner/extractor, such features include at least two holes extending longitudinally into one of the baseplates of the static trial or artificial intervertebral disc from the inwardly facing surface of the baseplate. More than two holes can be used to provide for multiple repositioning/extracting approaches. Preferably, in order for the same repositioning/extracting tool to be used for multiple approaches on the same trial or artificial intervertebral disc, adjacent holes should be separated by the same distance separating other adjacent holes.

In order to engage the two holes, each repositioner/extractor has two pins extending in parallel from a central shaft, perpendicular to the longitudinal axis of the central shaft. The pins are spaced to engage the two holes simultaneously, and each pin has a diameter smaller than the diameter of the hole it is to engage. Therefore, the pins can be inserted into the holes, and pulling or pushing on the central shaft along its longitudinal axis when the holes are engaged pulls or pushes the static trial or artificial intervertebral disc in the intervertebral space. Further, because two holes are engaged, the static trial or artificial intervertebral disc can be rotated in either direction about a longitudinal axis passing through the intervertebral space, by rotating of the central shaft of the repositioner/extractor about its distal end, about an axis parallel to the longitudinal axes of the pins. A handle at a proximal end of the central shaft is useful for pushing or pulling on the shaft. A flange adjacent the



proximal end of the shaft is useful for impaction (either with a distally directed force or a proximally directed force), if necessary to manipulate the shaft.

On each repositioner/extractor, the pins are formed on prongs that extend laterally from the central shaft. The direction of the prongs, and the location of the pins relative to the central shaft, determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Further, the number and location of holes further determine the angle or angles of surgical approach for which a particular repositioner/extractor can be used. Accordingly, the present invention contemplates a variety of repositioner/extractors, and a variety of holes configurations, to provide the surgeon with a variety of possible surgical approach angles.

For example, three repositioner/extractors are illustrated, and, for example, two hole configurations are illustrated.

The first, symmetric, repositioner/extractor **500**, shown in FIGS. **83-85**, includes a shaft **502** having a distal end that is symmetrically divided into two prongs **504a-b**, each of the prongs having a pin **506a-b** extending upwardly and parallel to the pin on the other prong. The second and third, left offset and right offset, repositioners/extractors **510,520**, shown in FIGS. **86-88** and **89-91**, respectively, each include a shaft **512,522** having a distal end that bends diagonally laterally, the left offset distal end **514** bending in one direction (e.g., to the left), the right offset distal end **524** bending in an opposite direction (e.g., to the right). The distal end of each of the second and third repositioners/extractors **510,520** has two pins **516a-b,526a-b** serially spaced on the bent portion, and each of the pins extends upwardly and parallel to the other pin. (As shown in FIGS. **92-94** and **95-97**, alternative embodiments **530,540** of the second and third, left offset and right offset, repositioners/extractors each include a shaft **532,542** having a distal end that has a straight prong **534a,544a** and a curved lateral prong **534b,544b**, where the curved lateral prong **534b** extends in one direction (e.g., left) for the alternative left offset repositioner/extractor **530**, and where the curved lateral prong **544b** extends in an opposite direction (e.g., right) for the alternative right offset repositioner/extractor **540**. Each of the prongs **534a-b,544a-b** has a pin **536a-b,546a-b** extending upwardly and parallel to the pin on the other prong. The alternative repositioners/extractors **530,540**, each having a space between the pins **536a, b,546a,b**, provides for avoidance of any structures on the static trial or artificial intervertebral disc that may be present between the holes.) On each of the repositioners/extractors **500,510,520,530,540**, the pins are spaced so that they simultaneously each fit into a respective one of the two adjacent holes in the baseplate of the static trial or artificial intervertebral disc. Each of the repositioners/extractors **500,510, 520,530,540** has a handle **508,518,528,538,548** at a proximal end of the central shaft which is useful for pushing or pulling on the shaft, and a flange **509,519,529,539,549** adjacent the proximal end of the shaft that is useful for impaction (either with a distally directed force or a proximally directed force), if necessary to manipulate the shaft.

As noted above, the repositioner/extractor that is appropriate or desired for a given case depends at least in part on the configuration of the holes in the baseplates. Two hole configurations are disclosed, as examples of suitable configurations, although other configurations are possible and contemplated by the present invention. A first hole configuration includes three holes on one of the baseplates, the holes being configured so that a first hole is located in the anterior-posterior plane, and the adjacent (second and third) holes are located in respective opposing anteriolateral planes

on either side of the first hole. This hole configuration is shown in FIGS. **98-103**, each of which shows a top cutaway view of the artificial intervertebral disc of FIGS. **13-20**, showing its lower baseplate, having the first hole configuration, engaged by one of the repositioners/extractors **500, 510,520**. Each view of the lower baseplate shows the first hole **550**, the second hole **552**, and the third hole **554** of the first hole configuration.

A second hole configuration includes four holes on one of the baseplates, the holes being configured so that first and second holes straddle the anterior-posterior plane, a third hole is located so that the third hole and the first hole straddle one of the opposing anteriolateral planes, and a fourth hole is located so that the fourth hole and the second hole straddle the other of the opposing anteriolateral planes. This hole configuration is shown in FIGS. **104-112**, each of which shows a bottom cutaway view of the artificial intervertebral disc of FIGS. **13-20**, showing its upper baseplate, having the second hole configuration, engaged by one of the repositioners/extractors **500,510,520**. Each view of the upper baseplate shows the first hole **560**, the second hole **562**, the third hole **564**, and the fourth hole **566**, of the second hole configuration.

It should be understood that configurations having more or fewer holes, and in a variety of locations, are contemplated by the invention, and the detailed descriptions of only two hole configurations is not meant to limit the invention to only these two configurations. Importantly, the invention encompasses using a hole or any number of holes, bored at any suitable angle, whether parallel to other holes or not, in any number of locations on a spacer, a trial or an artificial intervertebral disc (not limited to locations on the baseplates), for purposes of enabling the spacer, trial, or disc to be engaged by a manipulation instrument (not limited to a repositioner/extractor) that engages the hole, and/or to enable the surgeon to work from a variety of approaches. For example, as described in more detail below, the first and second hole configurations described herein, in cooperation with the repositioner/extractors, provide the surgeon with the ability to work from a directly anterior approach, as well as several anteriolateral approaches. It should be understood that additional hole configurations can enable the surgeon to work from a directly posterior approach, posteriolateral approaches, directly lateral approaches, or anteriolateral approaches that are different than those illustrated. For example, the placement of one or more suitably spaced holes (or the addition of one or more holes) on the posterior edge, and/or one or both of the lateral edges of one or both of the baseplates, would enable the surgeon to use the repositioner/extractors of the present invention to achieve such approaches.

As noted above, and referring now to FIGS. **98-112**, it can be seen that each of the repositioner/extractors can be used in more than one manner depending on the tool desired and the approach desired. For example, with reference to FIGS. **98-99**, regarding the first hole configuration (three holes in one of the baseplates), the symmetric repositioner/extractor **500** can be used in either of two anteriolateral approaches (see FIGS. **98-99**). That is, the symmetric repositioner/extractor's shaft **502** can be inserted into the wound from either of the two anteriolateral approaches, and the pins **506a-b** can be inserted into the first **550** and second **552** holes (for one of the two anteriolateral approaches) (FIG. **98**) or the first **550** and third **552** holes (for the other of the two anteriolateral approaches) (FIG. **99**) of the first hole configuration.



Also, for example, with reference to FIGS. 100-103, regarding the first hole configuration, each of the left offset repositioner/extractor 510 and the right offset repositioner/extractor 520 can be used in either a directly anterior approach (FIGS. 100,102) or a respective anteriolateral approach (FIGS. 101,103). That is, the right offset repositioner/extractor's shaft 522 can be inserted into the wound from a direct anterior approach, and the right offset repositioner/extractor's pins 526a-b can then be placed into the first 550 and second 552 holes of the first hole configuration (FIG. 100). And, the right offset repositioner/extractor's shaft 522 can be inserted into the wound from an anteriolateral approach, and the right offset repositioner/extractor's pins 526a-b can then be placed into the first 550 and third 554 holes of the first hole configuration (FIG. 101). And, the left offset repositioner/extractor's shaft 512 can be inserted into the wound from a direct anterior approach, and the left offset repositioner/extractor's pins 516a-b can then be placed into the first 550 and third 554 holes of the first hole configuration (FIG. 102). And, the left offset repositioner/extractor's shaft 512 can be inserted into the wound from an anteriolateral approach, and the left offset repositioner/extractor's pins 516a-b can then be placed into the first 550 and second 552 holes of the first hole configuration (FIG. 103). It should be noted that the alternate left offset 530 and alternate right offset 540 repositioners/extractors can also fit into the holes of the first hole configuration in the same manner as described here with regard to the left offset 510 and right offset 520 repositioners/extractors.

Also, for example, with reference to FIGS. 104-112, regarding the second hole configuration (four holes in one of the baseplates), the symmetric repositioner/extractor 500 can be used in a directly anterior approach (FIG. 104), and either of two anteriolateral approaches (FIGS. 105-106). That is, the symmetric repositioner/extractor's shaft 502 can be inserted into the wound from a directly anterior approach, and the pins 506a-b can be inserted into the first 560 and second 562 holes of the second hole configuration (FIG. 104). And, the symmetric repositioner/extractor's shaft 502 can be inserted into the wound from either of the two anteriolateral approaches, and the pins 506a-b can be inserted into the first 560 and third 564 holes (for one of the two anteriolateral approaches) (FIG. 105) or the second 562 and fourth 566 holes (for the other of the two anteriolateral approaches) (FIG. 106) of the second hole configuration.

Also, for example, with reference to FIGS. 107-112, regarding the second hole configuration, each of the left offset repositioner/extractor 510 and the right offset repositioner/extractor 520 can be used in any of three respective anteriolateral approaches. That is, the right offset repositioner/extractor's shaft 522 can be inserted into the wound from any of its three possible anteriolateral approaches, and the right offset repositioner/extractor's pins 526a-b can then be placed into the first 560 and second 562 holes (FIG. 107) (for a first of the three anteriolateral approaches), the first 560 and third 564 holes (FIG. 108) (for a second of the three anteriolateral approaches), or the second 562 and fourth 566 holes (FIG. 109) (for a third of the three anteriolateral approaches). And, the left offset repositioner/extractor's shaft 512 can be inserted into the wound from any of its three possible anteriolateral approaches, and the left offset repositioner/extractor's pins 516a-b can then be placed into the first 560 and second 562 holes (FIG. 110) (for a first of the three anteriolateral approaches), the first 560 and third 564 holes (FIG. 111) (for a second of the three anteriolateral approaches), or the second 562 and fourth 566 holes (FIG. 112) (for a third of the three anteriolateral approaches). It

should be noted that the alternate left offset 530 and alternate right offset 540 repositioners/extractors can also fit into the holes of the second hole configuration in the same manner as described here with regard to the left offset 510 and right offset 520 repositioners/extractors.

It should be noted from the illustrations in FIGS. 98-112 that the anteriolateral approaches are at a variety of angles relative to the anterior-posterior plane, and further that the illustrated angles are merely exemplary. That is, the invention encompasses additional approach angles, in that such additional approach angles are possible by (as described above) adding or deleting holes, and/or changing the location of holes, and/or changing the spacing between holes (in conjunction with changing the spacing between pins), and/or changing the angle at which the offset repositioner/extractors' pins are placed relative to one another and to the shaft of such repositioner/extractors.

As discussed above, once the pins are established in the two adjacent holes, manipulating the shaft of the repositioner/extractor will reposition the static trial or artificial intervertebral disc in the intervertebral space and/or extract it from the intervertebral space. The use of more than one pin (versus one pin) enables the static trial or artificial intervertebral disc to be rotated in either direction about a longitudinal axis passing through the intervertebral space.

A preferred embodiment of a leveler of the present invention will now be described.

Referring now to FIGS. 113-117, a leveler of the present invention is shown in bottom (FIG. 113), side (FIG. 114), front (FIG. 115), top partial perspective (FIG. 116), and bottom partial perspective (FIG. 117) views. More particularly, FIG. 116 shows a top perspective view of the distal end of the leveler, and FIG. 117 shows a bottom perspective view of the distal end of the leveler.

The leveler is provided primarily for establishing a parallel orientation of the baseplates (relative to one another), and/or securing the purchase of the stabilizing spikes, of an artificial intervertebral disc having features suitable for being manipulated by the leveler. Exemplary suitable artificial intervertebral discs are described in the '032 and '327 patents with regard to FIGS. 8a-z, 9a-u, 10a-u, 11a-k, and 12a-p thereof and by the accompanying descriptions therefor (e.g., embodiments identified as the first, second, third, fourth, and fifth preferred embodiments of the fourth embodiment family, etc.). Regarding the features suitable for being manipulated by the leveler, such features include suitably formed inwardly facing surfaces of the baseplates of the artificial intervertebral disc.

More particularly, the leveler 600 includes a shaft 602 having a forked distal end formed by two opposing tongs 604a-b that are symmetric to one another about a longitudinal axis of the shaft 602. Each of the tongs 604a-b has an extent that initially curves laterally outward away from the shaft 602 and from the other tong's extent, to define a central pocket 606 forward of the shaft 602 between the tongs' extents. Each tong's extent then resumes a distal direction to become parallel to the shaft 602 and to the other tong's extent.

Each tong's extent has an upper surface 608a-b and a lower surface 610a-b. The upper surface 608a-b is preferably shaped to conform against the inwardly facing surface of a first (e.g., upper) baseplate of an artificial intervertebral disc, and the lower surface 610a-b is preferably shaped to conform against the inwardly facing surface of a second (e.g., lower) baseplate of the artificial intervertebral disc, so that insertion of the forked distal end of the leveler 600 between the baseplates, with the central pocket 606 of the



distal end avoiding the central portion of the artificial intervertebral disc, and with the upper **608a-b** and lower surfaces **610a-b** so engaging the inwardly facing surfaces of the baseplates, causes the baseplates to be placed in parallel orientation with respect to one another.

More particularly, for example for use with the exemplary artificial intervertebral disc of FIGS. **13-20**, the upper surface **608a-b** of each extent is flat, except for a tapered section **612a-b** at the distal tip of the extent, which tapered section narrows the tip, and the lower surface **610a-b** of each extent is curved to form opposing concave contours **614a-b** that are cooperatively shaped to conform against the inwardly facing surface of the convex structure of the artificial intervertebral disc.

The preferred use of the leveler **600** is as follows. As discussed above, once the intervertebral space has been prepared and distracted to a dimension that will accept the artificial intervertebral disc to be implanted, the artificial intervertebral disc **160** is engaged at its lower baseplate **168b** by the inserter/impactor **400,4000** discussed above. During insertion (and, if necessary, impaction) of the artificial intervertebral disc **160** into the intervertebral space, the upper baseplate **168a** remains free to angulate with respect to the lower baseplate **168b**, so that the angulation of the baseplates conforms to the angulation of the intervertebral space as the artificial intervertebral disc is being inserted thereinto. Typically, the endplates of the prepared and distracted intervertebral space will be lordotically angled with respect to one another, due to the use of the static trials **100,1000** as described above, which are formed to have a lordotic taper as discussed above. Thus, when the artificial intervertebral disc is inserted into the intervertebral space, its baseplates will be lordotically angled with respect to one another. Once the artificial intervertebral disc **160** is inserted, the inserter/impactor **400,4000** can be disengaged, and the repositioner/extractors **500,510,520,530,540** discussed above can be applied to the artificial intervertebral disc, if necessary to achieve a more optimal positioning.

Once the positioning is established, the leveler **600** is preferably applied to the artificial intervertebral disc **160**. The forked distal end of the leveler **600** is inserted so that the extents **604a-b** are placed between the inwardly facing surface **164a** of the upper baseplate **168a** and the inwardly facing surface **164b** of the convex structure **162** on the lower baseplate **168b**, and so that the central pocket **606** of the leveler **600** avoids the ball-and-socket joint of the artificial intervertebral disc **160**. If the baseplates are lordotically angled with respect to one another, the tapered sections **612a-b** of the upper surfaces **608a-b** of the forked distal end will be approximately parallel to, and will first encounter, the angled inwardly facing surface **164a** of the upper baseplate **168a**. At the same time, the concave contours **614a-b** of the lower surfaces **610a-b** will accommodate the inwardly facing surface **164b** of the convex structure **162** on the lower baseplate **168b**. As the tapered sections **612a-b** press against the inwardly facing surface **164a** of the upper baseplate **168a**, and the concave contours **614a-b** slip into place against the inwardly facing surface **164b** of the convex structure **162** on the lower baseplate **168b**, the tapers **612a-b** will function as wedges to force the posterior portion of the upper baseplate **168a** away from the posterior portion of the lower baseplate **168b**. Accordingly, as the posterior portions are being separated, the stabilizing spikes **188a-b** on the outwardly facing surfaces **186a-b** of the baseplates **168a-b** find or secure their purchase in the hard bone of the outer ring of the vertebral body endplates. When the forked distal end is fully seated (stops **616a-b** are provided to butt up

against the anterior portions of the baseplates **168a-b** to prevent the forked distal end from being inserted too far), the extents of the tongs **604a-b** hold the baseplates **168a-b** parallel to one another, and so that the spikes **188a-b** are fully engaged in the endplates. The surgeon then slips the leveler **600** out from between the baseplates **168a-b**, and out from the wound and completes the procedure. A handle **618** is provided at a proximal end of the shaft **602** for pushing, pulling, and otherwise manipulating the leveler **600** as needed.

Although the invention herein has been described with reference to particular embodiments, it is to be understood that these embodiments are merely illustrative of the principles and applications of the present invention. It is therefore to be understood that numerous modifications may be made to the illustrative embodiments and that other arrangements may be devised without departing from the spirit and scope of the present invention as defined by the appended claims.

The invention claimed is:

1. A method of orienting an implant within an intervertebral disc space comprising:

providing an implant having first and second bone-contacting surfaces adapted to be positioned in the intervertebral disc space defined by adjacent vertebrae of a patient's spinal column and to space apart adjacent vertebral bodies of the vertebrae surrounding the disc space, each of the first and second bone contacting surfaces being intersected by a perimeter surface of the implant that defines at least a portion of a perimeter thereof, the implant having a plurality of apertures arranged along the perimeter of the implant at spaced intervals so that first and second apertures of the plurality of apertures are offset from each other along the perimeter;

providing an instrument having a shaft and a first pin adapted to alternatively engage the first and the second apertures, the first and second apertures being of identical size and shape so as to be adapted to receive the first pin which is of a corresponding size and shape, wherein engaging the first pin with the first aperture orients the implant at a first fixed angular orientation relative to the shaft of the instrument, and engaging the first pin with the second aperture orients the implant at a second different fixed angular orientation relative to the shaft of the instrument;

engaging the first pin of the instrument with the first aperture; and

rotating the implant within the disc space about an axis extending through the adjacent vertebrae and along the spinal column while the first pin of the instrument is engaged with the first aperture of the implant and so that the first and second bone-contacting surfaces remain facing the adjacent vertebrae as the implant is rotated about the axis.

2. A method as claimed in claim 1, wherein the instrument includes a plurality of pins, and the plurality of apertures comprise sets of apertures, the plurality of pins being simultaneously engageable with a first of the sets of apertures to orient the implant into the first angular orientation, and, alternatively, with a second of the sets of apertures to orient the implant into the second angular orientation.

3. A method as claimed in claim 2, further comprising simultaneously engaging the plurality of pins with the first set of apertures, and rotating the implant about the axis within the disc space while the plurality of pins are simultaneously engaged with the first set of apertures.



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4. A method as claimed in claim 2, wherein one of the plurality of apertures is shared by the first and second sets of apertures.

5. A method as claimed in claim 1, further comprising inserting the implant into the disc space along an antero-lateral approach so that the implant is in a first orientation.

6. A method as claimed in claim 5, wherein the rotating step includes rotating the implant from the first orientation to a second orientation about the axis within the disc space, the implant being left implanted in the second orientation within the disc space and the first and second bone-contacting surfaces facing the adjacent vertebrae while in both the first and second orientations.

7. A method as claimed in claim 1, wherein rotating the implant about the axis within the disc space includes moving the shaft of the instrument from a first position to a second position while the first pin is engaged with the first aperture of the implant.

8. A method as claimed in claim 1, further comprising:

- (a) providing a set of trial spacers, each trial spacer including bone-contacting surfaces adapted to contact and space apart the adjacent vertebral bodies and a plurality of apertures, the set of trial spacers including a first and a second trial spacer each having a first and a second of the plurality of apertures, wherein the first pin of the instrument is alternatively engageable with the first and second apertures of each of the trial spacers, and wherein engaging the first pin with the first aperture of the first trial spacer orients the first spacer at a first fixed angular orientation relative to the shaft of the instrument, and engaging the first pin with the second aperture of the first trial spacer orients the first spacer at a second different fixed angular orientation relative to the shaft of the instrument;
- (b) selecting the first trial spacer for insertion into the disc space;
- (c) inserting the first trial spacer into the disc space prior to inserting the implant into the disc space to assist in determining an appropriate size for the implant;
- (d) engaging the first pin of the instrument with the first aperture of the first trial spacer; and
- (e) rotating the first trial spacer about the axis within the disc space while the first pin of the instrument is engaged with the first aperture of the first trial spacer.

9. A method as claimed in claim 8, wherein engaging the first pin with the first aperture of the second trial spacer orients the second spacer at a first fixed angular orientation relative to the shaft of the instrument, and engaging the first pin with the second aperture of the second trial spacer orients the second spacer at a second different fixed angular orientation relative to the shaft of the instrument, the method further comprising selecting the second trial spacer for insertion into the disc space, and repeating steps (c) through (e) of claim 8 with the second trial spacer.

10. A method of orienting an implant within an intervertebral disc space defined by adjacent vertebrae comprising: providing an implant having first and second bone-contacting surfaces and perimeter surfaces defining at least a portion of a perimeter of the implant disposed between the first and second bone-contacting surfaces, the first and second bone-contacting surfaces being adapted to be positioned in the intervertebral disc space of a patient's spinal column and to space apart adjacent vertebral bodies surrounding the disc space, the implant also having a plurality of apertures arranged along the perimeter of the implant as sets of apertures such that that a first set of apertures of the sets of apertures are

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located at a different angular position along the perimeter of the implant than a second set of apertures of the sets of apertures;

providing an instrument having a shaft and a plurality of pins, at least a first and a second of the plurality of pins being adapted to simultaneously engage with, respectively, at least a first and a second aperture of each of the sets of apertures, wherein engaging the first and second pins simultaneously with the first and second apertures of the first set of apertures orients the implant at a first fixed angular orientation relative to the shaft of the instrument, and, alternatively, engaging the first and second pins simultaneously with the first and second apertures of the second set of apertures orients the implant at a second different fixed angular orientation relative to the shaft of the instrument;

simultaneously engaging the first and second pins of the instrument with the first set of apertures; and

rotating the implant about an axis extending through the adjacent vertebrae and along the spinal column within the disc space while the first and second pins of the instrument are simultaneously engaged with the first set of apertures of the implant and so that the first and second bone-contacting surfaces remain facing the adjacent vertebral bodies as the implant is rotated about the axis.

11. A method as claimed in claim 10, further comprising inserting the implant into the disc space along an antero-lateral approach so that the implant is in a first orientation and so that the first and second bone contacting surfaces face respective vertebral bodies of the adjacent vertebral bodies.

12. A method as claimed in claim 11, wherein the rotating step includes rotating the implant from the first orientation to a second orientation about the axis within the disc space, the implant being left implanted in the second orientation within the disc space and the first and second bone-contacting surfaces facing the adjacent vertebral bodies while in both the first and second orientations.

13. A method as claimed in claim 10, wherein rotating the implant about the axis within the disc space includes moving the shaft of the instrument from a first position to a second position while the first and second pins are engaged with the first set of apertures of the implant.

14. A method as claimed in claim 13, wherein moving the shaft of the instrument from the first position to the second position includes rotating the shaft about a distal end of the shaft.

15. A method as claimed in claim 10, wherein one of the plurality of apertures is shared by the first and second sets of apertures.

16. A method as claimed in claim 10, further comprising:

- (a) providing a set of trial spacers, each trial spacer including bone-contacting surfaces adapted to contact and space apart the adjacent vertebral bodies and a plurality of apertures, which are arranged as sets of apertures, the set of trial spacers including a first and a second trial spacer, each having a first and a second aperture of each of the sets of apertures, wherein the first and second pins of the instrument are simultaneously engageable with, respectively, the first and second sets of apertures, and wherein engaging the first and second pins with the first set of apertures of the first trial spacer orients the first spacer at a first fixed angular orientation relative to the shaft of the instrument, and, alternatively, engaging the first and second pins with the second set of apertures of the first trial spacer



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orients the first spacer at a second different fixed angular orientation relative to the shaft of the instrument;

- (b) selecting the first trial spacer for insertion into the disc space;
- (c) inserting the first trial spacer into the disc space prior to inserting the implant into the disc space to assist in determining an appropriate size for the implant;
- (d) simultaneously engaging the first and second pins of the instrument with the first set of apertures of the first trial spacer; and
- (e) rotating the first trial spacer about the axis within the disc space while the first and second pins of the instrument are simultaneously engaged with the first set of apertures of the first trial spacer.

17. A method as claimed in claim 16, wherein engaging the first and second pins with the first set of apertures of the second trial spacer orients the second spacer at a first fixed angular orientation relative to the shaft of the instrument, and, alternatively, engaging the first and second pins with the second set of apertures of the second trial spacer orients the second spacer at a second different fixed angular orientation relative to the shaft of the instrument, the method further comprising selecting the second trial spacer for insertion into the disc space, and repeating steps (c) through (e) of claim 16 with the second trial spacer.

18. A method of orienting an implant within an intervertebral disc space defined by adjacent vertebrae comprising: providing an implant having first and second bone-contacting surfaces and perimeter surfaces defining at least a portion of a perimeter of the implant disposed between the first and second bone-contacting surfaces, the first and second bone-contacting surfaces being adapted to be positioned in the intervertebral disc space of a patient's spinal column and to space apart adjacent vertebral bodies surrounding the disc space, the implant also having a plurality of apertures arranged along the perimeter of the implant at spaced intervals so that the first and second apertures of the plurality of apertures are offset from each other along the perimeter; providing an instrument having a shaft and a first pin adapted to alternatively engage with the first and the second of apertures, the first and second apertures being of identical size and shape so as to be adapted to receive the first pin which is of a corresponding size and shape, wherein engaging the first pin with the first aperture orients the implant at a first fixed angular orientation relative the shaft of the instrument, and

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engaging the first pin with the second aperture orients the implant at a second different fixed angular orientation relative to the shaft of the instrument;

inserting the implant into the disc space along an anterolateral approach so that the implant is in a first orientation at least partially within the disc space and so that the first bone-contacting surface faces one of the vertebral bodies and the second bone-contacting surfaces faces another one of the vertebral bodies;

engaging the first pin of the instrument with the first aperture; and

moving the implant from the first orientation to a second orientation within the disc space while the first pin of the instrument is engaged with the first aperture of the implant, the implant being left implanted in the second orientation within the disc space and the first and second bone-contacting surfaces remain facing their respective vertebral bodies.

19. A method as claimed in claim 16, wherein moving the implant within the disc space comprises rotating the implant about an axis extending through the adjacent vertebrae and along the spinal column within the disc space while the first pin of the instrument is engaged with the first aperture of the implant via movement of the instrument from a first position to a second position.

20. A method as claimed in claim 16, wherein the instrument includes a plurality of pins, and the plurality of apertures comprise sets of apertures, the plurality of pins being simultaneously engageable with a first of the sets of apertures to orient the implant into the first angular orientation, and with a second of the sets of apertures to orient the implant into the second angular orientation, the method further comprising simultaneously engaging the plurality of pins with the first set of apertures, and moving the implant within the disc space while the plurality of pins are simultaneously engaged with the first set of apertures.

21. A method as claimed in claim 16, wherein the first and second fixed angular orientations correspond to different surgical approaches for the implant during use.

22. A method as claimed in claim 16, further comprising: disengaging the first and second pins from the first set of apertures of the first trial spacer; and after the disengaging step, simultaneously engaging the first and second pins of the instrument with the second set of apertures of the first trial spacer which results in changing the angular orientation of the implant relative to the shaft of the instrument in a lateral direction.

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