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- (54) APPARATUS AND METHOD FOR TISSUE ADHESION
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(60) Continuation of application No. 14/829,548, filed on Aug. 18, 2015, now Pat. No. 9,370,355, which is a continuation of application No. 14/531,656, filed on Nov. 3, 2014, now Pat. No. 9,138,233, which is a division of application No. 13/119,540, filed as (Continued)

(51) **Int. Cl.**

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(57) **ABSTRACT**

An array of a plurality of shape memory material microposts have a proximal end configured to be secured to a substrate with a tissue penetrating distal end. The microposts further have a deployment state with the microposts in a substantially straightened configuration with a substantially smooth and continuous outer surface which is substantially parallel to adjacent microposts and an engaged state wherein at least a section of the microposts assume a configuration that is not substantially parallel to adjacent microposts or is not substantially straight with a substantially smooth and continuous outer surface so as to mechanically capture tissue adjacent thereto.

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14 Claims, 17 Drawing Sheets



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RIGURE 5

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FIGURE 7C





FIGURE 7D

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FIGURE 8A







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FIGURE TA











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FIGURE 14	
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FICERE 4C





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APPARATUS AND METHOD FOR TISSUE ADHESION

REFERENCE TO RELATED APPLICATIONS

This application is a continuation application of U.S. patent application Ser. No. 14/829,548 filed on Aug. 18, 2015 which is a continuation of Ser. No. 14/531,656 filed on Nov. 3, 2014 (now U.S. Pat. No. 9,138,233) which is a divisional application of U.S. patent application Ser. No. 10 13/119,540 filed on Mar. 17, 2011 (now U.S. Pat. No. 8,906,046 issued on Dec. 9, 2014) which was a national filing under 35 U.S.C. §371 of Patent Cooperation Treaty (PCT) application serial no. PCT/US2009/057348 having an international filing date of Sep. 17, 2009 claiming priority of 15 U.S. provisional patent application Ser. No. 61/192,652 filed on Sep. 20, 2008, all by inventor Steven Craig Anderson entitled APPARATUS AND METHOD FOR TISSUE ADHESION the disclosures of which are incorporated herein by reference.

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an incision while remaining flexible such that an applied external stress will not damage the bond or joint would be highly desirable. It would be further desirable to provide devices that include a flexible surface or layer that may intimately attached or otherwise secured to tissue surfaces with a flexible joint.

SUMMARY

An embodiment incorporates an array of a plurality of microposts of shape memory material having a proximal end configured to be secured to the substrate and a tissue penetrating distal end. The microposts further have a deployment state with the microposts in a substantially straightened configuration with a substantially smooth and continuous outer surface which is substantially parallel to adjacent microposts and an engaged state wherein at least a section of the microposts assume a configuration that is not substan-₂₀ tially parallel to adjacent microposts or is not substantially straight with a substantially smooth and continuous outer surface to mechanically capture tissue adjacent thereto. In one configuration of the embodiment, a distal section of a micropost is curved back in the engaged state to mechanically capture tissue adjacent thereto in the deployed state. Such a capture can be accomplished wherein the distal end of the micropost is curved back such that a longitudinal axis of the distal end is at an angle of about 45 degrees to about 180 degrees from a nominal longitudinal axis of the micropost in the engaged state. In an alternative capture mechanism, capture is accomplished with a distal section of a micropost is bulged in the engaged state so as to mechanically capture tissue adjacent thereto in the deployed state. In yet another alternative capture mechanism, a distal section

BACKGROUND

Field

This application relates generally to the field of tissue 25 modification and wound closure and more particularly to a substrate supporting a plurality of substantially parallel shape memory microposts for insertion into tissue adjacent a wound or tissue modification site with activation of the shape memory properties of the microposts to deform for 30 adherence to the tissue.

Related Art

Tissue adhesion devices and methods have a wide variety of useful indications. For example, there is currently a need for surface adhesion to tissue for applications such as wound closure and anastomosis, which is the connection of two biological structures such as a vein graft to a coronary artery or the like. Current technologies to address such indications include the use of sutures, staples, or biological adhesives that may be used to join the two sections of tissue together. 40 Each of these technologies has notable limitations. For example, a suture may be deployed into an incision, but tying and placing a proper knot in the suture may require a high degree of experience and manual dexterity and may be difficult for some operators. If the suture knot is not properly 45 tightened, the incision may bleed or be otherwise compromised. Some surgical staple embodiments may be deployed and secured by a variety of devices and mechanisms, such as by remote mechanical means, into an incision. Staples, how- 50 ever, may not always completely close the wound and may not be re-adjusted, if such adjustment is required, after deployment. In addition, staples tend to be deployed in discrete locations due to their bulk and may produce concentrated stress and strain points within tissue adjacent the 55 deployed staples. Biological adhesives may be applied into a wound, but the presence of blood will often hinder an effectiveness of the adhesion strength between the adhesive and tissue. Also, biological tissue adhesives often tend to be rigid after they have cured, so as to cause stiffness at the 60 point of contact and reduce flexibility of the wound when stress is applied thereto. Such a relatively stiff joint may even fracture or crack when stressed causing the wound to reopen and hemorrhaging to occur. What has been needed are devices and methods for tissue 65 adhesion that avoid these limitations. For example, tissue adhesion devices and methods that may hemostatically close

engaged state to mechanically capture tissue adjacent thereto in the deployed state.

of a micropost assumes a corkscrew configuration in the

In certain configurations of the embodiments, the array of microposts employs a regularly spaced array while in other exemplary embodiments the array of microposts employs an irregularly spaced array.

For the disclosed embodiments, engagement of the microposts is accomplished through fabrication of the microposts with a shape memory material. Such shape memory materials may be a shape memory polymer or a shape memory alloy.

For various embodiments, the microposts may have an axial length of about 10 microns to about 1 mm and the microposts may have a transverse dimension of about 1 micron to about 0.5 mm. Additionally, for the exemplary embodiments, the microposts have an inter-member spacing of about 10 microns to about 1 mm. The spacing is on the order of the axial length to twice the axial length depending on the engagement angle. In exemplary embodiments, if two microposts are facing each other, they will not touch after they are transitioned into the engaged state. In one configuration, an angle of deflection of the distal end of the microposts in the engaged state is about 45 degrees to about 180 degrees from the nominal longitudinal axis of the tissue engagement member. In an alternative configuration, a radius of curvature is established in a distal section in the engaged state of about 100 percent to about 50 percent of the axial length of the respective microposts in the deployment state The microposts employed in certain embodiments have a substantially uniform axial length while in other embodiments, the microposts have differing axial lengths.

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An exemplary embodiment provides a tissue adhesion patch which includes a flexible pad having a tissue interfacing contact surface with an array of microposts extending from the contact surface of the flexible pad. The microposts are a shape memory material having a proximal end secured 5 to the flexible pad of material, a tissue penetrating distal end, a deployment state with the microposts in a substantially straightened configuration substantially parallel to adjacent microposts and an engaged state wherein a distal section of a tissue engagement member is curved back so as to 10 mechanically capture tissue adjacent thereto. In an implementation of the embodiment, the array of microposts are integrally molded with a substrate which is attached to the pad tissue interfacing surface. In one configuration of the patch embodiment, the distal 15 end of the microposts is curved back to an angle of about 45 degrees to about 180 degrees from the nominal longitudinal axis of the tissue engagement member in the engaged state.

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substantially straightened configuration having an outer surface which is smooth and continuous and substantially parallel to adjacent microposts to an engaged state wherein at least a section of the microposts assume a configuration that is not substantially parallel to adjacent microposts or is not substantially straight with a substantially smooth and continuous outer surface to mechanically capture tissue adjacent thereto. The balloon is then deflated. The balloon incorporates an internal sealing mechanism which secures the inner walls of the balloon to itself thus closing the wound or occluding the body passageway or cavity.

In one configuration of the wound closing balloon embodiment the internal sealing mechanism is Velcro. In a second configuration, the internal sealing mechanism is an adhesive.

In an alternative configuration, the patch embodiment microposts have a radius of curvature in the engaged state 20 that is about 100 percent to about 50 percent of the axial length of the respective microposts in the deployment state.

In the patch embodiment the microposts may have a longitudinal axis that is substantially perpendicular to a contact surface of the sheet of flexible material in the 25 deployment state.

The embodiments provide a method of securing an object to tissue by the steps of advancing tissue penetrating distal ends of an array of microposts extending from and secured to a contact surface of the object into target tissue of a target 30 tissue site. The microposts are then activated to transform from a deployment state with the microposts in a substantially straightened configuration having an outer surface which is smooth, continuous and substantially parallel to adjacent microposts to an engaged state wherein at least a 35 section of the microposts assume a configuration that is not substantially parallel to adjacent microposts or is not substantially straight with a substantially smooth and continuous outer surface to mechanically capture tissue adjacent thereto. 40

Using an alternative exemplary embodiment provides a method of performing an anastomosis by advancing tissue penetrating distal ends of an array of microposts extending from and secured to a contact surface of the outer surface of a flexible tube into target tissue of a target tissue site. The flexible tube is inserted into both sides of an anastomosis connection. The tube is expanded in order to deploy the microposts. The microposts are activated to transform the microposts from a deployment state with the microposts in a substantially straightened configuration having an outer surface which is smooth and continuous and substantially parallel to adjacent microposts to an engaged state wherein at least a section of the microposts assume a configuration that is not substantially parallel to adjacent microposts or is not substantially straight with a substantially smooth and continuous outer surface so as to mechanically capture tissue adjacent thereto thus securing the flexible tube into both sides of the anastomosis.

The embodiments may also provide a method of securing

In one form to accomplish the method, the distal sections of the microposts are curved back in the engaged state so as to mechanically capture tissue adjacent thereto in the deployed state.

In a second form to accomplish the method, the distal 45 sections of the microposts are bulged in the engaged state so as to mechanically capture tissue adjacent thereto in the deployed state.

In a third form to accomplish the method, the distal sections of the microposts assume a corkscrew configuration 50 in the engaged state so as to mechanically capture tissue adjacent thereto in the deployed state.

In various implementations of the method the microposts are activated thermally, by passage of electrical current through the microposts, by a change in the pH value of the 55 material surrounding the microposts, by the application of light energy to the microposts, or by the application of ultrasonic energy to the microposts. Using an exemplary embodiment provides a method for wound closure or occluding a body passageway or body 60 cavity by advancing tissue penetrating distal ends of an array of microposts extending from and secured to a contact surface of flexible sealed balloon which can be inflated and deflated placed into target tissue surrounding a wound or in the passageway or cavity to be occluded. The balloon is 65 m inflated and the microposts activated to transform the microposts from a deployment state with the microposts in a

an implantable device to tissue using an array of microposts extending from and secured to a contact surface of an implantable device via the use of a substrate coating on the implantable device on which the microposts are formed. The 40 microposts are advanced with tissue penetrating distal ends of the array of into target tissue of a target tissue site. The microposts are activated to transform the microposts from a deployment state with the microposts in a substantially straightened configuration having an outer surface which is smooth and continuous and substantially parallel to adjacent microposts to an engaged state wherein at least a section of the microposts assume a configuration that is not substantially parallel to adjacent microposts or is not substantially straight with a substantially smooth and continuous outer surface to mechanically capture tissue adjacent thereto. The implantable device is deployed into the target area, and the microposts are deployed into the tissue and engaged by activation of the shape memory material thus securing the device to the tissue.

The features, functions, and advantages that have been discussed can be achieved independently in various embodiments of the present invention or may be combined in yet other embodiments further details of which can be seen with reference to the following description and drawings.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1A is a side view of a first embodiment having a sheet of flexible material with an array of a plurality of
microposts extending therefrom in an engagement state;
FIG. 1B is a perspective view of the embodiment of FIG.
1A

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FIG. 1C illustrates the angular deflection of a section of a micropost;

FIG. 1D shows a cross section of a micropost for purposes of defining the cross sectional shape function W(z);

FIGS. **2A-2**D illustrate a deployment sequence for the ₅ embodiment of FIGS. **1**A and B;

FIG. **3**A is a perspective view of an alternative embodiment of a micropost in an deployment state;

FIG. **3**B is a perspective view of the embodiment of FIG. **3**A in the engaged state;

FIG. 4A is a perspective view of a second alternative embodiment of a micropost in an deployment state;

FIG. **4**B is a perspective view of the embodiment of FIG. **4**A in the engaged state;

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substantially parallel shape memory microposts secured thereto. For some embodiments, the microposts may be integral with the substrate. The substrate may serve to confine and position the shape memory microposts for some embodiments as generally illustrated in FIGS. 1A and 1B. FIG. 1A shows the proximal end 10 of a pair of microposts 12 secured to a substrate 14. For the embodiment shown in the drawings, the proximal end incorporates a lateral flange 16 for engagement within the substrate to resist extraction. The microposts have a sharpened distal end 18. Because the substrate may be flexible or elastomeric, it may have the ability to conform to any irregular surface that it is forced against. For the embodiments shown in the drawings a circular cross section for the microposts is shown. In alternative embodiments, a non-circular cross section may be employed. The device is deployed by applying pressure to the underside of the flexible substrate which forces the sharpened distal ends 18 of the shape memory microposts 12 into the target tissue. The shape memory microposts may be fabricated from a polymer material for some embodiments, and the microposts may be configured to have a substantially straightened deployment state 12. The microposts may also be configured to have an engaged state 12' wherein distal sections of the microposts have been activated so as to take on a shape which engages the adjacent tissue into which the micropost has been inserted. Various shapes such as a curved or hooked shape (as shown and described subsequently in FIG. 2D) that are configured to mechanically capture tissue adjacent thereto may be employed.

FIG. **5** is a perspective view of a shape memory material insert with two micropost extending therefrom in the ¹⁵ deployment state;

FIG. **6** is a perspective view of a sheet of shape memory material with an array of a plurality microposts extending therefrom in a deployment state;

FIG. 7A illustrates an embodiment of a pad device having 20 an array of a plurality of microposts for deployment within tissue;

FIGS. 7B, 7C and 7D illustrate a deployment sequence of the embodiment of the pad device of FIG. 7A into tissue with engagement;

FIG. **8**A illustrates an embodiment of a balloon device having an array of a plurality of microposts for engagement within tissue.

FIGS. **8**B-**8**F illustrate a deployment sequence of the embodiment of the balloon device of FIG. **8**A for occlusion of an aneurysm;

FIG. 9A illustrates an embodiment of a tube device having an array of a plurality of microposts for engagement within tissue;

FIGS. 9B-9E illustrate a deployment sequence of the embodiment of the balloon device of FIG. 9A within a patient's vasculature in order to perform an anastomosis; FIG. 10A illustrates an embodiment of a stent device having a coating consisting of an array of a plurality of microposts for engagement within tissue;

Memory activation of distal sections of the microposts may be triggered by any suitable means for a respective micropost embodiment. Shape memory members that are in the deployment state can be transitioned into the engaged state through a variety of methods which depend on the nature of the shape memory material. For some embodiments, the device may be configured to produce high strength adhesion properties with minimal tissue damage or engagement by virtue of using a large number of short thin tissue penetration members closely spaced together. An analysis of the force to bend a thin rod or micropost through a given radius of curvature is provided as exemplary of the adhesion properties of some device embodiments which then allows for the determination of the theoretical attachment force of the microposts to tissue. Referring to FIGS. 1C and 1D, r is the radius 22 of a rod 20 and R is the radius of curvature 24 of the bent rod. It is assumed that r<<R. The elastic bending energy per unit length of the rod is given by:

FIGS. **10B-10D** illustrate a deployment sequence of the 40 embodiment of the coated stent device of FIG. **10**A within a patient's vasculature;

FIGS. **11A-11**E illustrate a deployment sequence of a balloon device such as the embodiment of FIG. **8**A for closure of a wound;

FIGS. **12**A and **12**B illustrate an embodiment of a balloon device having an array of a plurality of microposts disposed within tissue and transitioning from a deployment state to an engagement state with heat activation;

FIGS. **13**A and **13**B illustrate an embodiment of a balloon ⁵⁰ device having an array of a plurality of microposts disposed within tissue and transitioning from a deployment state to an engagement state with electrical current activation;

FIGS. 14A and 14B illustrate an embodiment of a balloon device having an array of a plurality of microposts disposed 55 within tissue and transitioning from a deployment state to an engagement state with ultraviolet light activation;
FIG. 14C illustrates the use of the micropost as a wave-guide for light transmission during activiation;
FIG. 15 is a perspective view of a sheet of flexible 60 material with an array of a plurality microposts extending therefrom in a deployment state.

$$\frac{Ebend}{L} = \int_{-r}^{r} 2 \cdot (r^2 - z^2) \cdot Y \cdot \frac{(z/r)^2}{2} \cdot dz$$

DETAILED DESCRIPTION

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Embodiments of the invention include a composite structure with a flexible sheet or substrate and a plurality of Using a change of variables, x=z/r:

 $\int_{-1}^{1} x^2 \cdot (1 - x^2)^{1/2} \cdot dx = \frac{\pi}{8}$

 $\frac{Ebend}{L} = \frac{2 \cdot Y \cdot r^4}{R^2} \cdot \int_{-1}^{1} x^2 \cdot (1 - x^2)^{1/2} \cdot dx \text{ where}$

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The resulting equation provides

$$\frac{Ebend}{L} = \frac{Y \cdot r^4}{R^2} \cdot \left[\frac{\pi}{8}\right] = \frac{Y}{2 \cdot R^2} \cdot \left[\frac{1}{4} \cdot \pi \cdot r^4\right] = \frac{Y \cdot I}{2 \cdot R^2} \tag{1}$$

Equation (1) provides the force to deflect a thin rod to a radius of curvature R. If the diameter of the micropost is 2 microns, and the length of the micropost is 12 microns, the second moment area of inertia for a circular cross section ¹⁰ may be given by:

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shown as arrows 34, applied to outer surface 28 of the substrate which is opposite to inner surface 30 from which the microposts extend. In FIG. 2C, the tissue engagement microposts have been fully deployed into the target tissue 26 by pressure on the underside of the substrate sheet such that the inner surface 30 of the substrate 14 is in contact with an outer surface 32 of the target tissue and substantially all of the microposts of the system are disposed within and surrounded by target tissue. In FIG. 2D, the microposts have been activated to an engaged state 12' such that distal sections of the micropost have assumed a shape that mechanically captures tissue adjacent to each micropost between the micropost and the substrate and binds the substrate to the tissue. Through this process, the substrate is mechanically secured to the target tissue by the microposts.

$$I = \frac{\pi \cdot D^4}{64} = \frac{\pi \cdot (2 \cdot 10^{-6} \text{ m})^4}{64} = 7.85 \cdot 10^{-25} \text{ m}^4$$

For this example, a polyurethane shape memory polymer with a flexural modulus of 1100 MPa will be used for the rod material. Per FIG. **1**C the radius of curvature of the engage-²⁰ ment member maybe approximately equal to the length of the micropost. Thus equation (1) maybe rewritten as:

$$F_{rod} = \frac{Y \cdot I}{2 \cdot R^2} = \frac{1100 \cdot 10^6 \text{ Pa} \cdot 7.85 \cdot 10^{-25} \text{ m}^4}{2 \cdot (12 \cdot 10^{-6} \text{ m})^2} = 3.00 \cdot 10^{-6} \text{ N}$$

 F_{rod} is the force required to bend one micropost to a radius of curvature that is equal to its length. Now, consider an 30 array of microposts secured to a flexible substrate sheet. Assuming that the microposts are spaced 12 microns apart from adjacent microposts as tissue engagement members (for an exemplary embodiment as shown and discussed subsequently with respect to FIGS. **12**A and **12**B). The 35 surface area of flexible substrate surrounding one micropost can be:

¹⁵ For some embodiments this activation mechanism may also serve to pull the substrate 14 tightly against the outer surface 32 of the target tissue 26 due to the curling or hooking movement of the distal section of the microposts. The micropost embodiments shown in FIGS. 2A-2D are curved back when activated in order to mechanically capture tissue adjacent thereto in the activated or engaged state represented as element 12'.

Another embodiment of microposts may include a corkscrew configuration shown in FIGS. **3**A and **3**B. The deployment sequence for this embodiment may be as follows. The micropost **12** is straight, smooth, and parallel to any adjacent microposts in its deployment state as shown in FIG. **3**A. After the micropost has been deployed or otherwise disposed into the target tissue, it is activated and a the distal section **38** of the micropost assumes its corkscrew shape thus capturing tissue between successive rotations of the micropost so as to anchor the micropost in the target tissue in an axial direction as shown in FIG. **3**B.

Yet another embodiment of a tissue engagement member may include a distal section that is bulged in the activated ³⁵ state so as to mechanically capture tissue as is shown in FIGS. 4A and 4B. The deployment sequence for this embodiment might be as follows. The micropost 12 is straight, smooth, and parallel to adjacent microposts in its deployment state. As shown in FIG. 4A After the micropost 40 has been deployed or otherwise disposed into the target tissue, it is activated and a portion 40 of the distal section assumes its bulged shape thus capturing tissue between bulged distal section and the proximal section of the micropost as shown in FIG. 4B.

 $A = (12 \cdot 10^{-6} \text{ m}) \cdot (12 \cdot 10^{-6} \text{ m}) = 1.44 \cdot 10^{-10} \text{ m}^2$

Therefore, in one square meter of flexible substrate, there may be about:

$$\frac{1 \text{ m}^2}{1.44 \cdot 10^{-10} \text{ m}^2} = 6.94 \cdot 10^9 \text{ Microposts}$$

The tensile force that each activated tissue engagement member can resist prior to tissue disengagement is known and is shown above as F_{rod} . The total number of members is multiplied by the force per member to yield the strength of $\frac{4}{5}$ the substrate attachment (per square meter):

$$6.94 \cdot 10^9 \text{ Microposts} \cdot \frac{3.00 \times 10^{-6} \text{ N}}{\text{Micropost}} \cdot \frac{1}{1 \text{ m}^2} = 20,800 \text{ Pa} = 20.8 \text{ kPa}$$

45 Other possible tissue micropost embodiments may include microposts 12 that are formed as a single element from shape memory material with a ribbon or strip 42 at a base 44 of each micropost to form a pair as shown in FIG.
5. This embodiment may aid in the attachment of the microposts to the flexible substrate. In yet another embodiment, an array 46 of the microposts 12 might be integrally molded from shape memory material with a plurality of connecting strips 48 as shown in FIG. 6. This embodiment may be beneficial for manufacturing purposes in that hold-ing and positioning small microposts during the flexible base over molding process would be difficult. The insert configuration in FIG. 6 could also be used as a stand alone apparatus

that could be deployed into tissue in order to provide Deployment of the embodiment of a system as described with respect to FIGS. 1A and 1B is shown in FIGS. 2A-2D. structural support for that tissue. The gaps between the In FIG. 2A, distal ends 18 of the microposts are in the 60 connecting strips 48 could act as ports for tissue drainage. deployment state with each micropost **12** being substantially For some embodiments, the substrate sheet may be fabparallel to adjacent microposts with substantially straight ricated from any suitable flexible material such as the following elastic polymers: silicone rubber, polyurethane, or smooth and continuous outer surfaces. The substrate 14 is latex rubber. Embodiments of microposts may be fabricated secured to the proximal ends 10 of the microposts 12 by the lateral flanges 16. In FIG. 2B, the microposts have been 65 from any suitable shape memory alloy or shape memory partially deployed and are shown with distal tips 18 thereof polymer. Like their counterparts in metallic shape memory penetrating into the target tissue 26 via pressure, generally metals, shape memory polymers experience "memory"

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effects which allow them to recover a pre-determined shape after a transitional event has occurred. Some shape memory polymers may include polyurethane, polystyrene, polynorbornene, and a variety of hydrogels. It may be desirable for some embodiments for both the substrate and the microposts to be made from bio-absorbable material. Various metals and alloys with shape memory properties may be used in various embodiments of microposts including but not limited to NickelTitanium (NiTi).

For the general embodiments of the microposts shown in 10 FIGS. 2A-2D NiTi alloys with thermal activation may be employed for certain applications. Alternatively, polymer microposts with either thermal, electrical, or photonic activation may be employed. Polymers such as polyurethane doped with carbon nanotubes provide electrical conductivity 15 for shape memory activation. Polymers may also be employed with shape memory activation through exposure to Ultraviolet (UV) radiation. Alteration of the pH of the polymer may also activate the shape memory property by exposure to acidic or base fluids in the tissues or in which the 20 tissues are bathed or, alternatively, by removing the polymer from a stabilizing fluid and allowing change of pH through insertion in to the tissue. FIG. 7A shows an embodiment of with a substrate sheet 50 and micropost array 46 having a structure such as that 25 shown in FIG. 6 integrated as a pad 52. In an exemplary embodiment, the substrate 50 may be molded around the connecting strips 48 to secure the entire array to form the pad 52. In another embodiment, the substrate 50 may be molded around a plurality of the connecting strips 42 of the 30 composite micropost shown in FIG. 5 to form the array contained within the pad 52. In yet another embodiment, the substrate 50 may be molded around the lateral flanges 16 of multiple microposts as shown in FIGS. 1A and 1B to form the array contained within the pad 52. The scale of the 35 microposts is exaggerated in the figures for the embodiments to allow visualization in the drawings where in actual embodiments, the microposts would be much smaller in relation to the other drawing elements. The microposts are arranged on one interface surface of the pad to allow for 40 attachment to a suitable tissue surface by that side of the pad. The pad system of FIG. 7A may include a variety of embodiments wherein the microposts are activated by different methods. The pad would be attached to any suitable target tissue using the following exemplary method as 45 described with respect to FIGS. 7B and 7C. The pad 52 would be placed in contact with the target tissue 54 such that the distal tips 18 of the microposts 12 were contacting the target tissue. Pressure represented generally by arrows 56 may then be applied to the underside 58 of the pad thus 50 deploying it into the target tissue, as shown in FIG. 7C. The microposts 12 would then be transitioned to the engaged state 12' by any suitable method thus securing the pad to the target tissue as shown in FIG. 7D to secure the tissue similar to the sequence shown in FIGS. 2A-2D and discussed above. 55 For the exemplary embodiment of FIG. 7A a NiTi alloy may be employed as the shape memory material for the microposts. The pad is maintained at a reduced temperature (approximately 26 C or lower) prior to use. Deployment of the pad onto the tissue results in warming of the microposts 60 to the temperature of the body (approximately 38 C) which is sufficient to thermally activate the shape memory properties of the NiTi microposts. In this case the NiTi material has an activation temperature of 38 C. Below this temperature the NiTi material is in its Martensite state which 65 corresponds to the deployment state of the shape memory micropost. Above this temperature the NiTi material is in its

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Austenite state which corresponds to the engagement state of the shape memory micropost.

FIG. 8A shows an embodiment of the substrate sheet 50 and micropost array 46 configured as a balloon 60. The microposts are arranged on the outside surface of the balloon so as to allow for attachment to a suitable tissue surface by that side of the balloon. The substrate is elastically expandable for inflation of the balloon. The balloon system of FIG. 8A may include a variety of embodiments wherein the microposts are activated by different methods. The balloon may be attached to any suitable target tissue according to the following method as described with respect to FIGS. 8B-8F. The balloon 60 may be placed into the proximity of the target tissue 62 (in this case the aneurysm shown in FIG. 8B) using a catheter shaft 64 or similar device and then the balloon would be inflated thus deploying the microposts into the target tissue as shown in FIG. 8C. The microposts 12 would then be transitioned to the engaged state 12' by any suitable method thus securing the balloon to the target tissue as shown in FIG. 8D in a process similar to the sequence shown in FIGS. 2A-2D and discussed above. The balloon may then be deflated and sealed upon itself via self-adhering internal surfaces 66 (shown in FIG. 8D) as shown in FIG. **8**E. The balloon would then detach from the catheter shaft **64** as shown in FIG. 8F. Internal sealing of the balloon may be accomplished using an internal sealing mechanism such as mating Velcro® sheets. Alternatively, an adhesive may coat the internal surface of the balloon or be introduced through the catheter during inflation of the balloon. FIG. 9A shows an embodiment of the substrate sheet 50 and micropost array 46 configured as a tube 70. The microposts are arranged on the outside surface 72 of the tube so as to allow for attachment to a suitable tissue surface by that side of the tube. The tube system may include a variety of embodiments wherein the microposts are activated by different methods. The tube may be attached to any suitable target tissue (in this case the anastomosis vessels 74 shown) in FIG. 9B) according to the following method described with respect to FIGS. 9C-9E. The tube 70 may be placed into the proximity of the target tissue such as vessels 74 as shown in FIG. 9C and then the tube may be expanded radially via internal pressure 76 thus deploying the microposts 12 into the target tissue as shown in FIG. 9D. The microposts 12 would then be activated to the engaged state 12' by any suitable method thus securing the tube 70 to the target tissue as shown in FIG. 9E. FIG. 10A shows an embodiment of the substrate sheet 50 and micropost array 46 configured as a coating on an implantable device, in this case a intravascular stent 80. The coating is applied such that the microposts are arranged on the outside surface of the stent 82 to allow for attachment to a suitable tissue surface by the stent. The stent system of FIG. 10A may include a variety of embodiments wherein the microposts are activated by different methods. The stent may be attached to any suitable target tissue according to the following method as described with respect to FIGS. 10B-10D. The stent 80 may be placed into the proximity of the target tissue 84 as shown in FIG. 10B and then the stent may be expanded radially via internal pressure 86 thus deploying the microposts 12 into the target tissue as shown in FIG. 10C. The microposts 12 may then be transitioned to the engaged state 12' by any suitable method thus securing the stent 80 to the target tissue 84 as shown in FIG. 10D. FIGS. 11A-11E illustrate a deployment sequence of a wound closure method employing the embodiment described above with respect to FIG. 8A. The figures depict an inflatable balloon 60 which has microposts extending

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radially therefrom being used to close a wound. The balloon system of FIGS. 11A-11E may include a variety of embodiments wherein the microposts are activated by different methods. Embodiments of the balloon may also include another feature that serves to hold the collapsed balloon 5 closed once the microposts have been activated and the balloon collapsed. For some embodiments, the internal surfaces of the balloon may include self-adhering surfaces such as adhesive coated surfaces, Velcro® surfaces or the like. When a negative pressure is applied and the balloon is deflated, the interior surfaces would lock together thus sealing the balloon providing tissue closure. Referring again to FIGS. 11A-11E, for any of the balloon embodiments discussed above, the catheter or shaft having the balloon **60** disposed thereon is advanced into a wound 90 in the target tissue 92 in a collapsed state such that the microposts are disposed adjacent tissue to be closed as shown in FIG. **11**B. Once properly positioned, the balloon may then be expanded such that the microposts are expanded radially outward 20 towards the extent of the wound 90 in the target tissue and the tissue penetrating tips of the microposts penetrate the target tissue as shown in FIG. 11C. The microposts may then be activated by any of the methods discussed herein so as to secure the balloon substrate to the target tissue so as to 25 secure the tissue similar to the sequence shown in FIGS. 2A-2D and discussed above. Once the microposts have been activated and secured to the target tissue, the balloon may be collapsed so as to draw the wound closed as shown in FIG. **11**D. The balloon may then be detached from the catheter 30 shaft by cutting or any other suitable method and the catheter shaft withdrawn from the target tissue as shown in FIG. 11E. Elastomeric balloons, such as those discussed above, may be configured to conform to any shape, and may be manufactured with spherical, cylindrical or other desired symmetry. 35 Suitable activation methods for embodiments of the microposts may be determined by the composition and manufacturing method of the shape memory polymer or alloy used to fabricate the microposts. There are a variety of suitable activation methods for shape memory materials that 40 maybe suitable for the embodiments discussed herein. For example, application of thermal energy or the application of mechanical energy in the form of ultrasonic vibrations or the like may be used to activate the microposts. The balloon embodiments previously described are used in FIGS. 12A- 45 **14**B as exemplary to describe various activation methods which would be applicable to the embodiments described herein. For thermal activation, balloon **60** may be filled with fluid **100** that is at a temperature higher than the shape memory 50 activation temperature of the microposts as shown in FIGS. 12A and 12B. In FIG. 12A, heat 103 is shown being transferred from fluid disposed within the interior of the balloon through the wall of substrate 50 and into the tissue **102** surrounding the embedded microposts extending from 55 the balloon. The elevated temperature of the fluid and surrounding tissue elevates the temperature of the microposts causing them to transition into the engagement state 12' as shown in FIG. 12B. Shape memory polymers may also be transitioned from 60 the deployment state to the engagement state by a change in the pH value of the material that is surrounding the polymer. For activation by a change in the pH value of the material that surrounds the microposts, the pH level of the tissue may be different enough from that of the blood to activate the 65 microposts after they had been deployed into the tissue. Also, a fluid having an activation pH level may be disposed

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within fluid communication of the microposts by injection into the balloon interior or any other suitable means.

The application of electrical energy may also be used to activate shape memory polymers that have been doped with carbon nanotubes, which make the doped material conductive. FIGS. 13A and 13B illustrate a balloon embodiment with micropost activation by the application of electrical energy. For activation by electrical energy, fluid 104contained within the balloon 60 may be electrically conductive such as with a saline solution or the like. Electrical current generated by a battery 106 or other appropriate source may then be passed through the fluid via the electrically conductive probe 101 and microposts into an electrical return patch 110 that is placed on the outside of the tissue as illustrated 15 in FIG. 13A. Upon activation of switch 108, the electrical current may be passed through resistive elements, such as carbon nanotubes in the microposts 12, thus heating and activating the microposts transitioning them to the engagement state 12' as shown in FIG. 13B. It has been shown that the application of light can cause the activation of a shape memory polymer. The shape memory materials can change shape when struck by light at certain wavelengths and return to their original shapes when exposed to light of specific different wavelengths. FIGS. 14A and 14B illustrate a balloon embodiment with micropost activation by photon absorption. In FIG. 14A, a light diffusing element 112 is placed into the interior of the balloon which has been pneumatically or hydraulically inflated. The light diffusing element **112** is then turned on saturating the interior walls of the balloon with photons generally represented by arrows 114. After absorbing sufficient photons, the microposts 12 are engaged as shown in FIG. 14B. As shown in FIG. 14C, the microposts 12 may be configured to function as waveguides, allowing the light to pass from the proximal end 10 to the distal tip 18 of the micropost thus activating the micropost. Light energy may thus be communicated into an interior cavity of the balloon with a fiber optic waveguide and then radiated outwardly towards the spherical shell of the balloon and the proximal ends of the microposts. The light energy may then be transmitted from the proximal ends of the microposts to distal sections of the microposts so as to heat or otherwise activate the microposts as shown in FIG. 14C. The length and spacing of the microposts may be dependent on the target tissue into which they are being deployed. For some embodiments, the microposts may cause some damage to the cells of the target tissue as they are being deployed. Thus, each micropost may be spaced such that they cause the least amount of damage to the target tissue. FIG. 15 illustrates an array 46 having inter-micropost spacing **116** and **117** of about 8 microns to about 40 microns, and an axial length **118** of about 8 to 20 microns. These spacing and length dimensions may be suitable for target tissue with cells having a mean diameter of about 1 micron to about 2 microns. As previously calculated, the attachment strength for a substrate embedded with shape memory polyurethane microposts that have a Young's modulus value of about 1100 MPa was calculated to be about 20.8 kPa. FIG. 15 demonstrates a uniform spacing of microposts in the array which may be applicable to certain applications. Non-uniform spacing in one or both directions of the array may be employed in alternative embodiments for suitable applications.

The micropost deployment method embodiments discussed above may be applied in reverse order to remove the micropost substrate system from the target tissue by reversing the shape memory property to the original deployment

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state. Consider the micropost substrate system embodiment depicted in FIGS. 2A-2D. For some embodiments the microposts in FIG. 2D may be transitioned from the activated or engaged state to the deployment state by reversing the shape memory activation method. In the case of microposts fab- 5 ricated from NiTi shape memory material, the deployment state corresponds to the Martensite phase of the material, and the engaged state corresponds to the Austenite phase of the material. The activation temperature represents the transition temperature between these two phases; in this case the 10 activation temperature is body temperature. When the NiTi microposts are deployed into the target tissue they are above their activation temperature and the NiTi is thus in the Austenite phase. A thermal sink that is lower in temperature than the transition temperature may be applied to the sub- 15 strate sheet thus lowering the temperature of the tissue surrounding the microposts. After the tissue that surrounds the microposts has reached a temperature that is below its transition temperature, for some embodiments the microposts will revert to their deployment state (FIG. 2C). In the 20 case of NiTi microposts, the temperature change reverts the material to its Martensite or deployment state. The micropost/substrate sheet system can then be removed from the target tissue. Thus the steps outlined in FIGS. 2A-2D can be performed in reverse in order to remove the micropost/ 25 substrate sheet system from the target tissue. Having now described various embodiments of the invention in detail as required by the patent statutes, those skilled in the art will recognize modifications and substitutions to the specific embodiments disclosed herein. Such modifica- 30 tions are within the scope and intent of the present invention as defined in the following claims.

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aneurism wherein a distal section of each micropost mechanically captures tissue adjacent thereto and said microposts are no longer substantially parallel to adjacent microposts and no longer in a straightened configuration;

deflating the balloon substrate thereby causing closure of the balloon substrate and tissue of the aneurism.

2. The method of claim 1 further comprising sealing the deflated balloon substrate upon itself via self-adhering internal surfaces.

3. The method of claim 2 wherein sealing the deflated balloon substrate upon itself via self-adhering internal surfaces comprises utilizing mating Velcro sheets to seal the deflated balloon substrate upon itself.

What is claimed is:

1. A method for treating an aneurism, comprising: providing an elastically expandable balloon substrate hav- 35 ing a contact surface; forming an array of microposts extending from the contact surface of the balloon substrate, said microposts fabricated from a shape memory material and having a proximal end secured to the substrate, and a sharpened 40 tissue penetrating distal end; elastically expanding the balloon substrate by inflation thereby deploying the microposts into the tissue of the aneurism, the microposts being disposed in a substantially straightened configuration, being substantially 45 perpendicular to the substrate, and being substantially parallel to adjacent microposts; engaging the microposts by activation of the shape memory material after penetration into the tissue of the

4. The method of claim 2 wherein sealing the deflated balloon substrate upon itself via self-adhering internal surfaces comprises utilizing an adhesive to seal the deflated balloon substrate upon itself.

5. The method of claim 1 wherein the microposts are fabricated from alloy shape memory material.

6. The method of claim 1 wherein the microposts are fabricated from shape memory polymer material.

7. The method of claim 1 wherein activation of the shape memory material after penetration into the tissue of the aneurism comprises thermal activation of the shape memory material.

8. The method of claim 1 wherein activation of the shape memory material after penetration into the tissue of the aneurism comprises photonic activation of the shape memory material.

9. The method of claim 1 wherein activation of the shape memory material after penetration into the tissue of the aneurism comprises Ph change activation of the shape memory material.

10. The method of claim 1 wherein activation of the shape memory material after penetration into the tissue of the aneurism comprises electrical activation of the shape memory material.

11. The method of claim **1** wherein the balloon substrate is fabricated from an elastic polymer.

12. The method of claim **11** wherein the elastic polymer comprises silicone.

13. The method of claim **11** wherein the elastic polymer comprises polyurethane.

14. The method of claim 11 wherein the elastic polymer comprises latex rubber.

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