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(54) **ANCHOR INSERTER**

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411/392; 81/164; 623/13.14  
See application file for complete search history.

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**A61B 17/88** (2006.01)  
**A61B 17/00** (2006.01)

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**2017/044** (2013.01); **A61B 2017/0409**  
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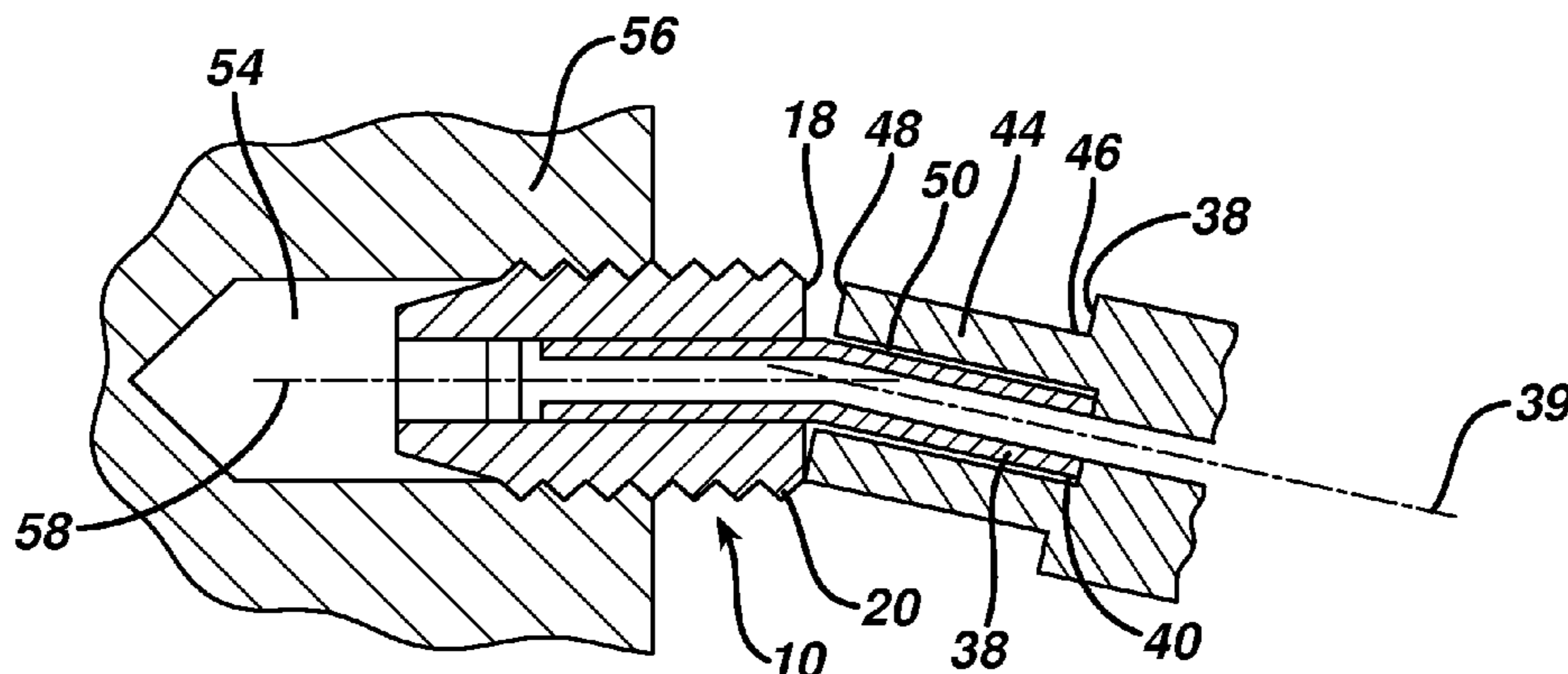
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(57) **ABSTRACT**

An anchor inserter provides for inserting an anchor into a hole in body tissue. The anchor inserter has an elongated shaft with a first axis and a distal end and an insertion tip. The insertion tip has a driving tip extending distally from the distal end of the shaft to terminate in an anchor engaging interface. A resiliency between the anchor engaging interface and the shaft allows bending away from the first axis. An abutment member extends distally from the shaft and has a distally facing abutment surface adjacent the driving tip which abuts the anchor and allows an axial force to be transmitted thereto. Preferably, the abutment member comprises a collar extending from the shaft and coaxially receiving the driving tip.

**7 Claims, 2 Drawing Sheets**



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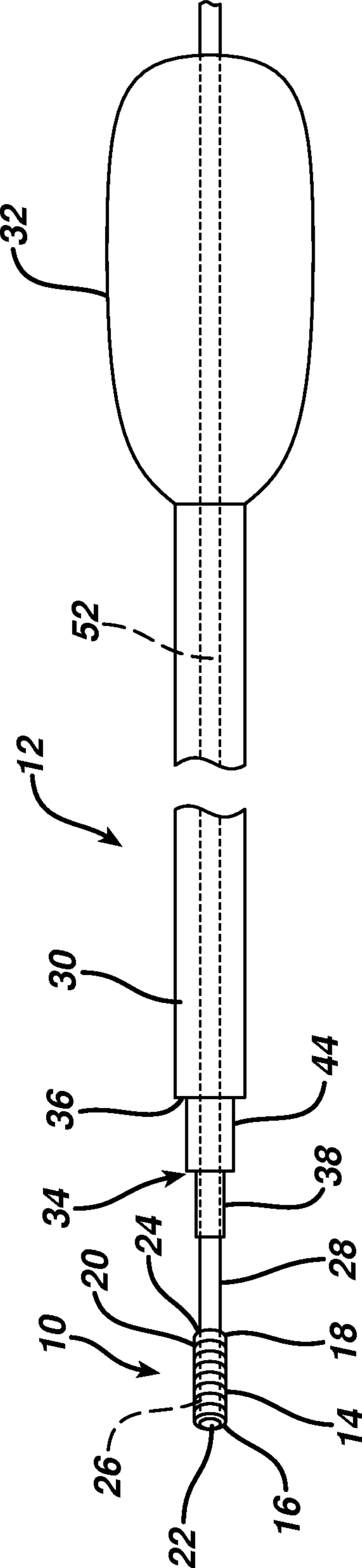
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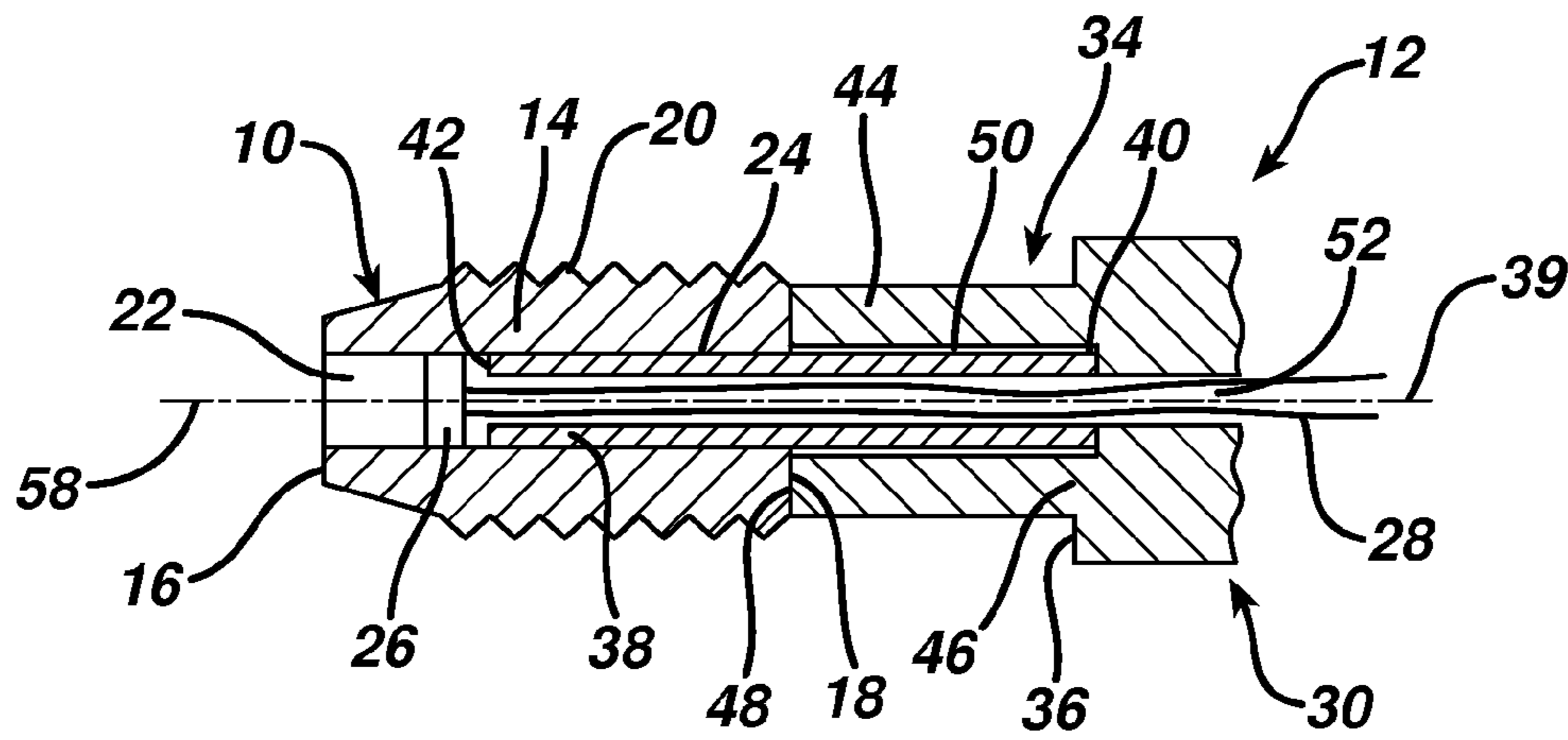
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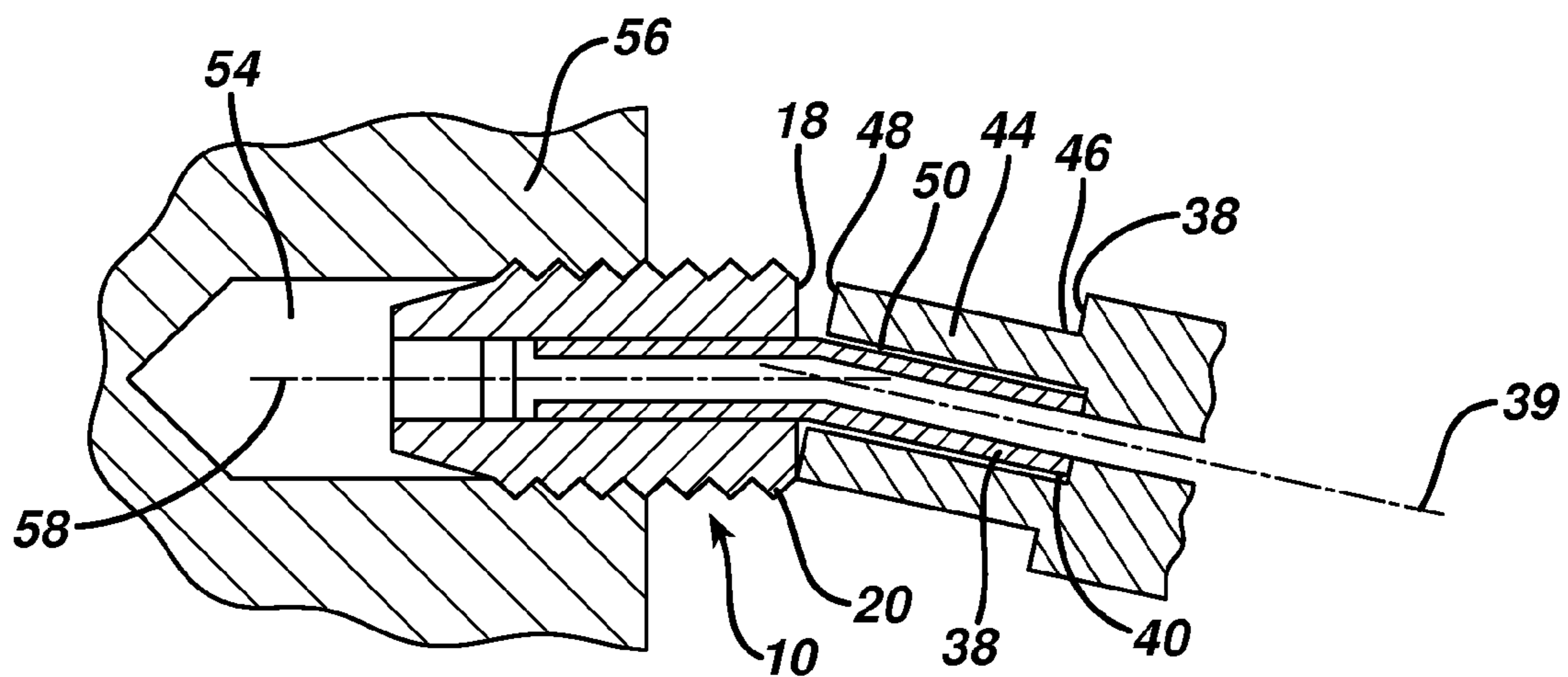
FIG. 1



**FIG. 2**



**FIG. 3**



## 1

## ANCHOR INSERTER

## BACKGROUND

This application relates to anchor inserters and more particularly to inserters adapted to accommodate insertion of a suture or other anchor off-axis.

Suture anchors provide fixation of suture to bone or other bodily tissue. They are commonly employed to attach soft tissue such as tendons to bone, such as when such soft tissue has been detached from the bone. Suture anchors take many forms but in general are disposed on a distal end of an insertion tool and then implanted into the bone therewith. Typically the anchor is pushed or threaded into a pre-drilled bone hole. Ideally, the axis of the bone hole and the axis of the insertion tool are aligned. If the axis of the insertion tool is oriented off axis it is preferred to have some compliance to allow the anchor to be aligned axially with the bone hole. It can be difficult to provide a compliance that allows sufficient bending off-axis without rupturing, especially when the tool is cannulated to allow suture to pass therethrough.

## SUMMARY OF THE INVENTION

The present invention overcomes these and other limitations of the prior art in a simple and elegant design.

An anchor inserter according to the present invention provides for inserting an anchor into a hole in body tissue. The anchor inserter has an elongated shaft with a first axis and a distal end and an insertion tip. The insertion tip has a driving tip extending distally from the distal end of the shaft to terminate in an anchor engaging interface. A resiliency between the anchor engaging interface and the shaft allows bending away from the first axis. An abutment member extends distally from the shaft and has a distally facing abutment surface adjacent the driving tip which abuts the anchor and allows an axial force to be transmitted thereto.

Preferably, the abutment member comprises a collar extending from the shaft and coaxially receiving the driving tip. Preferably, a gap exists between the collar and the driving tip and the driving tip and collar are not interconnected except through their connection to the shaft. The abutment member may thus be more rigid and sturdy for an application of axial force and the driving member more resilient to accommodate the driver shaft (first axis) being moved off of an axis of the insertion tip while the anchor is being inserted, thus allowing proper insertion of the anchor into the hole without applying undue force to the tissue forming the hole.

In one aspect of the invention, the anchor engaging interface comprises a hex driver. Preferably, a tool cannulation extends coaxially from the anchor engaging interface at least to the shaft, such as for example receiving suture from the anchor or for insertion of an anchor over a spinal needle or the like.

In one aspect of the invention, the driving tip extends distally from the shaft about twice as far as the collar extends distally from the shaft.

In one aspect of the invention, an anchor is attached to the insertion tip with the anchor engaging interface of the driving tip received within a complementary tool receiving recess in the anchor and with the abutment surface engaged against a proximally facing surface of the anchor. Such anchor defines an insertion axis and the driving tip has a first configuration wherein the first axis is axially aligned with insertion axis and a second position wherein the driving tip is bent such that the insertion axis is out of alignment with the first axis.

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A method according to the present invention provides for inserting an anchor into a hole in bodily tissue. The method comprises the steps of: a) disposing the anchor onto an anchor inserter having a shaft with a first axis and a driving tip extending distally from a distal end of the shaft, the driving tip being engaged to the anchor at an anchor engaging interface of the driving tip; b) applying a distally directed force to the suture anchor via an abutment member adjacent the driving tip and which extends distally from the shaft to abut the anchor, the force urging the anchor into the hole; and c) during at least a portion of the performance of step b), bending the driving tip at a resiliency therealong such that the driving tip bends away from the first axis.

Preferably, structural integrity of the driving tip is maintained in the performance of step c). The driving tip may bend, or perhaps, although not ideally, kink, but will not break into pieces or become detached from the shaft.

In one aspect of the invention, the anchor is rotated via a rotational force imparted through the driving tip while performing step b), such as for example while threading a threaded anchor into tissue.

Preferably, the force applied in step b) is applied through a collar which extends from the shaft and coaxially receives the driving tip. In an aspect of the invention, that portion of the driving tip received within the collar moves relative to the collar during the performance of step c).

In an aspect of the invention, the suture anchor defines an insertion axis which is aligned with the first axis prior to step c) and angles away therefrom during step c).

## BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is an exploded side elevation view of a suture anchor and suture anchor inserter according to the present invention;

FIG. 2 is a side elevation view in cross-section of the suture anchor of FIG. 1 disposed on a distal end of the suture anchor inserter of FIG. 1; and

FIG. 3 is a side elevation view of the suture anchor and suture anchor inserter of FIG. 1 with the anchor partially inserted into a bone hole and the suture anchor inserter off-axis from the bone hole and suture anchor.

## DETAILED DESCRIPTION

FIG. 1 illustrates a suture anchor 10 and suture anchor inserter 12 according to the present invention. The suture anchor 10 comprises an elongated cylindrical body 14 having a distal end 16, proximal end 18, outer threads 20 and a cannulation 22 therethrough wherein at least a proximal portion of the cannulation 22 is hexagonal in shape to form a tool receiving recess 24. The suture anchor 10 is but one example of a suture anchor which may be inserted using the suture anchor inserter 12. A suture bridge 26 spans the cannulation 22 near the distal end 16 and retains a suture 28 passed thereabout. The structure of the suture anchor 10 is illustrative of suture anchors in general, but the invention is not limited to any particular type of suture anchor and the suture anchor inserter 12 according to the present invention has utility with a variety of suture anchor structures as will be appreciated by those of skill in the art.

Turning also now to FIG. 2, the suture anchor inserter 12 comprises an elongated shaft 30 having a proximal handle 32. An insertion tip 34 at a distal end 36 of the shaft comprises an elongated driving tip 38 having an external hexagonal shape adapted to mate with the proximal portion 24 of the suture anchor cannulation 22. An inserter axis 39 extends through the shaft 30 and insertion tip 34. The driving tip 38 is affixed

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at a proximal end **40** to the shaft distal end **36** and extends out to a distal end **42**. A collar **44** also attaches to the shaft distal end **36** at its proximal end **46** and coaxially receives the driving tip **38**. The collar **44** extends distally from the shaft distal end **36** about half of the length of the driving tip **38** and terminates in a free distal end **48**. An annular gap **50** is provided between the collar **44** and the driving tip **38**. A tool cannulation **52** extends through the driving tip **38**, shaft **30** and handle **32**. In preparation for use, the anchor **10** is inserted onto the insertion tip **34** with the driving tip **38** inserted and mated into the cannulation proximal portion **24** of the suture anchor **10**, and with the suture **28** extending proximally from the suture bridge **26** through suture anchor cannulation **22**, and the tool cannulation **52**. The collar distal end **48** abuts the suture anchor proximal end **18**.

The components of the suture anchor inserter **12** can be made from any biocompatible material having desirable strength and other properties, such as a polymer, stainless steel, titanium, or alloys of nickel and titanium. The driving tip **38** in particular might employ materials having strength and resiliency under bending loads with a high breaking strain as for instance **304** annealed stainless steel or superelastic metals such as Nitinol. A weld or proper adhesive should suffice for attaching the driving tip **38** proximal end **40** to the distal end **36** of the shaft **30**, but for enhanced strength other arrangements can be made such as inseting the proximal end **40** a certain length into the shaft **30** with a weld or adhesive or compression fit over the extended interface.

Turning also now to FIG. **3**, the suture anchor **10** is shown being inserted into a hole **54** in a bone **56**. The hole has an axis **58** and the shaft has an axis **39** which is angled with respect to the hole axis **58**. In a typical prior driver the driving tip **38** would not have an extended length passing through the collar **44**, but would rather extend simply from the shaft **30** the same distance as it extends past the collar **40** in the current invention, putting a stress riser at its interface with the shaft. The present design allows the driving tip **38** to be extended in length while still having a proper abutment against the anchor proximal end **18** via the collar distal end **48**. The gap **50** is preferably small, just allowing sliding between the driving tip **38** and the collar **40**, but could be expanded to allow enhanced bending of the driving tip **38** over its length.

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The invention has been described with reference to the preferred embodiments. Obviously, modifications and alterations will occur to others upon reading and understanding the preceding detailed description. It is intended that the invention be construed as including all such modifications and alterations insofar as they come within the scope of the appended claims or the equivalents thereof.

What is claimed is:

1. A method for inserting an anchor into a hole in bodily tissue, the method comprising the steps of:
  - a) disposing the anchor onto an anchor inserter having a shaft with a first axis and a driving tip extending distally from a distal end of the shaft, the driving tip being engaged to the anchor at an anchor engaging interface of the driving tip;
  - b) applying a distally directed force to the suture anchor via an abutment member adjacent the driving tip and which extends distally from the shaft to abut the anchor, the force urging the anchor into the hole; and
  - c) during at least a portion of the performance of step b), bending the driving tip at a resiliency therealong such that the driving tip bends away from the first axis at a location distal of the abutment member.
2. A method according to claim 1 and further comprising maintaining structural integrity of the driving tip in the performance of step c).
3. A method according to claim 1 and further comprising rotating the anchor via a rotational force imparted through the driving tip while performing step b).
4. A method according to claim 1 wherein the force applied in step b) is applied through a collar which extends from the shaft and coaxially receives the driving tip.
5. A method according to claim 4 wherein that portion of the driving tip received within the collar moves relative to the collar during the performance of step c).
6. A method according to step 1 wherein suture passes from the anchor and through a tool cannulation extending coaxially from the anchor engaging interface.
7. A method according to claim 1 wherein the suture anchor defines an insertion axis which is aligned with the first axis prior to step c) and angles away therefrom during step c).

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