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(54) **BONE ANCHOR FOR RECEIVING A ROD FOR STABILIZATION AND MOTION PRESERVATION SPINAL IMPLANTATION SYSTEM AND METHOD**

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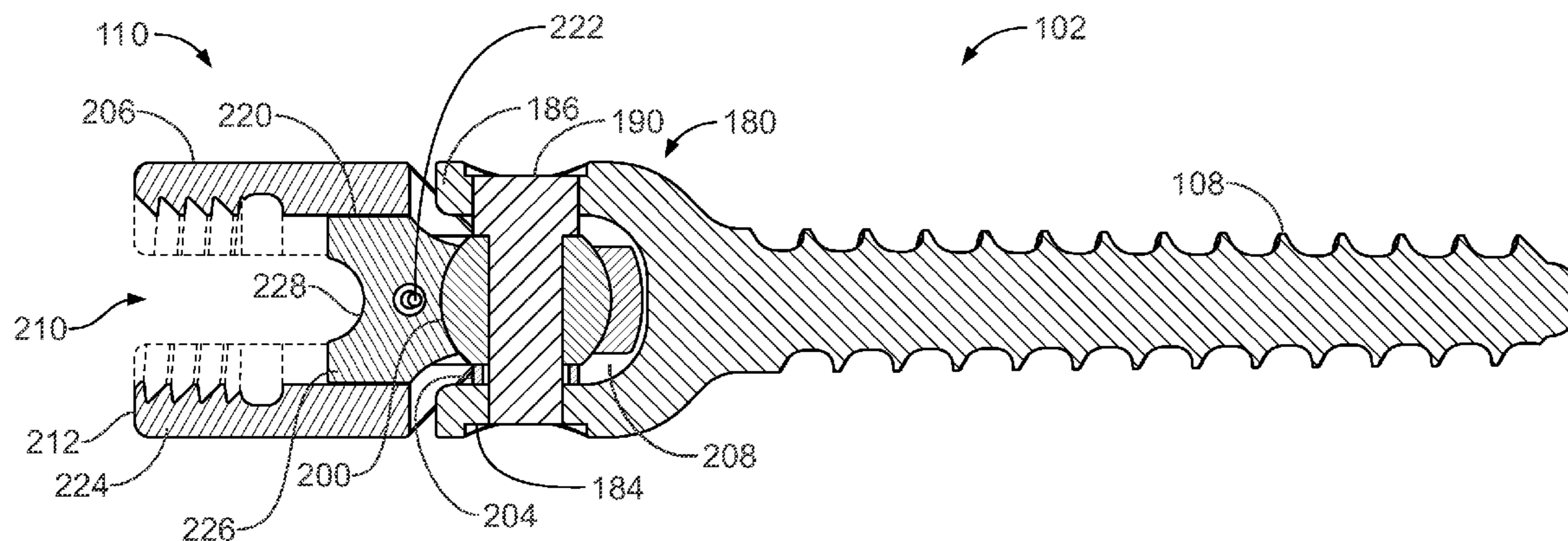
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(57) **ABSTRACT**

A dynamic stabilization, motion preservation spinal implant system includes an anchor system, a horizontal rod system and a vertical rod system. The systems are modular so that various constructs and configurations can be created and customized to a patient.

**19 Claims, 39 Drawing Sheets**



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 WO WO 02/43603 6/2002  
 WO WO 02/102259 12/2002  
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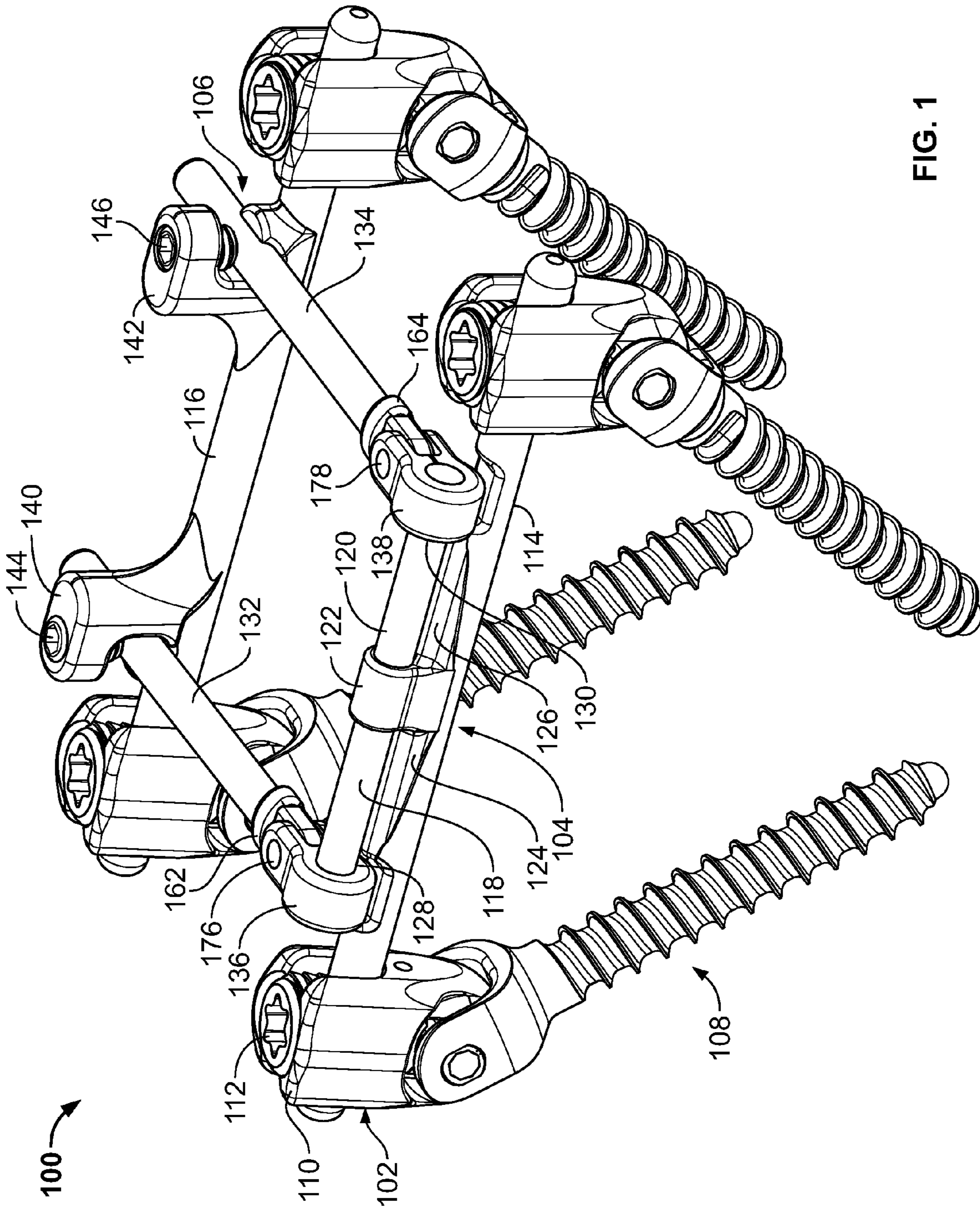


FIG. 1

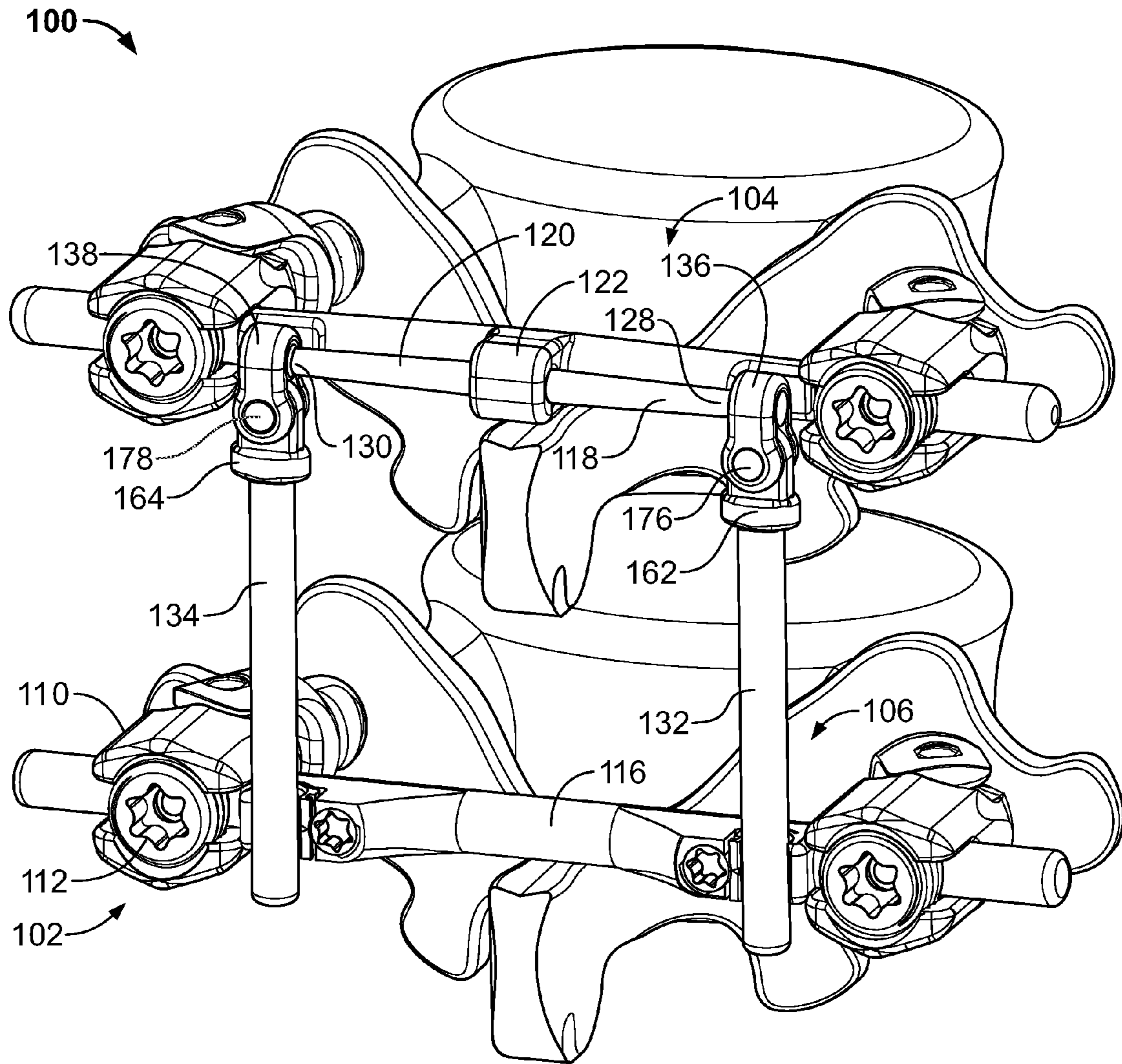


FIG. 1A



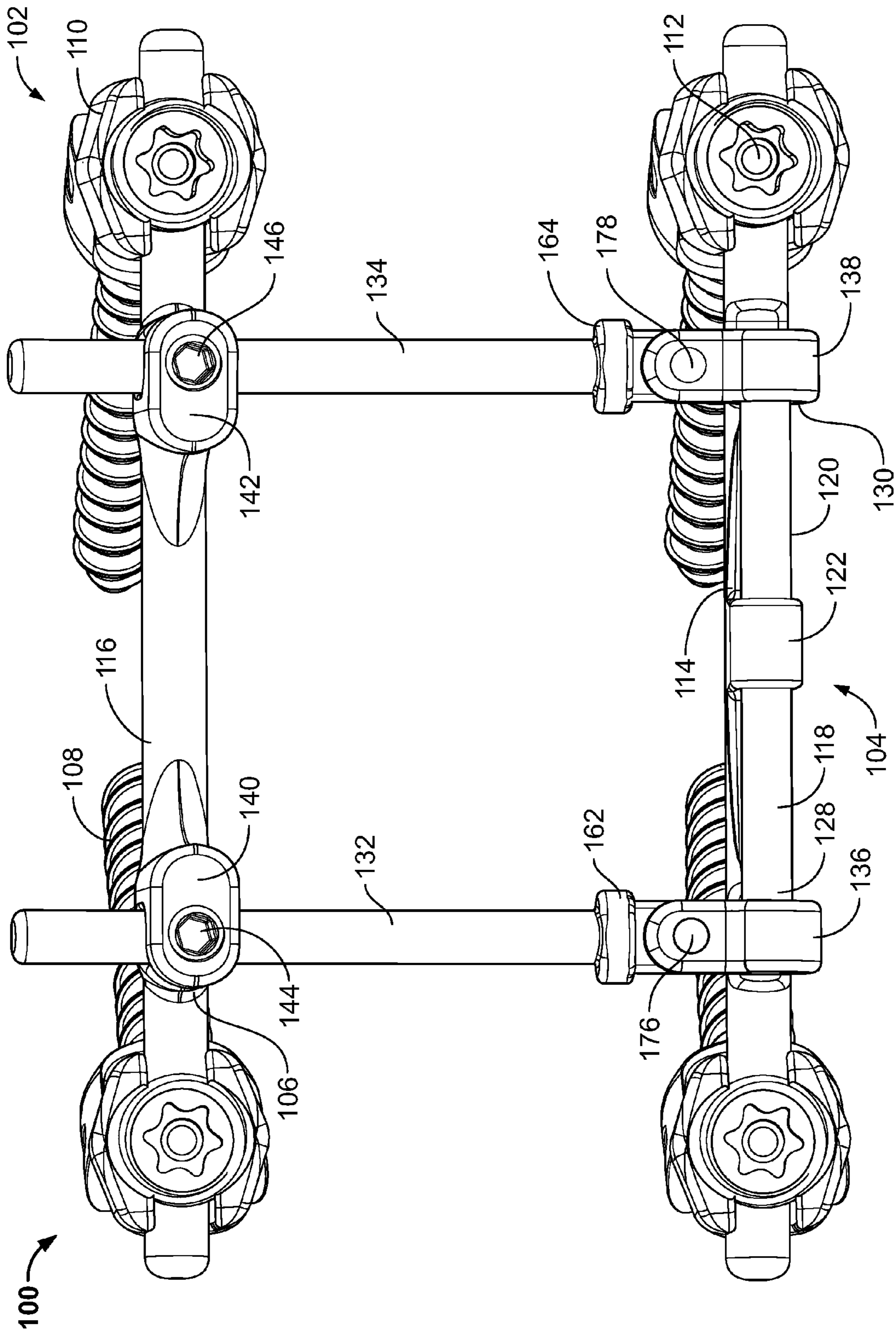
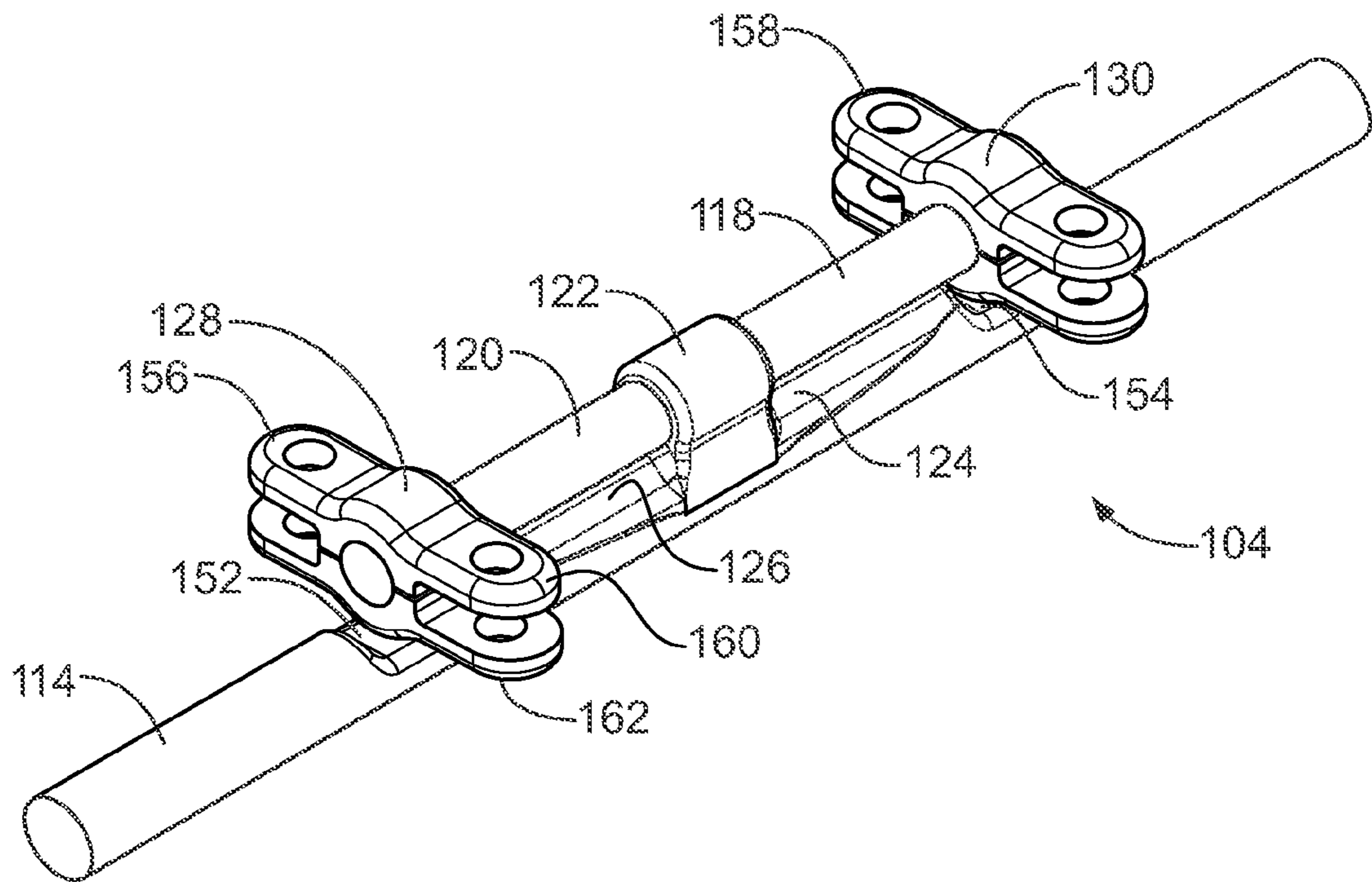
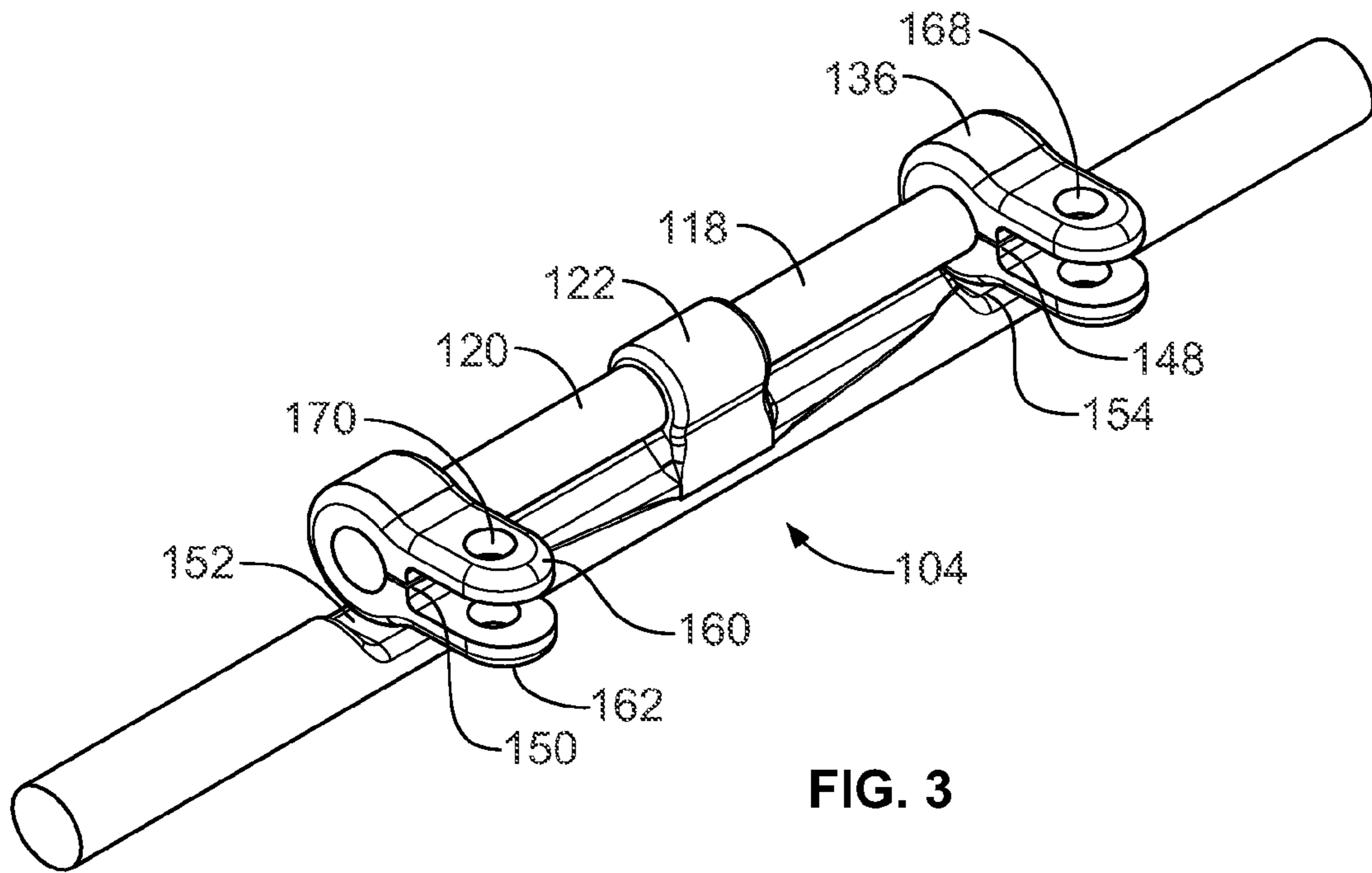


FIG. 2



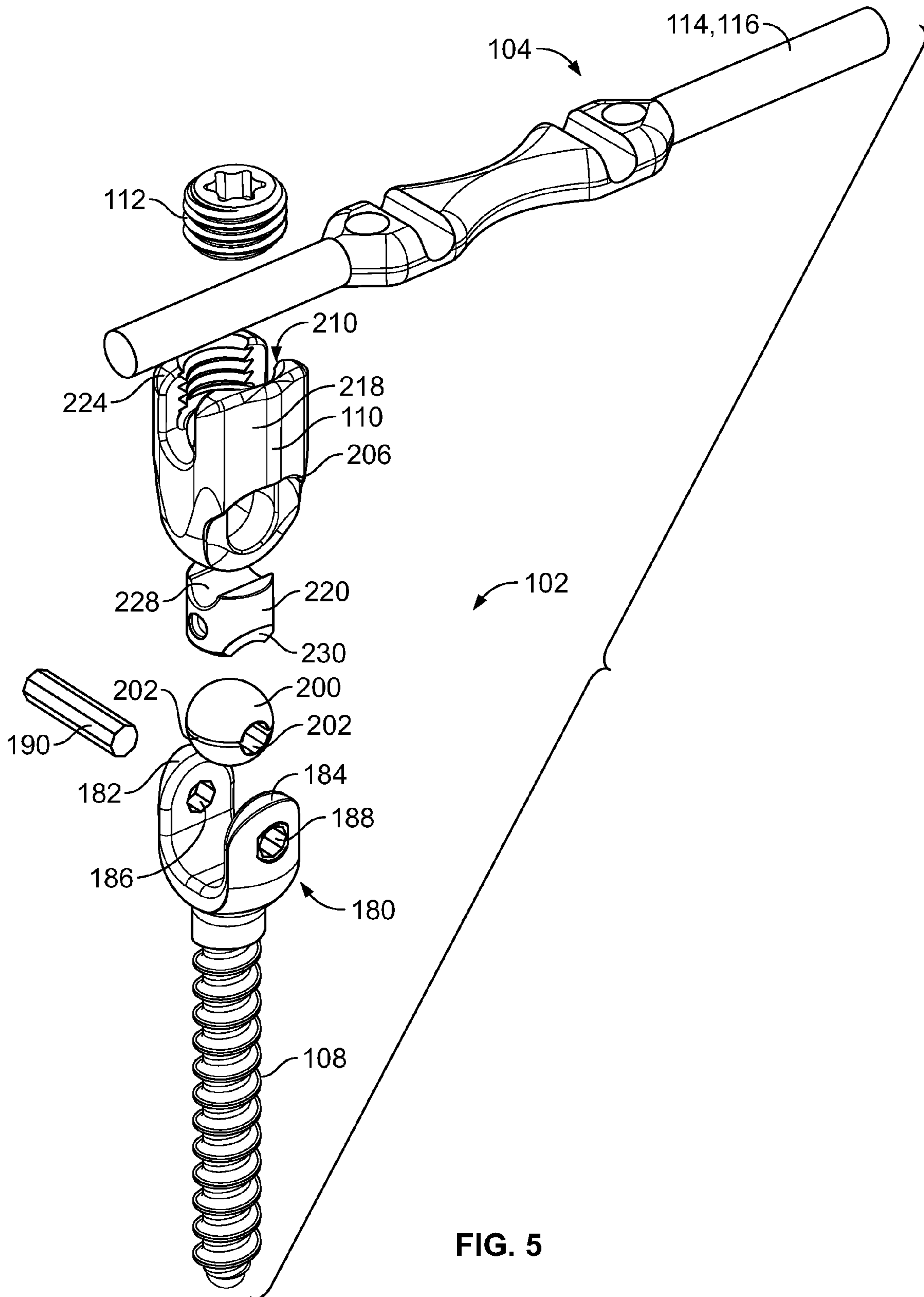


FIG. 5

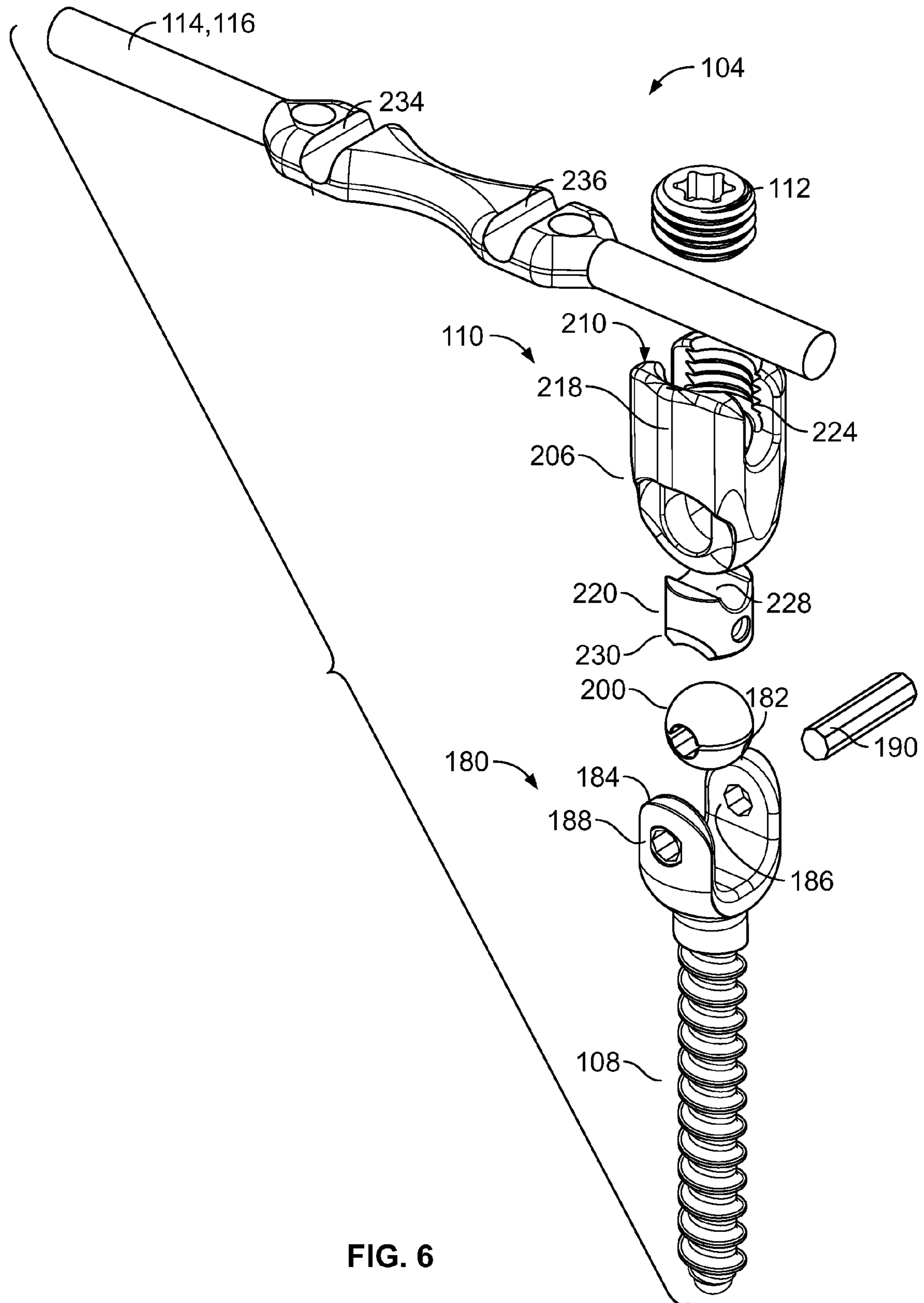
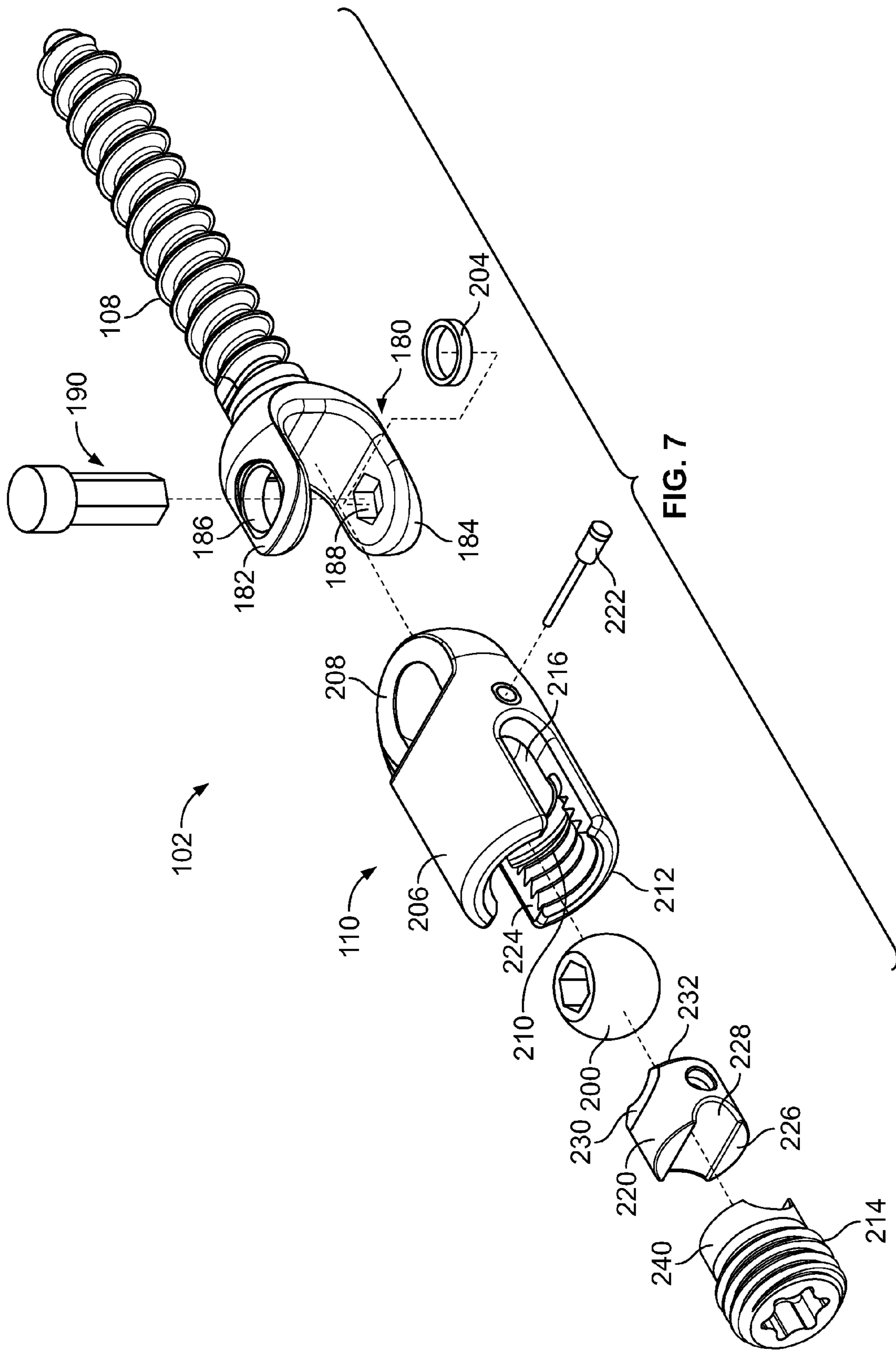


FIG. 6



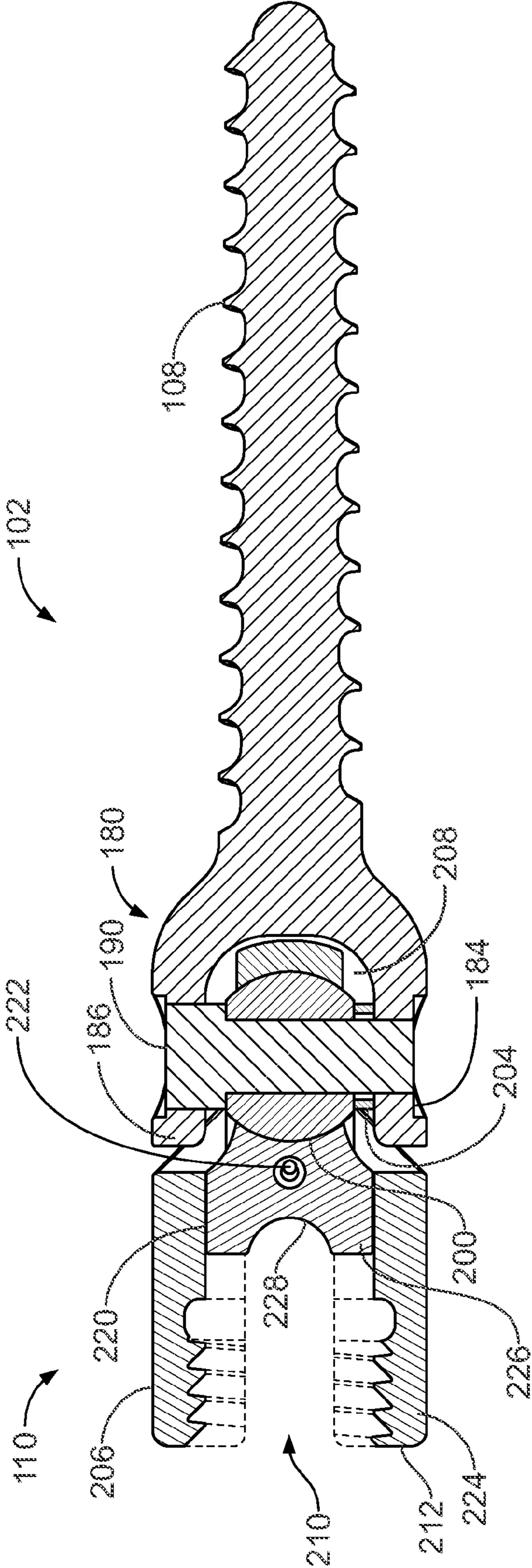


FIG. 8

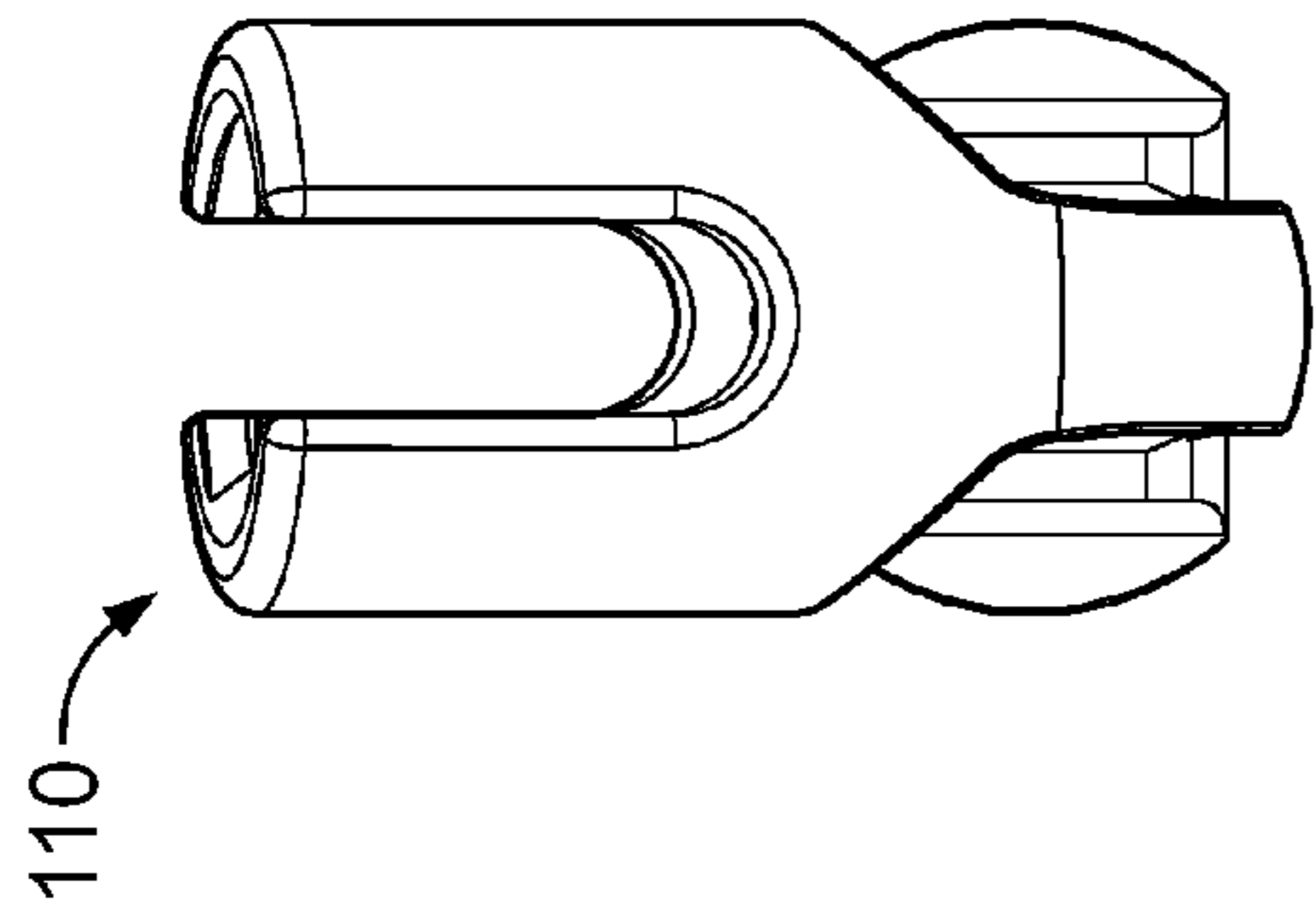


FIG. 9A

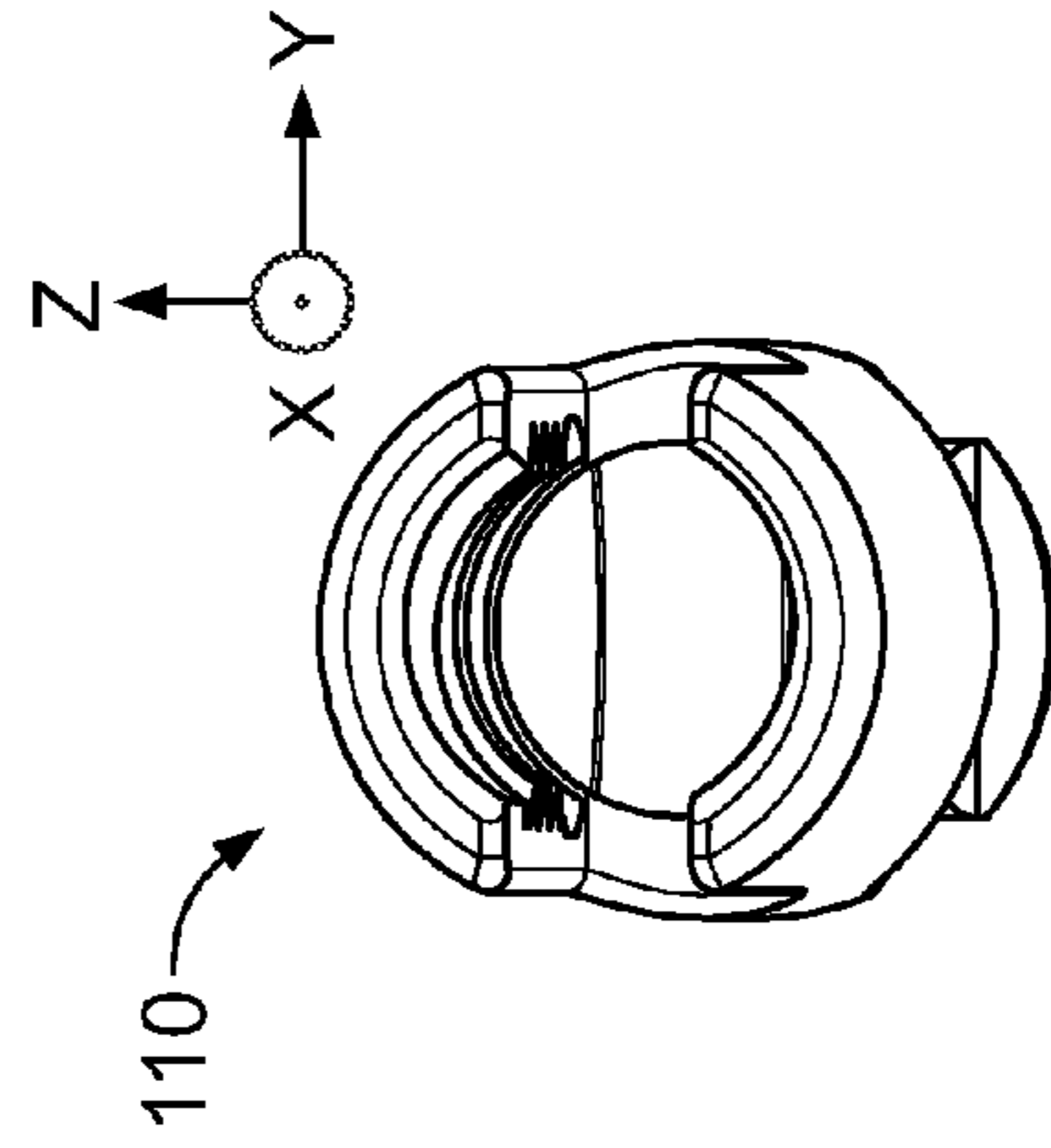


FIG. 10A

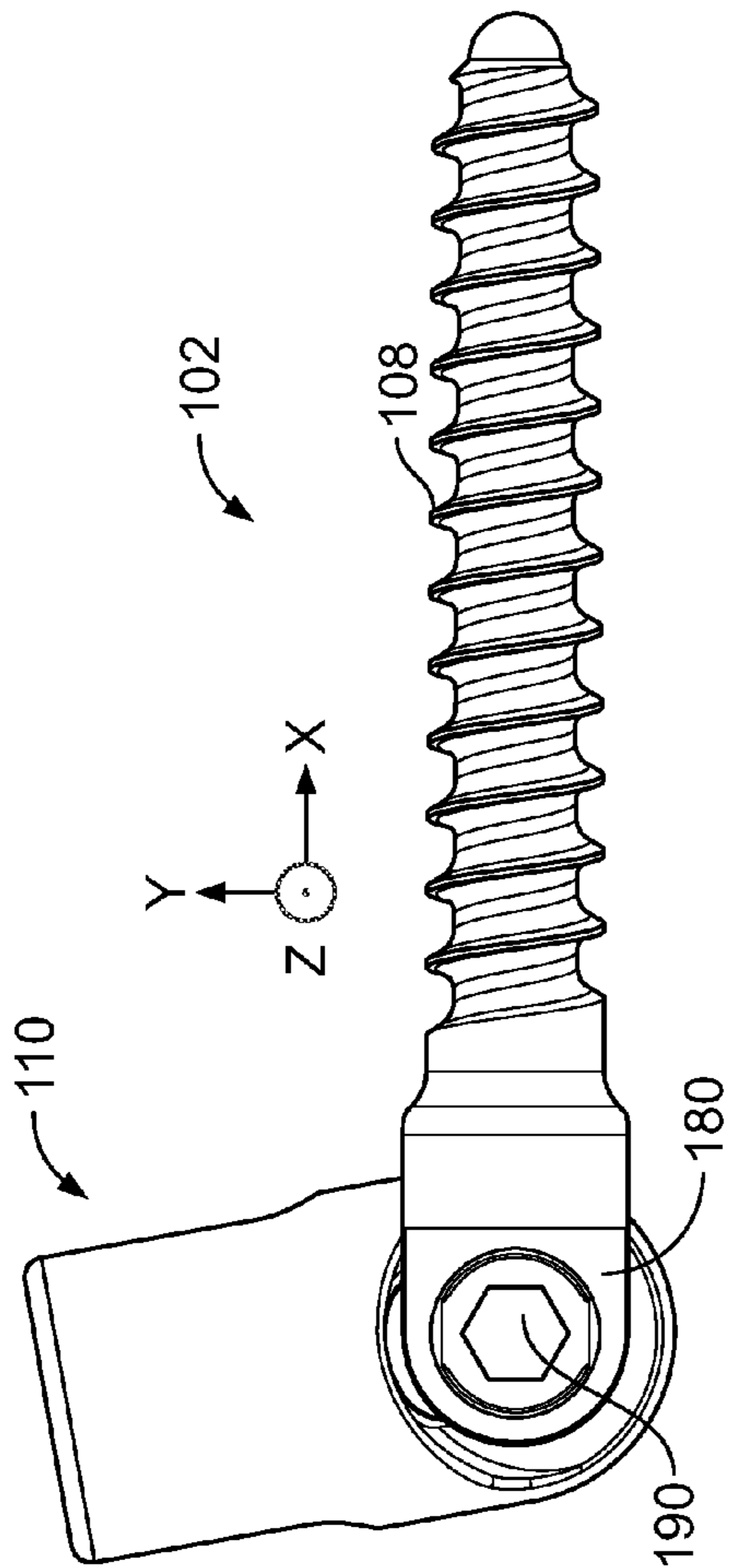


FIG. 9

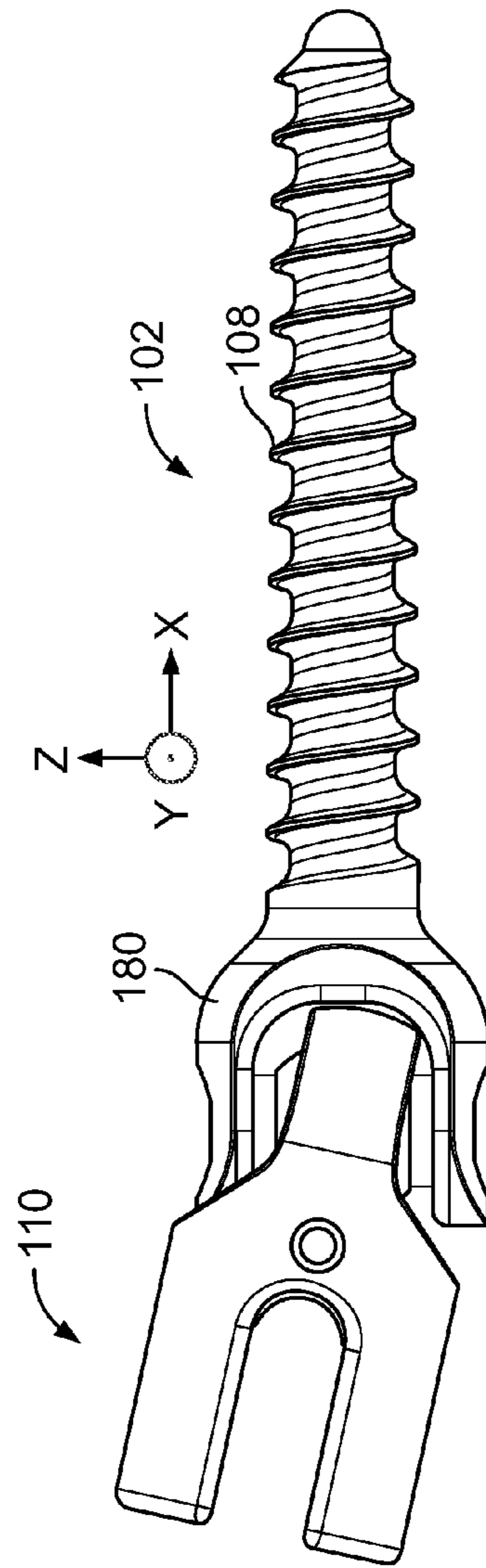


FIG. 10

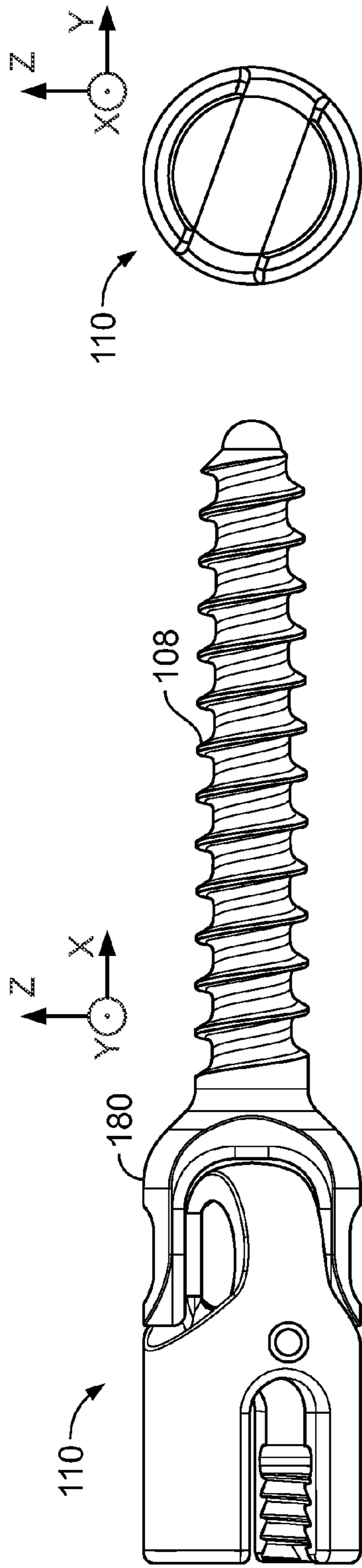


FIG. 11

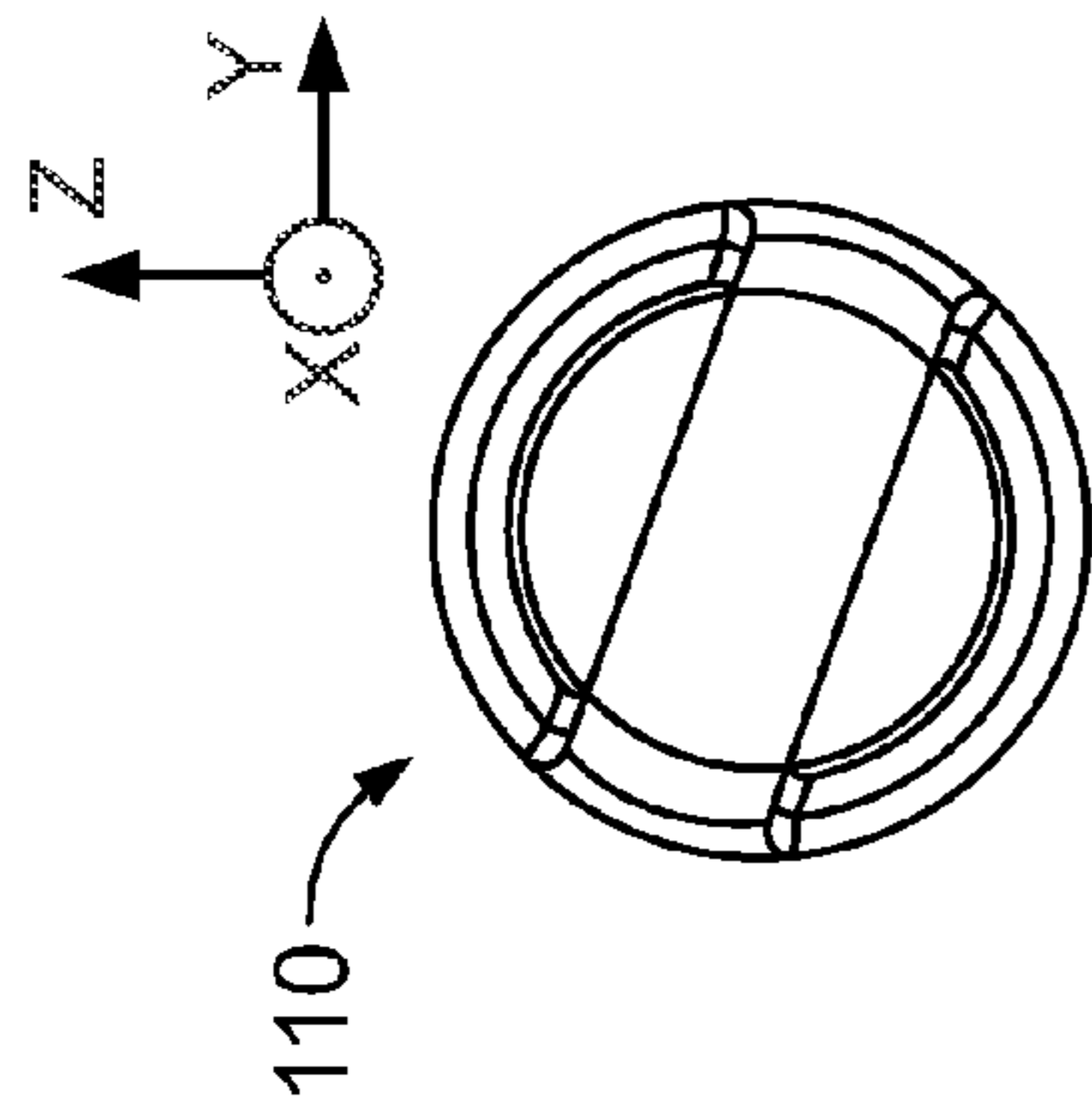


FIG. 11A

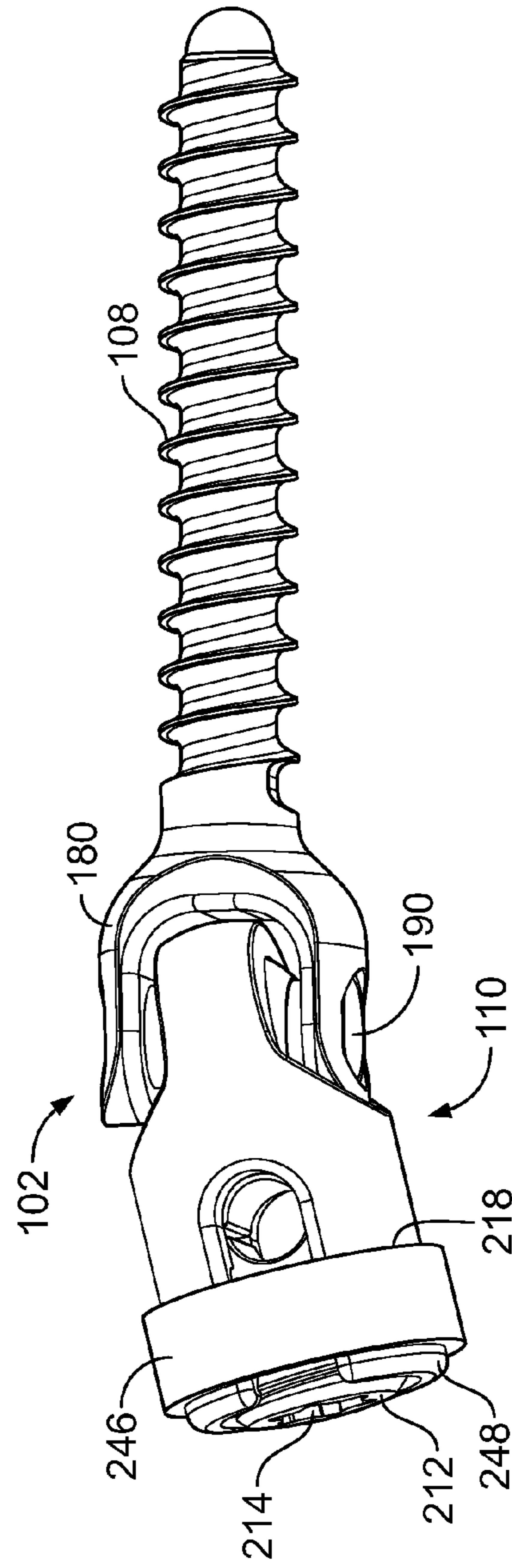
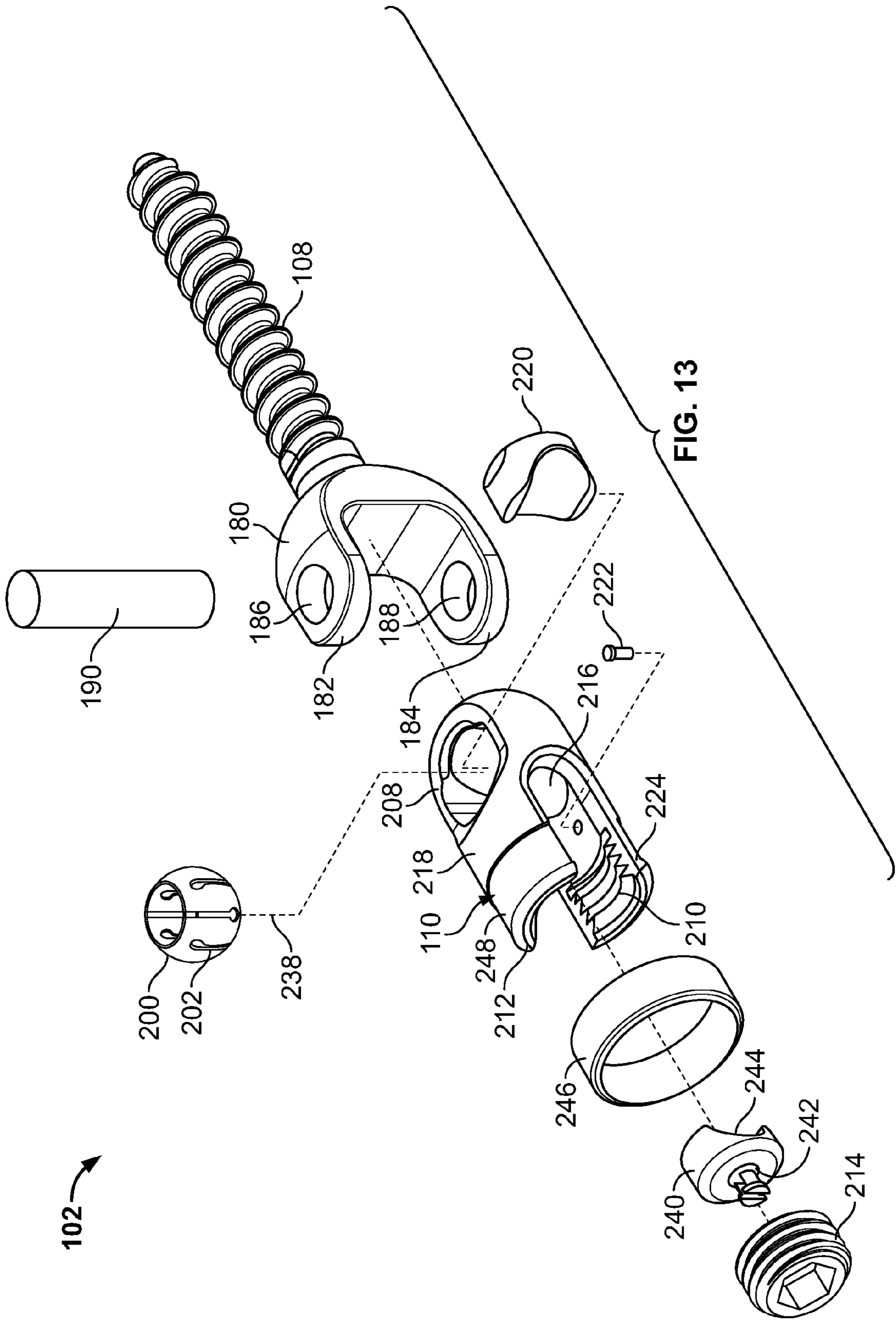
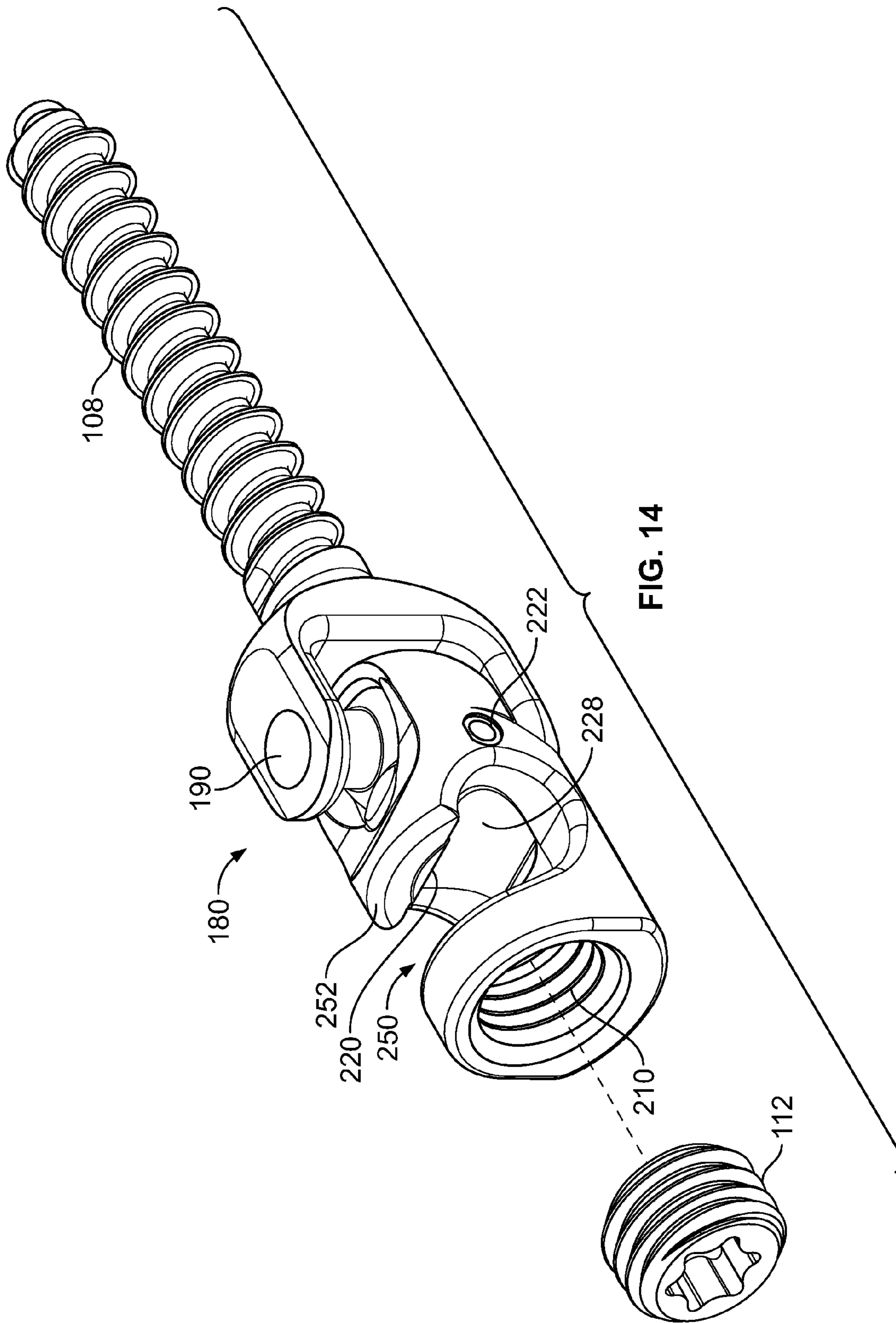
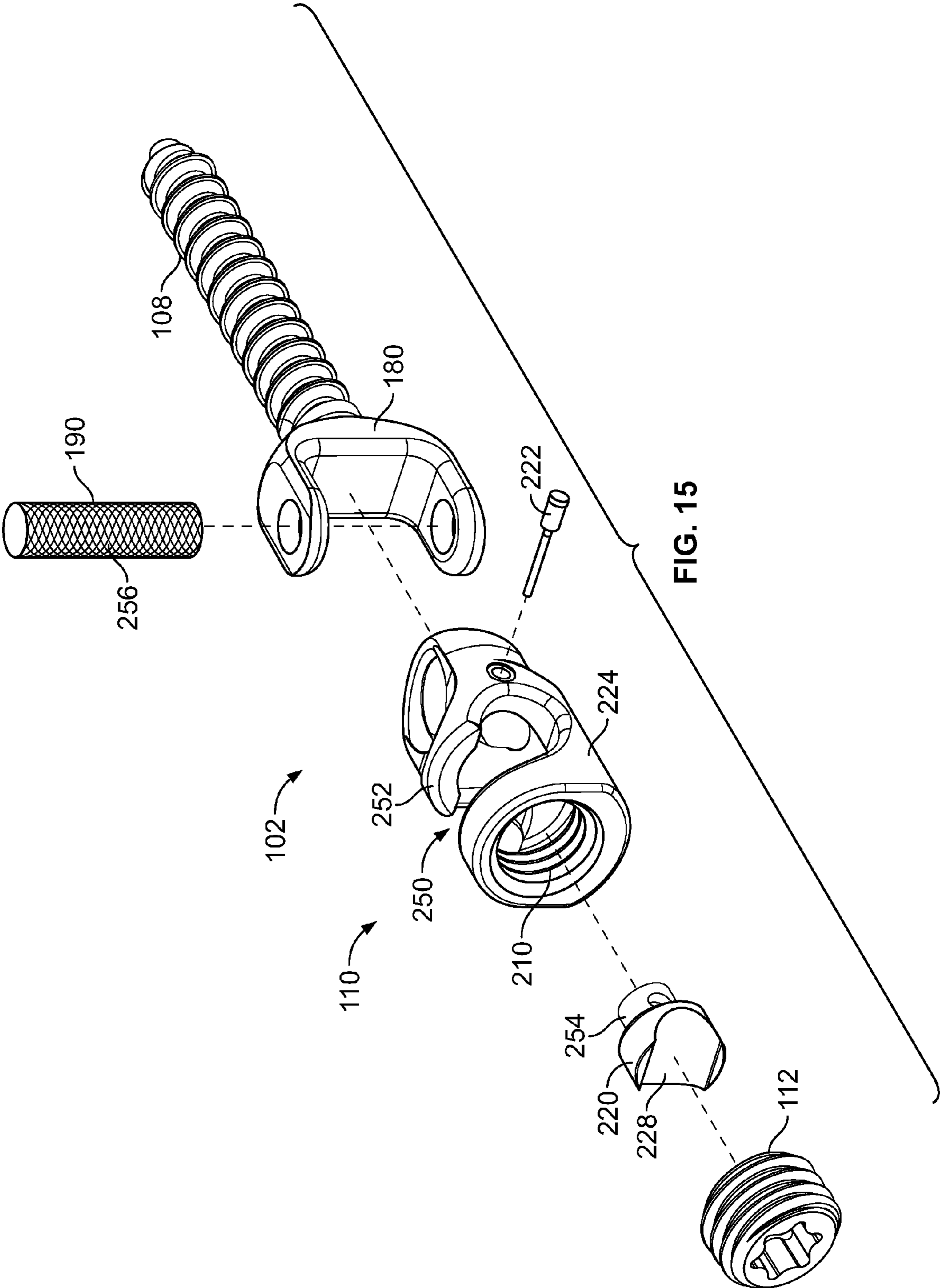


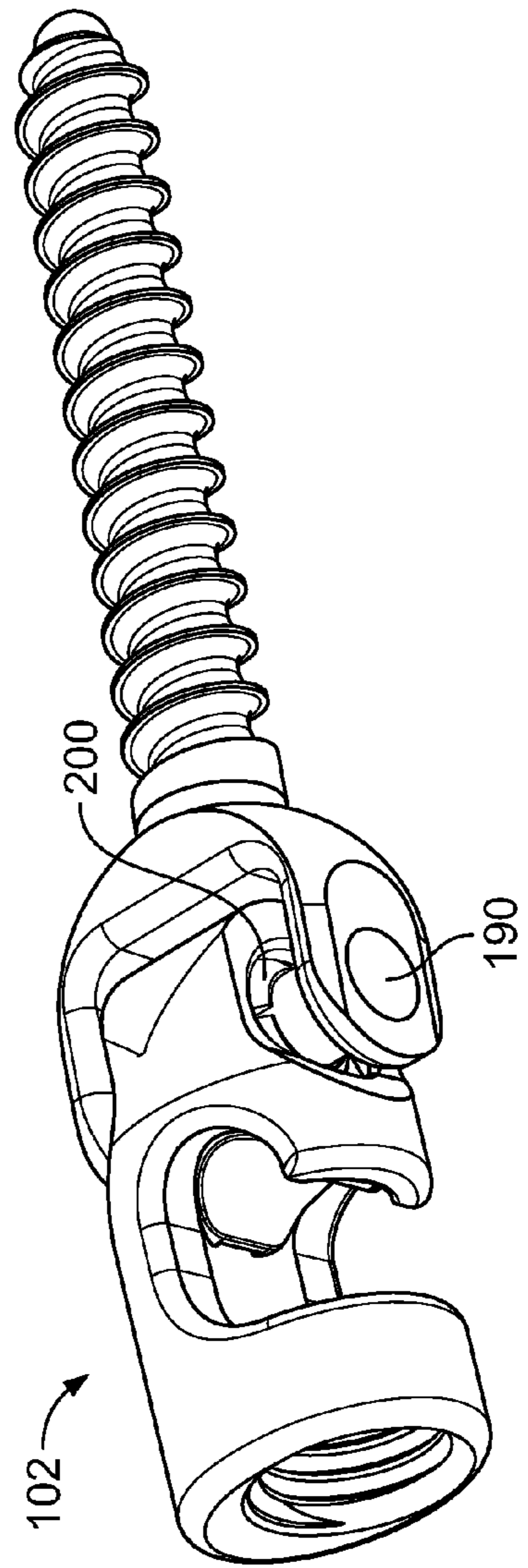
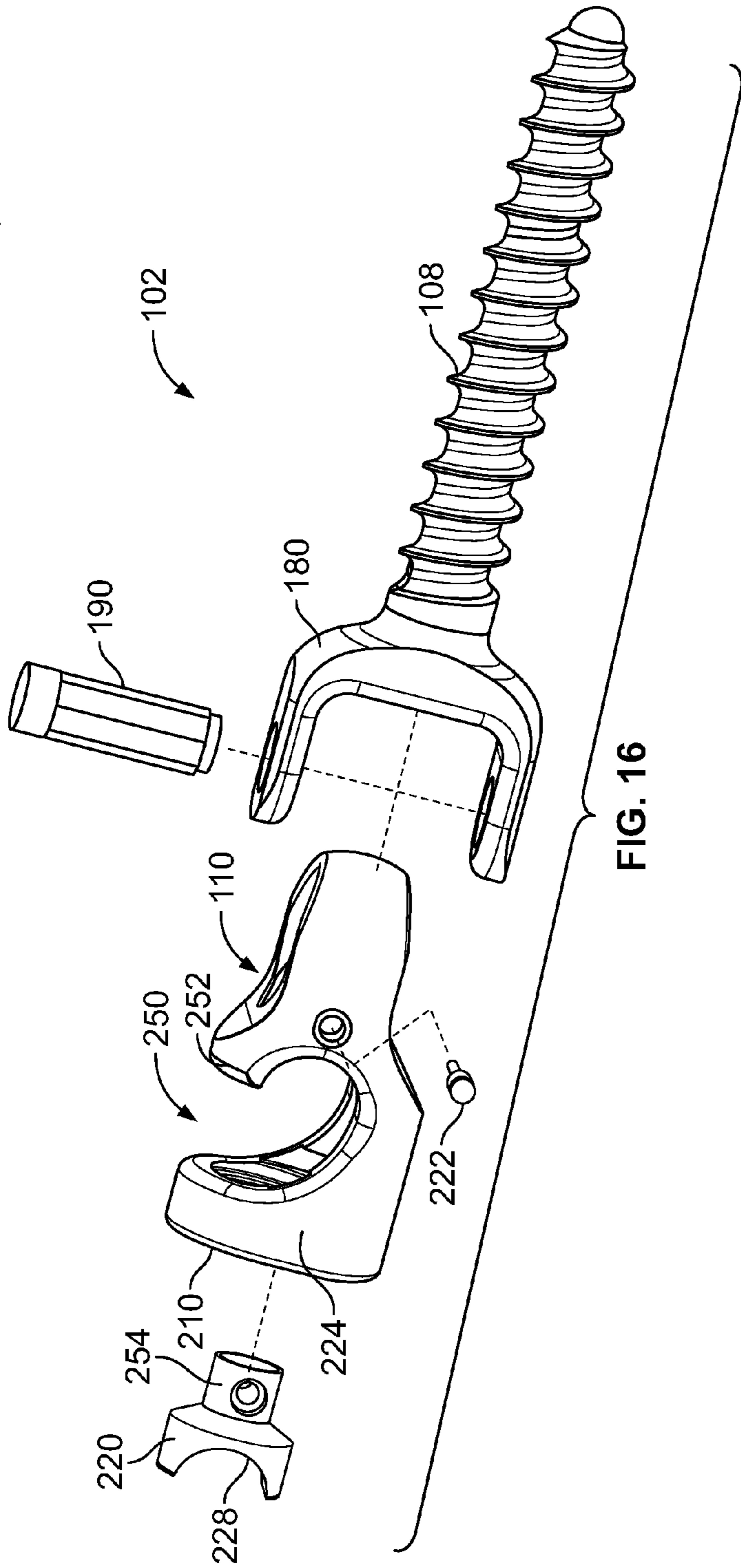
FIG. 12











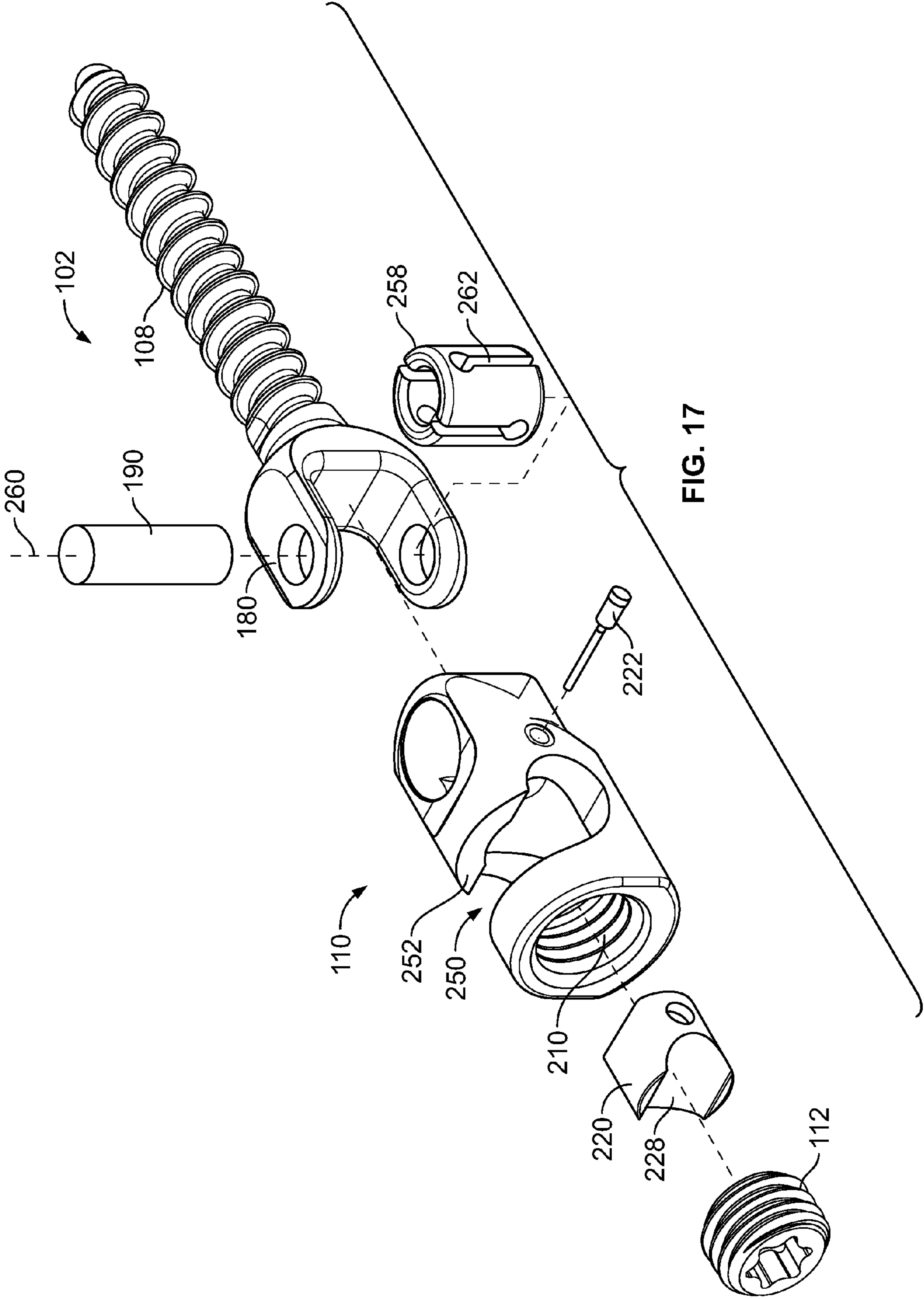


FIG. 17

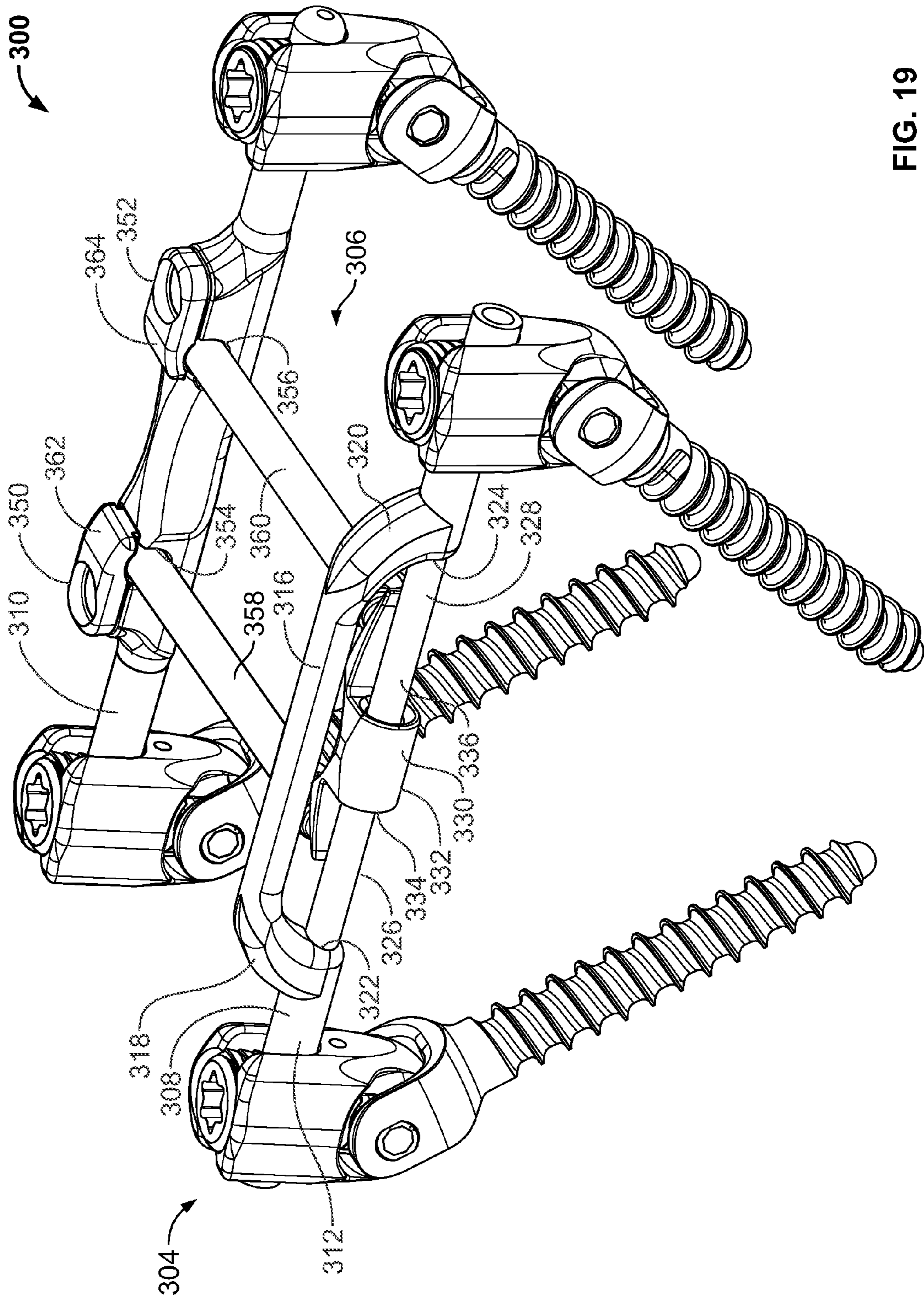


FIG. 19

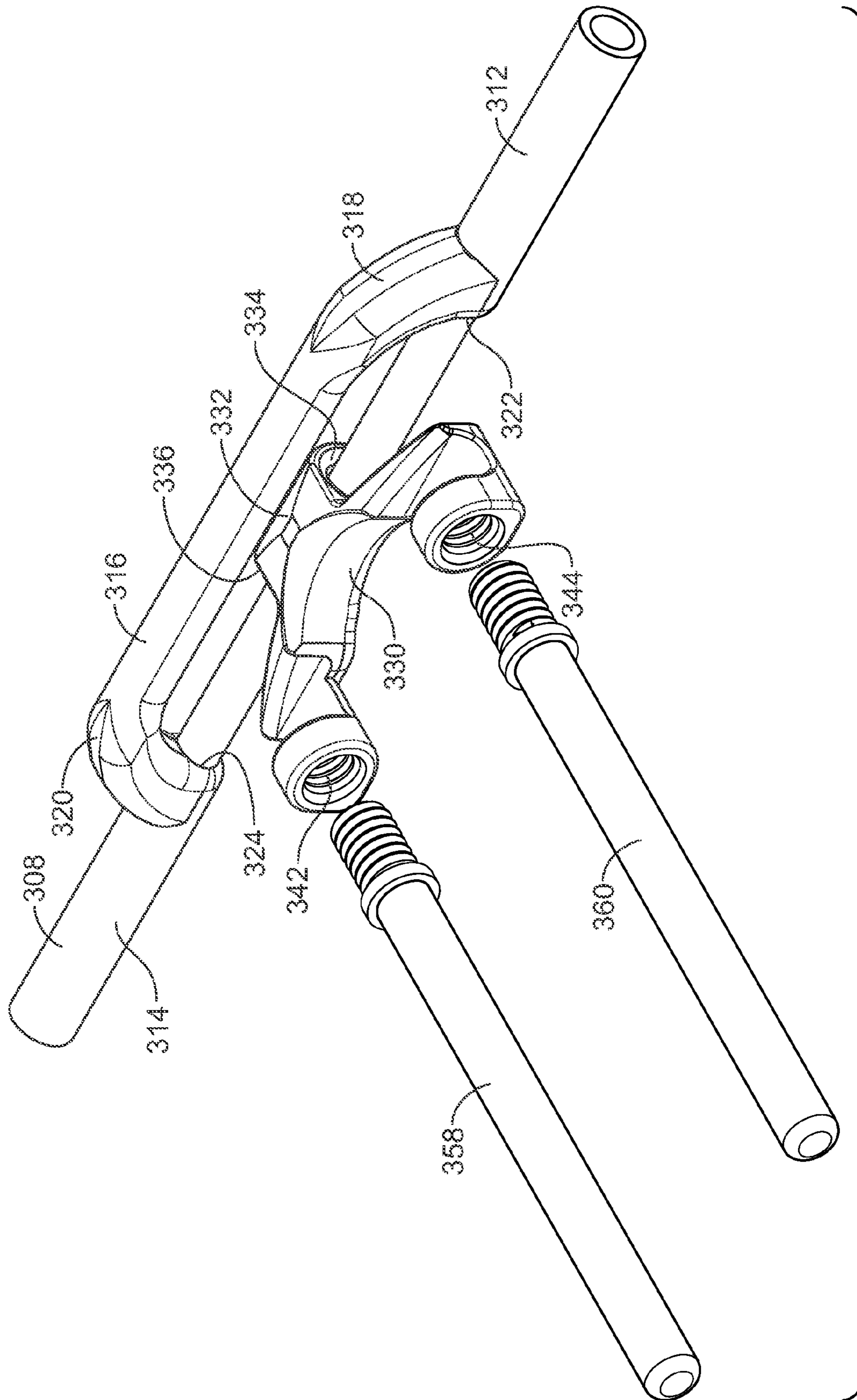


FIG. 19B

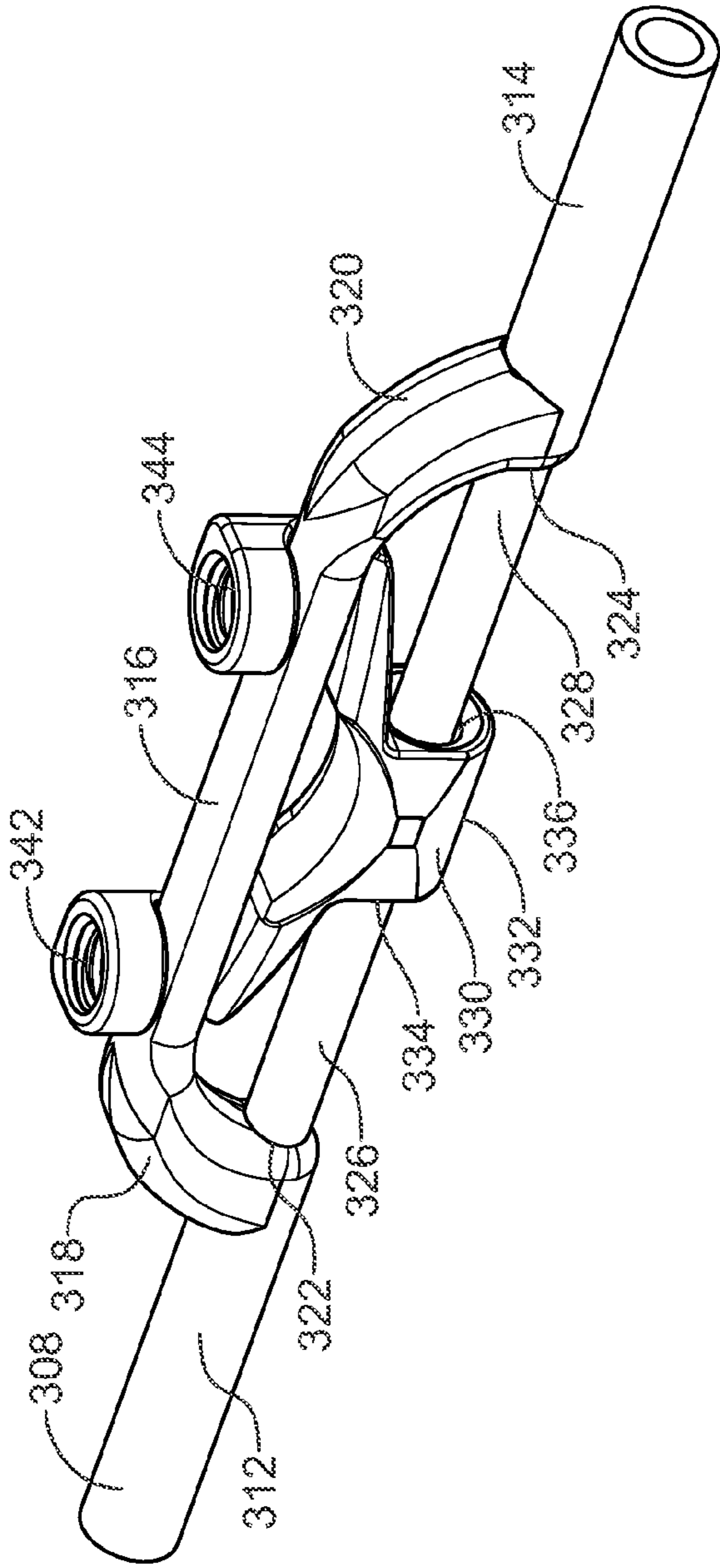


FIG. 19A

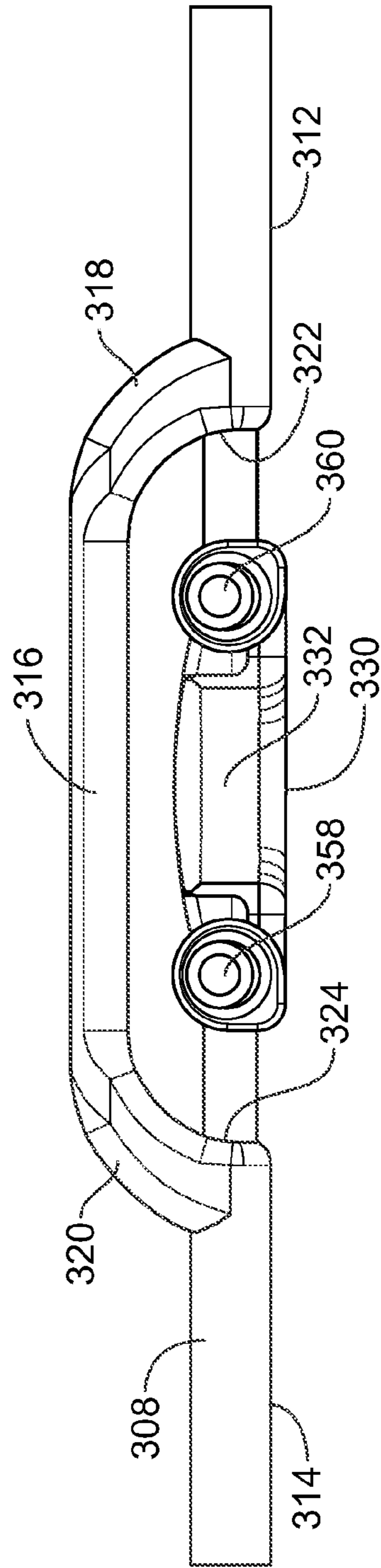


FIG. 19C



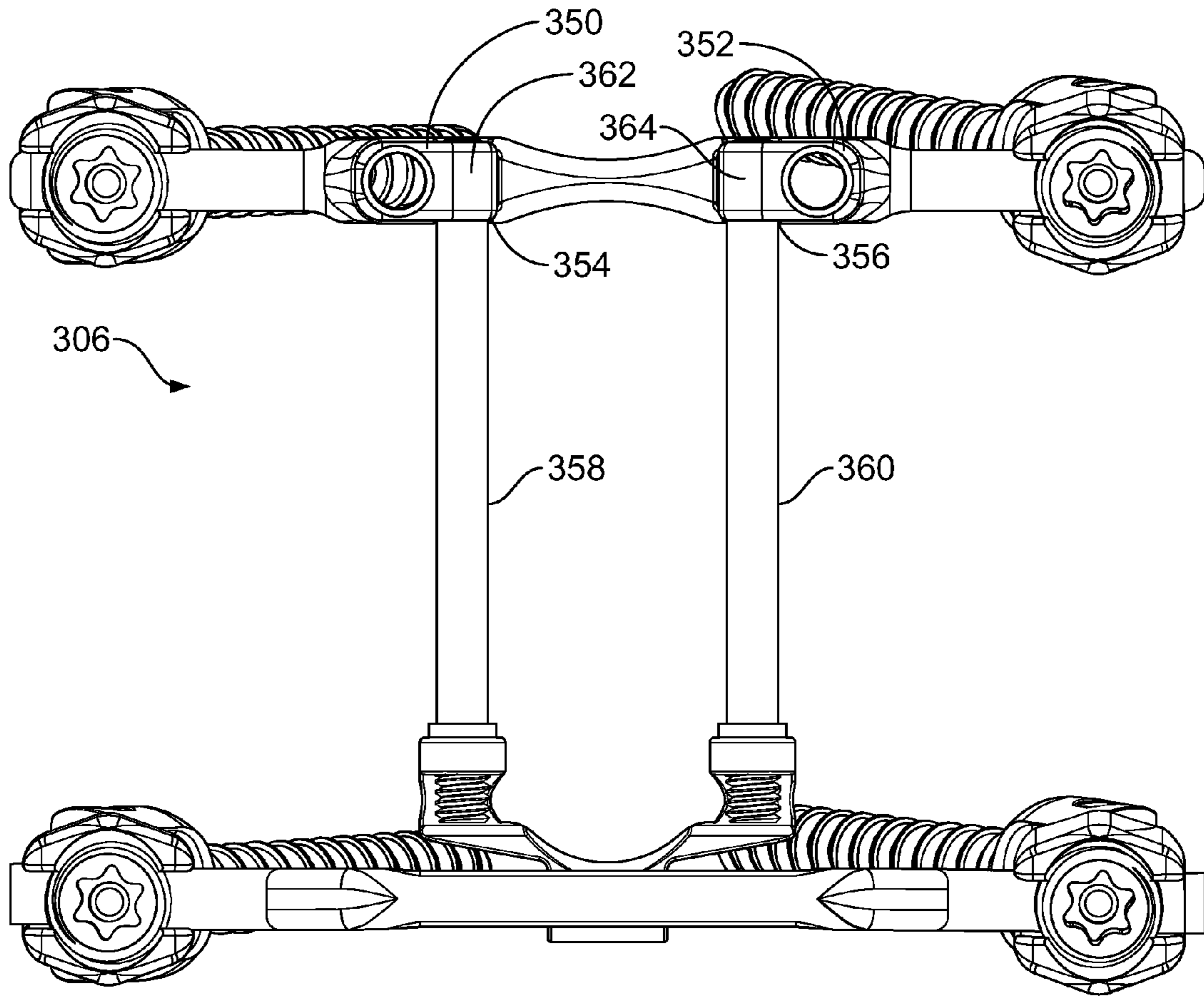


FIG. 20

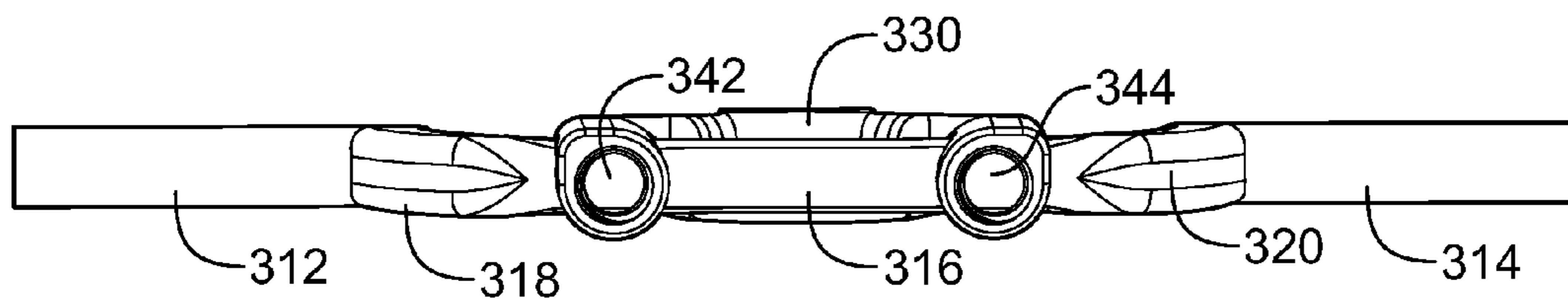


FIG. 20A

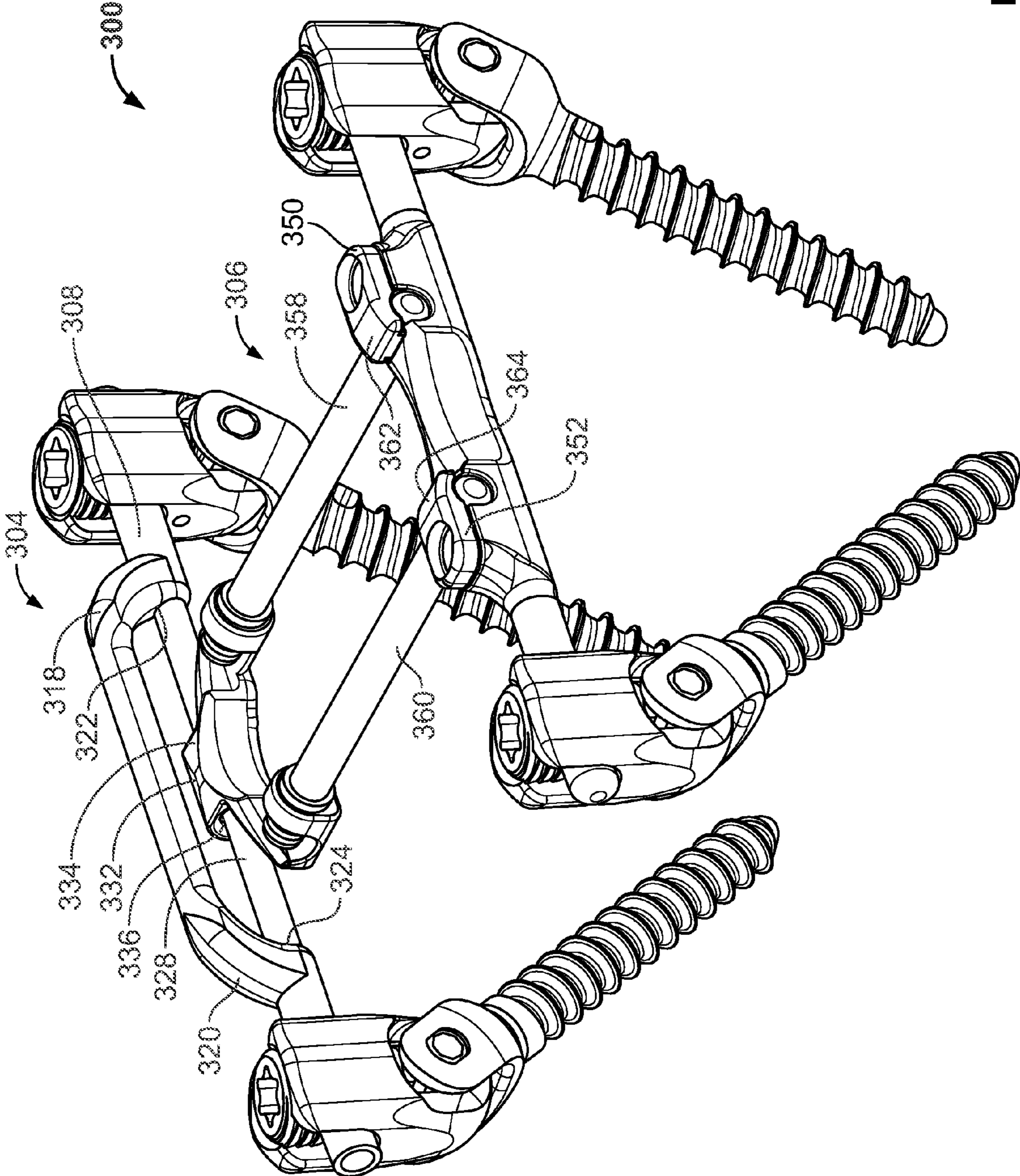


FIG. 21

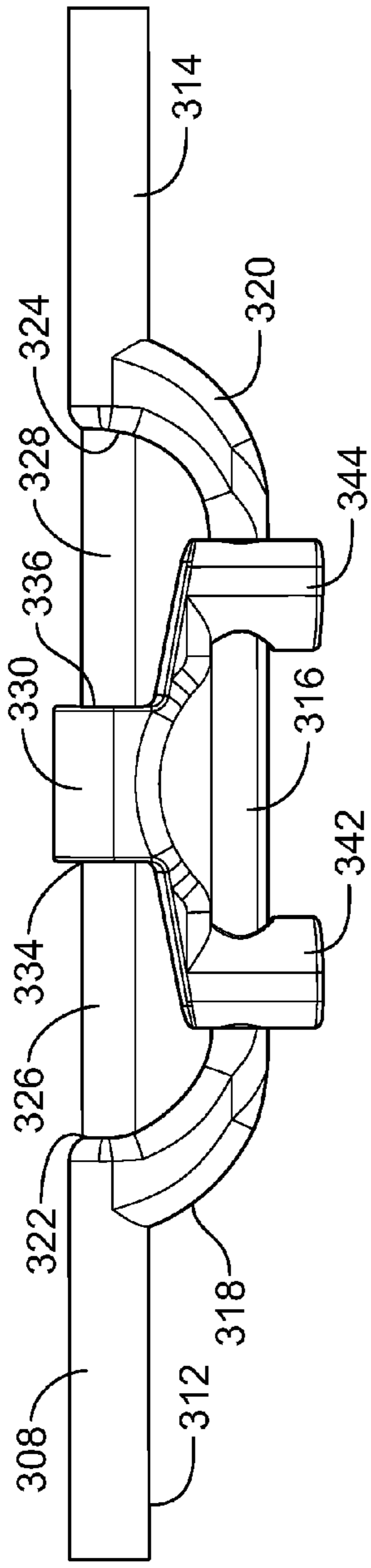


FIG. 22

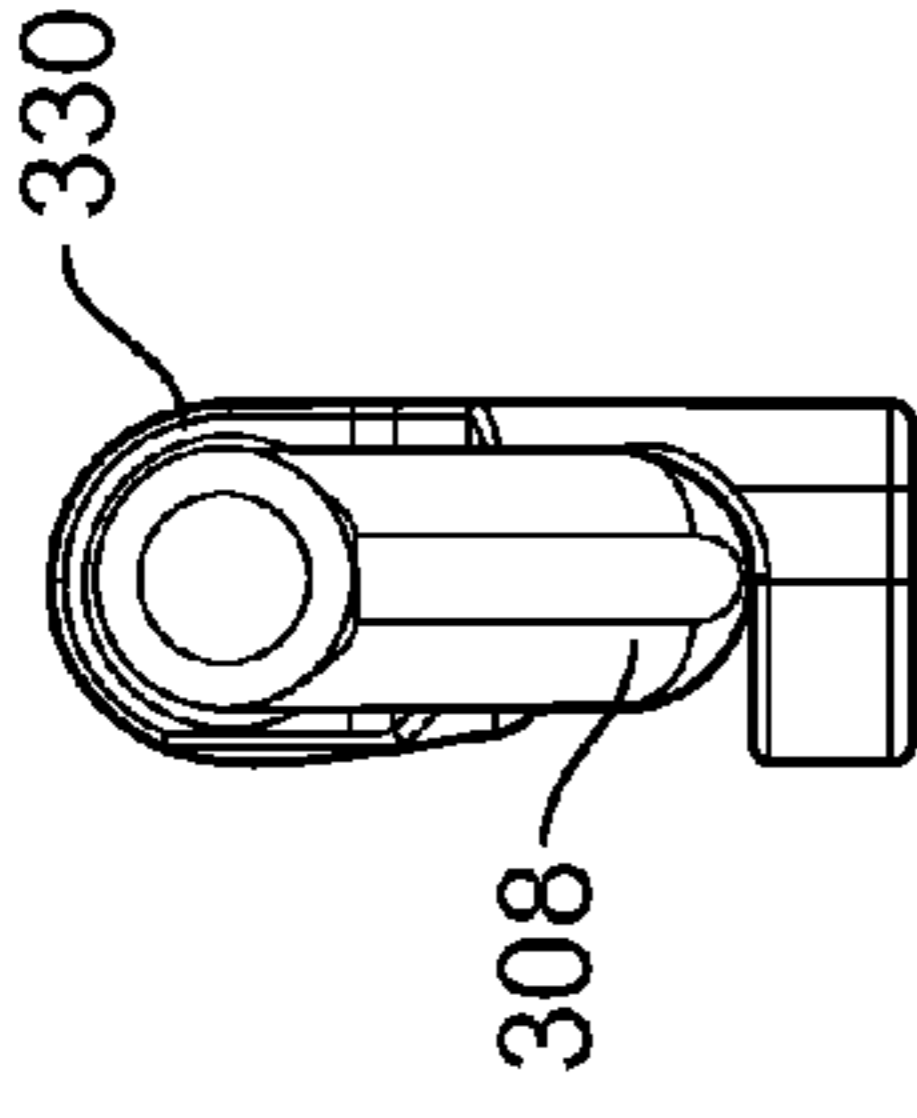


FIG. 22A

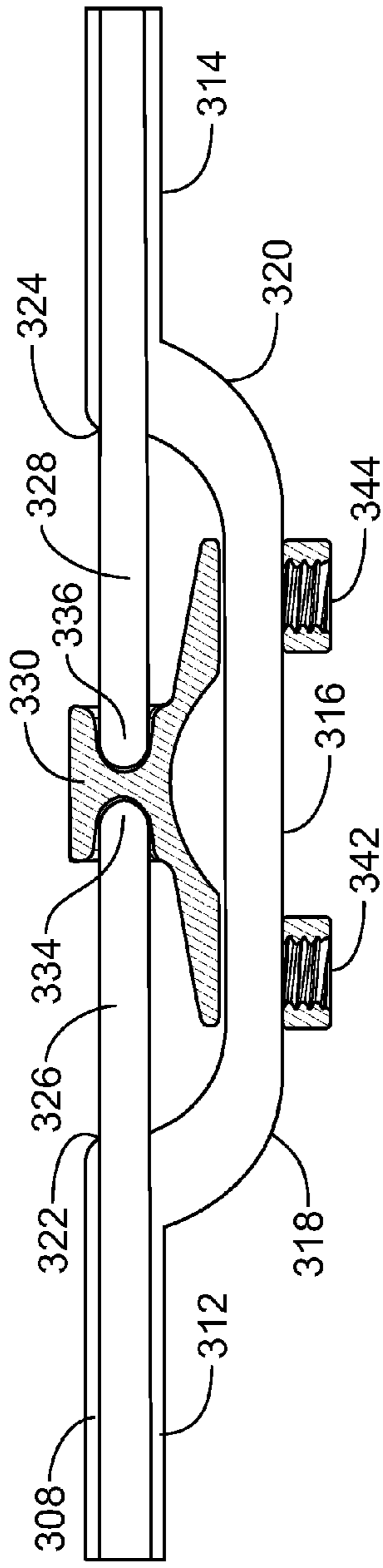


FIG. 23

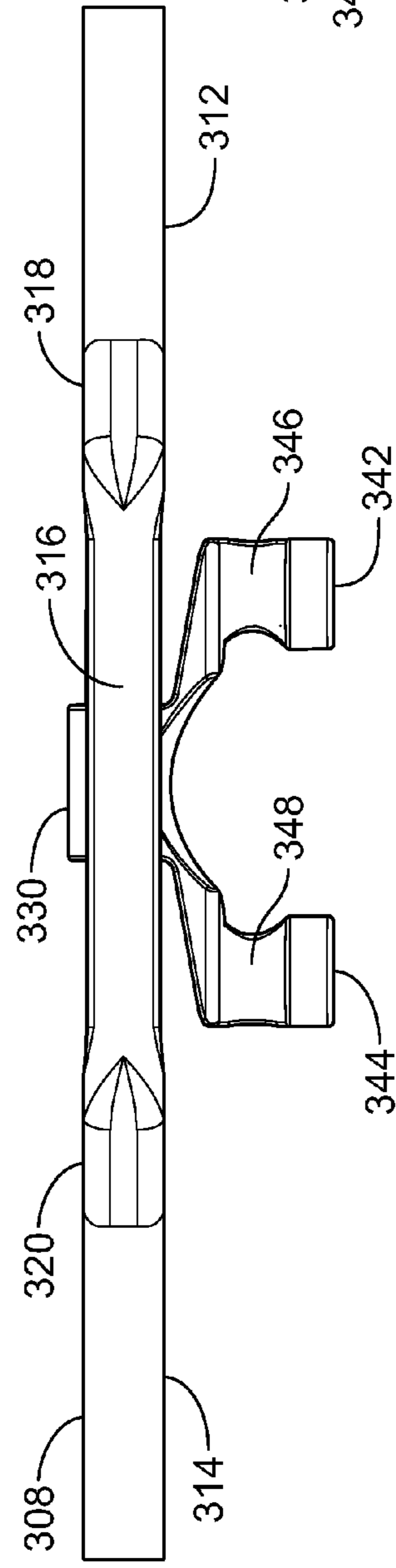


FIG. 24

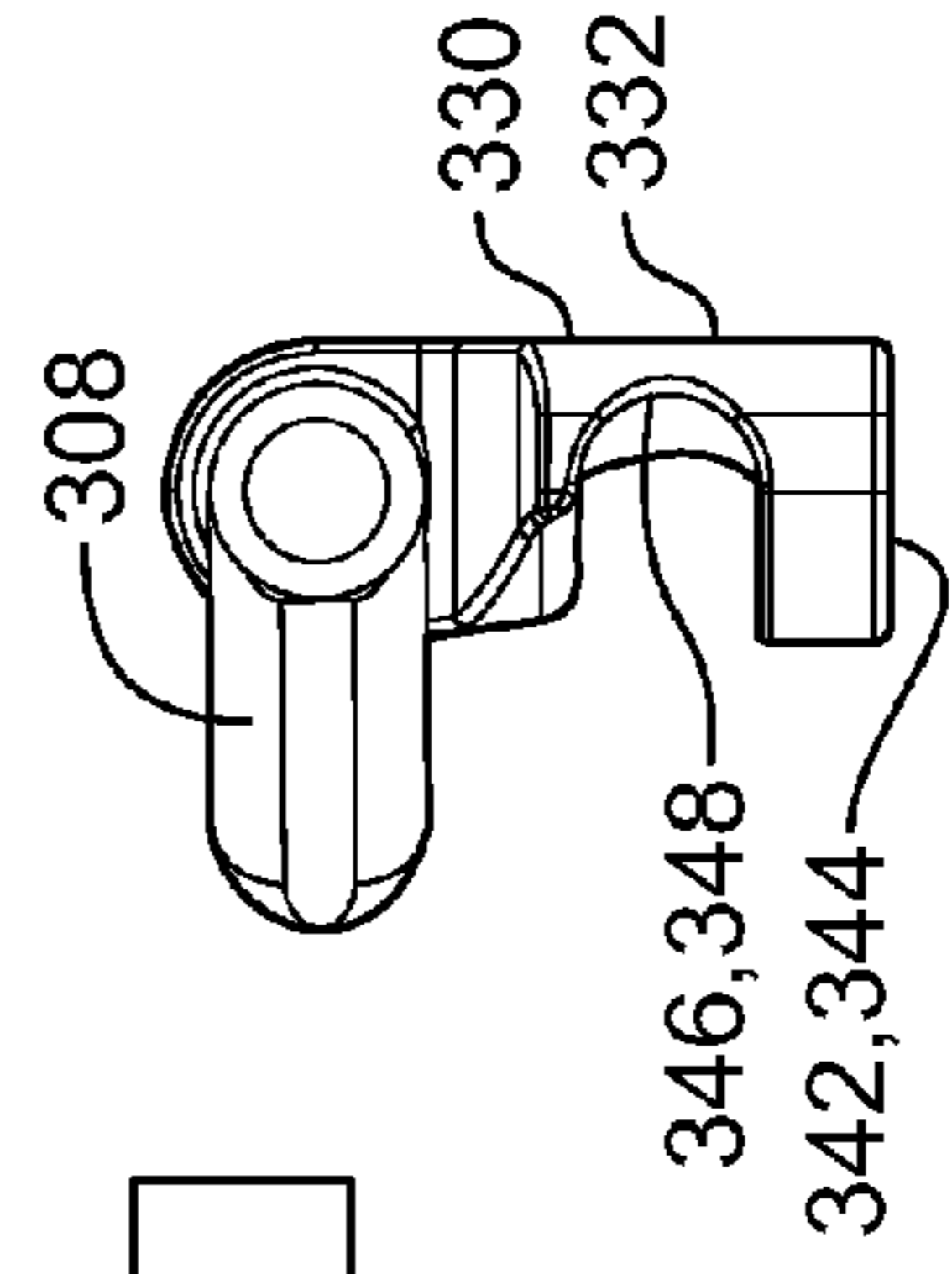


FIG. 25

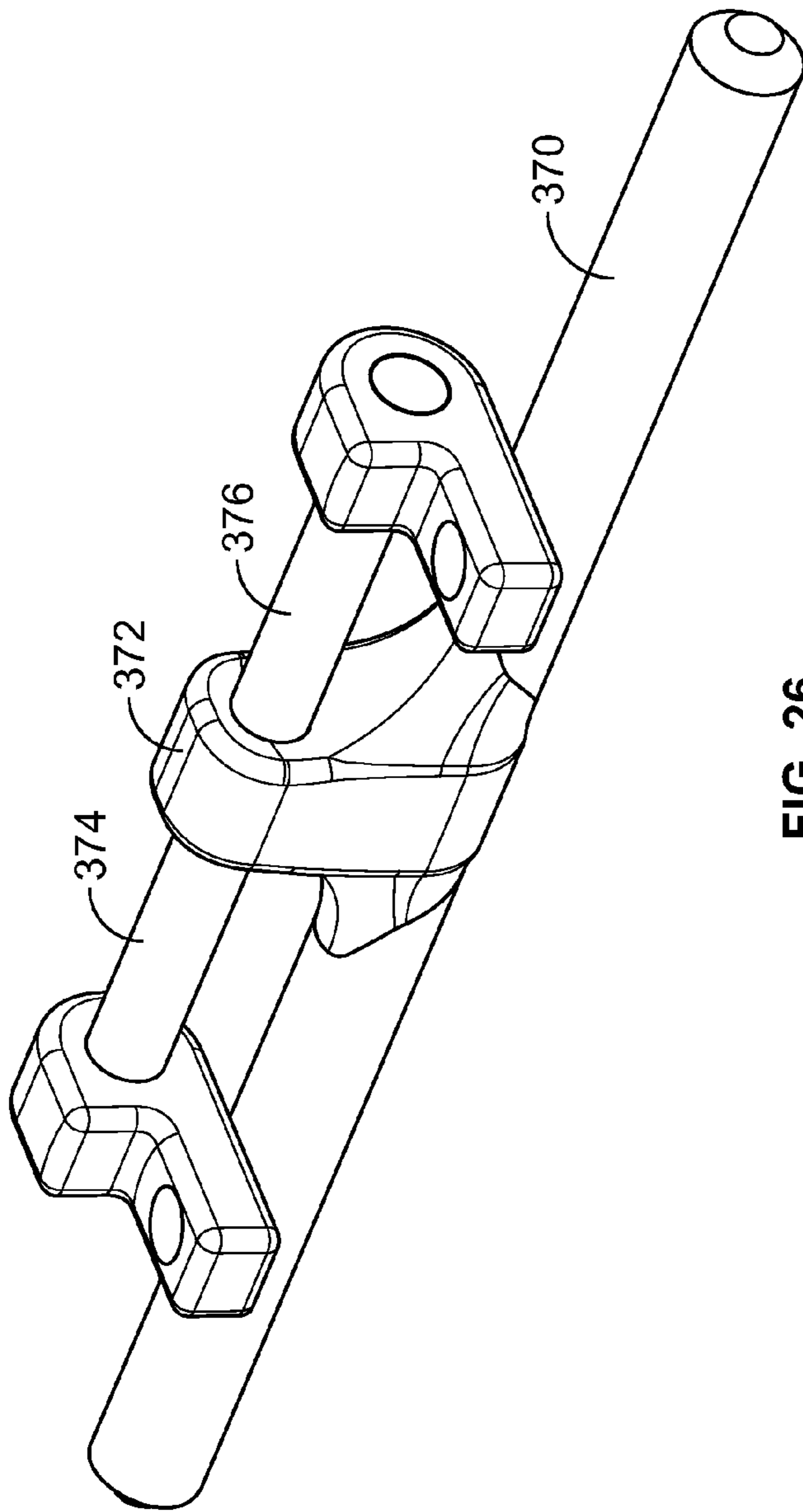


FIG. 26

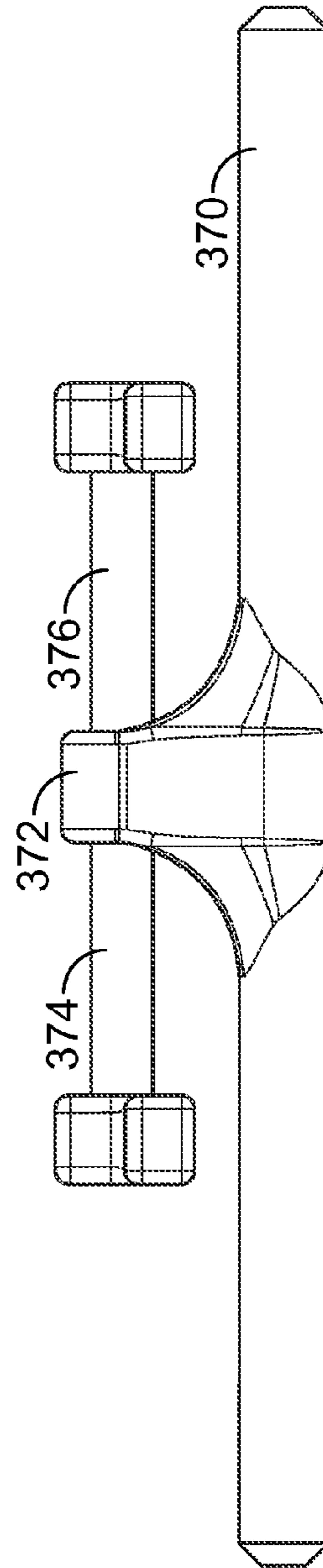


FIG. 27

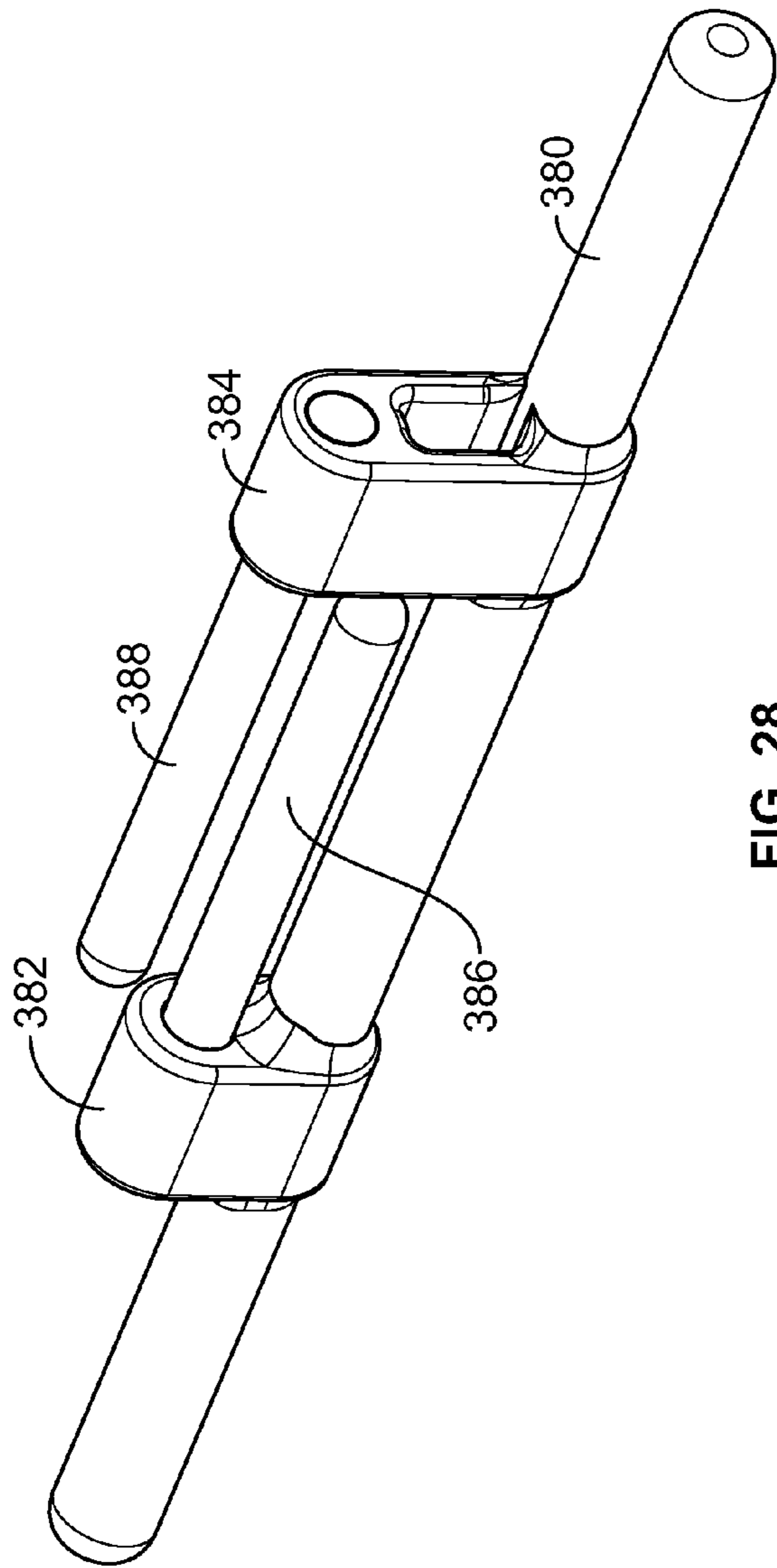


FIG. 28

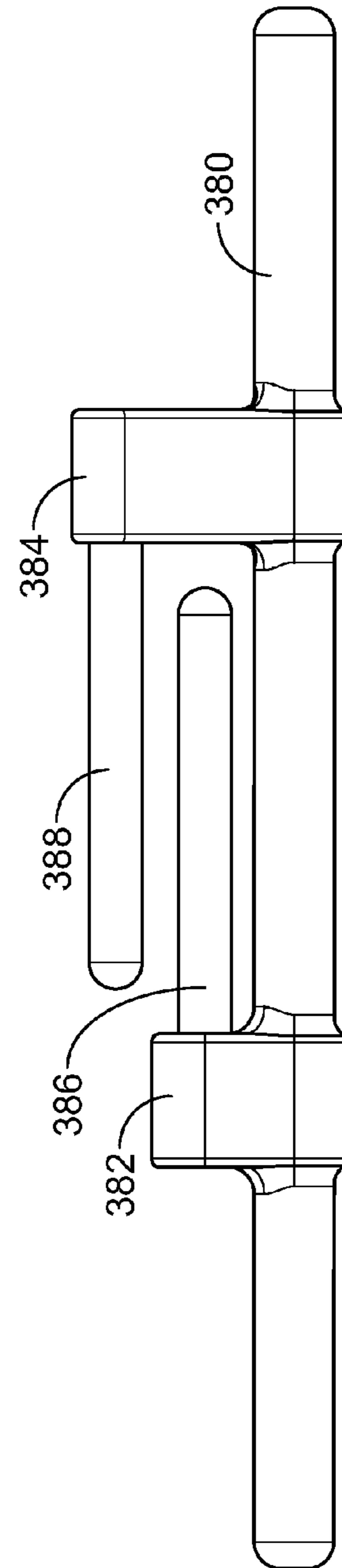
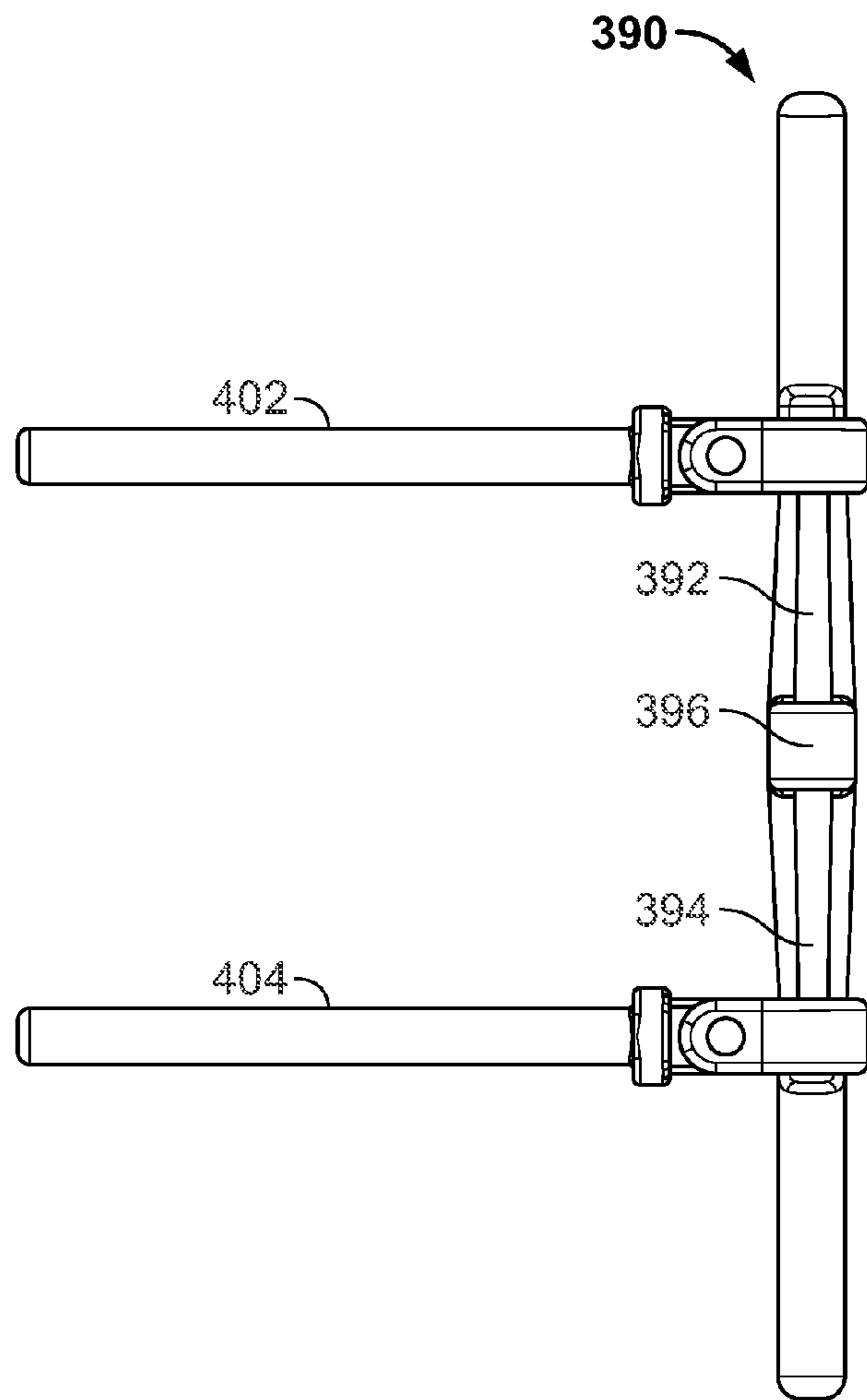
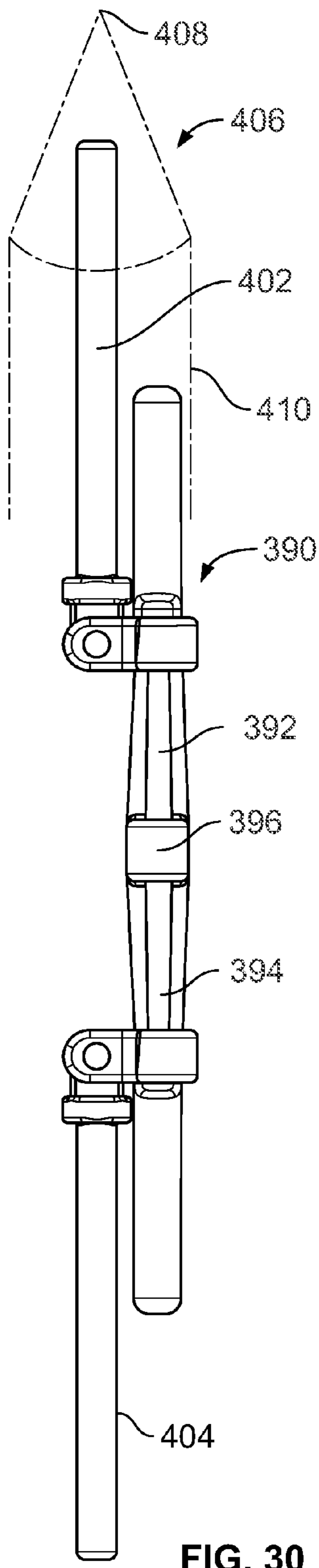
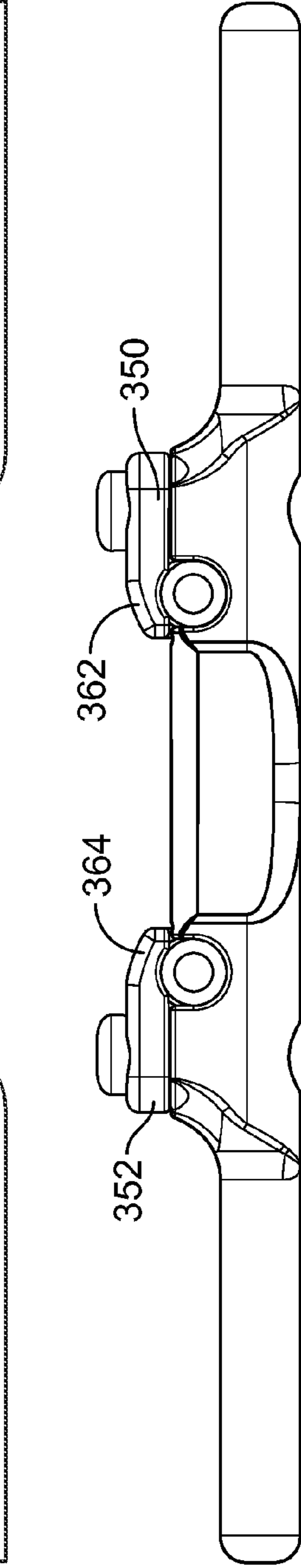
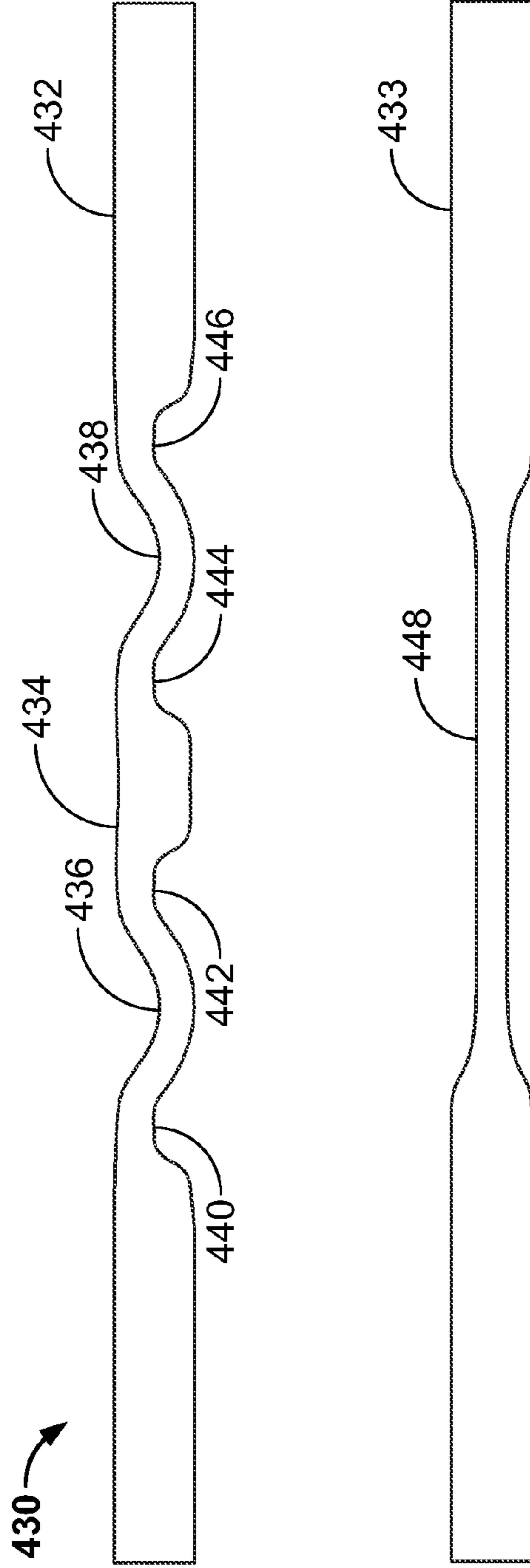
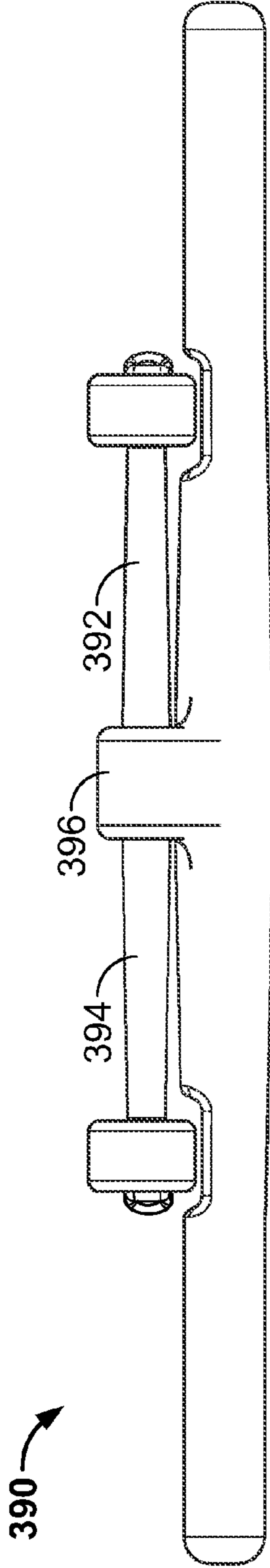


FIG. 29





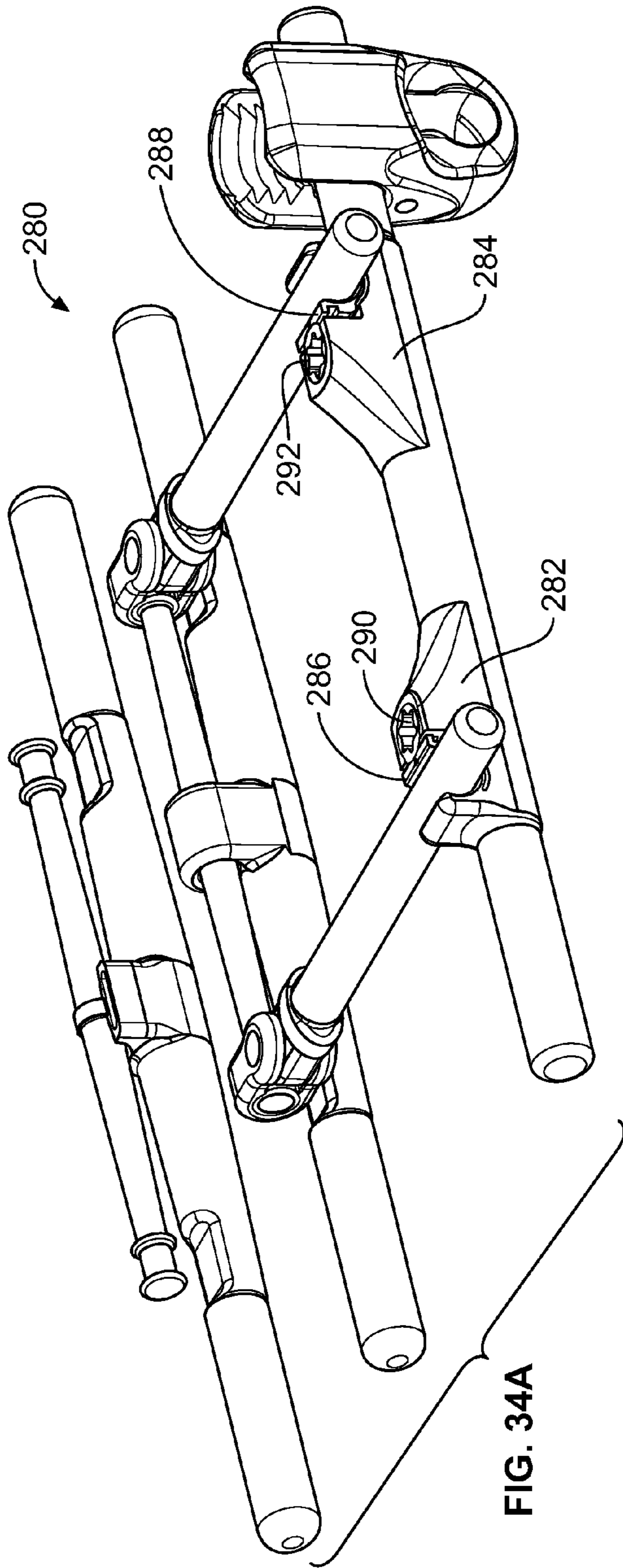


FIG. 34A

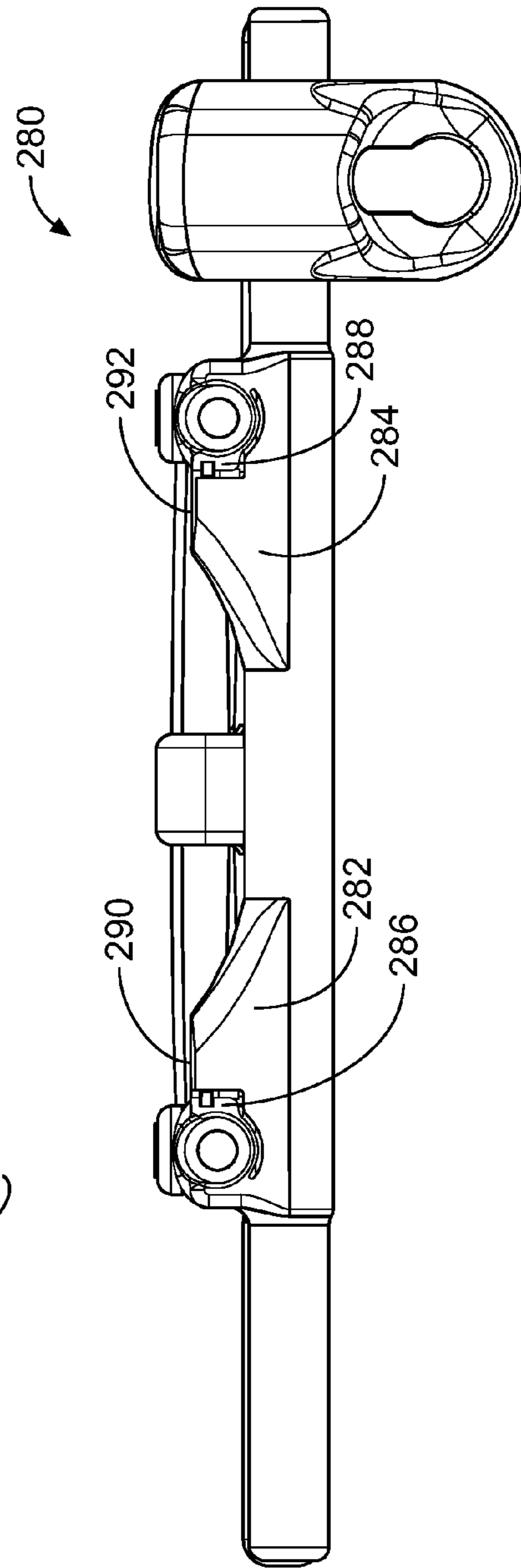


FIG. 34B



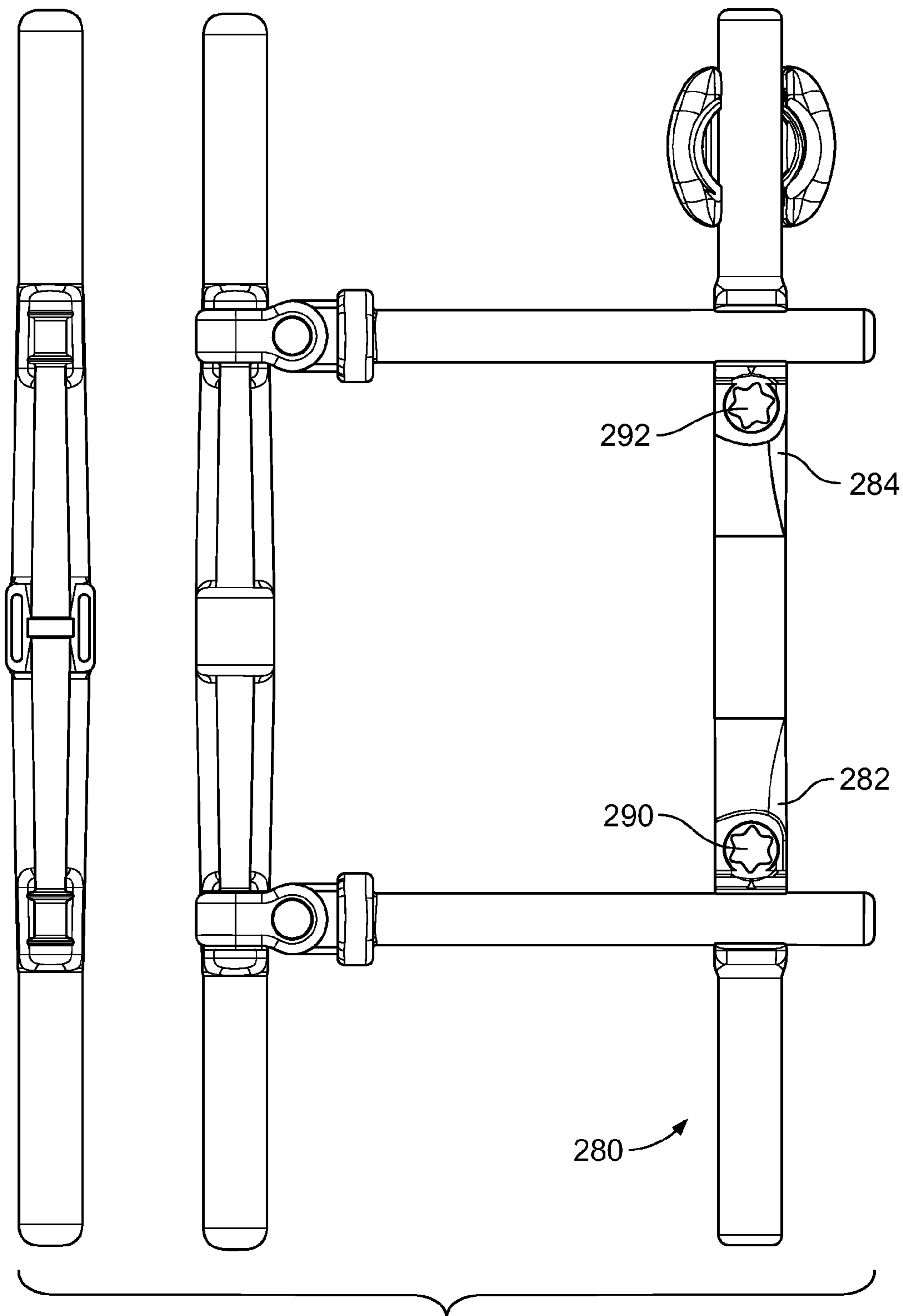


FIG. 34C

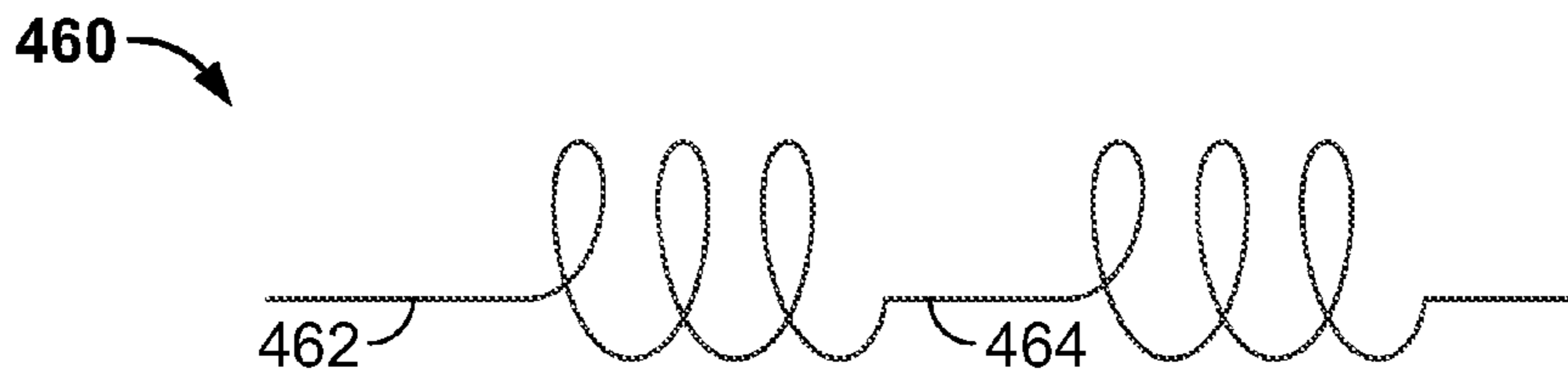


FIG. 35

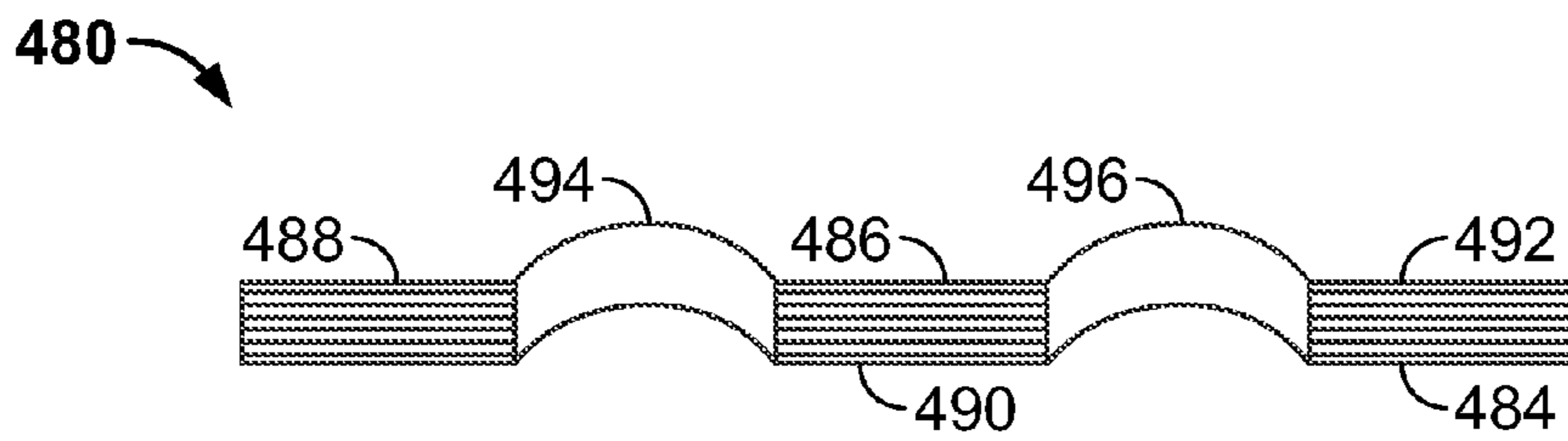


FIG. 36

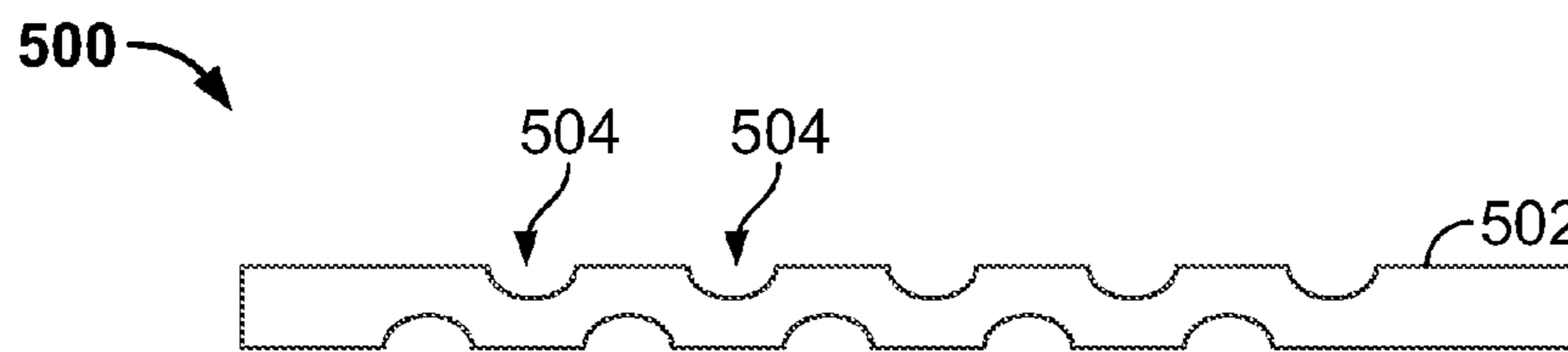


FIG. 37

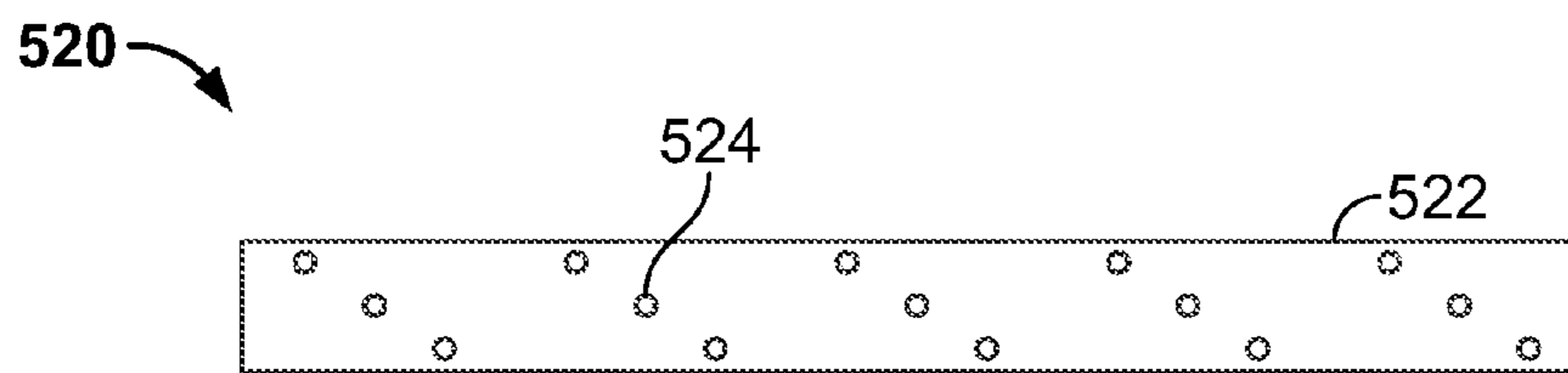


FIG. 38

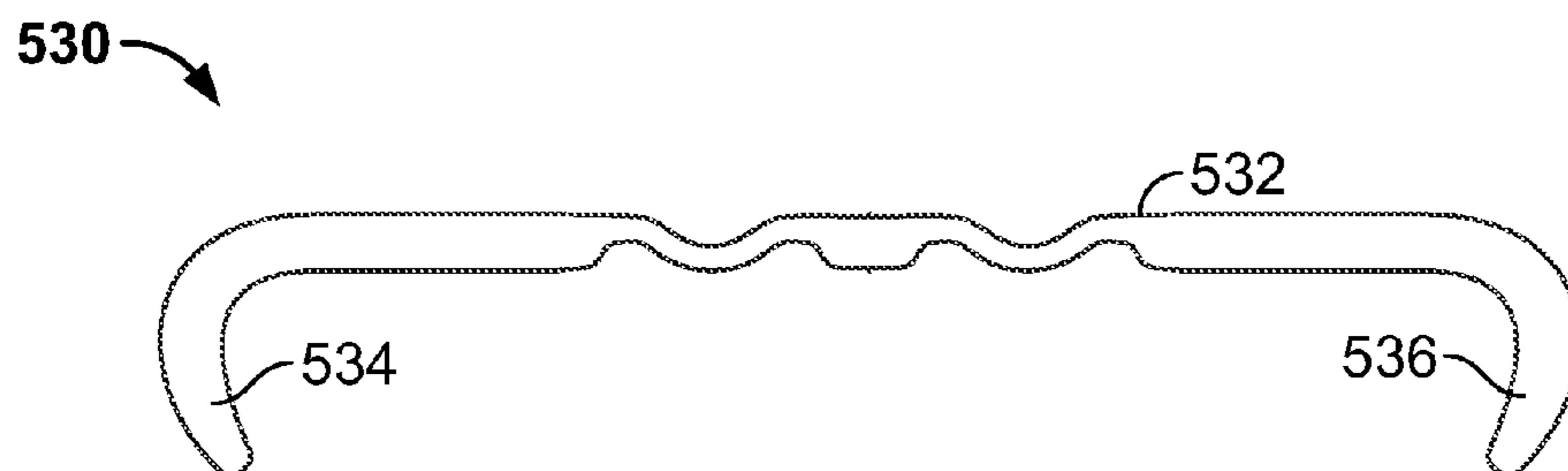


FIG. 39

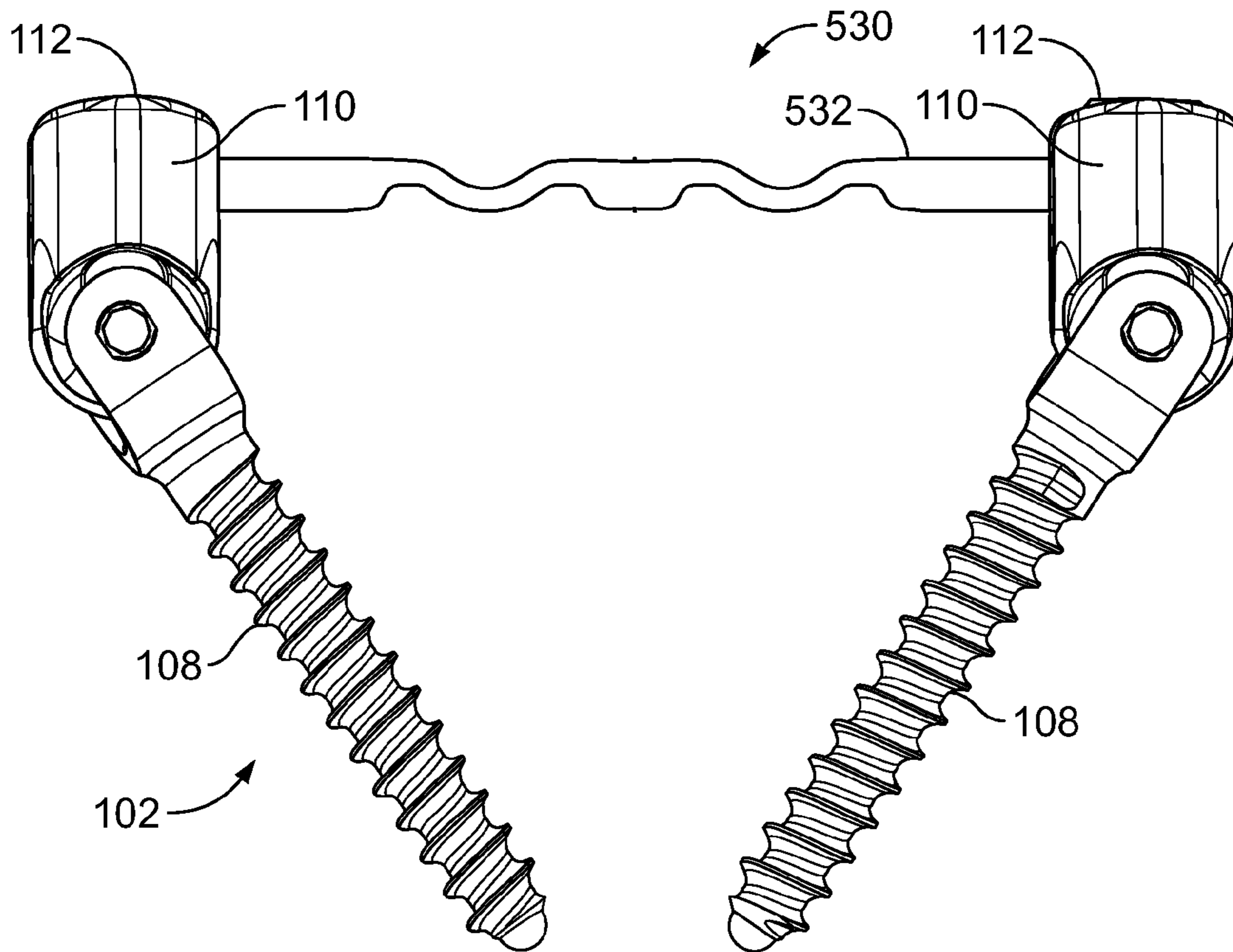


FIG. 39A

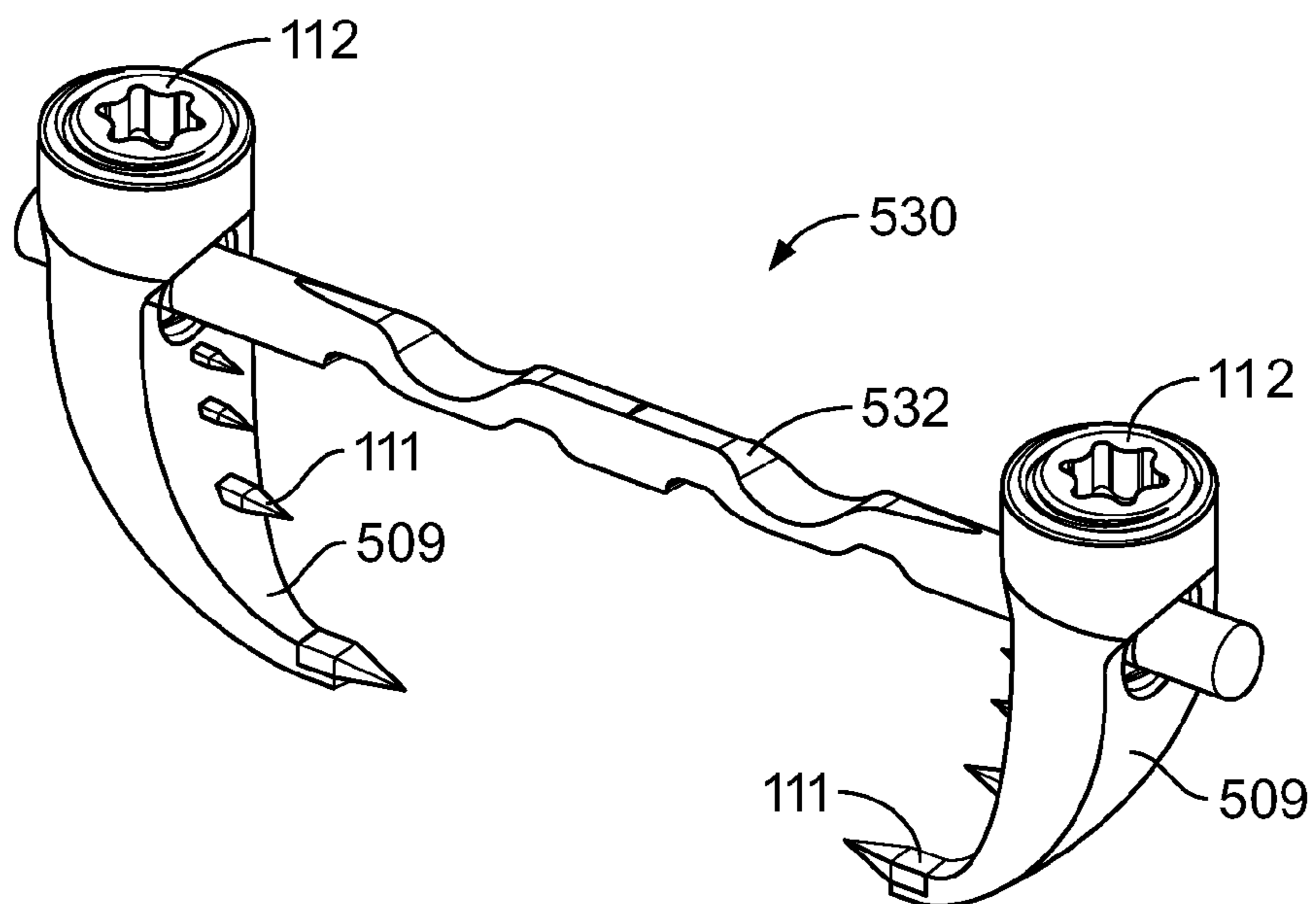


FIG. 39B

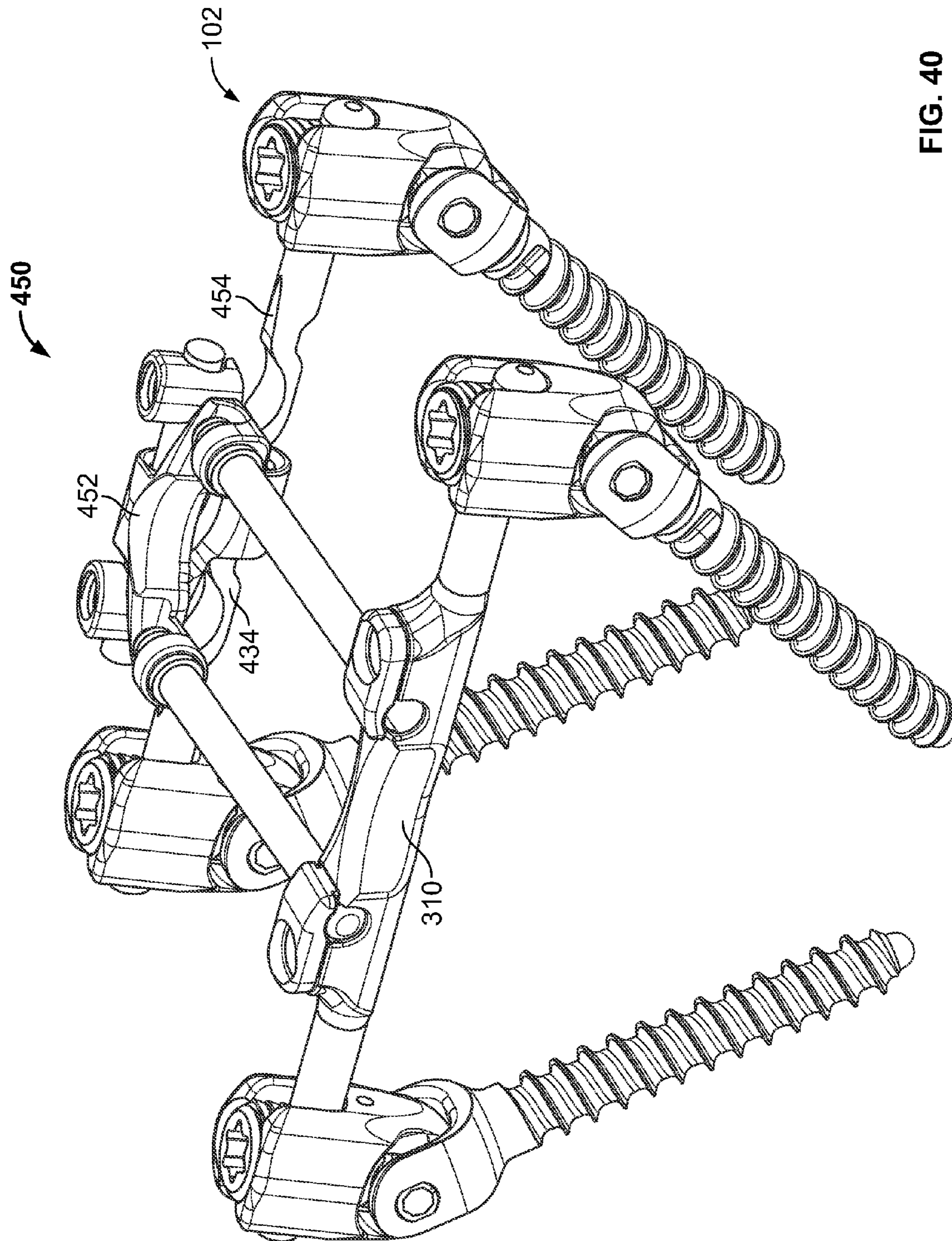


FIG. 40

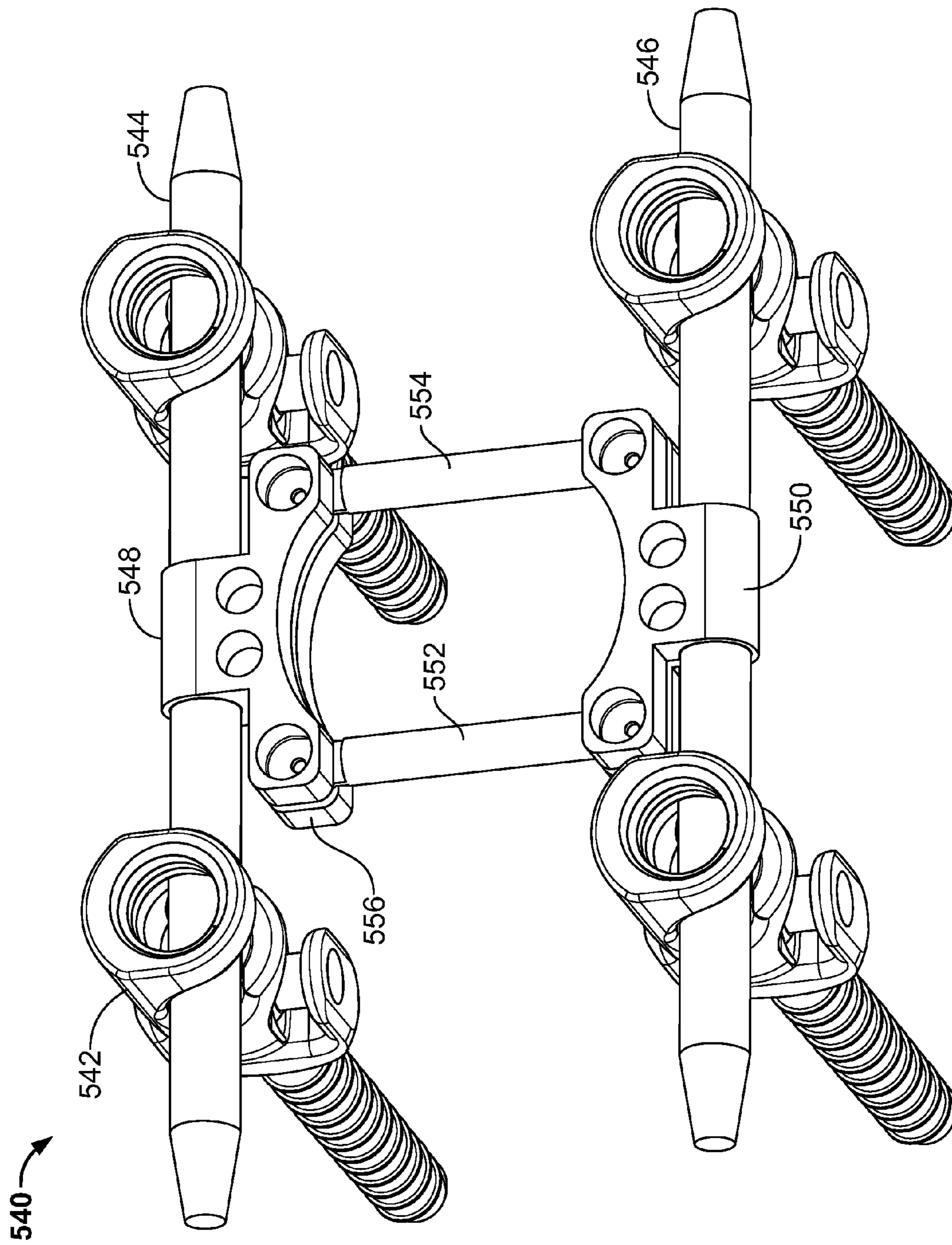


FIG. 41

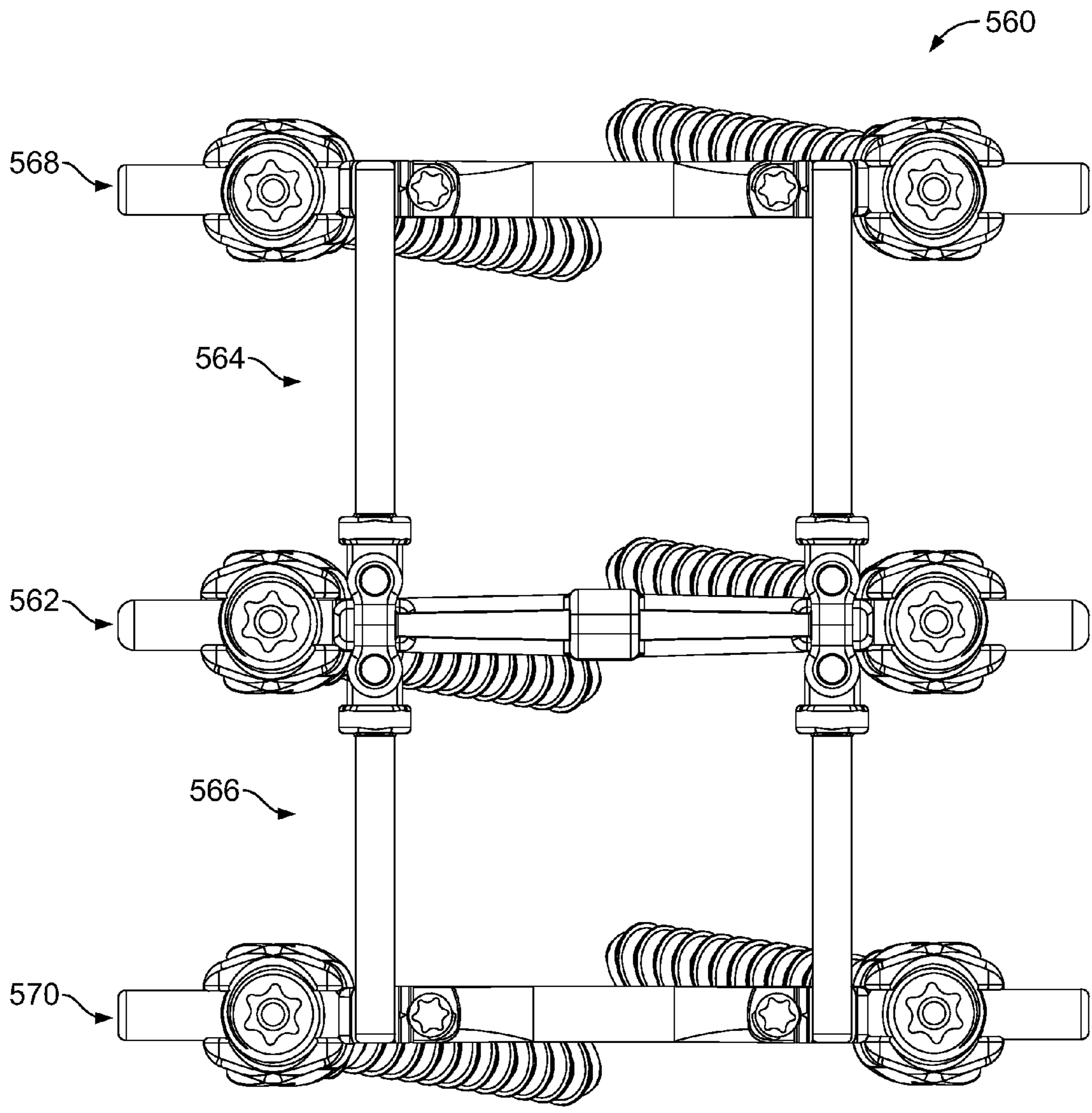


FIG. 42

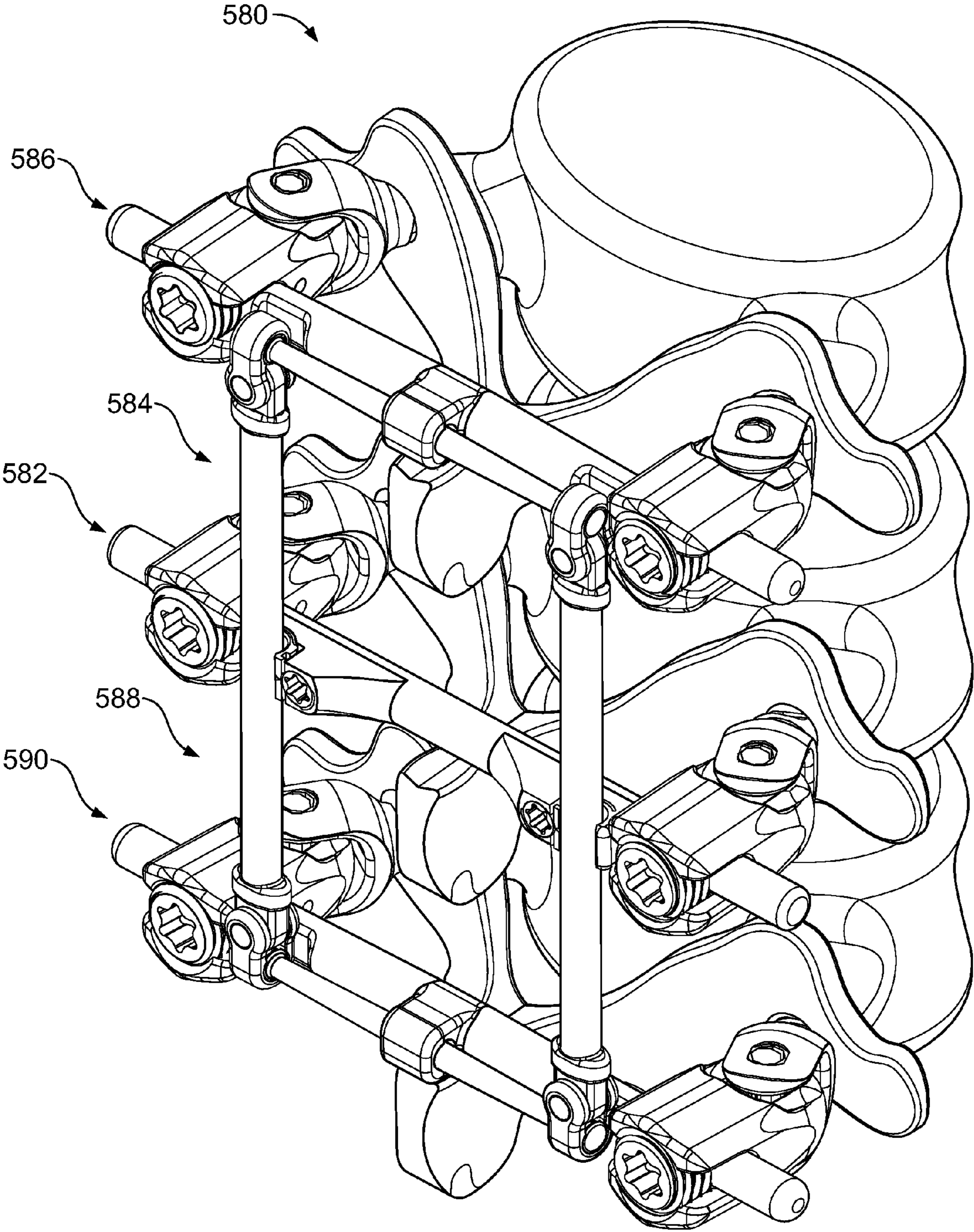


FIG. 43

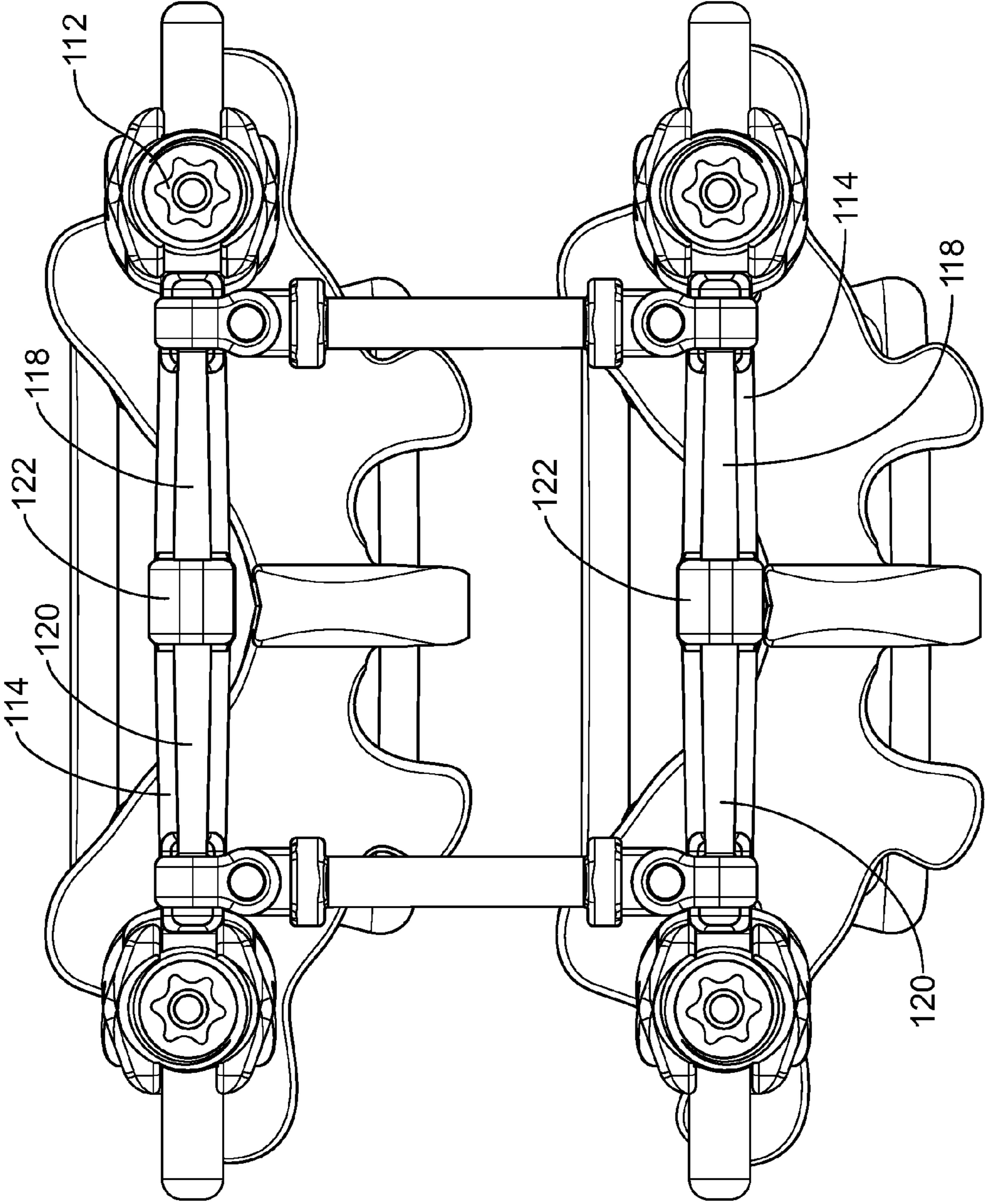


FIG. 43A



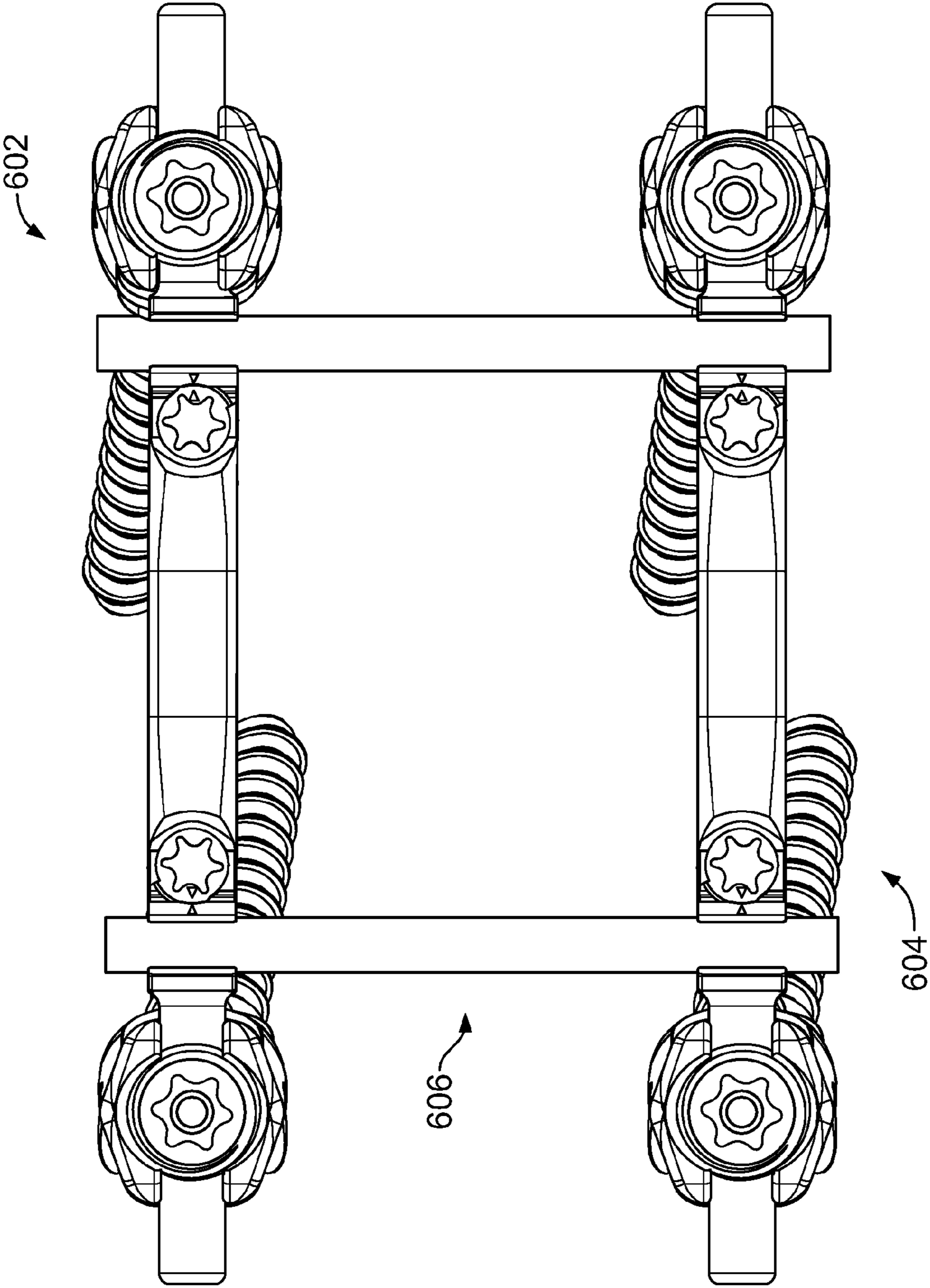


FIG. 44

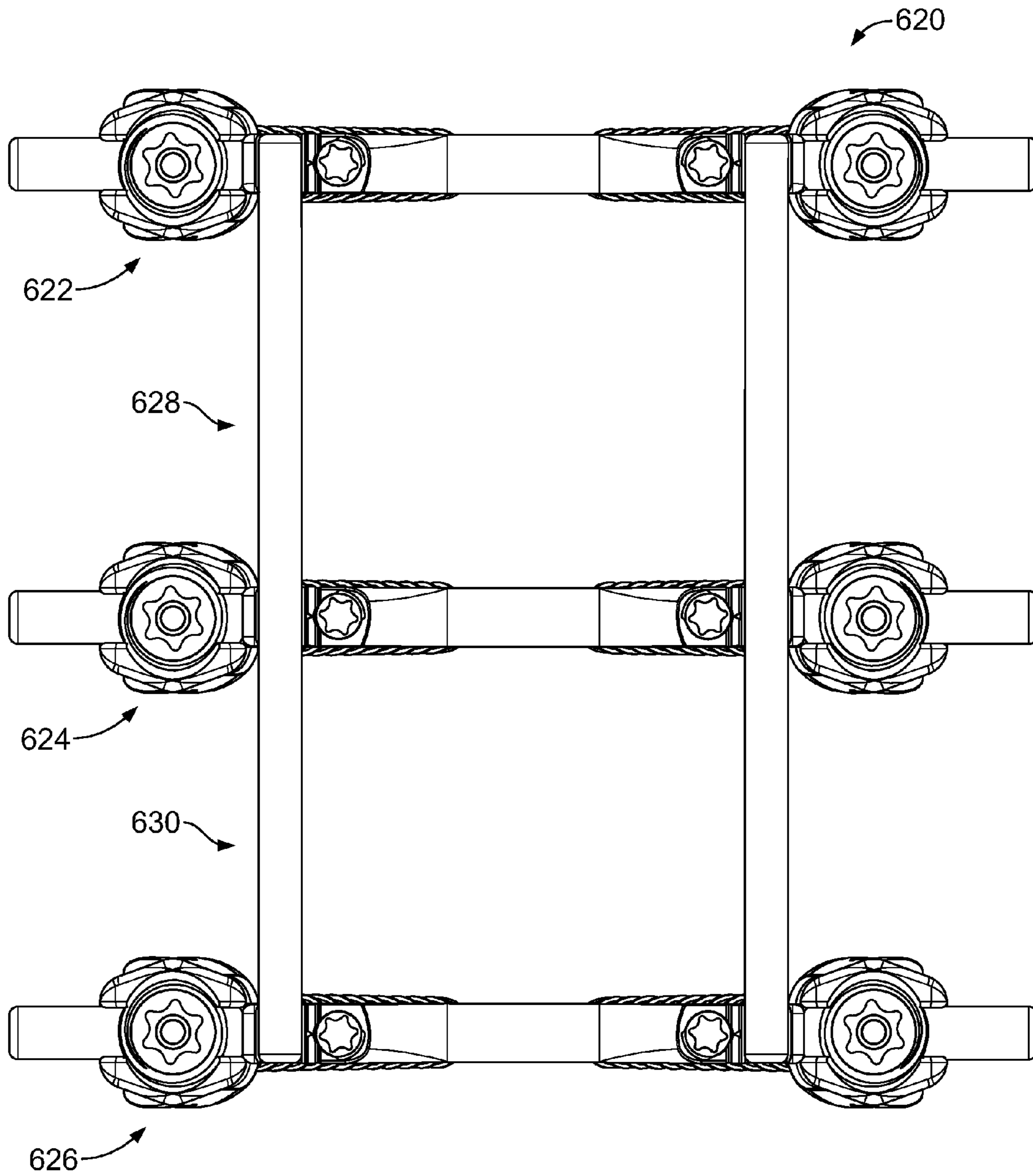


FIG. 45

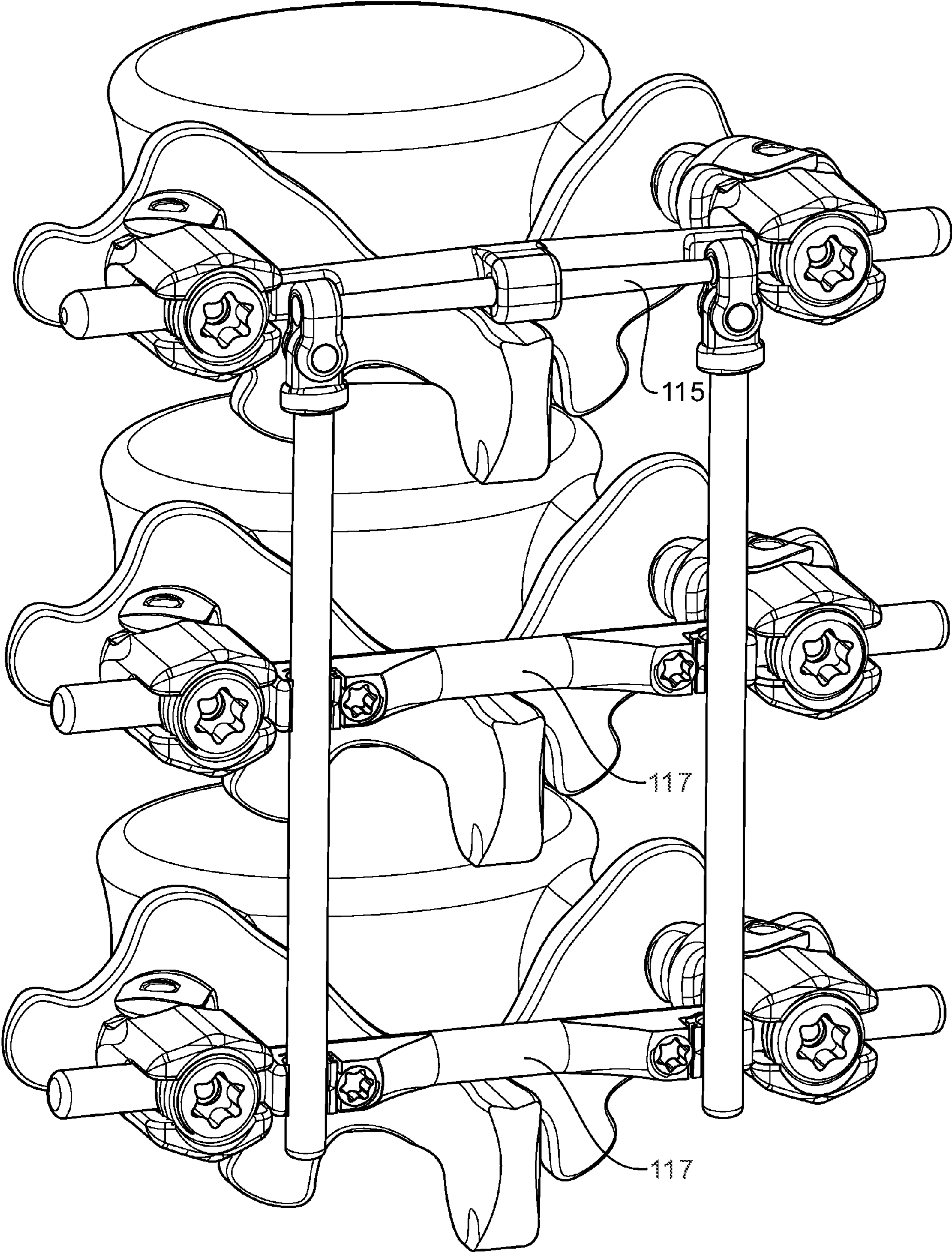


FIG. 45A

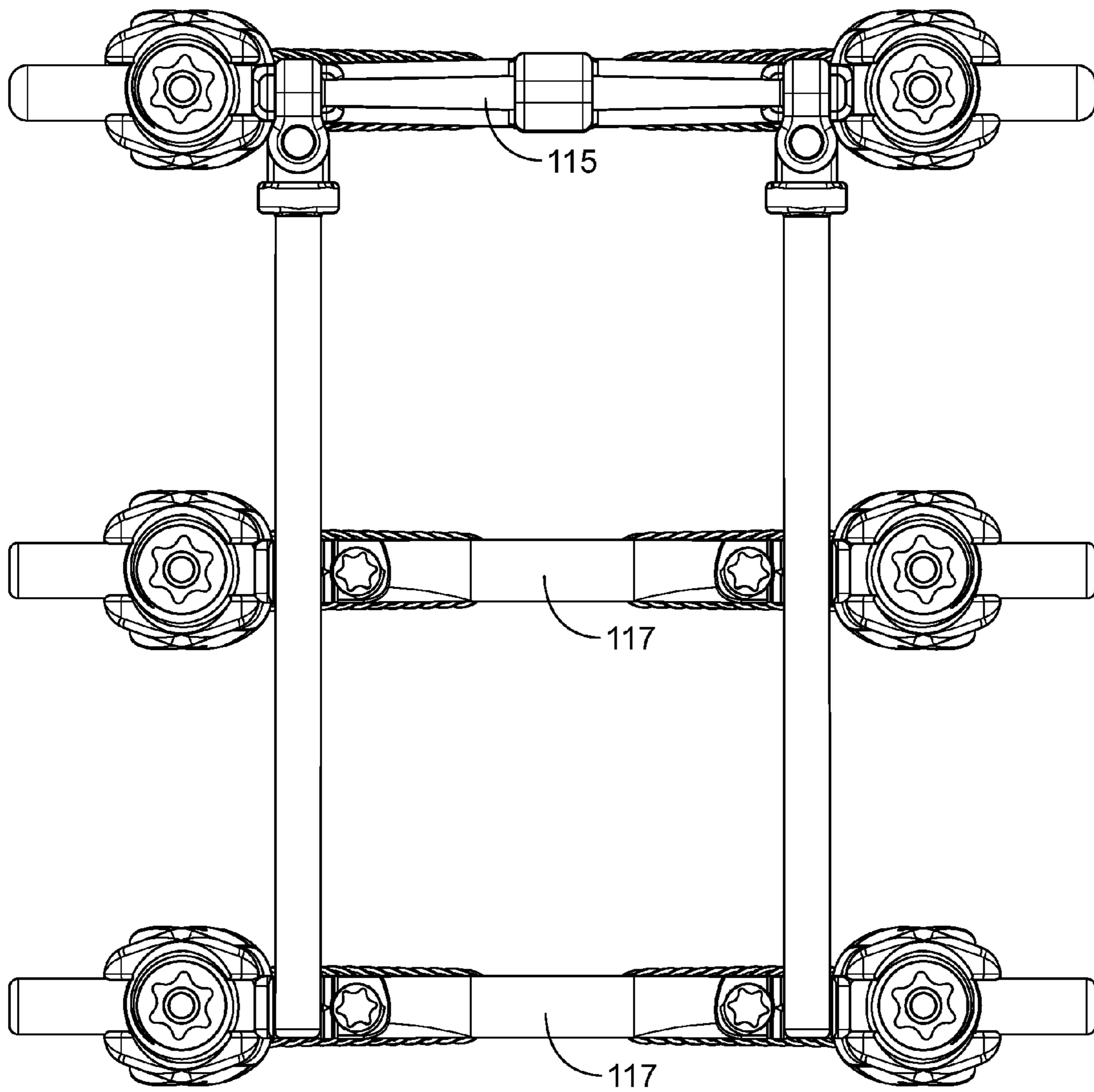


FIG. 45B

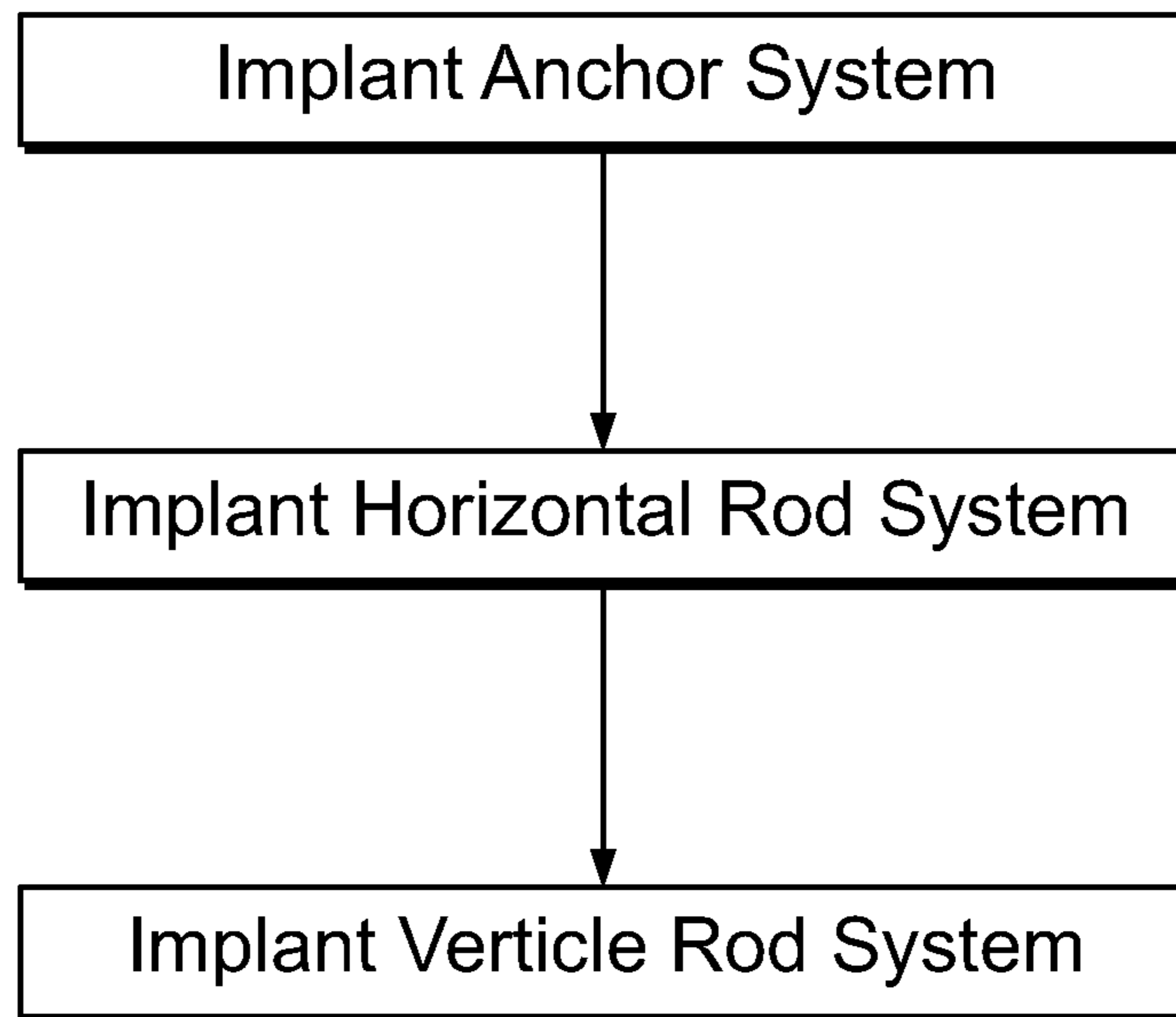


FIG. 46

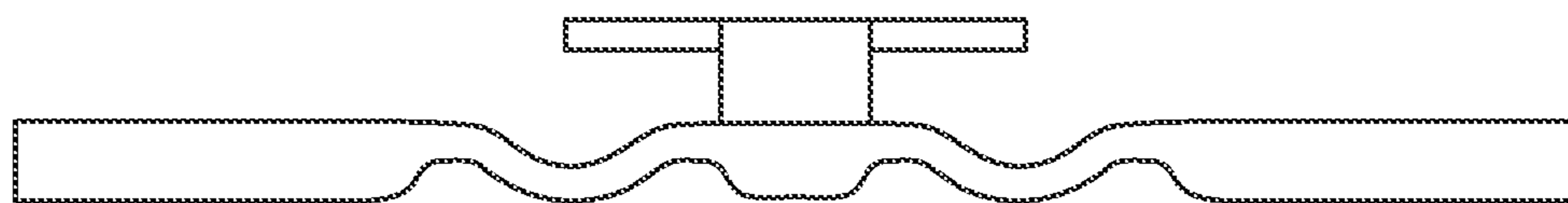


FIG. 47

1

**BONE ANCHOR FOR RECEIVING A ROD  
FOR STABILIZATION AND MOTION  
PRESERVATION SPINAL IMPLANTATION  
SYSTEM AND METHOD**

CLAIM OF PRIORITY

This application is a continuation of U.S. patent application Ser. No. 11/832,400, filed Aug. 1, 2007, entitled "A Bone Anchor with a Compressor Element for Receiving a Rod for a Dynamic Stabilization and Motion Preservation Spinal Implantation System and Method", which claims benefit to U.S. Provisional Application No. 60/942,162, filed Jun. 5, 2007, entitled "Dynamic Stabilization and Motion Preservation Spinal Implantation System and Method" which is incorporated herein by reference and in its entirety.

CROSS-REFERENCES

This application is related to all of the afore-mentioned patent applications. This application is also related to all of the following applications including:

U.S. patent application Ser. No. 12/615,380, filed Nov. 10, 2009, entitled "A Bone Anchor for Receiving a Rod for a Stabilization and Motion Preservation Spinal Implantation System and Method"; and

U.S. Patent Application No. 60/801,871, filed Jun. 14, 2006, entitled "Implant Positioned Between the Lamina to Treat Degenerative Disorders of the Spine"; and

U.S. patent application Ser. No. 11/761,006, filed Jun. 11, 2007, entitled "Implant System and Method to Treat Degenerative Disorders of the Spine"; and

U.S. patent application Ser. No. 11/761,100, filed Jun. 11, 2007, entitled "Implant System and Method to Treat Degenerative Disorders of the Spine"; and

U.S. patent application Ser. No. 11/761,116, filed Jun. 11, 2007, entitled "Implant System and Method to Treat Degenerative Disorders of the Spine".

BACKGROUND OF INVENTION

The most dynamic segment of orthopedic and neurosurgical medical practice over the past decade has been spinal devices designed to fuse the spine to treat a broad range of degenerative spinal disorders. Back pain is a significant clinical problem and the annual costs to treat it, both surgical and medical, is estimated to be over \$2 billion. Motion preserving devices to treat back and extremity pain has, however, created a treatment alternative to fusion for degenerative disc disease. These devices offer the possibility of eliminating the long term clinical consequences of fusing the spine that is associated with accelerated degenerative changes at adjacent disc levels.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is a perspective view of an embodiment of a dynamic spine stabilization system of the invention.

FIG. 1A is a posterior view of the embodiment of FIG. 1 implanted in a spine.

FIG. 2 is a top view of the embodiment of FIG. 1.

FIG. 3 is a perspective view of an embodiment of a horizontal rod system of the invention for use with a dynamic spine stabilization system such as depicted in FIG. 1.

FIG. 4 is a perspective view of an alternative embodiment of a horizontal rod system of the invention for use with a dynamic spine stabilization system such as depicted in FIG. 1.

2

FIG. 5 is a perspective view of an embodiment of an anchor system of the invention for use with a dynamic spine stabilization system such as depicted in FIG. 1.

FIG. 6 is a another perspective view of the embodiment of the anchor system of FIG. 5.

FIG. 7 is an exploded perspective view of an alternative embodiment of the anchor system of the invention for use with a dynamic spine stabilization system such as depicted in FIG. 1.

FIG. 8 is a sectioned view of a portion of embodiment of the alternative anchor system of FIG. 7 of the invention.

FIG. 9 is a side view of the anchor system of FIG. 7 depicting a degree of freedom of movement of the anchor system of FIG. 7.

FIG. 9A is an end view of the anchor system of FIG. 9.

FIG. 10 is a side view of the anchor system of FIG. 7 depicting another degree of freedom of movement of the anchor system of FIG. 7.

FIG. 10A is an end view of the anchor system of FIG. 10.

FIG. 11 is a side view of the anchor system of FIG. 7 depicting yet another degree of freedom of movement of the anchor system of FIG. 7.

FIG. 12 is a perspective view of yet another embodiment of the anchor system of the invention.

FIG. 13 is an exploded perspective view of the embodiment of the anchor system of the invention of FIG. 12.

FIG. 14 is a perspective view of yet another embodiment of the anchor system of the invention.

FIG. 15 is an exploded perspective view of the embodiment of the anchor system of the invention of FIG. 14.

FIG. 16 is another exploded perspective view of the embodiment of the anchor system of the invention of FIG. 14.

FIG. 17 is an exploded perspective view of another embodiment of the anchor system of the invention.

FIG. 18 is a perspective view of yet another embodiment of the anchor system of the invention.

FIG. 19 is a perspective view of another embodiment of a dynamic spine stabilization system of the invention with another horizontal rod system.

FIG. 19A is a perspective view of another horizontal rod system of the invention as depicted in FIG. 19 and partially shown in phantom form.

FIG. 19B is an exploded perspective view of the embodiment of FIG. 19.

FIG. 19C is a side view of the embodiment of FIG. 19.

FIG. 20 is a top view of the another embodiment of the dynamic spine stabilization of the system of the invention of FIG. 19.

FIG. 20A is a top side of the embodiment depicted in FIG. 19A.

FIG. 21 is another perspective view of the embodiment of the dynamic spine stabilization of the invention of FIG. 19.

FIG. 22 is a side view the embodiment of the horizontal rod system of the invention as depicted in FIG. 19 configured in a closed position for implantation.

FIG. 22A is an end view of the embodiment depicted in FIG. 22.

FIG. 23 is a side view partially in phantom form of the horizontal rod system of FIG. 22.

FIG. 24 is a side view of the embodiment of FIG. 22 in an open position as used when the embodiment is deployed in a spine.

FIG. 25 is an end view of the embodiment depicted in FIG. 24.

FIG. 26 is a perspective view of yet another embodiment of the horizontal rod system of the invention.

FIG. 27 is a side view of the embodiment of the horizontal rod system of the invention of FIG. 26.

FIG. 28 is a perspective view of still another embodiment of the horizontal rod system of the invention.

FIG. 29 is a side view of the embodiment of the horizontal rod system of the invention of FIG. 28.

FIG. 30 is a top view of another embodiment of the horizontal rod system of the invention as depicted in FIG. 1 with the horizontal rod system in an undeployed position ready for implantation.

FIG. 31 is a top view of the embodiment of the horizontal rod system of FIG. 30 in a deployed position after implantation.

FIG. 32 is a side view, partially in phantom of the embodiment depicted in FIG. 30.

FIG. 33 is a side view of an alternative embodiment of the horizontal rod system of the invention.

FIG. 33A is a side view of yet another embodiment of the horizontal rod system of the invention.

FIG. 34 is a side view of another alternative embodiment of the horizontal rod system of the invention.

FIG. 34A is a perspective view of yet another embodiment of the horizontal rod system of the invention.

FIG. 34B is a side view of the embodiment of FIG. 34A.

FIG. 34C is a top view of the embodiment of FIG. 34A.

FIG. 35 is a side view of still another alternative embodiment of the horizontal rod system of the invention.

FIG. 36 is a side view of yet another alternative embodiment of the horizontal rod system of the invention.

FIG. 37 is a side view of another alternative embodiment of the horizontal rod system of the invention.

FIG. 38 is a side view of another alternative embodiment of the horizontal rod system of the invention.

FIG. 39 is a side view of yet another alternative embodiment of the horizontal rod system of the invention.

FIG. 39A is still another embodiment of the horizontal rod system and the anchor system of the invention.

FIG. 39B is yet another embodiment of the horizontal rod system and the anchor system of the invention.

FIG. 40 is a perspective view of another embodiment of a dynamic spine stabilization system of the invention.

FIG. 41 is a perspective view of still another embodiment of a dynamic spine stabilization system of the invention.

FIG. 42 is a side view of an embodiment of a two level dynamic spine stabilization system of the invention.

FIG. 43 is a side view of yet another embodiment of a two level dynamic spine stabilization system of the invention.

FIG. 43A is a side view of an alternative embodiment of a dynamic spine stabilization system of the invention.

FIG. 44 is a side view of an embodiment of a fusion system of the invention.

FIG. 45 is a side view of an embodiment of a two level fusion system of the invention.

FIGS. 45A, 45B are perspective and side views of still another fusion system of an embodiment of the invention that has a transition level.

FIG. 46 is a flow chart of an embodiment of the method of the invention.

FIG. 47 is yet another embodiment of the horizontal rod system of the invention.

#### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

Embodiments of the present invention include a system or implant and method that can dynamically stabilize the spine

while providing for preservation of spinal motion. Alternative embodiments can be used for spine fusion.

Embodiments of the invention include a construct with an anchoring system, a horizontal rod system that is associated with the anchoring system and a vertical rod system that is associated with the anchoring system and the horizontal rod system.

An advantage and aspect of the system is that the anchoring system includes a head or saddle that allows for appropriate, efficient and convenient placement of the anchoring system relative to the spine in order to reduce the force that is placed on the anchoring system. The anchor system has enhanced degrees of freedom which contribute to the ease of implantation of the anchor system. Accordingly, the anchor system is designed to isolate the head and the screw from the rest of the dynamic stabilization system and the forces that the rest of the dynamic stabilization system can place on the anchor system and the anchor system/bone interface. Thus, the anchor system can provide a secure purchase in the spine.

Another advantage and aspect of the system is that the horizontal rod system is in part comprised of a super elastic material that allows for convenient positioning of the horizontal rod system relative to the anchor system and allows for isolation of the horizontal rod system from the anchor system so that less force is placed on the anchor system from the horizontal rod system and on the anchor system/bone interface. Accordingly, unlike prior devices the anchor system stays secure in the bone of the spine.

An aspect and advantage of the invention is the ability to maximize the range of motion of the spine after embodiments of the dynamic stabilization, motion preservation implant of the invention are implanted in a patient. While traditional solutions to back pain include fusion, discectomy, and artificial implants that replace spine structure, embodiments of the present invention preserve the bone and ligament structure of the spine and preserve a wide range of motion of the spine, while stabilizing spines that were heretofore unstable due to degenerative and other spinal diseases.

Still another aspect of the invention is the preservation of the natural motion of the spine and the maintenance of the quality of motion as well as the wide range of motion so that the spine motion is as close to that of the natural spine as possible. The present embodiments of the invention allow for the selection of a less stiff, yet dynamically stable implant for use in a non-fusion situation. A less stiff, yet dynamically stable implant relates directly to a positive patient outcome, including patient comfort and the quality of motion of the spine.

In another aspect of the invention, load sharing is provided by the embodiment, and, in particular, the deflection rod or loading rod of the embodiment. For embodiments of this invention, the terms "deflection rod" and "loading rod" can be used interchangeably. Accordingly this aspect of the invention is directed to restoring the normal motion of the spine. The embodiment provides stiffness and support where needed to support the loads exerted on the spine during normal spine motion, which loads, the soft tissues of the spine are no longer able to accommodate since these spine tissues are either degenerated or damaged. Load sharing is enhanced by the ability to select the appropriate stiffness of the deflection rod or loading rod in order to match the load sharing desired. By selecting the appropriate stiffness of the deflection rod or loading rod to match the physiology of the patient and the loads that the patient places on the spine, a better outcome is realized for the patient. Prior to implantation of the embodiment, the stiffness of the implant of the system can be selected among a number of loading rods. In other words, the stiffness

is variable depending on the deflection rod or loading rod selected. In another aspect, the load sharing is between the spine and the embodiment of the invention.

In another aspect of the invention, the deflection rod or loading rod is cantilevered. In another aspect the deflection rod or loading rod is cantilevered from a horizontal rod. In yet another aspect the deflection rod or loading rod is cantilevered from a horizontal rod that is connected between two anchors that are affixed to the same vertebra. In yet another aspect the deflection rod or loading rod is about parallel to the horizontal rod in a resting position. In still a further, aspect the deflection rod or loading rod is cantilevered from a mount on the horizontal rod and said deflection rod or loading rod is about parallel to the horizontal rod in a resting position.

In another aspect of the invention the horizontal rod attached directly to opposite anchors is stiff and rigid, and the cantilevered deflection rod or cantilevered loading rod shares the load with the spine resulting from the motions of the body of the patient.

In another aspect of embodiments of the invention, the load being absorbed or carried by the embodiment is being distributed along at least part of the length of the deflection rod or loading rod. In another aspect of the invention, the load being absorbed or carried by the embodiment is distributed along at least part of the length of the horizontal cantilevered deflection rod or horizontal cantilevered loading rod.

As the load is carried horizontally along the deflection rod or loading rod, rather than vertically, the embodiments of the invention can be made smaller in order to fit in more spaces relative to the spine. Advantageously, the embodiments can fit in the L5-S1 space of the spine.

An aspect of the invention is to preserve and not restrict motion between the pedicles of the spine through the use of appropriately selected horizontal and vertical rods of embodiments of the invention.

An aspect of the invention is to provide for load bearing on horizontal elements such as horizontal rods instead of vertical elements or rods, and, in particular, vertical elements that are connected between bone anchoring systems.

An aspect of the invention is the use of horizontal rods in the embodiments of the invention in order to isolate each level of the implantation system from the other so as not to put undue force and/or torque on anchoring systems of embodiment of the invention and associated bone, and so as to allow customization of the implantation system to the need of the patient. Accordingly, an aspect of the invention is to provide for minimized loading on the bone/implantation system interface. Customization, in preferred embodiments, can be achieved by the selection of the horizontal rod with the desired stiffness and stiffness characteristics. Different materials and different implant configurations enable the selection of various stiffness characteristics.

Another aspect of the invention is the ability to control stiffness for extension, flexion, lateral bending and axial rotation, and to control stiffness for each of these motions independently of the other motions.

An aspect of the invention is to use the stiffness and load bearing characteristics of super elastic materials.

Another aspect of the invention is to use super elastic materials to customize the implant to the motion preservation and the dynamic stabilization needs of a patient. An aspect of such embodiments of the invention is to provide for a force plateau where motion of the implantation system continues without placement of additional force of the bone anchor system, or, in other words, the bone/implantation system interface.

Thus, an aspect of the invention is to use the horizontal bar to offset loading on the anchor system and on the implantation system in general.

Accordingly, an aspect of the invention is to be able to selectively vary the stiffness and selectively vary the orientation and direction that the stiffness is felt by varying the structure of the implantation system of the invention, and, in particular, to vary the stiffness of the horizontal rod system of the invention.

Another aspect of embodiments of the invention is to prevent any off-axis implantation by allowing the implantation system to have enhanced degrees of freedom of placement of the implant. Embodiments of the invention provide for off-axis placement of bone anchor or pedicle screw systems.

A further aspect of embodiments of the invention is to control stabilized motion from micro-motion to broad extension, flexion, axial rotation, and lateral bending motions of the spine.

Yet another aspect of the embodiments of the invention is to be able to revise a dynamic stabilization implant should a fusion implant be indicated. This procedure can be accomplished by, for example, the removal of the horizontal rods of the implantation system and replacement of such rods with stiffer rods. Accordingly, an aspect of the invention is to provide for a convenient path for a revision of the original implantation system, if needed.

A further aspect of the invention, due to the ease of implanting the anchoring system and the ease of affixing vertical rods to the horizontal rods of the invention, is the ability to accommodate the bone structure of the spine, even if adjacent vertebra are misaligned with respect to each other.

A further aspect of the invention is that the implant is constructed around features of the spine such as the spinous processes and, thus, such features do not need to be removed and the implant does not get in the way of the normal motion of the spine features and the spine features do not get in the way of the operation of the implant.

Another aspect of embodiments of the invention is the ability to stabilize two, three and/or more levels of the spine by the selection of appropriate embodiments and components of embodiments of the invention for implantation in a patient. Further embodiments of the invention allow for fused levels (in conjunction with, if desired, bone graphs) to be placed next to dynamically stabilized levels with the same implantation system. Such embodiments of the invention enable vertebral levels adjacent to fusion levels to be shielded by avoiding an abrupt change from a rigid fusion level to a dynamically stable, motion preserved, and more mobile level.

Accordingly, another aspect of the embodiments of the invention is to provide a modular system that can be customized to the needs of the patient. Horizontal rods can be selectively chosen for the particular patient as well the particular levels of the vertebrae of the spine that are treated. Further, the positioning of the various selected horizontal rods can be selected to control stiffness and stability.

Another aspect of embodiments of the invention is that embodiments can be constructed to provide for higher stiffness and fusion at one level while allowing for lower stiffness and dynamic stabilization at another adjacent level.

Yet a further aspect of the invention is to provide for dynamic stabilization and motion preservation while preserving the bone and tissues of the spine in order to lessen trauma to the patient and to use the existing functional bone and tissue of the patient as optimally as possible in cooperation with embodiments of the invention.



Another object of the invention is to implant the embodiments of the invention in order to unload force from the spinal facets and other posterior spinal structures and also the intervertebral disk.

A further aspect of the invention is to implant the embodiment of the invention with a procedure that does not remove or alter bone or tear or sever tissue. In an aspect of the invention the muscle and other tissue can be urged out of the way during the inventive implantation procedure.

Accordingly, an aspect of the invention is to provide for a novel implantation procedure that is minimally invasive. Dynamic Stabilization, Motion Preservation System for the Spine:

A dynamic stabilization, motion preservation system **100** embodiment of the invention is depicted in FIG. **1** and includes an anchor system **102**, a horizontal rod system **104**, and a vertical rod system **106**. For these embodiments horizontal refers to a horizontal orientation with respect to a human patient that is standing and vertical refers to a vertical orientation with respect to a patient that is standing (FIG. **1A**). As will be more fully disclosed herein below, one embodiment for the anchor system **102** includes a bone screw **108** which is mounted to a head or saddle **110**. Alternatively, the bone screw **108** can be replaced by a bone hook as more fully described in U.S. Provisional Patent Application No. 60/801, 871, entitled "An Implant Position Between the Lamina to Treat Degenerative Disorders of the Spine," which was filed on Jun. 14, 2006, and is incorporated herein by reference and in its entirety. The mounting of the head or saddle **110** to the bone screw **108** allows for multiple degrees of freedom in order that the bone screw **108** may be appropriately, conveniently, and easily placed in the bone of the spine and in order to assist in isolating the bone screw **108** from the remainder of the system **100** so that less force is placed on the anchor system **102** and on the bone screw/bone interface. Some prior art devices, which use such bone screws, have, on occasion, had the bone screws loosen from the spine, and the present embodiment is designed to reduce the force on the bone screw and on the bone screw/bone interface. Preferably, the anchor system **102** is comprised of titanium. However, other biocompatible materials such as stainless steel and/or PEEK can be used.

In the embodiment of FIG. **1**, the horizontal bar system **104** is preferably secured through the head **110** of the anchor system **102** with a locking set screw **112**. This embodiment includes a first horizontal rod **114** and a second horizontal rod **116**. The first horizontal rod **114** has first and second deflection rods or loading rods **118** and **120** secured thereto. In a preferred embodiment, the first horizontal rod can be comprised of titanium, stainless steel or PEEK or another biocompatible material, and the first and second deflection rods or loading rods can be comprised of a super elastic material. Preferably, the super elastic material is comprised on Nitinol (NiTi). In addition to Nitinol or nickel-titanium (NiTi), other super elastic materials include copper-zinc-aluminum and copper-aluminum-nickel. However, for biocompatibility, the nickel-titanium is the preferred material.

Such an arrangement allows for the horizontal rod system **104** to isolate forces placed thereon from the anchor system **102** and, thus, isolate forces that could be placed on the bone screw **108** and the bone screw/bone interface of the spine, and, thus, prevent the loosening of the bone screw **108** in the spine. As shown in FIG. **1** the deflection rods or loading rods **118** and **120**, in this preferred embodiment, are mounted in the center of the first horizontal rod **114** to a mount **122**. Preferably, the deflection rods or loading rods **118** and **120** are force fit into the mount **122**. Alternatively, the deflection rods

or loading rods may be screwed, glued, or laser welded to the mount **122** and to bores placed in the mount **122**. Other fastening techniques are within the scope and spirit of the invention. As can be seen in FIGS. **1**, **3**, and **4**, the first horizontal rod **114** includes first and second ridges **124**, **126** located on either side of the mount **122** and extend at least partially along the length of the first horizontal rod **114** toward the respective ends of the horizontal rod **114**. These ridges **124**, **126** add rigidity to the mount **122** relative to the rest of the horizontal rod system **104**.

As seen in FIG. **1**, the deflection rods or loading rods **118**, **120** have a constant diameter extending outwardly toward the respective ends **128**, **130** of the deflection rods or loading rods **118**, **120**. Alternatively, the deflection rods or loading rods **118**, **120** can have a varying diameter as the rods **118**, **120** approach their respective ends **128**, **130**. Preferably, as depicted and discussed below, the rods **118** and **120** can have a decreasing diameter as the rods approach the respective ends **128**, **130**. The decreasing diameter allows the super elastic rods **118**, **120** to be more flexible and bendable along the length of the rods as the rods approach the ends **128**, **130** and to more evenly distribute the load placed on the system **100** by the spine. Preferably, the diameter of the deflection rods or loading rods continuously decreases in diameter. However, it can be understood that the diameter can decrease in discrete steps along the length, with the diameter of one step not being continuous with the diameter of the next adjacent step. Alternatively, for different force and load carrying criteria the diameters of the deflection rods or loading rods can continuously increase in diameter or can have discrete step increases in diameter along the length of the deflection rods or loading rods as the rods extend toward the respective ends **128**, **130**. Still further, the rods can have at least one step of decreasing diameter and at least one step of increasing diameter in any order along the length of the deflection rods or loading rods as the rods approach the respective ends **128**, **130**, as desired for the force and load carrying characteristics of the deflection rods or loading rods **118**, **120**.

With respect to FIG. **3**, for example, the horizontal rod system **104**, and, in particular, the deflection rods **118**, **120**, share the load carried by the spine. This load sharing is directed to restoring the normal motion of the spine. This embodiment, and, in particular, the deflection rods or loading rods **118**, **120**, provide stiffness and support where needed to support the loads exerted on the spine during spine motion, which loads, the soft tissues of the spine are no longer able to accommodate since these spine tissues are either degenerated or damaged. Such load sharing is enhanced by the ability to select the appropriate stiffness of the deflection rods or loading rods **118**, **120** in order to match the load sharing desired. By selecting the appropriate stiffness of the deflection or loading rods, to match the physiology of the patient, and the loads that the patient places on the spine, a better outcome is realized by the patient. Prior to implantation, the stiffness of the deflection or loading rods can be selected from a number of deflection or loading rods. The stiffness is variable depending on the deflection or load rod selected. As indicated herein, the stiffness of the deflection or loading rod can be varied by the shape of the rod and the selection of the material. Shape variations can include diameter, taper, direction of taper, stepped tapering, and material variation can include composition of material, just to name a few variations.

It is to be understood that the load carried by the deflection or loading rods is distributed along at least part of the length of the deflection or loading rods. Preferably, the load is distributed along the entire length of the deflection or loading rods. Further, as the load is carried horizontally and the stiff-

ness can be varied along a horizontal member, rather than vertically, the embodiments of the invention can be made smaller in order to fit in more spaces relative to the spine. Advantageously, embodiments can fit, for example, in the L5-S1 space of the spine in addition to generally less constrained spaces such as the L4-L5 space of the spine.

With respect to the embodiment of the horizontal rod system of the invention as depicted for example in FIG. 3, the deflection rods or loading rods **118, 120** are cantilevered from mount **122**. Thus, these deflection rods **118, 120** have a free end and an end fixed by the mount **112**, which mount is located on the horizontal rod **114**. As is evident in FIG. 3, the cantilevered deflection rods **118, 120** are about parallel in a rested position to the horizontal rod **114**, and, in this embodiment, the horizontal rod is directly connected to the anchor systems and, in particular, to the heads or saddles of the anchor system. Preferably, the horizontal rod **114** is stiff and rigid and, particularly, in comparison to the deflection rods. In this arrangement, the horizontal rod system and, in particular, the deflection rods **118, 120** share the load resulting from the motions of the body of the patient.

As an alternate embodiment, the second horizontal rod **116** could be replaced with a horizontal rod **114** which has deflection rods or loading rods (FIG. 43A). Thus, both horizontal rods would have deflection rods or loading rods. The deflection rods or loading rods mounted on one horizontal rod would be connected to vertical rods and the vertical rods would be connected to deflection rods or loading rods mounted on the other horizontal rod. Such an embodiment provides for more flexibility. Further, the deflection rods or loading rods **118, 120** can have other configurations and be within the spirit and scope of the invention.

Further, as can be seen in FIG. 1, the vertical rod system is comprised of, in this embodiment, first and second vertical rods **132, 134** which are secured to first and second connectors **136, 138** located at the ends **128, 130** of the first and second deflection rods or loading rods **118, 120**. As will be described below, the vertical rods **132, 134** are preferably connected in such a way as to be pivotal for purposes of implantation in a patient and for purposes of adding flexibility and dynamic stability to the system as a whole. These vertical rods **132, 134** are preferably made of titanium. However, other bio-compatible materials can be used. The vertical rods **132, 134** are also connected to the second horizontal rod **116** by being received in C-shaped mounts **140, 142** located on the second horizontal rods and in this embodiment, held in place by set screws **144, 146**. It is to be understood by one of ordinary skill in the art that other structures can be used to connect the vertical rods to the horizontal rods.

Preferably, the vertical rods are only connected to the horizontal rods and not to the anchoring system **102** in order to isolate the anchor system **102** and, in particular, the heads **110** from stress and forces that could be placed on the heads, and from forces transferred to the heads where the vertical rods connect to the heads. Thus, the system **100** through the vertical and horizontal rods allow for dynamic stability, and a wide range of motion without causing undue force to be placed on the heads of the anchor systems. These embodiments also allow for each level of the spine to move as freely as possible without being unduly restrictively tied to another level.

More lateral placement of the vertical rods toward the heads of the anchor system provides for more stiffness in lateral bending and an easier implant approach by, for example, a Wiltse approach as described in "The Paraspinal Sacraspinalis-Splitting Approach to the Lumbar Spine," by

Leon L. Wiltse et al., *The Journal of Bone & Joint Surgery*, Vol. 50-A, No. 5, July 1968, which is incorporated herein by reference.

The stiffness of the system **100** can preferably be adjusted by the selection of the materials and placement and diameters of the horizontal and vertical rods and also the deflection rods or loading rods. Larger diameter rods would increase the resistance of the system **100** to flexion, extension rotation, and bending of the spine, while smaller diameter rods would decrease the resistance of the system **100** to flexion, extension, rotation and bending of the spine. Further, continually or discretely changing the diameter of the rods such as the deflection rods or loading rods along the length of the rods changes the stiffness characteristics. Thus, with the deflection rods or loading rods **118, 120** tapered from the mount **122** toward the ends **128, 130**, the system can have more flexibility in flexion and extension of the spine. Further, using a super elastic material for the horizontal rods and the vertical rods in addition to the horizontal deflection rods or loading rods adds to the flexibility of the system **100**. Further, all of the horizontal and vertical rods, in addition to the deflection rods or loading rods, can be made of titanium or stainless steel or PEEK should a stiffer system **100** be required. Thus, it can be appreciated that the system **100** can easily accommodate the desired stiffness for the patient depending on the materials uses, and the diameter of the materials, and the placement of the elements of the system **100**.

Should an implanted system **100** need to be revised, that can be accomplished by removing and replacing the horizontal and/or vertical rods to obtain the desired stiffness. By way of example only, should a stiffer revised system be desired, more akin to a fusion, or, in fact, a fusion, then the horizontal rods having the deflection rods or loading rods can be removed and replaced by horizontal rods having deflection rods or loading rods made of titanium, or stainless steel, or non-super elastic rods to increase the stiffness of the system. This can be accomplished by leaving the anchor system **102** in place and removing the existing horizontal rods from the heads **110** and replacing the horizontal rods with stiffer horizontal rods and associated vertical rods.

FIG. 3 depicts a view of the horizontal rod **104** as previously described. In this embodiment the connectors **136, 138** are shown on the ends of the deflection rods or loading rods **118, 120**. The connectors can be forced-fitted to the deflection rods or fastened in other methods known in the art for this material and as further disclosed below. The connectors **136, 138** have slits **148, 150** to aid in placing the connectors onto the ends of the deflection rods. As is evident from FIG. 3, the connectors **136, 138** each include upper and lower arms **160, 162** which can capture there between the vertical rods **132, 134**. The arms each include an aperture **168, 170** that can accept a pin or screw **176, 178** (FIG. 1) for either fixedly or pivotally securing the vertical rods **132, 134**. In this embodiment the vertical rods include a head **162, 164** that can be force fit or screwed onto the rest of the vertical rods. The heads include apertures **172, 174** for accepting the pins or screws **176, 178**.

In order that the system **100** has as low a profile as possible and extends from the spine as little as possible, it is advantageous to place the deflection rods or loading rods **118, 120** as close to the first horizontal rod **114** as possible. In order to accomplish this low profile, preferably notches **152, 154** are placed in horizontal rod **114** to accommodate the connectors **136, 138**.

Accordingly, the purpose for the notches is to provide for a horizontal rod with a low profile when implanted relative to the bones and tissues of the spine so that there is, for example,

## 11

clearance for implant and the motion of the implant, and to keep the deflection rods or loading rods as close as possible to the horizontal rods in order to reduce any potential moment arm relative to the mounts on the horizontal rod.

FIG. 4 depicts another embodiment of the horizontal rod 114 with deflection rods or loading rods 118, 120 and with difference connectors 156, 158. Connectors 156, 158 each include two pairs of upper and lower arms 160, 162 extending in opposite directions in order for each connector 156, 158 to mount an upper and a lower vertical rod as presented with respect to FIG. 46. This configuration allows for a three level system as will be described below.

Embodiments of the Anchor System of the Invention:

A preferred embodiment of the anchor system 102 invention can be seen in FIG. 5. This is similar to the anchor system 102 depicted in FIG. 1. In particular, this anchor system 102 includes a bone screw 108 with a head 110 in the form of a U-shaped yoke 180 with arms 182, 184. As will be discussed further, a hook, preferably with bone engaging barbs or projections, can be substituted for the bone screw 108. The hook embodiment is further described in the above referenced and incorporated provisional application. The hooks are used to hook to the bone, such as the vertebra instead of having screws anchored into the bone. Each of the arms 182, 184 of yoke 180 includes an aperture 186, 188 through which a pin 190 can be placed. The pin 190 can be laser welded or force fit or glued into the yoke 180, as desired. The pin 190 can be smooth or roughened as discussed below. Further, the pin 190 can be cylindrical or be comprised of a multiple sides as shown in FIG. 7. In FIG. 7, pin 190 has six sides and one or more of the accommodating apertures 186, 188 can also include mating sides in order to fix the position of the pin 190 in the yoke 180. A compression sphere 200 is placed over the pin 190. The compression sphere 200 can have a roughened surface if desired to assist in locking the sphere in place as described below. The compression sphere 200 can include one or more slits 202 to assist in compressing the sphere 200 about the pin 190. The compression sphere 200 can have an inner bore that is cylindrical or with multiple sides in order to conform to and be received over the pin 190. As can be seen in FIG. 8, one or more spacer rings 204 can be used to space the compression ring from the yoke 180 in order to assist in providing the range of motion and degrees of freedom that are advantageous to the embodiments of the invention.

Mounted about the compression sphere 200 is the head or saddle 110. Head 110 in FIGS. 7, 8 is somewhat different from head 110 in FIG. 1 as will be described below. Head 110 in FIGS. 7, 8 includes a cylindrical body 206 with a lower end having an aperture 208 that can receive the compression sphere 200. The aperture 208 can have a concave surface as depicted in FIGS. 7, 8. Accordingly, the compression sphere 200 fits inside of the concave surface of aperture 208 and is free to move therein until restrained as described below. As is evident from the figures, the lower end of the cylindrical body 206 about the aperture 208 has some of the material that comprised wall 224 removed in order to accommodate the motion of the yoke 180 of the bone screw 108. Essentially, the portion of the wall 224 adjacent to the arms 182, 184 of the yoke 180 has been removed to accommodate the yoke 180 and the range of motion of the yoke.

The head 110 of the anchor system 102 includes an internal cylindrical bore 210 which is preferably substantially parallel to a longitudinal axis of the head 110. This bore 210 is open to the aperture 208 and is open and preferably substantially perpendicular to the distal end 212 of the head 110. At the distal end 212 of the head 110, the bore 210 is threaded and can accept the set screw 112. Along the side of the head 110

## 12

are defined aligned U-shaped slots that extend through the head 110 from the outer surface to the bore 210. These U-shaped slots are also open to the distal end 212 of the head 110 in order to have the set screw 112 accepted by the threads of the bore 210. Located in the bore 210 between the set screw 112 and the compression sphere 200 is a compressor element or cradle 220. The compressor element or cradle 220 can slide somewhat in the bore 210, but the compressor element or cradle 220 is restrained by a pin 222 (FIG. 7) received through the wall 224 of the head 110 and into the compressor element or cradle 220. Thus, the compressor element or cradle 220, until locked into position, can move somewhat in the bore 210.

The compressor element or cradle 220 has a generally cylindrical body so that the compressor element 220 can fit into bore 210. An upper end 226 of the compressor element 220 includes a concave surface 228. This surface 228 is shaped to fit the horizontal rod system 104 and, in particular, a horizontal rod 114, 116. The lower end of the compressor element 220 includes a concave surface 230 which can accommodate the compression sphere 200. The lower end of the compressor element 220 adjacent to the concave surface 230 has an additional concave surface 232 (FIG. 8) which is used to accommodate the motion of the upper end of the yoke 180 as the head 110 is moved relative to the bone screw 108. The concave surfaces 228 and 230 can be roughened, if desired, to assist in locking the head 110 relative to the bone screw 108. In this embodiment (FIGS. 5, 6) there is no top compression element or cradle (see, for example, FIGS. 7, 13) in order to reduce the profile of the head of the anchor system.

As is evident from the figures, with the anchor system 102 assembled and with a horizontal rod 114, 116 received in the U-shaped slot 216, the set screw can press against the horizontal rod 114, 116, which horizontal rod 114, 116, can press against the compressor element or cradle 220, which compressor element or cradle 220 can press against the compression sphere 220, which compression sphere can press against the pin 190 in order to lock the horizontal rod 114, 116 relative to the head 110 and to lock the head 110 relative to the bone screw 108. It is to be understood that all of the surfaces that are in contact, can be roughened to enable this locking, if desired. Alternatively, the surfaces may be smooth with the force of the set screw 112 urging of the elements together and the resultant locking.

As can be seen in FIGS. 5, 6 an alternative horizontal rod 114, 116 is depicted. This alternative horizontal rod 114, 116 includes first and second concave openings 234, 236 which can receive vertical rods such as vertical rods 132, 134 (FIG. 1). The horizontal rod 114, 116 is substantially cylindrical with the areas around the concave openings 234, 236 bulked up or reinforced as desired to support the forces. Additionally, threaded bores are provided adjacent to the concave openings 234, 236 and these bores can receive screws that have heads that can be used to lock vertical rods in place. Alternatively, the screws can retain short bars that project over the concave openings 234, 236 in order to hold the vertical rods in place (FIG. 34). If desired, the short retaining bars can also have concave openings that conform to the shape of, and receive at least part of, the vertical rods in order to retain the vertical rods in place with the system 100 implanted in a patient.

Turning again to FIGS. 1, 2, 5, 6, the head 110 depicted is a preferred embodiment and is somewhat different from the head 110 as seen in FIG. 8. In particular the head body 206, the outer surface 218 of the head and the head wall 224, have been configured in order to prevent splaying of the head 110 when the set screw 112 locks the anchor system 102 as explained above. As seen in FIGS. 1, 2, the head 110 and, in

## 13

particular, the wall **224** is reinforced about the U-shaped slot **216** that received the horizontal bar system **104**. By reinforcing or bulking up the area of the wall about the U-shaped slot **216**, splaying of the head **110** when force is applied to the set screw **214**, in order to lock the anchor system **102**, is avoided. The head **110** can use a number of shapes to be reinforced in order to prevent splaying. The exemplary embodiment of FIGS. **1**, **2**, includes a pitched roof shape as seen in the top view looking down on distal end **212** of the head **110**. In particular, the wall about the U-shaped slot **216** is thickened, while the portion of the head distal from the U-shaped slot can be less thick if desired in order to reduce the bulk and size of the head **110** and, thus, give the head **110** a smaller profile relative to the bone and tissue structures when implanted in a patient. Further, the small profile allows greater freedom of motion of the system **100** as described below. Also, it is to be understood that due to the design of the anchor system **102**, as described above, the head **110** can be shorter and, thus, stand less prominently out of the bone when the bone screw **108** is implanted in a spine of a patient for example.

Freedom of Motion of the Embodiments of the Anchor System of the Invention:

In order to accommodate embodiments of the horizontal rod systems **104** of the invention, to allow greater freedom in placing the horizontal rod systems and the anchor systems **102** relative to, for example, the spine of a patient, and to provide for a smaller implanted profile in a patient, the anchor system **102** includes a number of degrees of freedom of motion. These degrees of freedom of motion are depicted in FIGS. **9**, **9A**, **10**, **10A**, and **11**, **11A**.

FIG. **9** establishes a frame of reference including a longitudinal axis **x** which is along the longitudinal length of the bone screw **108**, a **y** axis that extends perpendicular to the **x** axis, and a lateral axis **z** which is perpendicular to both the **x** axis and the **y** axis and extends outwardly from and parallel to the pin **190** of the yoke **180** of the anchor system **102**. As depicted in the figures and, in particular, FIGS. **9**, **9A**, the system **100** due to the embodiments as disclosed herein is able to have the head **110** rotate about the **z** axis from about 80 degrees to about zero degrees and, thus, in line with the **x** axis and from the zero degree position to about 80 degrees on the other side of the **x** axis. Accordingly, the head is able to rotate about 160 degrees about the **z** axis relative to the bone screw **108**. As seen in FIGS. **10**, **10A** the head **110** is able to tilt about 0.08 inches (2 mm) relative to and on both sides of the **x** axis. Accordingly, the head **110** can tilt from about 12 degrees to zero degrees where the head **110** is about parallel to the **x** axis and from zero degrees to 12 degrees about the **y** axis and on the other side of the **x** axis. Thus, the head can tilt through about 24 degrees about the **y** axis. As can be seen in FIGS. **11**, **11A**, the head **110** can swivel for a total of about 40 degrees about the **x** axis. With respect FIG. **11A**, the head **110** can swivel about the **x** axis from about 20 degrees to one side of the **z** axis to zero degrees and from zero degrees to about 20 degrees on the other side of the **z** axis. The head is able to substantially exercise all of these degrees of freedom at once and, thus, can have a compound position relative to the bone screw by simultaneously moving the head within the ranges of about 160 degrees about the **z** axis (FIG. **9**), about 24 degrees from the **y** axis (FIG. **10**) and about 40 degrees about the **x** axis (FIG. **11A**).

Thus, with respect to FIGS. **9**, **9A** the range of motion in the axial plane is about 180 degrees or about 90 degrees on each side of the centerline. In FIGS. **10**, **10A** the range of motion in the Caudal/Cephalad orientation is about 4 mm or about 2 mm on each side of the centerline or about 24 degrees or about 12 degrees on each side of the centerline. In FIGS. **11**, **11A** the

## 14

range of motion in the coronal plane is about 40 degrees or about 20 degrees on each side of the centerline.

FIGS. **12**, **13** depict yet another embodiment of the anchor system **102** of the invention where elements that are similar to elements of other embodiments and have similar reference numbers.

As can be seen in FIG. **13**, this embodiment includes a lower cradle or compressor element **220** that is similar to the cradle or compressor element **220** of the embodiment of FIG. **7** with the head **110** similar to the head **110** as seen in FIG. **7**. The compression sphere **200** is similar to the compression sphere **200** in FIG. **7** with the compression sphere including a plurality of slits provided about the axis of rotation **238** of the sphere **200**. In this embodiment, the slits **202** have openings that alternate between facing the north pole of the axis of rotation of the sphere **200** and facing the south pole of the axis of rotation of the sphere **200**. Alternatively, the slits can be provided in the sphere and have no opening relative to the north or south pole of the axis of rotation of the sphere **200**. Still further, the slits can open relative to only one of the north or south poles.

In the embodiment of FIGS. **12**, **13**, there is also an upper cradle or compressor element **240** which is positioned adjacent to the set screw **214** (see also FIG. **7**). The upper cradle or compressor element **240** has a generally cylindrical body which can slide in the cylindrical bore of the head **110** with an upper end having fingers **242** extending therefrom. The fingers **242** can spring over a bore formed in the lower surface of the set screw **214** in order to retain the cradle **240** relative to the set screw **214** and to allow the cradle **240** to rotate relative to the set screw **214**. The lower surface of the cradle **240** includes a concave surface **244** which can mate with a horizontal rod **114**, **116** in order to lock the rod relative the head **110** and the head **110** relative to the bone screw **108**. If desired, the concave surface **244** can be roughened to assist in locking the system **100**.

Further, in FIGS. **12**, **13**, a retaining ring **246** is depicted. The retaining ring can be force fit over the outer surface **218** of the head **110**, or pop over and snap under a ridge **248** at the distal end **212** of the head **110**, or can have internal threads that mate with external threads located on the outer surface of the **218** of the head **110**. With the anchor system **102** in place in a patient and with the horizontal rod **114**, **116** received in the anchor system, before the set screw **214** is tightened in order to lock the horizontal rod and the anchor system, the retaining ring **246** can be attached to the head **110** in order to prevent splaying of the head **110** as the set screw **214** locks the system **110**.

Further embodiments of the anchor system **102** which can side load the horizontal rods **114**, **116** are seen in FIGS. **14**, **15**, and **16**, where similar elements from other embodiments of the anchor system are given similar numeral references. With respect to the embodiment in FIG. **15**, the head side wall **224** includes a lateral or side opening **250** which communicates with the cylindrical bore **210** which is located in head **110**. The lateral or side opening preferably extends more than 180 degrees about the outer surface of the head. The side opening **250** includes a lip **252** and the side opening extends down below the lip into communication with the cylindrical bore **210** and follows the outline of the concave surface **228** of the cradle **220**. Accordingly, a horizontal rod **114**, **116**, can be positioned through the side opening **250** and urged downwardly into contact with the concave surface **228** of the cradle **220**. In this embodiment the cradle **220** includes a downward projecting post **254**. Also, this embodiment does not include a compression sphere, and instead the pin **190**, which can have a larger diameter than a pin **190** in other embodiments,

15

comes in direct contact with the post **254** when the set screw **112** locks the anchor system **100**. If desired the pin **190** can have a roughened surface **256** to assist in the locking of the anchor system **100**. As is evident from FIGS. **14**, **15**, **16**, as this embodiment has a side loading head **110**, the distal end of the head is a fully cylindrical without communicating with any lateral U-shaped slots of the other embodiments. Accordingly, this embodiment does not include any retaining ring or reinforced areas that can be used to prevent splaying.

FIG. **17** depicts yet another embodiment of the anchor system **102** that has a lateral or side loading head **110**. In this embodiment, a compression cylinder **258** is placed over the pin **190**. Such a compression cylinder **258** may offer less freedom of motion of the anchor system **100** with added stability. The compression cylinder **258** can slide along the longitudinal axis **260** of the pin **190**, if desired. The head **110** can rotate about the pin **190** and the compression cylinder **258**. The head **110** can also slide or translate along the longitudinal axis **260** of the pin as well as the longitudinal axis of the compression cylinder **258**. Compression cylinder **258** has slits **262** that can be configured similarly as the slits **202** of the other embodiments of the anchor system **100** described and depicted herein.

FIG. **18** depicts still another embodiment of the anchor system **100** that has a lateral or side loading head **110**. This embodiment includes a compression sphere **200** provided over a pin **190** which is similar to the other compression spheres **200** depicted and described herein. Accordingly, this embodiment has the freedom of motion described with respect to the other embodiments which use a compression sphere.

It is to be understood that although each embodiment of the anchor system does not necessarily depict all the elements of another embodiment of the anchor system, that one of ordinary skill in the art would be able to use elements of one embodiment of the anchor system in another embodiment of the anchor system.

Embodiments of the Horizontal Rod System of the Invention:

Embodiments of the horizontal rod system **104** of the invention include the embodiments describes above, in addition to the embodiments that follow. An aspect of the horizontal rod system **104** is to isolate the anchor system **102** and reduce the stress and forces on the anchor system. This aspect is accomplished by not transmitting such stresses and forces placed on the horizontal rod system by, for example, flexion, extension, rotation or bending of the spine to the anchor system. This aspect thus maintains the integrity of the placement of the anchor system in, for example, the spine and prevents loosening of the bone screw or bone hook of the anchor system. In addition, various horizontal rod systems can be used to control the rigidity, stiffness and/or springiness of the dynamic stabilization system **100** by the various elements that comprise the horizontal rod system. Further the horizontal rod system can be used to have one level of rigidity, stiffness and/or springiness in one direction and another level in a different direction. For example, the horizontal rod system can offer one level of stiffness in flexion of the spine and a different level of stiffness in extension of the spine. Additionally, the resistance to lateral bending can be controlled by the horizontal rod system. Select horizontal rod systems allow for more resistance to lateral bending with other select horizontal rod systems allow for less lateral bending. As discussed below, placement of the vertical rods also effects lateral bending. The more laterally the vertical rods are placed, the more stiff the embodiment is to lateral bending.

As is evident from the figures, the horizontal rod system connects to the heads of the anchor system without the verti-

16

cal rod system connecting to the heads. Generally, two anchor systems are secured to each vertebral level with a horizontal rod system connected between the two anchor systems. This further ensures that less stress and force is placed on the anchor systems secured to each level and also enables dynamic stability of the vertebra of the spine. Accordingly, movement of the vertebra relative to each other vertebra, as the spine extends, flexes, rotates and bends, is stabilized by the horizontal rods and the entire system **100** without placing excessive force or stress on the anchor system as there are no vertical rods that connect the anchor systems of one vertebra level with the anchor system of another vertebra.

With respect to FIG. **19** through FIG. **25** another embodiment of the horizontal rod system **304** of the dynamic stabilization system **300** is depicted as used with an anchor system **102** of the embodiment depicted in FIG. **1**. Also shown in FIGS. **19**, **19A**, is the vertical rod system **306**. The horizontal rod system **304** includes first and second horizontal rods **308**, **310**. It is to be understood that FIG. **19A** shows a second image of only the horizontal rod **308** in a first undeployed position and that FIG. **19** shows a deployed position with the horizontal rod **308** connected with vertical rods **306** and, thus, the entire system **300**.

The horizontal rod **308** includes first and second aligned end rods **312**, **314** which are connected together with an offset rod **316** located between the first and second end rods **312**, **314**. In this embodiment, the horizontal rod **308** looks much like a yoke with the offset rod joining each of the end rods **312**, **314** with a curved section **318**, **320**. At the junction of the first end rod **312** and the offset rod **316** is a first bore **322** which is aligned with the first end rod **312**, and at the junction of the second end rod **314** and the offset rod **316** is a second bore **324** which is aligned with the second end rod **314** and, thus, aligned with the first end rod **312**. Positioned in and extending from the first bore **322** is a first deflection rod or loading rod **326** and positioned in and extending from the second bore **324** is a second deflection rod or loading rod **328**. As with the other deflection rods or loading rods, preferably deflection rods or loading rods **324**, **328** are made of a super elastic material such as, for example, Nitinol (NiTi) and the rest of system **300** is comprised of titanium, stainless steel, a biocompatible polymer such as PEEK or other biocompatible material. In addition to Nitinol or nickel-titanium (NiTi), other super elastic materials include copper-zinc-aluminum and copper-aluminum-nickel. However, for biocompatibility the nickel-titanium is the desired material. The super elastic material has been selected for the deflection rods as the stress or force/deflection chart for a super elastic material has a plateau where the force is relatively constant as the deflection increases. Stated differently, a super elastic rod has a load (y) axis/deflection (x) axis curve which has a plateau at a certain level where the load plateaus or flattens out with increased deflection. In other words, the rod continues to deflect with the load staying constant at the plateau. In one embodiment, the load plateau is about 250 Newtons to about 300 Newtons. It is to be understood that the plateau can be customized to the needs of the patient by the selection of the type and composition of the super elastic material. For some patients, the plateau should be lower, and, for others, the plateau should be higher. Accordingly, and, for example, at the plateau, additional force is not put on the anchor system **102** and, thus, additional force is not put on the area of implantation of the bone screw **108** and the surrounding bone of the spine where the bone screw **108** is implanted. The deflection rods or loading rods **326**, **328** are force fit, screwed, welded, or glued into the bores **322**, **324** as desired.

The first and second deflection rods or loading rods **326, 328** extend from the respective bores **322, 324** toward each other and are joined by a Y-shaped connector **330**. The Y-shaped connector **330** includes a base **332** which has opposed and aligned bores **334, 336** that can receive the deflection rods or loading rods **326, 328** in a manner that preferably allows the Y-shaped connector to pivot about the longitudinal axis defined by the aligned first and second deflection rods or loading rods **326, 328**. The Y-shaped connector **330** includes first and second arms that preferably end in threaded bores **342, 344** that can receive the threaded ends of the vertical bar system **306** as described below. Just behind the threaded bores **342, 344** are recesses **346, 348** (FIG. **24**) which are shaped to accept the offset rod **316** with the horizontal rod **308** in the undeployed configuration depicted in FIG. **19A**. In the undeployed configuration, the horizontal rod **308** can be more easily implanted between the tissues and bones of the spine and, in particular, guided between the spinous processes. Once the first horizontal rod **308** is implanted, the Y-shaped connector **330** can be deployed by rotating it about 90 degrees or as required by the anatomy of the spine of the patient and connected with the vertical rod system **306**.

The second horizontal rod **310** is similar to the second horizontal rod **116** of the embodiment of FIG. **1**. This second horizontal rod **310** is preferably comprised of titanium or other biocompatible material and includes first and second mounts **350, 352** which can receive the ends of the vertical rod system **306**. The mounts **350, 352** include respective recesses **354, 356** which can receive the vertical rods **358, 360** of the vertical rod system **306**. The mounts **350, 352** also include tabs **362, 364** which can capture the vertical rods **358, 360** in the respective recesses **354, 356**. The tabs **362, 364** can be secured to the mounts **350, 352** with screws or other appropriate fastening devices.

The first and second vertical rods **358, 360** are preferably comprised of titanium or other biocompatible material and include a threaded end and a non-threaded end. The threaded end can be formed on the end of the rod or threaded elements can be force fit or glued to the end of the vertical rods **358, 360**. Once the first and second horizontal rods are deployed in the patient, the first and second vertical rods can be screwed into or otherwise captured by the Y-shaped connector **330** of the first horizontal bar **308** and the first and second vertical rods can be captured or otherwise secured to the second horizontal bar **310**.

FIGS. **26, 27**, and FIGS. **28, 29** depict yet more alternative embodiments of the horizontal rod systems of the invention. The horizontal rod **370** in FIGS. **26, 27** is similar to the horizontal rod **118** in FIG. **1**. Horizontal rod **370** includes a mount **372** which has bores that can receive first and second deflection rods or loading rods **374, 376** which are preferably made of a super elastic material. At the ends of the first and second deflection rods or loading rods **374, 376** are connectors which include a tab having a threaded bore therethrough. The connectors can be used to connect vertical rods to the deflection rods or loading rods.

FIGS. **28, 29** depict a horizontal rod **380** with first mount **382** and second mount **384**. Each of the mounts **382, 384**, includes a bore that is substantially parallel to the horizontal rod **380**. First and second deflection rods or loading rods **386, 388** extend respectively from the bores of the first and second mounts **382, 384**. In the embodiment depicted the deflection rods or loading rods **386, 388** are parallel to the horizontal rod **380** and are directed toward each other. Alternatively, the deflection rods or loading rods **386, 388** can be directed away from each other. In that configuration, the mounts **382, 384**

would be spaced apart and the deflection rods or loading rods would be shorter as the deflection rods or loading rods extended parallel to and toward the ends of the horizontal rod **380**.

FIGS. **30, 31, 32** depict yet another embodiment of the horizontal rod system **390** of the invention which is similar to the horizontal bar system **104** as depicted in FIG. **1**. Horizontal bar system **390** includes tapered deflection rods or loading rods **392, 394**. The deflection rods or loading rods are tapered and reduce in diameter from the mount **396** toward the ends of the horizontal rod **390**. As previously discussed the deflection rods or loading rods can taper continuously or in discrete steps and can also have an decreasing diameter from the ends of the deflection rods or loading rods towards the mount **396**. In other words, a reverse taper than what is depicted in FIG. **30**. Connected to the deflection rod or loading rods **392, 394** are the vertical rods **402, 404**. The vertical rods **402, 404** are connected to the deflection rods or loading rods **392, 394** as explained above.

The conically shaped or tapered deflection rods or loading rods can be formed by drawing or grinding the material which is preferably a super elastic material. The tapered shape of the deflection rods or loading rods distributes the load or forces placed by the spine on the system evenly over the relatively short length of the deflection rods or loading rods as the rods extend from the central mount outwardly toward the ends of the horizontal rod. In this embodiment, in order to be operatively positioned relative to the spine and between the anchor systems, the deflection rods or loading rods are less than half the length of the horizontal rods.

FIG. **30** depicts the vertical rods **402, 404** in undeployed positions that are about parallel to the horizontal rod **390** and with the vertical rods **402, 404** directed away from each other and toward the respective ends of the horizontal rod **390**. In this position the horizontal rod **390** can be more conveniently directed through the bone and tissue of the spine and, for example, directed between the spinous processes to the implant position. Once in position, the vertical rods **402, 404** can be deployed so that the vertical rods are parallel to each other and about parallel to the horizontal rod **390** as depicted in FIG. **31**. Accordingly, this embodiment can be inserted from the side of the spine in the undeployed configuration depicted in FIG. **30** and then the vertical rods can be rotated or deployed by about 90 degrees (from FIG. **30** to FIG. **31**) each into the coronal plane of the patient. The vertical rods are also free to rotate about 180 degrees about the deflection rods and in the sagittal plane of patient. This allows this embodiment to conform to the different sagittal contours that may be encountered relative to the spine of a patient. The deflection rods or loading rods are rigidly connected to the horizontal rod allowing for an easier surgical technique as sections of the spine and, in particular, the spinous processes and associated ligaments and tissues do not have to be removed in order to accommodate the implantation system **100**. The moving action of the system, and, in particular, the flexing of the deflection rods and the motion of the vertical rods connected to the deflection rods or loading rods, takes place about the spinous processes and associated tissues and ligaments, and, thus, the spinous processes do not interfere with this motion. Further, having the horizontal rods more lateral than central also allows for a more simple surgical technique through, for example, a Wiltse approach.

To assist in implantation, a cone **406** can be slipped over the end of the horizontal rod **390** and the vertical rod **402** to assist in urging the tissues and bone associated with the spine out of the way. Once the horizontal rod is implanted the cone **406** can be removed. The cone **406** includes an end **408** which can

be pointed or bulbous and the cone **406** has an increasing diameter in the direction to the sleeve **410** portion of the cone **406**. The sleeve can be cylindrical and receive the end of the horizontal rod and the end of the deflection rod or loading rod **402**.

FIG. **32** depicts how the connectors **412**, **414** are secured to the respective deflection rods **392**, **394**. The deflection rods have flanges, such as spaced apart flange **416**, **418** on the deflection rod **392**. The connectors **412**, **414** can snap over and be retained between respective pairs of flanges.

FIG. **33** depicts yet another embodiment of the horizontal rod system **430** of the invention. The horizontal rod system **430** includes horizontal rod **432** which is preferably comprised of a super elastic material such as Nitinol. The horizontal rod **432** includes a generally central platform **434**, and on each side of the central platform **434** are first and second upwardly facing scallops or recesses **436**, **438**. On each side of the upwardly facing scallop or recess **436** are downwardly facing scallops or recesses **440**, **442**. On each side of the upwardly facing scallop or recess **438** are downwardly facing scallops or recesses **444**, **446**. The platform **434** accepts a connector for connecting the horizontal rod to vertical rods (FIG. **40**) as will be explained below, and the scallops **436**, **440**, **442** on one side of the platform **434** act as a spring and the scallop **438**, **444**, **446** on the other side of the platform **434** acts as a spring. These springs assist the platform in carrying the load that the spine can place on the horizontal rod and isolate the anchor systems **102** from that load. That isolation has the advantage of preventing loosening of the anchor system as implanted in the patient. It is to be understood that by varying the pattern of the scallops, that the stiffness or rigidity of the horizontal bar can be varied and customized for each patient. Fewer scallops will generally result in a more stiff horizontal bar and more scallops will generally result in a less rigid horizontal bar. Additionally, the stiffness can be different depending on the direction of the force that is placed on the horizontal bar depending on the orientation and location of the scallops. For the embodiment depicted in FIG. **33**, with the scallops **436**, **438** pointed upward to the head of a patient and the scallops **440**, **442**, **444**, **446** pointed downward toward the feet of a patient, the horizontal bar is stiffer in extension and less stiff in flexion. It is noted that in this embodiment the rod is of a uniform diameter, although the diameter can be non-uniform as, for example, being larger where the platform **434** is and tapering to the ends of the horizontal rod **432**, or having a large diameter at the ends of the horizontal rod **432**, tapering to a smaller diameter at the platform **434**. In this embodiment with a substantially uniform diameter, the scallops are formed within the uniform diameter. In other forms, the scallops are molded into the horizontal rod or machined out of the preformed horizontal rod. With this configuration, the horizontal rod is more easily inserted into the spine and between bones and tissues of the spine. Further, this horizontal rod can be more easily delivered to the spine through a cannula due to the substantially uniform diameter. For purposes of forming the scallops a machining technique known as wire electric discharge machining or wire EDM can be used. Thus, an approach for shaping the super elastic material is through wire EDM followed by electro-polishing. Additionally, the super elastic material in this and the other

embodiments can be cold rolled, drawn or worked in order to increase the super elastic property of the material. In this embodiment, the deflection takes place almost exclusively in the middle portion of the horizontal rod and principally at the platform and spring thus relieving the load or force on the ends of the horizontal rod and on the anchor system/bone interface.

Accordingly, in this preferred embodiment, there are two superior scallops pointing upwardly having a relatively gentler radius compared to the tighter radii of the inferior scallops pointing downwardly. It is to be understood that in this preferred embodiment, the inferior scallops are not symmetrical the way the superior scallops are. The lateral most cuts in both of the most lateral inferior scallops are steep and not radiused. These cuts allow the rod to bend at these points enhancing the spring effect. The ratio of the radii of the superior scallop to the inferior scallop in this preferred embodiment is two to one. The result is to create two curved and flat (in cross-section) sections, one on each side of the platform and these two flat sections in this preferred embodiment have about the same uniform thickness. Again, in this embodiment, the scallops and the platform is formed into an otherwise uniformly diametered cylindrical rod. Accordingly, none of these formed elements in this preferred embodiment extend beyond the diameter of the rod. In this preferred embodiment, the diameter of the horizontal rod is about 4 mm.

If desired, the rod could be bent in such a way that the platform and/or the scallops extend outside of the diameter of the cylindrical rod. However that configuration would not be as suitable for implantation through a cannula or percutaneously as would the horizontal rod as shown in FIG. **33** and described above.

It is to be understood that to have enhanced flexibility, that the torsion rod and connector elements used in the horizontal rod embodiment of FIG. **1** can be used with the horizontal rod of FIG. **33**. In this embodiment (FIG. **47**), the connector is secured to the platform of the horizontal rod of FIG. **33** with the two deflection rods or loading rods extending toward the ends of the horizontal rod of FIG. **33** and about parallel to that horizontal rod.

Another embodiment of the horizontal rod **433** is depicted in FIG. **33A**. In this embodiment the horizontal rod **433** is similar to the horizontal rod in FIG. **33** with the exception that the platform and scallops are replaced with a reduced diameter central portion **448**. Each end of the central portion **448** gradually increases in diameter until the diameter is the full diameter of the ends of the horizontal rod **433**. This embodiment can be formed of a super elastic material and ground to the reduced diameter shape from a rod stock of the super elastic material. The rod stock could also be drawn to this shape. Generally after such operations the horizontal rod would be electro polished. In this embodiment, a connector such as the connector shown in FIG. **40** could be used to connect vertical rods to preferably the middle of the central portion **448**.

FIGS. **34A**, **34B**, **34C** depict yet an alternative embodiment of a horizontal rod **280** such as horizontal rod **116** as shown in FIG. **1** that is meant to rigidly hold the vertical rods secured thereto. The mounts **282**, **284** formed in this horizontal rod **280** include a body that can be formed with the rod **280**. The mounts are then provided with a movable capture arm **286**, **288** that have recesses, which capture arms are formed out of the mount preferably using a wire EDM process that leaves the capture arm still connected to the horizontal rod with a living hinge. Eccentric headed set screws **290**, **292** are mounted on the horizontal bar. With vertical rods captured in the recesses of the capture arms, the eccentric set screws can be turned to urge the capture arms against the living hinge, and thereby capturing the vertical rods in the recesses of the capture arms.

FIG. **40** depicts a dynamic stabilization system **450** that uses the horizontal rod system **454** of the invention. The system **450** additionally uses the anchor system **102** as depicted in FIG. **1** and the other horizontal rod **310** as

depicted in FIGS. 19, 34. A connector 452 is secured to the platform 434 of the horizontal rod 454 and vertical rods are connected to the connector and to the other horizontal rod 310. In FIG. 40 for the horizontal rod 454, the scallops are formed by bending a bar and not by forming the scallops in a straight horizontal bar as depicted in the horizontal bar 432 of FIG. 33. The horizontal rod 430 of FIG. 33 could also be used in the embodiment of FIG. 40.

FIG. 35 depicts an alternative embodiment of a horizontal rod system 460 of the invention. Horizontal rod system 460 includes a horizontal rod 462 with a central platform 464 and first and second spring regions 466, 468 located on either side of the platform 464. Extending outwardly from each spring region are respective ends of the horizontal rod 462. The spring regions include coils that are wound about the longitudinal axis of the horizontal rod 462. If desired, the entire horizontal rod 462 can be comprised of a rod wound around a longitudinal axis with the platform 464 and the ends of the horizontal rod being more tightly wound and/or with a smaller diameter and the spring regions 466, 468 more loosely wound and/or with a larger diameter. Such a horizontal rod 462 can preferably be comprised of super elastic material such as Nitinol or alternatively titanium or other biocompatible material which demonstrates the ability to flex repeatedly.

FIG. 36 depicts yet another alternative embodiment of a horizontal rod system 480 which includes first and second horizontal rods 482, 484 which can be flat rods if desired. The horizontal rods 482, 484, include spring region 494, 496. In the spring region the horizontal rod is formed into an arc, much like a leaf spring. Located at the ends and at the central platform 486 and between the horizontal rods 482, 484 are spacers 488, 490, 492. The spacers are glued, bonded, welded or otherwise secured between the first and second horizontal rods 482, 484 in order to form the horizontal rod system 480. This system 480 can be comprised of super elastic materials or other materials that are biocompatible with the patient.

FIG. 37 depicts another embodiment of the horizontal rod system 500 including a horizontal rod 502. In this embodiment, recesses 504 are formed in the horizontal rod in order to define the stiffness of the horizontal rod 502. This system can be formed of a super elastic material or other biocompatible material.

FIG. 38 depicts still another embodiment of the horizontal rod system 520 of the invention with a horizontal rod 522. The horizontal rod 522 includes dimples 524 distributed around and along the horizontal rod 522. As this other embodiment, depending on the distribution of the dimples, the stiffness of the horizontal rod 522 can be determined. Further is more dimples are placed on the lower surface than on the upper surface, when placed in a patient, the horizontal rod 522 would tend to be stiffer in extension and less stiff in flexion. This horizontal rod 522 can also be made of a super elastic material or other biocompatible material.

FIG. 39 depicts another embodiment of the horizontal rod system 530 of the invention which has a horizontal rod 532 which is similar to the horizontal rod 432 of FIG. 33 and, thus, similar elements will number with similar numbers. In addition, the ends 534, 536 of the horizontal rod 532 are curved so as to create hooks that can fit around portions of the vertebra so as to secure the horizontal rod 532 to the vertebra. In this embodiment, preferably the rod is comprised of super elastic material or other biocompatible material. In order to implant the rod, the hooks at ends 534, 536 are sprung open and allowed to spring closed around the vertebra. An anchor system which includes a hook (as discussed above) could be used with this system.

FIGS. 39A, 39B are similar to FIG. 39. In FIGS. 39A, 39B, a horizontal rod 532 is held in place relative to the spine by two anchor systems 102. The anchor systems are similar to the anchor systems depicted in FIG. 1. The anchor systems 102 include an anchor or bone screw 108 or bone hook 109 with spikes 111 (FIG. 39B), as well as the head 110 into which the horizontal rod is received. A set screw 112 secures the horizontal rod relative to the anchor systems.

FIG. 41 depicts another embodiment of the dynamic stabilization system 540 of the invention. This embodiment includes side loading anchor systems 542 as described above, although top loading anchor systems would also be appropriate for this embodiment. In this embodiment the horizontal rods 544, 546 are preferably comprised of a polymer such as PEEK and mounted on the horizontal rods 544, 546 are first and second connectors 548, 550. Vertical rods 552 and 554 are connected to the first and second connectors 548, 550 at points 556 with screws, rivets or other devices so that the connection is rigid or, alternatively, so that the vertical rods 552, 554 can pivot or rotate about the points. As the horizontal rods are comprised of PEEK, the system tends to be more rigid than if the rods were comprised of a super elastic material. Rigidity also depends on the diameter of the rod.

Embodiments of the Vertical Rod System of the Invention:

Embodiments of vertical rod systems of the invention such as vertical rod system 106 are presented throughout this description of the invention. Generally, the vertical rod systems are comprised of vertical rods that can be pivoted or inserted into position after the horizontal rods are deployed in the patient. The vertical rods are preferably connected to the horizontal rods and not to the anchor systems in order to reduce the forces and stress on the anchor systems. The vertical rods are connected to the horizontal rod systems, which horizontal rod systems include mechanisms as described herein that reduce the forces and stresses on the anchor systems. The vertical rods can generally be comprised of titanium, stainless steel, PEEK or other biocompatible material. Should more flexibility be desired, the vertical rods can be comprised of a super elastic material.

Embodiments of Alternative Multi-Level Dynamic Stabilization Systems for the Spine:

FIGS. 42 and 43 depict multi-level dynamic stabilization systems 560, 580. Each of these systems 560, 580 are two level systems. All of these systems use anchor systems as described herein. In system 560 of FIG. 42 the middle level horizontal rod 562 is secured to a vertebra and includes a horizontal rod system 104 having first and second deflection rods or loading rods such as that depicted in FIG. 4, whereby a first pair of vertical rods 564 can extend upwardly from horizontal rod system and a second pair of vertical rods 566 can extend downwardly from the horizontal rod system. The vertical rods that extend upwardly are connected to an upper horizontal rod 568 such as depicted in FIG. 34 and the vertical rods that extend downward are connected to a lower horizontal rod 568 such as depicted in FIG. 34. The upper horizontal rod 568 is secured with anchor systems to a vertebra located above the vertebra to which the middle level horizontal rod 562 is secured. The lower horizontal rod 570 is secured with anchor systems to a vertebra located below the vertebra to which the middle level horizontal rod 562 is secured. This embodiment offers more stability for the middle level vertebra relative to the upper and lower vertebra while allowing for extension, flexion, rotation and bending relative to the middle level vertebra.

FIG. 43 depicts another multi-level dynamic stabilization system 580. All of these systems use anchor systems as described herein. In system 580 of FIG. 43, the middle level



horizontal rod **582** is secured to a vertebra and includes a horizontal rod such as that depicted in FIG. **34**. The upper and lower horizontal rods **586**, **590** can be similar to the horizontal rod **114** including the deflection rods or loading rods and deflection rod or loading rod mount depicted in FIG. **3**. Vertical rods are pivotally and rotationally mounted to the upper and lower horizontal rods **586**, **590** and, respectively, to the deflection or loading rods thereof and are also rigidly mounted to the middle level horizontal rod **582**. The upper horizontal rod **586** is secured with anchor systems to a vertebra located above the vertebra to which the middle level horizontal rod **582** is secured. The lower horizontal rod **590** is secured with anchor systems to a vertebra located below the vertebra to which the middle level horizontal rod **582** is secured. This embodiment offers more dynamic stability for the upper and lower vertebra relative to the middle level vertebra while allowing for extension, flexion, rotation and bending relative to the middle level vertebra. Alternatively, the middle level horizontal rod **582** has four mounts instead of the two mounts depicted in FIG. **34** or FIG. **34A** so that a first pair of vertical rods **588** can extend upwardly from a lower horizontal rod **590** and a second pair of vertical rods **566** extending downwardly from the upper horizontal rod **586**, can be secured to the middle level horizontal rod **582**.

Embodiments of Spine Fusion Systems of the Invention:

FIGS. **44**, **45** depict one and two level systems that are more preferably used for fusion. The system **600** depicted in FIG. **44** resembles the system depicted in FIG. **41**. When PEEK is used for the horizontal rods **602**, **604**, the system is substantially rigid and can be used in conjunction with spine fusion. For example, this system can be used with the placement of bone or a fusion cage between vertebra to which this system is attached. In fusion, bone can be placed between the vertebral bodies or, alternatively, fusion can be accomplished by placing bone in the valleys on each side of the spinous processes. The horizontal rods **602**, **604** can also be comprised of titanium, or other biocompatible material and be used for spine fusion. For this embodiment, the vertical rods **606** can be rigidly attached to the horizontal rods through the use of a horizontal rod with mounts, as depicted in FIG. **34**, so that the vertical rods **606** do not move or pivot with respect to the horizontal rods.

FIG. **45** depicts a two level system **620** that is more preferably used for a two level fusion. Each level can use an anchor system for example described with respect to anchor system **102** of FIG. **1**. The horizontal rods **622**, **624**, **626** can be similar to the horizontal rod in FIG. **34** with either two vertical rod mounts for the upper and lower horizontal rods **622**, **626** or four vertical rod mounts for the middle level horizontal rod **624**. For this embodiment, the vertical rods **628**, **630** can be rigidly attached to the horizontal rods through the use of a horizontal rod with mounts as depicted in FIG. **34** so that the vertical rods **628**, **630** do not move or pivot with respect to the horizontal rods. Vertical rods **628** extend between the upper and middle horizontal rods **622**, **624**, and vertical rods **630** extend between the middle and lower horizontal rods **624**, **626**. The system **620** depicted in FIG. **44** resembles the system depicted in FIG. **41**, but with respect to three levels. When PEEK is used for the horizontal rods **622**, **624**, **626**, the system is substantially rigid and can be used in conjunction with spine fusion. For example, this system can be used with the placement of bone or a fusion cage between vertebra to which this system is attached. Bone can also be placed along the valleys on either side of the spinous processes for this system. The horizontal rods **622**, **624**, **626** can also be comprised of titanium, PEEK or other biocompatible material and be used for spine fusion.

With respect to FIG. **45**, to ease the transition to a one level fused area of the spine this two level system can be modified by replacing the horizontal rod **622** with a horizontal rod **115** (FIGS. **45A**, **45B**), which is much like horizontal rod **104** with deflection or loading rods **118**, **120** of FIG. **1**. This embodiment is depicted in FIG. **45A**. Thus, fusion is accomplished between the two lower horizontal rods **117** which rods are like those depicted in FIG. **34**, or like horizontal rods **116** in FIG. **1**, and made of, preferably, titanium, and flexibility is provided by the upper horizontal rod **115** that is like horizontal rod **114** with deflection or loading rods that are shown in FIG. **1**. Accordingly, there is more gradual transition from a healthier portion of the spine located above horizontal rod **115** through horizontal rod **115** to the fused part of the spine located between horizontal rod **624** and horizontal rod **606** of FIG. **45** or between the horizontal rods **117** (FIG. **45A**).

Method of Implantation and Revised Implantation:

A method of implantation of the system in the spine of a human patient is as follows.

First the vertebral levels that are to receive the system are identified. Then the anchor systems are implanted, generally two anchor systems for each level. The anchor systems can be implanted using a cannula and under guidance imaging such as x-ray imaging. Alternatively, the anchor system can be implanted using traditional spinal surgery techniques. Then the horizontal rods are inserted and secured to the anchor systems. The horizontal rods can be inserted laterally through a cannula or with an incision and the use of, for example, a lead-in cone. Alternatively, the horizontal rods can be inserted using traditional techniques when the anchor systems are implanted. Thereafter, the vertical rods can be pivoted, rotated or placed into communication with and secured to the appropriate horizontal rod.

Should a dynamic stabilization system such as system **100** be initially implanted and then should there be a desire to make the system more rigid or to accomplish a fusion, the system **100** can be revised by removing the horizontal rod **104** that includes the deflection rods or loading rods and replace it with a horizontal rod **106** which has the vertical rod mounts (FIG. **34**) and is thus substantially more rigid. Thus a revision to a fusion configuration can be accomplished with minimal trauma to the bone and tissue structures of the spine.

Materials of Embodiments of the Invention:

In addition to Nitinol or nickel-titanium (NiTi) other super elastic materials include copper-zinc-aluminum and copper-aluminum-nickel. However for biocompatibility the nickel-titanium is the preferred material.

As desired, implant **100** can be made of titanium or stainless steel. Other suitable material includes by way of example only polyetheretherketone (PEEK), polyetherketoneketone (PEKK), polyetherketone (PEK), polyetherketoneetherketoneketone (PEKEKK), and polyetheretherketoneketone (PEEKK). Still, more specifically, the material can be PEEK 450G, which is an unfilled PEEK approved for medical implantation available from Victrex of Lancashire, Great Britain. (Victrex is located at [www.matweb.com](http://www.matweb.com) or see Boedeker [www.boedeker.com](http://www.boedeker.com)). Other sources of this material include Gharda located in Panoli, India ([www.ghardapolymers.com](http://www.ghardapolymers.com)).

As will be appreciated by those of skill in the art, other suitable similarly biocompatible thermoplastic or thermoplastic polycondensate materials that resist fatigue, have good memory, are flexible, and/or deflectable have very low moisture absorption, and good wear and/or abrasion resistance, can be used without departing from the scope of the invention.

Reference to appropriate polymers that can be used in the spacer can be made to the following documents. These documents include: PCT Publication WO 02/02158 A1, dated Jan. 10, 2002, entitled "Bio-Compatible Polymeric Materials;" PCT Publication WO 02/00275 A1, dated Jan. 3, 2002, entitled "Bio-Compatible Polymeric Materials;" and PCT Publication WO 02/00270 A1, dated Jan. 3, 2002, entitled "Bio-Compatible Polymeric Materials."

The foregoing description of preferred embodiments of the present invention has been provided for the purposes of illustration and description. It is not intended to be exhaustive or to limit the invention to the precise forms disclosed. Many embodiments were chosen and described in order to best explain the principles of the invention and its practical application, thereby enabling others skilled in the art to understand the invention for various embodiments and with various modifications that are suited to the particular use contemplated. It is intended that the scope of the invention be defined by the claims and their equivalents.

What is claimed is:

1. An anchor assembly comprising:  
an anchor body comprising an anchor formed in one piece with a yoke;  
said yoke has first and second arms and forms a U shape;  
a shaft spanning the yoke of the anchor body between the first and second arms of the yoke;  
a saddle having a first bore, wherein the shaft is received through said first bore;  
said saddle adapted to receive a member;  
a compression unit that is positioned in a second bore of the saddle adjacent the shaft, and said compression unit adapted to be adjacent the member received in said saddle;  
a set that is received in said saddle and adapted to selectively apply force against the member received in said saddle and thereby apply force through said compression unit to said shaft; and  
wherein said compression unit includes a first recess that is adapted to receive the member and a second recess that can receive the shaft.
2. The anchor assembly of claim 1 wherein said compression unit has a first end and a second end and wherein said first recess is located on said first end and said second recess is located on said other end.
3. The anchor assembly of claim 1 wherein said first recess is not aligned with said second recess.
4. The anchor assembly of claim 1 wherein said first recess is positioned about 90 degrees from said second recess.

5. The anchor assembly of claim 2 wherein said first recess is positioned about 90 degrees from said second recess.

6. The anchor assembly of claim 1 including a saddle mounting element mounted over said shaft and adjacent to said compression unit.

7. The anchor assembly of claim 6 wherein said saddle mounting element is spherical.

8. The anchor assembly of claim 6 wherein said saddle mounting element is cylindrical.

9. The anchor assembly of claim 1 wherein the first recess is cylindrical and the second recess is spherical.

10. The anchor assembly of claim 1 wherein the first recess is cylindrical and the second recess is cylindrical.

11. The anchor assembly of claim 1 including another compression unit positioned adjacent to said set and adapted to engage the member.

12. The anchor assembly of claim 11 wherein said another compression unit includes a recess that is adapted to receive the member.

13. The anchor assembly of claim 1 wherein the shaft has a roughened surface.

14. The anchor assembly of claim 1 whereas the shaft has a textured surface.

15. An anchor assembly comprising:  
an anchor body including a yoke extending from an anchor;  
said yoke has first and second arms and forms a U shape;  
a shaft spanning the yoke of the anchor body between the first and second arms of the yoke;  
said shaft having a saddle mounting element which encircles the shaft;  
a saddle having a bore mounted about the saddle mounting element;  
said saddle adapted to hold a member;  
a set that is received in said saddle and is adapted to selectively apply force against the member held in the saddle and thereby apply force to and through said saddle mounting element to said shaft.

16. The anchor assembly of claim 15 wherein said saddle mounting element is spherical.

17. The anchor assembly of claim 15 wherein said saddle mounting element is cylindrical.

18. The anchor assembly of claim 15 wherein the shaft has a roughened surface.

19. The anchor assembly of claim 15 whereas the shaft has a textured surface.

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