



US008405171B2

(12) **United States Patent**  
**Zheng et al.**

(10) **Patent No.:** **US 8,405,171 B2**  
(45) **Date of Patent:** **Mar. 26, 2013**

(54) **MEMORY CELL WITH PHONON-BLOCKING INSULATING LAYER**

(75) Inventors: **Yuankai Zheng**, Fremont, CA (US); **Xiaohua Lou**, Milpitas, CA (US); **Wei Tian**, Bloomington, MN (US); **Zheng Gao**, San Jose, CA (US); **Haiwen Xi**, San Jose, CA (US)

(73) Assignee: **Seagate Technology LLC**, Scotts Valley, CA (US)

(\*) Notice: Subject to any disclaimer, the term of this patent is extended or adjusted under 35 U.S.C. 154(b) by 39 days.

(21) Appl. No.: **12/947,516**

(22) Filed: **Nov. 16, 2010**

(65) **Prior Publication Data**

US 2012/0119313 A1 May 17, 2012

(51) **Int. Cl.**  
**H01L 29/82** (2006.01)

(52) **U.S. Cl.** ..... **257/421**; 257/E21.002; 257/E29.323

(58) **Field of Classification Search** ..... 257/421, 257/E21.002, E29.323

See application file for complete search history.

(56) **References Cited**

U.S. PATENT DOCUMENTS

6,365,821	B1	4/2002	Prasher
6,605,772	B2	8/2003	Harman et al.
6,714,444	B2	3/2004	Huai
6,829,161	B2	12/2004	Huai
6,838,740	B2	1/2005	Huai
6,847,547	B2	1/2005	Albert
6,888,742	B1	5/2005	Nguyen
6,933,155	B2	8/2005	Albert
6,958,927	B1	10/2005	Nguyen
6,967,863	B2	11/2005	Huai

6,985,385	B2	1/2006	Nguyen
6,992,359	B2	1/2006	Nguyen
7,057,921	B2	6/2006	Valet
7,088,609	B2	8/2006	Valet
7,110,287	B2	9/2006	Huai
7,126,202	B2	10/2006	Huai
7,161,829	B2	1/2007	Huai
7,190,611	B2	3/2007	Nguyen
7,230,845	B1	6/2007	Wang
7,233,039	B2	6/2007	Huai
7,241,631	B2	7/2007	Huai
7,242,045	B2	7/2007	Fujioka
7,242,048	B2	7/2007	Huai
7,245,462	B2	7/2007	Huai
7,342,169	B2	3/2008	Venkatasubramanian et al.
7,369,427	B2	5/2008	Diao
7,430,135	B2	9/2008	Huai
7,486,551	B1	2/2009	Li
7,486,552	B2	2/2009	Apalkov
7,489,541	B2	2/2009	Pakala
7,518,835	B2	4/2009	Huai
7,576,956	B2	8/2009	Huai
2005/0150535	A1	7/2005	Samavedam

(Continued)

OTHER PUBLICATIONS

I L Prejbeanu, M Kerekes, R C Sousa, H Sibuet, O Redon, B Dieny and J P Nozieres, "Thermally assisted MRAM," J. Phys. Condens. Matter 19, 2007, pp. 1-23, IOP Publishing, UK.

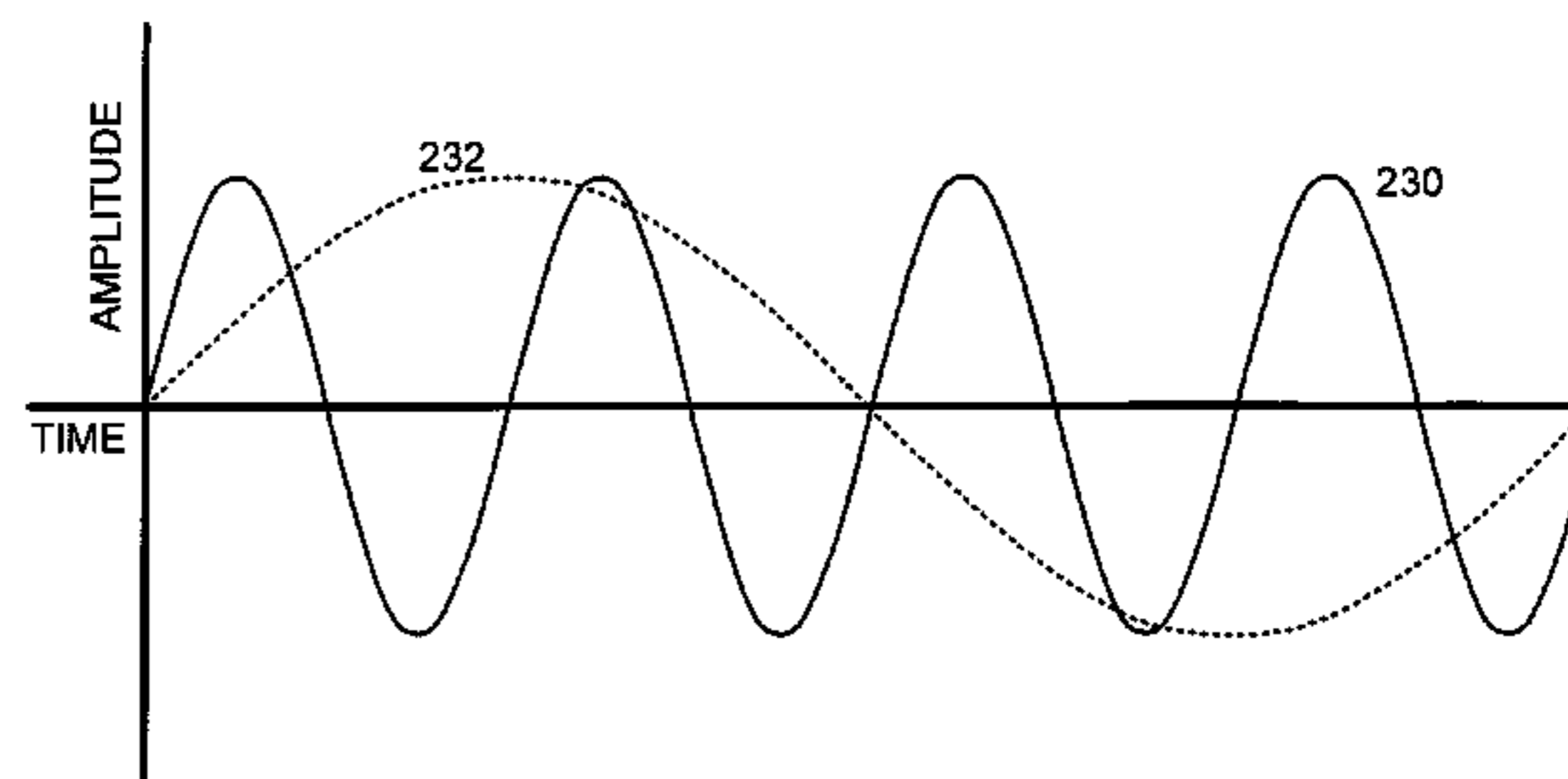
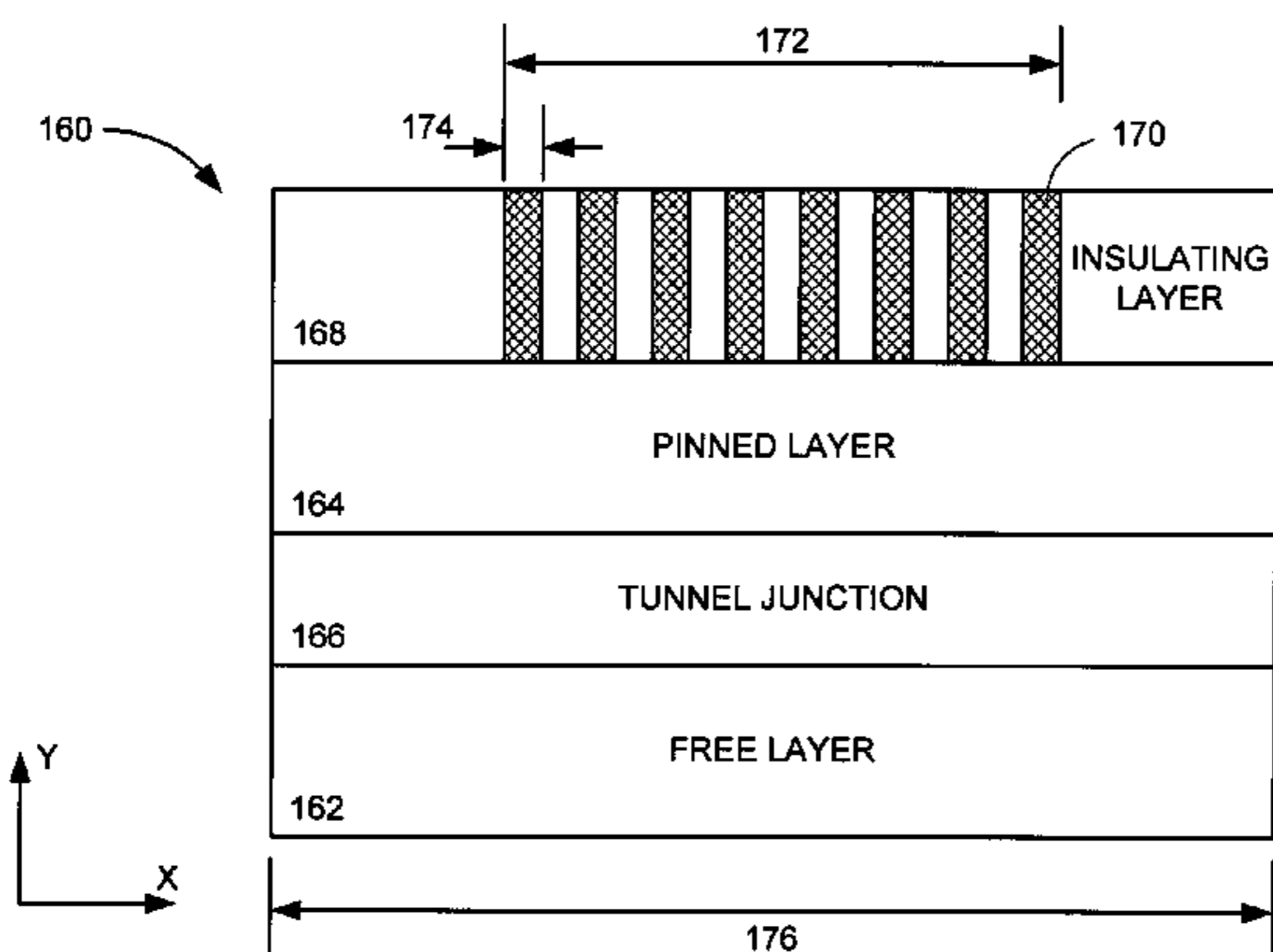
*Primary Examiner* — Mamadou Diallo

(74) *Attorney, Agent, or Firm* — Hall Estill Attorneys at Law

(57) **ABSTRACT**

An apparatus and associated method for a non-volatile memory cell with a phonon-blocking insulating layer. In accordance with various embodiments, a magnetic stack has a tunnel junction, ferromagnetic free layer, pinned layer, and an insulating layer that is constructed of an electrically and thermally insulative material that blocks phonons while allowing electrical transmission through at least one conductive feature.

**20 Claims, 5 Drawing Sheets**



# US 8,405,171 B2

Page 2

---

## U.S. PATENT DOCUMENTS

2005/0150537 A1 7/2005 Ghoshal  
2009/0050991 A1 2/2009 Nagai

2009/0302403 A1 12/2009 Nguyen  
2010/0092803 A1\* 4/2010 Yuasa et al. .... 428/846

\* cited by examiner

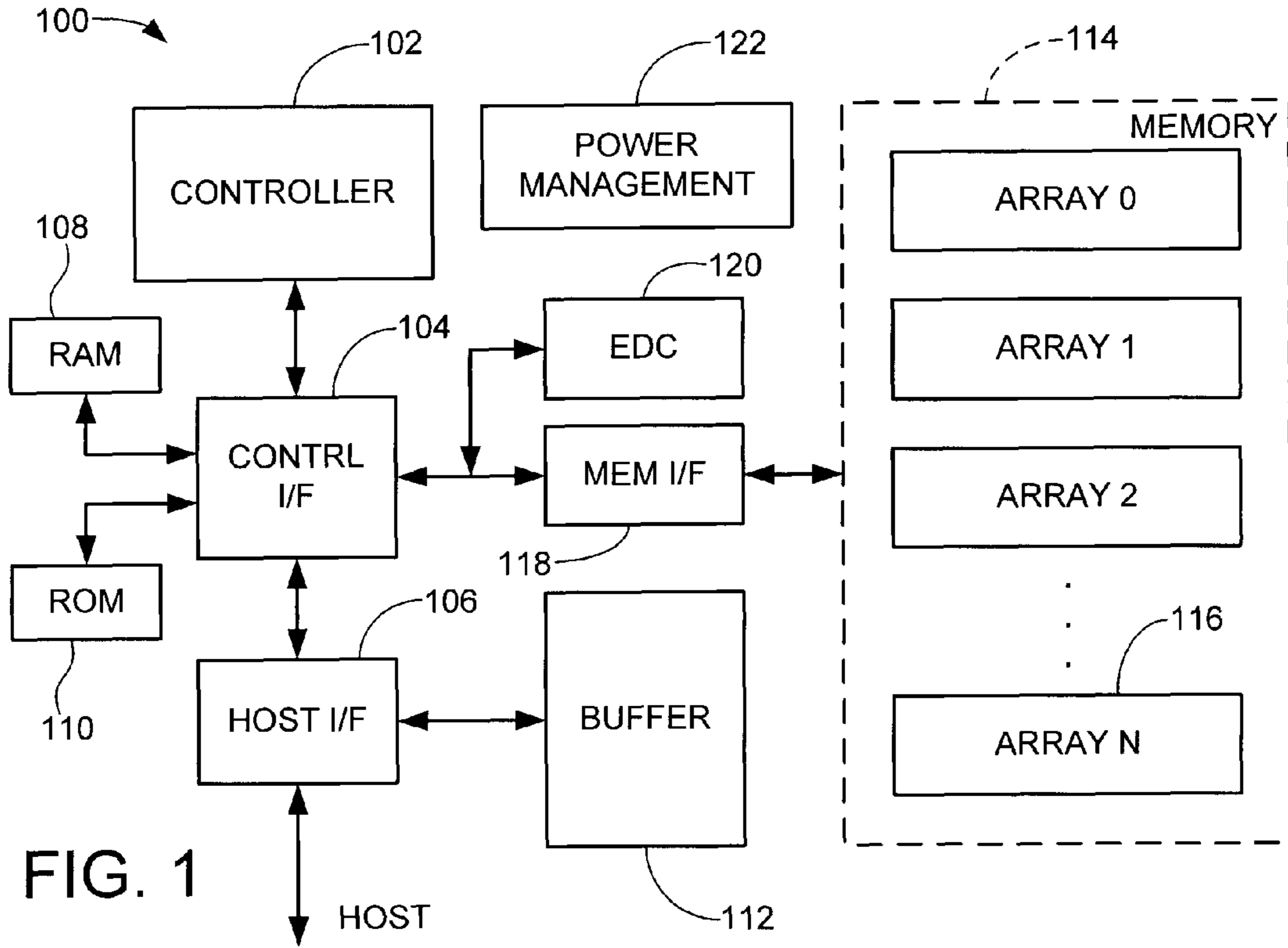


FIG. 1

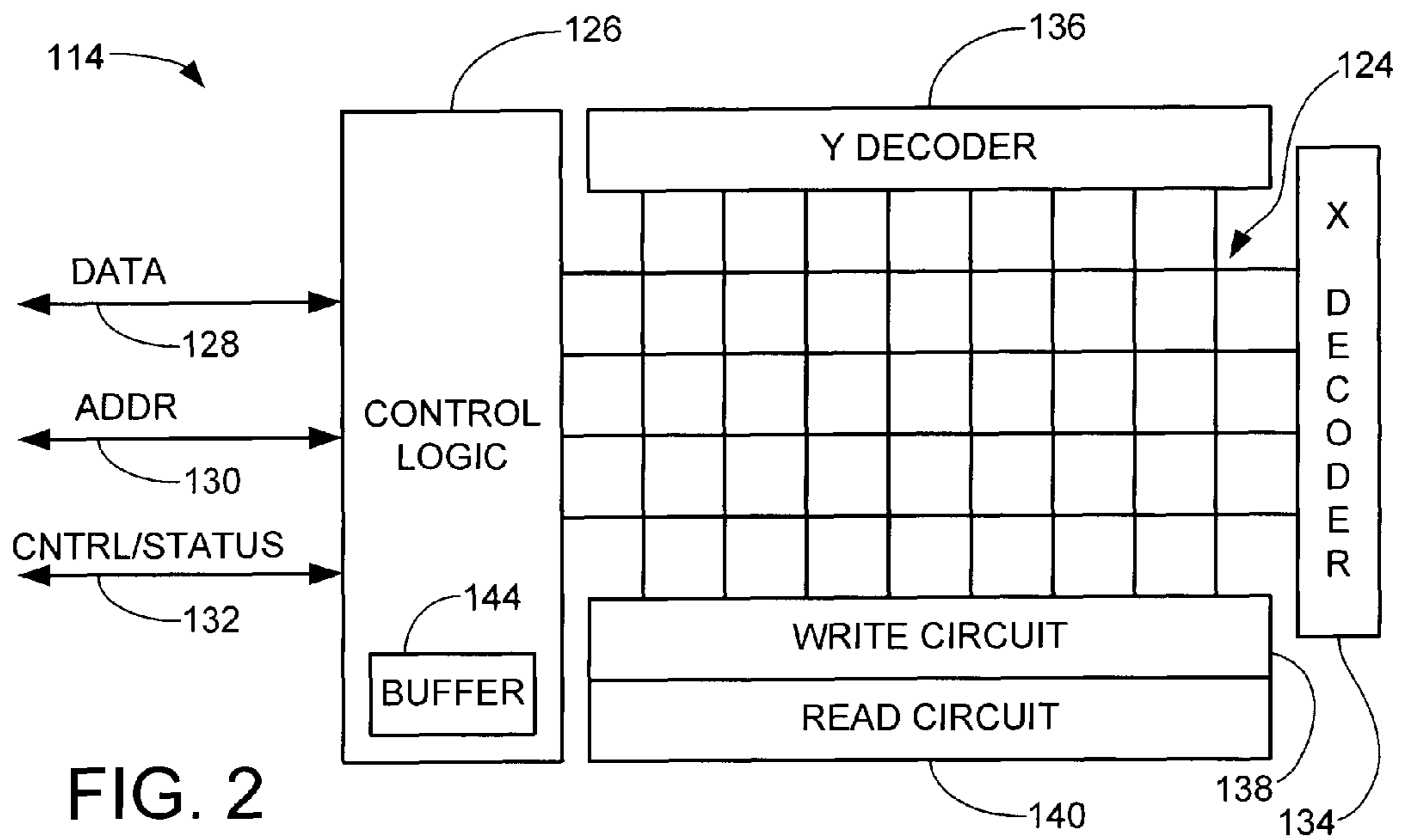


FIG. 2

BIT WRITE OPERATION

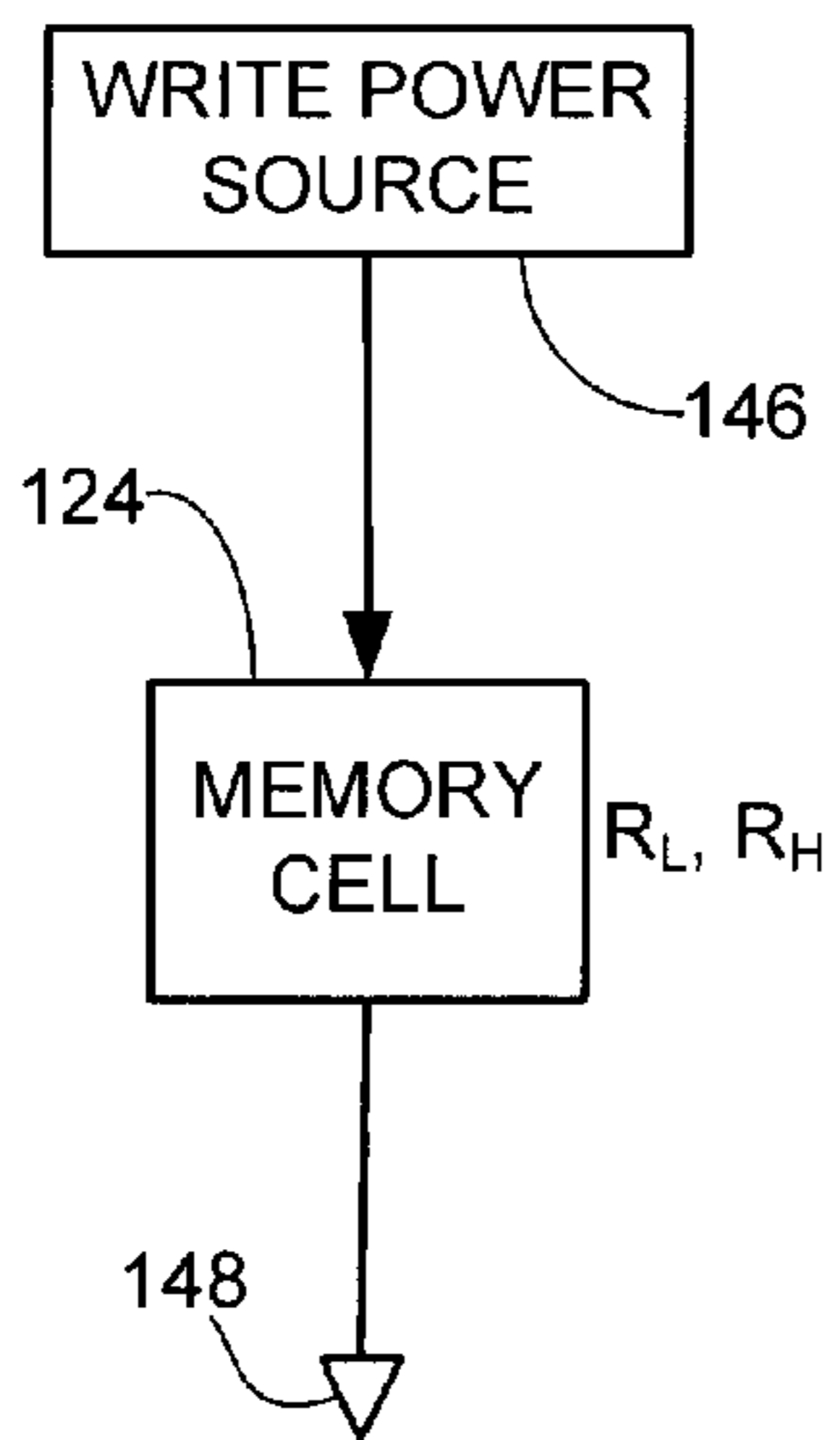


FIG. 3

BIT READ OPERATION

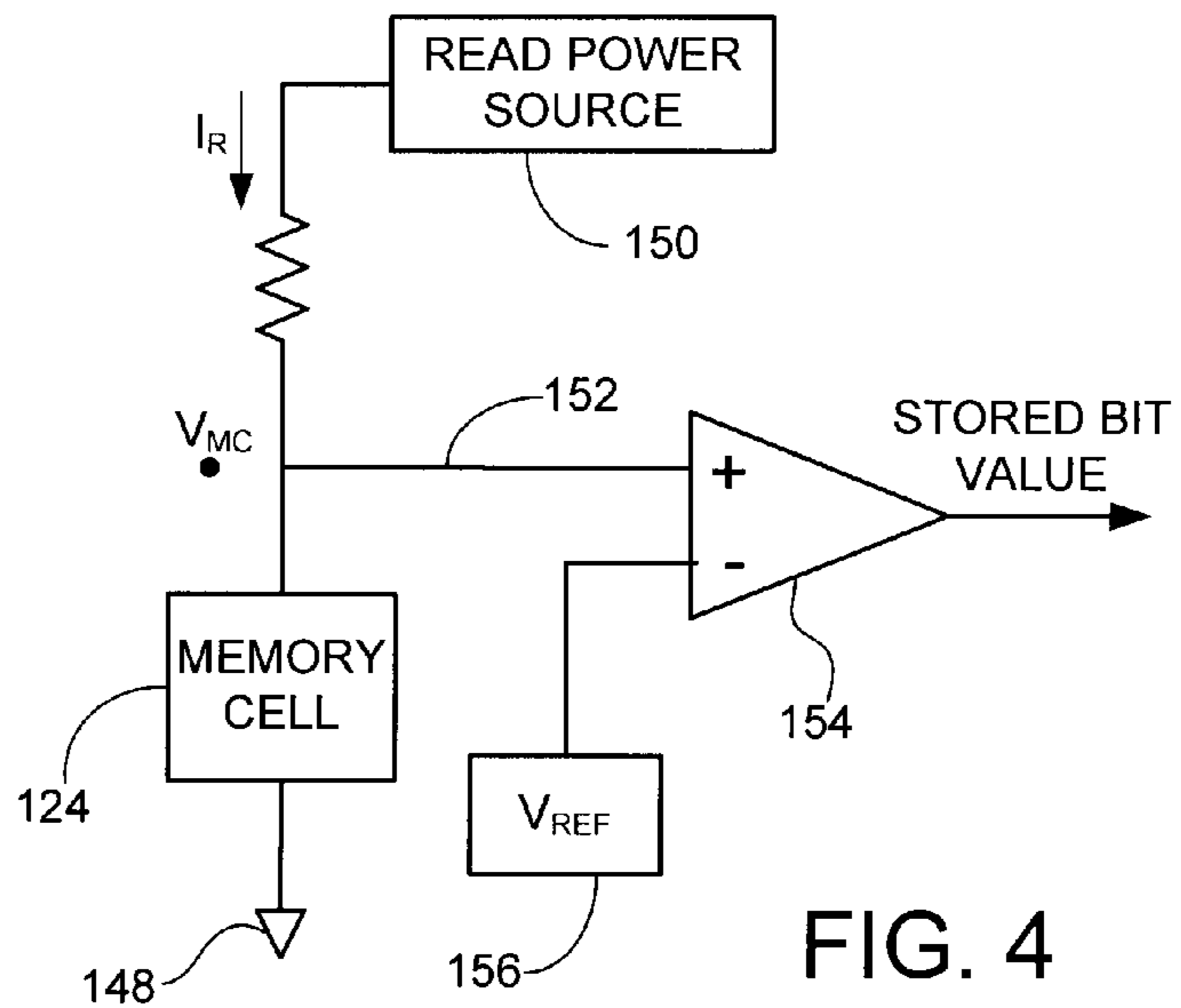


FIG. 4

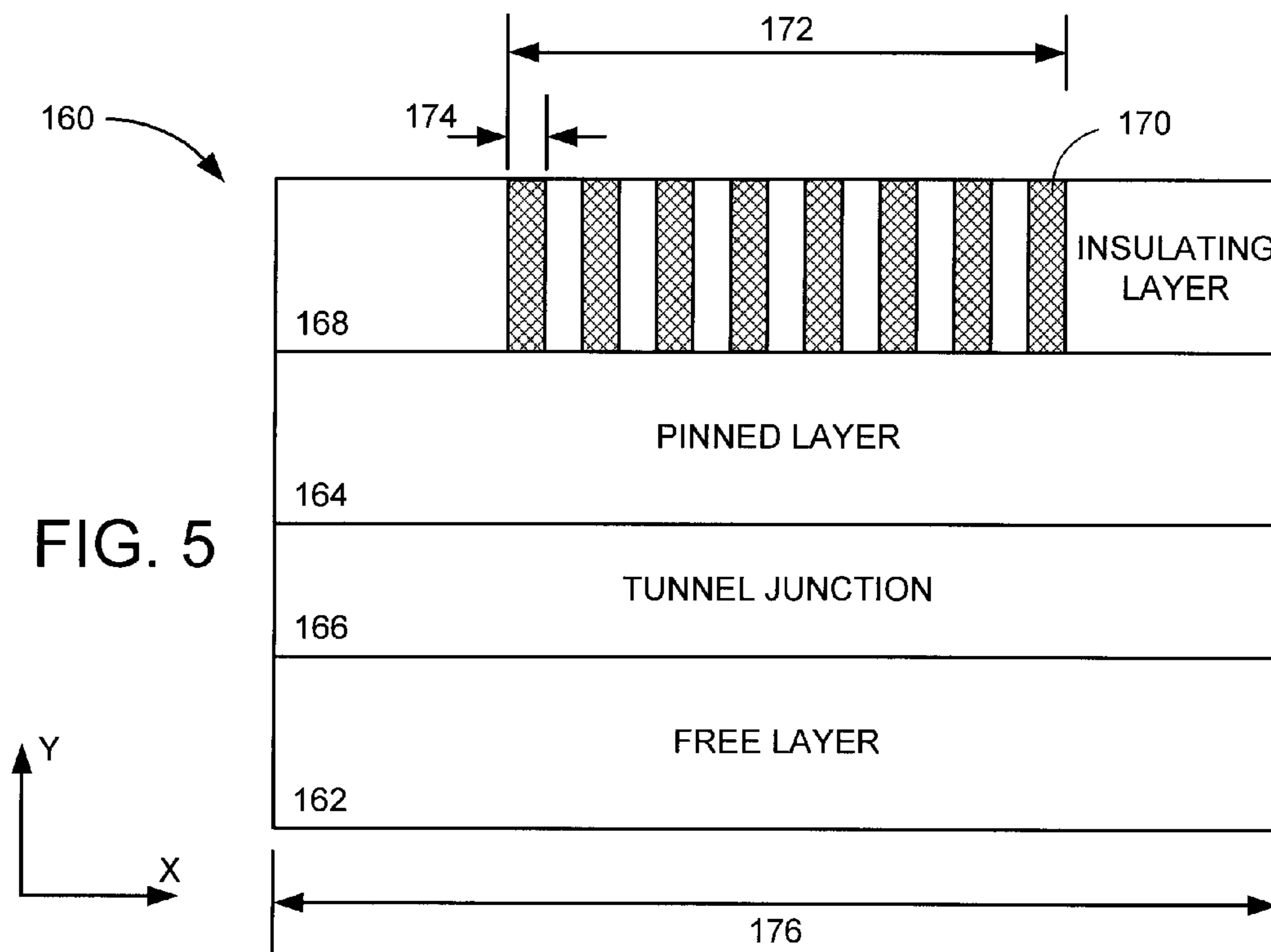


FIG. 5

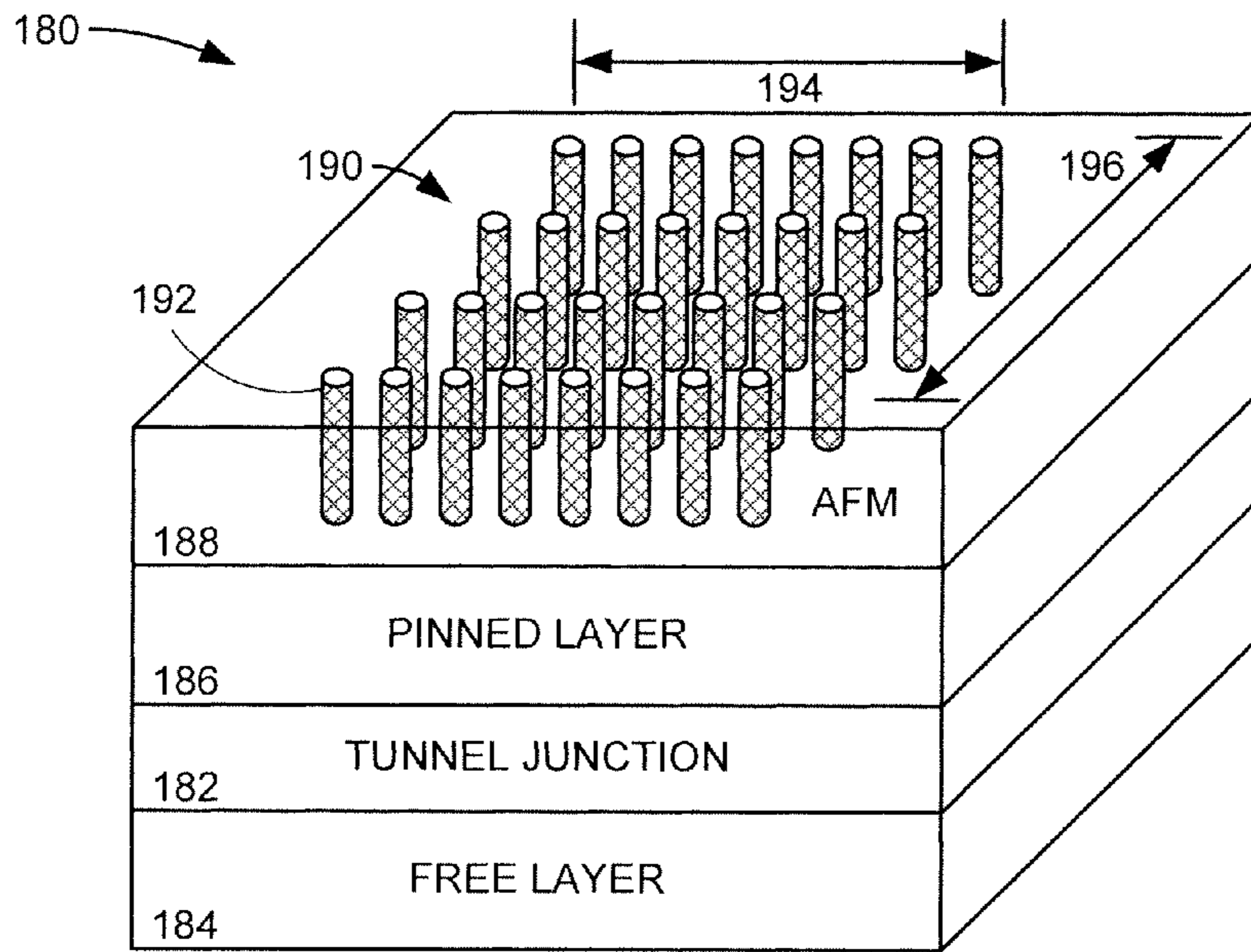


FIG. 6

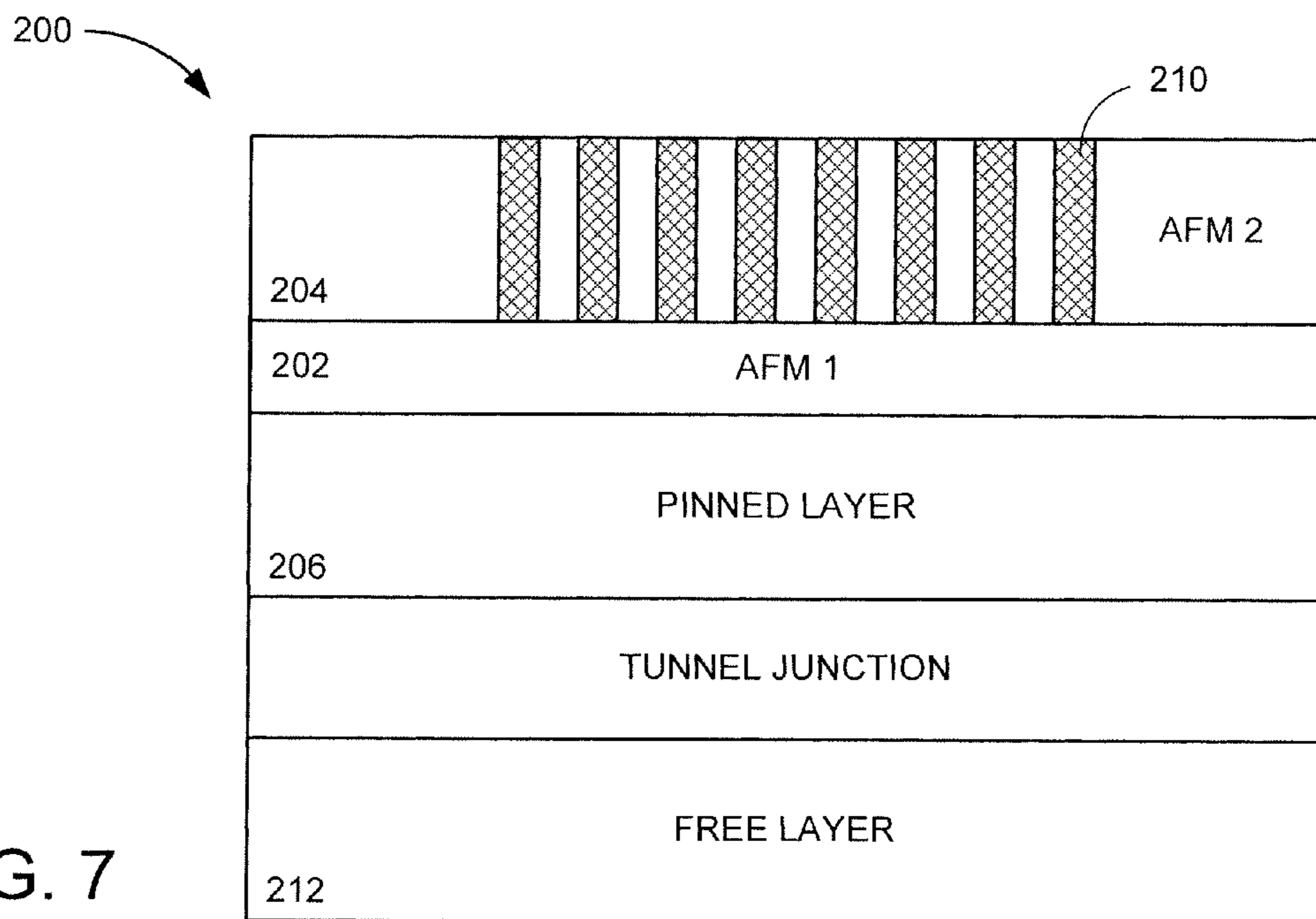


FIG. 7

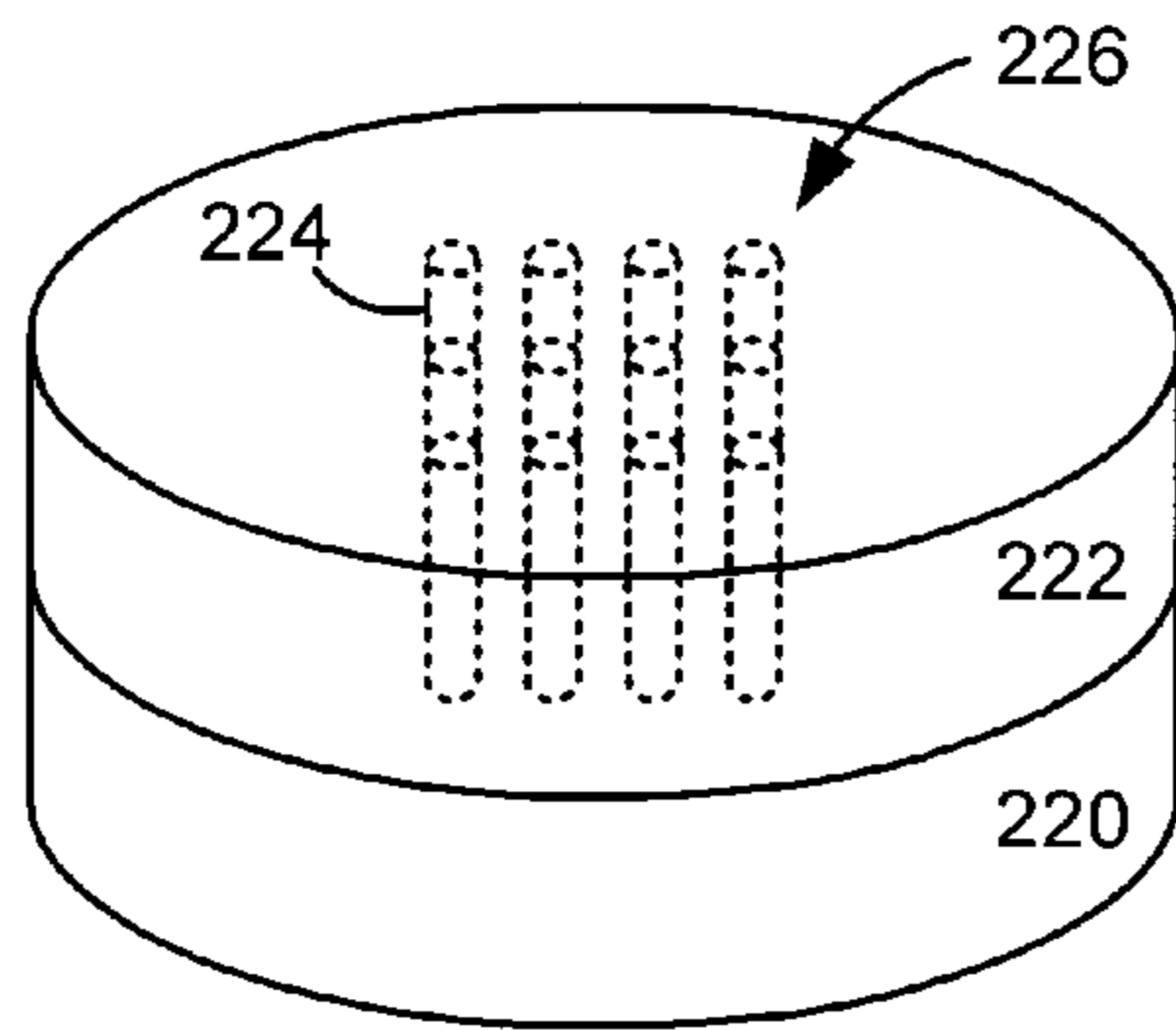


FIG. 8A

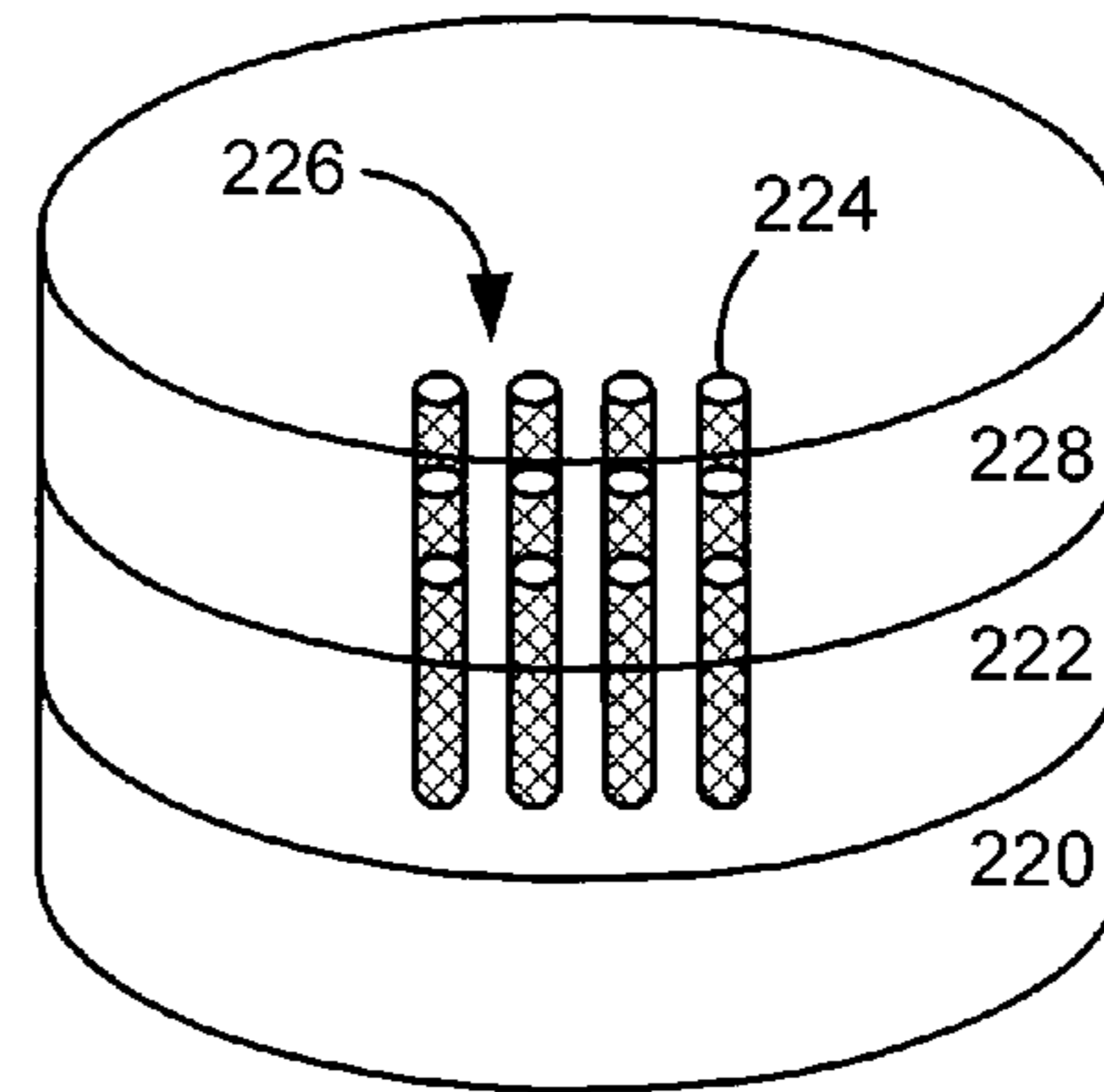


FIG. 8B

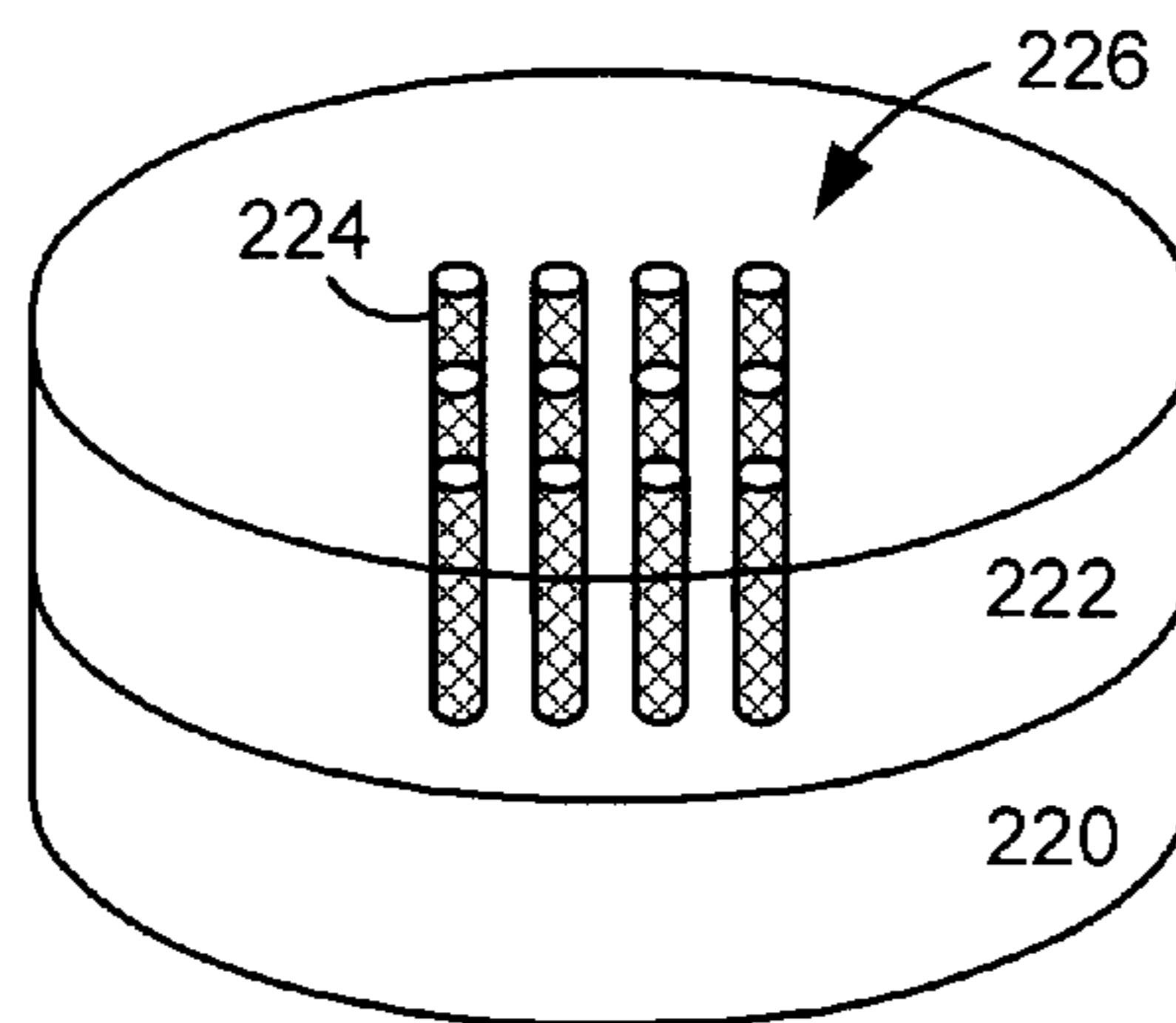
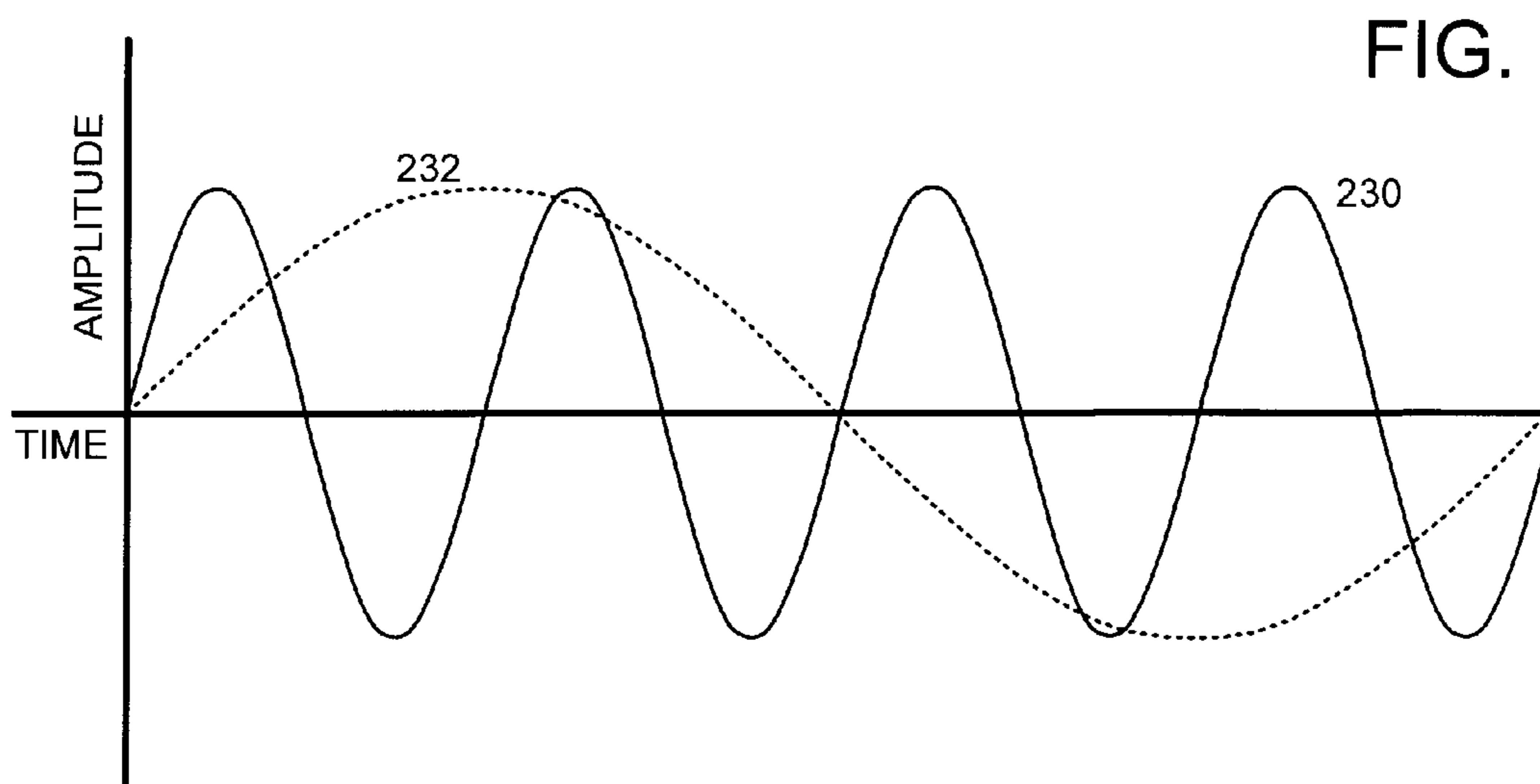


FIG. 8C



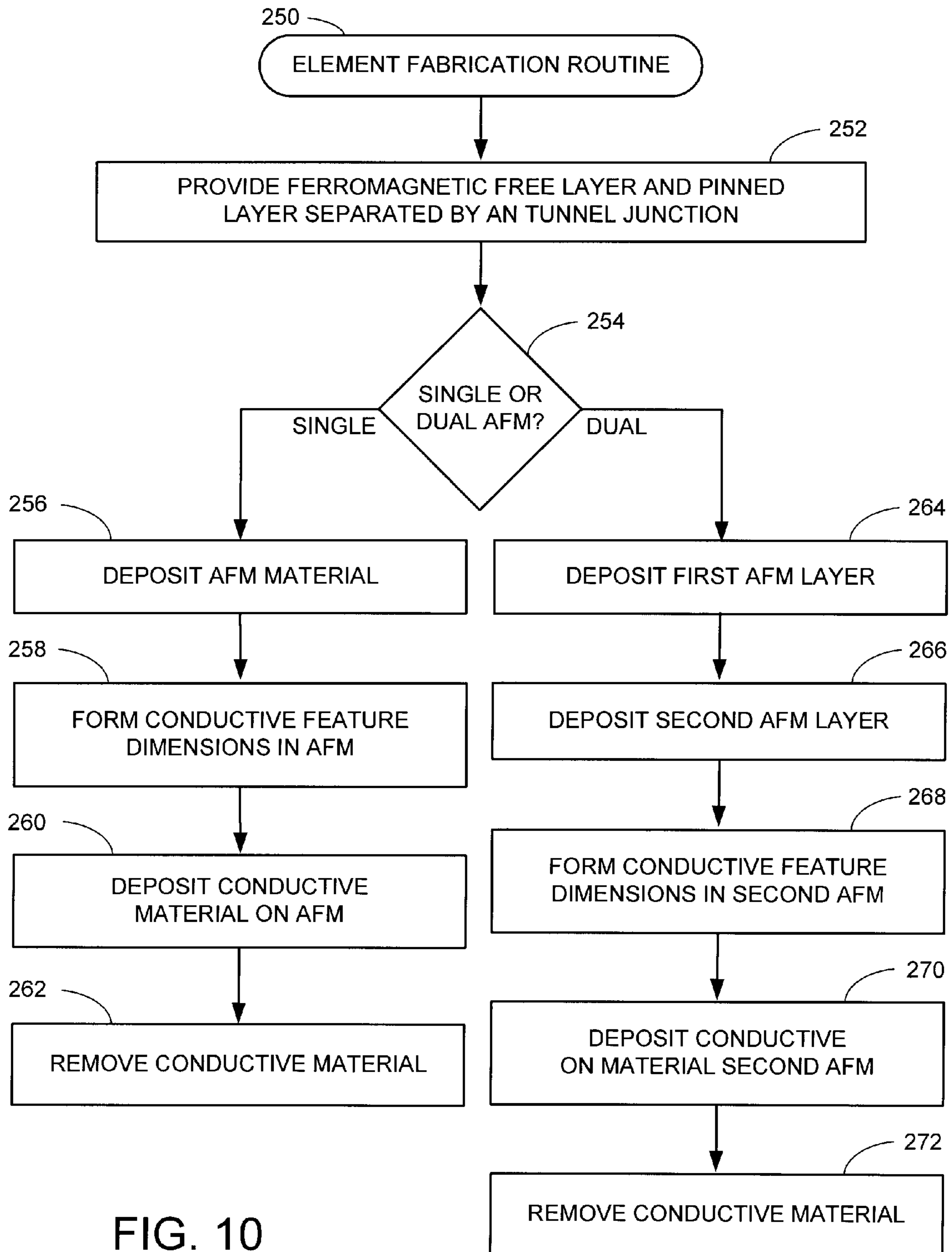


FIG. 10

## MEMORY CELL WITH PHONON-BLOCKING INSULATING LAYER

### SUMMARY

Various embodiments of the present invention are generally directed to a non-volatile memory cell configured with a phonon-blocking insulating layer.

In accordance with various embodiments, a magnetic stack has a tunnel junction, ferromagnetic free layer, pinned layer, and an insulating layer that is constructed of an electrically and thermally insulative material that blocks phonons while allowing electrical transmission through at least one conductive feature.

These and other features and advantages which characterize the various embodiments of the present invention can be understood in view of the following detailed discussion and the accompanying drawings.

### BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is a generalized functional representation of an exemplary data storage device constructed and operated in accordance with various embodiments of the present invention.

FIG. 2 shows circuitry used to read data from and write data to a memory array of the device of FIG. 1.

FIG. 3 generally illustrates a manner in which data can be written to a memory cell of the memory array.

FIG. 4 generally illustrates a manner in which data can be read from the memory cell of FIG. 3.

FIG. 5 shows an exemplary memory stack constructed and operated in accordance with the various embodiments of the present invention.

FIG. 6 illustrates an isometric representation of an exemplary memory stack constructed and operated in accordance with the various embodiments of the present invention.

FIG. 7 displays an exemplary alternative construction of a memory stack.

FIGS. 8A-8C show exemplary steps capable of forming conductive features in an insulating layer.

FIG. 9 graphs exemplary operational data relating to the transmission of phonons and electrical signals.

FIG. 10 provides a flow diagram and corresponding illustrative magnetic stacks of an exemplary CELL FABRICATION routine conducted in accordance with the various embodiments of the present invention.

### DETAILED DESCRIPTION

The present disclosure generally relates to non-volatile memory cells, such as magnetic and spin torque random access memory (MRAM and STRAM) stacks. Solid state non-volatile memory is a developing technology aimed at providing reliable data storage and faster data transfer rates in ever decreasing form factors. However, as form factors of storage devices decrease, the required anisotropic field needed to maintain memory function increases. Such anisotropic field increase corresponds to practical difficulties like increased switching current and low operating margin. While recent efforts have revolved around thermally assisting a solid state cell to reduce the required switching current, the high thermal conductivity of most solid state memory materials dissipates any applied heat.

Accordingly, a solid state non-volatile memory cell with a ferromagnetic free layer and pinned layer separated by a tunnel junction is coupled to an insulating layer that exhibits

thermal and electrical insulative properties. Such an insulating layer can retain any applied heat in the memory cell while allowing electrical transmission through dimensioned conductive features that extend through the insulating layer. The predetermined dimension of the conductive features block phonons but allow electrical signal transmission, which provides normal memory cell operation with added heat retention and reduced switching current.

A functional block representation of an exemplary data storage device **100** is displayed in FIG. 1 as constructed and operated in accordance with various embodiments of the present invention. The data storage device is contemplated as comprising a portable non-volatile memory storage device such as a PCMCIA card or USB-style external memory device. It will be appreciated, however, that such characterization of the device **100** is merely for purposes of illustrating a particular embodiment and is not limiting to the claimed subject matter.

Top level control of the device **100** is carried out by a suitable controller **102**, which may be a programmable or hardware based microcontroller. The controller **102** communicates with a host device via a controller interface (I/F) circuit **104** and a host I/F circuit **106**. Local storage of requisite commands, programming, operational data, etc. is provided via random access memory (RAM) **108** and read-only memory (ROM) **110**. A buffer **112** serves to temporarily store input write data from the host device and readback data pending transfer to the host device.

A memory space is shown at **114** to comprise a number of memory arrays **116** (denoted Array 0-N), although it will be appreciated that a single array can be utilized as desired. Each array **116** comprises a block of semiconductor memory of selected storage capacity. Communications between the controller **102** and the memory space **114** are coordinated via a memory (MEM) I/F **118**. As desired, on-the-fly error detection and correction (EDC) encoding and decoding operations are carried out during data transfers by way of an EDC block **120**.

While not limiting, in some embodiments the various circuits depicted in FIG. 1 are arranged as a single chip set formed on one or more semiconductor dies with suitable encapsulation, housing and interconnection features (not separately shown for purposes of clarity). Input power to operate the device is handled by a suitable power management circuit **122** and is supplied from a suitable source such as from a battery, AC power input, etc. Power can also be supplied to the device **100** directly from the host such as through the use of a USB-style interface, etc.

Any number of data storage and transfer protocols can be utilized, such as logical block addressing (LBAs) whereby data are arranged and stored in fixed-size blocks (such as 512 bytes of user data plus overhead bytes for ECC, sparing, header information, etc). Host commands can be issued in terms of LBAs, and the device **100** can carry out a corresponding LBA-to-PBA (physical block address) conversion to identify and service the associated locations at which the data are to be stored or retrieved.

FIG. 2 provides a generalized representation of selected aspects of the memory space **114** of FIG. 1. Data are stored as an arrangement of rows and columns of memory cells **124**, accessible by various row (word) and column (bit) lines. The actual configurations of the cells and the access lines thereto will depend on the requirements of a given application. Generally, however, it will be appreciated that the various control lines will generally include enable lines that selectively enable and disable the respective writing and reading of the value(s) of the individual cells.



Control logic **126** receives and transfers data, addressing information and control/status values along multi-line bus paths **128**, **130** and **132**, respectively. X and Y decoding circuitry **134**, **136** provide appropriate switching and other functions to access the appropriate cells **124**. A write circuit **138** represents circuitry elements that operate to carry out write operations to write data to the cells **124**, and a read circuit **140** correspondingly operates to obtain readback data from the cells **124**. Local buffering of transferred data and other values can be provided via one or more local registers **144**. At this point it will be appreciated that the circuitry of FIG. **2** is merely exemplary in nature, and any number of alternative configurations can readily be employed as desired depending on the requirements of a given application.

Data are written to the respective memory cells **124** as generally depicted in FIG. **3**. Generally, a write power source **146** applies the necessary input (such as in the form of current, voltage, magnetization, etc.) to configure the memory cell **124** to a desired state. It can be appreciated that FIG. **3** is merely a representative illustration of a bit write operation. The configuration of the write power source **146**, memory cell **124**, and reference node **148** can be suitably manipulated to allow writing of a selected logic state to each cell.

As explained below, in some embodiments the memory cell **124** takes a modified STRAM configuration, in which case the write power source **146** is characterized as a current driver connected through a memory cell **124** to a suitable reference node **148**, such as ground. The write power source **146** provides a stream of power that is spin polarized by moving through a magnetic material in the memory cell **124**. The resulting rotation of the polarized spins creates a torque that changes the magnetic moment of the memory cell **124**.

Depending on the magnetic moment, the cell **124** may take either a relatively low resistance ( $R_L$ ) or a relatively high resistance ( $R_H$ ). While not limiting, exemplary  $R_L$  values may be in the range of about 100 ohms ( $\Omega$ ) or so, whereas exemplary  $R_H$  values may be in the range of about 100 K $\Omega$  or so. These values are retained by the respective cells until such time that the state is changed by a subsequent write operation. While not limiting, in the present example it is contemplated that a high resistance value ( $R_H$ ) denotes storage of a logical 1 by the cell **124**, and a low resistance value ( $R_L$ ) denotes storage of a logical 0.

The logical bit value(s) stored by each cell **124** can be determined in a manner such as illustrated by FIG. **4**. A read power source **150** applies an appropriate input (e.g., a selected read voltage) to the memory cell **124**. The amount of read current  $I_R$  that flows through the cell **124** will be a function of the resistance of the cell ( $R_L$  or  $R_H$ , respectively). The voltage drop across the memory cell (voltage  $V_{MC}$ ) is sensed via path **152** by the positive (+) input of a comparator (sense amplifier) **154**. A suitable reference (such as voltage reference  $V_{REF}$ ) is supplied to the negative (-) input of the comparator **154** from a reference source **156**.

The voltage reference  $V_{REF}$  can be selected from various embodiments such that the voltage drop  $V_{MC}$  across the memory cell **124** will be lower than the  $V_{REF}$  value when the resistance of the cell is set to  $R_L$ , and will be higher than the  $V_{REF}$  value when the resistance of the cell is set to  $R_H$ . In this way, the output voltage level of the comparator **154** will indicate the logical bit value (0 or 1) stored by the memory cell **124**.

FIG. **5** generally illustrates a non-volatile memory cell **160** in accordance with various embodiments of the present invention. The cell **160** has a ferromagnetic free layer **162**, a pinned layer **164**, and a tunnel junction **166** that separates the layers **162** and **164** while allowing a magnetoresistive effect to be

programmed and read from the cell **160**. The pinned layer **164** is set and maintained in a predetermined magnetization by an insulating layer **168**. It can be appreciated that the insulating layer **168** is not limited to a particular material or construction and can be any structure that sets the magnetization of the pinned layer **164**, such as an antiferromagnetic (AFM), synthetic antiferromagnet, and hard magnetic layer.

The insulating layer **168** can further be constructed of materials that exhibit minimal thermal and electrical conductivity, such as, but not limited to, NiO. Such a configuration of the insulating layer **168** provides heat retention for the cell **160** that can prove beneficial in lowering the switching current required to program the free layer to a selected magnetization. The insulating layer **168** can allow electrical signal transmission through one or more conductive features **170** that are dimensioned to allow electron transfer while blocking phonon transfer. The conductive features **170** can be further filled with material that provides additional phonon blocking characteristics in combination with electrical conductivity.

Constructing the insulating layer with NiO allows utilization in a variety of solid state memory configurations, such as magnetic and spin torque random access memory (MRAM and STRAM). However, the various applications can require modification of the pinning layer **168** shown in FIG. **5** to provide desired operation. One such modification is depositing the insulating layer with a predetermined thickness, as measured along the Y axis, to generate the prerequisite magnetic field to reliably set and maintain the magnetization of the pinned layer **164**.

An increased thickness for the insulating layer can provide enhanced operation for STRAM applications that involve current passing through the various layers of the cell **160**. Yet, the greater thickness can prove problematic for field programmed MRAM applications which can be affected by the increased resistance associated with a thicker pinning layer **168**. For such MRAM applications, a phonon-blocking electron transmitting (PBET) material can be used to construct the AFM pinning layer **168** with electrical and thermal insulating characteristics.

The operation of the cell **160** as either an MRAM or STRAM cell does not affect the configuration of the conductive features **170** that can be oriented in a designated conductive region **172** of the pinning layer **168**. As shown, a plurality of isolated conductive features each have a uniform width **174**, as measured along the X axis, that provides electrical conductivity and phonon blocking due to the difference in wavelength between electron and phonon transmission. While any number of conductive features **170** can be present in the insulative layer **168**, in some embodiments the conductive region extends matches the width of the cell **176** which would provide room for more conductive features **170** and a higher electron transfer capability.

FIG. **6** illustrates an isometric view of an exemplary memory cell **180** that has a tunnel junction **182** disposed between a magnetic free layer **184** and a pinned layer **186**. An insulating layer **188** coupled to the pinned layer **184** is configured as an AFM that uses exchange bias field to maintain the magnetization of the pinned layer **186**. The insulating layer **188** has a predetermined conductive region **190** that has a plurality of conductive features **192** that are each surrounded by the insulating layer material which acts to electrically and thermally isolate each feature **192**. The conductive region **190** extends for a selected width **194** and length **196** in a predetermined pattern, as desired.

In operation, the tunnel junction **182** can generate heat that is retained in the cell **180** by the insulating layer **188** which in turn lowers the required programming current/field. In the

event that a PBET material is used as the insulating layer **188**, the PBET can also generate heat due to relatively higher resistance. With the plurality of conductive features **192** in the insulating layer **188**, the cell **180** has enough electrical conductivity to operate with current or field programming. That is, the conductive features **192** can transmit enough electrical current density to operate as a STRAM, phase change RAM, and resistive RAM cell. The insulative characteristics of the insulating layer **188** also do not hamper operation of the cell **180** as a field programmed MRAM or STRAM cell.

In some embodiments, a multitude of insulating layers are provided to further retain any heat in the memory cell **180**. One such embodiment configures a second insulative layer contactingly adjacent the free layer **184** so that insulating material is present on the top and bottom surfaces of the cell **180**. In another embodiment, a second insulating layer can be positioned directly adjacent the first insulating layer **188**, as displayed in FIG. 7, to provide additional operational benefits.

FIG. 7 generally illustrates an exemplary memory cell **200** that has a first and second insulating layer **202** and **204** that are each configured as AFM layers. The insulating layers **202** and **204** can individually or collectively maintain a predetermined magnetization in the pinned layer **206**. The dual insulating layers **202** and **204** can provide enhanced spin torque and reduced programming field/current in conjunction with thermal assistance supplied to the cell **200**. The first insulating layer **202** can have a thickness that is less than and a density that is greater than the second insulating layer **204** to provide enhanced operation with little added cell **200** size.

The dual insulating layers **202** and **204** allows for both a strong insulating material, such as NiO, to be used in the first insulating layer **202** in conjunction with a strong phonon-blocking material, such as PBET, in the second insulating layer **204** to provide operational characteristics of both materials. The dense insulating material in the first insulating layer **202** can further be configured to spin incoming current and fields to a predetermined orientation to be used for STRAM programming of the free layer **206**. Such a first insulating layer **202** will also block the magnetic conductivity of the conductive features **210** from diffusing any magnetization from the free or pinned layers **212** or **206**.

FIGS. 8A-8C display exemplary steps that can be taken to form the conductive features of the memory cells of FIGS. 5-7. In FIG. 8A, a seed layer **220** of approximately 3 to 10 angstroms and an insulating layer **222** of approximately 20 to 200 angstroms are successively deposited onto each other with a uniform predetermined shape. As can be appreciated, the shape and deposition process are not limited as any shape and process, such as vapor deposition and crystalline growth, used to construct the various layers is contemplated and acceptable. The insulating layer **222** is either formed or processed with conductive features **224** that are isolated hollow voids in a predetermined conductive region **226** of the insulative material of layer **222**.

An electron conducting material is then deposited as a conducting layer **228** onto the insulating layer **222** to encompass and fill each conductive feature **224** in the conductive region **226**. With the conductive features **224** filled with electrically conductive and thermally insulative phonon-blocking material, the conducting layer **228** can be removed to reveal the conductive features **224** occupying portions of the insulating layer **222**, as shown in FIG. 8C.

In various embodiments, the seed layer **220** is a dense insulating layer that is thinner than the insulating layer **222**. Such an embodiment could be constructed by configuring the seed layer **220** as an insulating layer through vapor deposition

of thermally and electrically insulative material with low Argon pressure that will result in a dense layer. The insulating and conducting layers **222** and **228** can be then deposited in the presence of less Argon pressure to provide a varying density in comparison to the seed layer **220**. An annealing process can be completed to set the configuration of the layers **220**, **222**, and **228** to be followed by conductive feature formation accomplished by applying voltage through the layers and injecting conducting layer material into the insulating layer **222**.

As such, the conductive features **224** can be either formed in a predetermined pattern, as shown in FIG. 8C, or randomly injected as conductive filaments in the insulating layer. While the practice of injecting conductive material into the insulative layer **222** is similar to the operation of resistive RAM memory, the conductive filaments do not provide any memory capabilities due to the permanent formation of the filaments that cannot be removed, as in RRAM, to store logical states. However, it is contemplated that the insulative layer **222**, either alone or in combination with dense insulating seed layer **220**, can be used to retain heat in an RRAM memory cell to provide reduced programming requirements.

Whether the conductive features **224** are precisely formed or injected into the insulative layer **222**, the features **224** are dimensioned to be electrically conductive and phonon-blocking. Such dimensioning can be achieved by passing a predetermined voltage through the conductive layer **228** or by masking and etching a particular width for each feature **224**. The dimensioning the width of the conductive feature **224** functions to allow the small wavelength of electrical signals to pass while blocking the relatively large wave length of phonons.

FIG. 9 graphically compares exemplary electrical **230** and phonon **232** signals with dissimilar wavelengths that correspond to variable transmission through a conductive feature. The electrical signal **230** has a wavelength that is less than the phonon signal wavelength which allows for transmission through a conductive feature filled with PBET material while blocking the larger wavelengths of the phonon signal **232**. Accordingly, the conductive features shown in the insulating layers of FIGS. 5-7 can be configured to block phonon signals while allowing the transmission of electrical signals.

FIG. 10 provides a flow chart of a cell fabrication routine **250** that form an exemplary memory cell in accordance with the various embodiments of the present invention. The routine **250** initially provides a ferromagnetic free layer and pinned layer separated by a tunnel junction in step **252**. Decision **254** then determines the number of insulating layers to be included in the memory cell. For example, FIG. 5 has a single insulating layer acting as an AFM while FIG. 7 has dual insulating layers that each act as AFMs. However, it should be noted that while AFM insulating layers are explicitly recited in the various figures, such configuration is not limited as other magnetic pinning structures, such as a synthetic AFM multi-layer, could be used.

If a single insulating layer is desired from decision **254**, an AFM material is deposited in step **256** onto a seed layer, as shown in FIG. 8A. Step **258** proceeds to form hollow conductive features of a particular dimension in the deposited AFM insulating layer. A conductive material is then deposited onto the insulating AFM layer in step **260** to fill the hollow conductive features and subsequently removed in step **262** to leave the insulating layer with solid conductive features. As discussed above, the AFM and conductive materials can be selected and optimized to provide varying memory cell operation.

With a plurality of insulating AFM layers resulting from decision 254, a first insulating AFM layer of NiO is provided with a first density in step 264 followed by step 266 which deposits a second insulating AFM layer of PBET with a lesser second density. A conductive material layer is then deposited onto the second insulating layer in step 268 to be followed by passing a predetermined voltage through the layers in step 270 to inject the conductive material into the second insulating layer as conductive features that have a predetermined width that allows electrical signal transmission while blocking phonons.

Finally, the conductive material layer is removed in step 272 and the resultant memory cell is ready for magnetic current or field programming. It should be noted that the fabrication routine 250 is not limited to the steps and corresponding exemplary magnetic stacks shown in FIG. 10. The various steps can be modified or omitted while new steps can be added, as desired. As an example, steps 266-272 can replace steps 256-262 to create a single insulating AFM layer with injected conductive features of a particular dimensioned width. Furthermore, additional insulating layers and conductive features can be formed and configured before or after decision 254.

As can be appreciated by one skilled in the art, the various embodiments illustrated herein provide advantages in both memory cell structure and operation. The ability to reduce the required switching field/current with thermal assistance improves memory cell function and the practical applications in dense memory arrays. Moreover, the ability to retain heat in the cell through phonon-block while allowing electrical signal transmission provides increased heating efficiency without a loss in programming speed or reliability. However, it will be appreciated that the various embodiments discussed herein have numerous potential applications and are not limited to a certain field of electronic media or type of data storage devices.

It is to be understood that even though numerous characteristics and advantages of various embodiments of the present invention have been set forth in the foregoing description, together with details of the structure and function of various embodiments of the invention, this detailed description is illustrative only, and changes may be made in detail, especially in matters of structure and arrangements of parts within the principles of the present invention to the full extent indicated by the broad general meaning of the terms in which the appended claims are expressed.

What is claimed is:

1. A magnetic stack comprising a tunnel junction, ferromagnetic free layer, pinned layer, and at least one insulating layer that is constructed of an electrically and thermally insulative material that blocks phonons while allowing electrical transmission through at least one conductive feature, the at least one conductive feature configured with a width less than a phonon signal wavelength.

2. The magnetic stack of claim 1, wherein the conductive feature is dimensioned to allow electrical conductivity while blocking phonon transmission.

3. The magnetic stack of claim 1, wherein the conductive feature blocks phonons due to the electrical signal wavelength being smaller than a phonon wavelength.

4. The magnetic stack of claim 1, wherein the electrical transmission is a programming current.

5. The magnetic stack of claim 4, wherein the programming current has a uniform spin to impart a common spin torque on the free layer.

6. The magnetic stack of claim 1, wherein the electrical transmission is a read current and the free layer is programmed with a magnetic field.

7. The magnetic stack of claim 1, wherein the conductive feature has a lower magnetic field resistance than the insulating layer.

8. The magnetic stack of claim 1, wherein the insulating layer comprises NiO.

9. The magnetic stack of claim 1, wherein the insulating layer is a phonon-blocking electron transmitting (PBET) material.

10. The magnetic stack of claim 1, wherein the conductive feature is filled with a phonon-blocking electron transmitting (PBET) material.

11. The magnetic stack of claim 1, wherein the conductive feature extends from the pinned layer through the insulating layer.

12. The magnetic stack of claim 1, wherein a plurality of conductive features are arranged in a predetermined pattern that has a selected length and width within the insulating layer.

13. The magnetic stack of claim 1, wherein a first insulating layer with conductive features and a first density is contactingly adjacent a second insulating layer with no conductive features and a second density that is greater than the first density.

14. The magnetic stack of claim 13, wherein the first and second insulating layers are constructed of the same material.

15. The magnetic stack of claim 1, wherein a first insulating layer is contactingly adjacent the pinned layer and a second insulating layer is contactingly adjacent the free layer.

16. A method comprising:  
forming a tunnel junction, ferromagnetic free layer, pinned layer, and at least one insulating layer, the at least one insulating layer constructed of an electrically and thermally insulative material; and  
configuring the at least one insulating layer to block phonons while allowing electrical transmission through at least one conductive feature of the insulating layer, the at least one conductive feature configured with a width less than a phonon signal wavelength.

17. The method of claim 16, wherein the conductive feature is formed by passing a predetermined current through a conductive material to inject the material into the insulating material with a predetermined width.

18. The method of claim 16, wherein the conductive feature is formed by removing portions of the insulating layer with a predetermined width and filling the removed portions with phonon-blocking electron transmitting (PBET) material.

19. The method of claim 16, wherein the insulating layer retains heat in near the tunnel junction to lower the current required to program a magnetization in the free layer.

20. A memory cell comprising:  
a tunnel junction, ferromagnetic free layer, and a pinned layer; and  
a first and second insulating layer that are each constructed of an electrically and thermally insulative material, the first insulating layer having at least one conductive feature configured with a width less than a phonon signal wavelength to block phonons while allowing electrical transmission through the first insulating layer, the second insulating layer absent of any conductive features and having a density that is greater than the first insulating layer.