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[54] **METHODS AND APPARATUS FOR DELIVERING AEROSOLIZED MEDICATION**

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Related U.S. Application Data

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[52] **U.S. Cl.** **128/200.23**; 128/200.14; 128/200.18; 128/203.12

[58] **Field of Search** 128/200.23, 203.15, 128/203.12, 200.14, 200.18, 200.21; 239/296, 405, 489, 463

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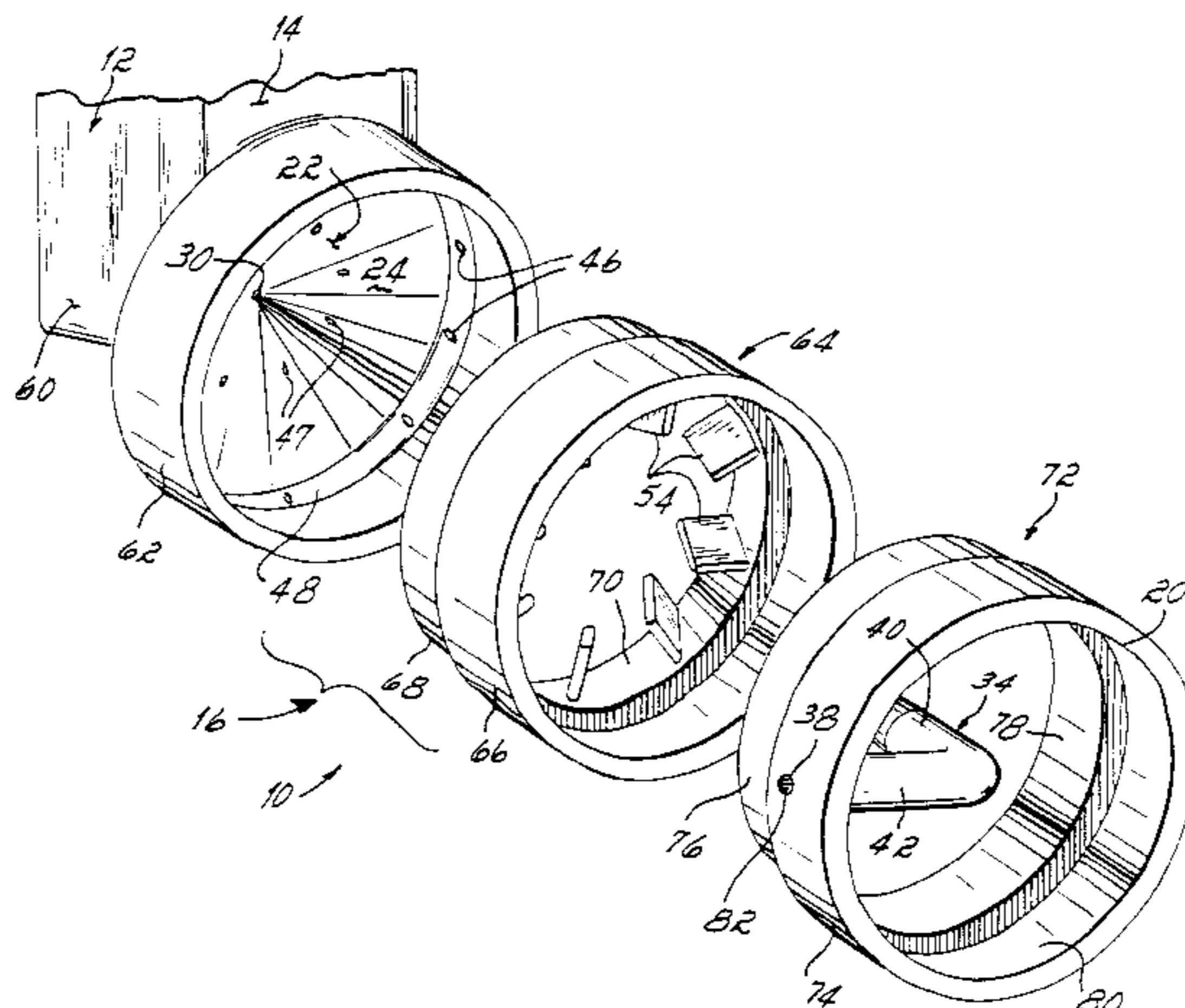
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[57] **ABSTRACT**

A metered dose inhaler (10) for use with a pressurized aerosol canister (18) includes a housing (12) defining a conduit (16) with a mouthpiece (56), and an actuator (26) with a nozzle discharge orifice (30) arranged to discharge aerosol into the conduit. An air tube (34) is arranged within the conduit with an inlet (38) of the air tube formed in the conduit wall (74) and an outlet (36) of the air tube in opposing relationship with the nozzle orifice. Inhalation through the mouthpiece causes air to be drawn into the inlet and flow out of the outlet of the air tube to form an air jet which impinges on an oppositely moving aerosol plume from the orifice. Auxiliary air inlets (46) in the closed end (24) of the conduit provide a boundary layer flow along the inner wall (44) of the conduit. Vortex generators (54) on the inner wall of the conduit add vorticity and turbulence to the boundary layer flow.

10 Claims, 5 Drawing Sheets



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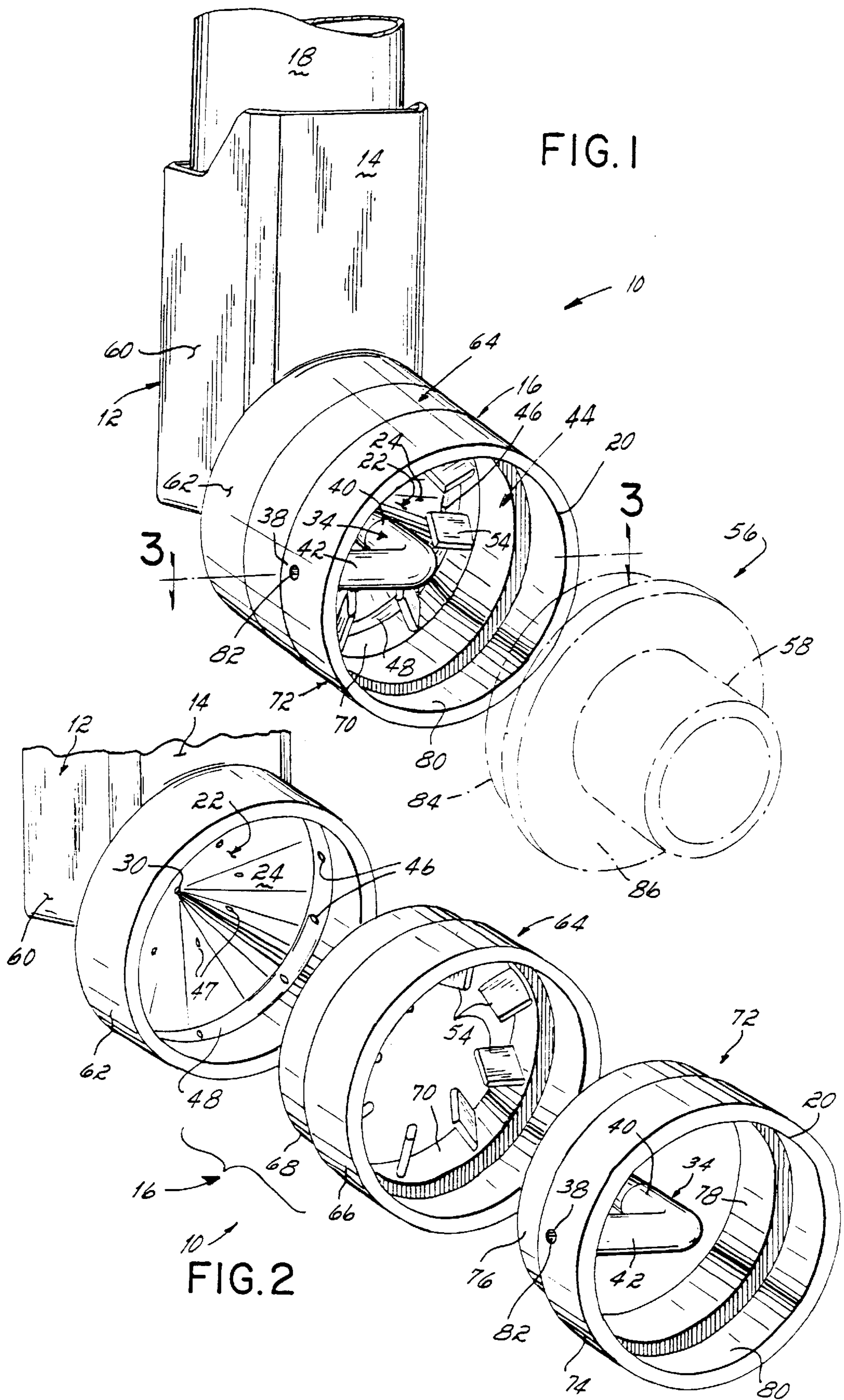
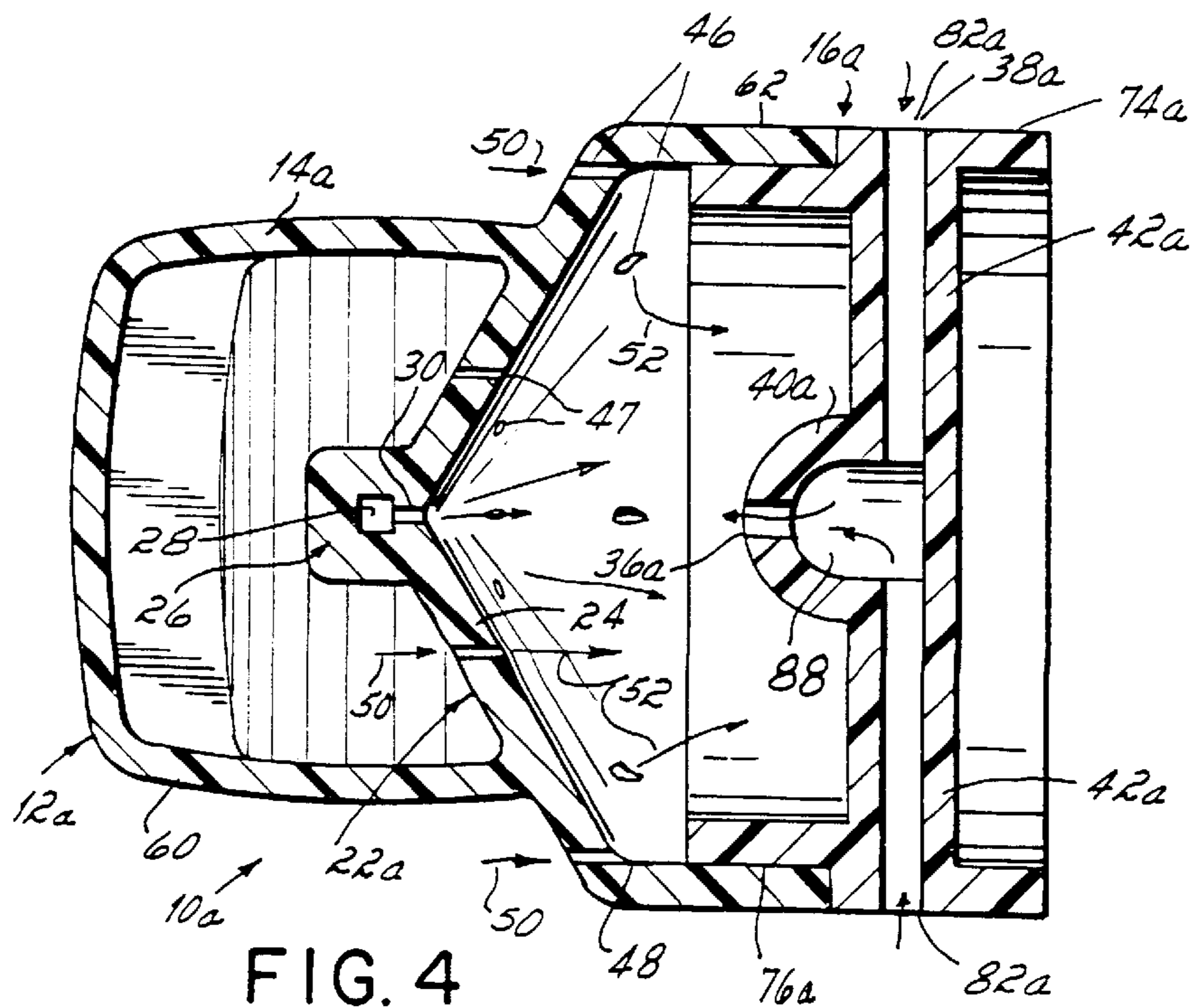
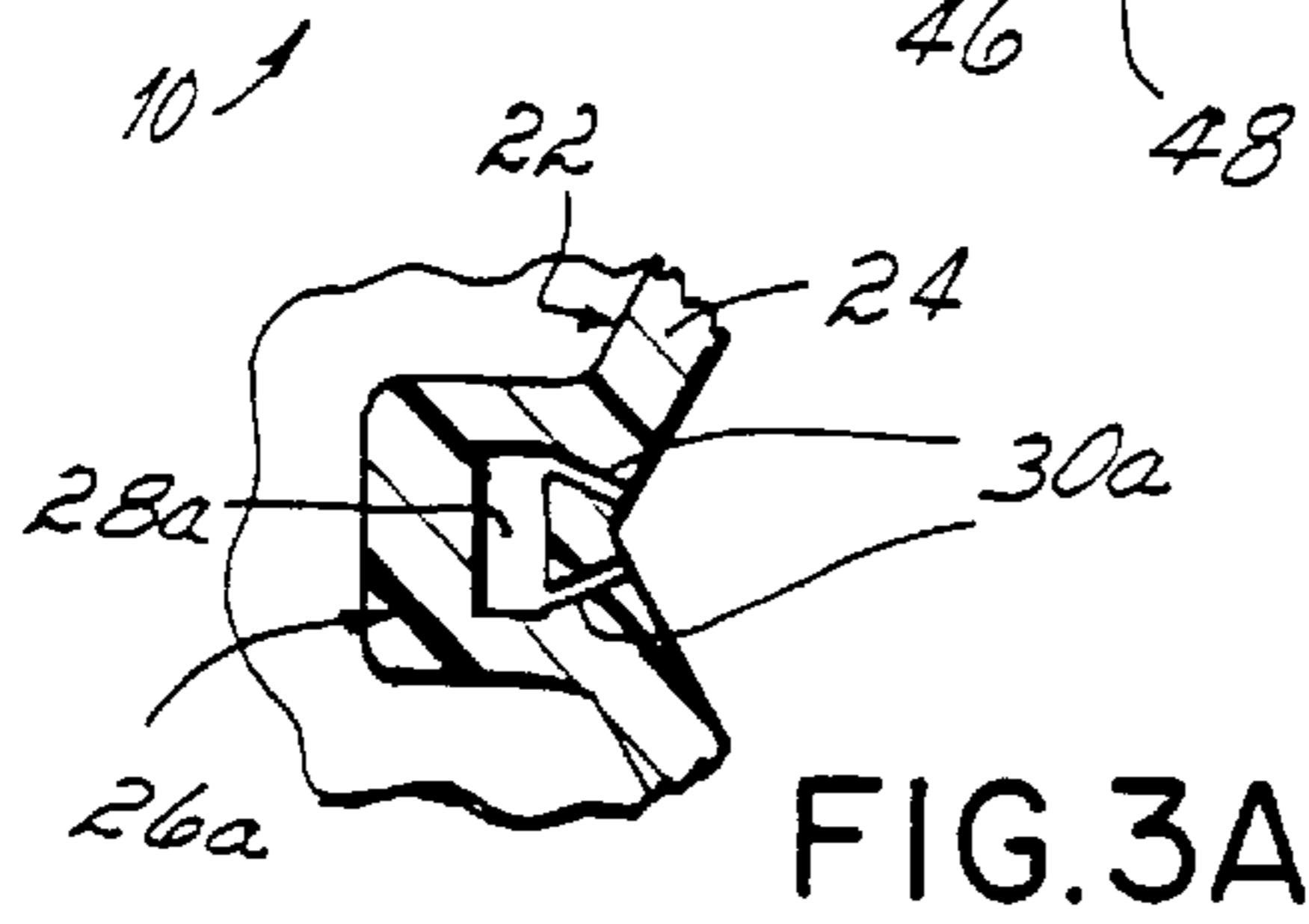
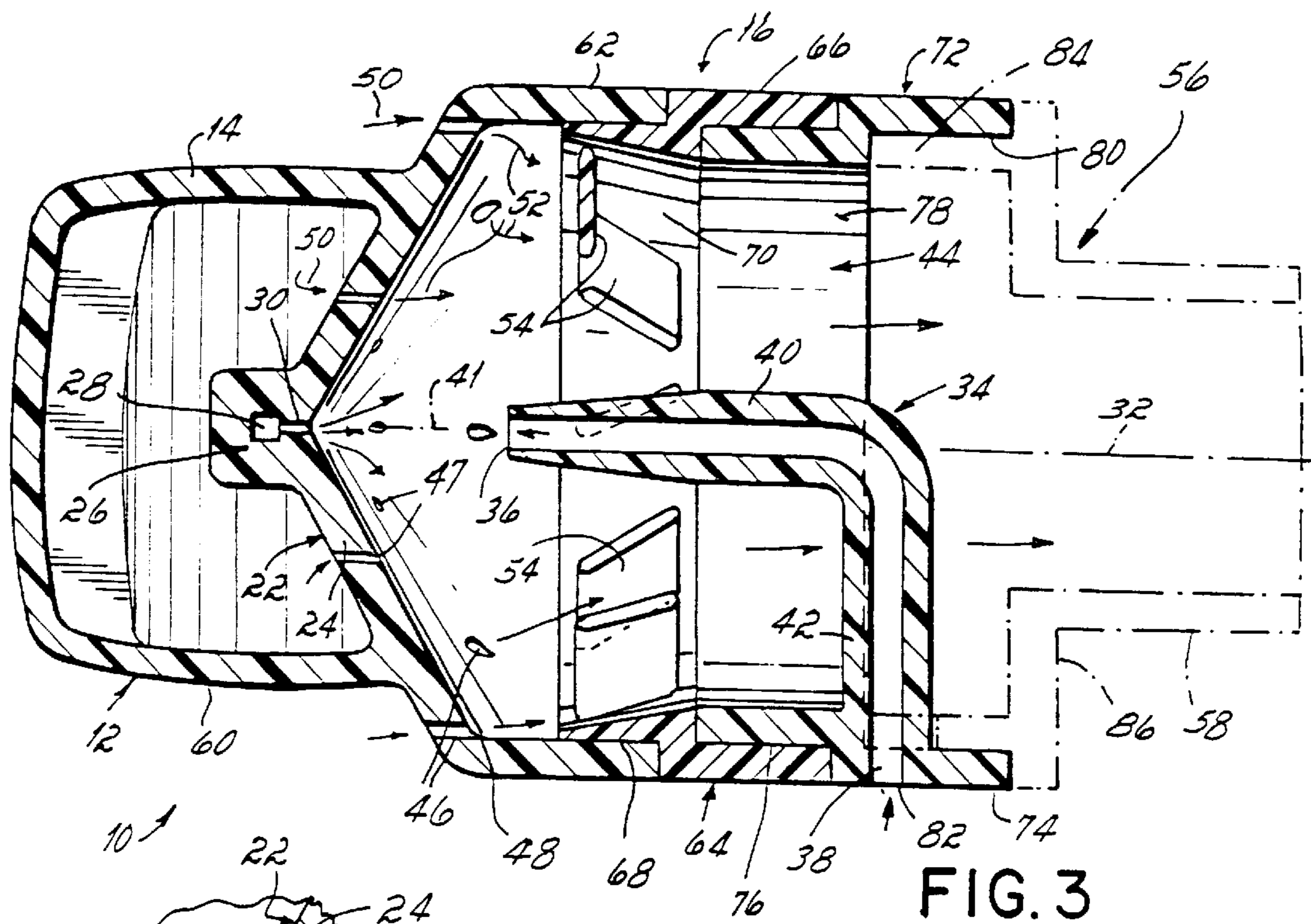


FIG. 1

FIG. 2



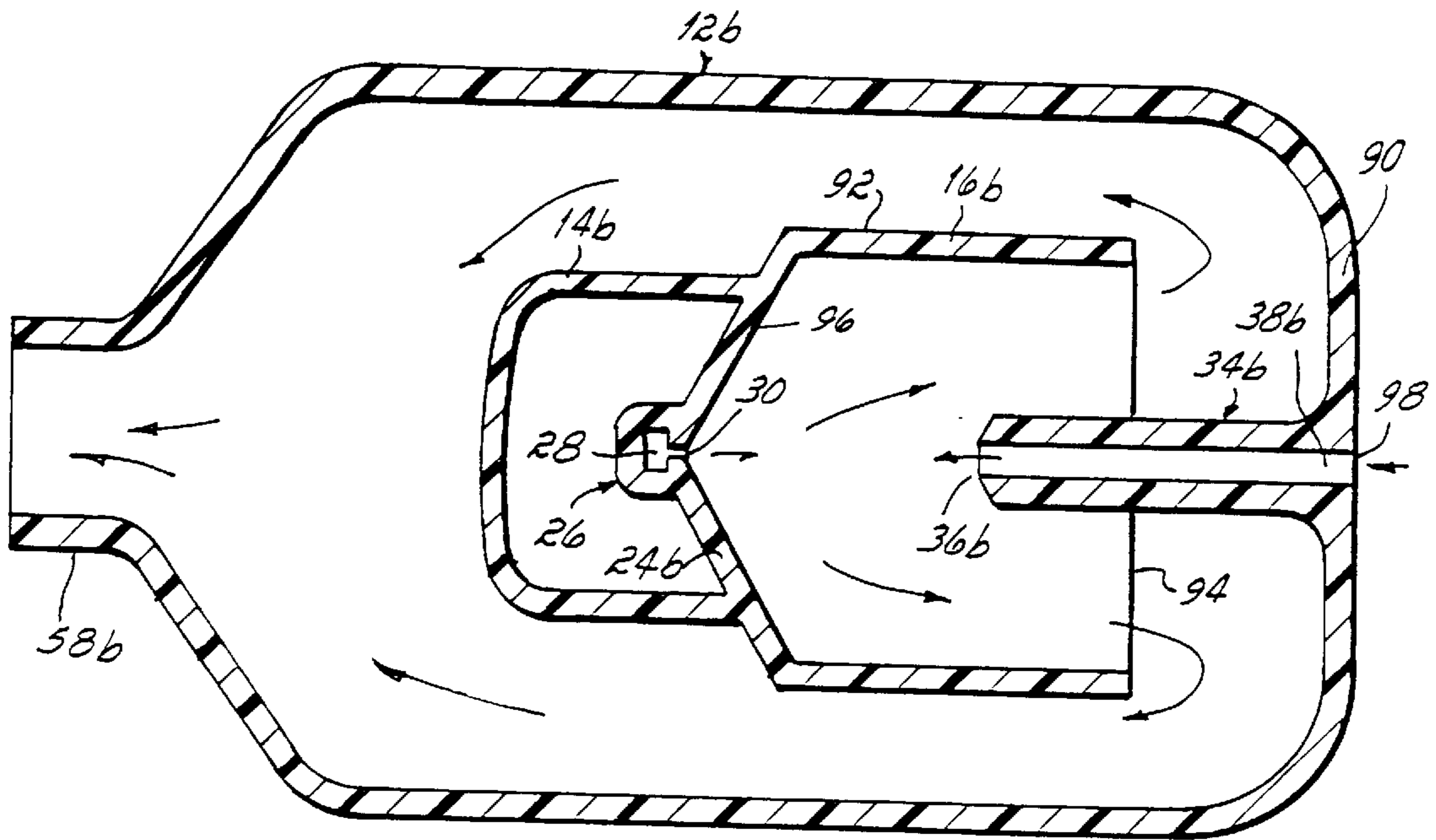


FIG. 5

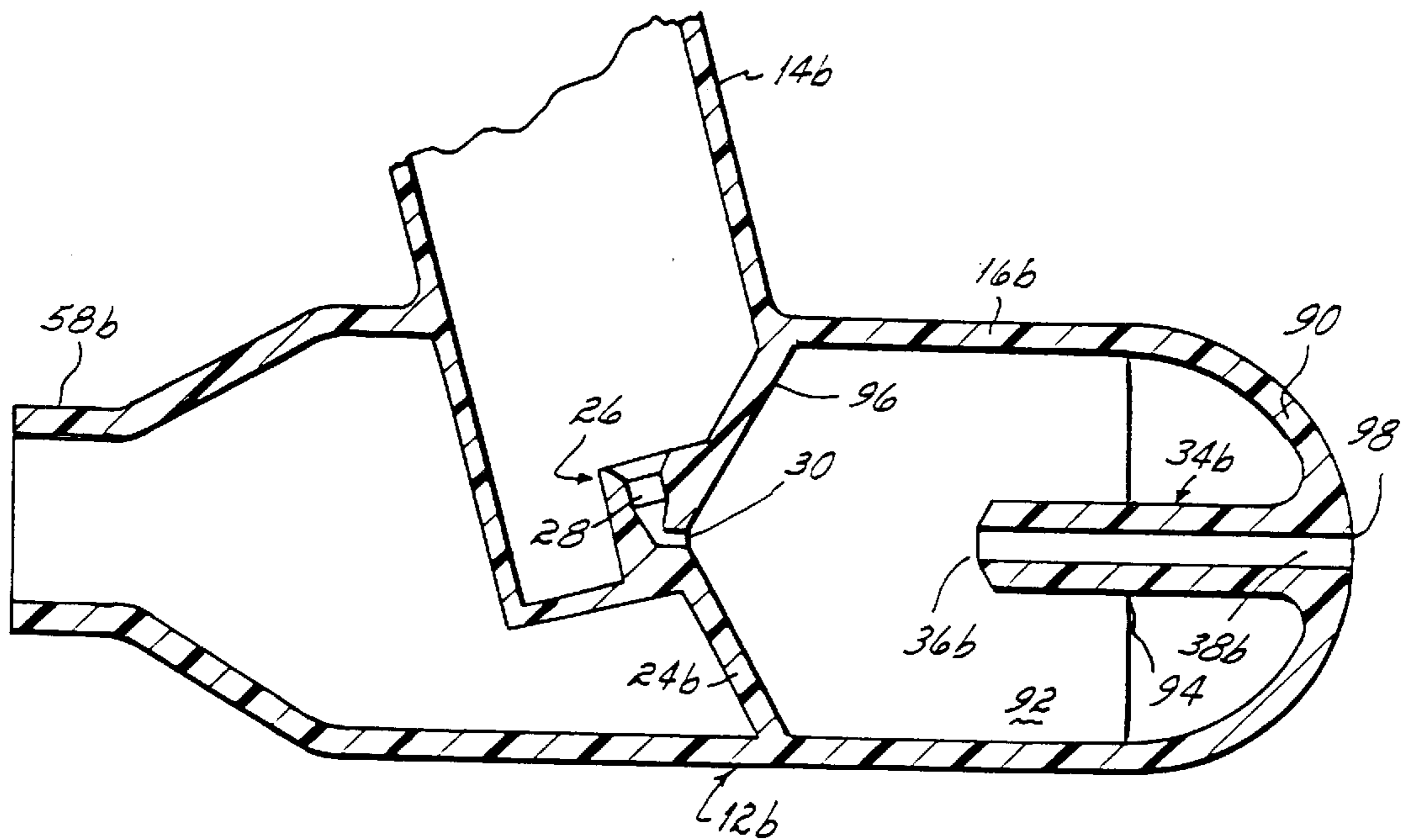


FIG. 6

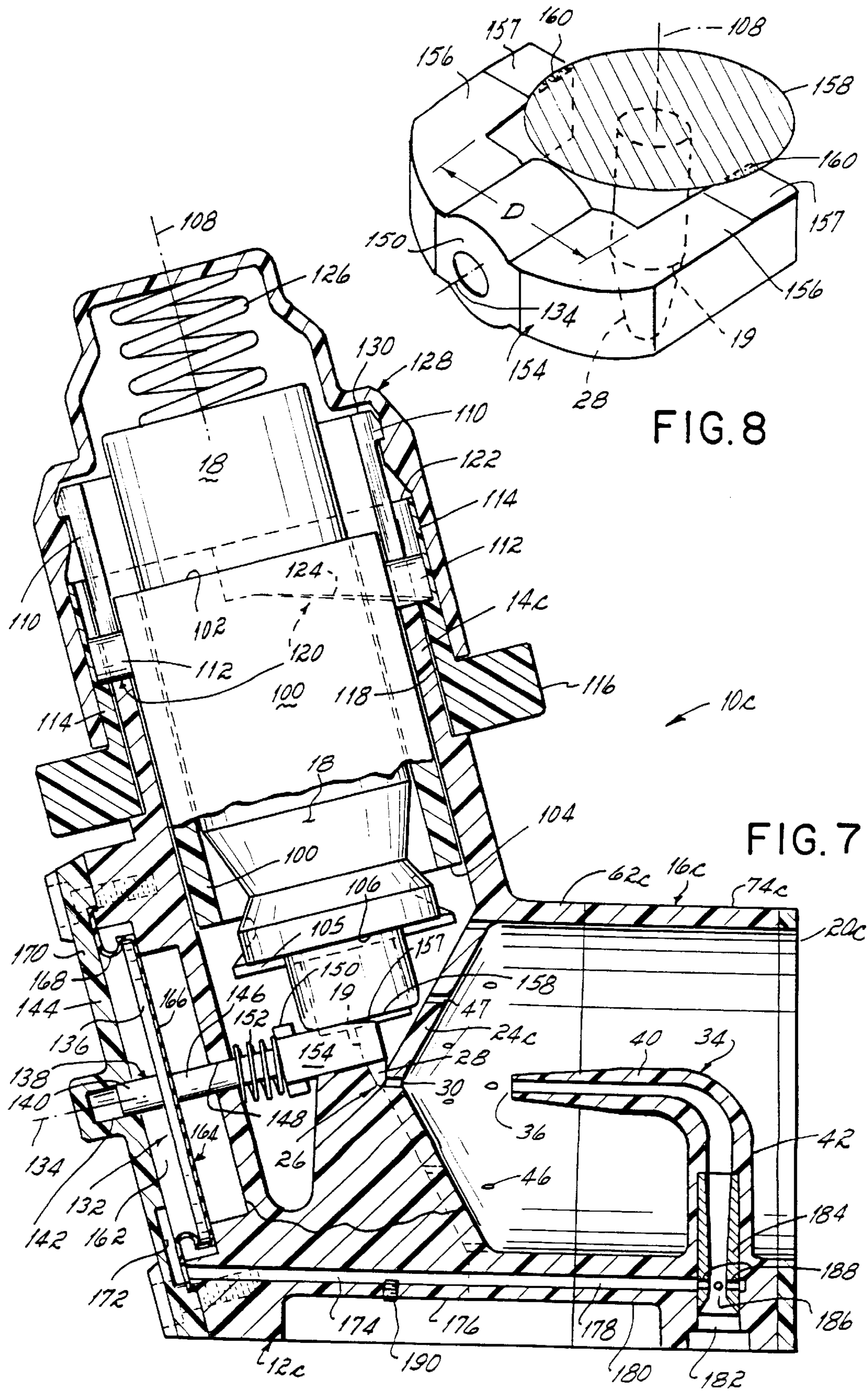


FIG. 8

FIG. 7

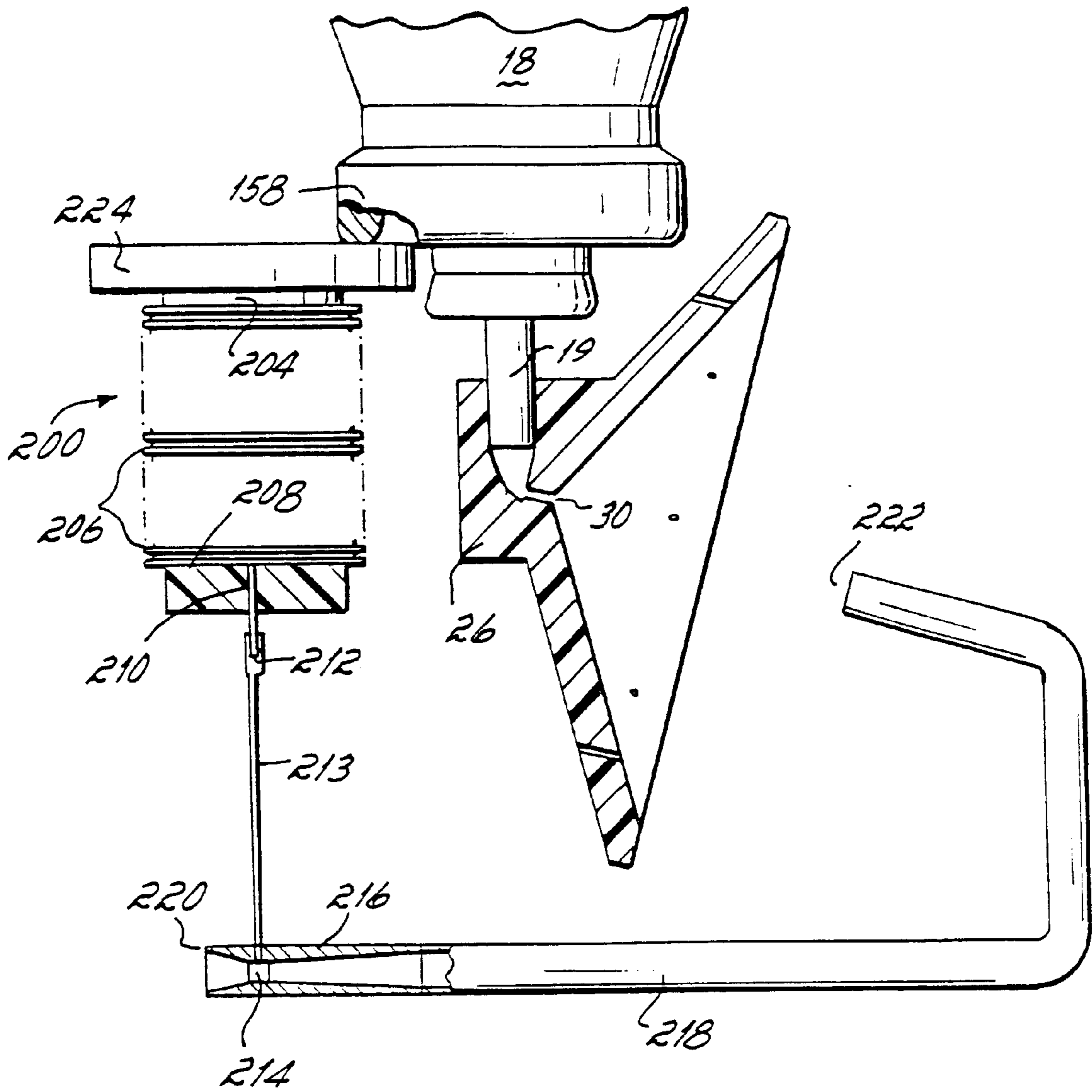


FIG. 9

METHODS AND APPARATUS FOR DELIVERING AEROSOLIZED MEDICATION

This application is a continuation of U.S. application Ser. No. 08/954,352, filed Oct. 17, 1997.

FIELD OF THE INVENTION

The present invention relates to methods and apparatus for delivering a dose of aerosolized medication for inhalation by a patient into the lungs.

BACKGROUND OF THE INVENTION

Aerosols are increasingly being used for delivering medication for therapeutic treatment of the lungs. For example, in the treatment of asthma, inhalers are commonly used for delivering bronchodilators such as β_2 agonists and anti-inflammatory agents such as corticosteroids. Two types of inhalers are in common use, metered dose inhalers (MDIs) and dry powder inhalers (DPIs). Both types have as their object the delivery of medication, which is typically in the form of a solid particulate or powder, into the airways of the lungs at the location of the condition being treated.

In the MDI device, the medication is provided by the pharmaceutical manufacturer in a pressurized aerosol canister, with the medication being suspended or dissolved in a liquid propellant such as a chlorofluorocarbon (CFC) or hydrofluoroalkane (HFA). The canister includes a metering valve having a hollow discharge stem which can be depressed inward into the canister to discharge a metered volume of propellant-medication mixture in the form of an aerosol comprising fine droplets of propellant in which particles of the medication are suspended or dissolved. A typical MDI for use with such a canister includes a housing having an actuator and nozzle. The canister is inserted into the housing with the hollow discharge stem of the canister being received in a bore in the actuator. Depressing the closed end of the canister causes the stem to be pushed inward into the canister so that a metered volume of medication is discharged through the nozzle. The housing further defines a flowpath in fluid communication with the nozzle, the flowpath having an outlet at a mouthpiece portion of the housing, such that the aerosolized medication may be inhaled after it exits the mouthpiece portion. The patient either inserts the mouthpiece into the mouth with the lips closed around the mouthpiece, or holds the mouthpiece at a slight distance away from an open mouth. The patient then depresses the canister to discharge the medication, and simultaneously inhales.

Existing MDIs suffer from a number of significant disadvantages. One problem with existing MDIs is poor delivery efficiency of the medication. It has been estimated that on average, with existing MDIs, only about 10 percent of the medication dose which is dispensed from the canister actually reaches the lungs where it can achieve the intended result.

Poor delivery efficiency is caused by a number of factors. One of these is incomplete evaporation of propellant, resulting in a large portion of the metered dose being delivered in a form which cannot be inhaled into the lungs. For effective delivery of aerosolized medication to the airways of the lungs, it is desirable that most of the particles which are inspired be less than about 10 microns (one micron=one-thousandth of a millimeter) in size, and preferably between about 1 micron and 5 microns. Incomplete evaporation of propellant at the outlet of the mouthpiece results in a substantial fraction of the metered dose being delivered in

the form of relatively large liquid droplets instead of fine dry particles and/or vapor. Such droplets cannot be inspired, but rather tend to impact the inside of the mouth and at the back of the patient's throat, with the result that much of the medication is swallowed. The local concentration of medication in the mouth and throat can cause local immunosuppression response, as well as development of fungal infections in the case of corticosteroids. Additionally, swallowing β_2 agonists causes relaxation of the smooth muscles of the gastrointestinal tract, which decreases contractility and activity of the stomach. Further, the wasted medication has been estimated to cost U.S. patients about \$750 million per year.

Another factor contributing to the problem of poor delivery efficiency is high linear velocity of the aerosol as it exits the mouthpiece, which tends to lead to impaction of the aerosol in the mouth and throat. Ideally, the velocity of the aerosol should match the velocity of the patient's inspired breath so that the particles are entrained in the breath and carried into the lungs. With many existing MDIs, the exit velocity of the aerosol substantially exceeds the velocity of the patient's breath. The high-velocity plume strikes the back of the throat, causing impaction and sticking.

Yet another factor contributing to the poor delivery efficiency of existing MDIs is excessive length of the plume or bolus of aerosol exiting the device. In existing MDIs, this length typically exceeds 25 centimeters, which makes it difficult for the patient to inhale the entire bolus.

In an effort to decrease plume velocity, some MDI designers have added tubular spacers between the aerosol nozzle and the mouthpiece. Although spacers improve delivery efficiency, most of the drug which is discharged from the nozzle impacts and sticks on inner surfaces of the spacer, and is therefore unavailable for inhalation by the user. Thus, MDIs with spacers still suffer from unacceptably low delivery efficiencies.

Furthermore, although dry powder inhalers inherently avoid some of the aforementioned problems of MDIs, such as excessive aerosol velocity, DPIs still suffer from the problem of impaction and sticking of medication on the inner surfaces of the devices, particularly under certain environmental conditions such as high relative humidity, which tends to cause particle aggregation.

Another problem with existing MDIs is the difficulty patients have in coordinating their inhalation with the discharge of the aerosol. In manually operated MDIs, patients frequently inhale too early or too late to effectively inspire the medication. Although a number of breath-actuated MDIs have been devised to address this problem, most of these devices cause discharge at the very onset of the patient's inspiratory effort. Depending on the lung condition being treated and its location, it may often be more desirable for the medication to be discharged near the peak of the patient's inhalation rather than the beginning. Further, it may be desirable to be able to selectively vary the point in the patient's inhalation at which medication is discharged in order to tailor the location of drug delivery to the condition being treated. These advantages are not possible with existing MDIs.

Accordingly, it has been an object of the present invention to provide a method and apparatus for delivering an aerosolized medication in which the respirable fraction of the metered dose (i.e., the fraction in the form of dry particles of the optimum size) is maximized at the exit of the apparatus.

It has been a further object of the present invention to provide a method and apparatus for delivering an aero-

solized medication in which the linear velocity of the aerosol at the exit of the apparatus approximately matches the velocity of the patient's inspired breath.

It has been another object of the invention to maximize dispersion and mixing of the drug particles in the bolus of an aerosol within an inhaler apparatus.

It has been a still further object of the present invention to provide a method and apparatus for delivering an aerosolized medication in which the length of the bolus of aerosolized medication which exits the apparatus is as short as possible.

A further object of the invention has been to provide a method and apparatus for maximizing the evaporation of liquid propellant in an inhaler.

Still another object of the invention has been to provide a method and apparatus for delivering an aerosolized medication in which impaction and sticking of medication on the inner walls of the apparatus is minimized.

It has been another object of the present invention to provide a method and apparatus for delivering an aerosolized medication in which the discharge of medication is synchronized with the patient's inspired breath, and in which the timing of the discharge in relation to the patient's breath can be selectively varied.

SUMMARY OF THE INVENTION

The above and other objects of the invention are achieved by the methods and apparatus of the invention in which flow control techniques and devices are used to promote mixing of the propellant-medication mixture with air to increase evaporation of propellant, to slow down the aerosol plume before it reaches the exit of the apparatus, and to reduce the impaction of aerosol on the inner walls of the apparatus. The invention also provides an apparatus and method for synchronizing the actuation of the canister with the patient's inspiratory effort exerted on the mouthpiece of the apparatus.

More specifically, the invention provides a metered dose inhaler apparatus including a housing adapted to support a pressurized canister, the housing having an actuator and nozzle assembly with a bore adapted to receive the hollow outlet stem of the canister, the housing further including a generally tubular conduit having an open end forming a mouthpiece adapted to be inserted into the mouth of a user, a nozzle discharge orifice of the actuator and nozzle assembly being positioned to direct a plume of aerosolized medication into the conduit; and an air tube supported within the conduit and having an air tube outlet arranged opposite the nozzle discharge orifice and an air tube inlet in fluid communication with ambient air outside the conduit, the air tube being oriented so that air flowing out of the air tube outlet is directed so as to impinge on a plume of aerosolized medication discharged from the canister through the nozzle discharge orifice. Thus, an inspiratory effort exerted on the mouthpiece causes air to flow into the air tube inlet and out the air tube outlet to impinge on the plume and thereby enhance dispersion and mixing of the medication within the conduit. The air jet from the air tube also causes the plume to slow down so that the velocity of the aerosol exiting the device approximately matches the velocity of a patient's inspired breath. Slowing down the plume also increases the residence time of the aerosol within the apparatus and leads to a shorter bolus to be inhaled. The increased mixing and residence time promote more complete evaporation of propellant at the exit of the mouthpiece.

In one embodiment of the invention, the apparatus is configured so that the nozzle discharge orifice directs a

plume toward the open end of the mouthpiece. The air tube is arranged to direct an air jet away from the open end of the mouthpiece so as to impinge on the plume. The air tube is supported within the conduit by one or more hollow spokes connected to the wall of the conduit, with the hollow passage of each spoke being connected at one end to a corresponding passage through the conduit wall to ambient air outside the conduit and at the other end to the inlet of the air tube. When the patient inhales on the open end of the mouthpiece, air is drawn into the air tube to cause an air jet to exit the air tube. Once this air jet has been established, the canister is actuated to discharge a plume of aerosol toward the air jet. The plume and air jet meet, causing mixing and deceleration of the plume.

In another embodiment of the invention, the nozzle is positioned to direct a plume away from the open end of the mouthpiece toward the far end of the conduit, which end is substantially closed by an end wall. The air tube is mounted on the end wall, with the inlet of the air tube connected to a passage through the end wall to ambient air outside the conduit. Inhalation by a patient on the open end causes air to be drawn through the air tube in a direction toward the patient's mouth. Once the air jet from the air tube has been established, the canister is activated to direct a plume toward the closed end of the conduit. The air jet and plume meet, causing mixing and deceleration of the plume. The plume must reverse direction before exiting the mouthpiece, so that the same length of conduit is used twice, thereby further increasing residence time of the aerosol within the device.

To reduce impaction and sticking of medication on the inner walls of the apparatus, the invention provides an aerosol flow control apparatus, useful for either MDI or DPI devices, including a housing defining a conduit, the conduit having an open end defining a mouthpiece and a substantially closed end defined by an end wall remote from the mouthpiece, with a medication dispenser assembly being arranged within the housing to direct medication into the conduit. The medication dispenser may be a pressurized canister with actuator and nozzle, or alternatively may be a dispenser for medication in dry powder form. The end wall includes a plurality of auxiliary air inlets in fluid communication with ambient air outside the conduit, the auxiliary air inlets opening into the conduit adjacent the inner wall of the conduit, in a direction generally toward the open end of the mouthpiece. The conduit further includes a plurality of vortex generators mounted on the inner wall thereof downstream of the auxiliary air inlets, the auxiliary air inlets and vortex generators cooperating to establish a turbulent air flow along the inner wall of the conduit upon an inspiratory effort being exerted on the mouthpiece. The auxiliary air flow acts as a buffer or boundary layer flow along the inner walls of the conduit, reducing the likelihood of aerosol droplets or dry particles impacting and permanently sticking to the inner walls. The vortex generators preferably comprise inwardly directed vanes which are oriented at an angle to the axial direction so as to impart swirl and vorticity to the air flowing over them.

The invention further provides an aerosol flow control apparatus for use with a pressurized canister of medication, in which discharge of the aerosol plume is caused by the patient's inspiratory effort, with the timing of the discharge in relation to the inhalation being selectively variable. To these ends, the apparatus includes a housing adapted to support the canister between a first position in which the discharge stem of the canister is in an inoperative position to a second position in which the discharge stem is in an operative position for discharging a metered volume of

medication, the housing further including an outlet through which a user can inhale, the outlet defining a primary air passage. A canister restraint is arranged in the housing and is movable from a rest position in which relative movement between the canister body and discharge stem is prevented to a discharge position in which such movement is permitted. The canister restraint forms a part of, or alternatively is attached to, a device such as a bellows or a movable diaphragm piston assembly which defines a variable-volume chamber. The inhaler includes a resilient member which urges the canister into the second position upon movement of the canister restraint into its discharge position. A secondary air passage extends through the housing between the primary air passage and ambient air outside the housings the secondary air passage including a venturi. The variable-volume chamber is in fluid communication with a throat of the venturi, whereby inhalation of a user through the outlet causes a low pressure in the venturi throat so as to evacuate air from the chamber and thereby cause the canister restraint to move into the discharge position. By appropriate selection of design parameters such as the chamber cross-sectional area, the force exerted by the resilient member on the canister, the venturi size, and the secondary air passage diameter, the device can be designed to cause actuation of the canister near the peak of a patient's inspiratory effort.

The device preferably further includes means for selectively varying the timing of actuation. For instance, the device may include an adjustment screw intruding into the secondary air passage to act as a variable flow restriction. Turning the screw one direction increases the amount of flow restriction such that for a given inspiratory rate through the mouthpiece, the amount of time required to evacuate the chamber sufficiently to cause actuation is increased. Conversely, turning the screen in the opposite direction decreases the amount of time required to cause actuation.

These and other objects and advantages of the present invention shall become more apparent from the accompanying drawings and the description thereof.

BRIEF DESCRIPTION OF THE DRAWINGS

The accompanying drawings, which are incorporated in and constitute a part of this specification, illustrate various embodiments of the invention and, together with the general description of the invention given above and the detailed description given below, serve to explain the principles of the invention.

FIG. 1 is a perspective view of an inhaler in accordance with the principles of the present invention.

FIG. 2 is an exploded view of the inhaler of FIG. 1.

FIG. 3 is a cross-sectional view of the inhaler taken along lines 3—3 of FIG. 1.

FIG. 3A is a partial cross-sectional view showing an alternative embodiment of the actuator and nozzle of the inhaler.

FIG. 4 is a cross-sectional view similar to FIG. 3, showing an alternative embodiment of the inhaler.

FIG. 5 is a cross-sectional view similar to FIG. 3, showing yet another alternative embodiment of the inhaler.

FIG. 6 is cross-sectional view of the inhaler of FIG. 5 taken on a plane normal to that of FIG. 5.

FIG. 7 is a cross-sectional view of still another alternative embodiment of the invention, having features for achieving automatic actuation of a canister responsive to a patient's inhalation through the inhaler.

FIG. 8 is a perspective view of the trigger which engages and disengages the canister in the inhaler of FIG. 7.

FIG. 9 is side elevational view, partly in cross-section, of yet another embodiment of the invention, showing an alternative arrangement for achieving automatic actuation of a canister responsive to a patient's breath.

DETAILED DESCRIPTION OF THE DRAWINGS

FIGS. 1–3 depict a first embodiment of an inhaler 10 in accordance with the principles of the invention. The inhaler 10 includes a housing 12 which has a receptacle portion 14 connected to a conduit 16. The receptacle portion 14 is in the form of a sleeve adapted to receive a standard pressurized canister 18 containing a medication. The canister 18 forms no part of the present invention. The inhaler apparatus of the present invention is usable with any standard pressurized canister having an internal metering valve with a hollow discharge stem which may be depressed inwardly with respect to the canister body from an inoperative position in which discharge of medication is prevented, to an operative position in which a metered volume of the canister contents is discharged through the hollow discharge stem.

The conduit 16 includes an open end 20 spaced from the receptacle portion 14, and a closed end 22 defined by an end wall 24 which is connected to the receptacle portion 14. The end wall 24 preferably is generally conical or hemispherical in shape, with an apex of the end wall 24 forming the portion of the end wall 24 farthest from the open end 20.

With reference to FIG. 3, the housing 12 further includes an actuator and nozzle assembly 26 supported by the end wall 24. The actuator and nozzle assembly 26 includes a bore 28 which is adapted to receive the hollow discharge stem (not shown in FIGS. 1–3) of the canister 18, and a nozzle discharge orifice 30 in fluid communication with the bore 28. The nozzle discharge orifice 30 is advantageously located at the apex of the end wall 24 and oriented to direct an aerosol plume generally along the central longitudinal axis 32 of the conduit. The orifice 30 preferably has an internal diameter at the exit of less than about 0.025 inch, and more preferably between about 0.005 inch and about 0.019 inch.

Thus, upon the canister 18 being depressed in the downward direction in FIG. 1, a metered volume of medication will be discharged into the bore 28 and out the orifice 30 to form a generally conical plume of aerosolized medication within the conduit 16, directed generally toward the open end 20 thereof. The inhaler 10 includes features which promote dispersion and mixing of the aerosolized medication with air within the conduit to enhance evaporation and decrease the velocity of the liquid propellant discharged from the canister 18. More specifically, the inhaler 10 includes an air tube 34 supported within the conduit 16. The air tube 34 has an outlet 36 which is spaced downstream of and in opposing relationship with the nozzle discharge orifice 30, and an inlet 38 which is in fluid communication with ambient air outside the conduit 16. In the embodiment shown in FIGS. 1–3, the air tube 34 is a bent tube which has a generally axial portion 40 which is generally aligned along the conduit's longitudinal axis 32, and a generally radial portion 42 which is attached to the inner wall 44 of the conduit 16. When a user exerts an respiratory effort on the open end 20 of the conduit 16, air is drawn from outside the conduit 16 into the air tube inlet 38, exiting the air tube outlet 36 in a direction toward the nozzle discharge orifice 30. The portion 40 of air tube 34 is located and oriented within the conduit 16 so that air flowing out from the outlet 36 will impinge on a plume of aerosol exiting the nozzle orifice 30. Once this air flow from the tube 34 has been

established, the metering valve of the canister **18** is actuated to discharge a plume of aerosolized medication from the orifice **30**. The impingement of air from air tube **34** on the plume causes the plume to slow down and be dispersed so as to occupy a larger portion of the cross section of the conduit **16**. The result is enhanced mixing of the aerosol with air, which promotes more complete evaporation of liquid propellant by the time the aerosol bolus exits the open end **20** of the conduit **16**, and a reduction in velocity of the plume exiting the open end **20** so that it approaches the velocity of the inspiratory breath. Accordingly, a greater fraction of the metered dose of medication dispensed from the canister **18** exits the open end **20** in the form of respirable dry particles of the optimum size of about one to five microns moving at a relatively low velocity that substantially matches the inspiratory breath velocity, as opposed to relatively large liquid droplets moving at a relatively high velocity. Impaction and sticking of medication within the mouth and throat are thereby reduced.

The air tube **34** and conduit **16** can be integrally formed of one piece, with the internal passage of the air tube **34** extending through the conduit **16** to establish fluid communication with air outside the conduit **16**. Alternatively, the air tube **34** can be formed of a metal tube bent into the appropriate configuration and attached to the conduit **16** at the inlet end **38**.

Although the embodiments illustrated in FIGS. 1-3 and 7 show the air tube **34** bent at an angle of 90 degrees with the portion **40** coaxially aligned with the axis **41** (FIG. 3) of the nozzle orifice **30**, other arrangements may be used without sacrificing the advantages of the invention. For example, the portion **40** may be arranged at an obtuse angle (i.e., between about 90 degrees and 180 degrees, 180 degrees being defined as exactly opposite to the direction of a plume exiting the orifice **30**) to the axis **41** of the nozzle orifice **30**, with the portion **40** of air tube **34** being oriented to direct an air jet at the orifice **30**. Additionally, the portion **42** which attaches to the conduit wall need not be radial, but can be oriented at an acute or obtuse angle to the conduit wall **44**.

The invention further includes features which reduce the likelihood of liquid droplets or dry particles impacting and permanently sticking to the inner walls **24** and **44** of the conduit **16**. More particularly, the inhaler **10** includes a plurality of auxiliary air inlets **46** through the end wall **24** and circumferentially spaced therearound at at least two different radii from the nozzle orifice **30**. A first circumferential ring of auxiliary air inlets **46** are located adjacent the juncture **48** between the end wall **24** and the inner wall **44** of the conduit **16**. A second circumferential ring of auxiliary air inlets **47** are located radially between the juncture **48** and the nozzle orifice **30**. An inspiratory effort exerted on the open end **20** of the conduit **16** causes air to flow into the auxiliary air inlets **46** and **47** as indicated by arrows **50**, and outward therefrom along the inner wall **44** of the conduit **16** and outward from end wall **24**, as indicated by arrows **52**. This auxiliary air flow forms a buffer or boundary layer air flow along the inner wall **44** and end wall **24** which tends to reduce the impaction and permanent sticking of medication on inner wall **44** and end wall **24**.

To the further attainment of this end, the inhaler **10** also includes a plurality of vortex generators or vanes **54** (best seen in FIG. 2) mounted on the inner wall **44** of the conduit **16** and extending inwardly therefrom. The vanes **54** are located downstream of the auxiliary air inlets **46**, with each vane **54** advantageously being located approximately in axial alignment with one of the auxiliary air inlets **46**. The vanes **54** are oriented at angle to the axial direction defined

by longitudinal axis **32**, so that vorticity and swirl are imparted to air flowing over them. Thus, the boundary layer air flow created by auxiliary air inlets **46** encounters the vanes **54**, which impart vorticity and swirl to the boundary layer air flow. This vorticity and swirl further reduce the likelihood of aerosol droplets or particles impacting and permanently sticking to the inner wall **44**.

As shown in FIGS. 1 and 3, the inhaler **10** includes a separate mouthpiece **56** which connects to the open end **20** of the conduit **16**. The mouthpiece **56** has a reduced diameter portion **58** adapted to be inserted into the mouth of a user of the inhaler **10**. After completely exhaling, the user inserts the portion **58** into the mouth with the lips closed around the portion **58**, and then begins to inhale, which establishes air flow from the air tube **34** and through the auxiliary air inlets **46**. Once these air flows are established and while continuing to inhale, the user depresses the canister **18** to discharge a metered volume of medication and propellant mixture from the nozzle discharge orifice **30**. The user continues to inhale to fill the lungs to their capacity, and then typically holds the breath for a period of time to allow the aerosolized medication to settle within the airways of the lungs.

As shown in FIGS. 1-3, the housing **12** is formed in four sections (including the mouthpiece **56**) which telescopingly fit together. However, for ease of manufacturing, the housing **12** may alternatively be formed in fewer than four sections. For example, the housing **12** may be formed in two sections, a first section including the receptacle portion **14**, end wall **24**, and the conduit **16** up to and including the vanes **54**, and a second section including the portion of conduit **16** having the air tube **34** and the mouthpiece **56**. Alternatively, the housing **14** may be formed in two sections split on a longitudinal plane through the conduit, the two sections being generally mirror images of each other which are joined together along the plane of symmetry. Nevertheless, for illustration purposes, an embodiment having four sections is shown and described.

A first section **60** includes the receptacle portion **14**, the end wall **24** and actuator and nozzle assembly **26**, and a generally cylindrical portion **62** which forms a part of the conduit **16** and is connected to the end wall **24** at the juncture **48**. The first section **60** advantageously is integrally formed of one piece, although it may alternatively be formed in multiple pieces which are subsequently joined together.

A second section **64** includes a second generally cylindrical portion **66** whose inner and outer diameters are equal to those of the first generally cylindrical portion **62**, and a reduced-diameter portion **68** which is telescopingly received within the downstream open end of first cylindrical portion **62**. The portion **68** has an inner wall **70** which is generally conical, converging slightly in the axial direction toward the mouthpiece **56**. The vanes **54** are mounted on the inner wall **70**. Second section **64** preferably is integrally formed of one piece, although it may alternatively be formed in multiple pieces which are subsequently joined.

A third section **72** of the housing **12** includes a third generally cylindrical portion **74** whose inner and outer diameters are equal to those of the second generally cylindrical portion **66**, and a reduced diameter cylindrical portion **76** which is telescopingly received within the open downstream end of second generally cylindrical portion **66**. The outer diameter of portion **76** is approximately equal to the inner diameter of portion **66** so as to provide a tight fit between those parts. The inner surface **78** of portion **76** has a diameter which is approximately equal to the smallest diameter of the conical inner wall **70** so that the juncture

between surfaces 70 and 78 does not present any substantial step in the flowpath defined by the conduit 16. The air tube 34 is mounted on the inner surface of the third section 72 at the juncture between the inner surface 78 and the inner surface 80 of third cylindrical portion 74. A hole 82 through the portion 74 mates with the internal passage of air tube 34 to provide fluid communication between the inlet 38 of air tube 34 and ambient air outside the conduit 16. Third section 72 may be integrally formed of one piece, or formed in multiple pieces and subsequently joined.

The fourth section of the housing 12 is the mouthpiece 56, which has a generally cylindrical portion 84 which is telescopingly received within the open downstream end of the third generally cylindrical portion 74 (which also defines the open end 20 of the conduit 16). The portion 84 is attached to an annular flange 86, which in turn is attached to the reduced diameter portion 58 which is inserted into a user's mouth. The outer diameter of portion 84 is approximately equal to the diameter of inner surface 80 so as to provide a tight fit therebetween.

The housing 12 advantageously is formed of a plastic such as polyamide, polyester, polypropylene, polyethylene, ABS, polycarbonate, or polyacrylate. The housing 12 may be manufactured by any suitable technique such as injection molding or blow molding.

FIG. 3A shows an alternative embodiment of an actuator and nozzle assembly 26a for the inhaler 10, in cross-sectional view on the horizontal plane illustrated in FIG. 3. The actuator and nozzle assembly 26a includes two spaced-apart discharge orifices 30a which are both fluidly connected to the bore 28a and which converge toward each other in the direction of the mouthpiece 56. Thus, depressing the canister 18 so as to discharge a metered volume of medication into the bore 28a causes two aerosol plumes to be emitted from the pair of orifices 30a. The plumes converge and impinge on each other upstream of the air tube outlet 36, causing the aerosol to spread out, thereby aiding mixing of the aerosol with air. Additionally, impingement of the two plumes aids in creating smaller droplets, which enhances evaporation of propellant. It will be appreciated that for convenience of illustration, the bore 28a is shown as being elongated in the horizontal direction and orifices 30a are shown as being spaced apart in the horizontal plane. Advantageously, however, the bore 28a may simply be extended in the vertical direction and the orifices 30a vertically spaced apart and angled toward each other so as to achieve the desired convergence of the two plumes.

FIG. 4 depicts an alternative embodiment of an inhaler 10a in which the elongated air tube 34 of inhaler 10 has been replaced by a shorter air tube in the form of a hub 40a which is supported in the conduit 16 by a pair of hollow spokes 42a. In FIG. 4, parts identified by reference numerals having the letter "a" suffix denote parts analogous to those bearing the same reference numerals without the suffix in FIG. 3, while parts identified with identical reference numbers in FIGS. 3 and 4 denote identical parts. Thus, the hub 40a is analogous to the axial portion 40 of the air tube 34, and the spokes 42a are analogous to the radial portion 42 of air tube 34. The hub 40a includes a central cavity 88 of a first diameter, and an outlet passage 36a of a second smaller diameter. The outlet passage 36a is generally coaxial with the conduit 16 and oriented so that air flowing outward therefrom is directed toward the nozzle orifice 30. The internal passages of spokes 42a are connected to outside air by a pair of holes 82a through the cylindrical portion 74a. In the embodiment of the inhaler 10a shown in FIG. 4, there is no section of the housing analogous to the second section

64 of FIG. 3. Thus, the vanes 54 have been eliminated from the inhaler 10a. However, the auxiliary air inlets 46 are still present in the inhaler 10a to provide a boundary layer air flow along the inner wall of the conduit 16a.

FIGS. 5 and 6 illustrate yet another embodiment of an inhaler in accordance with the principles of the present invention. FIG. 5 schematically depicts a horizontal cross section analogous to FIG. 3, showing an inhaler 10b in which the aerosol plume is directed away from the user so that the aerosol must reverse direction before being inspired. FIG. 6 schematically depicts a vertical cross section of the inhaler 10b. Again, like parts are denoted by like reference numerals, while analogous parts are denoted by the letter "b" suffix. The inhaler 10b includes a housing 12b defining a conduit 16b which has a first closed end defined by an end wall 90 and a second open end defined by a mouthpiece portion 58b adapted to be inserted into a user's mouth. The conduit 16b has a first larger internal cross sectional area over the majority of its length, narrowing to a second smaller internal cross sectional area at the mouthpiece portion 58b. The housing further includes a receptacle portion 14b which penetrates into the conduit 16b at a location between the end wall 90 and the mouthpiece portion 58b. The receptacle portion 14b receives a standard pressurized canister (not shown). The housing 12b further includes an actuator and nozzle assembly 26 arranged at the bottom end of receptacle portion 14b such that the hollow outlet stem of the canister may be inserted into a bore 28 of the actuator and nozzle assembly 26. The details of the actuator and nozzle assembly 26 have already been described in connection with FIG. 3. The nozzle discharge orifice 30 is oriented so as to direct an aerosol plume toward the end wall 90.

The inhaler 10b includes an internal conduit 92 which is coaxially disposed with the conduit 16b. The internal conduit 92 has an open end 94 spaced from and adjacent the end wall 90, and a closed end 96 remote from the end wall 90 and defined by an end wall 24b which supports the actuator and nozzle assembly 26. The inhaler further includes an air tube 34b attached to the end wall 90 and coaxially disposed within the conduit 16b. The air tube 34b intrudes part way into the inner conduit 92 toward the nozzle discharge orifice 30. The inlet 38b of air tube 34b is connected to ambient air outside the conduit 16b by a hole 98 through end wall 90. The outlet 36b of air tube 34b is in opposing relation to the orifice 30. Aerosol emitted from the orifice 30 enters into the interior of inner conduit 92 and proceeds toward the end wall 90 of outer conduit 16b. Inhalation of the user through the mouthpiece 58b causes air to enter through hole 98 into air tube 34b and out the outlet 36b toward the plume. The plume and the air jet from air tube 34b meet, causing the plume to slow down and spread out within inner conduit 92. Continued inhalation by the user causes the dispersed aerosol to exit through the open end 94 of inner conduit 92, and then reverse directions to flow through the space between the inner conduit 92 and the outer conduit 16b, and thence through the mouthpiece 58b. Thus, the aerosol travels a portion of the length of conduit 16b twice, thereby increasing residence time of the aerosol within the device before exiting the mouthpiece 58b. This leads to more complete evaporation of liquid propellant. Furthermore, the flow reversal insures that the velocity of the aerosol exiting the mouthpiece will be substantially equal to the velocity of the user's inspired breath, reducing the problem of impaction in the mouth and throat.

FIG. 7 depicts yet another embodiment of the invention providing automatic actuation of the canister to discharge a dose of medication in response to, and synchronized with,

the user's inspiratory effort. An inhaler **10c** includes a housing **12c** having a conduit **16c** within which an aerosol plume is created for inhalation by the user. The conduit **16c** is shown to include the air tube **34** and the auxiliary air inlets **46**. It may also include the vanes **54** of inhaler **10**. Alternatively, the conduit **16c** may be a simple straight duct with an open end for the exit of aerosolized medication. Thus, with the exception that the conduit **16c** must be adapted to provide fluid communication with a chamber **162** in housing **12c** as discussed below, the details of the conduit **16c** are not important to an understanding of the breath-synchronization features of the invention.

The housing **12c** further includes a receptacle portion **14c** which is connected to the conduit **16c**. The receptacle portion **14c** comprises a generally cylindrical sleeve having a longitudinal axis **108** which is oriented at an oblique angle to the longitudinal axis of the conduit **16c**. A canister **18** resides within the receptacle portion **14c** with its longitudinal axis aligned with the longitudinal axis of the receptacle portion **14c**. Disposed between the receptacle portion **14c** and the canister **18** is an inner sleeve **100**. The inner sleeve **100** has an open top end **102** through which the canister **18** may be inserted, and an open bottom end **104** which is restricted such that the canister **18** cannot go through it but which nevertheless permits the hollow stem **19** of the canister to be inserted into the bore **28** of actuator and nozzle assembly **26**. More specifically, the sleeve **100** adjacent bottom end **104** has inwardly extending ledges **105** which abut the cap portion **106** of the canister. The canister **18** is slidable within inner sleeve along the direction defined by the longitudinal axis **108** of receptacle portion **14c** so as to permit the canister to be depressed toward the actuator and nozzle assembly **26** in order to actuate the canister's metering valve.

The inner sleeve **100** is also slidable within the receptacle portion **14c** along the direction of axis **108** for the purpose of placing the canister **18** in a cocked position ready to be actuated. The receptacle portion **14c** has four longitudinal slots **110** circumferentially spaced apart about 90 degrees, two of which receive a pair of diametrically opposite lugs or cam followers **112** extending outwardly from the outer surface of inner sleeve **100**. Alternatively, the receptacle portion **14c** may have only two slots **110** spaced 180 degrees apart and receiving the lugs **112**. Thus, as the inner sleeve slides longitudinally within receptacle portion **14c**, the lugs **112** slide longitudinally within the respective slots **110**.

The inhaler includes a generally cylindrical cam ring **114** which fits over the outside of receptacle portion **14c**. The cam ring **114** has an annular flange **116** at its lower end which extends outward beyond the outer surface of the housing so as to facilitate gripping of the cam ring **114** by the user's hand. The inner surface **118** of ring **114** has a pair of circumferentially extending recesses or cam tracks **120** formed therein approximately 180 degrees apart which extend longitudinally upward to the open top end **122** of cam ring **114**. Each cam track **120** presents a generally helical surface **124** in facing relationship with one of the lugs **112** protruding outwardly from the inner sleeve **100** through slots **110**. Thus, starting with the cam ring **114** in a position in which each lug **112** is in contact with the lowermost portion of the respective cam track **120** (i.e., that portion of cam track **120** which is farthest from the top end **122** of cam ring **114**), rotation of the cam ring **114** through the arc defined by the cam tracks **120** causes the lugs **112** to ride along the helical surfaces **124** and thereby upwardly advance the inner sleeve **100** in the longitudinal direction toward the top end **122**.

This upward movement of the inner sleeve **100** draws the canister **18** upward by virtue of the ledges **105**. Resisting this upward movement of the canister **18** is a compression spring **126**. The spring **126** is attached to the inner surface of a removable end cap **128** which surrounds the top end **130** of the receptacle portion **14c** and the top end **122** of the cam ring **114** to completely enclose the canister **18** in the housing. When the end cap **128** is thus installed, the spring **126** bears against the end of the canister **18**, biasing the canister downward toward the actuator and nozzle assembly **26**. With nothing to impede the downward movement of the canister **18**, the spring **126** would move the canister downward until the discharge stem **19** were fully depressed into the canister so as to cause discharge of a metered volume of the canister contents. However, the inhaler **10c** includes a mechanism which engages the canister to prevent this downward movement, with the mechanism being responsive to an inspiratory effort of a user exerted on the open end of the conduit **16c** so as to disengage from the canister during the user's inhalation to allow the spring **126** to move the canister into its discharge position.

To these ends, the inhaler **10c** includes a piston assembly **132** which is movable relative to the canister **18** along an axis **134** generally normal to the longitudinal axis **108**. The piston assembly **132** includes a circular disc **136** having a shaft **138** extending centrally therethrough coaxial with axis **134** and protruding outward from both sides of the disc **136**. A first portion **140** of the shaft **138** protruding from the side of disc **136** remote from the canister engages a recess **142** in a wall **144** of the housing, the recess **142** guiding the movement of the piston assembly **132** along axis **134**. A second portion **146** of shaft **138** protruding from the side of disc **136** facing the canister extends through an opening **148** in receptacle portion **14c**, terminating at an enlarged head end **150**. A compression spring **152** is captive between the head end **150** and the wall of the receptacle portion **14c**, biasing the piston assembly **132** toward the canister **18**.

A forked trigger **154** is attached to the head end **150**. The trigger **154** has two spaced-apart parallel prongs **156** (FIG. 8) which extend along the direction of axis **134** to approximately the longitudinal axis **108** of the receptacle portion **14c**. The prongs **156** are spaced apart by a distance **D** which is slightly smaller than the diameter of the canister neck **158** from which the discharge stem **19** protrudes, as shown schematically in FIG. 8. Thus, when the piston assembly **132** is fully extended toward the canister **18**, the canister neck **158** contacts inner edge portions **160** of the prong **156**, as indicated by the shaded regions in FIG. 8. However, when the piston assembly **132** is withdrawn along axis **134** away from the canister **18**, the canister neck **158** clears the prongs **156** so that movement of the canister **18** toward the actuator **26** is permitted. The prongs **156** include portions **157** which slope gently away from the canister neck **158** in the direction along axis **134** toward the canister. The portions **157** reduce the amount of force required for disengagement of the trigger **154** from the canister neck **158**.

Movement of the piston assembly **132** in the direction away from the canister is responsive to air pressure within a variable-volume chamber **162** within the housing. The chamber **162** is defined by the disc **136**, the housing wall **144**, and a flexible diaphragm **164** which connects the disc **136** to the wall **144** in a substantially air-tight manner. Advantageously, the diaphragm **164** includes a circular portion **166** which lies against the side of disc **136** facing the canister **18**, and a skirt **168** which depends from the outer edge of the circular portion **166** and attaches to the housing wall **144**. Further advantageously, the housing wall **144**

comprises a removable cover **170** of the housing, and an edge of the skirt **168** is attached to the housing by being sandwiched between the cover **170** and the remainder of the housing. The circular portion **166** of diaphragm **164** includes a central hole through which the shaft **138** extends and which tightly surrounds the shaft **138** to provide a substantially airtight seal therebetween.

The removable cover **170** includes a recess **172** facing the disc **136** which aligns with a passage **174** formed in a sidewall **176** of the housing. The passage **174** extends toward the open end **20c** of conduit **16c**. The conduit **16c** is formed in at least two sections, a first generally cylindrical section **62c** which includes the sidewall **176** and is connected to the end wall **24c** through which the nozzle orifice **30** extends, and a second generally cylindrical section **74c** which includes the air tube **34** and which connects to the first section **62c**. The passage **174** terminates at the end of first section **62c** which connects to second section **74c**. A passage **178** through a sidewall **180** of the second section **74c** is fluidly connected with and forms an extension of passage **174**. The passage **178** extends into the internal passage **182** of the air tube **34**. A venturi **184** is inserted into the air tube passage **182**. The venturi **184** includes a restricted portion or throat **186**. Air passages **188** extend through the venturi wall in the vicinity of the throat **186**. The venturi **184** is disposed in passage **182** such that these air passages **188** align with the passage **178**. Thus, fluid communication is provided between the venturi throat **186** and the variable-volume chamber **162** by air passages **188**, passage **178** in second section **74c**, passage **174** in first section **62c**, and recess **172** in cover **170**.

It will therefore be appreciated that when a user inhales through the open end **20c** of conduit **16c**, air is drawn from outside the conduit **16c** through air tube **34** into the primary air passage of the conduit **16c**. This air has to flow through the venturi **184**, and consequently a below-atmospheric air pressure exists in the venturi throat **186**. This below-atmospheric air pressure is communicated to the chamber **162**, with the result that the walls of the chamber **162** are subjected to a force proportional to the pressure difference between atmospheric pressure outside the chamber **162** and the below-atmospheric pressure inside the chamber **162**. Consequently, air within the chamber **162** begins to evacuate the chamber **162** through recess **172**, through passages **174** and **178**, through passages **188**, and into the venturi throat **186**, and thence through the air tube **34** into the primary air passage of the conduit **16c**.

As the user continues to inhale through the conduit **16c**, evacuation of air from the chamber **162** causes the volume in chamber **162** to decrease, with the result that the disc **136** and the shaft **138** begin to move toward the wall **144** against the force of the spring **152**. Accordingly, the trigger **154** begins to move so as to disengage the prongs **156** from the canister neck **158**. When the decrease in volume is sufficient to move the trigger **154** far enough to totally disengage the prongs **156** from the neck **158**, movement of the canister **18** toward the actuator **26** is no longer impeded, and the force of spring **126** moves the canister downward so as to cause actuation of the canister's metering valve. A metered dose of aerosolized medication is thereby discharged from nozzle orifice **30** into the conduit **16c** for inhalation by the user.

After the inhaler **10c** has been actuated to dispense a dose of medication, it must be recocked so that it is ready to be discharged again. To this end, the user grasps the ring **114** and rotates it with respect to the housing **12c** through the arc defined by the cam tracks **120**. This causes the inner sleeve **100** and canister **18** to be lifted upward against the force of

spring **126**. When the canister **18** is raised upwardly sufficiently to allow the trigger **154** to clear the canister neck **158**, the spring **152** urges the trigger **154** toward the canister **18** so that the trigger **154** once again is in a fully extended position to engage the canister neck **158**. The user then rotates the cam ring **114** back to its starting position to lower the canister **18**, whereupon the canister neck **158** seats against the prongs **156** of the trigger **154**. The inhaler **10c** is then ready to be used again.

It will be appreciated that the breath-synchronization features described above provide an inhaler in which discharge of medication is automatically responsive to the user's inspiratory effort, so that the user does not have to carefully coordinate manual depression of a canister with the inhalation. Furthermore, discharge of medication does not occur immediately upon the user beginning to inhale on the open end of the device, but rather is somewhat delayed until the volume of chamber **162** has decreased enough to cause actuation. It will also be appreciated that the degree of time delay between initiation of a breath and actuation is dependent on a number of factors, the primary factors being the cross-sectional area of the chamber **162** and the spring constant of the spring **152**, since a discharge of medication requires a certain minimum travel of the canister **18** to cause the discharge stem **19** to be fully depressed, and the travel is proportional to the pressure difference across the chamber times its cross-sectional area divided by the spring constant. Accordingly the inhaler **10c** may be designed with appropriate selection of these factors so as to achieve actuation of the canister **18** near the peak of a user's inhalation.

Moreover, the inhaler **10c** provides breath-responsive actuation of the canister **18** which automatically adjusts to the user's rate of inhalation to discharge the medication near the peak of the inhalation, i.e., near the point at which percent of the volume which the user will eventually inspire with a full inhalation has been inspired. For instance, if a user with normal lung function inhales quickly through the open end **20c**, air will be evacuated from the chamber **162** more rapidly so as to achieve actuation in a relatively short time. Conversely, if a user with impaired lung function inhales slowly through the open end **20c**, air will be evacuated more slowly from chamber **162** so as to achieve actuation in a relatively longer time.

The inhaler **10c** further includes an adjustment screw **190** which extends through the housing **12c** into the passage **174** to form a restriction within passage **174**. By turning the screw **190** one direction, the screw **190** extends farther into passage **174** to increase the restriction, and by turning the screw **190** the opposite direction, it retracts to decrease the restriction. Thus, the timing of actuation of the canister **18** in relation to a particular patient's inhalation may be varied by adjusting the screw **190**. Varying the screw position results in a variation in pressure difference across the walls of the variable-volume chamber **162** at a given flow rate out the open end **20c** of conduit **16c**. Thus, for a given flow rate out the open end **20c** of conduit **16c**, turning the screw **190** to increase the restriction of passage **174** will increase the time period required to evacuate the chamber **162** sufficiently to cause actuation, whereas turning the screw **190** to decrease the restriction will decrease such time period.

FIG. 9 depicts a subassembly of yet another embodiment of an inhaler having features for automatic breath actuation of discharge. In this embodiment, the forked trigger **154** is eliminated and the diaphragm piston assembly **132** is replaced by a resiliently compressible bellows **200** which is disposed between a fixed wall of the housing (not shown) and the canister neck **158**. The bellows **200** itself acts as the

restraint which keeps the canister in a non-actuated position, the bellows being compressed by air pressure into a position permitting the canister to move into a discharge position.

The bellows **200** is advantageously made of stainless steel and has a blind end wall **204** at the end adjacent the canister neck **158**, the end wall **204** being integrally formed with the accordion-folded side wall **206**. The bellows **200** has a second end wall **208** at the end adjacent the housing wall **202**, the end wall **208** also being integrally formed with the side wall **206**. The second end wall **208** is pierced by a tube or needle **210** which establishes an air passage into the interior of the bellows **200**. The needle **210** advantageously is a stainless steel tube similar to a hypodermic needle and is integrally affixed at one end to the end wall **208** by welding or other suitable technique. The free end **212** of the needle **210** extends is attached via an extension tube **213** to the throat **214** of a venturi **216**. The venturi **216** is disposed within a tube **218** which extends from an inlet end **220** which draws air from outside the inhaler housing, to an exit end **222** which is arranged within the conduit (not shown) opposite the nozzle discharge orifice **30**. The tube **218** and venturi **216** may also be formed of stainless steel.

A support/release platform **224** is attached to the blind end wall **204** of the bellows **200**. The support/release platform **224** contacts the canister neck **158** throughout the range of motion undergone by the canister in moving from a rest or ready position to a discharge position. The bellows **200**, via the support/release platform **224**, exerts a spring force on the canister neck **158**. The force of the bellows **200** acts in a direction tending to move the canister neck **158** away from the actuator **26**. Additionally, as is well known, the canister **18** contains an internal spring (not shown) which acts between the canister body and the hollow outlet stem **19** in a direction tending to move the canister **18** away from the actuator **26**. The spring constant of the bellows **200** is selected such that the sum of the spring force exerted by the bellows **200** and the force exerted by the internal spring is slightly greater than the force exerted by the spring **126** (FIG. 7) which exerts a force on the end of the canister **18** in the direction to tend to move the canister **18** toward the actuator **26** into its discharge position. Thus, at rest, with atmospheric pressure acting both inside and outside the bellows **200**, the bellows **200** and internal spring overcome the force of the spring **126** and thereby keep the canister **18** in a ready position preventing discharge of medication therefrom.

However, when a user inhales through the outlet (not shown) of the inhaler, air is drawn through the tube **218**, as previously described in connection with the inhaler **10c**, which creates a low pressure within the throat **214** of venturi **216**. This low pressure is communicated via the extension tube **213** and needle **210** to the interior of the bellows **200**. As a result, the pressure within the bellows **200** is less than the atmospheric pressure which surrounds the outside of the bellows **200**, and therefore there is an air pressure force exerted on the blind end wall **204** in the direction toward the housing wall **202**. The sum of this air pressure force and the force of the spring **126** exceeds the spring forces exerted by the bellows **200** and the canister internal spring, causing the blind end wall **204** of bellows **200** to be compressed toward the housing wall **202**. By virtue of the force exerted on the canister **18** by the spring **126**, the canister follows the end wall **204**. With continued evacuation of air from the bellows **200**, the canister **18** is moved into its discharge position. Once the user completes his inhalation and air flow through the venturi **216** ceases, air pressure is again equalized inside and outside the bellows **200**, and the bellows **200** returns to

its starting position, the forces of the bellows **200** and internal spring forcing the canister **18** back upward against the force of the spring **126** into the ready position. Thus, with the breath-actuation system depicted in FIG. 9, there is no need for a separate cocking system.

The bellows **200** preferably has a spring constant of about 1 pound per inch to about 12 pounds per inch, and a cross-sectional area of about 0.2 to about 0.75 square inch. Thus, a pressure differential of about one pound per square inch across the bellows **200** is sufficient to compress the bellows **200** by an amount of about 0.010 inch to about 0.080 inch. With a standard canister **18**, only about 0.010 inch of relative movement is required between the discharge stem **19** and the canister body in order to cause discharge. Accordingly, the venturi **216** must be sized to create a gage pressure within the throat **214** of about one pound per square inch.

While the present invention has been illustrated by a description of various embodiments and while these embodiments have been described in considerable detail, it is not the intention of the applicants to restrict or in any way limit the scope of the appended claims to such detail. Additional advantages and modifications will readily appear to those skilled in the art. For example, while the inhalers which are illustrated and described have the venturi inlet in communication with ambient air via a passage through the conduit wall, the venturi inlet may alternatively draw air through one of the auxiliary air inlets **46** in the end wall **24**, or through any arrangement having the venturi inlet outside the primary air passage defined by the inhaler conduit. Additionally, the stainless steel bellows **200** of FIG. 8 may advantageously be used in the inhaler configuration depicted in FIG. 7, with the bellows **200** replacing the piston assembly **132** and the blind end wall **204** of the bellows **200** being attached to the forked trigger **154**, and the spring **152** being eliminated by virtue of the resiliency of the bellows **200**. The invention in its broader aspects is therefore not limited to the specific details, representative apparatus and methods, and illustrative examples shown and described. Accordingly, departures may be made from such details without departing from the spirit or scope of applicant's general inventive concept.

What is claimed is:

1. In an aerosol flow control apparatus having a housing defining a conduit with a longitudinally extending inner wall and an open end adapted to be inserted into the mouth of a user and a substantially closed end remote from the open end, and a medication dispenser supported in the housing and arranged to dispense a dose of aerosolized medication into the conduit, a method for delivering a dose of the medication through the open end of the conduit as a dispersed aerosol, comprising the steps of:

discharging a dose of the medication from the medication dispenser to form a plume of aerosolized medication within the conduit; and

at least during the discharging step, providing an auxiliary air flow along the inner wall of the conduit by an inspiratory effort exerted on the open end of the conduit, the auxiliary air flow being drawn through a plurality of air inlets formed through the substantially closed end of the conduit and thence over a plurality of vortex generators mounted on the inner wall, whereby a downstream of the medication dispenser circumferential swirling turbulent boundary layer flow is created along the inner wall of the conduit to reduce impaction and adhesion of medication thereon.

2. An aerosol flow control apparatus, comprising: a housing including a conduit with an open end adapted to be

inserted into the mouth of a user, a substantially closed end remote from the open end, and an inner wall extending longitudinally between the open and closed ends;

a medication dispenser supported in the housing and adapted to dispense a dose of aerosolized medication into the conduit;

a plurality of air inlets formed through the substantially closed end of the conduit adjacent the inner wall; and

a plurality of vortex generators mounted on the inner wall downstream of the air inlets and downstream of the medication dispenser;

whereby an inspiratory effort exerted on the open end of the conduit causes air to be drawn through the air inlets and over the vortex generators, thereby establishing a circumferential swirling turbulent boundary layer flow along the inner wall of the conduit to reduce impaction and sticking of medication thereon.

3. The aerosol flow control apparatus of claim **2**, wherein the medication dispenser includes a pressurized canister containing medication, and the housing, includes an actuator and nozzle assembly adapted to receive a hollow discharge stem of the canister, the actuator and nozzle assembly having a nozzle discharge orifice disposed to discharge aerosolized medication into the conduit.

4. The aerosol flow control apparatus of claim **3**, further comprising an air tube supported within the conduit and having an outlet arranged opposite the nozzle discharge orifice and an inlet in fluid communication with ambient air outside the conduit, so that an inspiratory effort exerted on the open end of the conduit causes air to flow into the air tube inlet and out of the air tube outlet, the air tube being oriented so that air flowing out of the air tube outlet is directed so as to impinge on a plume of aerosolized medication discharged from the canister through the nozzle discharge orifice.

5. An aerosol flow control apparatus comprising:

a housing including a generally tubular conduit having an inner wall and an open end;

a medication dispenser assembly disposed within the housing and adapted to dispense a dose of aerosolized medication into the conduit; and

a plurality of vortex generators mounted on the inner wall of the conduit downstream of the medication dispenser,

the vortex generators establish circumferential swirling turbulent boundary layer air flow along the inner wall of the conduit upon an air flow being established through the open end of the conduit.

6. The aerosol flow control apparatus of claim **5**, wherein the conduit includes a substantially closed end defined by an end wall remote from the open end, the end wall including a plurality of auxiliary air inlets in fluid communication with ambient air outside the conduit and opening into the conduit adjacent the inner wall thereof upstream of the vortex generators, the auxiliary air inlet and vortex generators cooperating to form a turbulent boundary layer flow along the inner wall of the conduit.

7. The aerosol flow control apparatus of claim **6**, wherein the medication dispenser assembly comprises a pressurized canister of medication, an actuator and nozzle assembly including a bore adapted to receive a hollow outlet stem of the canister, and a nozzle discharge orifice in fluid communication with the bore and arranged to direct a plume of aerosolized medication into the conduit.

8. The aerosol flow control apparatus of claim **7**, wherein the vortex generators comprise vanes mounted on the inner wall of the conduit, the vanes being oriented at an angle in the axial direction defined by a longitudinal axis of the conduit.

9. The aerosol flow control apparatus of claim **8**, wherein the end wall is generally conical or hemispherical in shape with an apex of the end wall forming the portion of the end wall farthest from the open end of the conduit, the nozzle discharge orifice being located at the apex, the auxiliary air inlets being located adjacent the juncture between the end wall and the inner wall of the conduit.

10. The aerosol flow control apparatus of claim **9**, wherein the actuator and nozzle assembly includes a second nozzle discharge orifice in fluid communication with the bore, the two nozzle discharge orifices being spaced apart and oriented at an angle to one another such that the plumes discharged from the orifices impinge on one another within the conduit so as to promote dispersion and mixing of the aerosolized medication.

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