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(54) **NEURAL INTERFACE INSERTION AND RETRACTION TOOLS**

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(71) Applicant: **Modular Bionics Inc.**, Berkeley, CA (US)

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(72) Inventors: **Ian Loren Halpern**, San Francisco, CA (US); **Mark William Merlo**, Santa Ana, CA (US)

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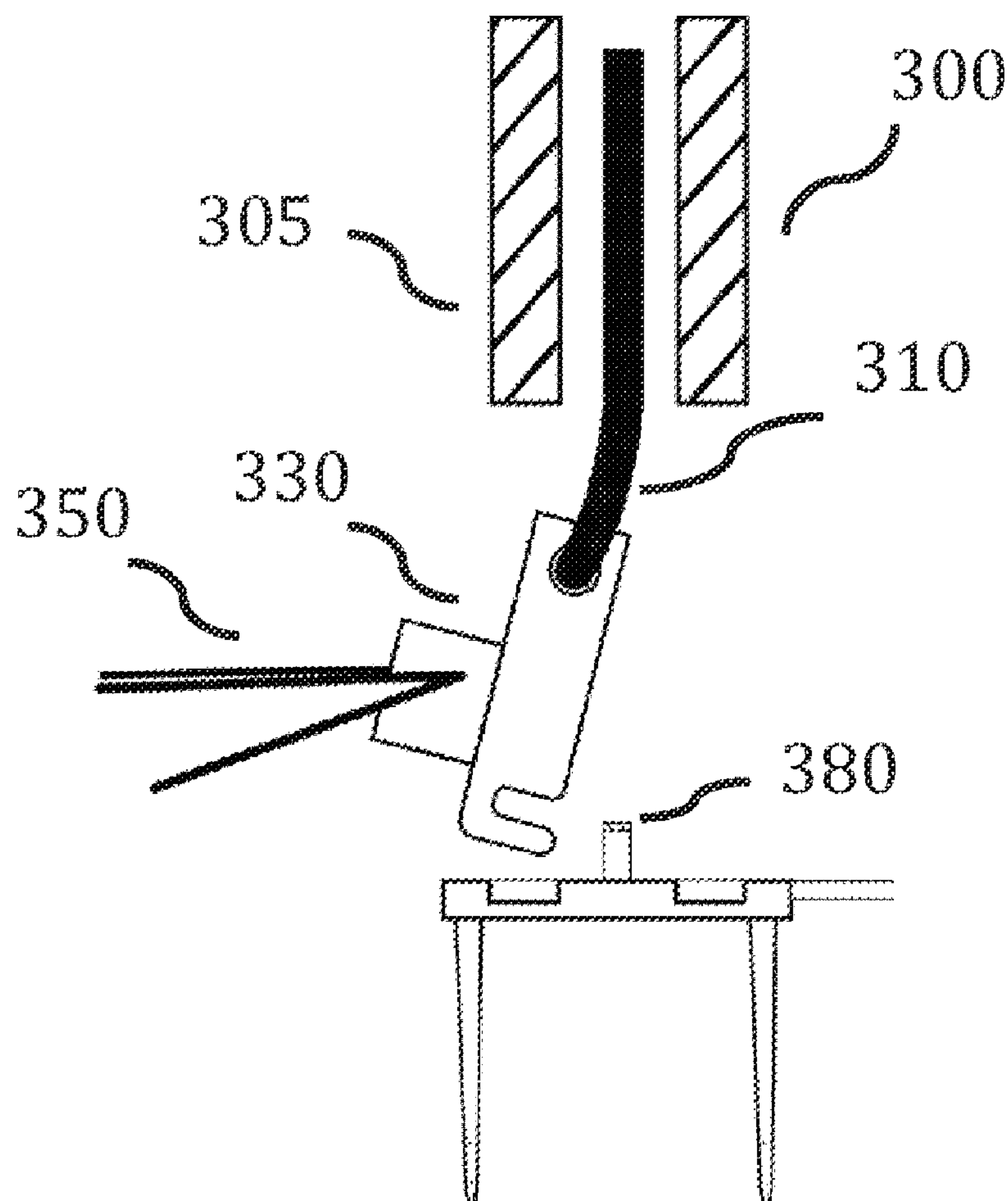
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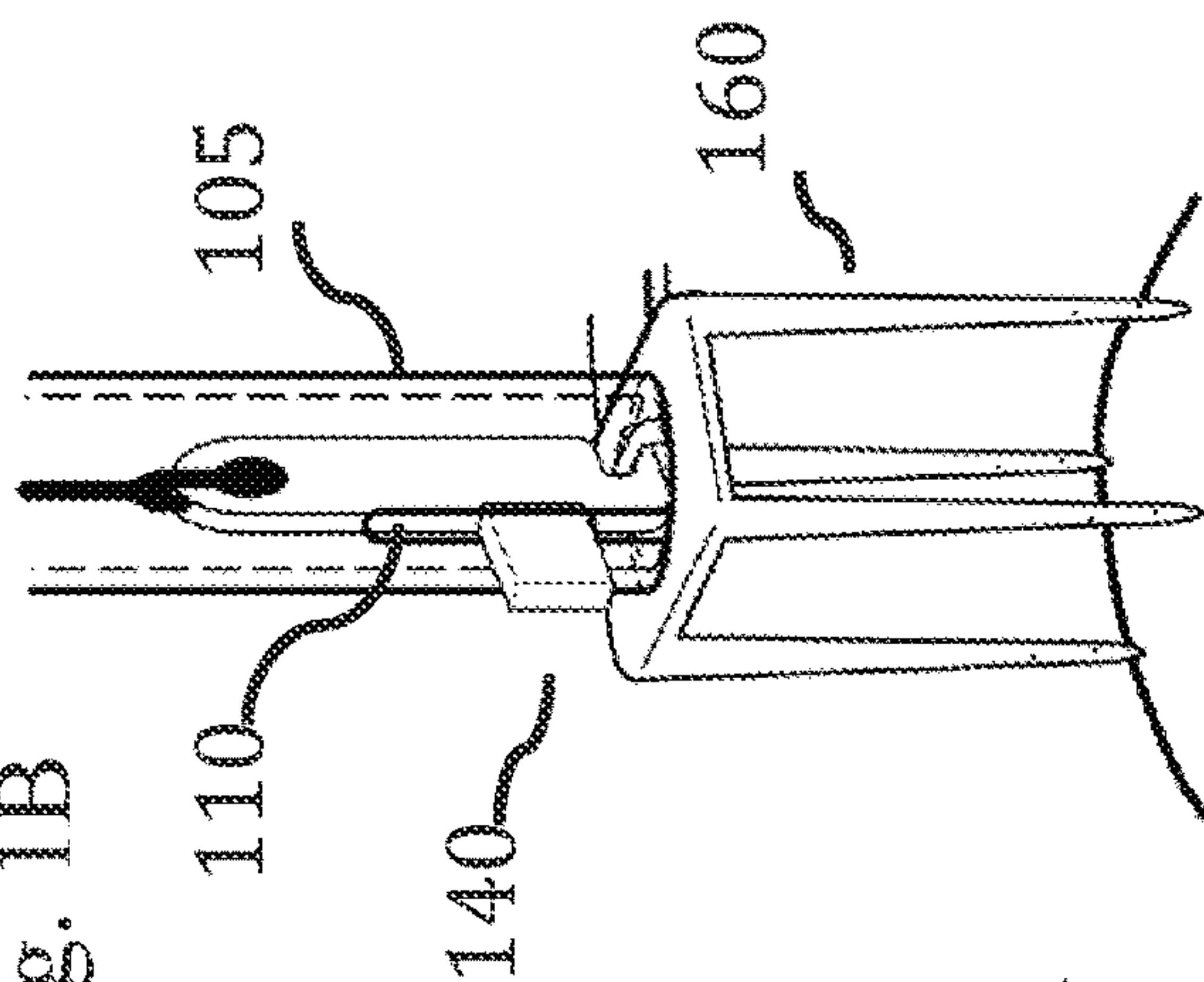
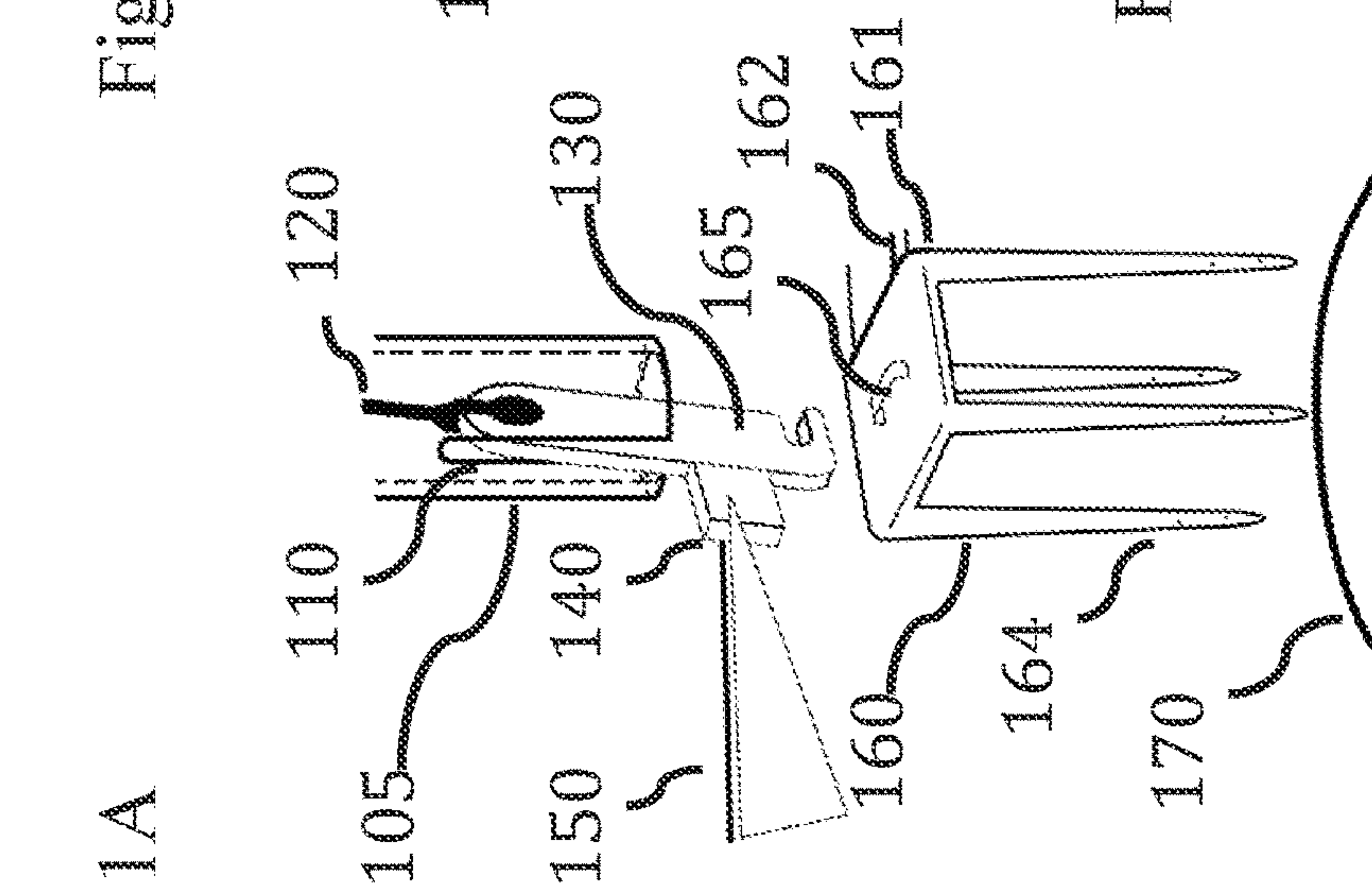
#### ABSTRACT

Devices and methods for manipulating devices such as micro-scale devices are provided. The devices can include a tether of various materials surrounded by a stiff body. The tether interfaces with microscale devices to draw them against the stiff body, holding the microscale devices in a locked position for insertion into or extraction out of tissue. The tensional hook and stiff body are configurable in a multitude of positions and geometries to provide increased engagement. Such configurations allow for a range of implantation and extraction surgical procedures for the device within research and clinical settings.

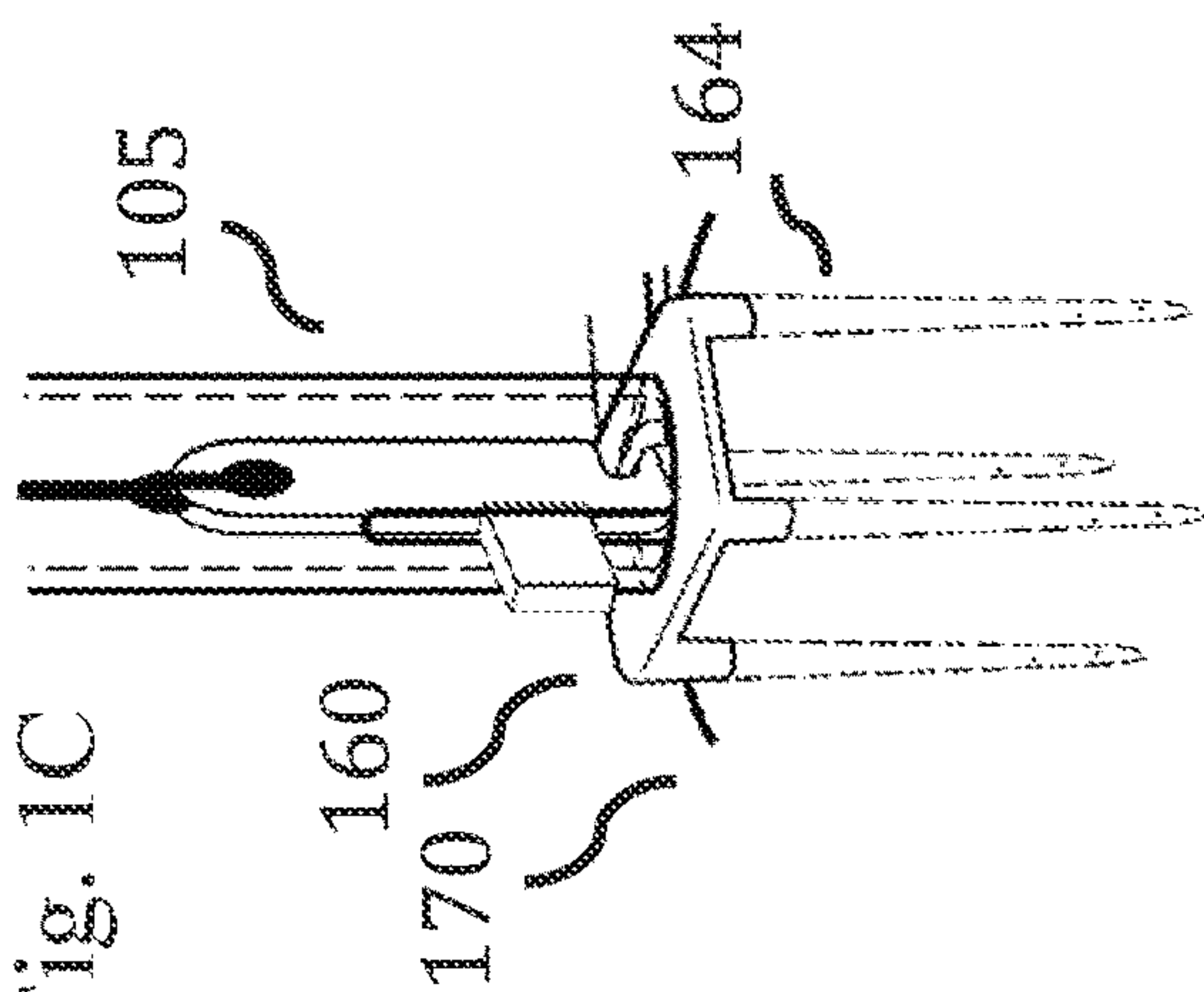




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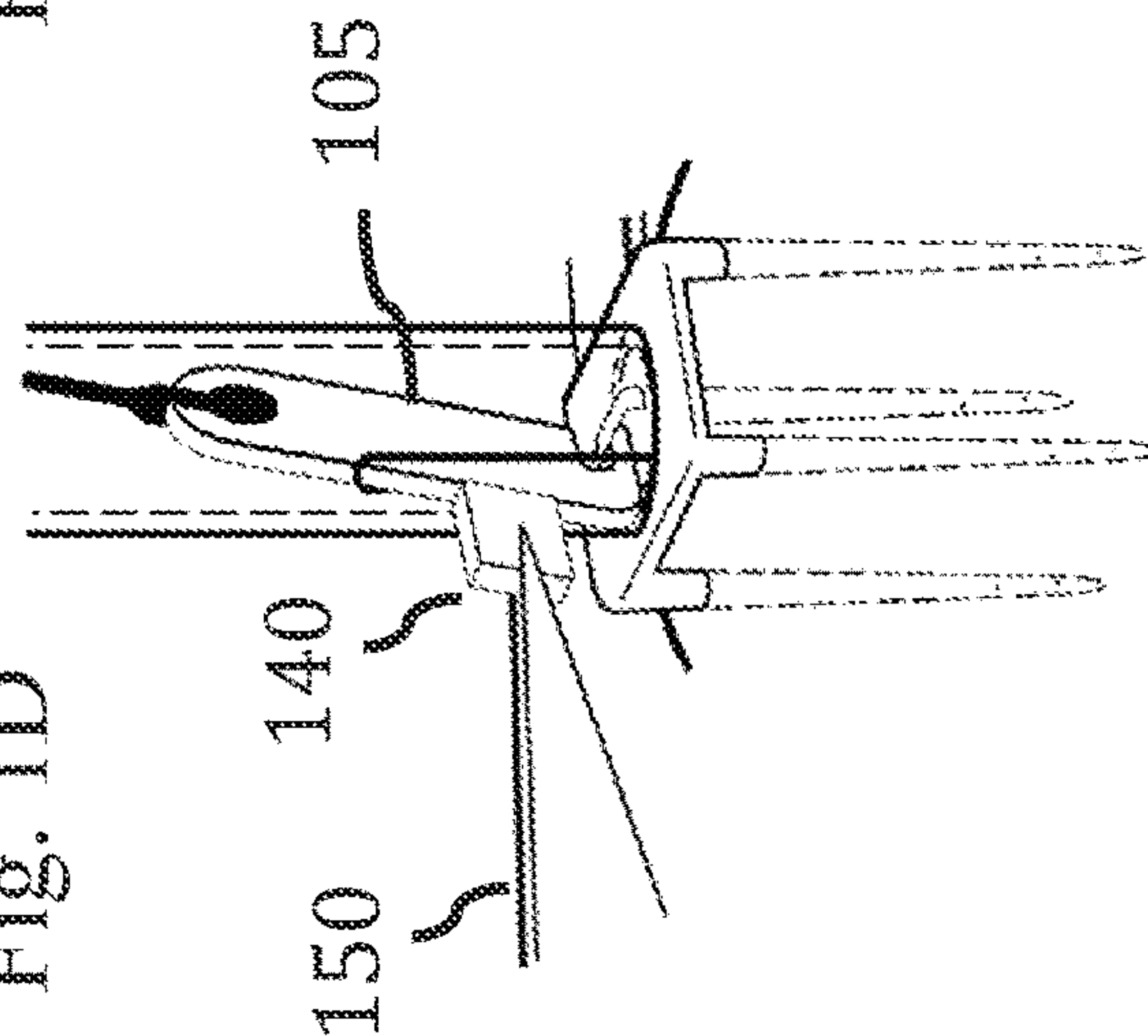


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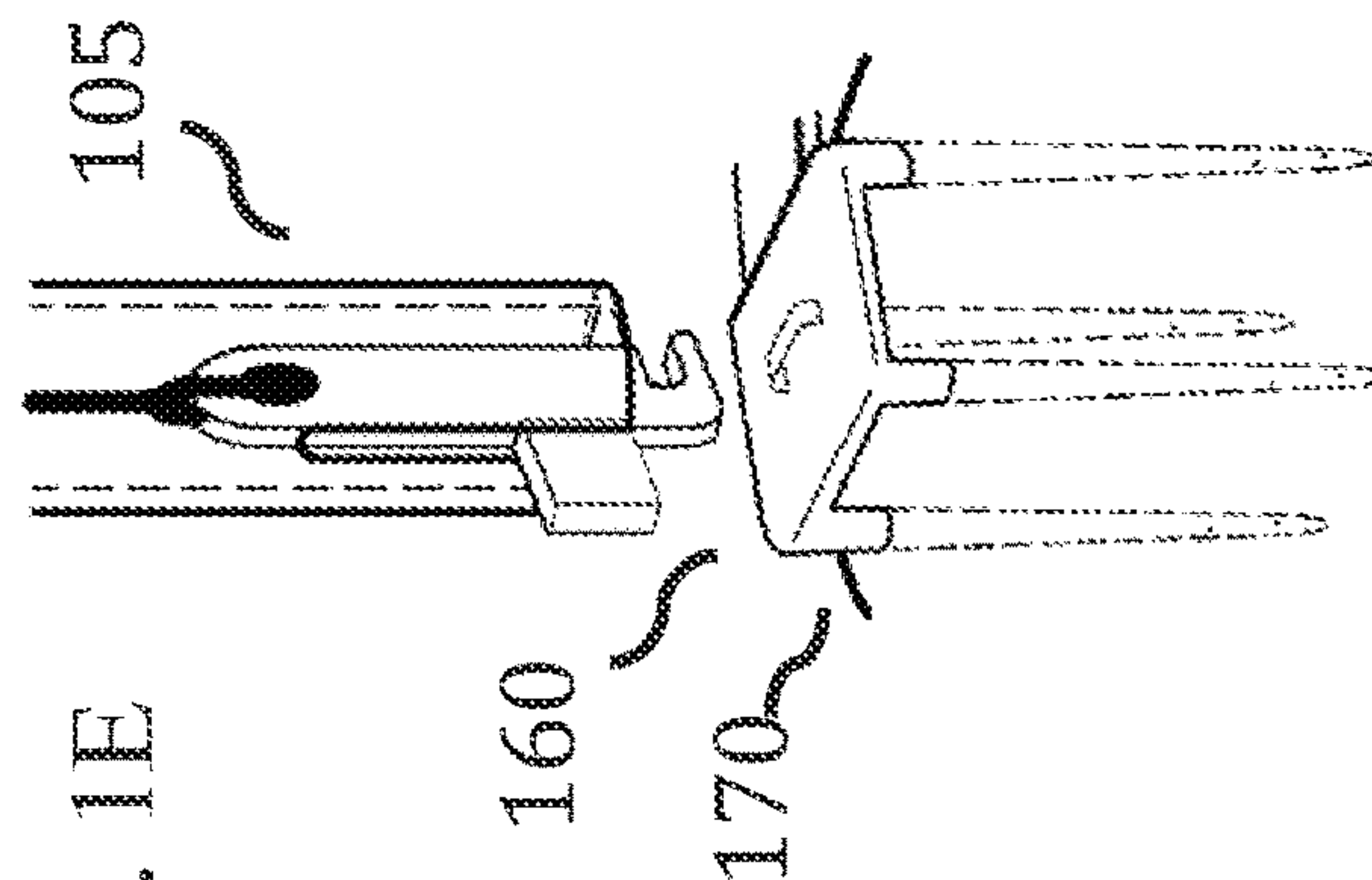




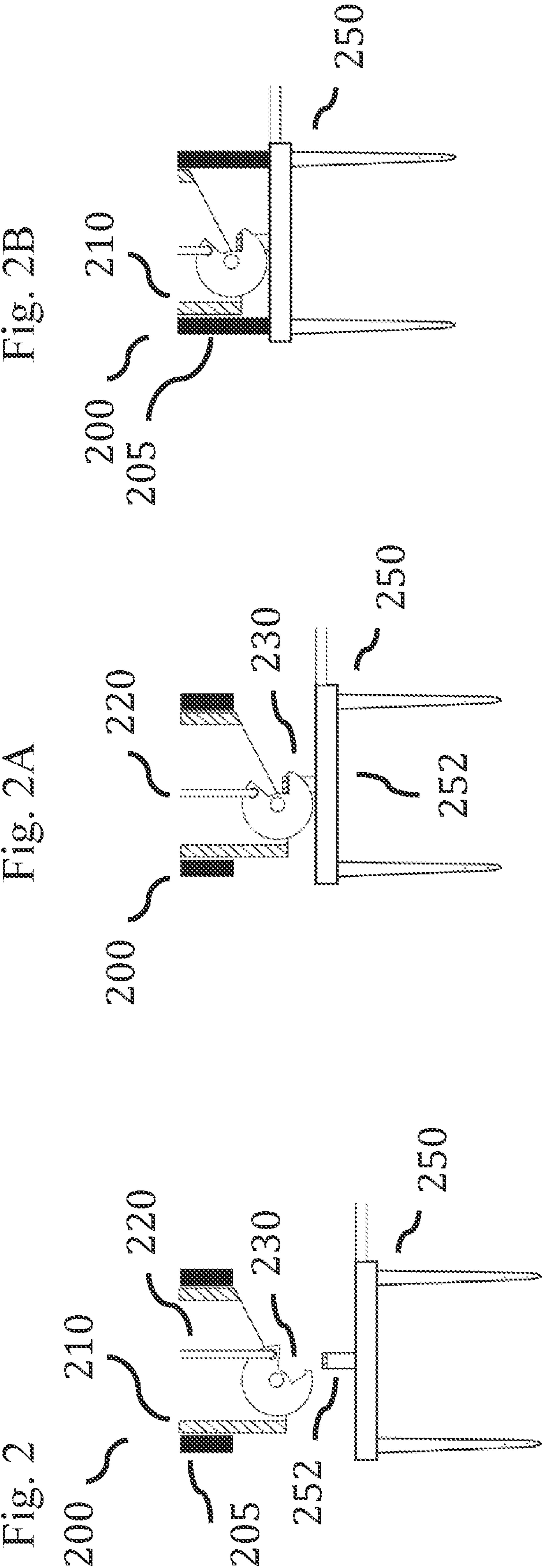


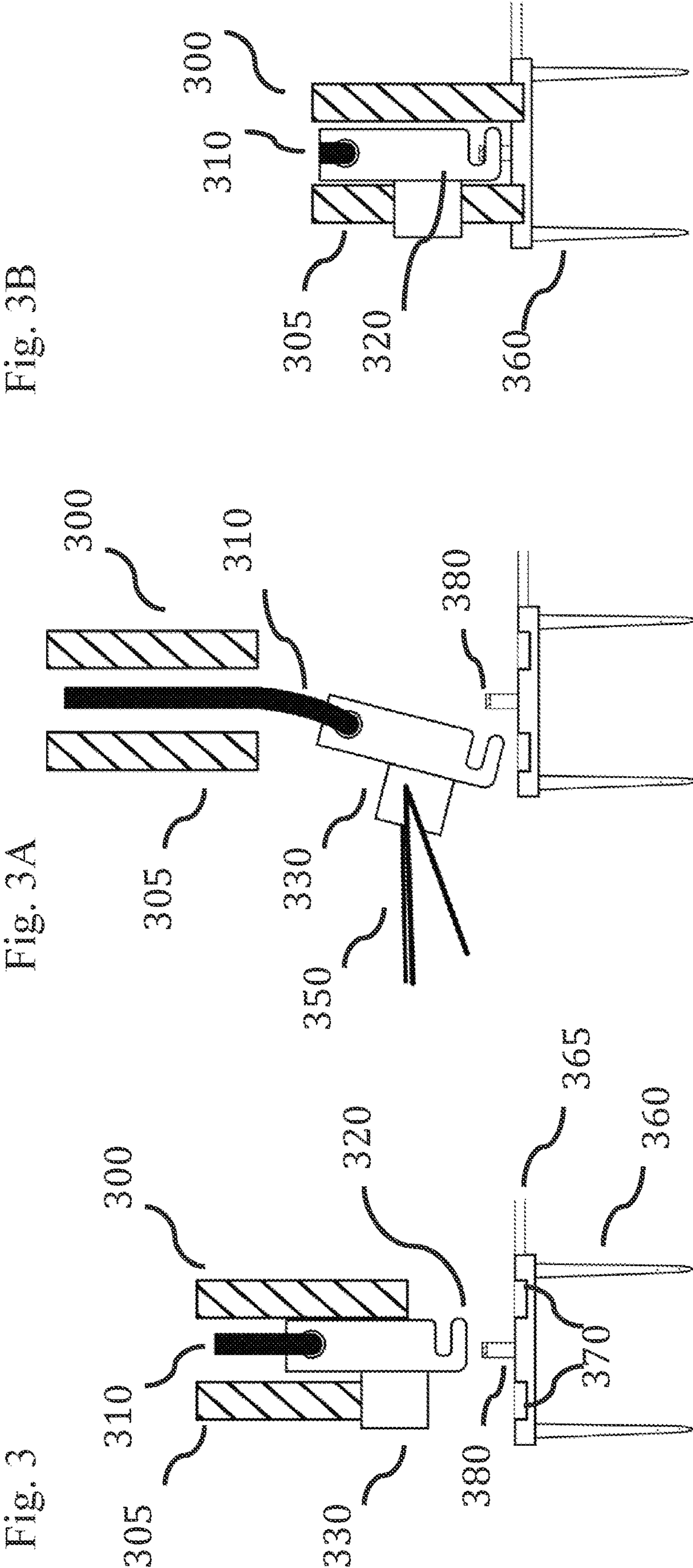



  
 NATIONAL BUREAU OF STANDARDS











## NEURAL INTERFACE INSERTION AND RETRACTION TOOLS

### STATEMENT REGARDING FEDERALLY SPONSORED R&D

**[0001]** This invention was made with government support under NIH Grant/Federal Identifier Number R43NS081837 awarded by the National Institutes of Health of the United States of America. The government may have certain rights in the invention.

### INCORPORATION BY REFERENCE TO ANY PRIORITY APPLICATIONS

**[0002]** Any and all applications for which a foreign or domestic priority claim is identified in the Application Data Sheet as filed with the present application are hereby incorporated by reference under 37 CFR 1.57.

### BACKGROUND

**[0003]** Some aspects of the present invention relates generally to tools used to implant and remove neural interface devices within nervous systems. More particularly, some embodiments of the invention relates to device systems that can be used to insert and retract a range of microscale devices dependent upon the desired research or clinical purpose.

### SUMMARY

**[0004]** Disclosed herein is a method of inserting a micro-scale device into a target substrate. The method can include, in some embodiments, providing an insertion tool comprising a tether having a proximal end, a distal end, and an elongate body, and an end effector operably connected to the distal end of the tether. The method can also include mechanically coupling the end effector to a portion of the micro-scale device. The method can also include positioning the micro-scale device at a desired location within a target substrate. The method can further include mechanically decoupling the end effector from the micro-scale device. Also, the method can include withdrawing the insertion tool from the target substrate. In some embodiments, positioning the micro-scale device at a desired location includes moving the end effector distally with respect to a housing of the insertion tool. The housing can include, for example, a tubular body that includes a central lumen. The end effector can include a hook on its distal end, and/or a releasable connector. At smaller scales, the end effector can be pushed like a rod and pulled in tension like a cable. The micro-scale device can include, for example, a neural and/or biological interface.

**[0005]** In some embodiments, mechanically coupling the end effector to a portion of the micro-scale device can include positioning the hook through an aperture, hook-like structure, or other complementary element on the micro-scale device. Mechanically decoupling the end effector to a portion of the micro-scale device can include disassociating the hook from an aperture on the micro-scale device. In some embodiments, the target substrate is non-stationary, and can include neural tissue. In some embodiments, mechanically coupling the end effector to a portion of the micro-scale device does not substantially displace the micro-scale device.

**[0006]** The method can also include, in some embodiments, monitoring the motion of the nonstationary target surface. Positioning the micro-scale device can also include adjusting the positioning speed as a function of the monitored motion of the target surface. Positioning can also include manipulating a tab on the end effector. In some embodiments, positioning the micro-scale device comprises actuating a control on the proximal end of the device to move the tether with respect to the elongate body. Actuating a control can also include rotating a control knob in a direction, thereby moving a tracking pin axially distally within a slot oriented substantially parallel to the longitudinal axis of the elongate body. The tether can be elastic or inelastic, and the sidewall of the aperture can be elastic in some embodiments.

**[0007]** In some embodiments, disclosed is a tool configured for inserting and retracting a micro-scale device. The tool can include one or more of a housing, a tether including a proximal end, a distal end, and an elongate body. A portion of the tether can be configured to extend distally from the housing in a first configuration and be retracted within the housing in a second configuration. The tool can also include an end effector operably connected to the distal end of the tether, the end effector configured to reversibly mechanically couple with a portion of the micro-scale device. The tool can be configured such that the mechanical coupling does not substantially displace the micro-scale device. The housing can include a tubular body. The tether is configured to slide within a channel of the housing. The end effector can include, in some cases, a hook, and a pivoting joint connected to the hook. The end effector can also include one, two, or more laterally-extending tabs configured to allow a user to position the micro-scale device within a target location. The end effector can also include an aperture near a proximal end of the end effector. The aperture can be configured to house a portion of the tether therethrough, thereby coupling the end effector and the tether. In some embodiments, the tubular body can include a slot oriented axially with respect to a longitudinal axis of the tubular body. The tool can be configured to insert and retract a neural array. The end effector can also be threaded through an aperture on a micro-scale device. In some embodiments, the proximal end of the housing can include a control knob operably connected to and configured to actuate the tether proximally or distally with respect to the housing. The tool can also include a slot on the housing, and can be oriented substantially parallel to a longitudinal axis of the housing. The tool can also include a pin oriented axially or radially on an inner member, such as an inner tubular member, and configured to slide in a direction, such as axially, with respect to the housing. The pin can be configured to move axially within the slot. The tether can be elastic or inelastic.

**[0008]** In some embodiments, disclosed herein is a neural interface delivery system, including an insertion and removal tool, and a neural interface and/or biological interface. In some embodiments, the neural microarray can include a flexible baseplate, at least one microelectrode, and a loop on the flexible baseplate configured to reversibly couple with the end effector of the insertion and removal tool.

**[0009]** Also disclosed herein is a method of removing a micro-scale device from a target substrate. The method can include, for example, providing an removal tool comprising a tether having a proximal end, a distal end, and an elongate



body, and an end effector operably connected to the distal end of the tether; mechanically coupling the end effector to a portion of the micro-scale device embedded at least partially within the target substrate; and withdrawing the insertion tool and the micro-scale device from the target substrate.

#### BRIEF DESCRIPTION OF THE DRAWINGS

**[0010]** FIG. 1 shows an isometric view of an insertion device and a detail view of a control knob mechanism, according to some embodiments of the invention.

**[0011]** FIG. 1A shows an isometric view of an insertion device positioned above a micro-scale device with an engagement hook extended, according to some embodiments of the invention.

**[0012]** FIG. 1B shows an isometric view of an insertion device with an engagement hook and a distal end engaged with a micro-scale device, according to some embodiments of the invention.

**[0013]** FIG. 1C shows an isometric view of an insertion device with an engagement hook and a distal end engaged with a micro-scale device inserted into tissue, according to some embodiments of the invention.

**[0014]** FIG. 1D shows an isometric view of tweezers displacing an engagement hook from the engagement loop of a micro-scale device, according to some embodiments of the invention.

**[0015]** FIG. 1E shows an isometric view of an insertion device retracted away from a micro-scale device, according to some embodiments of the invention.

**[0016]** FIG. 2 shows a side view of an insertion device with an adjustable hook above a micro-scale device, according to some embodiments of the invention.

**[0017]** FIG. 2A shows a side view of an insertion device with an adjustable hook engaged with a micro-scale device, according to some embodiments of the invention.

**[0018]** FIG. 2B shows a side view of an insertion device with an adjustable hook tensioning a micro-scale device against the distal end of the insertion device, according to some embodiments of the invention.

**[0019]** FIG. 3 shows a side view of an insertion device with an extended engagement hook above a micro-scale device with a flexible hinged backplate, according to some embodiments of the invention.

**[0020]** FIG. 3A shows a side view of an insertion device with tweezers displacing an extended engagement hook, according to some embodiments of the invention.

**[0021]** FIG. 3B shows a side view of an insertion device with an engagement hook tensioning a micro-scale device with a flexible hinged backplate against the distal end of the insertion device, according to some embodiments of the invention.

#### DETAILED DESCRIPTION

**[0022]** Neural interfaces are implanted within the nervous systems of animals and humans to record, stimulate, and treat neural tissue activity. Typically, this occurs within animal research of a variety of fields (e.g. neurological disorders and basic nervous system function) as well as clinical diagnosis and therapy (e.g., epilepsy).

**[0023]** Neural interfaces are implanted through a variety of methods, and are held during insertion by a variety of means including vacuum, mechanical lock, adhesive, dis-

solvable adhesive, and momentary impulse contact. The most pervasive form of holding microscale devices for insertion is a stiff engagement of some kind with a separate device such as a micro-positioner. It can be advantageous as it keeps delicate microscale devices stiff during insertion into dynamic tissue and allows a range of insertion speeds. Impulse insertion is also popular for microscale devices with large number of shanks. Impulse inserters are most commonly formed from metal and polymer components and powered using pneumatics. The procedure of impulse insertion positions a cabled microscale device over targeted tissue. The impulse inserter is then placed over the microscale device. The impulse inserter then receives a pneumatic pulse that actuates the insertion mechanism, striking the microscale device at a high rate of speed and sending it into the neural tissue.

**[0024]** Unfortunately, the impulse process requires a high degree of skill to position the microscale device and impulse inserter as well as actuate the inserter at the appropriate time. The average researcher is incapable of using the technique without significant training and often relies on an outsider with special expertise in impulse insertion. Mechanically locked insertion is a poor solution for implanting microscale devices for chronic experiments or periods. Microscale devices meant for chronic implantation often have cables to implanted structures. These cables are both delicate and resilient; they are easy to plastically deform to the point of damage, and if deflected too far during insertion can apply a residual force on the implanted microscale device, resulting in damage to tissue over time. Basic assembly to microscale devices with cables is also challenging during surgeries as the cables leading out of microscale devices terminate in large connectors which are affixed to tissue; the microscale devices are then adjusted with small deflections of the cable until positioned over the target tissue. This process leaves little room for additional deflection of the cable, increasing the requirement for flexibility of the insertion device or insertion technique.

**[0025]** These limitations prevent the implantation of chronic neural interfaces in a wide variety of situations. This reduces the amount of data acquired as well as limiting current and future therapies. Current insertion techniques also limit the visibility of the electrode for the researcher.

**[0026]** Accordingly, in some embodiments, disclosed herein is an insertion and extraction device that manipulates micro-scale devices, and provides unlimited degrees of freedom for placing and removing micro-scale devices. In some embodiments, the insertion and extraction device may have a tensional hook for engaging with micro-scale devices. It can also be advantageous to have a tensional loop. By using a loop, the corresponding hook on an implanted micro-scale device might be easier to extract after a lengthy implantation that encapsulated the device in tissue. In some embodiments, the insertion and/or retraction device may have a spring and dampening system to compensate for deflection of tissue during respiration. In other embodiments, the insertion and/or retraction device is actively positioned to follow the motion of tissue. In some embodiments, the insertion and/or retraction device uses a computer to monitor the motion of the tissue and adjusts the speed and deflection of the mechanical device accordingly within a closed loop feedback system.

**[0027]** An insertion and/or retraction device capable of interfacing with a flexible baseplate (e.g., joining body) can



also be advantageous in some embodiments as it allows customization of placement within the nervous system and increased conformity to anatomical variations for research and clinical applications. In some embodiments, the joining body is configured to be flexible enough to bend around the outer curvature of neural tissue (e.g., sulcus surface of cortex, circumference of a nerve, or surface of a plexus). In some embodiments the joining body is configured to be flexible enough to bend with the motion of neural tissue due to respiration or containing body acceleration and deceleration.

**[0028]** In some embodiments, disclosed herein is an insertion and/or retraction device to manipulate various devices, including but not limited to implantable medical devices. The device to be inserted and/or removed can be a micro-scale device in some embodiments, but is not necessarily limited to devices to be inserted and/or retracted of a particular size. In some embodiments, the devices to be inserted and/or removed with systems and methods as disclosed herein can have a device total volume of about or less than about, for example,  $100\text{ mm}^3$ ,  $50\text{ mm}^3$ ,  $25\text{ mm}^3$ ,  $10\text{ mm}^3$ ,  $5\text{ mm}^3$ ,  $2\text{ mm}^3$ ,  $1\text{ mm}^3$ ,  $0.5\text{ mm}^3$ ,  $0.25\text{ mm}^3$ ,  $0.1\text{ mm}^3$ ,  $0.05\text{ mm}^3$ , or less. In some embodiments, the device to be inserted and/or removed could be, for example, an implantable neural interface device. In some embodiments, the device to be inserted has dimensions of about  $1\text{ mm} \times 1\text{ mm} \times 1\text{ mm}$  or smaller. Neural interface devices as referred to herein could involve brain or spinal cord devices, but also peripheral nerve devices including sympathetic and parasympathetic nerves, as well as devices that monitor and/or treat cardiac and other tissues. The insertion and/or retraction device can interface with various types of micro-scale devices, including but not limited to neural interfaces that act as recording or stimulation electrodes, optical fibers, or as hollow tubes for media, e.g., fluid delivery. In other embodiments, the insertion and/or retraction device can interface with biological sensors or stimulators for placement within organisms. In still other embodiments, the insertion and/or retraction device can interface with sensors or stimulators for placement within organisms. In some embodiments, the insertion and/or retraction device can interface with micro-scale devices for placement within movably positioned sheets, gels, foams, liquids, soil, artificial organisms, organic material, composites, mixtures, and other shapes of substrate. In other embodiments, the body of the insertion and/or retraction device can be shaped into advantageous configurations for manipulation and various treatment modalities including recording, stimulating, magnetic stimulation, magnetic monitoring, fluid delivery, temperature control, optical stimulation, optical monitoring, video monitoring, and chemical irrigation of neural tissue. In some embodiments, the body that includes the tether could also serve as a delivery device for a drug, such as an antithrombotic agent, an antibiotic, an anti-inflammatory, an anti-epileptic, viral vectors, or a chemotherapeutic agent, for example. In some embodiments, the insertion and/or retraction device can place an implantable neural or non-neural interface device within any tissue within the body dependent upon the desired research or clinical result; including nervous, muscle, connective, epithelial, cardiac, lung, renal, gastrointestinal, and bone tissues. In some embodiments, the tissue is a body lumen, such as within a lumen or luminal wall of an artery or vein for example. In some embodiments, the tissue is not within a lumen and/or luminal wall. In some

embodiments, an insertion device can also be used as a retraction device, and a retraction device can also be used as an insertion device. However, in some embodiments, a first device can be used for insertion, and a second device can be used for retraction. The first device and the second device can be the same or substantially the same size, shape, etc. as each other, or be different in other embodiments. In some embodiments, the device to be inserted or retracted have a compressed or low-crossing profile configuration for delivery and removal and an expanded configuration when implanted in the body. In some embodiments, the device to be inserted or retracted has the same configuration for both delivery, removal, and when implanted in the body.

**[0029]** In some embodiments, the insertion and/or retraction device can be interfaced with the implantable neural interface device to diagnosis and/or treat epilepsy, a movement disorder (e.g., Parkinson's Disease), a psychiatric disorder (e.g., clinical depression), the result of a stroke, Alzheimer's disease, a cognitive disorder, an anxiety disorder, an eating disorder, an addiction or craving, restless leg syndrome, a sleep disorder, Tourette's syndrome, a stress disorder, coma, autism, a hearing disorder, a vision disorder, blindness, retinal degeneration, age related macular degeneration, cortical injury, optic nerve injury, dry eye syndrome, a speech disorder, amblyopia, headaches, temporomandibular joint disorder, pain (e.g., phantom limb pain and chronic pain), urinary incontinence, erectile dysfunction, bone disease, arthritis, tendonitis, the result of ligament or tendon damage, and paralysis (e.g., facial nerve paralysis and spinal paralysis). In some embodiments, the device system can be used to provide control of a prosthetic such as a limb or an external computer.

**[0030]** In some embodiments, the device system may wirelessly communicate with a system that is connected to a network or cloud of data. In other embodiments, the device system is connected to a biological interface to monitor tissue. In some other embodiments, the device system is connected to a biological interface to modulate tissue. In still other embodiments, the device system is connected to a biological interface to monitor and modulate tissue. In other embodiments, the biological interface can include an implantable camera.

**[0031]** In other embodiments, the device system can insert and/or retract a biological interface to study, diagnose, and/or treat cardiovascular conditions such as heart failure, rheumatic heart disease, hypertensive heart disease, ischemic heart disease, angina, coronary artery disease, cerebral vascular disease, stroke, atherosclerosis, cerebrovascular disease, cardiomyopathy, pericardial disease, valvular heart disease, inflammatory heart disease, congenital heart disease, and peripheral arterial disease.

**[0032]** In still other embodiments, the device system can insert and/or retract a biological interface to study, diagnose, and/or treat cancers, including leukemia, lymphoma, myeloma, bladder cancer, lung cancer, brain cancer, melanoma, breast cancer, non-Hodgkin lymphoma, cervical cancer, and ovarian cancer.

**[0033]** In other embodiments, the device system can insert and/or retract a biological interface to study, diagnose, and/or treat type 1 and type 2 diabetes. In some embodiments, the device system can include a biological interface to study, diagnose, and/or treat orthopedic conditions, including osteoarthritis, rheumatoid arthritis, bone fractures, lower back pain, neck pain, and a herniated disk.



**[0034]** In other embodiments, the device system can insert and/or retract a biological interface to study, diagnose, and/or treat eye conditions, including glaucoma, cataracts, age-related macular degeneration, amblyopia, diabetic retinopathy, retinal detachment, retinal tearing, and dry eye syndrome.

**[0035]** In still other embodiments, the device system can insert and/or retract a biological interface to study, diagnose, and/or treat hearing conditions, including hearing loss, Meniere's disease, malformation of the inner ear, autoimmune inner ear disease, tinnitus, and vertigo.

**[0036]** In other embodiments, the device system can insert and/or retract a biological interface to study, diagnose, and/or treat tactile disorders, including impaired sensitivity to pressure applied to the skin, elevated two-point discrimination thresholds (i.e. impaired spatial acuity), loss of vibratory sense, and deficits in proprioception.

**[0037]** In other embodiments, the device system can insert and/or retract biological interface to study, diagnose, and/or treat taste, taste impairing conditions, smell, and smell impairing conditions.

**[0038]** In still other embodiments, the device system can be movably engaged within one, two, or more body tissues, regions, or organ systems including but not limited to the scalp, skin, muscle, bone, neural tissue, heart, lungs, trachea, bronchi, diaphragm, liver, pancreas, kidneys, bladder, urethra, spleen, esophagus, stomach, intestine, penis, testes, uterus, or ovary. In some embodiments, the insertion or removal tool need not necessarily be located within a body lumen, and can be used, for example, outside of a blood vessel such as an artery or the vein. In some embodiments, about or at least about 50%, 60%, 70%, 80%, 90%, or more of a length of the insertion and/or removal tool is outside of the body or a body lumen such as a blood vessel during the insertion or removal process.

**[0039]** In some embodiments, systems and methods as disclosed herein can modulate neural tissue, and have a stimulatory or inhibitory effect. Neural tissue is specialized for the conduction of electrical impulses that convey information or instructions from one region of the body to another. About 98% of neural tissue is concentrated in the brain and spinal cord, which are the control centers for the nervous system. Neurons transmit signals as electrical charges which affect their cell membranes. A neuron has a cell body (soma) that contains a nucleus. The stimulus that results in the production of an electrical impulse usually affects the cell membrane of one of the dendrites, which then eventually travels along the length of an axon, which can be a meter long. Axons are often called nerve fibers with each ending at a synaptic terminal. Neuroglia are cells of the CNS (central nervous system) and PNS (peripheral nervous system) that support and protect the neurons. They provide the physical support for neural tissue by forming myelin sheaths, as well as maintaining the chemical composition of the tissue fluids and defending the tissue from infection. Schwann cells are specialized PNS cells that form myelin sheaths around neurons. Neurons (nerve cell) include a cell body that contains the nucleus and regulates the functioning of the neuron. Neurons also include axons that are cellular process (extension) that carry impulses away from the cell body. Neurons also include dendrites that are cellular process (extension) that carry impulses toward the cell body. A synapse is a space between axon of one neuron and the dendrite or cell body of the next neuron—transmits impulses

from one neuron to the others. Neurotransmitters are chemicals released by axons and transmit impulses across synapses.

**[0040]** In some embodiments, provided is a closed loop control system for stimulating and monitoring neural activity. To meet this objective, microfilaments are embedded in various body configurations with six degrees of freedom to provide many system options for interacting with neural tissue. As an example, this would enable the data collected from a first recording microfilament (or external source) to help guide the output of a second stimulating microfilament.

**[0041]** The approximate diameter of circular microfilaments for conducting electrical current is between 1  $\mu\text{m}$  and 250  $\mu\text{m}$ , such as no more than about 25  $\mu\text{m}$ , 50  $\mu\text{m}$ , or 75  $\mu\text{m}$ . For electrical stimulation, larger sites up to 50  $\mu\text{m}$  would be advantageous to achieve surface areas that meet useful stimulation current requirements without a coating. The approximate diameter of circular microfilaments for conducting or monitoring light is between is 0.1  $\mu\text{m}$  to 250  $\mu\text{m}$ , such as no more than about 25  $\mu\text{m}$ , 50  $\mu\text{m}$ , or 75  $\mu\text{m}$ . The approximate diameter of circular microfilament tubes for delivering or circulating gases, fluids, and mixtures in some embodiments is between 1  $\mu\text{m}$  to 100  $\mu\text{m}$ , or no more than about 50  $\mu\text{m}$ , 75  $\mu\text{m}$ , 100  $\mu\text{m}$ , or 150  $\mu\text{m}$ . Microfilaments can also be placed within a packed geometry that allows for a tapering of the penetrating area cross sections to reduce the cross sectional area and thus long term adverse neural tissue response. In some embodiments, the microfilaments can extend outward from the body's surface; these sites can be formed (e.g., bent or flattened) to provide desired functional characteristics.

**[0042]** The array body can take multiple forms including penetrating structures with microfilament sites and joining sections to optimize placement within the nervous system. An approximate cross sectional area of a penetrating array body in some embodiments is 1  $\mu\text{m}^2$  to 0.2  $\text{mm}^2$ , preferably up to approximately 7850  $\mu\text{m}^2$ . For large area coverage as in electrocorticography, larger body areas up to approximately 100  $\text{cm}^2$  or more would be advantageous to collect more data from the outer surface of a neural tissue section. In some embodiments, insertion and/or retraction devices can be used to insert or remove neural interface devices such as those disclosed in U.S. Pat. No. 9,095,267 to Halpern et al., which is hereby incorporated by reference in its entirety.

**[0043]** The array body can also take on non-linear shapes, which allow novel insertion techniques into difficult areas to access within surgery. A curved shape can be rotated into position where a linear angle of attack is unavailable. The array body can also have a curve located at different positions (e.g., proximal, midportion, or distal) to aid in anchoring to neural tissue or bone, while there may be a linear segment distal to, and/or proximal to the curved segment.

**[0044]** One advantage of the insertion and/or retraction device in some embodiments is the wide range of materials and components available to improve insertion conditions and long term performance of a microscale device within a nervous system. The components of the device can be formed from, for example, one, two, or more of gold, platinum, platinum iridium, carbon, stainless steel, steel, titanium, niobium, aluminum, conductive polymers, polymers, ceramics, organic materials or any other material depending on the desired clinical result.

**[0045]** A three-dimensional view of an example of an insertion and/or retraction device **50** is shown in FIG. **1**.



Some embodiments of the device **50** can include, for example, a tether **120**, and a continuous body **105** surrounding all or a portion of the tether **120**. The continuous body can have a width of, for example, between about 5  $\mu\text{m}$  and 100  $\mu\text{m}$ , or no more than about 500  $\mu\text{m}$ , 1000  $\mu\text{m}$ , 1500  $\mu\text{m}$ , 2000  $\mu\text{m}$ , 2500  $\mu\text{m}$ , 5000  $\mu\text{m}$ , 7500  $\mu\text{m}$ , or 10,000  $\mu\text{m}$ . The continuous body can also have a length of between about 1 mm and 10 mm, or no more than about 25 mm, 50 mm, 75 mm, 100 mm, or 200 mm. In some embodiments, the tether **120** includes an engagement hook **130** at one end for engagement with microscale devices. In still other embodiments, an engagement loop could be positioned at one end, the tether can be integrally formed, or formed as part of a plurality of bodies joined together, so long as it is physically continuously connected together as a whole. In some embodiments, a device **50** could include an adjustable hook that can be movable to create different sized openings for engagement. In still other embodiments, the distal end of the device **50** can be shaped to provide stiffness to a flexible or hinged microscale device. In some embodiments, the continuous body **105** can be an elongate tubular member, and/or be assembled to a robotic manipulator that adjusts position based upon the movement of the targeted tissue. In still other embodiments, a control knob **180** with tracking pin feature **182** or other feature such as a wheel, lever, or the like can, for example, slide and rotate between the slot **184** communicating with or near the proximal end of the device and the tension stop **186** that relax and tension the tether **120** respectively. In some embodiments, the elasticity of the tether **120** allows for a degree of stretch sufficient for the user to pull the control knob **180** back against before rotating to a new position and allowing it to rest in a slot or track **184**. In some embodiments, the slot or track **110** and/or the slot or track **184** has an axial length that is between about 1% and 50%, such as between about 1% and 20%, or between about 1% and 10% of the axial length of the continuous body **105**, or in some embodiments about or less than about 50%, 40%, 30%, 20%, 10%, 5%, or less, or ranges encompassing any two of the foregoing percentages.

[0046] In other embodiments, a flap **140** can have a shape that is easier to grab by tweezers or other implements. In some other embodiments, the end effector **130** can have an automated mechanism to grab a microscale device. In still other embodiments, near the distal end of the continuous body **105** can be shaped to engage with microscale devices of different shapes. In some other embodiments, the width of the end effector can be between about 1  $\mu\text{m}$  and 50  $\mu\text{m}$ , or no more than about 100  $\mu\text{m}$ , 500  $\mu\text{m}$ , 1000  $\mu\text{m}$ , 1500  $\mu\text{m}$ , 2000  $\mu\text{m}$ , 2500  $\mu\text{m}$ , 3000  $\mu\text{m}$ , or 5000  $\mu\text{m}$ . In still other embodiments, the width of the opening of the end effector can be between about 1  $\mu\text{m}$  and 50  $\mu\text{m}$ , or no more than about 100  $\mu\text{m}$ , 500  $\mu\text{m}$ , 1000  $\mu\text{m}$ , 1500  $\mu\text{m}$ , 2000  $\mu\text{m}$ , 2500  $\mu\text{m}$ , 3000  $\mu\text{m}$ , or 5,000  $\mu\text{m}$ . In other embodiments, the width of an automated end effector can be between about 1  $\mu\text{m}$  and 50  $\mu\text{m}$ , or no more than about 100  $\mu\text{m}$ , 500  $\mu\text{m}$ , 1000  $\mu\text{m}$ , 1500  $\mu\text{m}$ , 2000  $\mu\text{m}$ , 2500  $\mu\text{m}$ , 3000  $\mu\text{m}$ , or 5000  $\mu\text{m}$ . In still other embodiments, the continuous body can be shaped to encourage the sliding of the tether **120** when it is movably displaced. In some other embodiments, the cross-section of tether **120** can have a shape that prevents some rotations within the continuous body **105**. In other embodiments, the end effector can be any desired shape, including a shape that is threaded through an aperture on a micro-scale device. In still other embodiments, the tether can be elastic or inelastic.

In some other embodiments, the aperture of the microscale device can be elastic or inelastic. In some embodiments, the tether has sufficient column strength to push the device to be inserted or removed distally. In other embodiments, an automated or non-automated end effector can operably engage and disengage with movable jaws, a movable clamp, a movable multi-headed hook, a movable anchor, a vacuum, a movable air nozzle, a movable cable, a movable loop, a movable net, a movable cup, a movable collet, a movable snake (e.g., an articulating flexible member, akin to a flexible endoscope or device used to unclog pipes), a movable coil, a movable barb, a movable snap-fit arm, a movable prong, a movable sheet, a movable strap, a movable threaded rod, a movable threaded hole, a movable anchor, a movable rod, a movable magnet, and a movable nozzle that dispenses dissolvable material.

[0047] FIG. 1 shows an isometric view of an insertion device **50** with a tether **120** housed within, and completely or partially encircled by the continuous body **105**, which can be a tubular member within a central lumen configured to house the tether **120** as shown. The distal end of the tether **120** can be looped around/tied to an aperture near the proximal end of the end effector **130** as shown. The flap **140** can extend radially outwardly of a slot **110** extending proximally a distance from the distal end of the sidewall of the continuous tubular body **105**. The proximal end of the tether **120** joined by a mechanical lock **122** to the control knob **180** partially housed by the continuous body **105**. The control knob **180** has a tracking pin **182** that slides within track **184** extending distally a distance from the proximal end of the sidewall of the continuous tubular body **105**. The slot **110** can be circumferentially in line with, or circumferentially offset from the slot or track **184** in some embodiments. The tracking pin **182** can be movably positioned to rest in tension stop **186** to apply tension to tether **120**.

[0048] FIG. 1A illustrates an isometric view of an insertion device **50** with a tether **120** housed within, and encircled by the continuous body **105**, which can be a tubular member within a central lumen configured to house the tether **120** as shown. The distal end of the tether **120** can be looped around/tied to an aperture near the proximal end of the end effector **130** as shown. The isometric view shows a tether **120** with wall thicknesses between about 1  $\mu\text{m}$  and 25  $\mu\text{m}$ , or no more than about 50  $\mu\text{m}$ , 75  $\mu\text{m}$ , 100  $\mu\text{m}$ , 150  $\mu\text{m}$ , 250  $\mu\text{m}$ , 500  $\mu\text{m}$ , 1000  $\mu\text{m}$ , or 2000  $\mu\text{m}$  in some embodiments. A pair of tweezers **150**, jaws, or other tool are guiding an end effector, e.g., engagement hook **130** by grasping a hook flap or tab **140**, which can extend laterally from the body of the engagement hook **130** as shown, or at other desired locations. The flap **140** can extend radially outwardly of a slot **110** extending proximally a distance from the distal end of the sidewall of the continuous tubular body **105**. Beneath the insertion device distally is a microscale device **160** with shanks **164** extending substantially orthogonal to a baseplate **161** and suspended by its cable **162** above target tissue **170**. The baseplate **161** has a loop **165** that can be integral to the baseplate or joined to its surface.

[0049] FIG. 1B illustrates an isometric view of an insertion device with the end effector, e.g., engagement hook **130** engaged with a microscale device **160** and tensioned against the distal end of a continuous body **105**. The engagement hook flap **140** extends radially outwardly of slot **110**. In other embodiments the end effector could take the form of a multi-headed hook, a magnet, a vacuum nozzle, a bayonet



lock mechanism, a snap fit mechanism, a press fit, and a shape for threading through an aperture on a micro-scale device for example.

[0050] FIG. 1C illustrates an isometric view of the insertion device 50 of FIG. 1 engaged with a microscale device 160 that has been inserted into tissue 170.

[0051] FIG. 1D illustrates an isometric view of the insertion device 50 of FIG. 1 engaged with a microscale device 160 that has been inserted into tissue 170. Tweezers 150 grasping hook flap 140 are disengaging engagement hook 130 from a loop or other hook-engaging element on, e.g., the proximal end of the microscale device 160 in preparation for removal of the insertion device 50.

[0052] FIG. 1E illustrates an isometric view of an insertion device 50 retracted from, and disassociated with a microscale device 160 inserted in tissue 170. The steps illustrated in FIGS. 1B-1E could be performed in reverse order to retract a microscale device 160 previously inserted within tissue.

[0053] FIG. 2 illustrates a side view of the distal end of an insertion device 200 above a microscale device 250 with an engagement loop 252 configured to reversibly attach to an end effector of the insertion device. In some embodiments, the device 200 includes a pivotable engagement hook 230 and a guide rod 220 having a distal end connected to the pivotable engagement hook 230. The engagement hook 230 has fixed jaws as shown, although movable jaws are possible in other embodiments. In other embodiments the engagement hook could take the form of, for example, a four bar linkage, a sliding component, grasping jaws, a multi-headed hook, a magnetic lock, a vacuum head, a bayonet lock mechanism, a snap fit mechanism, an actuated press fit, and an articulated snaking mechanism.

[0054] FIG. 2A illustrates a side view of the insertion device 200 of FIG. 2 with a pivotable engagement hook 230 engaged with an engagement loop 252 due to the displacement of guide rod 220.

[0055] FIG. 2B illustrates a side view of the insertion device 200 of FIG. 2 with an engagement hook 230 on a pivot and engaged with an engagement loop 252. In some embodiments, a guide rod 220 has retracted an inner housing 210, such as an inner tubular member, to tension a microscale device 250 against the distal end of the insertion device 200 (e.g., the distal end of the continuous body outer housing). In some embodiments, the microscale device 250 could be flexible. In still other embodiments, the microscale device could include a single shank. In other embodiments, the microscale device could be a device that emits energy, including light and/or magnetic fields.

[0056] FIG. 3 illustrates a side view of an insertion device 300 with a tether member 310 encircled within a lumen of the continuous body 305. The side view shows tether 310 with thicknesses between about 1  $\mu\text{m}$  and 25  $\mu\text{m}$ , or no more than about 50  $\mu\text{m}$ , 75  $\mu\text{m}$ , 100  $\mu\text{m}$ , 150  $\mu\text{m}$ , 250  $\mu\text{m}$ , 500  $\mu\text{m}$ , 1000  $\mu\text{m}$ , or 2000  $\mu\text{m}$  in some embodiments. An end effector, e.g., engagement hook 320 is connected near its proximal end via an aperture or other connection to the distal end of the tether 310, such as via a loop in the tether. The insertion device 300 is shown extended above a microscale device 360 suspended by its cable 365. In some embodiments, microscale device 360 can be without a cable 365.

[0057] FIG. 3A illustrates a side view of the insertion device 300 of FIG. 3 with a tether 310 encircled by, and the distal end of the tether 310 is extending distally with respect

to the continuous body 305. The side view shows a pair of tweezers 350, jaws, or other tool grasping a hook flap or tab 330 which can extend laterally from the body of the engagement hook 320 as shown, or at other desired locations and guide an engagement hook 320. The tool 350 can actuate the tab 330 in a desired direction in order to move the engagement hook 320 in an appropriate direction. Beneath the insertion device is a microscale device 360 suspended by or otherwise attached to its cable 365. In some embodiments, the microscale device 360 has hinges 370 for flexibility.

[0058] FIG. 3B illustrates a side view of the insertion device 300 of FIG. 3 with a tether 310 encircled by a continuous body 305. The side view shows an engagement hook 320 inserted within engagement loop 380, aperture, or other complementary connector on the microscale device 360, such as on a proximal baseplate of the microscale device 360. A tether 310 can tension the microscale device 360 against the distal end of continuous body 305. In some embodiments, the distal end of the continuous body 305 engages the hinges 370 of the microscale device, stiffening the microscale device 360 for insertion into tissue. In still other embodiments the distal end of the continuous body 305 has bosses that insert into holes in a flexible microscale device. In other embodiments, the insertion device mechanically stiffens the microscale device by engaging it from one or more sides. In still other embodiments the insertion device uses a vacuum or magnetic attraction to engage a microscale device.

[0059] Although certain embodiments of the disclosure have been described in detail, certain variations and modifications will be apparent to those skilled in the art, including embodiments that do not provide all the features and benefits described herein. It will be understood by those skilled in the art that the present disclosure extends beyond the specifically disclosed embodiments to other alternative or additional embodiments and/or uses and obvious modifications and equivalents thereof. In addition, while a number of variations have been shown and described in varying detail, other modifications, which are within the scope of the present disclosure, will be readily apparent to those of skill in the art based upon this disclosure. It is also contemplated that various combinations or sub-combinations of the specific features and aspects of the embodiments may be made and still fall within the scope of the present disclosure. Accordingly, it should be understood that various features and aspects of the disclosed embodiments can be combined with or substituted for one another in order to form varying modes of the present disclosure. Thus, it is intended that the scope of the present disclosure herein disclosed should not be limited by the particular disclosed embodiments described above. For all of the embodiments described above, the steps of any methods need not be performed sequentially. The ranges disclosed herein also encompass any and all overlap, sub-ranges, and combinations thereof. Language such as “up to,” “at least,” “greater than,” “less than,” “between,” and the like includes the number recited. Numbers preceded by a term such as “approximately,” “about,” and “substantially” as used herein include the recited numbers (e.g., about 10%=10%), and also represent an amount close to the stated amount that still performs a desired function or achieves a desired result. For example, the terms “approximately,” “about,” and “substantially” may refer to an amount that is within less than 10% of,



within less than 5% of, within less than 1% of, within less than 0.1% of, and within less than 0.01% of the stated amount.

**1-33.** (canceled)

**34.** A system comprising:

a microscale device configured to be inserted into a target substrate,

a tool comprising a proximal end and a distal end, wherein the tool comprises an end effector configured to reversibly couple or decouple with a portion of the microscale device,

wherein the tool is configured to insert and retract the microscale device relative to the target substrate when the tool is coupled with the portion of the microscale device.

**35.** The system of claim **34**, wherein the tool comprises a spring and dampening system.

**36.** The system of claim **34**, wherein the tool comprises a system to compensate for deflection of tissue.

**37.** The system of claim **34**, wherein the tool is configured to be actively positioned to follow the motion of tissue.

**38.** The system of claim **34**, further comprising a computer configured to monitor the motion of tissue.

**39.** The system of claim **34**, wherein speed and deflection is configured to be adjusted.

**40.** The system of claim **34**, wherein the microscale device comprises one or more shanks extending substantially orthogonal to a baseplate.

**41.** The system of claim **34**, wherein the microscale device comprises a neural interface.

**42.** The system of claim **34**, wherein the microscale device comprises at least one microelectrode.

**43.** A method comprising:

providing a system comprising:

a microscale device;

a tool comprising a proximal end and a distal end, wherein the tool comprises an end effector configured to reversibly couple or decouple with a portion of the microscale device; and

inserting and retracting the microscale device relative to the target substrate when the tool is coupled with the portion of the microscale device.

**44.** The method of claim **43**, further comprising pushing and pulling the end effector.

**45.** The method of claim **43**, further comprising adjusting a positioning speed as a function of a monitored motion of a target substrate.

**46.** The method of claim **43**, wherein the microscale device comprises a neural interface.

**47.** The method of claim **43**, wherein the target substrate comprises neural tissue.

**48.** The method of claim **43**, wherein the microscale device bends with the motion of neural tissue.

**49.** The method of claim **43**, wherein reversibly coupling or decoupling the end effector with the portion of the microscale device does not substantially displace the microscale device.

**50.** The method of claim **43**, further comprising monitoring motion of the target substrate.

**51.** The method of claim **43**, further comprising adjusting a positioning speed according to a feedback system.

**52.** The method of claim **43**, further comprising adjusting a deflection of according to a feedback system.

**53.** The method of claim **43**, further comprising compensating for deflection of tissue.

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