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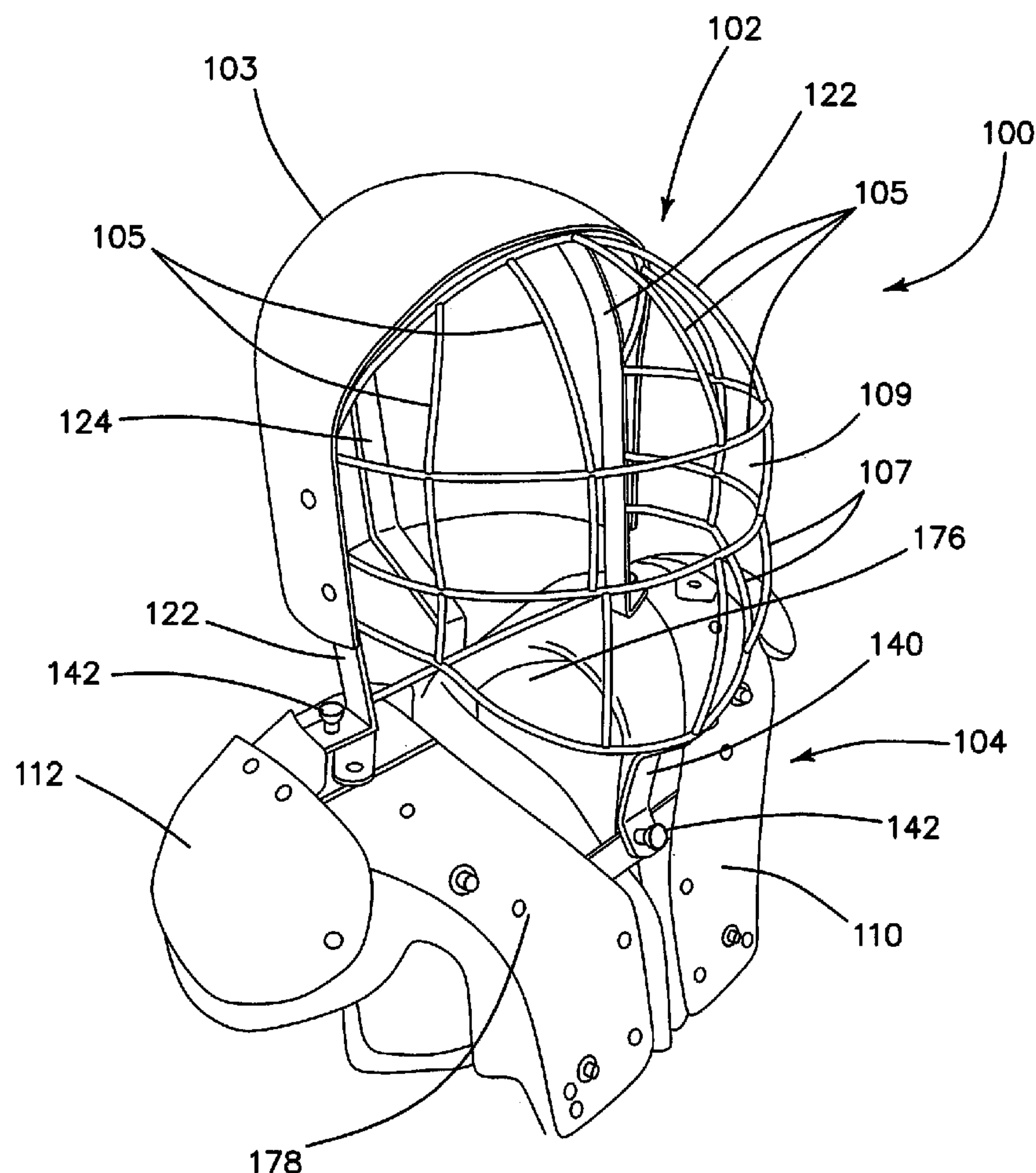
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**Popejoy et al.**(10) **Pub. No.: US 2019/0344152 A1**(43) **Pub. Date: Nov. 14, 2019**(54) **IMPACT DIFFUSING SYSTEM**(71) Applicant: **William Popejoy**, Newport Beach, CA  
(US)(72) Inventors: **William Popejoy**, Newport Beach, CA  
(US); **Nick Cecchi**, Anaheim, CA (US);  
**Theophil Oros**, Villa Park, CA (US);  
**Justin Ringhofer**, Twin Peaks, CA  
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<b>A63B 71/08</b>	(2006.01)

(57)

**ABSTRACT**

An impact diffusing system for protecting a user's head includes a headpiece cage coupled to a thoracic framework. In one aspect, the headpiece cage includes at least two support bars, a plurality of rigid bars surrounding at least a portion of the forehead, top, and sides of the head, and a face mask that encloses at least a portion the user's face. The thoracic framework covers at least a portion of a chest, upper back, and shoulders of the user, and the thoracic framework is attached to the support bars of the headpiece cage in a manner that prevents movement of the headpiece cage relative to the thoracic framework. In another aspect, the system includes a helmet component (formed of e.g., carbon fiber) coupled to a thoracic cage, wherein the helmet component is a solid, unitary piece that surrounds the top, back, and sides of the user's head.



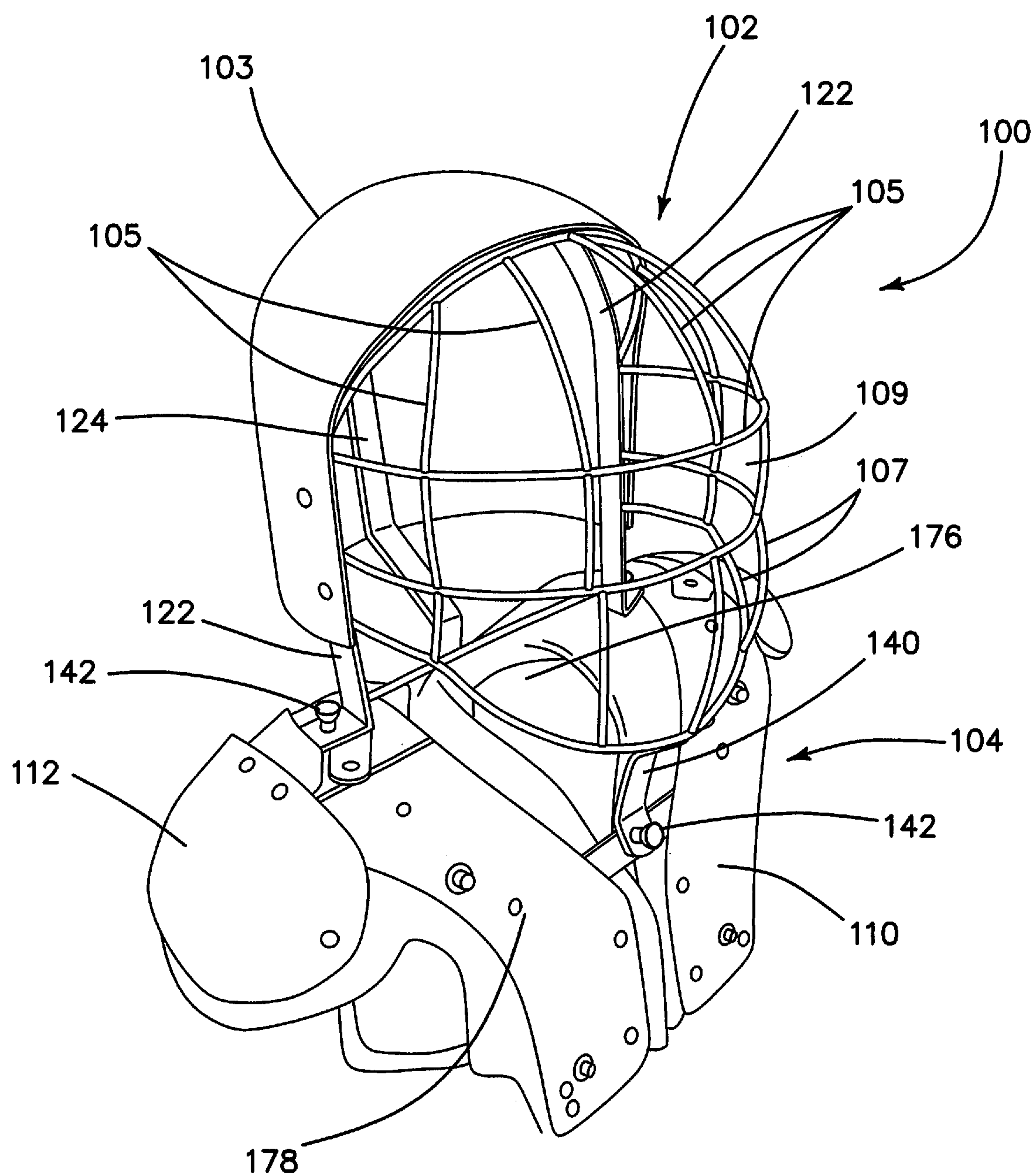
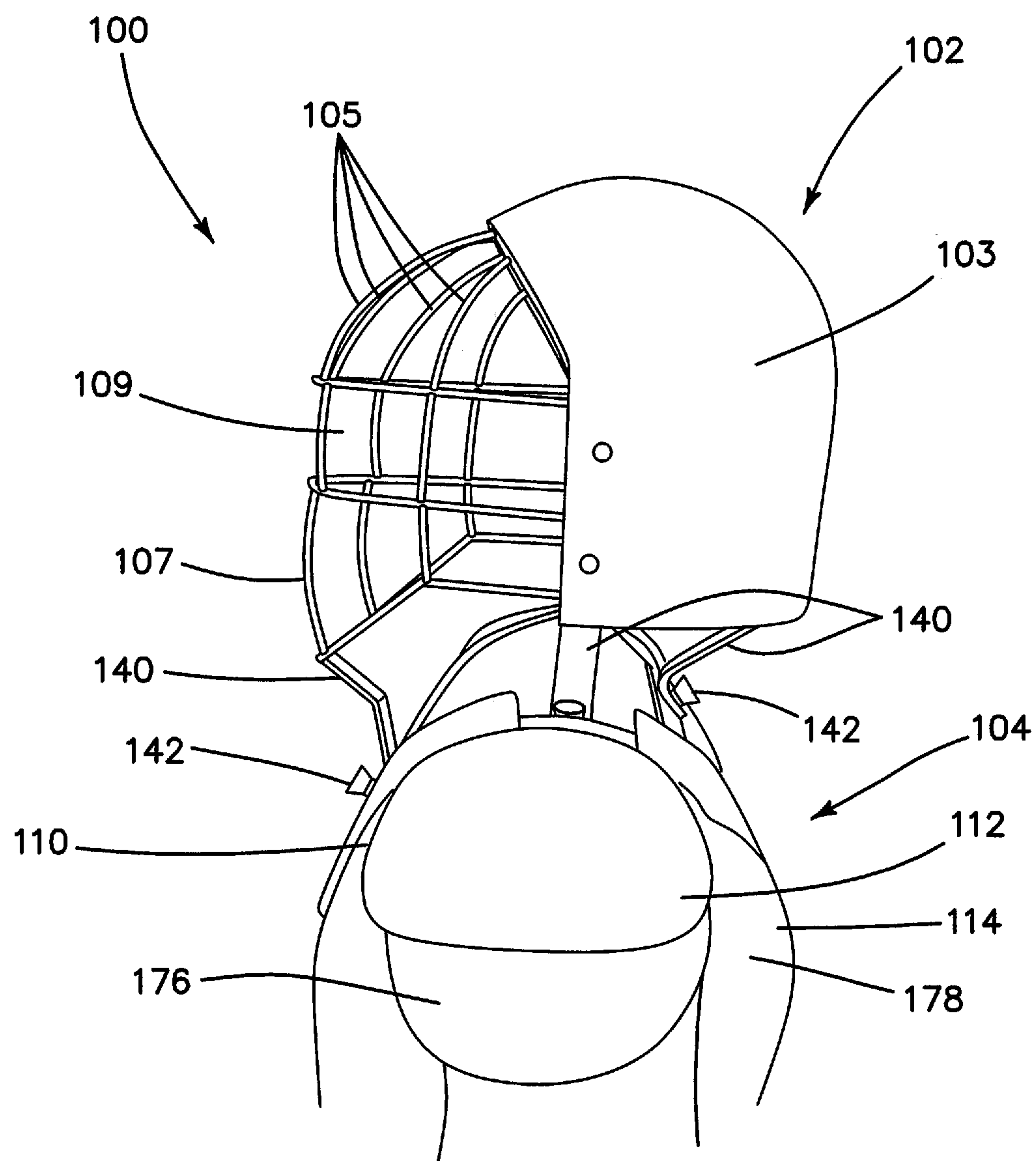


FIG. 1A



**FIG. 1B**

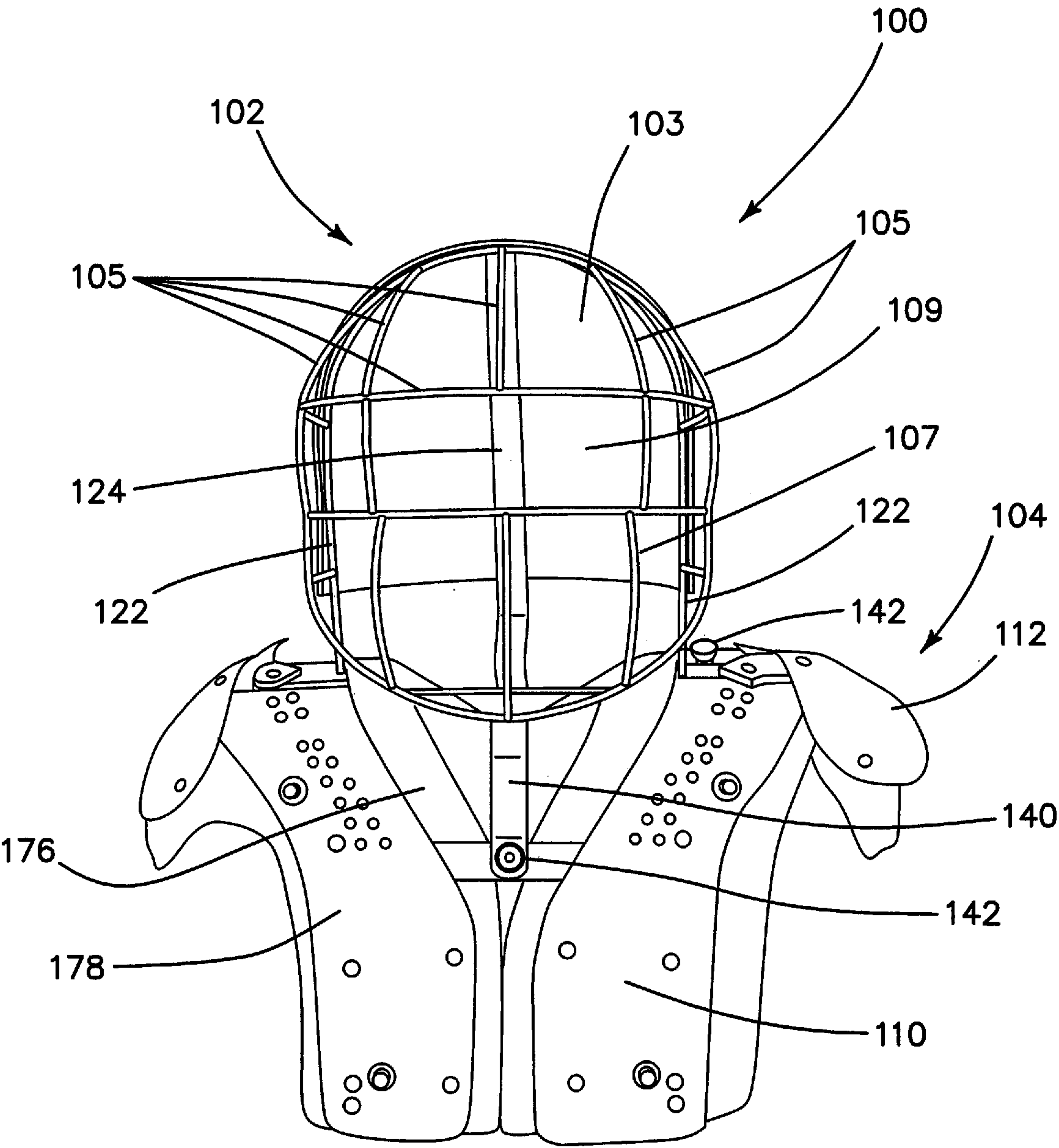


FIG. 1C



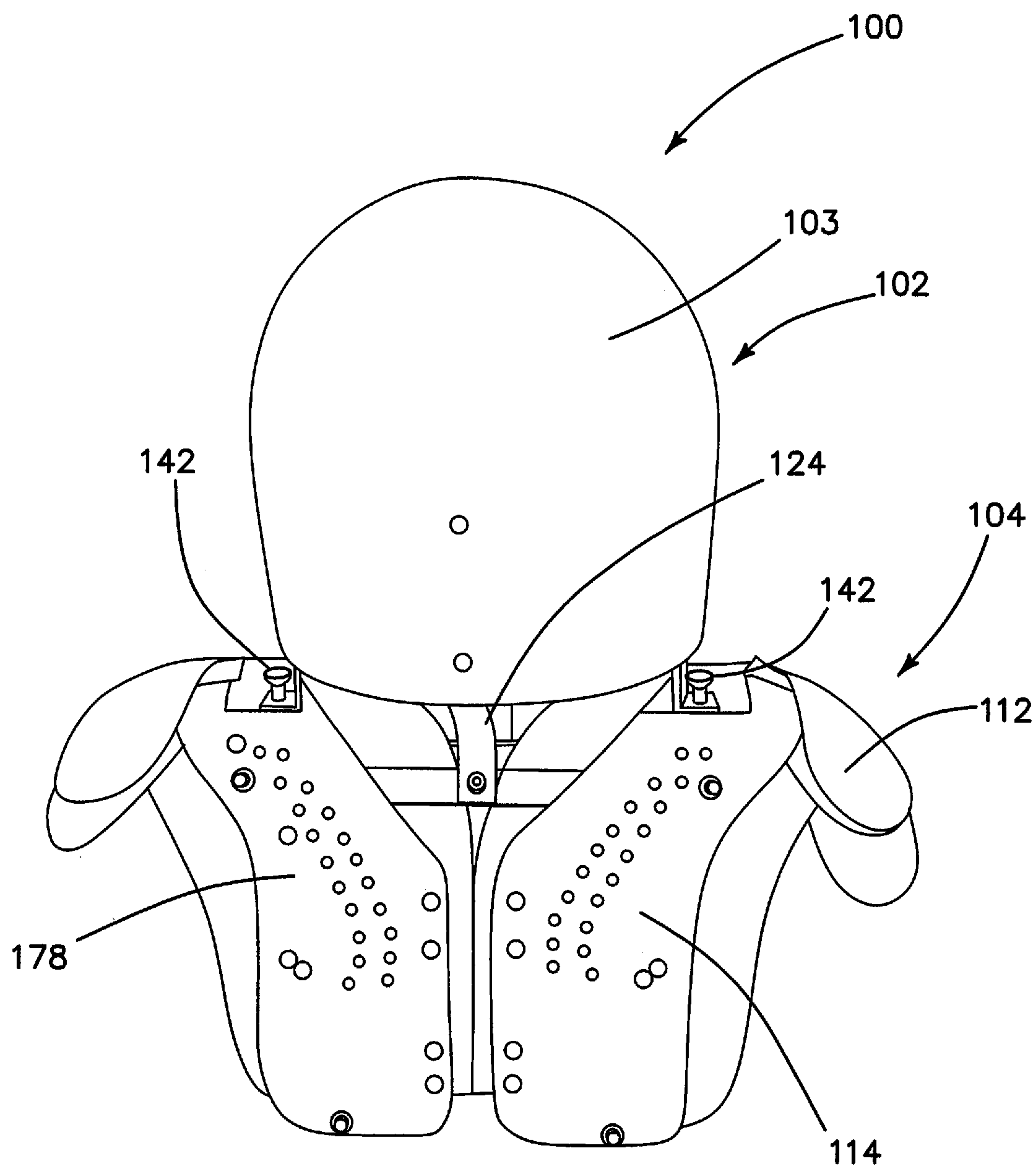
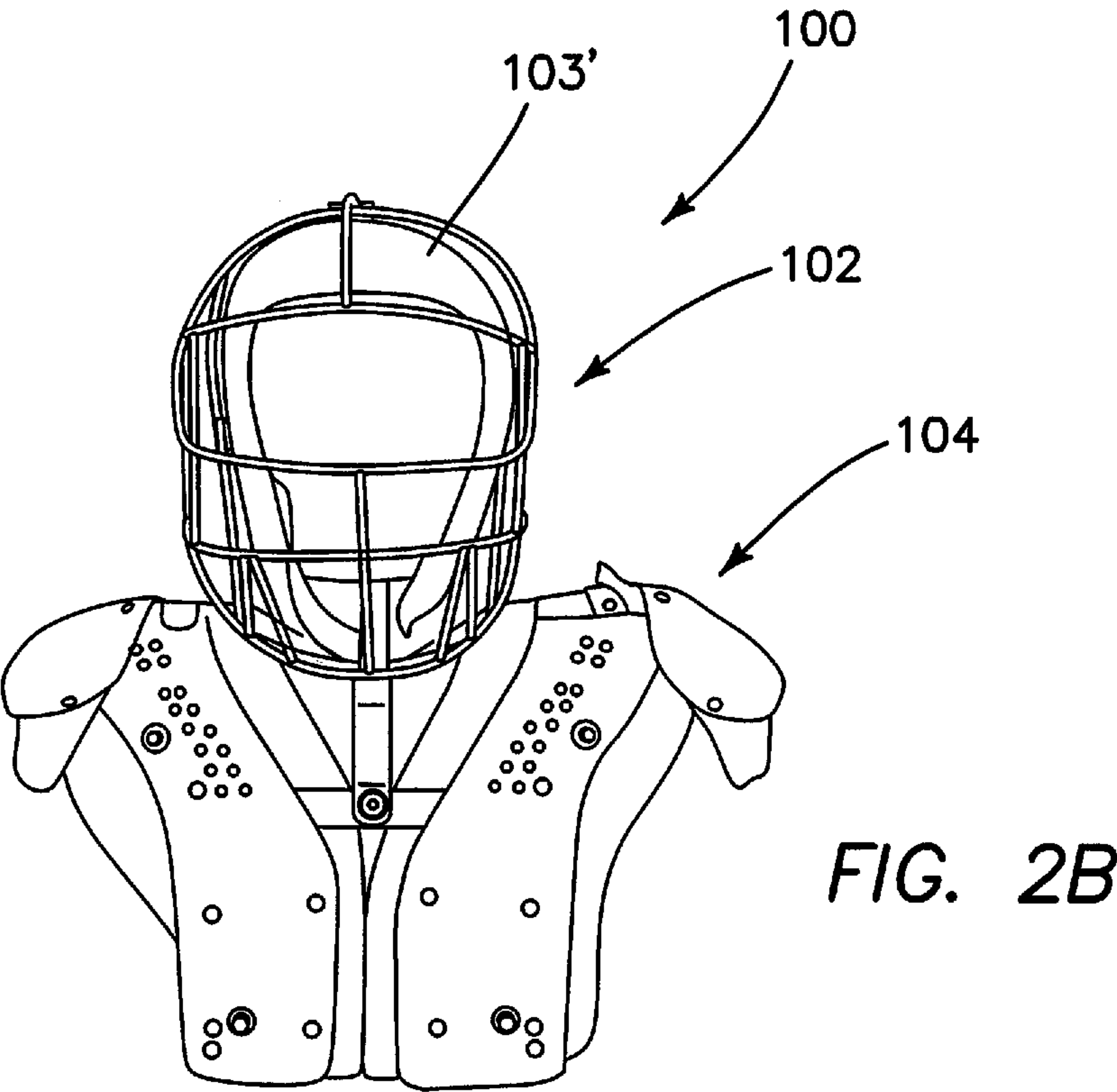
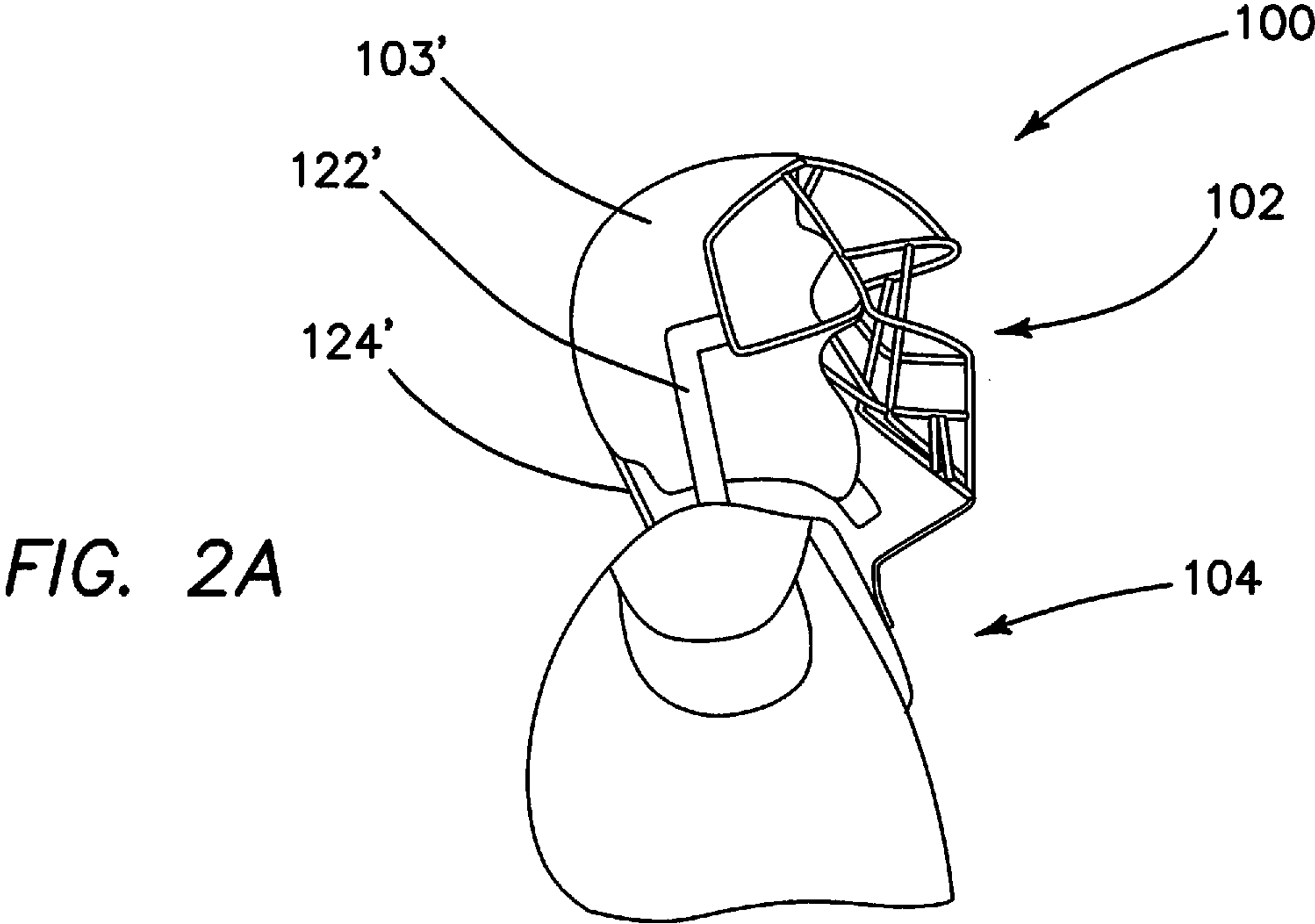
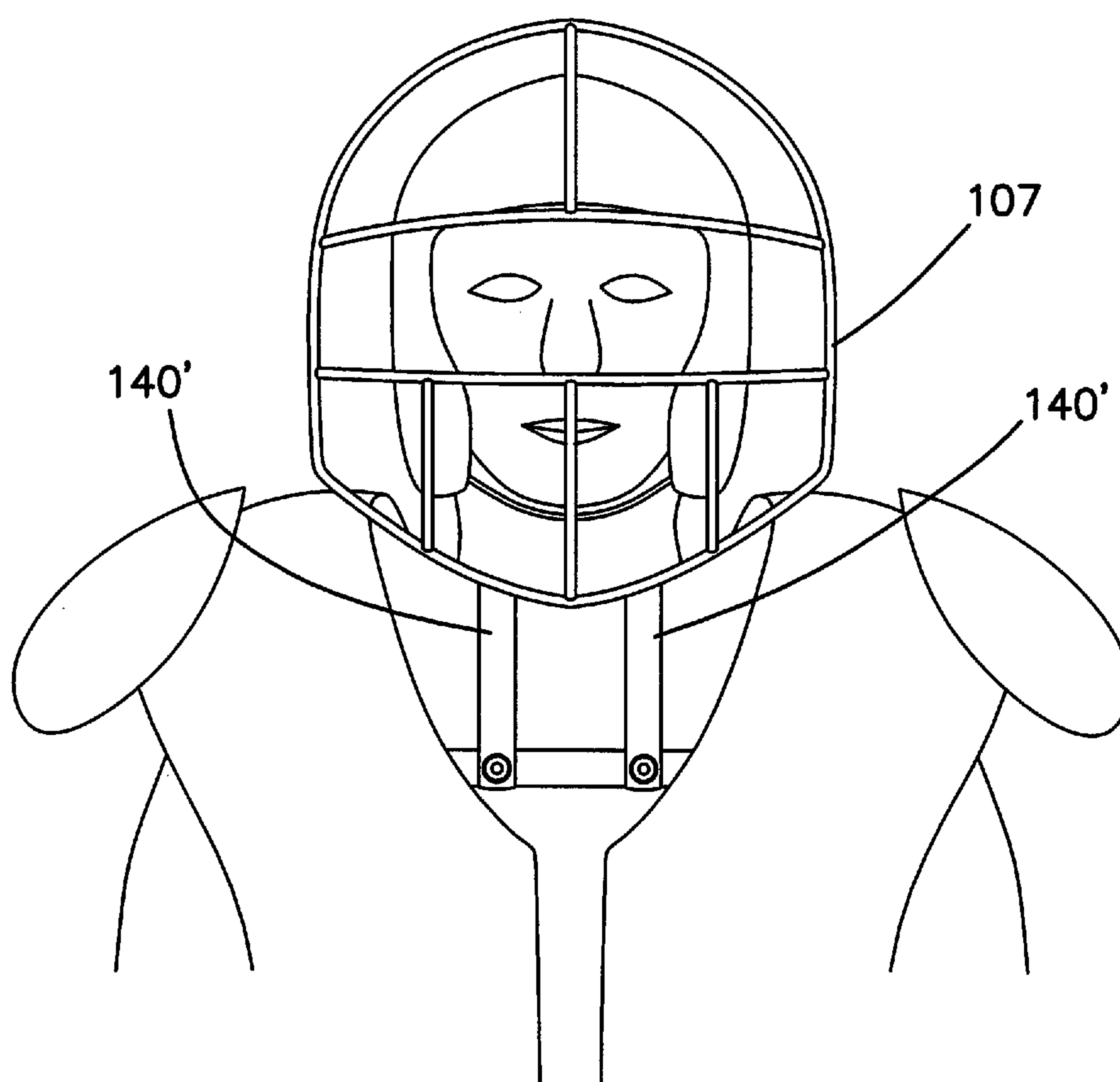


FIG. 1D





*FIG. 3*

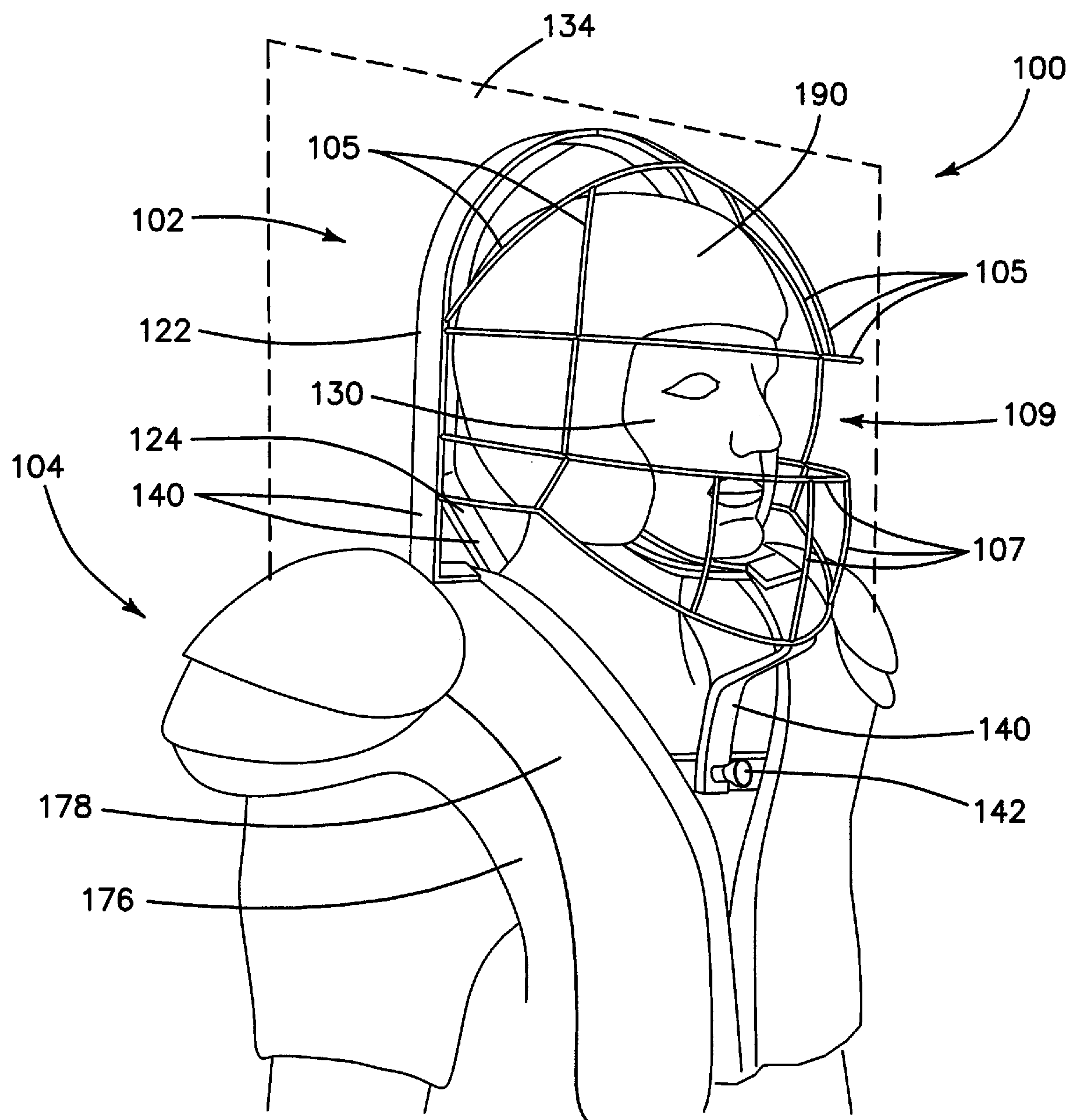


FIG. 4A



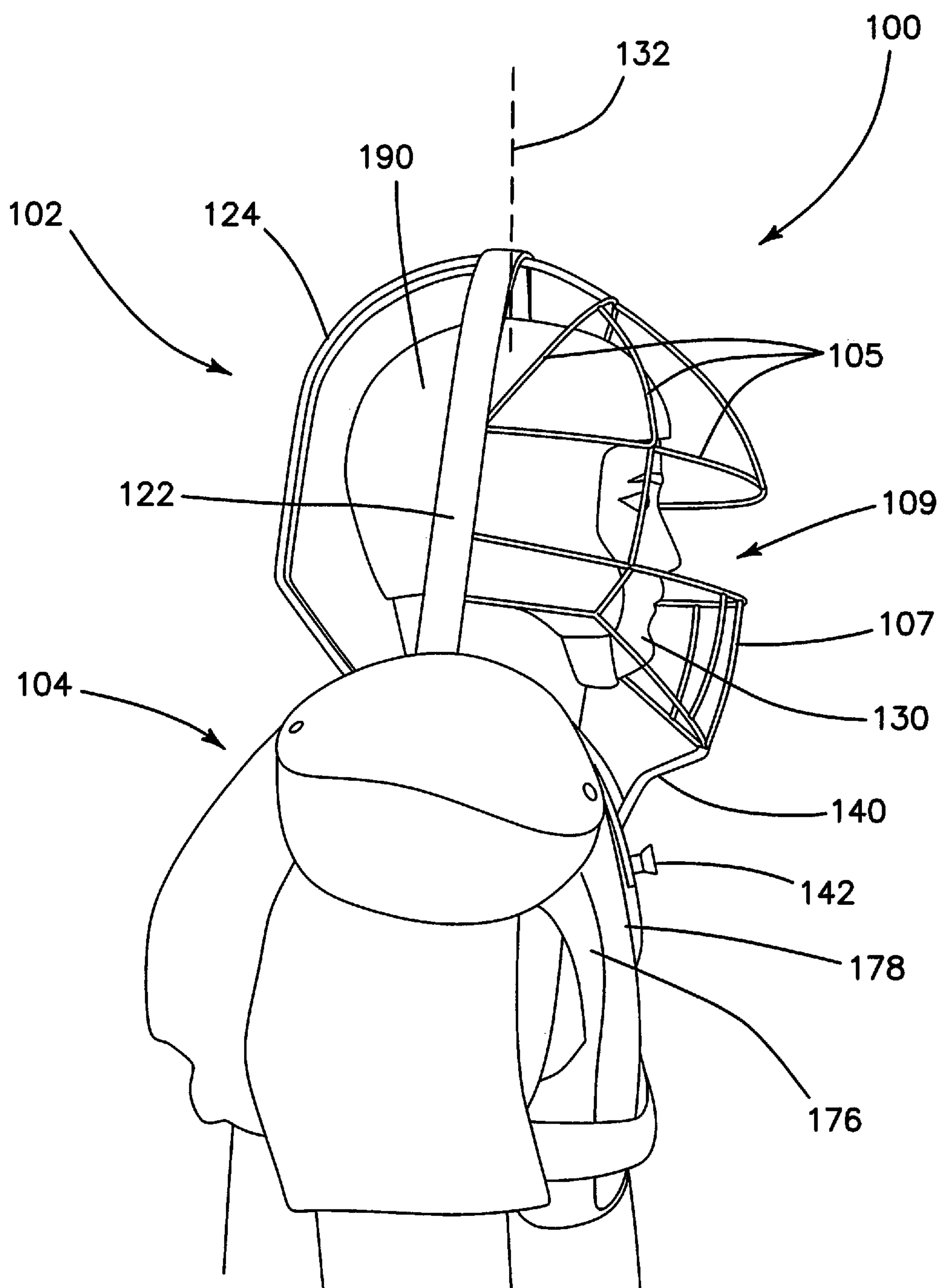


FIG. 4B

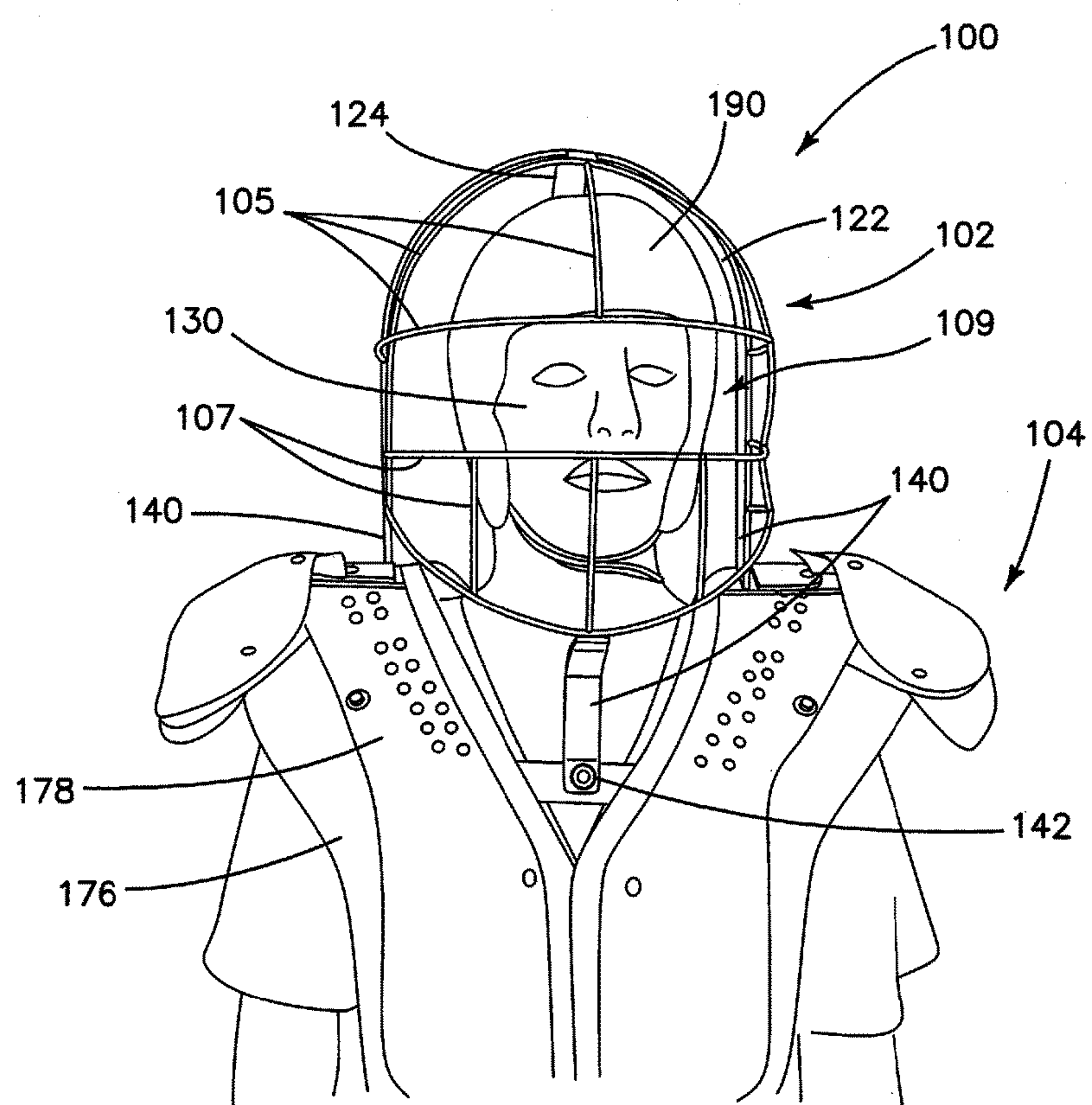
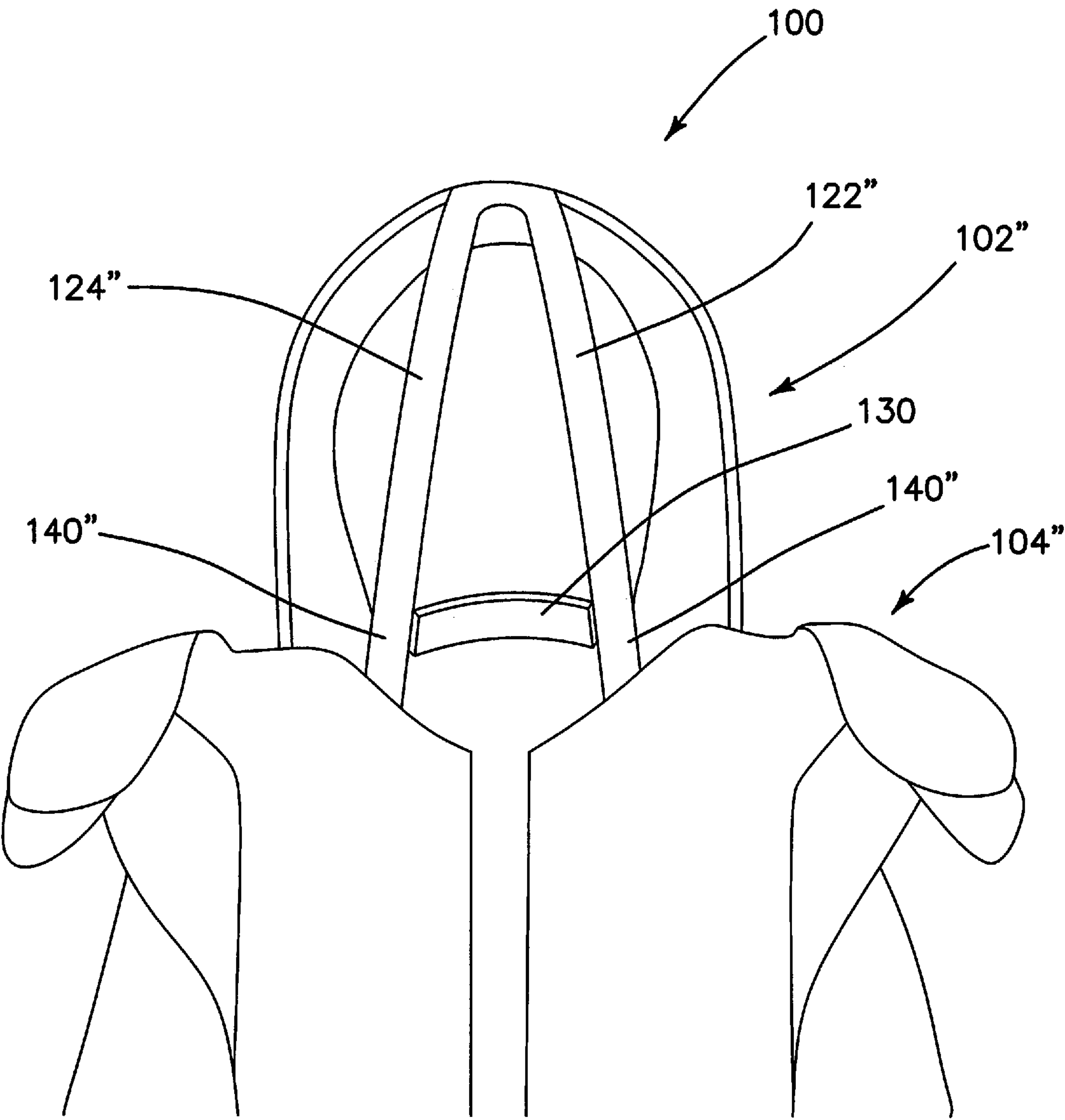
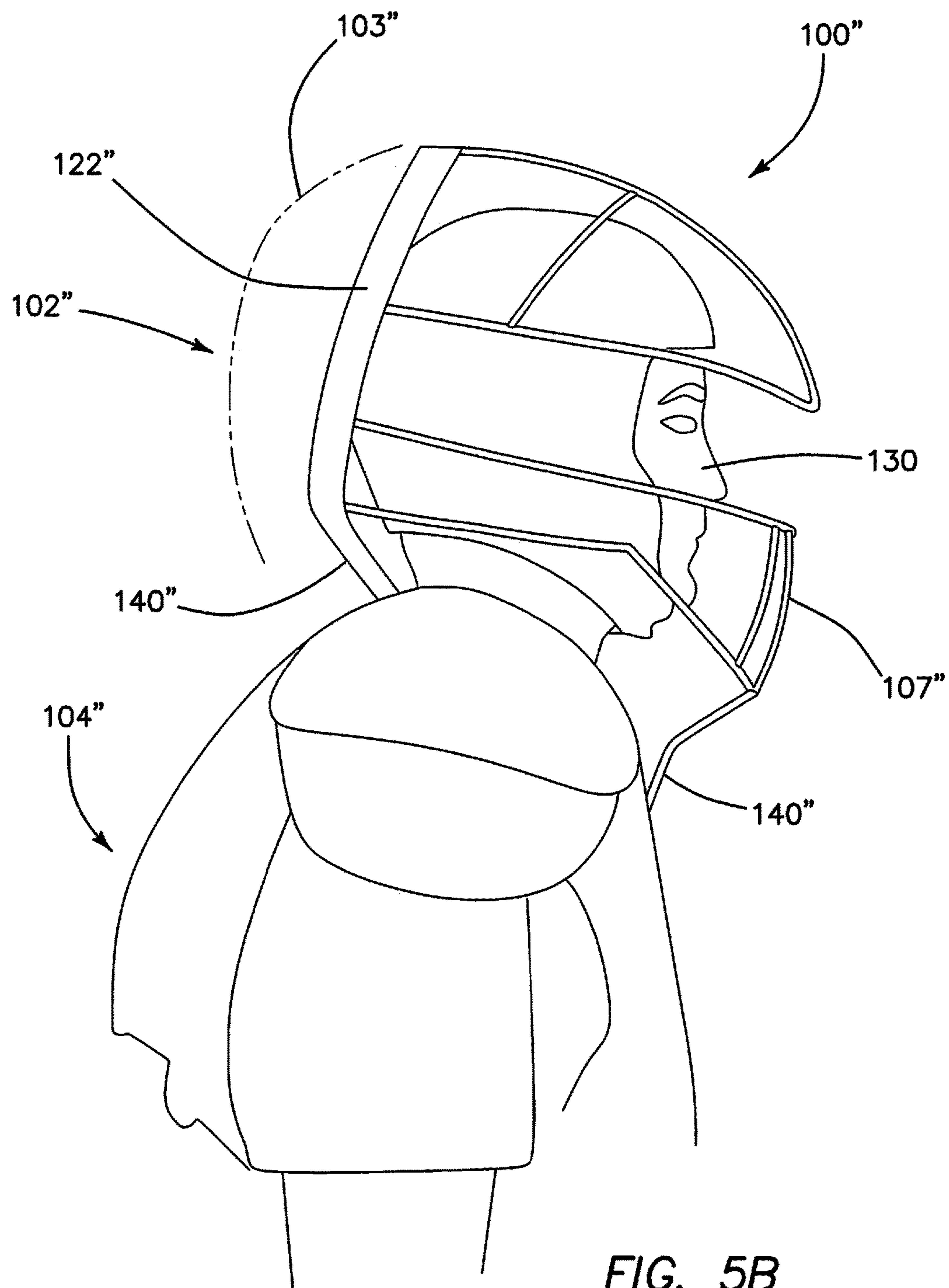


FIG. 4C





*FIG. 5A*





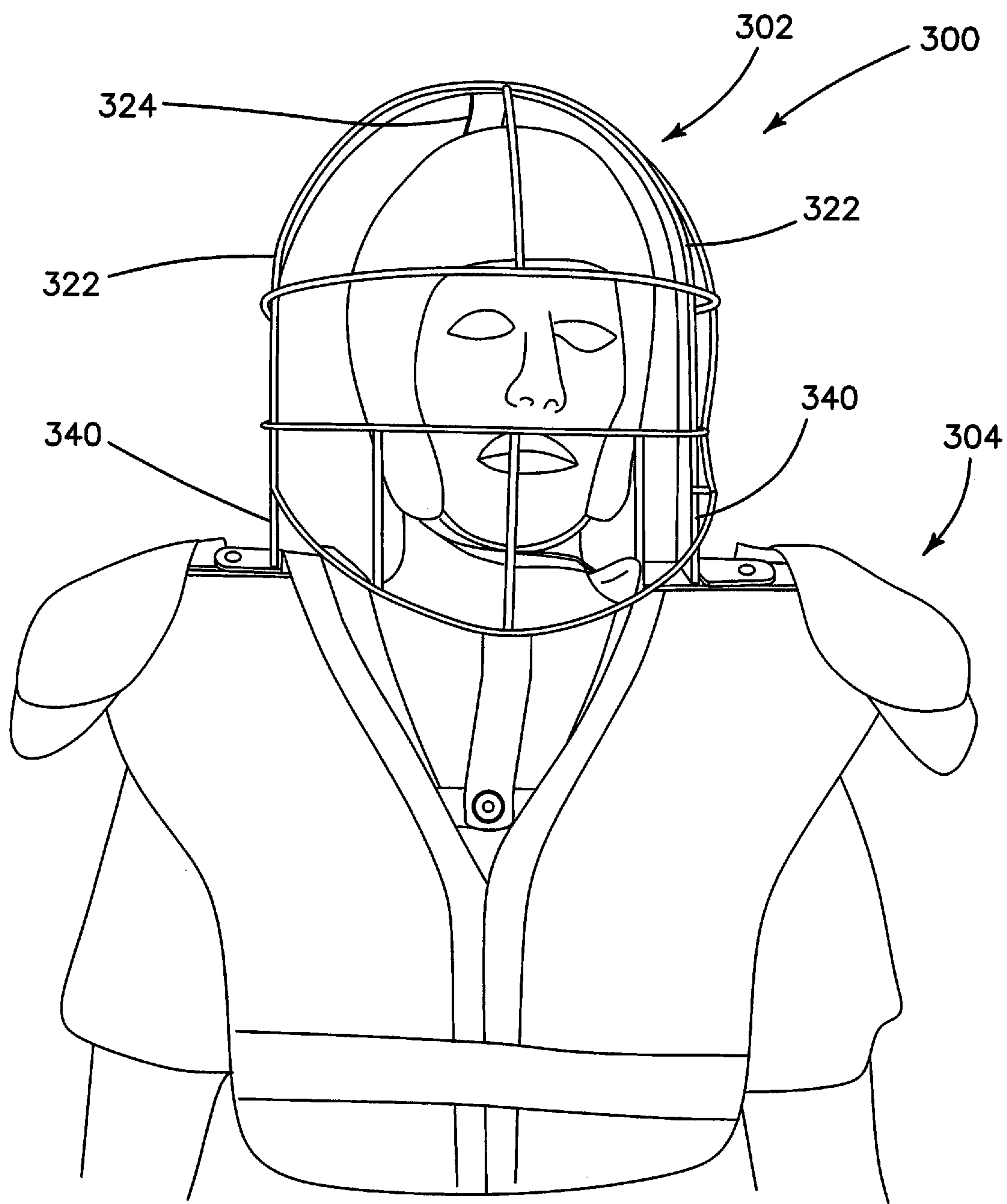


FIG. 6A

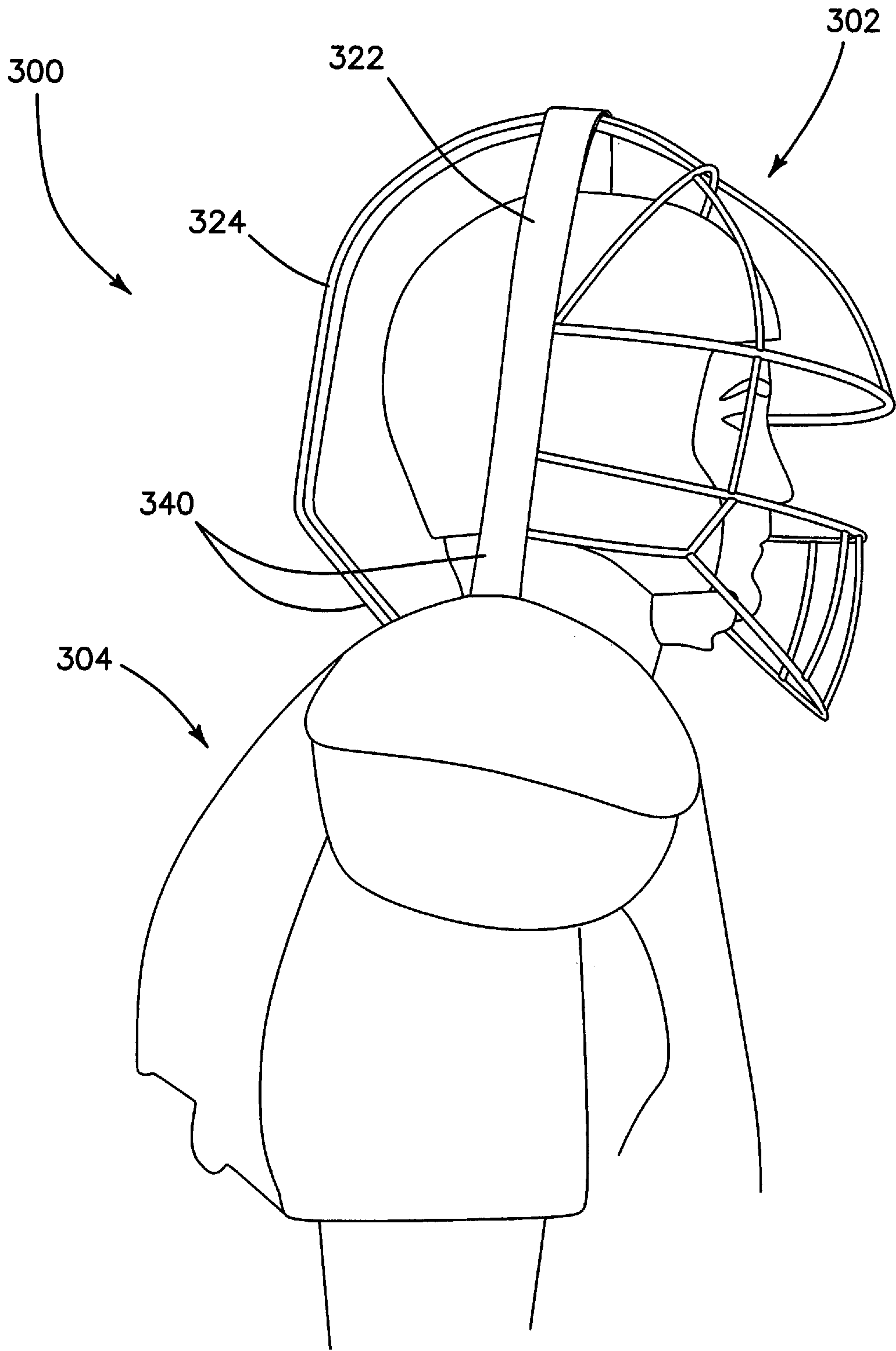


FIG. 6B

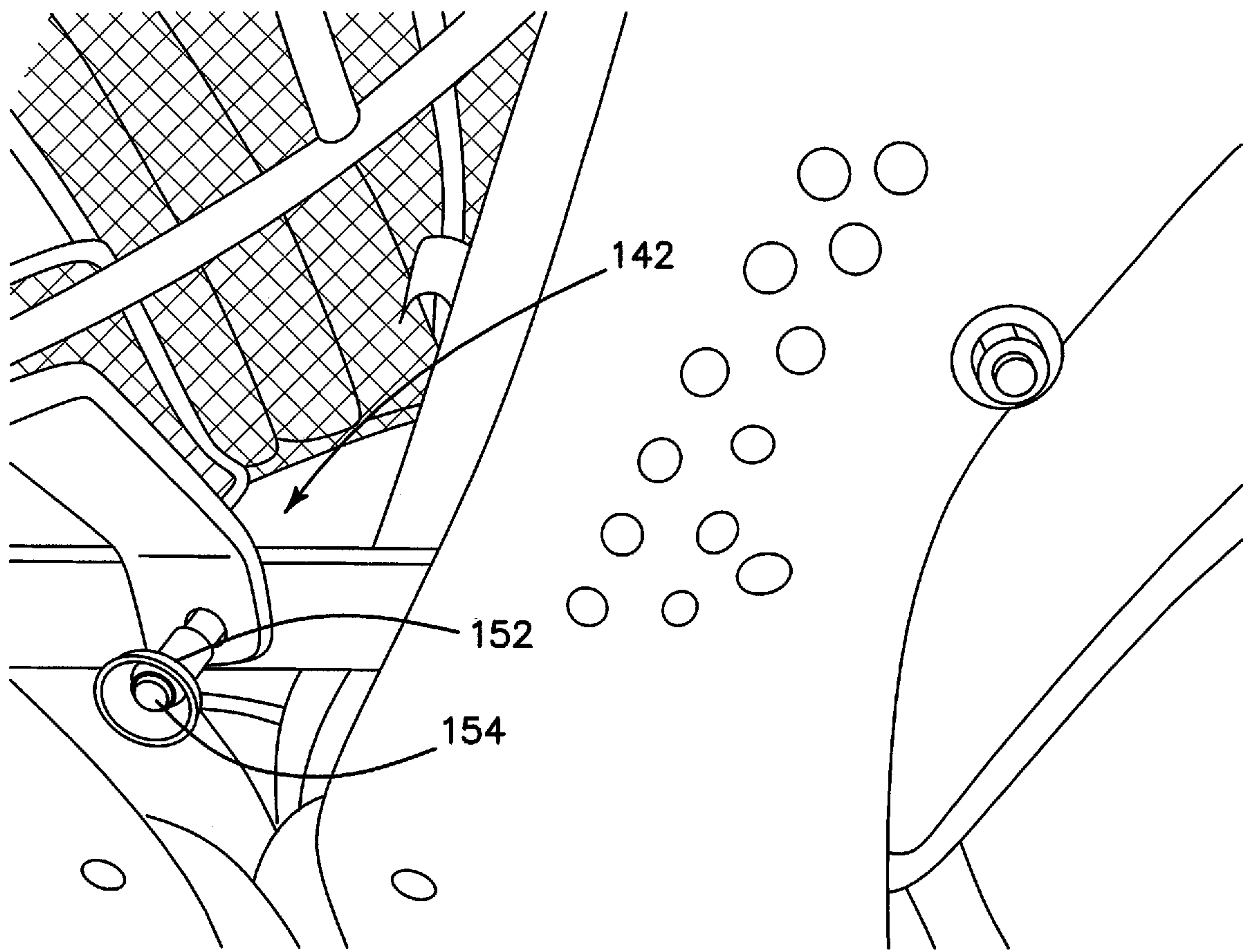


FIG. 7A

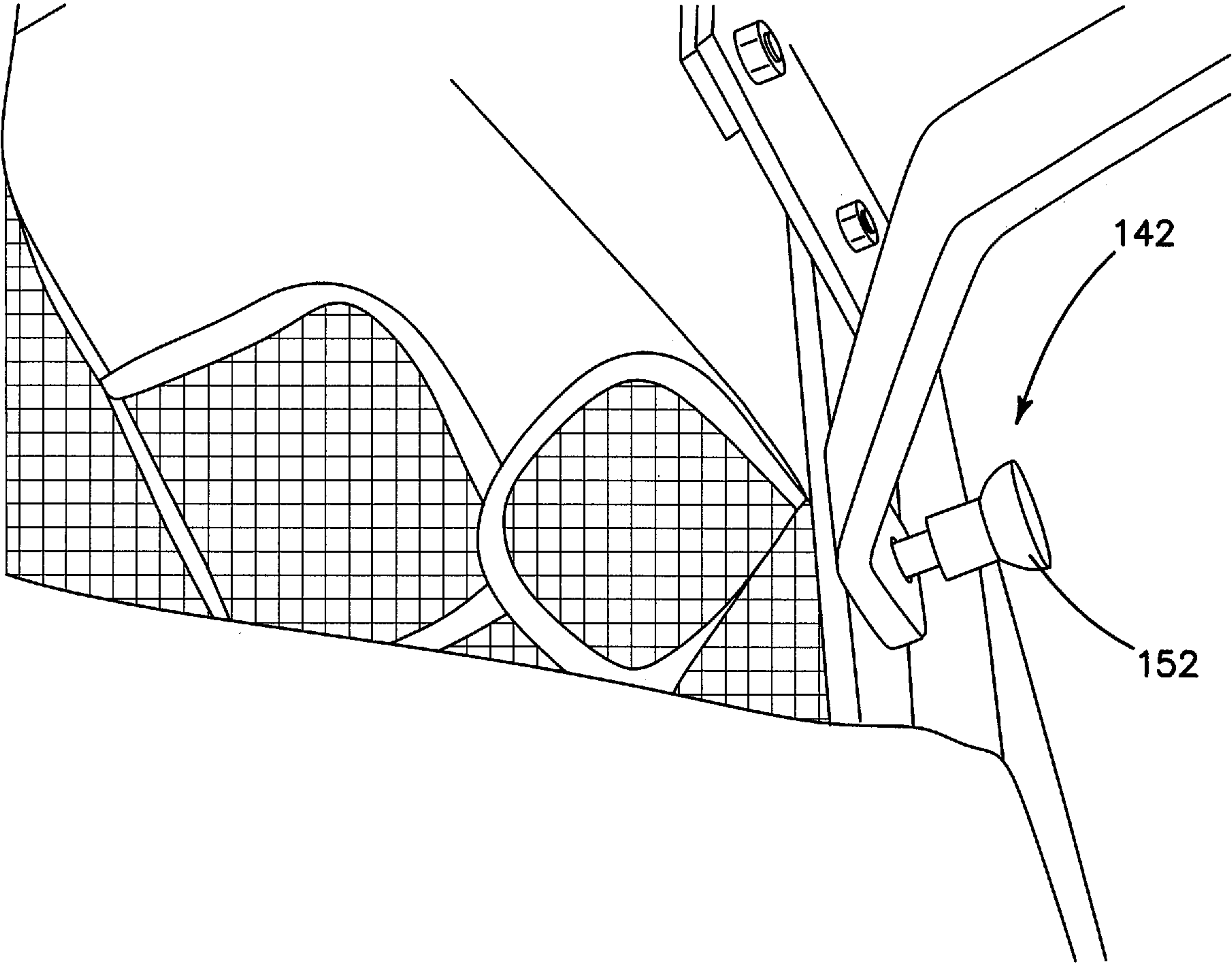


FIG. 7B

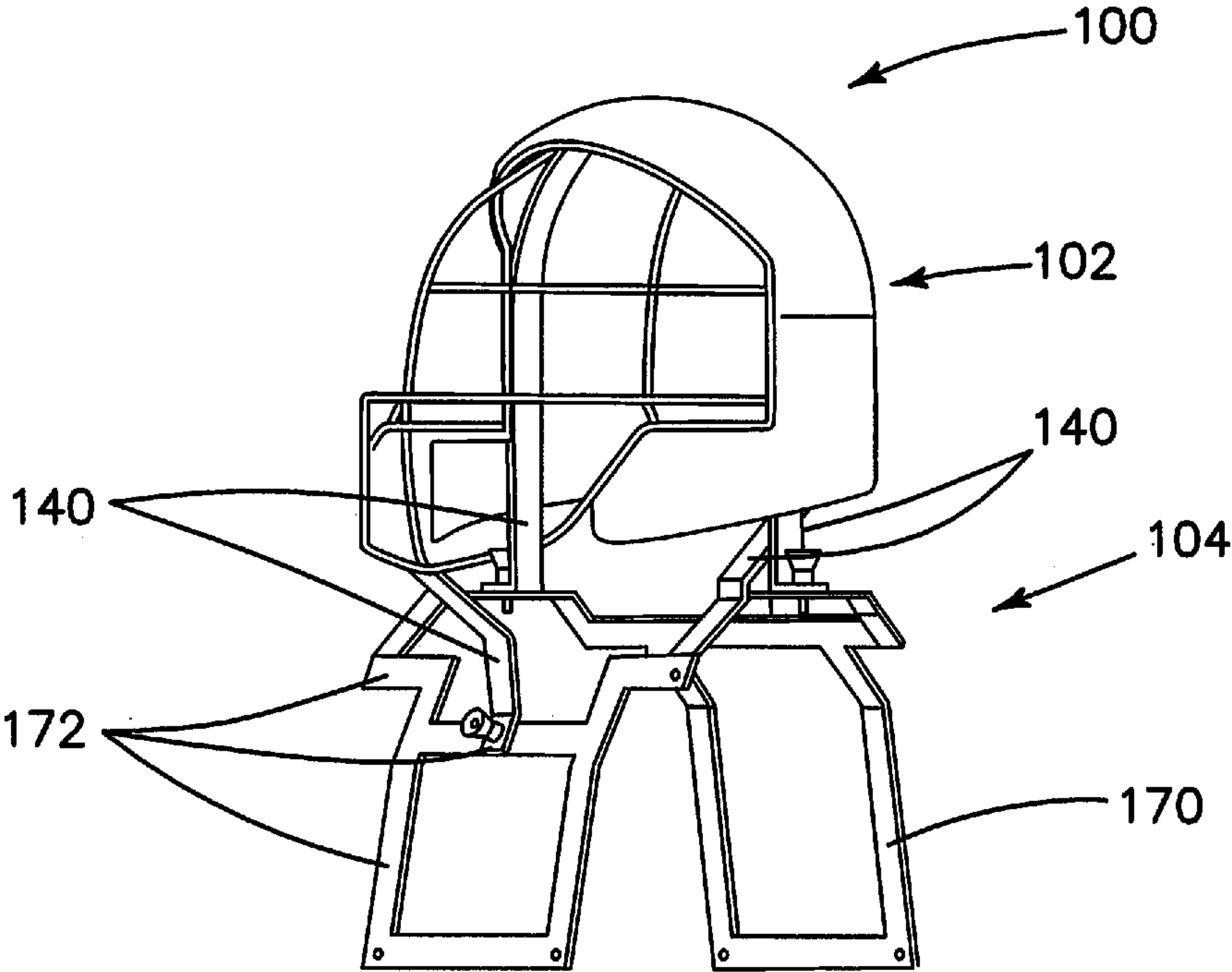


FIG. 8A

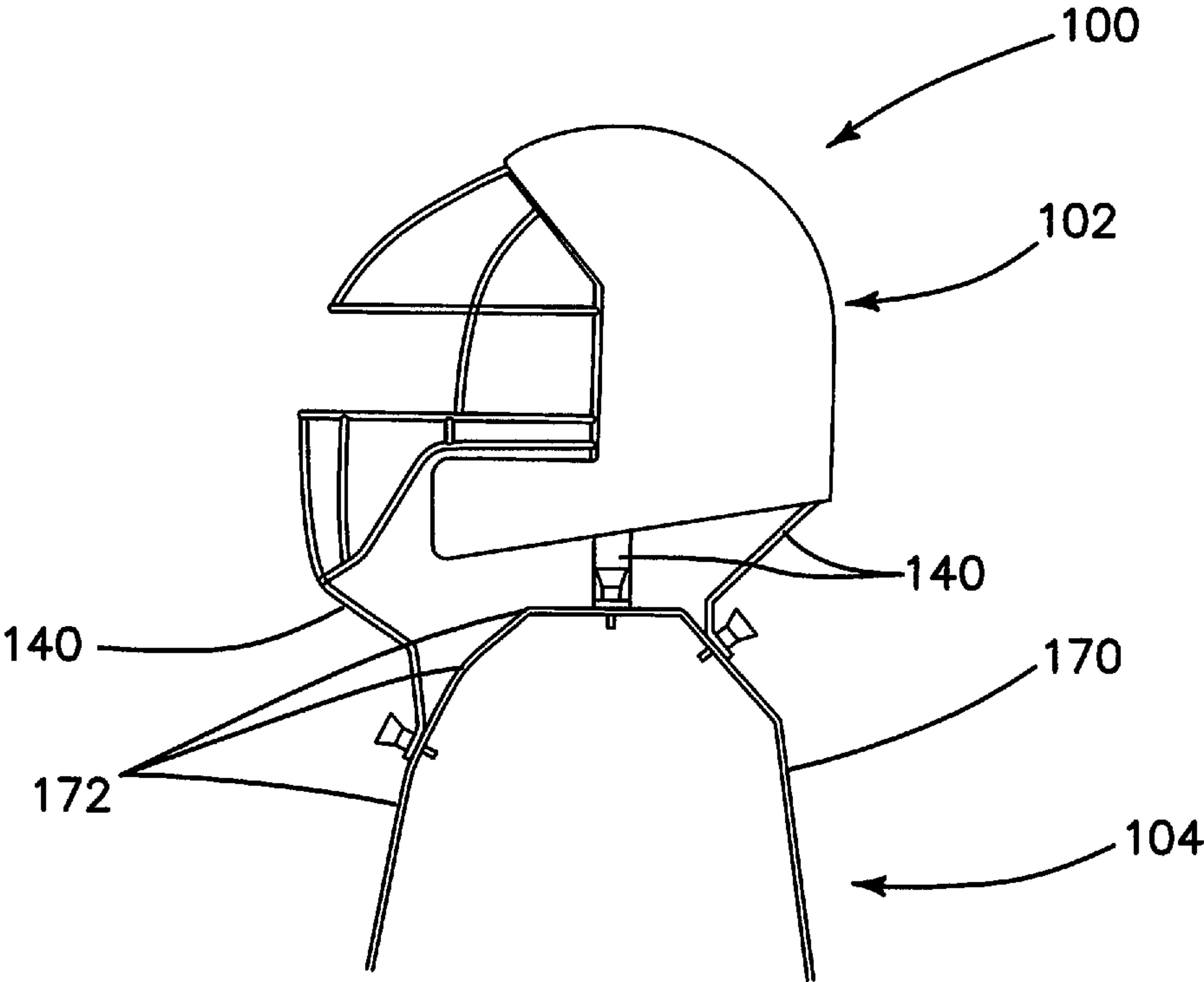


FIG. 8B



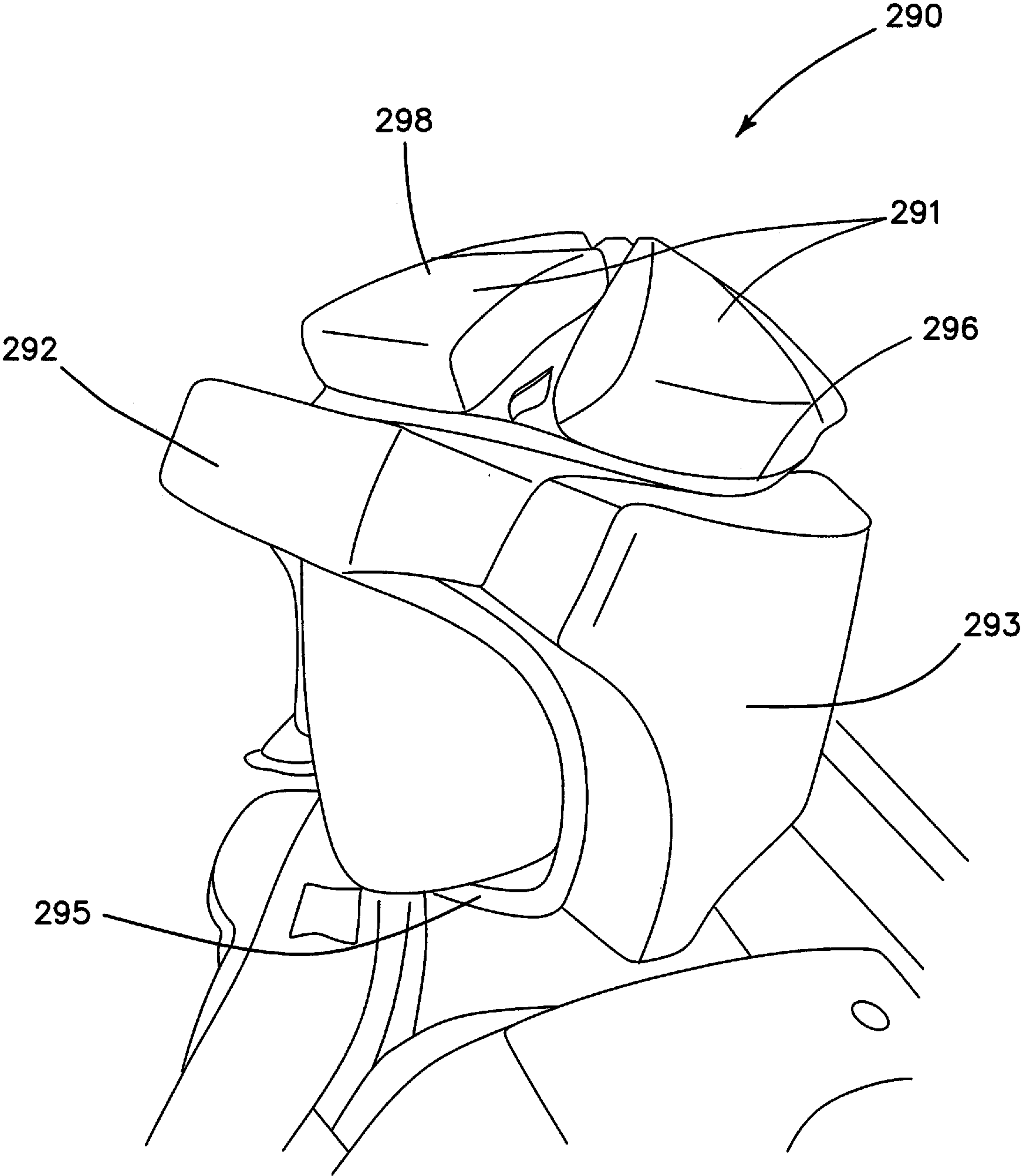


FIG. 9A

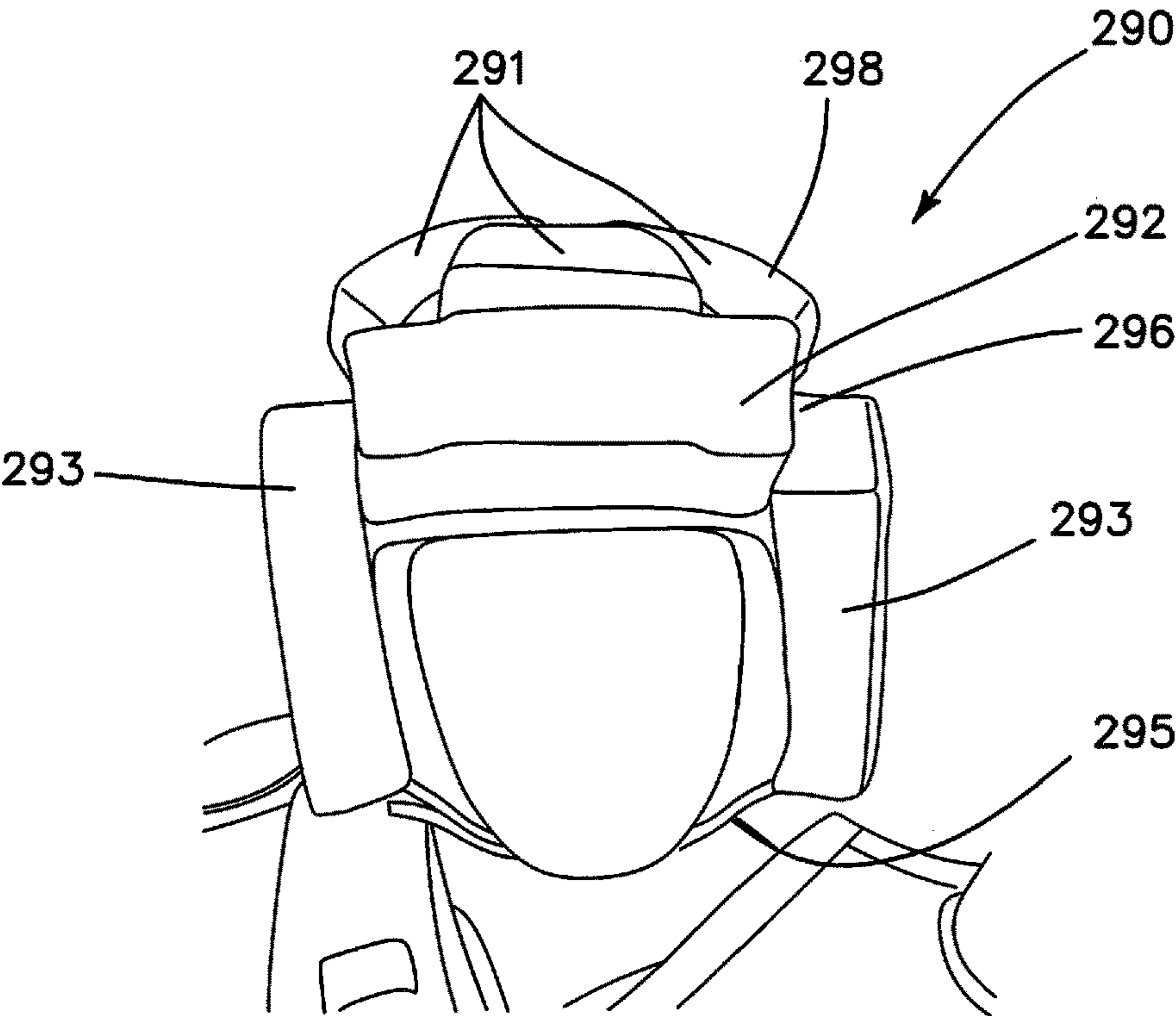


FIG. 9B

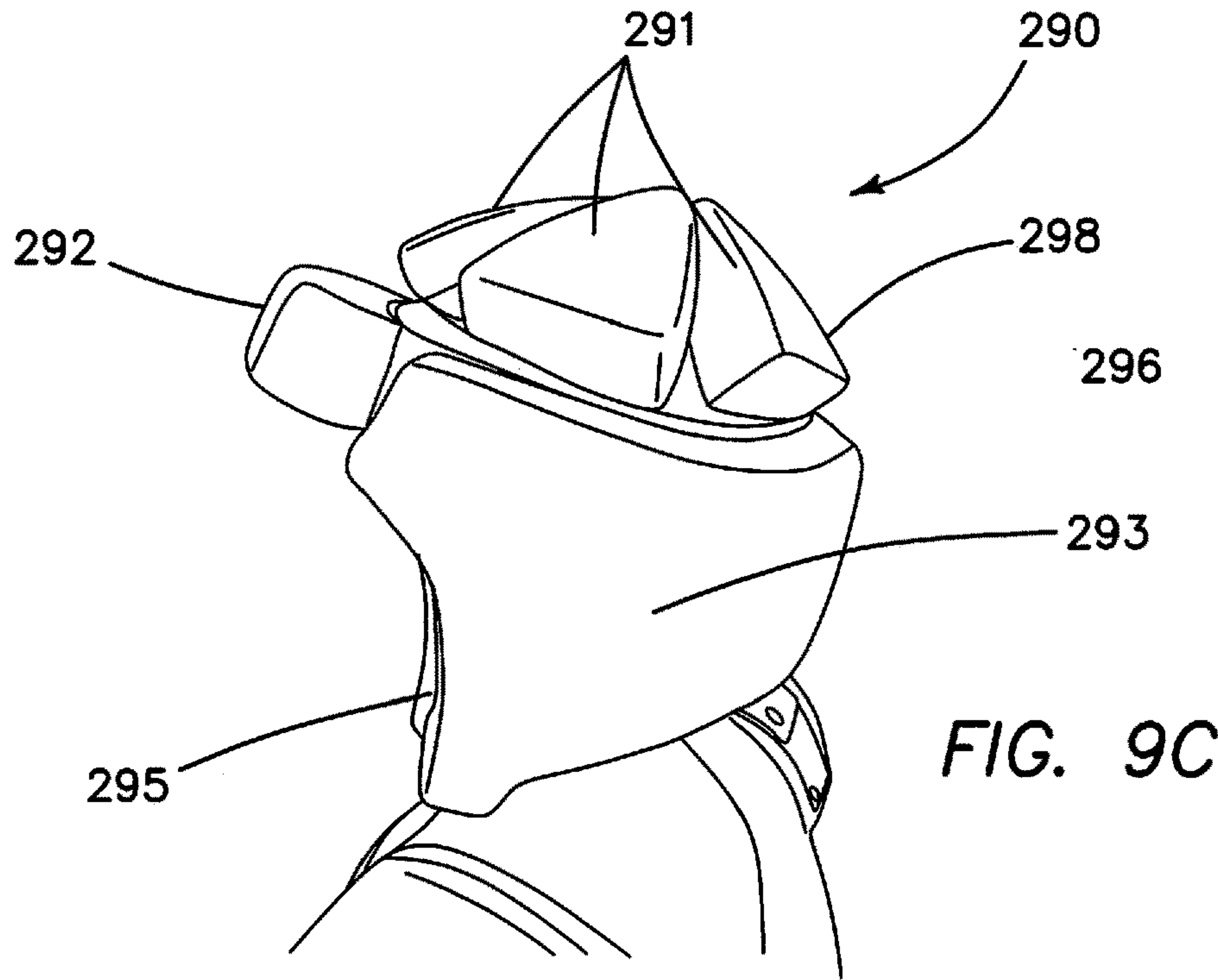
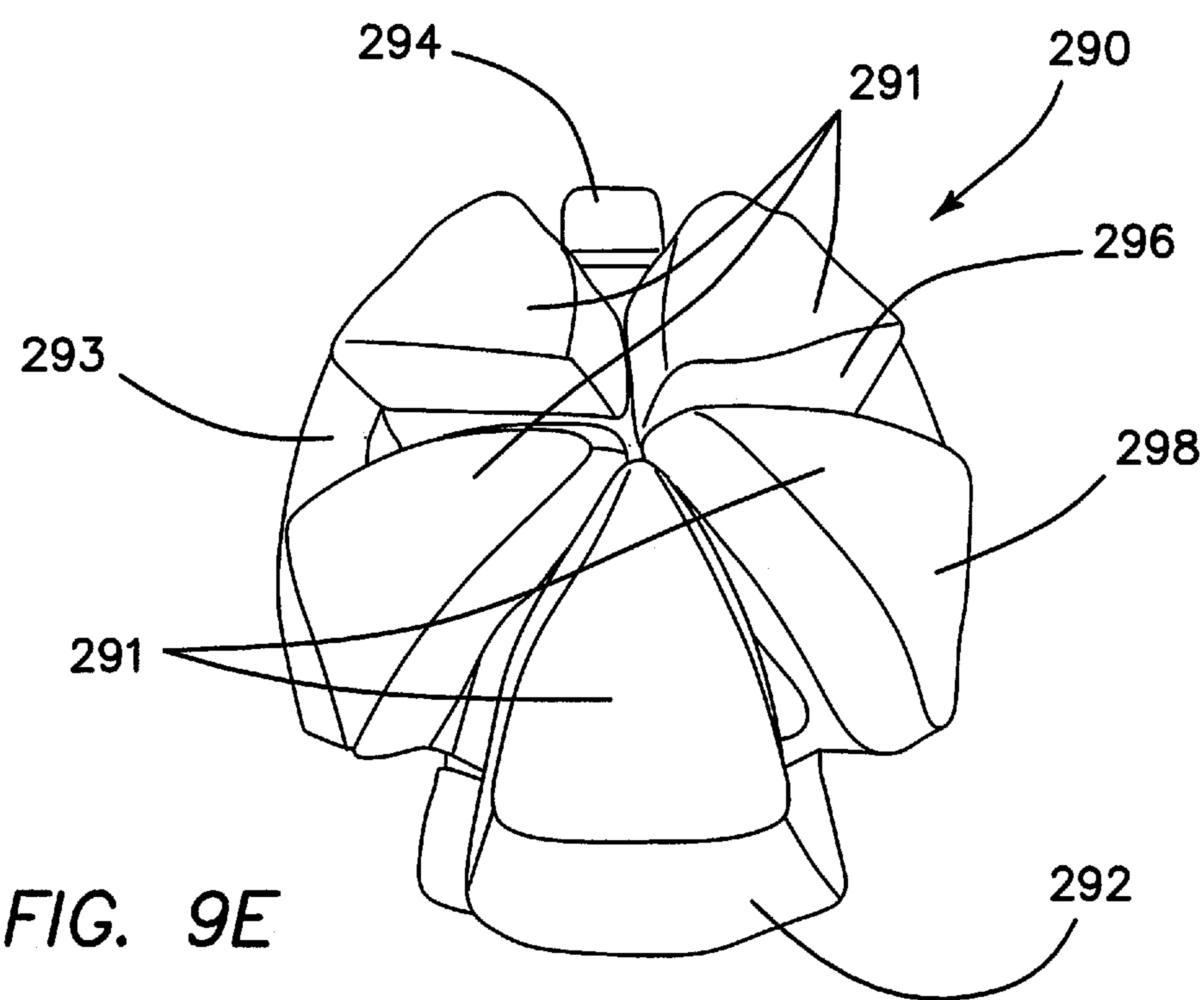
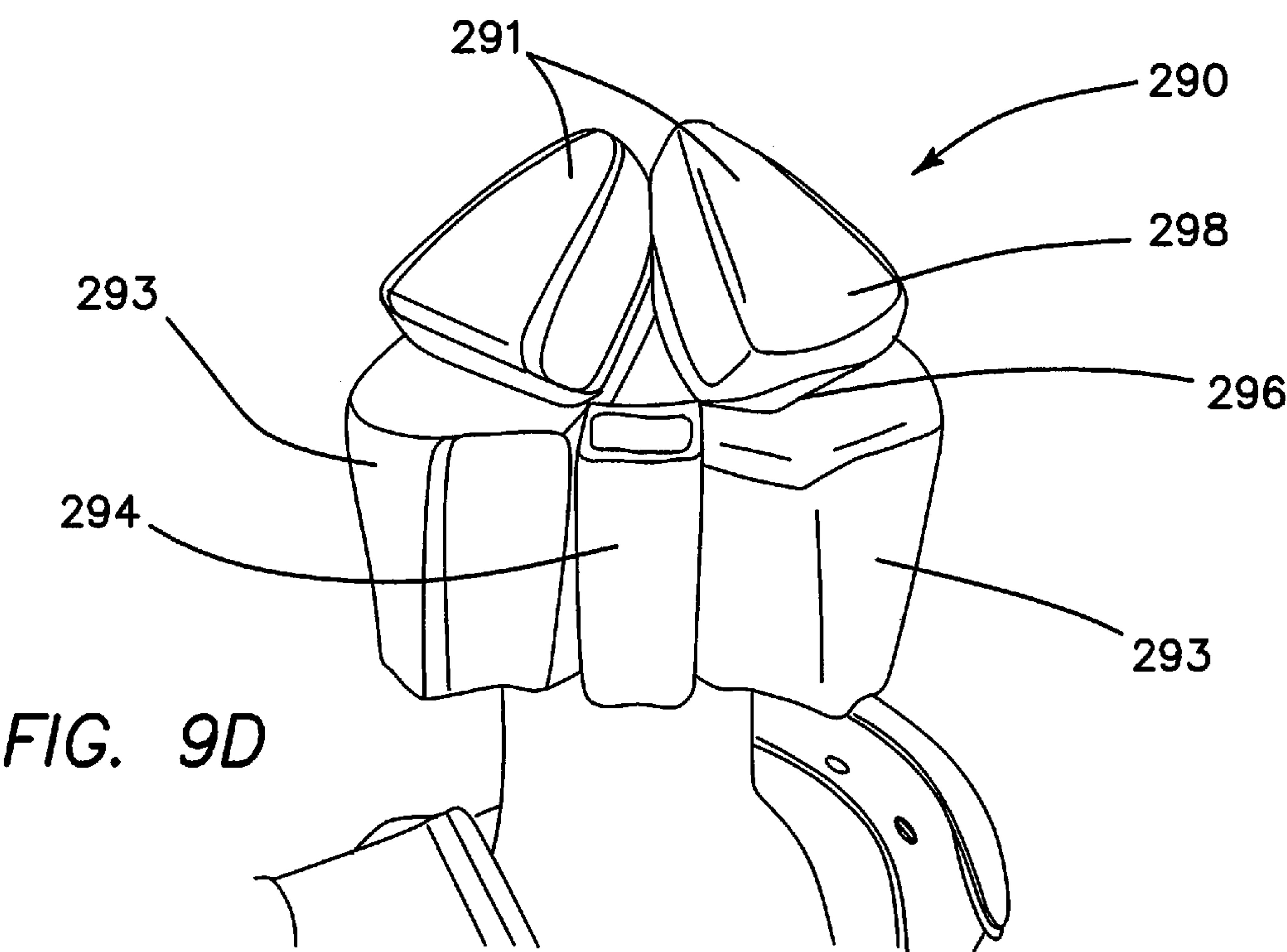


FIG. 9C



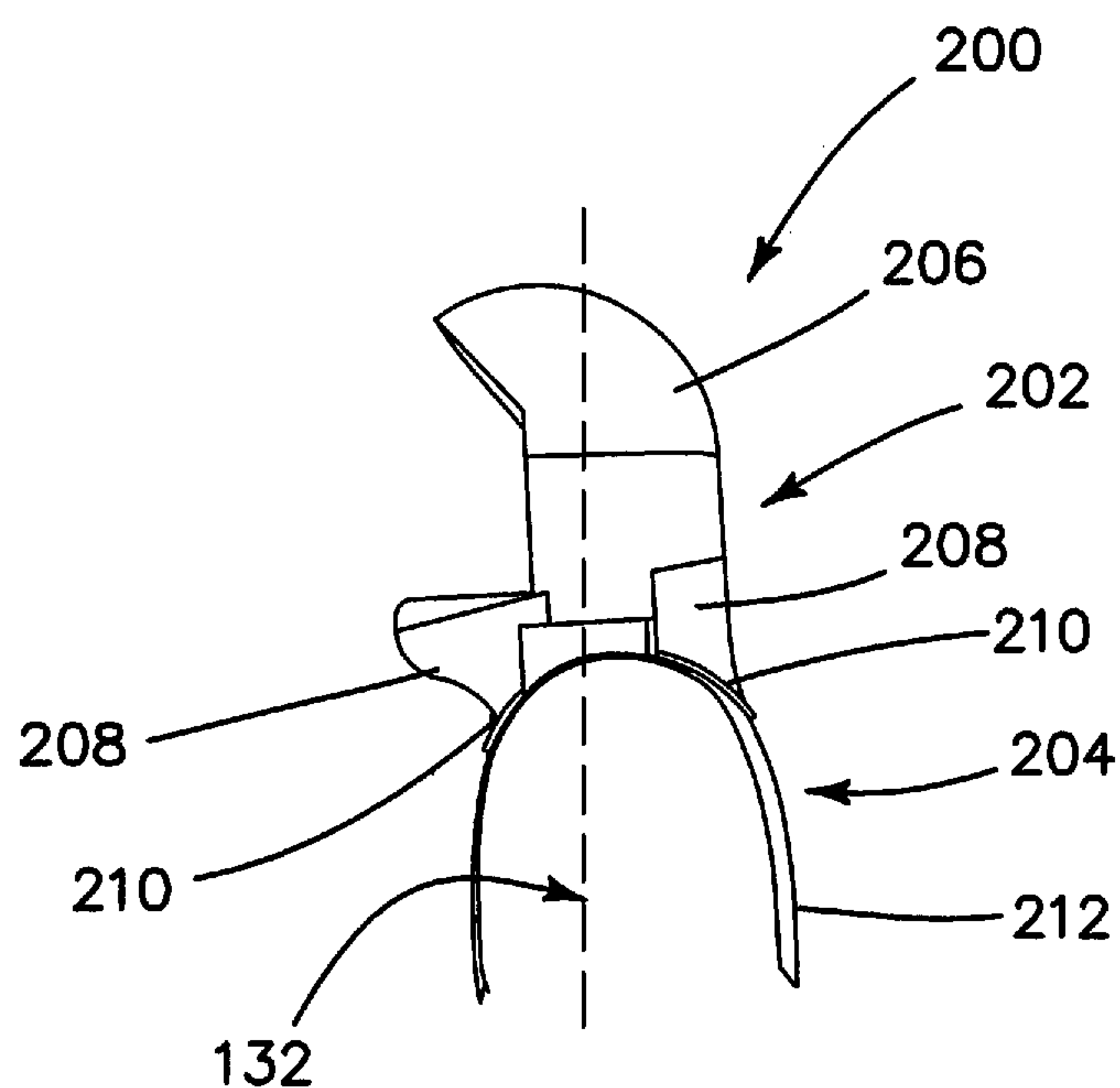


FIG. 10A

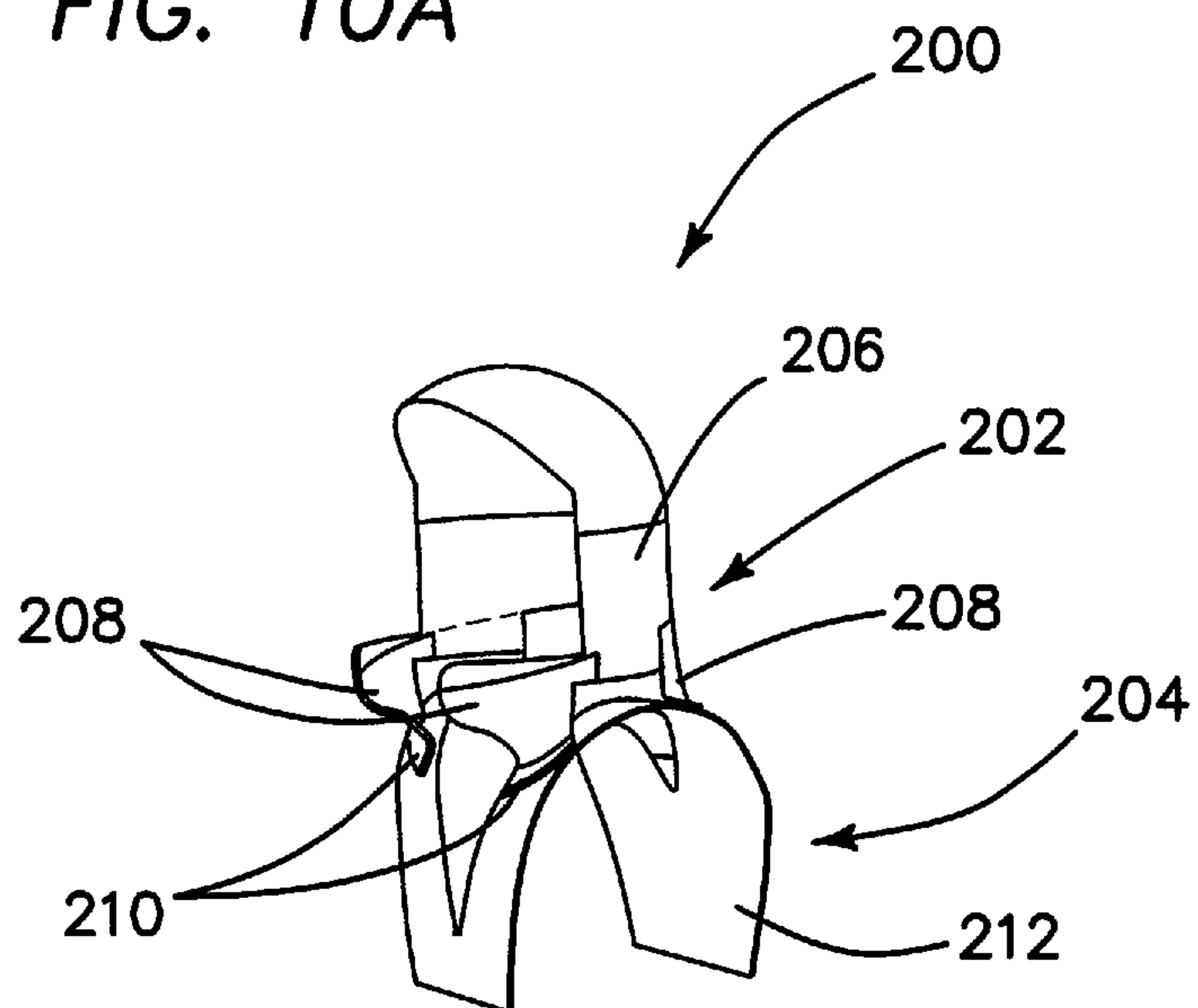


FIG. 10B

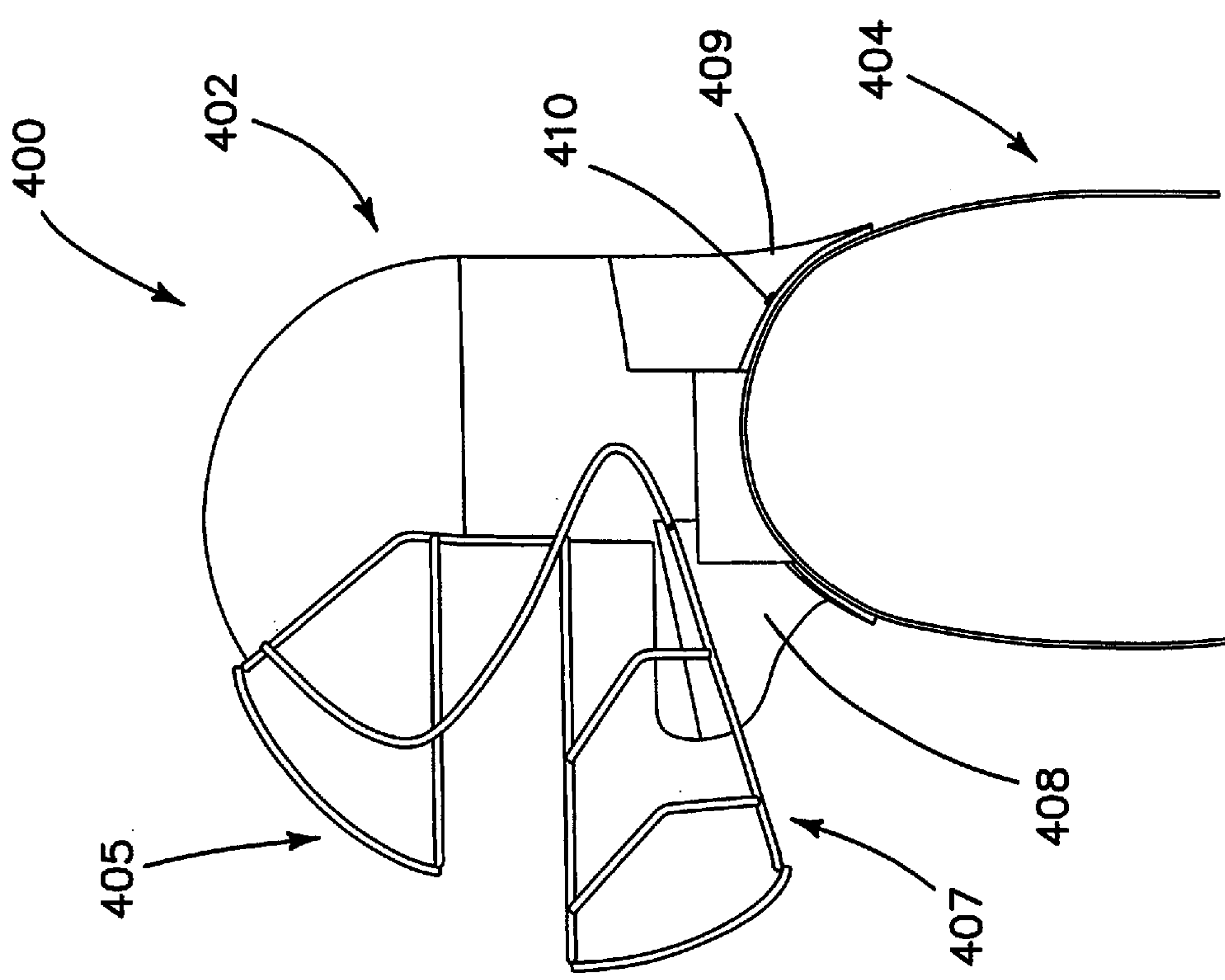


FIG. 11B

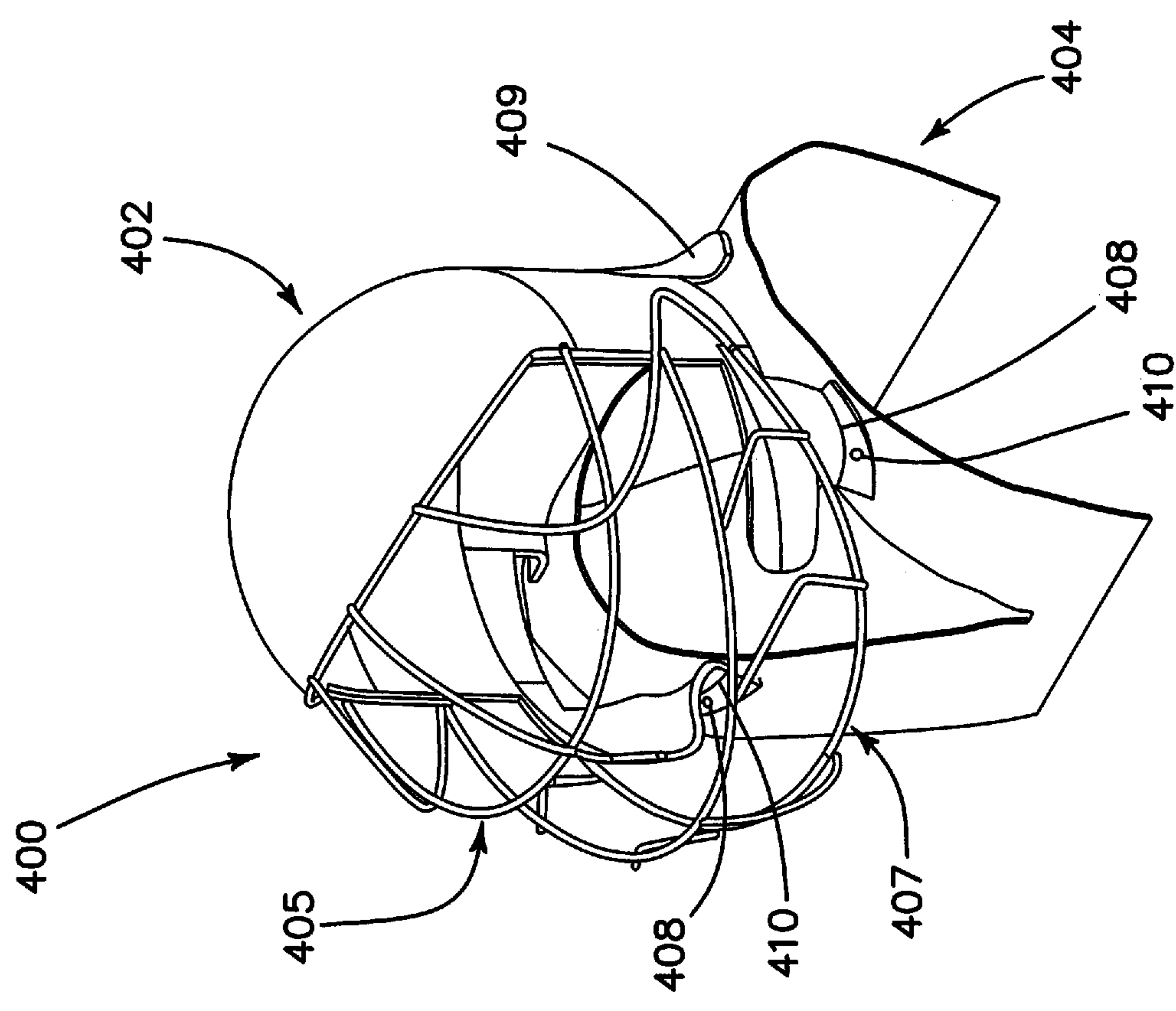


FIG. 11A



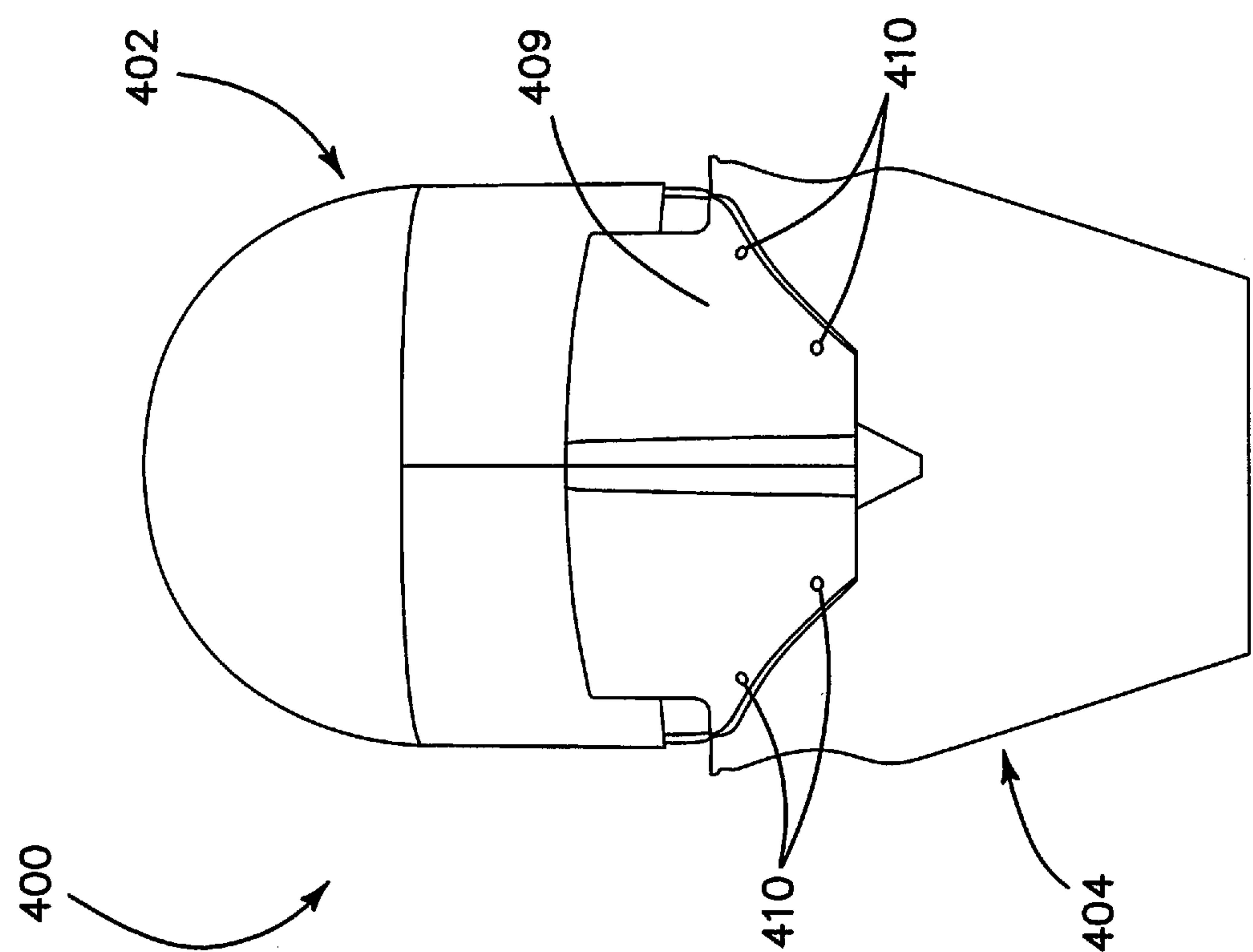


FIG. 11D

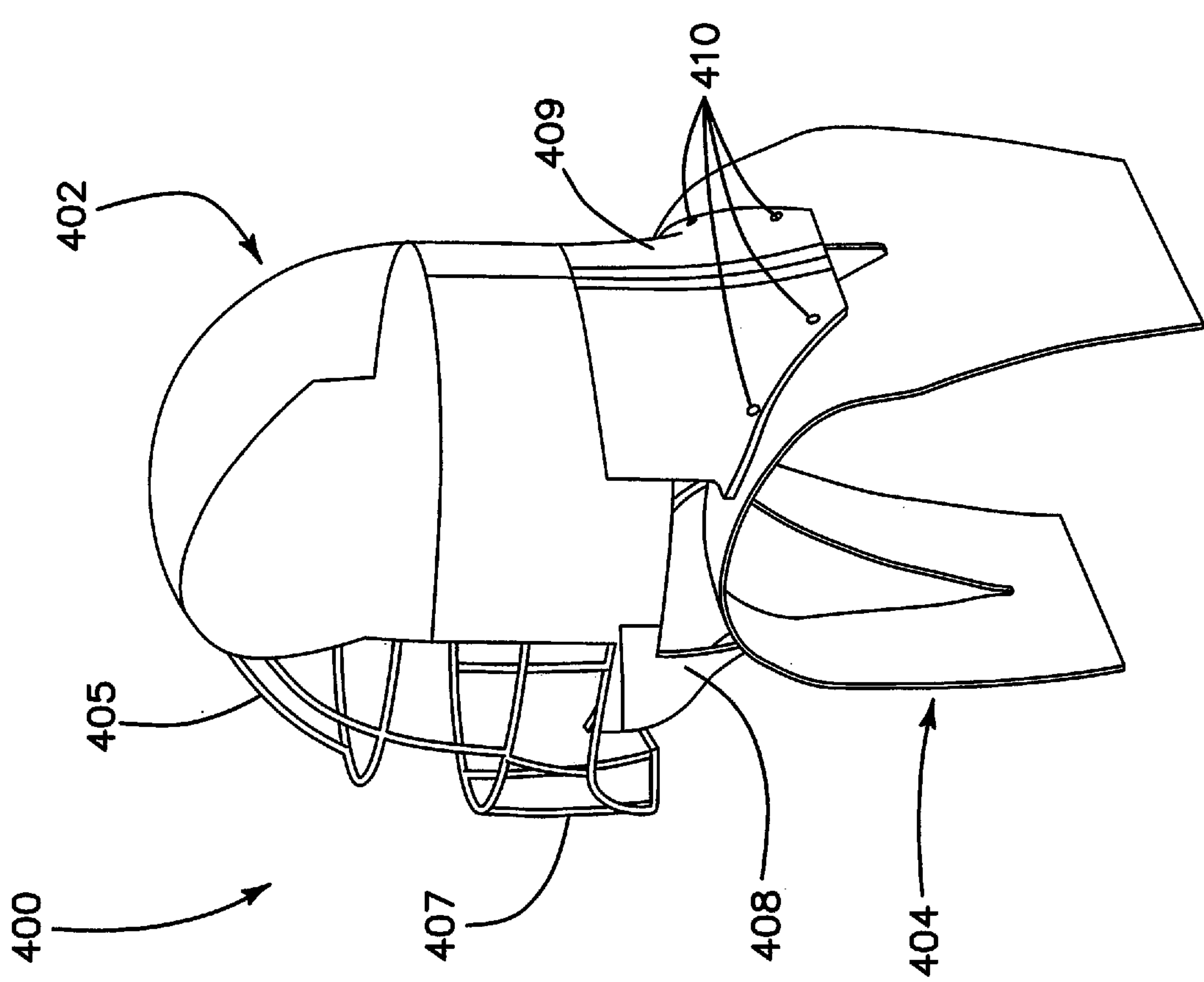


FIG. 11C

## IMPACT DIFFUSING SYSTEM

### FIELD OF THE INVENTION

[0001] The present invention generally relates to an impact diffusing system for protecting the head of a user of the system. More specifically, the present invention relates to an impact diffusing system that includes a helmet portion attached to a thoracic portion in a manner that prevents the helmet portion from moving relative to the thoracic portion.

### BACKGROUND

[0002] The present invention is useful in sports, such as, without limitation, football (i.e., American, Australian and Canadian football), soccer, rugby, field and ice hockey, lacrosse, boxing and automotive and motorcycle racing. Additionally, the invention may find application in non-sporting activities such as military and spacecraft activities, in which bodily contact is common or the risk of collision or accident is high.

[0003] In such activities there may be a high risk of head injuries such as traumatic brain injury (TBI), as well as injuries to the neck, back, and spine. TBI is defined as damage to the brain resulting from external mechanical force, such as rapid acceleration or deceleration, impact, blast waves, or penetration by a projectile, that disrupts the normal function of the brain. TBI can result when the head suddenly and violently hits an object, or when an object pierces the skull and enters brain tissue. Immediate symptoms of a TBI can be mild, moderate or severe, depending on the extent of damage to the brain. Mild cases (mild traumatic brain injury, or mTBI) may result in a brief change in mental state or consciousness, while severe cases may result in extended periods of unconsciousness, coma or even death.

[0004] The American Society of Test and Materials (ASTM) recommends that protective headgear be worn 100% of the time to reduce the risk of TBI in most high risk activities such as those mentioned above. While various attempts have been made to make improved protective helmets, there remains a need for effective and improved protective headgear for use by various recreational, military and professional users, including both children and adults. Such headgear should be capable of substantially lessening the risk of TBI and neck, spine and back injury caused by a blow or force applied to the head, and the incidence of TBI (e.g., expressed as a percentage in a population of users) as compared to previously used helmets and protective headgear.

### SUMMARY

[0005] In a broad example, the present invention is directed to methods and apparatus for preventing or reducing the severity of traumatic brain injury (TBI), neck, spine and/or back injury, through the use of protective headgear which is not supported, or is structured not to be substantially supported, by the wearer's head. Thus, in a particular example, the present invention is drawn to a protective headpiece comprising a helmet portion having an interior surface, an exterior surface and preferably a face mask component. The exterior surface of the helmet portion preferably comprises an outer protective shell, such as one including a durable material such as a resilient, impact-resistant polymer. By "resilient", "resilience" or like words

is meant capable of withstanding shock without permanent deformation or rupture. Such materials, which are preferably strong and lightweight, may include any suitable polymer such as, without limitation, a polycarbonate, a carbon fiber material, a polyester or a mixture of one or more of these materials. The majority of football helmets are made using a polycarbonate component.

[0006] In other examples, the exterior surface of the helmet portion may comprise a "soft" shell, such as a viscoelastic polymer component covering a hard shell component underneath, to reduce the force experienced by the wearer. Such viscoelastic polymers may include "memory foams" such as low-resilience polyurethane foam. If present, the soft shell component may in some cases be designed as an outer covering which can be affixed in place to a harder, resilient shell using a hook and loop type fastener, such as a VELCRO® fastener.

[0007] In one example, the helmet portion of the present invention is structured so that the inner surface thereof makes no direct contact, or minimal direct contact, with the wearer's head. In this way, the wearer may move the head within the helmet portion without the helmet portion itself moving. By "head" is meant the cranium and/or the cranium and the facial bones, but is not meant the mandible alone. The minimization or absence of direct contact between the helmet portion and the wearer's head lessens the likelihood, particularly when used in conjunction with the mechanism transferring impact force to a thoracic portion of the system (to be described below), that an impact received by the outer shell of the helmet portion will be directly transmitted to the head or brain of the wearer without attenuation. For instance, in some examples, the helmet portion is adapted to leave sufficient space between the inner surface of the helmet portion and the outer surface of inner headgear (described below) to permit the wearer to move his or her head substantially freely within an angular range. The space between the inner surface of the helmet portion and the outer surface of the inner headgear may average, for example, about 0.5 mm, or about 0.75 mm, or about 1 mm, or about 1.5 mm, or about 2 mm, or about 0.5 cm, or about 1 cm, or about 1.5 cm, or about 2 cm, or about 2.5 cm, or about 3 cm, or more. The vertical angular range of head movement is defined herein with respect to a horizontal plane parallel to the ground and including a line passing through the eyes when the user is looking straight ahead. Such head movement (i.e. up and down) may be about 75 degrees, or about 70 degrees, or about 65 degrees, or about 60 degrees, or about 55 degrees, or about 50 degrees, or about 45 degrees, or about 40 degrees, or about 35 degrees, or about 30 degrees, or about 25 degrees, or about 20 degrees, or about 15 degrees. Vertical angular ranges of head movement may be independently determined and different for head movement in the "up" direction and head movement in the "down" direction.

[0008] The horizontal angular range of head movement is defined herein with respect to the sagittal plane of the body. Such head movement (i.e. left and right of center) may be about 90 degrees, or about 85 degrees, or about 80 degrees, or about 75 degrees, or about 70 degrees, or about 65 degrees or about 60 degrees, or about 55 degrees, or about 50 degrees, or about 45 degrees, or about 40 degrees, or about 35 degrees, or about 30 degrees, or about 25 degrees, or about 20 degrees, or about 15 degrees. Horizontal angular ranges of head movement are generally substantially iden-



tical, but may be independently determined and different for head movement in the “left” direction and head movement in the “right” direction.

**[0009]** In the present application unless otherwise indicated, each and every range of values (including degrees, angles, distances and the like) stated in this specification, including the claims, are intended to specifically include every point and subrange within the entire expressly specified range and not just the endpoint(s). For example, a range stated to be from 0 to 10 is intended to disclose all whole numbers between 0 and 10 such as, for example 1, 2, 3, 4, etc.; all fractional numbers between 0 and 10 to two significant figures, for example 1.5, 2.3, etc.; and the endpoints 0 and 10, as well as all subranges having these numbers as endpoints (such as the subranges “3 to 5” and “2.3 to 7.1”). Similarly, ranges expressed as “up to”, “at least”, “greater than” (or less than) a given value means the range of values extending between that value and, depending upon the context, the highest value possible or lowest value possible such as 100% (or 0%) when expressed as a percentage, or 360 or 0 when expressed as an angle. Such subranges also include all whole and fractional numbers to two significant figures between the given value and the highest (or lowest) possible value, as appropriate.

**[0010]** In preferred examples of the present invention, the system of the present invention comprises separate inner headgear, which may be a “soft”, preferably padded, hat component, closely fitting the wearer’s head. The inner headgear is lightweight and may be comprised of, for example, a polymeric material having a cushioning property. In some examples the inner headgear may be firmly secured to the wearer’s head using, for example, one or more preferably well-padded chin straps. The inner headgear may include padding comprising a forehead component to prevent injury to the forehead resulting from a blow that would otherwise force the face against the facemask of the helmet portion. The inner headgear is structured and designed to function together with the helmet portion so as to allow a range of motion for the wearer, thereby permitting wearers to move the head and inner headgear independently of the outer helmet portion to adjust their view within a range of vision while wearing the protective headgear apparatus of the present invention.

**[0011]** In some preferred examples, at least a portion of the outer surface of the inner headgear is substantially smooth and may be at least partially coated with a material having low friction, such as a material comprising polytetrafluoroethylene (PTFE), sold under the trade name TEFLON®. In some of these preferred examples, at least a portion the interior surface of the helmet portion may also similarly be at least partially coated with a material having low friction (e.g., PTFE). When the wearer experiences a blow to the helmet portion, the head and inner headgear may move independently of the outer helmet portion with lower friction and thus greater ease than if one or both surfaces were not coated with the low friction material. In some examples, the inner surface of the helmet portion may be at least partially covered with a “skin” that may be substantially smooth, thereby permitting the inner headgear to slide relative to the interior part of the helmet portion when a blow is experienced.

**[0012]** As described above, in important examples, the helmet portion and the inner headgear are structured and fitted in a manner such that a narrow space or gap is

maintained between the inside of the helmet portion and at least a substantial part of the outer surface of the inner headgear during normal circumstances. This space may average, for example, about 0.5 mm, or about 0.75 mm, or about 1 mm, or about 1.5 mm, or about 2 mm, or about 0.5 cm, or about 1 cm, or about 1.5 cm, or about 2 cm, or about 2.5 cm, or about 3 cm, or more. Very preferably the average value of the space or gap is the smallest necessary to permit the wearer to be able to move the head and inner headgear independently within the helmet portion without undue effort, while at the same time preventing the head from “rattling” against the inner walls of the helmet portion when the helmet portion receives a blow.

**[0013]** Preferably, the helmet portion has a wider, and optionally higher, face opening than a conventional football helmet. Since the helmet portion makes little or no direct contact, or only minimal direct contact, with the inner headgear, and is preferably sized to maintain a gap between the inner headgear and the helmet portion, the helmet portion may be larger than a conventional football helmet in some examples. For e.g., sports applications the helmet portion may preferably comprise a face mask component, such as a metal or polymer-coated metal “birdcage” type face mask component similar to those in current use. Preferably, the face mask component will be larger than conventional faceplates to accommodate the helmet portion’s larger face opening in some examples of the present invention.

**[0014]** In important examples of the present invention, the helmet portion is either permanently or (preferably) removably affixed to a thoracic portion. Unless indicated otherwise expressly, it will be understood that the term “thoracic portion” refers to a protective piece of equipment comprising a shock absorbing pad material with a hard plastic outer covering. As used in this specification, the protective equipment denoted the “thoracic portion” substantially covers the top portion of each of the two shoulder joints. As used herein, the shoulder joint comprises the part of the body where the humerus attaches to the scapula, the head sitting in the glenoid cavity, and is synonymous with the glenohumeral joint. The term “shoulder” or “shoulder(s)”, as used herein, means the shoulder joint and nearby structures, but excludes the neck, the portion of the clavicle that makes contact with the spine, or any portion of the spine. The thoracic portion of the present invention is thus adapted to cover at least the top portion of the wearer’s shoulders. Additionally, the thoracic portion comprises a rigid framework to which the helmet portion is attached.

**[0015]** As discussed above, the helmet portion is made to function as a strong unitary engineered assembly with the thoracic portion, thereby transferring impact force applied to the helmet portion to the shoulders and/or body rather than the head, neck and/or spine. Thus, in preferred examples, the helmet portion is fabricated to contain a plurality of integral bars or “pillars” that connect the helmet portion to the thoracic portion and support the helmet during use. The term “pillars” as used herein refers to a vertical structure that extends between, and is coupled to, the helmet portion and the thoracic portion. The pillars may be narrow, or elongated, or any width in between, and may extend along any width of the space between the helmet portion and the thoracic portion. The pillars may be located at the back, sides and/or front of the helmet. For example, there may be four pillars, with one located in the front, one in the back,



and one on each side of the helmet portion. In some examples there may be three pillars; preferably in such examples either a front pillar or a back pillar is positioned substantially on the sagittal plane, and side pillars are located on the sides above the shoulders and near (or slightly anterior to or posterior to) the coronal plane. In other examples there may be more or less than four pillars.

**[0016]** The pillars are strong enough to absorb at least a portion of the force transmitted by a direct impact to the helmet portion. The pillars may be manufactured using, for example, a core made from a suitably strong and lightweight material, such as one or more of titanium, a titanium alloy, a non-titanium metal, a nanostructured ceramic, a nanostructured metal or metal alloy, a thermopolymer, or a carbon polymer. Preferably the pillars are integrated into the helmet portion as part of the structure of the helmet (e.g., during the manufacturing process), such as through an engineered network connecting the pillars within the helmet portion to help diffuse and distribute impact forces throughout the helmet portion into each of the pillars and thereby evenly transfer the force to the thoracic portion.

**[0017]** In some examples (for example, ones in which the pillars are non-removable from the thoracic portion) the pillars may be integrated into the thoracic portion so as to make the helmet portion and the thoracic portion a single structure. In these examples, the pillars may be integrated into the thoracic portion in a manner similar to their connection to the helmet portion, such as through an engineered network connecting the pillars within the thoracic portion (which may contain a rigid framework, as described above) to help better diffuse impact forces along the shoulders and/or to the chest.

**[0018]** In these examples, therefore, the helmet portion and the thoracic portion together comprise a single unitary engineered assembly which can be used by placing the thoracic portion over the head, and then lowering the assembly so that the helmet portion fits onto the wearer's head. However, in other examples, the pillars are connectable to and removable from the thoracic portion, and are not permanently integrated therein.

**[0019]** The thoracic portion may generally consist of a hard plastic shell with foam and/or fluid filled padding underneath. The pads fit over the shoulders and the chest and rib area, and may be secured with various snaps and/or buckles, for example, at the front of the chest or near the bottom of the thoracic portion.

**[0020]** In the present invention, the pillars are preferably integrated within, or joined to, the thoracic portion so as to distribute impact forces experienced by the helmet portion to the thoracic portion and thence throughout the thoracic portion by way of the rigid framework within the thoracic portion. In this way, the concussive force applied to the head is deflected from the head and brain to the shoulders and chest by a unitary engineered assembly or network.

**[0021]** In preferred examples, the helmet portion may be structured to be removable from the thoracic portion. For example, the pillars may comprise one or more quick-release mechanisms to permit the helmet portion to be removed quickly in the event of an injury. These quick-release mechanisms should be capable of activation both by the wearer or by another person (such as a medical technician or doctor), but should be structured in a manner that prevents

unintentional activation of the quick-release mechanism during play or other activity, or malicious removal by an opposing player.

**[0022]** Examples of suitable quick-release mechanisms are well known to those of ordinary skill in the art, and may comprise any suitable quick release mechanism. Thus, such a quick release mechanism may comprise (without limitation) quick-release pins, which can be pulled to separate the pillars from the helmet portion or thoracic portion, gimbaled latch mechanisms similar to those disclosed in U.S. Patent Publication No. US 2014/0259319, loops and clasps, carabiners and the like. Thus, the quick release mechanism may comprise pillar connectors located at the downward end of each pillar.

**[0023]** Additionally or alternatively, certain of the examples of the present invention may include one or more quick-release mechanisms for the face mask of the helmet portion, permitting it to be removed or opened when the player is on the sidelines or bench, thus permitting the wearer to eat or drink, or for emergency medical aid to be provided when and as necessary. A particular example of a quick release mechanism for the face mask may comprise one or more hinges or pivot mounts that allow the face mask to be lifted up, similar to a face guard on a helmet for a suit of armor, or to the side.

**[0024]** In some examples, the present invention may be structured for the helmet portion to be placed on the head after the thoracic portion has been put on and fitted, in a manner similar to how the helmet of a deep sea diving suit is placed on the head and secured to the suit after the diver has put the remainder of the suit on. In such examples, the pillars of the helmet portion may terminate in a fixture that can then be firmly and strongly mated with or joined to a corresponding thoracic portion fixture (such as, without limitation, a force-diffusing component), preferably using quick-release fasteners.

**[0025]** In other examples, the helmet portion may comprise a plurality of pillars extending generally downward therefrom with pillar connectors at or near the lower portion of one or more pillars. Preferably, at least three pillars, or at least four pillars, have connectors located at or near their lowest point. Each connector may be structured to fit and lock to a corresponding connector receptacle located on or in the thoracic portion. Each connector of the helmet portion pillars may fit into, and lock within its corresponding receptacle. In such cases the connector receptacle is preferably an element of the rigid framework of the thoracic portion.

**[0026]** In one embodiment of the present invention, an impact diffusing system for protecting a head of a user of the system is provided. The system includes a headpiece cage having at least two support bars that extend from a top of the cage to a bottom of the cage, such that the support bars extend from an upper position above a top of the user's head to a lower position below a jaw line of the user. The support bars of the headpiece cage may be connected to each other at the top of the headpiece cage, above the top of the user's head. The headpiece cage may be structured to attach to a conventional helmet, such as to the outside surface of the conventional helmet. Alternatively, the impact diffusing system may further include an outer shell covering at least a portion of an outer surface of the headpiece cage and fixedly attached thereto.



**[0027]** In one example, the cage may include a first support bar along the coronal plane and a second support bar along the sagittal plane posterior to the head. The first support bar may extend from one side of the head adjacent to one shoulder, around the top of the head, to the other side of the head adjacent to the other shoulder. In another example, the cage may include two support bars, each of which extends from the upper position above the top of the user's head, along a plane that is between the coronal and sagittal planes, to the lower position that is near a respective trapezius area of the user posterior to the head.

**[0028]** The headpiece cage may further include a plurality of rigid bars that are sized and structured to surround at least a portion of a forehead, a top, and sides of the head, wherein the plurality of rigid bars are coupled to the support bars. Still further, the headpiece cage preferably includes a face mask structured to enclose at least a front portion of a face of the user. The face mask is coupled to at least one of the support bars. The face mask may protrude anterior to the coronal plane and may include a post extending from the face mask downward from a central area of the face mask. The face mask post may extend from a center of the face mask along the sagittal plane. Alternatively, the face mask post may extend from a position to one side of a center of the face mask, and the face mask may further include a second post that extends downward from the face mask at a second position to the other side of the center of the face mask.

**[0029]** The impact diffusing system further includes a thoracic framework structured to cover at least a portion of a chest, upper back, and shoulders of the user, wherein the thoracic framework is attached to the at least two support bars of the headpiece cage in a manner that prevents movement of the headpiece cage relative to the thoracic framework. The thoracic framework may also be attached to the post extending downward from the face mask. The system may further include inner thoracic padding and an outer thoracic shell, and the thoracic framework may be disposed between the inner thoracic padding and the outer thoracic shell. Alternatively, the thoracic framework may be structured to attach to conventional shoulder pads. The thoracic framework may include structurally reinforcing bars forming polygonal shapes that surround the at least a portion of the chest, upper back, and shoulders of the user. The thoracic framework may be formed of a rigid, inflexible material, such as a metal or metal alloy, carbon fiber, or a suitably strong polymer.

**[0030]** In one aspect of the invention, the thoracic framework may include rigid portions and flexible portions. The flexible portions may be formed by hinges, reduced thickness portions, or slots or openings formed within selected regions of the framework.

**[0031]** The thoracic framework may be permanently attached to the headpiece cage. For example, the thoracic framework and the headpiece cage may be manufactured as a unitary piece. The headpiece cage and the thoracic framework may be made of stainless steel, titanium and/or carbon fiber.

**[0032]** Alternatively, the thoracic framework may be removably attached to the headpiece cage. In this embodiment, the thoracic framework may include at least three connector receptacles and the headpiece cage may include at least three connectors each configured to removably attach to a respective one of the thoracic framework connector

receptacles. The support bars of the headpiece cage may include a first support bar that extends along the coronal plane from one side of the head adjacent to one shoulder, around the top of the head, to the other side of the head adjacent to the other shoulder, and a second support bar along the sagittal plane posterior to the head. A first connector may be disposed at a first end of the first support bar, a second connector may be disposed at a second end of the first support bar, and a third connector may be disposed at an end of the second support bar. In another aspect, the cage may include two support bars, each of which extends from the upper position above the top of the user's head, along a plane that is between the coronal and sagittal planes, to the lower position that is near a respective trapezius area of the user posterior to the head. In this aspect, the headpiece cage may include three connectors, wherein one of the three connectors is at an end of a post extending from the face mask, and the other two connectors are at respective lower ends of the two support bars. Thus, the impact diffusing system of this embodiment may include at least three connection points between the thoracic framework and the headpiece cage. The term "connection point" as used herein refers to a location at which the headpiece cage and the thoracic framework are joined together in a manner that limits or prevents movement of the headpiece cage relative to the thoracic framework.

**[0033]** The impact diffusing system may include inner headgear structured and sized to conform to the user's head and to fit inside the headpiece cage. The inner headgear may be sized and structured to be moveable relative to the headpiece cage. The inner headgear may include a friction-reducing outer coating that reduces friction when the inner headgear moves relative to the headpiece cage. Similarly, the headpiece cage may include a friction-reducing inner coating that reduces friction when the inner headgear moves relative to the headpiece cage. The inner headgear may include impact absorbing padding. The padding may be inflatable padding and/or smart material padding.

**[0034]** Another embodiment of the present invention is directed to an impact diffusing system for protecting a head of a user of the system, wherein the system includes a helmet component comprising a solid, rigid unitary piece structured to surround a top, a back, and sides of the user's head, such that ears of the user and at least a portion of a neck of the user are enclosed within the helmet component. The system further includes a rigid thoracic cage structured to cover at least a portion of a chest, upper back, and shoulders of the user, wherein the thoracic cage is attached to the helmet component in a manner that prevents movement of the helmet component relative to the thoracic cage. The thoracic cage may be attached to the helmet component via at least four connection points, which may include two front connection points that are anterior to a coronal plane, and two rear connection points that are posterior to the coronal plane. Embodiments having at least three connection points may include a connection point located at the front or the back of the user's body and positioned substantially on the sagittal plane, and two side connection points located on the sides of the user's body above the shoulders and near (or slightly anterior to or posterior to) the coronal plane. The connection points may be permanent connectors and the thoracic cage may be fixedly attached to the helmet component. Alterna-



tively, the connection points may be quick-release connectors and the thoracic cage may be removably attached to the helmet component.

[0035] The thoracic cage and the helmet component may be made of inflexible material. For example, the thoracic cage and the helmet component may be made of carbon fiber.

[0036] The system of this embodiment may also include inner headgear structured and sized to conform to the user's head, fit within the helmet component, move with the user's head, and move relative to the helmet component.

[0037] The system of this embodiment may also include inner thoracic padding and an outer thoracic shell, and the thoracic cage may be disposed between the inner thoracic padding and the outer thoracic shell. Alternatively, the thoracic cage may be structured to attach to conventional shoulder pads.

[0038] In accordance with another embodiment, the present invention is directed to an impact diffusing system for protecting a head of a user of the system, wherein the system includes a rigid thoracic framework structured to cover at least a portion of a chest, upper back, and shoulders of the user. The system further includes a headpiece cage structured to surround a top, sides, and back of the head. The cage includes at least two support bars extending from a top of the cage to a bottom of the cage, wherein top ends of the support bars are attached to each other, and bottom ends of the support bars are attached to the rigid thoracic framework in a manner that prevents movement of the headpiece cage relative to the thoracic framework. The cage further includes a plurality of rigid bars that are sized and structured to surround at least a portion of a forehead, a top, and sides of the head, wherein the plurality of rigid bars are coupled to the at least two support bars. Still further, the cage includes a face mask structured to enclose at least a portion of a face of the user, wherein the face mask is coupled to at least one of the support bars. The face mask may protrude anterior to a coronal plane and comprise a post extending downward from a bottom of the face mask from a central area of the face mask, such that the post is positioned anterior to a throat of the user. The post may be attached to the rigid thoracic framework, such that the headpiece cage and the thoracic framework are attached to each other at least at three attachment points.

[0039] Other and further aspects and features of the invention will be evident from reading the following detailed description of the preferred embodiments, which are intended to illustrate, not limit, the invention.

#### BRIEF DESCRIPTION OF THE DRAWINGS

[0040] The foregoing and other aspects of embodiments are described in further detail with reference to the accompanying drawings, wherein like reference numerals refer to like elements and the description for like elements shall be applicable for all described embodiments wherever relevant:

[0041] FIGS. 1A-1D are, respectively, perspective, side, front, and rear views of an impact diffusing system in accordance with one aspect of the present invention;

[0042] FIGS. 2A and 2B are, respectively, side and front views of an impact diffusing system in accordance with another aspect of the present invention;

[0043] FIG. 3 is a front view of an impact diffusing system in accordance with yet another aspect of the present invention;

[0044] FIGS. 4A-4D are, respectively, perspective, side, front, and rear views of the impact diffusing system depicted in FIGS. 1A-1D with the outer shell removed;

[0045] FIGS. 5A and 5B are, respectively, rear and side views of an impact diffusing system in accordance with still another aspect of the present invention;

[0046] FIGS. 6A and 6B are, respectively, front and side views of an impact diffusing system in accordance with still another aspect of the present invention;

[0047] FIGS. 7A and 7B are, respectively, front perspective and side perspective views of an exemplary connector for use in the impact diffusing system;

[0048] FIGS. 8A and 8B are, respectively, perspective and side views of an example of a thoracic framework of the impact diffusing system;

[0049] FIGS. 9A-9E are, respectively, perspective, front, side, rear, and top views of one example of inner headgear for use with the impact diffusing system;

[0050] FIGS. 10A and 10B are, respectively, side and perspective views of an impact diffusing system in accordance with another embodiment of the present invention; and

[0051] FIGS. 11A-11D are, respectively, front perspective, side, rear perspective, and rear views of an impact diffusing system in accordance with yet another embodiment of the present invention.

#### DETAILED DESCRIPTION

[0052] Disclosed herein is an impact diffusing system for protecting the head of a user of the system. Conventional helmets distribute impact forces throughout the helmet. With the system of the present invention, impact force is more evenly distributed throughout the system instead of being concentrated at the point of impact or distributed throughout just the helmet.

[0053] In one example, as shown in FIGS. 1A-1D, the system 100 includes a helmet portion 102 coupled to a thoracic portion 104. The helmet portion 102 surrounds, or encloses, the head of the user, and the thoracic portion 104 encloses a portion of the thoracic region of the user. The thoracic region is the part of the body that lies between the neck and the abdomen, and includes the breastbone, heart, lungs, ribs, thoracic vertebrae, chest, and shoulder girdle (i.e., the clavicle and scapula). In the embodiment shown in FIGS. 1A-1D, the thoracic portion 104 of the system 100 includes a chest portion 110 for covering part of the chest of the user, including the sternum and at least a portion of the pectoral area. The thoracic portion 104 further includes a shoulder portion 112 that surrounds a front, top, and back of the shoulders of the user, including the upper tip of the humerus, the shoulder girdle, and the front upper shoulders. A back portion 114 of the thoracic portion 104 covers a portion of the upper back of the user, including the rhomboid muscles and an upper part of the trapezius muscles.

[0054] The helmet portion 102 of the system 100 is attached to the thoracic portion 104 such that the helmet portion 102 is stationary and fixed relative to the thoracic portion 104. Lateral, posterior, and anterior movement of the helmet portion 102 relative to the thoracic portion 104 is at least limited, if not eliminated. In this manner, rather than resting on the user's head, like a conventional helmet, the helmet portion 102 of the system 100 rests upon the thoracic portion 104 so that all, or substantially all, of the weight of the system 100 is applied to the user's thoracic region. There



is space between the inner surface of the helmet portion **102** and the user's head so that the user's head may move relative to the helmet portion **102**. The user's head may rotate side to side as well as up and down within the helmet portion **102**. Preferably, the user's head is able to turn up to about 90 degrees to the left and to the right, relative to center. Preferably, the user's head is able to bend towards the chest up to about 60 degrees relative to neutral head position, and to tilt back up to about 70 degrees relative to neutral head position.

[0055] The helmet portion **102** of this example comprises a resilient shell **103** substantially surrounding the back and sides of the wearer's head. The outer shell **103** provides hard, resilient outer protection and shock absorption and may be made of a durable polymer, such as polycarbonate. The inner framework of the helmet portion **102** includes main support bars **122** and **124**, and the outer shell **103** is fixedly attached (e.g., by screws, bolts, a strong adhesive, or other such fasteners) to the outside surfaces of the main support bars **122**, **124**. Thus, the force of impacts to the outer shell **103** is deflected to support bars **122**, **124**. In some examples, the user's field of view may be partially obstructed above and below the eyes by rigid bars of the face mask portion of the helmet portion **102**, but not by the outer shell **103**. That is, the outer shell **103** is disposed outside of the user's peripheral vision when the user is looking straight ahead. The outer shell **103** surrounds a face opening that is wider, and optionally higher, than that of a conventional football helmet. In some, currently less preferred examples, at least a portion of the outer surface of the helmet portion **102** may comprise a soft padding overlying a hard shell, as described above.

[0056] In yet another example, rather than having a hard shell applied to the outer surface of the helmet portion **102**, the framework of the helmet portion **102** may be sized and structured to be attached to a conventional helmet. For example, as shown in FIGS. 2A and 2B, the framework of the helmet portion **102** is sized and structured to attach to the outside of a conventional football helmet that has been modified to fit within the system **100**. In the example shown in FIGS. 2A and 2B the main support bars **122'**, **124'** are coupled to the outside of a conventional football helmet shell **103'**. A face mask **107'** and a plurality of rigid bars **105'** surround the user's face and are attached to the main support bars **122'**, **124'** and to the helmet shell **103'**.

[0057] Referring back to FIGS. 1A-1D, the front of the helmet portion **102** may comprise, for example, a "birdcage-style" face mask **107** covering a portion of the face opening. The face mask **107** is structured and designed in a manner similar to standard football face masks (except preferably larger), or face masks containing any suitable number of bars in any other shape sufficient to provide protection to the wearer's face. The face mask **107** encloses at least the lower portion of the face of the user, and protrudes anterior to the front of the user's face. The bars of the face mask **107** may be comprised of any sufficiently rigid material, such as metal and/or hard plastic. For example, the bars of the face mask **107** may be made of plastic- and/or elastomer-covered metal, stainless steel, titanium, carbon fiber, or any combination thereof. The face mask **107** is strongly affixed to the support bars **122**, **124**. In an alternate embodiment, the face mask **107** may be joined to the support bars **122**, **124** with one or more hinges or pivot mounts, such that the face mask **107** may be lifted upwards, similar to a face guard on a suit

of armor helmet, or opened sideways, like a birdcage door, upon the disconnection of a strong latch preventing unintentional opening of the face mask **107**. Other face masks, such as transparent face masks, may be used in other examples of the present invention, such as in racing or military applications, in which routine risk of blows directly to the face are not as common as in football. The face mask **107** prevents the user's face from sustaining a direct blow. Rather, the force of an impact sustained by the face mask **107** will be transferred to the support bars **122**, **124** and to the thoracic portion **104** of the system **100**.

[0058] As shown in e.g., FIG. 1B, face mask **107** includes a face mask pillar **140** that extends downward from the bottom of the face mask **107** and terminates in a connector **142** for connecting the pillar **140** to the thoracic portion **104**. The connector **142** at the bottom of the face mask pillar **140** is positioned such that the connection between the pillar **140** and the thoracic portion **104** will be near the user's sternum. The face mask pillar **140** is in about the center of the face mask **107** and is positioned anterior to the user's throat.

[0059] In alternate embodiments, the face mask **107** may include more than one face mask pillar. For example, the embodiment shown in FIG. 3 is similar to that shown in FIGS. 1A-1D, except that the face mask **107** includes two face mask pillars **140'**. Each of the face mask pillars **140'** extends downward from the bottom of the face mask **107** and is positioned in the central area on either side of the center of the face mask **107**, anterior to the user's throat. Those of ordinary skill in the art will recognize that the face mask **107** may include any suitable number and configuration of face mask pillars **140** extending downwardly from the bottom of the face mask **107**. Those of ordinary skill in the art will also recognize that the face mask **107** may not include a face mask pillar at all, as discussed in more detail below with reference to FIGS. 6A and 6B.

[0060] Referring back to FIGS. 1A-1D, the helmet portion **102** of the system **100** surrounds most of the head, with the exception of a front window (in this case rectangular in shape) **109** that provides the user with a visual field. The front window **109** does not include any bars. The front window **109** may be similar to that of a conventional helmet. However, the size (particularly, but not necessarily exclusively, the width) of the face mask **107**, and the corresponding front window **109** of the helmet portion **102** are each preferably larger and/or wider than traditional football helmets, since the wearer's head is preferably not restricted from moving substantially within the interior of the helmet portion **102**. The helmet portion **102** may optionally include a visor (not shown) for covering the window **109** and protecting the eyes of the user.

[0061] The helmet portion **102** further includes a plurality of rigid bars **105** near the user's forehead. These bars **105** form a cage-like structure for protecting the front of the user's head, including the forehead, the forward portion of the top of the head, and the upper portion of the sides of the head. The plurality of rigid bars **105** surrounding the forehead are attached to the support bars **122**, **124** in order to deflect the force of impacts near the front of the head to the support bars **122**, **124** and to maintain the structural integrity of the helmet portion **102**. In this manner, the plurality of bars **105** prevents the forehead from sustaining a direct blow.

[0062] Referring now to FIGS. 4A-4D, the system **100** is depicted with the outer shell **103** removed in order to more clearly show the headpiece cage in the helmet portion **102**.



The cage of the helmet portion **102** includes the two support bars **122**, **124** surrounding the back and sides of the user's head, the plurality of rigid bars **105** enclosing the forehead, top and sides of the user's head, and the face mask **107** for protecting the face of the user **130**. The support bars **122**, **124** are rigid and function as the main struts and as major structural elements of the helmet portion **102**. The support bars **122**, **124** are wider than the other bars **105**, **107** of the helmet portion **102**. Most of the force of an impact to the helmet portion **102** will be transferred to the support bars **122**, **124**, which will then transfer the force of the blow to the thoracic portion **104** of the system **100**, thereby avoiding injury or unattenuated impact to the user's head.

[0063] As shown in FIGS. 4A-4D, the two support bars **122**, **124** include a first support bar **122** along the coronal plane **132** and a second support bar **124** along the sagittal plane **134**. The coronal plane **132** is a vertical plane that is perpendicular to the ground and that divides the human body into ventral and dorsal (or belly and back) sides (see FIG. 4B). The sagittal plane **134** is a vertical plane that is perpendicular to the ground and to the coronal plane **132** and that divides the human body evenly into left and right sides (shown in FIGS. 4A and 4D). The first support bar **122** has an arch shape, or an inverted "U" shape. The ends of the first support bar **122** form pillars **140** that protrude from the bottom of the helmet portion **102** to a lower position below the jaw line of the user. The pillars **140** are coupled to the thoracic portion **104** in a location adjacent to the tops of the user's shoulders. For example, these side connection points between the helmet portion **102** and the thoracic portion **104** are near the upper tip of the humerus of the user, and are on the same horizontal plane as each other. The first support bar **122** curves over the top of the user's head, with the top of the first support bar **122** being positioned above the top of the user's head.

[0064] The second support bar **124** is shaped like half of an arch or half of an inverted "U." The bottom end of the second support bar **124** forms a rear pillar **140** that protrudes from the bottom of the helmet portion **102** and that connects to the thoracic portion **104** near the upper back or bottom neck region of the user **130**. For example, this rear connection point between the helmet portion **102** and the thoracic portion **104** is near the vertebrae of the user **130** at approximately the bottom of the cervical vertebrae or the top of the thoracic vertebrae. Thus, the rear connection point is elevated relative to the front connection point between the face mask **107** and the thoracic portion **104**, as can be seen clearly in FIGS. 1B and 4B. The connection points between the helmet portion **102** and the thoracic portion **104** are positioned below the user's line of sight, and preferably below the jaw line of the user. The support bars **122**, **124** are coupled to each other above the top of the user's head in order to reinforce each other and more evenly distribute impact forces.

[0065] The plurality of pillars **140** are integrated as part of the helmet portion **102** itself. For example, the pillars **140** are formed as an integral part of the helmet portion **102**. The headpiece cage, including the bars **105**, the face mask **107**, the support bars **122**, **124**, and the pillars **140**, comprises a suitably strong and lightweight material, such as, without limitation, one or more of titanium, a titanium alloy, a non-titanium metal, a nanostructured ceramic, a nanostructured metal or metal alloy, a thermopolymer, or a carbon polymer. In the present invention, the pillars **140** are pref-

erably anchored below neck level to the chest, shoulders and upper back (over the scapulae). By attaching the pillars **140** in this location, a sliding horizontal blow is concentrated on the upper body rather than the neck, and the force is distributed over a larger surface than the neck and collarbone.

[0066] In an alternate embodiment, shown in FIGS. 5A and 5B, the system **100** is substantially similar to the system **100** shown in FIGS. 1A-1D and FIGS. 4A-4D, except that the support bars **122**", **124**" in the helmet portion **102**" are disposed between the coronal and sagittal planes **132**, **134**. That is, the support bars **122**", **124**" extend from a position above the top of the user's head and terminate at a lower position that is posterior to the head and near the trapezius muscle or the scapula of the user **130**. As shown in FIG. 5B, the outer shell **103**" (shown in phantom) of the helmet portion **102**" extends posterior to the support bars **122**", **124**". In this embodiment, the helmet portion **102**" includes only three pillars **140**" that are coupled to the thoracic portion **104**" of the system **100**". One of the pillars **140**" protrudes from the bottom of the face mask **107**", and the other two pillars **140**" are at the ends of the support bars **122**", **124**".

[0067] In another alternate embodiment, shown in FIGS. 6A and 6B, the system **300** is substantially similar to the system **100** shown in FIGS. 1A-1D and FIGS. 4A-4D, except that the face mask pillar is removed. Thus, the helmet portion **302** is coupled to the thoracic portion **304** through pillars **340** at the ends of the support bars **322**, **324**. That is, there are only three connection points between the helmet portion **302** and the thoracic portion **304**. However, the embodiments shown in FIGS. 1A-6B are not intended to limit the scope of the invention, and one of ordinary skill in the art will recognize that there may be any number of pillars and support bars that may be arranged in many different configurations in order to couple the helmet portion to the thoracic portion in a manner that prevents movement of the helmet portion relative to the thoracic portion.

[0068] Referring back to the system **100** in FIGS. 1A-1D and FIGS. 4A-4D, the helmet portion **102** is coupled to the thoracic portion **104** in a manner that restricts or eliminates lateral, anterior, and posterior movement of the helmet portion **102** relative to the thoracic portion **104**. As discussed above, the helmet portion **102** of the example shown in FIGS. 1A-1D and 4A-4D has four pillars **140** joining the helmet portion **102** to the thoracic portion **104** and extending substantially downward from the helmet portion **102**. In particular, the helmet portion **102** of this example includes one pillar extending from the bottom of the central area of the face mask **107**, one pillar positioned behind the user's head, and one pillar positioned adjacent to the tops of each of the user's shoulders. In other examples, as discussed above, the number of pillars may vary. The pillars **140** are preferably strong and may be substantially inflexible. By "substantially inflexible" or "substantially rigid" is meant that elements of the system are strong and resilient enough to withstand the forces expected to be encountered in the sport or activity during which the system is used without breaking or flexing more than about 0.25 inches, or about 0.5 inches or about 1 inch. The pillars **140** are connected within the helmet portion **102** in such a manner so as to distribute the force of a blow to any portion of the helmet portion **102** among the plurality of pillars **140**. The lower portion of each of the pillars **140** preferably comprises a connector compo-



ment **142** structured to join securely and firmly within a corresponding connector receptacle of the thoracic portion **104**. The connector receptacle of the thoracic portion **104** is attached to, or integrated as part of, the framework of the thoracic portion **104**. Alternatively, the connector receptacle may be part of the helmet component **102**, and the connector component **142** may be part of the thoracic portion **104**. Very preferably, the connector component **142** and the connector receptacle of the thoracic portion **104** are structured to be rapidly releasable, thereby permitting the helmet portion **102** to be quickly detached from the thoracic portion **104** and removed by the player or by a doctor, coach, or medical technician, if desired. This may be advantageous in the event of an injury to the user of the system **100**.

[0069] Although those of ordinary skill in the art will recognize that any type of connector may be used to couple the helmet portion **102** to the thoracic portion **104**, an exemplary “pin-type” quick release mechanism is depicted in FIGS. 7A and 7B. In this example, the connectors **142** include an annular finger grip **152** and a central push button **154**. When the annular finger grip **152** is grasped with the fingers and the push button **154** is depressed with the thumb of the same hand, the connector **142** disengages from the connector receptacle on the thoracic portion **104**. When the push button **154** is released, the connector **142** engages. As such, using such a connector **142**, the helmet portion **102** and the thoracic portion **104** can quickly be separated by depressing the push button **154** relative to the finger grip **152** and pulling the connector **142** away from the connector receptacle, so that it disengages from the connector receptacle of the thoracic portion **104** of the system **100**.

[0070] Referring back to FIGS. 1A-1D and 4A-4D, the thoracic portion **104** comprises inner padding **176** and an outer shell **178**. The outer shell **178** is formed of a hard plastic and provides impact resistance and protection to the user. The outer shell **178** may include shoulder plates, arm plates and body plates. The polymeric outer shell **178** overlies the inner padding **176**, which may be a polymeric foam. The inner padding **176** may in other examples be a fluid-filled padding. The thoracic portion **104** is shown with a belt or cinch to secure the thoracic portion **104** around the thoracic region of the user. A rigid framework is disposed between the inner padding **176** and the outer shell **178**. In this manner, the inner padding **176** is in direct contact with the user's thoracic region and provides cushioning between the user and the framework so that the thoracic portion **104** is comfortable to wear. As shown in FIGS. 8A and 8B, the rigid framework **170** comprises a plurality of substantially rigid bars **172**. The bars **172** may be comprised of a rigid, substantially inflexible material, such as metal or hard plastic. For example, the bars **172** may be stainless steel, titanium, carbon fiber, or any combination thereof. The rigid bars **172** of the thoracic portion **104** are substantially vertical or substantially horizontal, and may form polygonal shapes, thus distributing forces like a geodesic dome, in which triangular elements of the dome are structurally rigid and distribute structural stress throughout the structure.

[0071] With reference to FIGS. 8A and 8B, the pillars **140** extending from the bottom of the helmet portion **102** are attached to the bars **172** of the framework **170**. In particular, the pillars **140** are coupled to substantially horizontal portions of the framework **170**. In this manner, impact forces sustained by the helmet portion **102** are transferred to the rigid framework **170** of the thoracic portion **104**, thereby

protecting the head of the user. In other words, the framework **170** receives force from a blow or shock to the helmet portion **102** through the pillars **140** and distributes the force of the blow or shock through the framework **170** of the thoracic portion **104**, thus lessening the severity of this force at any one point, and distributing the force through the shoulders, chest, and musculature of the back.

[0072] In an alternative embodiment, the framework **170** may be structured to be attached to a conventional shoulder pad apparatus, such as the shoulder pads worn by football players. As shown, the framework **170** is arranged along the chest, back and along the shoulders so as to diffuse the force of a blow to the helmet portion **102** transmitted through the pillars **140** and then throughout the thoracic portion **104** to the shoulders and upper body and away from the head. The framework **170** is rigid enough to absorb and direct a force received from the helmet portion **102** to the shoulders and back in preference to the neck or spine.

[0073] The thoracic framework **170** may preferably be fabricated as part of the thoracic portion **104**, with connector receptacle components built therein. Less preferably, but still within the scope of this invention, the framework **170** may be fabricated as a separate element to be secured to an existing shoulder pad, for example, with nylon webbing and buckles, or another similar suitably strong connector. In either case, the thoracic portion **104** very preferably comprises a rigid framework **170** that distributes the force of the transmitted blow through the shoulders, chest, and musculature of the back.

[0074] In one embodiment (not shown), the rigid framework **170** includes rigid portions and flexible portions. Flexibility in certain areas of the framework **170** may be necessary in order to facilitate the range of motion required by the user, depending on the user's activities or player position. Such flexible portions in the framework **170** may be formed by hinges, reduced thickness portions, or slots or openings formed within selected regions of the framework **170**.

[0075] In an alternative embodiment, the thoracic framework **170** and the headpiece cage are manufactured as a single, unitary piece. In such an embodiment, the helmet portion and the thoracic portion cannot be disconnected, and the connectors are eliminated.

[0076] The system **100** further includes inner headgear **190** that is attached to, and in direct contact with, the head of the user **130**, as depicted in FIGS. 4A-4D. The inner headgear **190** surrounds the back, sides, and top of the user's head, as well as the user's forehead. The inner headgear **190** is fixed relative to the user's head, and thus moves with the user's head and moves relative to the helmet portion **102** of the system **100**. The inner headgear **190** may be comprised of polymeric material and is preferably lightweight. The inner headgear **190** includes padding for protecting the user's head from the force of a collision with the inner surfaces of the helmet portion **102**. Any padded headgear that can be fixed to the user's head may be used with the system **100**, and is not limited to the one-piece padded headgear **190** shown in FIGS. 4A-4D.

[0077] In one embodiment, shown in FIGS. 9A-9E, the inner headgear **290** includes padding that underlies a skin comprising a smooth, low friction material such as a TEF-LON® lubricant surface. The padding includes wedge-shaped pads **291** at the top of the user's head, a forehead pad **292**, side pads **293** surrounding each one of the sides the



user's head (including the ears), and a rear pad **294** (see FIGS. **9D** and **9E**) at the back of the user's head between the side pads **293**. Each of the pads **291-294** may be made of impact absorbing padding, such as inflatable padding, fluid-filled padding, foam padding, smart material padding (e.g., PORON® XRD®, D30®, or the like), or any combination thereof. Smart material padding is formed of an elastic polymer that stiffens upon impact. The inner headgear **290** also includes a chin strap **295** for securing the headgear **290** to the user's head. Each of the pads **291-294** is connected to the other pads **291-294** through a layer of material **296**. In this manner, the pads **291-294** are able to move and flex relative to each other. The inner headgear **290** and the helmet portion **102** are constructed so that there is a space between the outer surface **298** of the inner headgear **290** and the inner surface of the helmet portion **102** so that the user's head may turn side to side, as well as tilt forward and back, relative to the helmet portion **102** without interference or friction from the helmet portion **102**. The outer surface of the inner headgear **290** may be untextured and substantially smooth.

[0078] Alternatively or additionally, the outer surface **298** of the inner headgear **290** and the inner surface of the helmet portion **102** may be coated with a friction-reducing material, such as polytetrafluoroethylene, in order to facilitate movement of the inner headgear **290** relative to the helmet portion **102**. Alternatively or additionally, the helmet portion **102** may include inner padding attached thereto, including a floating top plate that is rotatable relative to the outer shell **103** of the helmet portion **102**, such as those disclosed in FIGS. 4-6 of U.S. Pat. No. 9,462,841, which is hereby incorporated herein by reference in its entirety. The inner padding of the helmet portion **102** may be in contact with, or spaced apart slightly from, the inner headgear **290**.

[0079] In this manner, during use, the wearer will have the benefit of the protection of the protective headpiece cage, while the inner headgear **190**, **290** and the space within the helmet portion **102** will allow the wearer to move the head relatively freely within the helmet portion **102** in order to be able to scan the playing field and/or outside environment without requiring the shoulders or body to move.

[0080] In another embodiment, shown in FIGS. **10A** and **10B**, an impact diffusing system **200** includes a helmet portion **202** and a thoracic portion **204**, both of which are formed of a rigid, lightweight material, such as carbon fiber. The helmet portion **202** comprises a unitary shell **206** that surrounds the back, sides, and top of the user's head. The helmet portion **202** further includes pillars **208** that protrude from the bottom of the helmet portion **202** and that include connectors **210** for connecting the helmet portion **202** to the thoracic portion **204**. The pillars **208** in this embodiment are wider than the pillars **140** in the previous embodiments. The shell **206** and the pillars **208** may be formed separately and then affixed to each other, or the shell **206** and the pillars **208** may be fabricated as a continuous, unitary piece. The thoracic portion **204** includes thoracic framework **212** that fits over and around the user's shoulders, back and chest. The thoracic framework **212** includes connector receptacles for coupling to the connectors **210** on the helmet portion **202**. In the embodiment shown in FIGS. **10A** and **10B**, there are four connectors **210** that connect the helmet portion **202** to the thoracic portion **204**. Two of the connectors **210** are anterior to the coronal plane **132** and positioned at the front of the user's body. The other two connectors **210** are posterior to the coronal plane **132** and positioned at the back

of the user's body. However, those of ordinary skill in the art will recognize that the system **200** may include more than four connectors or fewer than four connectors and that the connectors may be positioned anywhere between the helmet portion **202** and the thoracic portion **204**. The connectors **210** are below eye level, and are preferably below the jaw line of the user. Similar to the above embodiments, the connectors **210** are preferably quick-release connectors. Alternatively, the thoracic framework **212**, the helmet shell **206**, and the helmet pillars **208** may be manufactured as a single, unitary piece, thereby eliminating the connectors and connector receptacles. Similar to the above embodiments, the thoracic framework **212** is disposed between inner padding and an outer shell (not shown). Alternatively, the thoracic framework **212** may be sized and structured to be attached to a conventional shoulder pad apparatus, such as the shoulder pads worn by football players. Also similar to the above embodiments, the system **200** includes inner headgear that is affixed to the user's head and configured to move relative to the helmet portion **202**. For example, the inner headgear **190** depicted in FIGS. **4A-4D**, or the inner headgear **290** depicted in FIGS. **9A-9E** may be used in the system **200**. The system **200** may further include a face mask, similar to the face mask **107** in the above embodiments. The face mask for the system **200** may be attached to the helmet shell **206** and/or the pillars **208** with a hinge or pivot mount such that the face mask may be opened to provide access to the user's face during use. Alternatively, such a face mask may be permanently attached to the shell **206** and/or the pillars **208**. The system **200** may further include a visor or other eye protection (not shown).

[0081] In FIGS. **11A-11D**, another embodiment of an impact diffusing system **400** is depicted. This system **400** is similar to the system **200** shown in FIGS. **10A** and **10B**, except that the pillars **408**, **409** in the system **400** are in a different configuration than the pillars **208** in the system **200**. The system **400** comprises a helmet portion **402**, a thoracic portion **404**, and three pillars that extend between, and are coupled to, the helmet portion **402** and the thoracic portion **404**. In particular, the system **400** comprises two front pillars **408** that are anterior to the coronal plane **132** and a wide rear pillar **409** that is posterior to the coronal plane **132**. The front pillars **408** each include one connection point **410**. The rear pillar **409** includes four connection points **410**. The system **400** is depicted including a face mask **407** and a plurality of rigid bars **405** for surrounding the user's forehead area, and one of ordinary skill in the art would recognize that a face mask and plurality of rigid bars may similarly be incorporated into the system **200** depicted in FIGS. **10A** and **10B**. One of ordinary skill in the art would also recognize that any number and configuration of pillars and connectors may be used to couple the helmet portion to the thoracic portion in a manner that prevents movement of the helmet portion relative to the thoracic portion.

[0082] To the extent that a plurality of inventions may be disclosed herein, any such invention shall be understood to have been disclosed herein alone, in combination with other features or inventions disclosed herein, or lacking any feature or features not explicitly disclosed as essential for that invention. For example, the inventions described in this specification can be practiced within elements of, or in combination with, any other features, elements, methods or structures described herein. Additionally, features illustrated herein as being present in a particular example are intended,



in other examples of the present invention, to be explicitly lacking from the invention, or combinable with features described elsewhere in this patent application, in a manner not otherwise illustrated in this patent application or present in that particular example. The scope of the invention shall be determined solely by the language of the claims.

**[0083]** The present invention may, in certain examples, be drawn to a unitary helmet portion/pillar/thoracic portion assembly, with and without the inner headgear. In other examples, the invention may be drawn to the helmet portion comprising integrated pillars. In other examples, the invention may be drawn to the thoracic portion comprising the rigid framework. In other examples, the invention may be drawn to the helmet portion and inner headgear. In other examples, the invention may be drawn to methods for protecting the head from experiencing the full impact of a blow thereto, using any, all, or any combination of the elements of the impact diffusing system described herein.

**[0084]** Thus, the various descriptions of the invention provided herein illustrate presently preferred examples of the invention; however, it will be understood that the invention is not limited to the examples provided, or to the specific configurations, shapes, and relation of elements unless the claims specifically indicate otherwise. Based upon the present disclosure a person of ordinary skill in the art will immediately conceive of other alternatives to the specific examples given, such that the present disclosure will be understood to provide a full written description of each of such alternatives as if each had been specifically described.

What is claimed is:

1. An impact diffusing system for protecting a head of a user of the system, comprising:

a headpiece cage comprising:

at least two support bars that extend from a top of the cage to a bottom of the cage, such that the at least two support bars extend from an upper position above a top of the user's head to a lower position below a jaw line of the user,

a plurality of rigid bars that are sized and structured to surround at least a portion of a forehead, a top, and sides of the head, wherein the plurality of rigid bars are coupled to at least one of the support bars, and

a face mask structured to enclose at least a front portion of a face of the user, wherein the face mask is coupled to at least one of the support bars; and

a thoracic framework structured to cover at least a portion of a chest, upper back, and shoulders of the user, wherein the thoracic framework is attached to the at least two support bars of the headpiece cage in a manner that prevents movement of the headpiece cage relative to the thoracic framework.

2. The impact diffusing system of claim 1, wherein the face mask protrudes anterior to the coronal plane and comprises a post extending from the face mask downward from a central area of the face mask, and wherein the thoracic framework is attached to the post extending downward from the face mask.

3. The impact diffusing system of claim 1, wherein the at least two support bars of the cage comprise a first support bar along the coronal plane and a second support bar along the sagittal plane posterior to the head.

4. The impact diffusing system of claim 3, wherein the first support bar extends from one side of the head adjacent

to one shoulder, around the top of the head, to the other side of the head adjacent to the other shoulder.

5. The impact diffusing system of claim 1, wherein the at least two support bars of the cage comprise two support bars, each of which extends from the upper position above the top of the user's head, along a plane that is between the coronal and sagittal planes, to the lower position that is near a respective trapezius area of the user posterior to the head.

6. The impact diffusing system of claim 1, wherein the headpiece cage is structured to attach to a conventional helmet.

7. The impact diffusing system of claim 1, further comprising an outer shell covering at least a portion of an outer surface of the headpiece cage and fixedly attached thereto.

8. The impact diffusing system of claim 1, further comprising inner headgear structured and sized to conform to the user's head and to fit inside the headpiece cage.

9. The impact diffusing system of claim 8, wherein the inner headgear is sized and structured to be moveable relative to the headpiece cage.

10. The impact diffusing system of claim 9, wherein the inner headgear comprises a friction-reducing outer coating that reduces friction when the inner headgear moves relative to the headpiece cage.

11. The impact diffusing system of claim 10, wherein the headpiece cage comprises a friction-reducing inner coating that reduces friction when the inner headgear moves relative to the headpiece cage.

12. The impact diffusing system of claim 8, wherein the inner headgear comprises impact absorbing padding.

13. The impact diffusing system of claim 12, wherein the padding comprises at least one member of the group consisting of: inflatable padding, and smart material padding.

14. The impact diffusing system of claim 1, further comprising inner thoracic padding and an outer thoracic shell, wherein the thoracic framework is disposed between the inner thoracic padding and the outer thoracic shell.

15. The impact diffusing system of claim 1, wherein the thoracic framework is structured to attach to conventional shoulder pads.

16. The impact diffusing system of claim 1, wherein the thoracic framework is permanently attached to the headpiece cage.

17. The impact diffusing system of claim 16, wherein the thoracic framework and the headpiece cage are manufactured as a unitary piece.

18. The impact diffusing system of claim 16, further comprising at least three connection points between the thoracic framework and the headpiece cage.

19. The impact diffusing system of claim 1, wherein the thoracic framework comprises bars forming polygonal shapes that surround the portion of the chest, upper back, and shoulders of the user.

20. The impact diffusing system of claim 1, wherein the thoracic framework is removably attached to the headpiece cage.

21. The impact diffusing system of claim 20, wherein the thoracic framework comprises at least three connector receptacles and the headpiece cage comprises at least three connectors each configured to removably attach to a respective one of the thoracic framework connector receptacles.

22. The impact diffusing system of claim 21, wherein the at least two support bars of the cage comprise:



a first support bar that extends along the coronal plane from one side of the head adjacent to one shoulder, around the top of the head, to the other side of the head adjacent to the other shoulder, and  
 a second support bar along the sagittal plane posterior to the head, and  
 wherein the headpiece cage comprises a first connector at a first end of the first support bar, a second connector at a second end of the first support bar, and a third connector at an end of the second support bar.

**23.** The impact diffusing system of claim 2, wherein the at least two support bars of the cage comprise two support bars, each of which extends from the upper position above the top of the user's head, along a plane that is between the coronal and sagittal planes, to the lower position that is near a respective trapezius area of the user posterior to the head, and wherein the headpiece cage comprises three connectors, wherein one of the three connectors is at an end of the post extending from the face mask, and the other two connectors are at respective lower ends of the two support bars.

**24.** The impact diffusing system of claim 1, wherein the at least two support bars of the headpiece cage are connected to each other at the top of the headpiece cage, above the top of the user's head.

**25.** The impact diffusing system of claim 1, wherein the headpiece cage and the thoracic framework are made of at least one of: stainless steel, titanium and carbon fiber.

**26.** The impact diffusing system of claim 1, wherein the thoracic framework is formed of a rigid, inflexible material.

**27.** The impact diffusing system of claim 1, wherein the thoracic framework comprises rigid portions and flexible portions.

**28.** The impact diffusing system of claim 27, wherein the flexible portions are formed by hinges, reduced thickness portions, or slots or openings formed within selected regions of the framework.

**29.** The impact diffusing system of claim 2, wherein the face mask post extends from a center of the face mask along the sagittal plane.

**30.** The impact diffusing system of claim 2, wherein the face mask post extends from a position to one side of a center of the face mask, and the face mask further comprises a second post that extends downward from the face mask at a second position to the other side of the center of the face mask.

**31.** An impact diffusing system for protecting a head of a user of the system, wherein the system comprises:

- a helmet component comprising a solid, rigid unitary piece structured to surround a top, a back, and sides of the user's head, such that ears of the user and at least a portion of a neck of the user are enclosed within the helmet component; and
- a rigid thoracic cage structured to cover at least a portion of a chest, upper back, and shoulders of the user, wherein the thoracic cage is attached to the helmet component in a manner that prevents movement of the helmet component relative to the thoracic cage.

**32.** The impact diffusing system of claim 31, wherein the thoracic cage is attached to the helmet component via at least

four connection points, wherein the at least four connection points comprise two front connection points that are anterior to a coronal plane, and two rear connection points that are posterior to the coronal plane.

**33.** The impact diffusing system of claim 31, wherein the thoracic cage is fixedly attached to the helmet component.

**34.** The impact diffusing system of claim 31, wherein the thoracic cage is removably attached to the helmet component with at least two quick-release connectors.

**35.** The impact diffusing system of claim 31, further comprising inner headgear structured and sized to conform to the user's head, fit within the helmet component, move with the user's head, and move relative to the helmet component.

**36.** The impact diffusing system of claim 31, wherein the thoracic cage and the helmet component are made of inflexible material.

**37.** The impact diffusing system of claim 36, wherein the thoracic cage and the helmet component are made of carbon fiber.

**38.** The impact diffusing system of claim 31, further comprising inner thoracic padding and an outer thoracic shell, wherein the thoracic cage is disposed between the inner thoracic padding and the outer thoracic shell.

**39.** The impact diffusing system of claim 31, wherein the thoracic cage is structured to attach to conventional shoulder pads.

**40.** An impact diffusing system for protecting a head of a user of the system, comprising:

- a rigid thoracic framework structured to cover at least a portion of a chest, upper back, and shoulders of the user; and
- a headpiece cage structured to surround a top, sides, and back of the head, the cage comprising:
  - at least two support bars extending from a top of the cage to a bottom of the cage, wherein top portions of the support bars are attached to each other, and bottom ends of the support bars are attached to the rigid thoracic framework in a manner that prevents movement of the headpiece cage relative to the thoracic framework,
  - a plurality of rigid bars that are sized and structured to surround at least a portion of a forehead, a top, and sides of the head, wherein the plurality of rigid bars are coupled to at least one of the support bars, and
  - a face mask structured to enclose at least a portion of a face of the user, wherein the face mask is coupled to at least one of the support bars.

**41.** The impact diffusing system of claim 40, wherein the face mask protrudes anterior to a coronal plane and comprises a post extending downward from a bottom of the face mask from a central area of the face mask, such that the post is positioned anterior to a throat of the user, and wherein the post is attached to the rigid thoracic framework, such that the headpiece cage and the thoracic framework are attached to each other at least at three attachment points.

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