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**Zeidman**

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(54) **INFANT SWADDLING**  
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**A47G 9/08** (2006.01)  
**A41B 13/06** (2006.01)

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USPC ..... 5/494, 495-497, 922-923; 2/69.5, 70, 2/75, 80  
See application file for complete search history.

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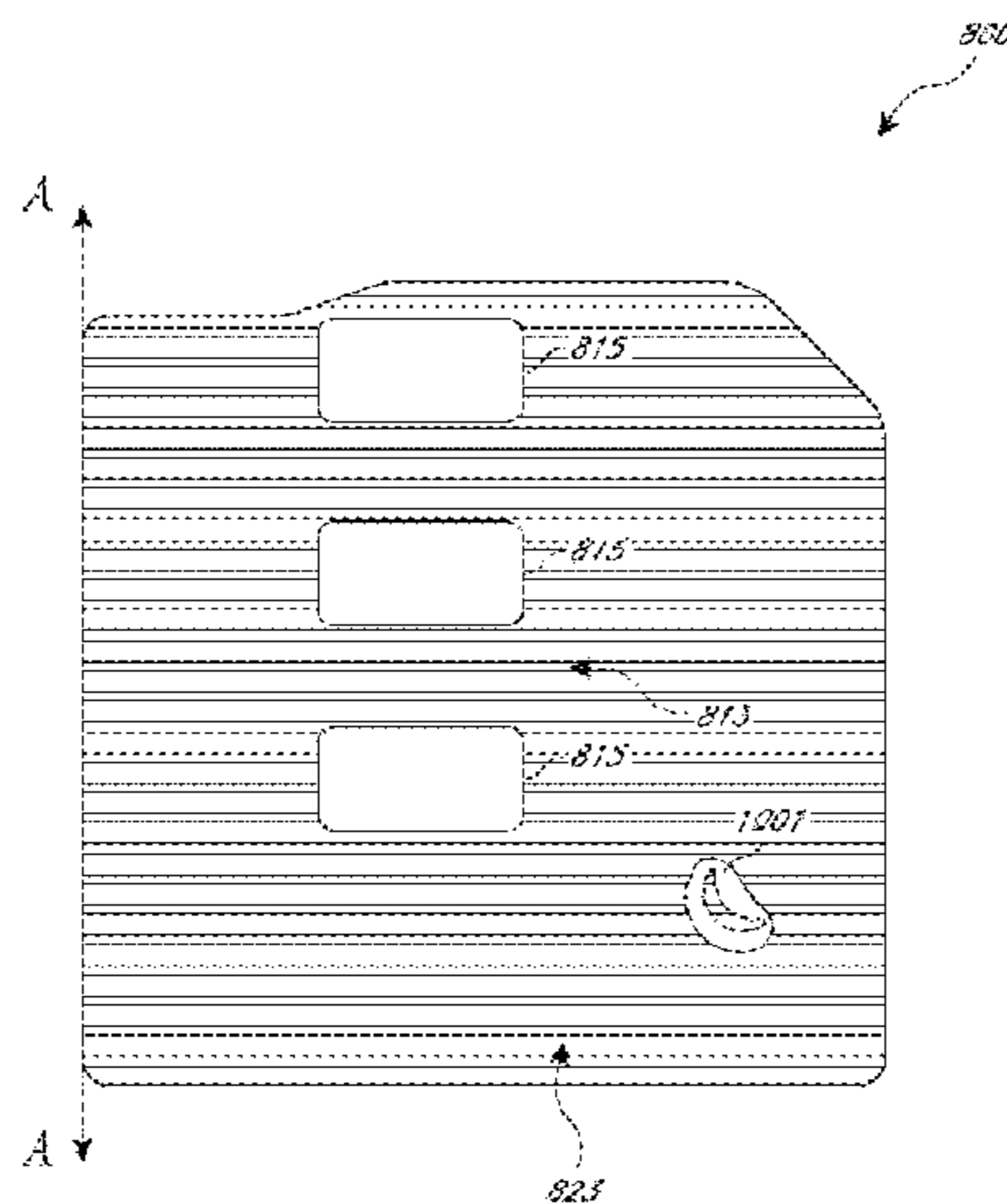
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(57) **ABSTRACT**

Infant swaddling allows an infant to be comfortably and easily swaddled. The swaddling includes a pouch featuring a lower end that can be opened and closed to allow an infant's soiled diaper to be easily removed and replaced or to take a rectal temperature. The swaddling can include a blanket that comprises a first blanket flap and a second blanket flap and that can be removably attached to the pouch. The swaddle is used by placing one of the blanket flaps over the pouch, and then placing the other blanket flap over the pouch.

**17 Claims, 17 Drawing Sheets**



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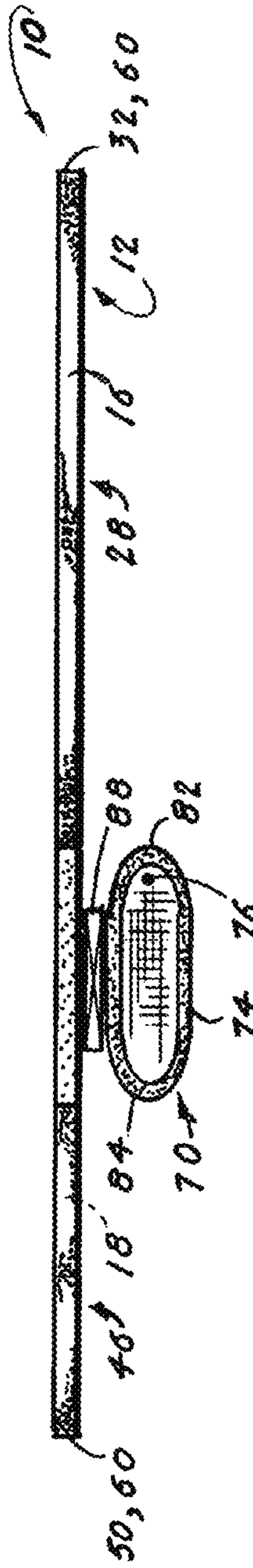


Fig. 2

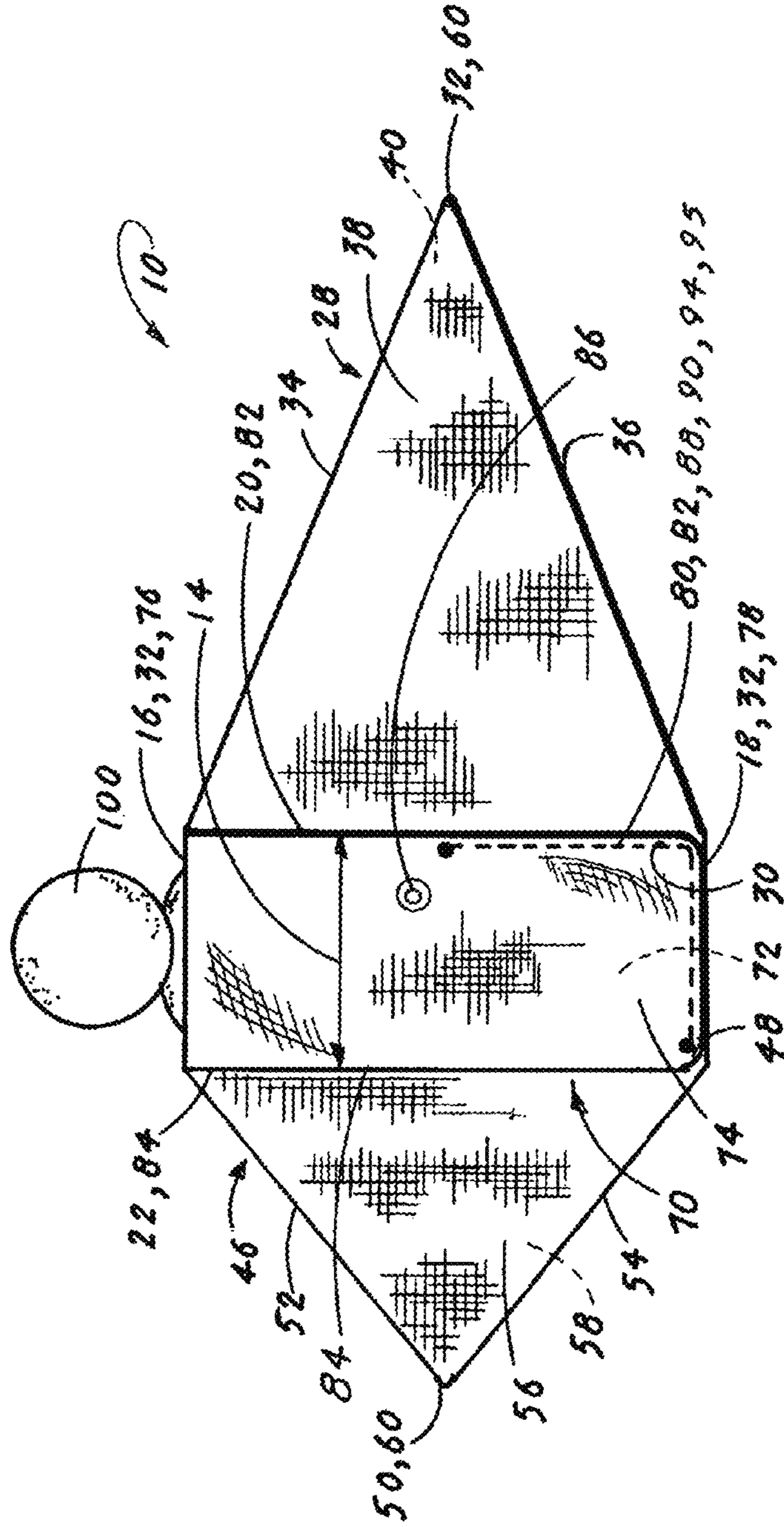


Fig. 1



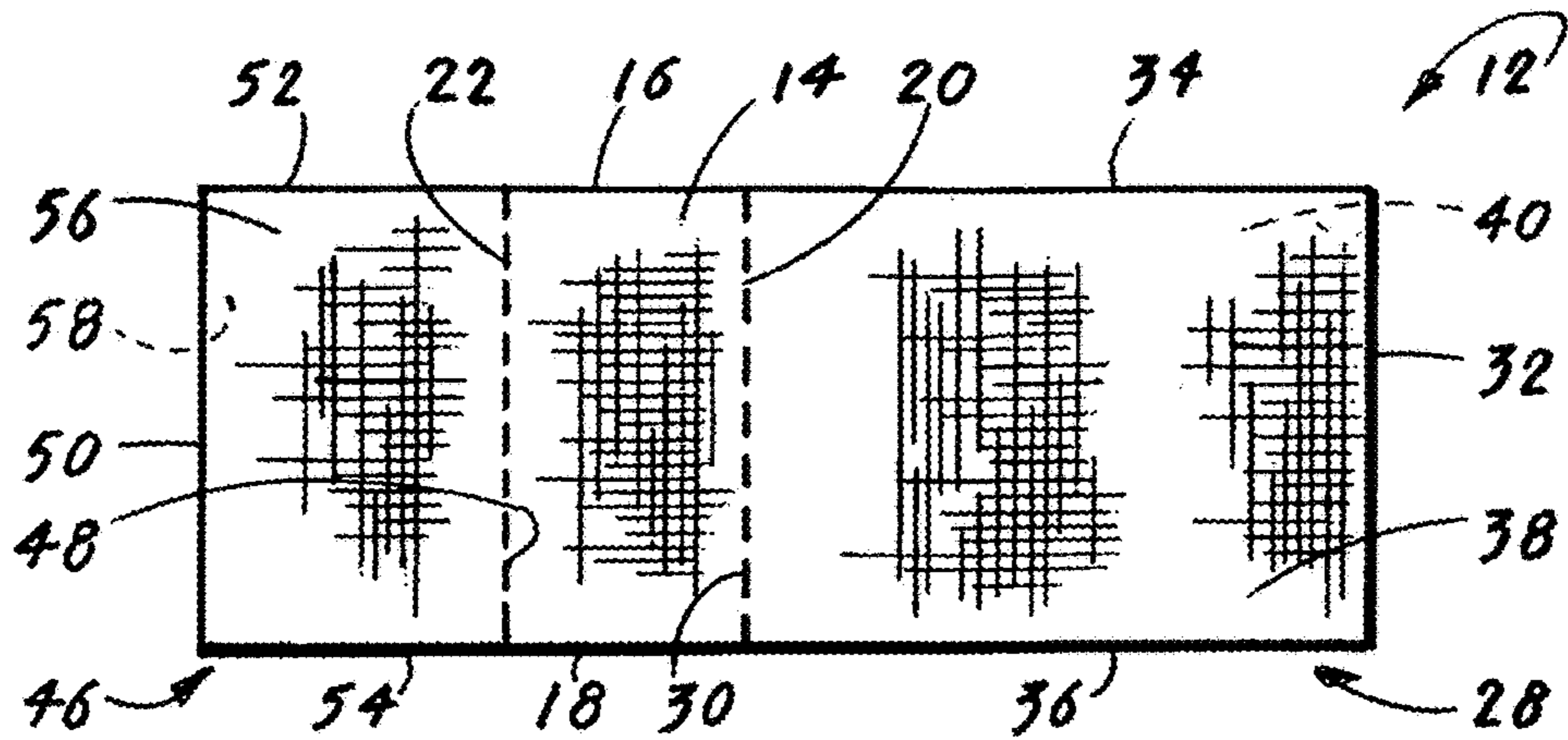


Fig. 3

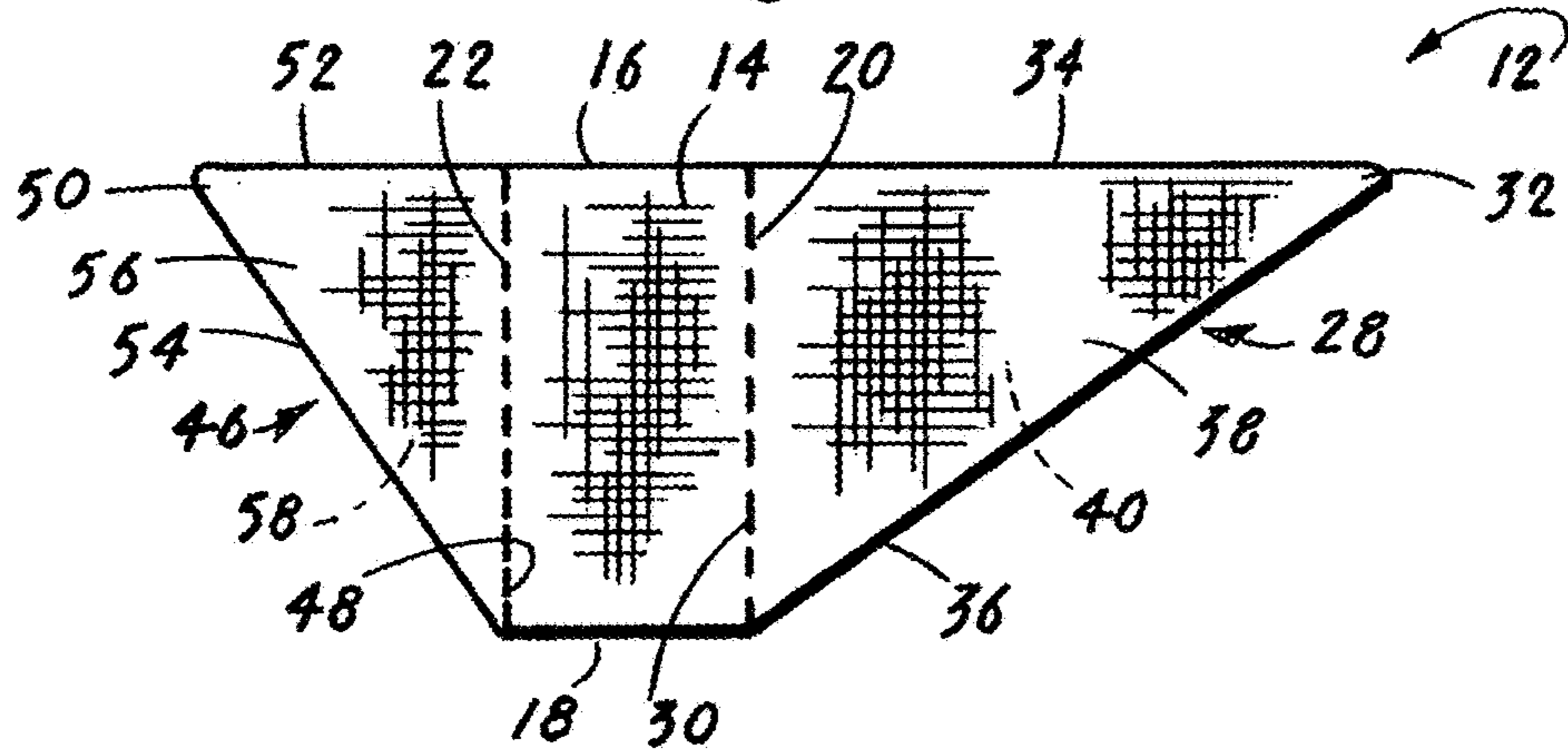


Fig. 4

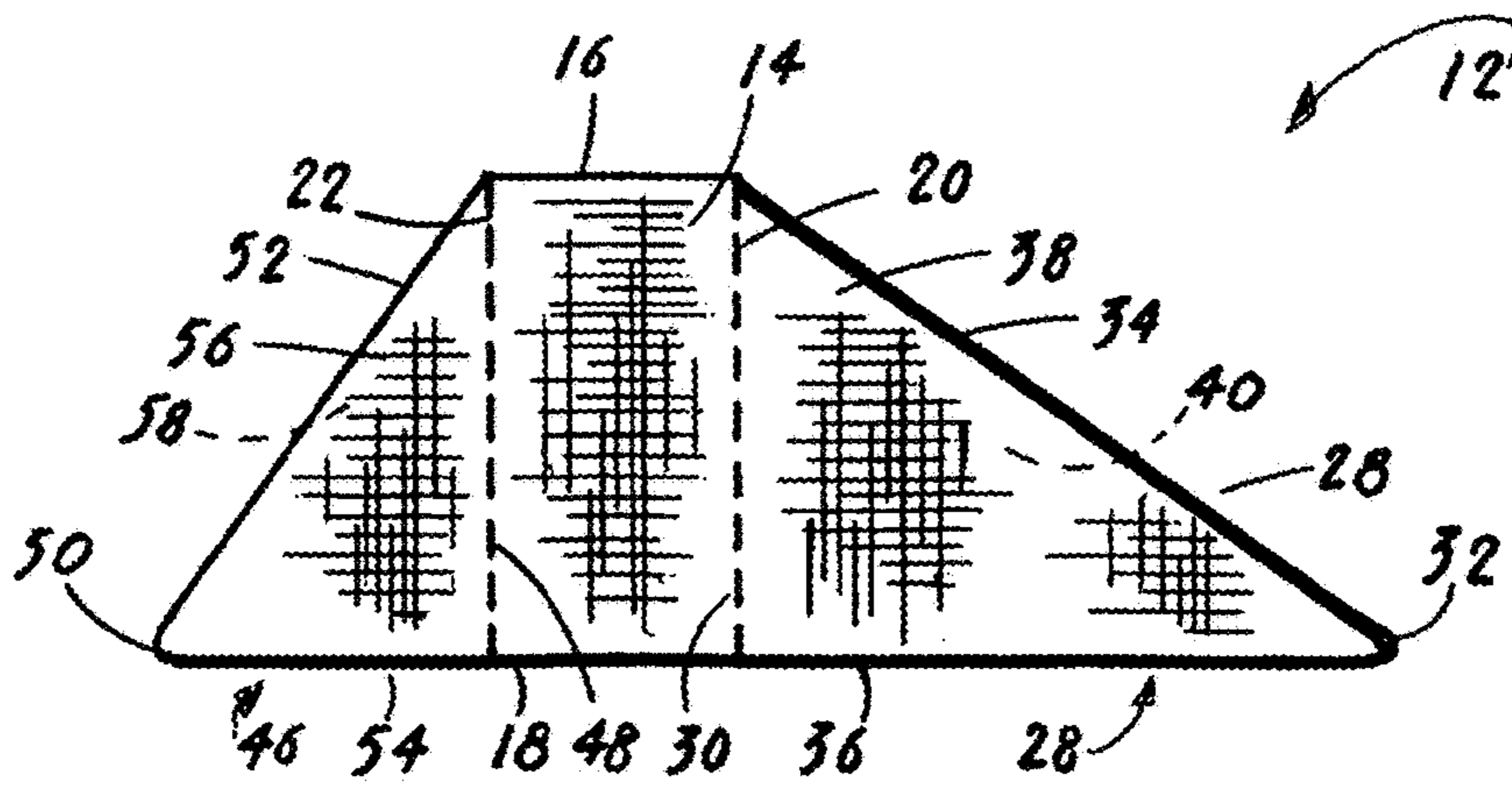


Fig. 5

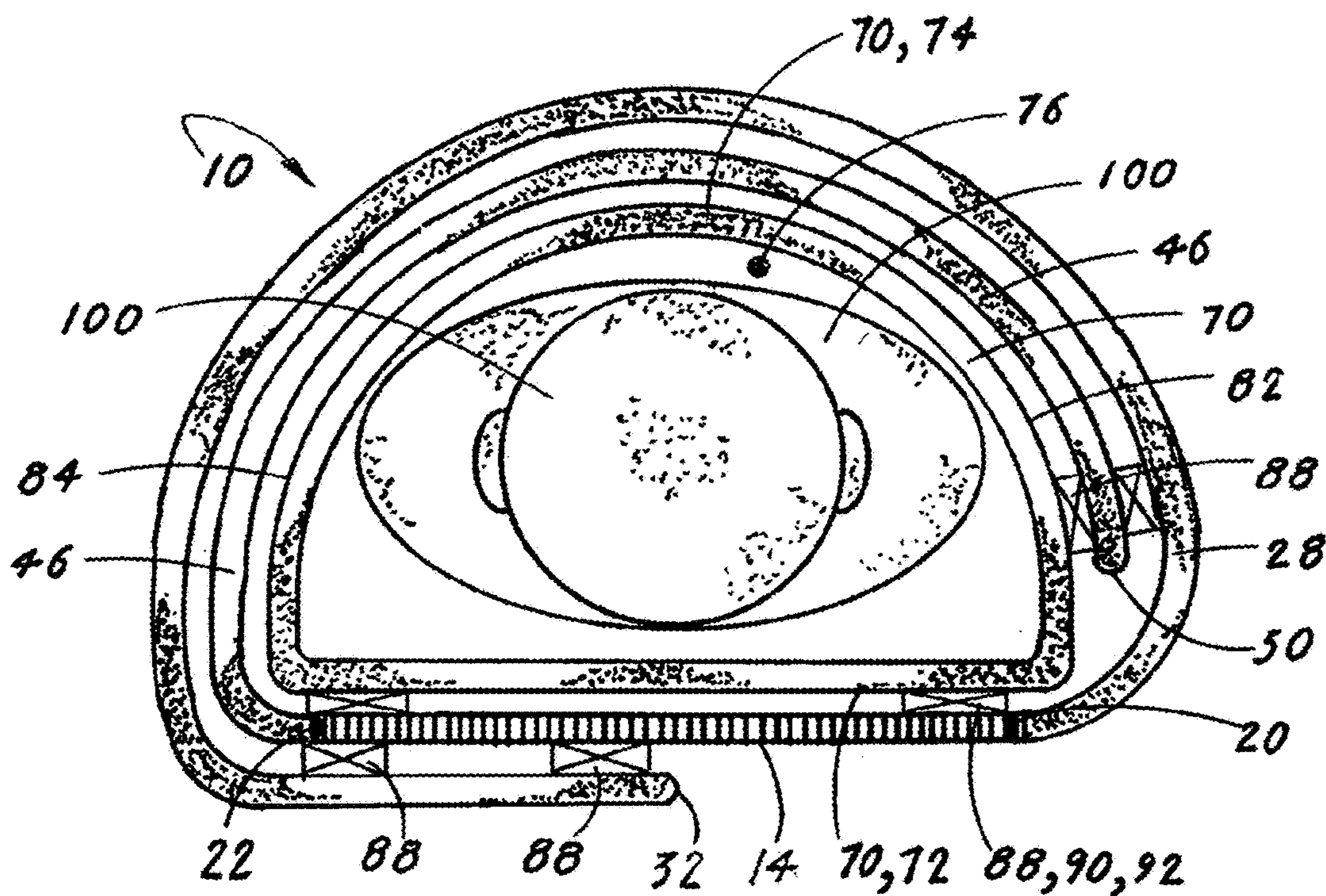


Fig. 7

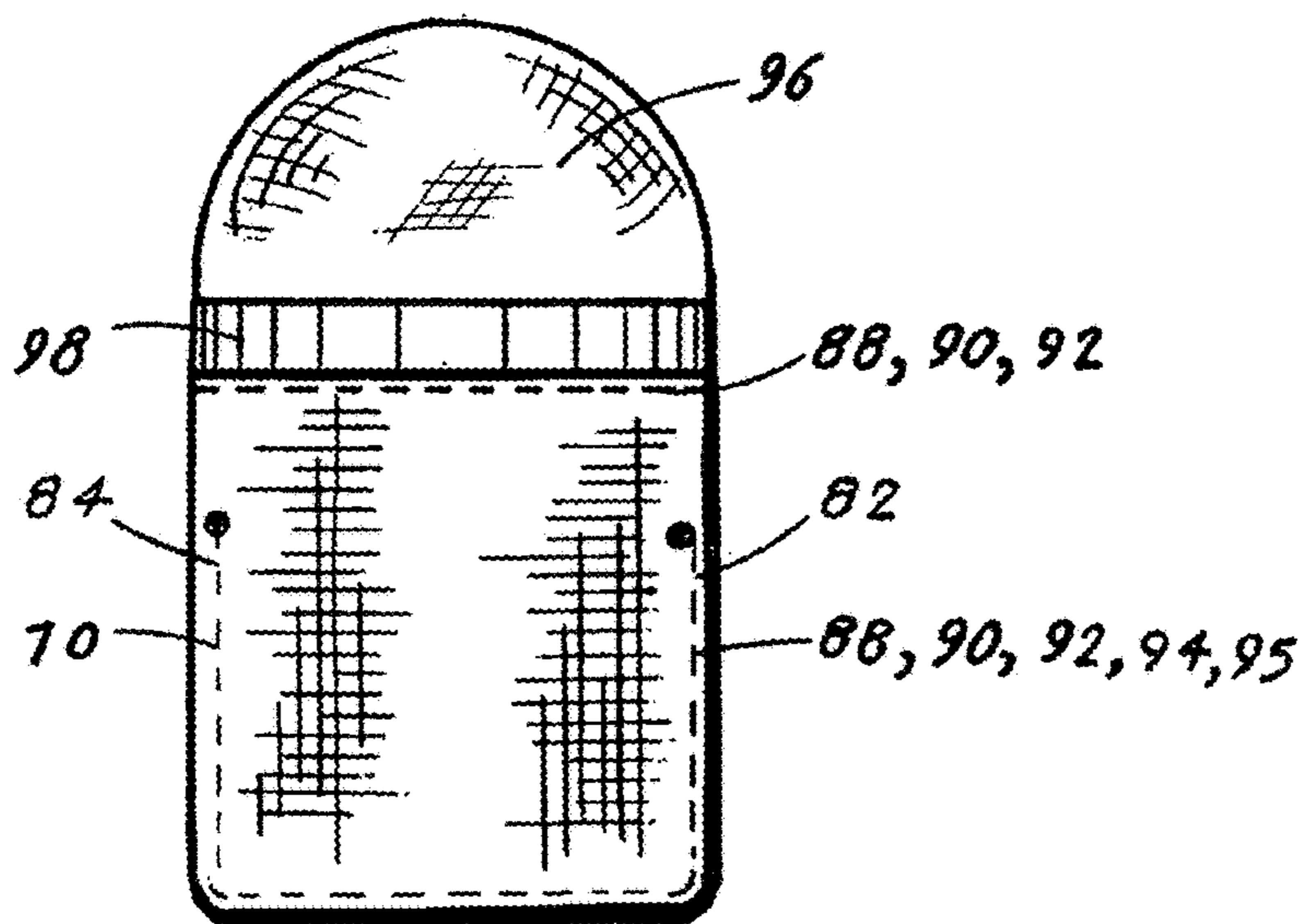


Fig. 6



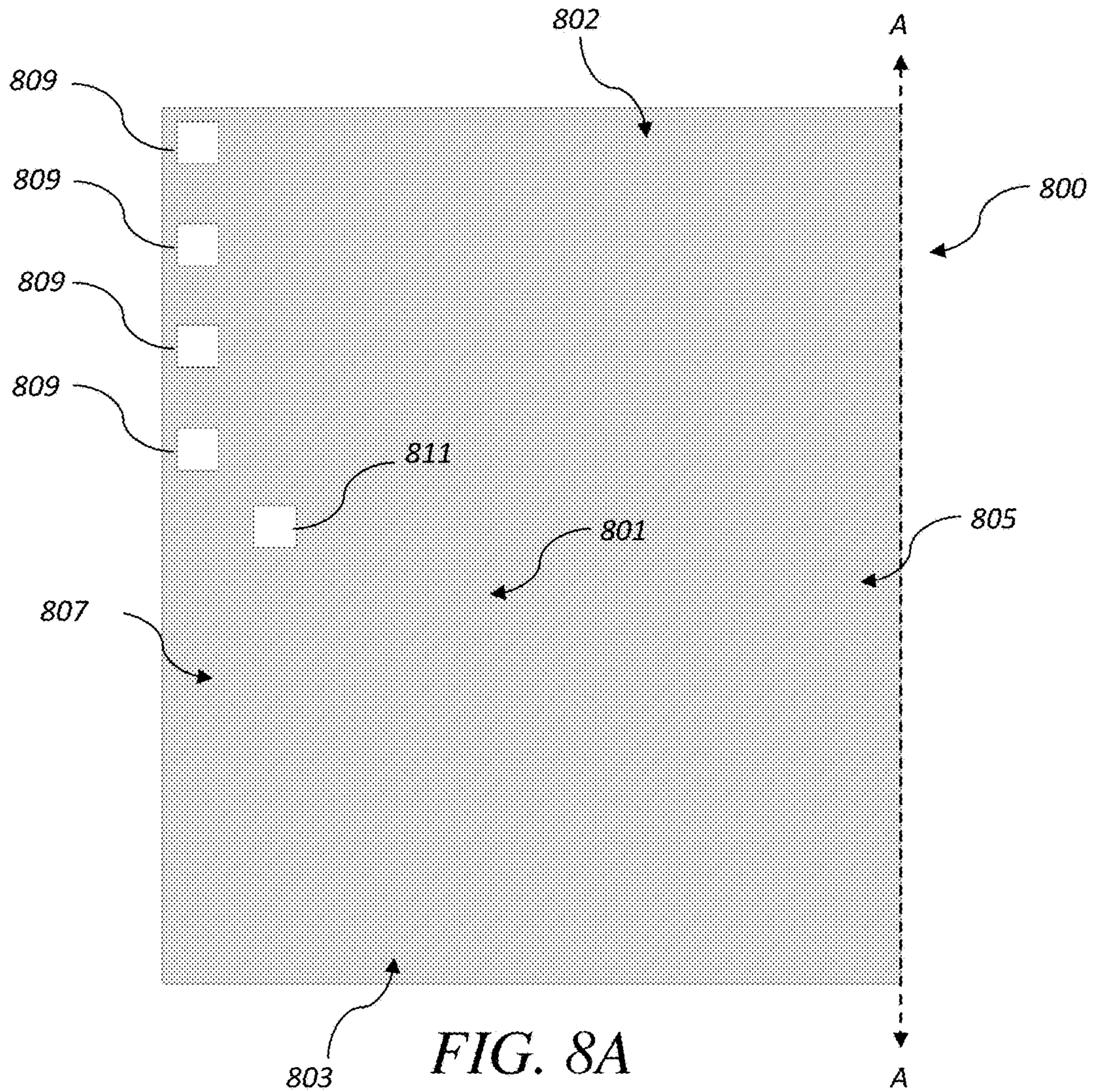
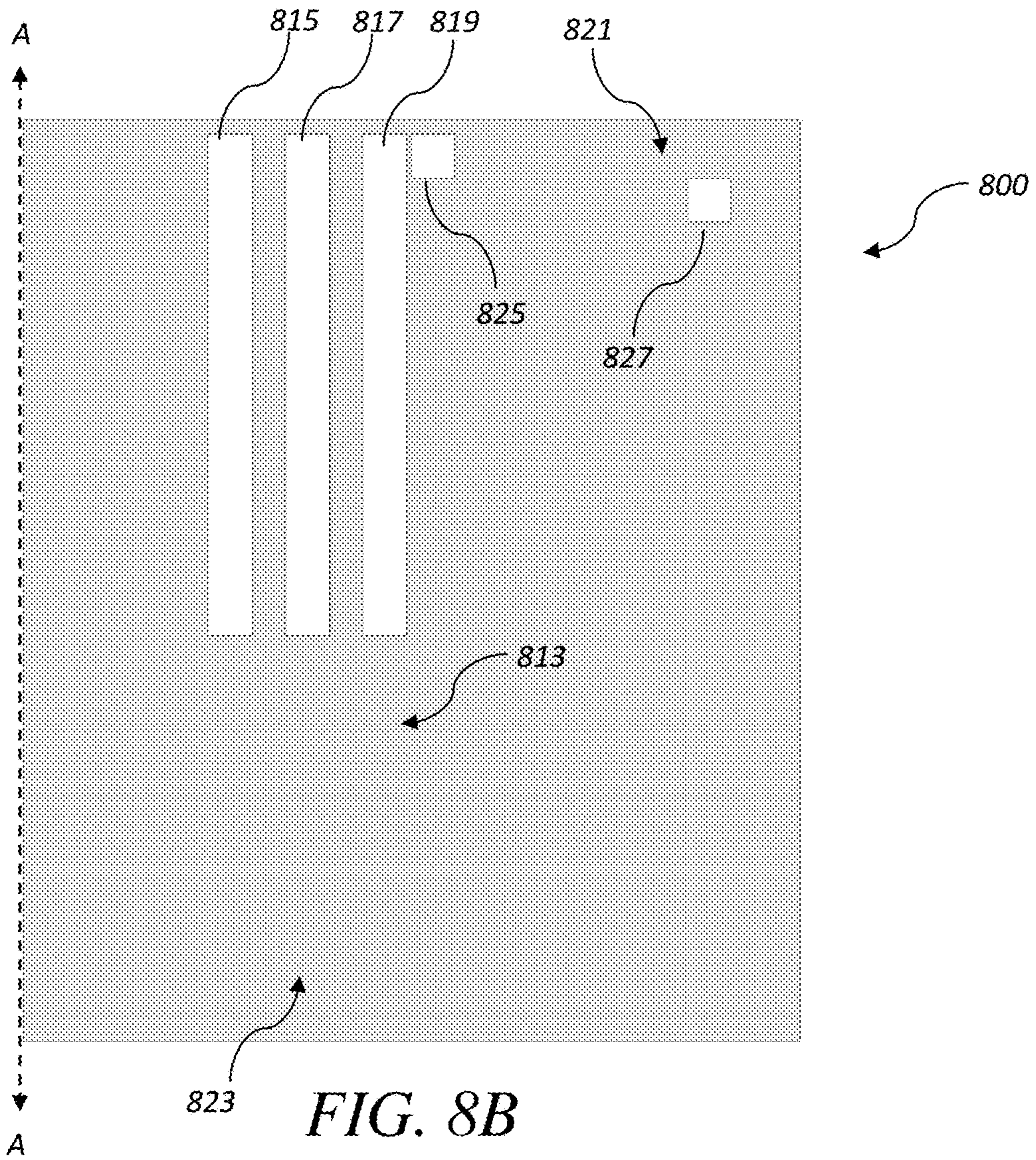


FIG. 8A





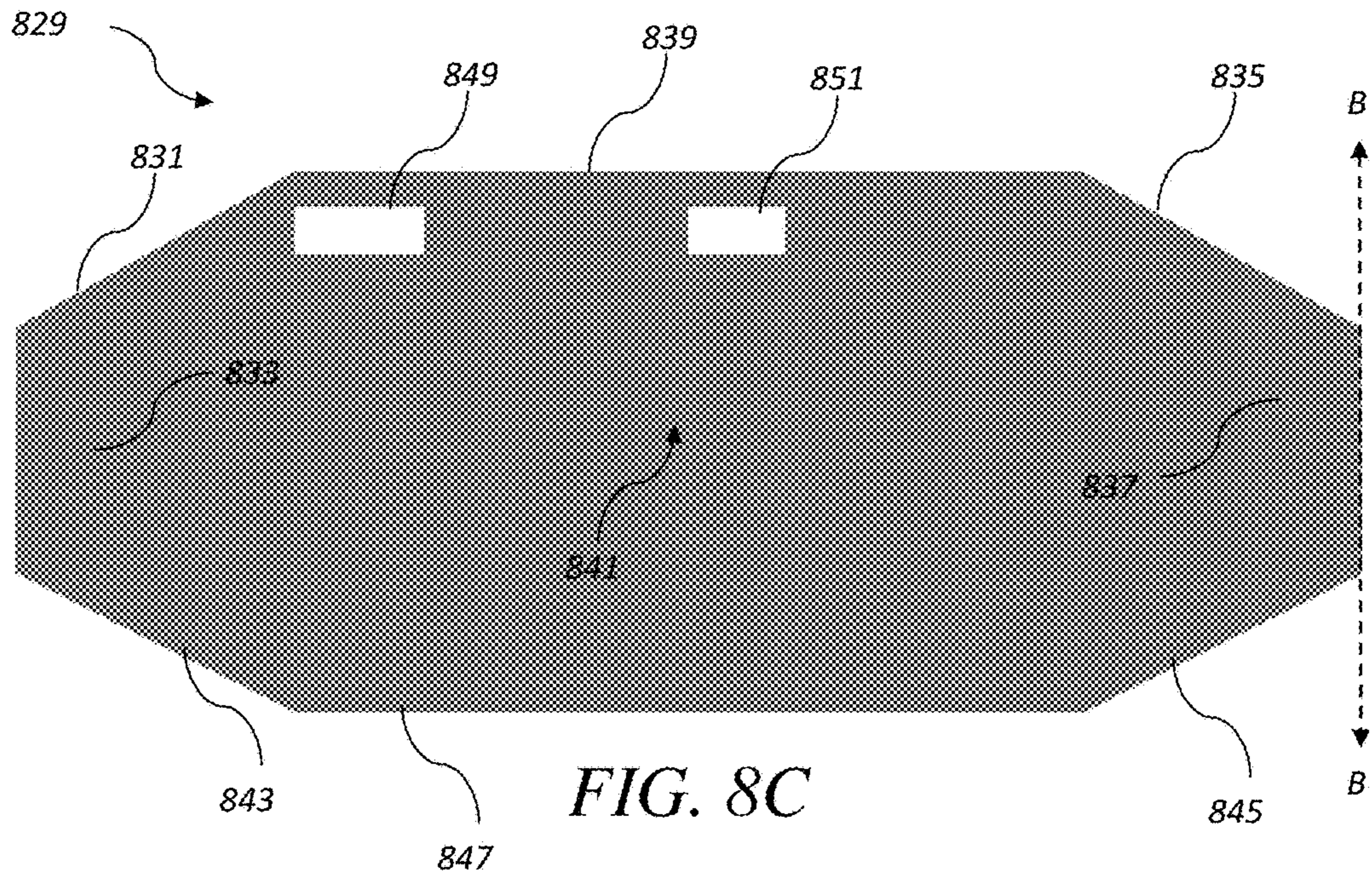


FIG. 8C

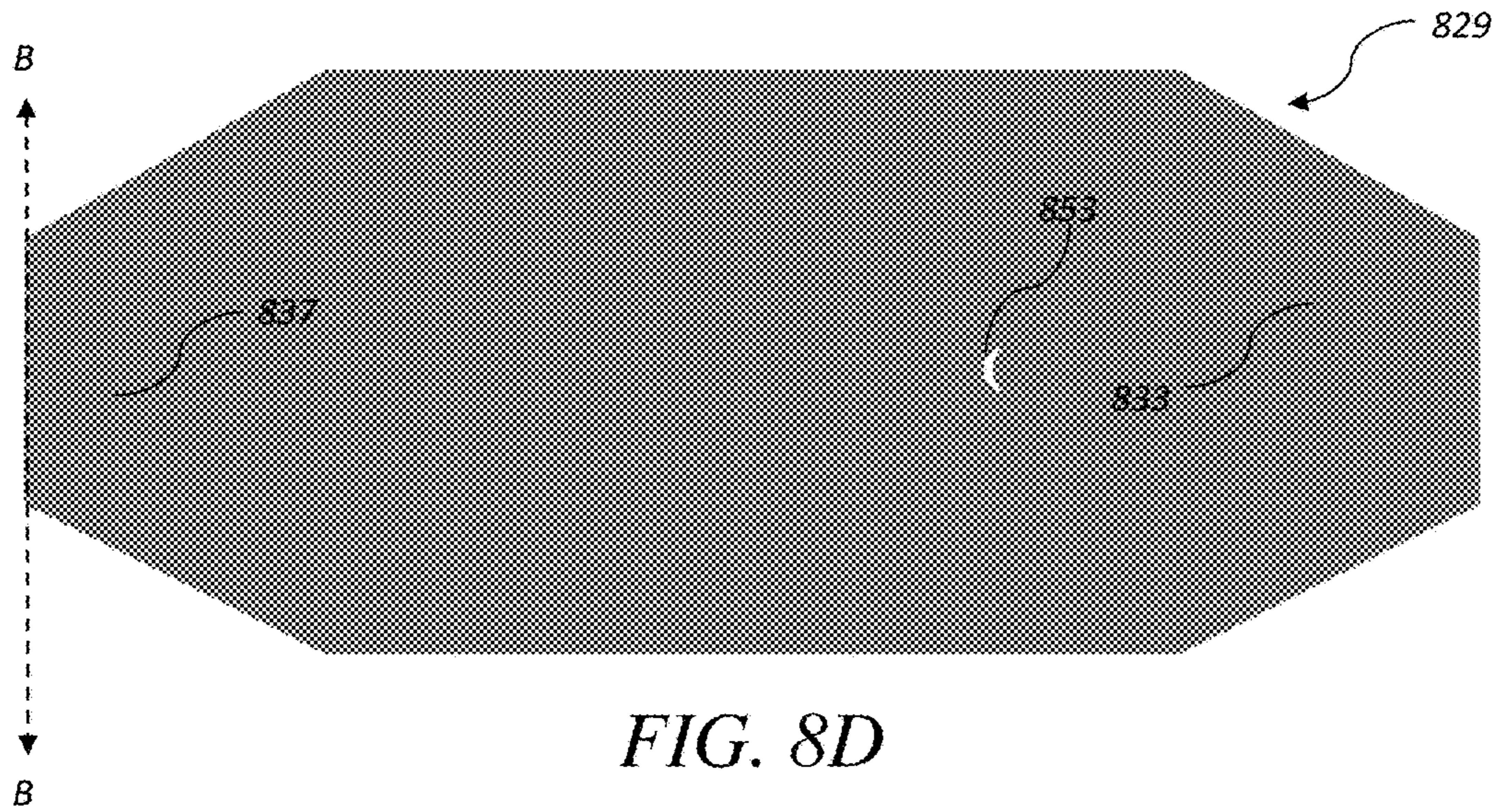
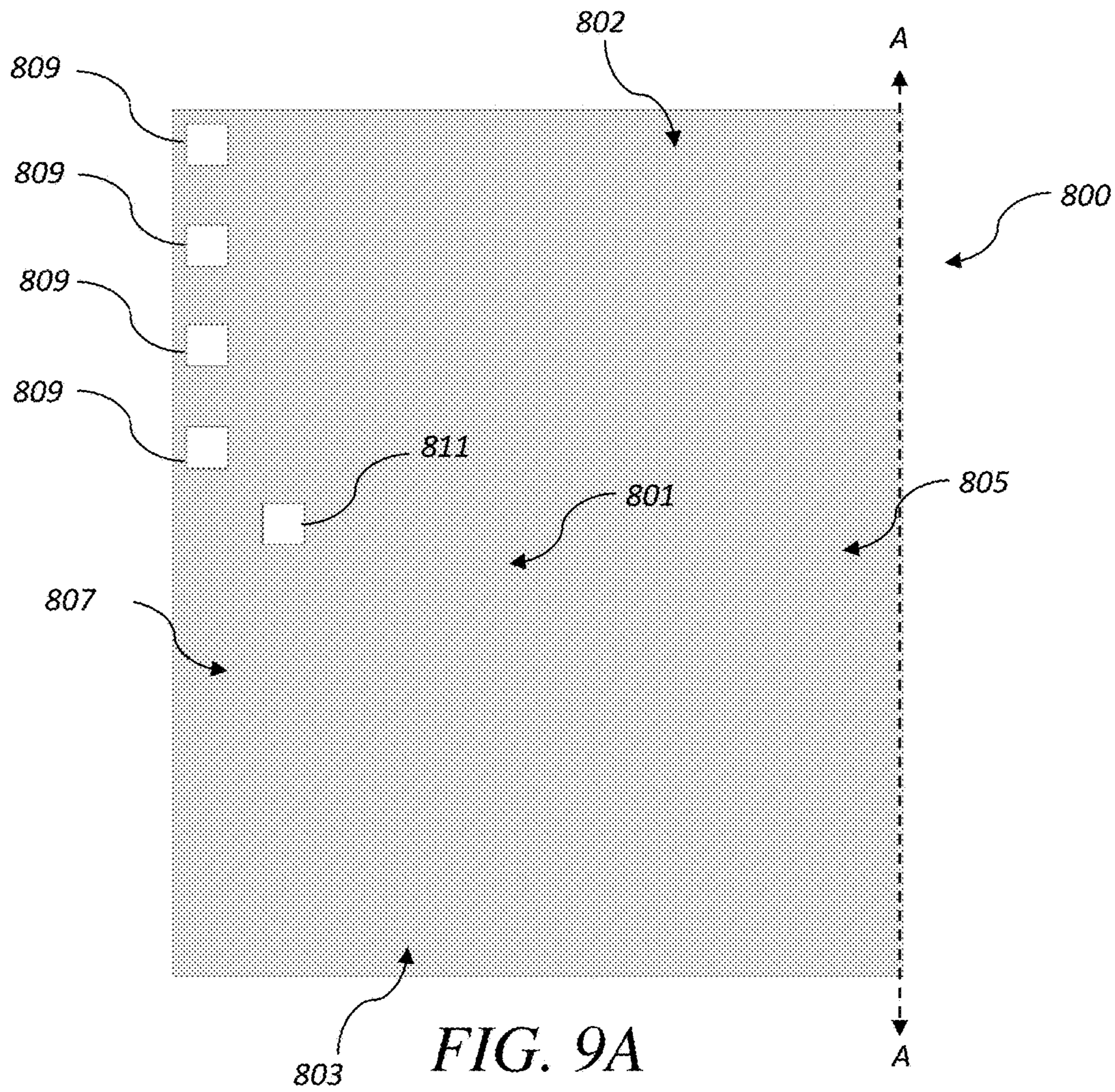
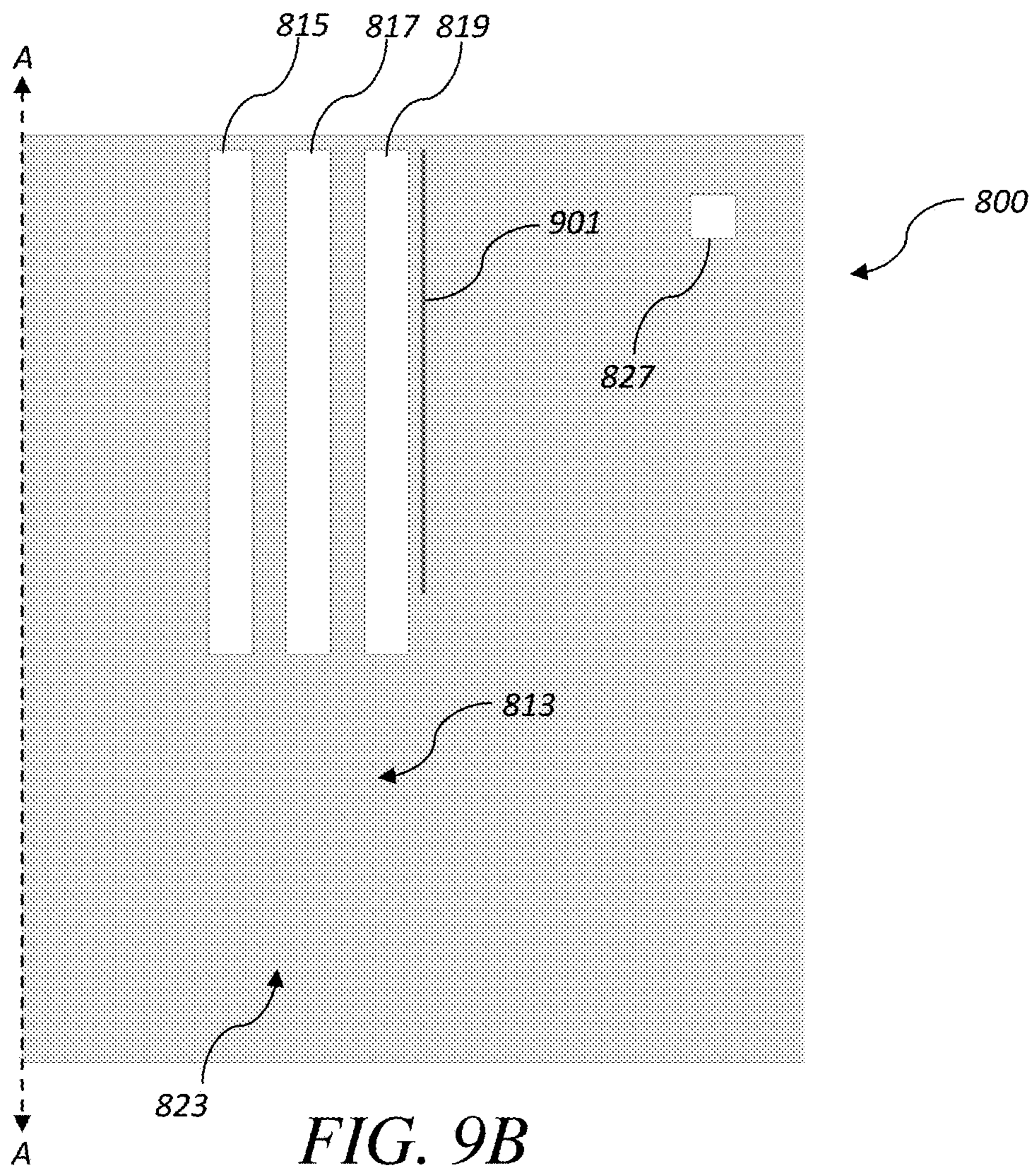


FIG. 8D









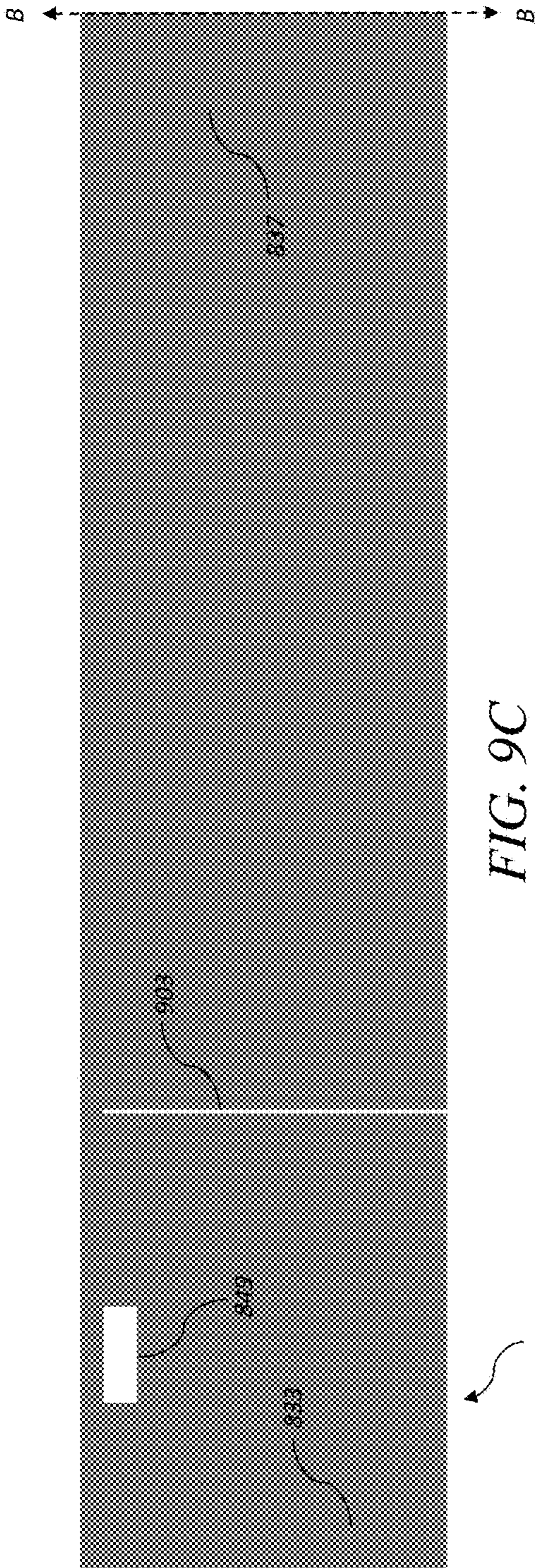


FIG. 9C

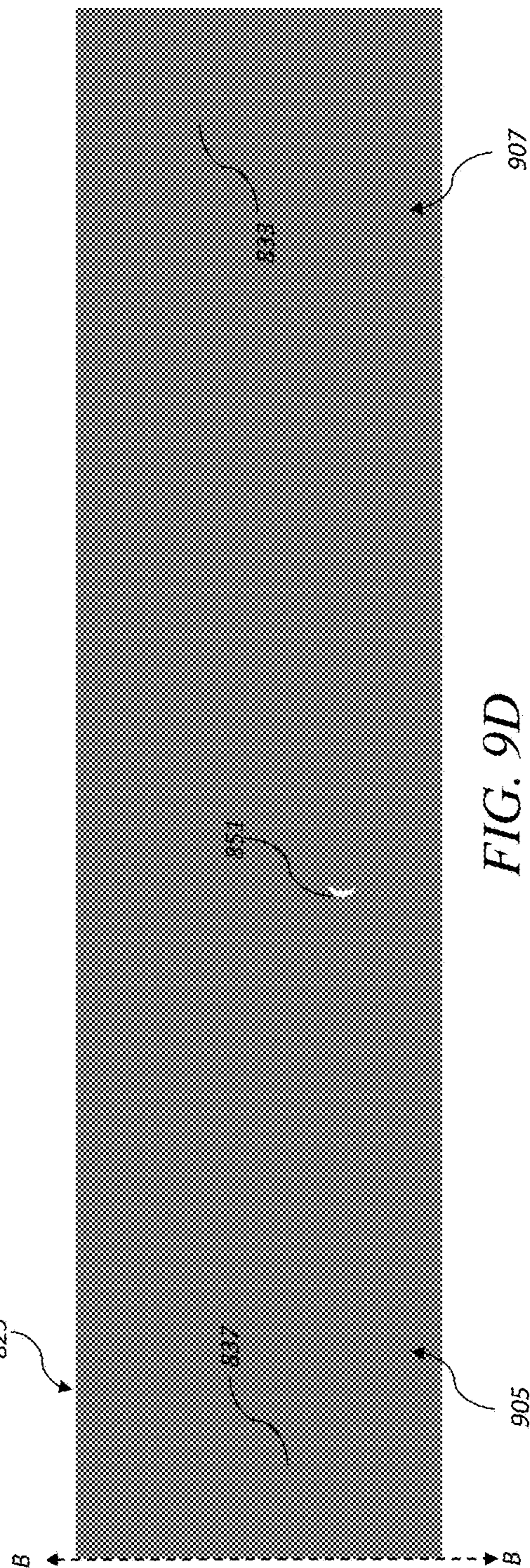


FIG. 9D



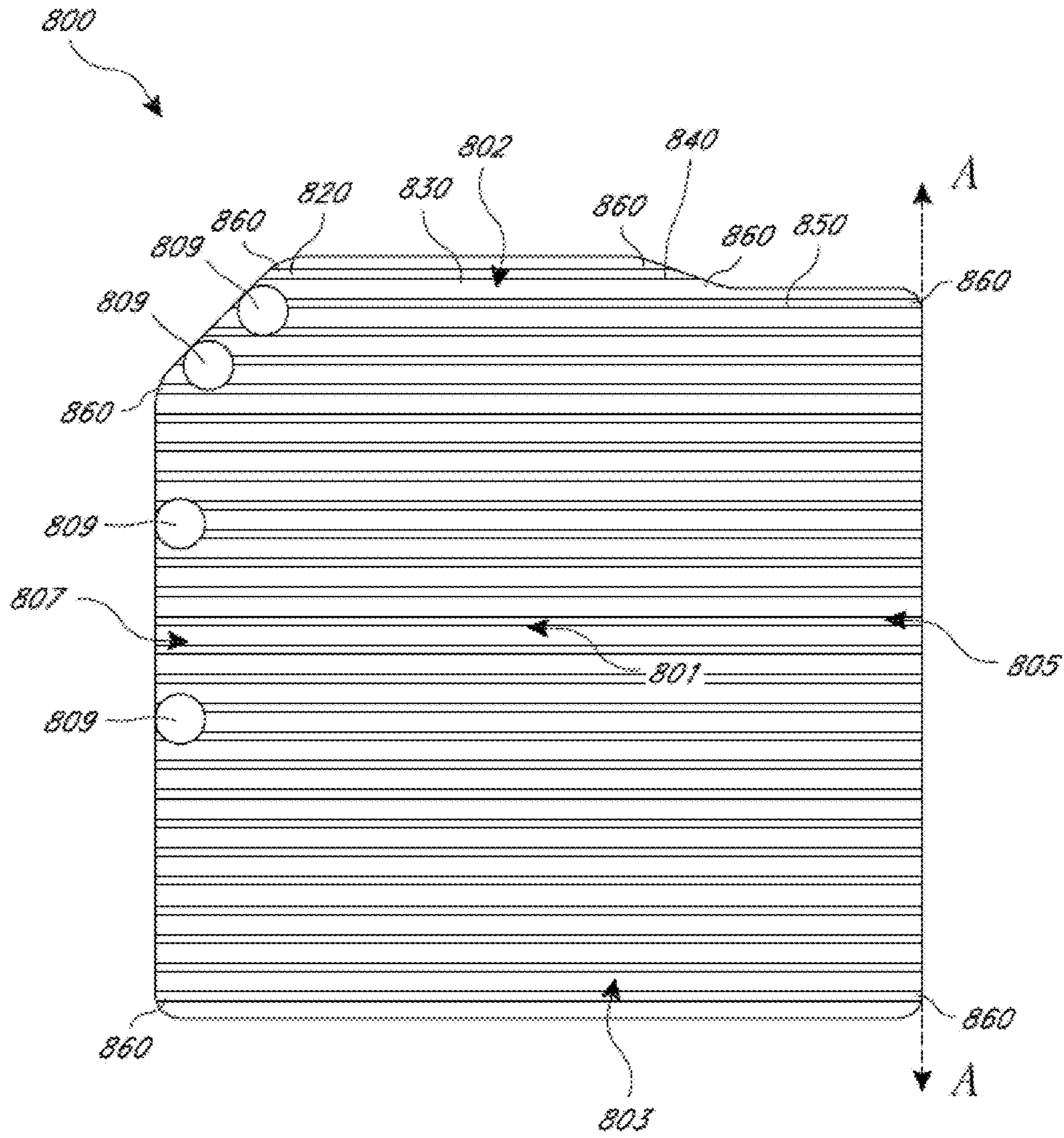


FIG. 10A

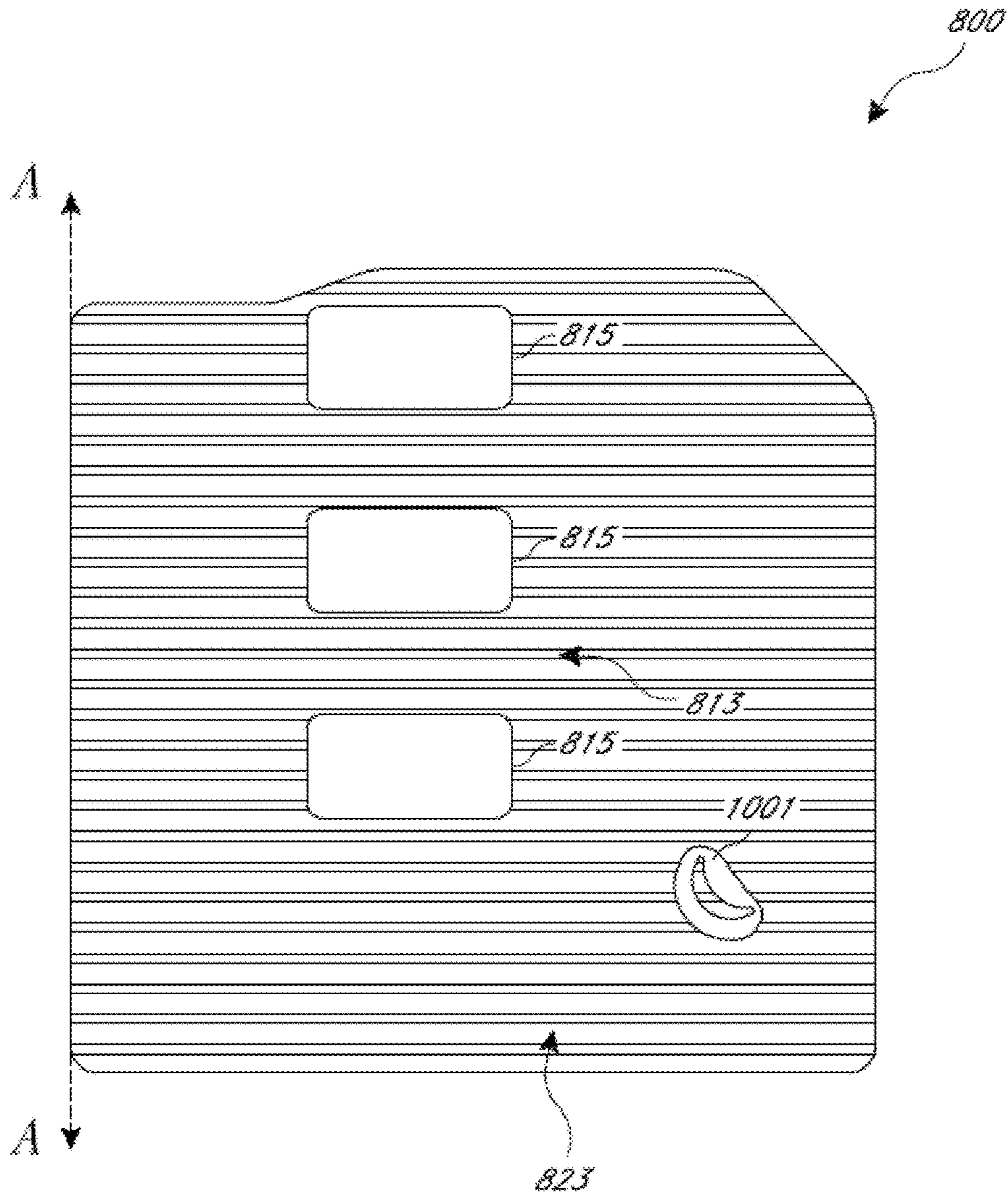


FIG. 10B

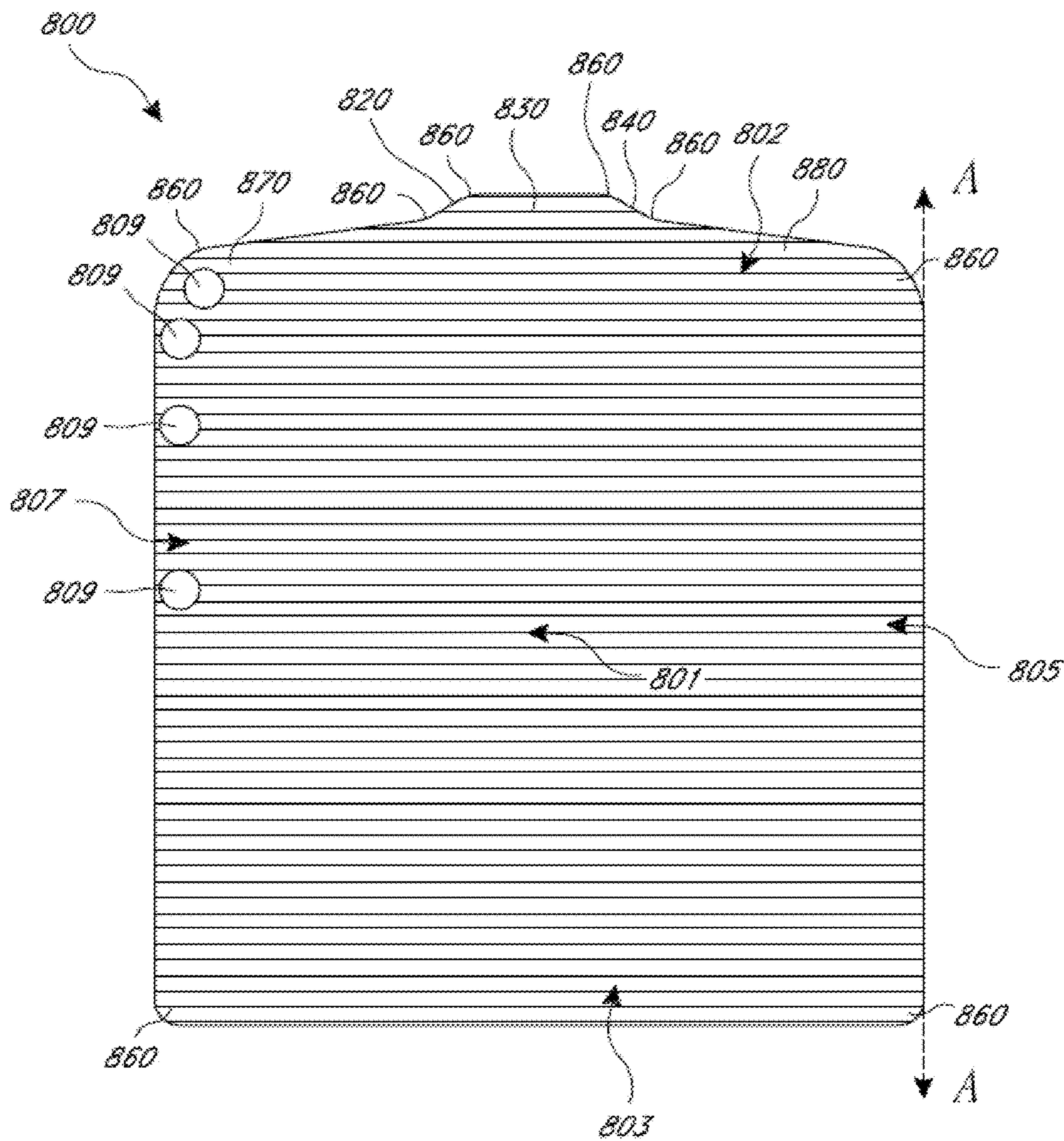


FIG. 11A



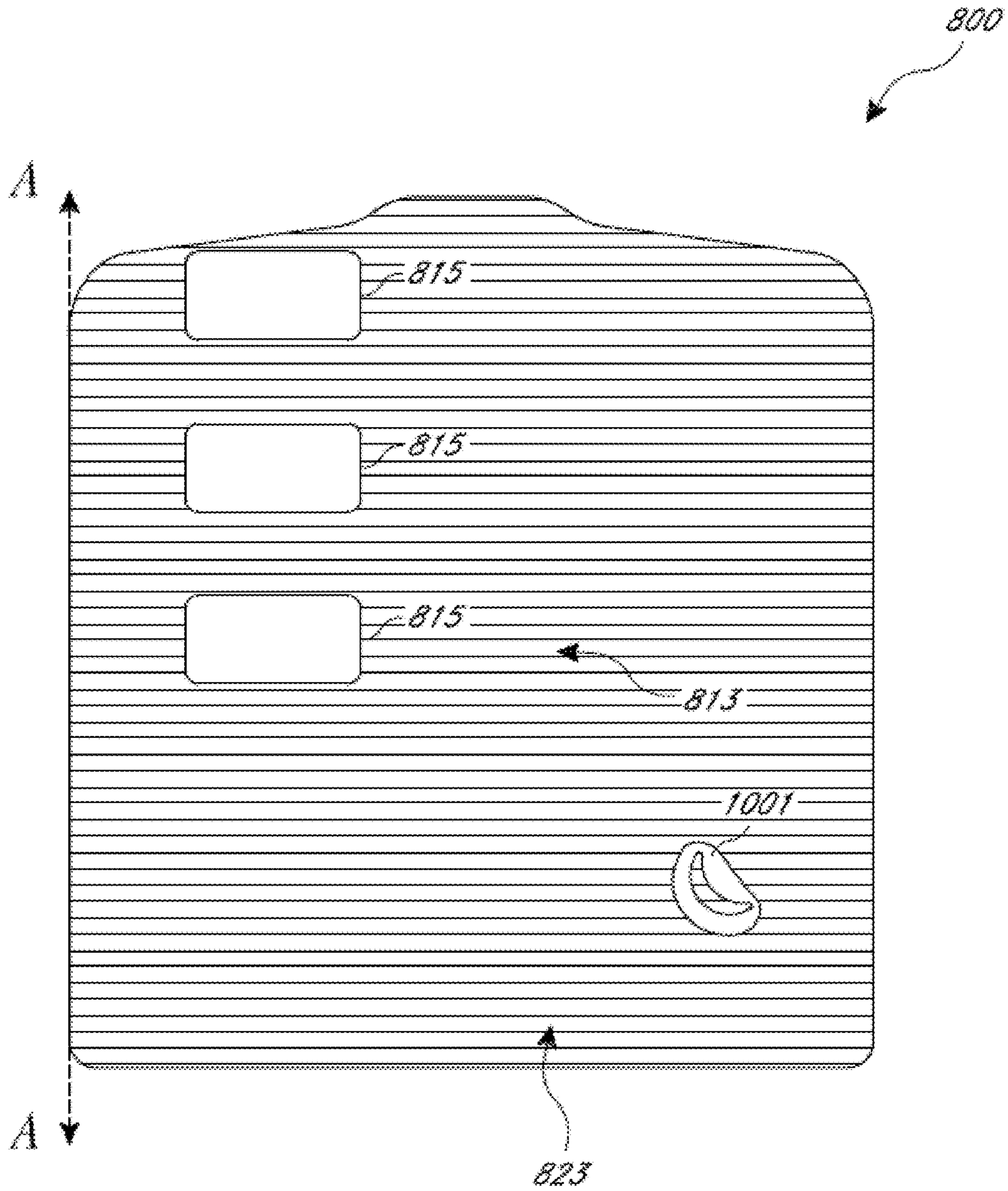


FIG. 11B

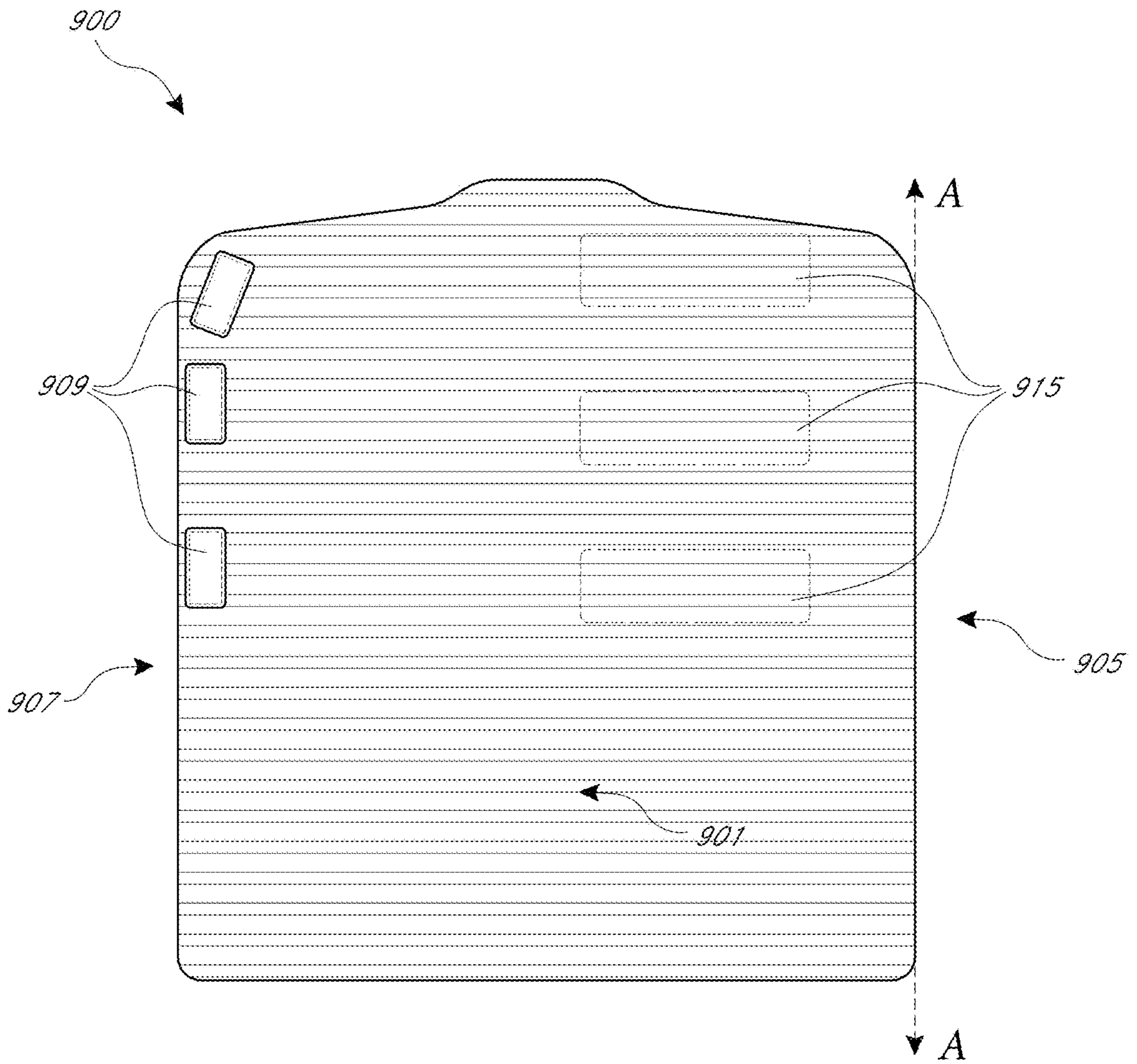


FIG. 12A

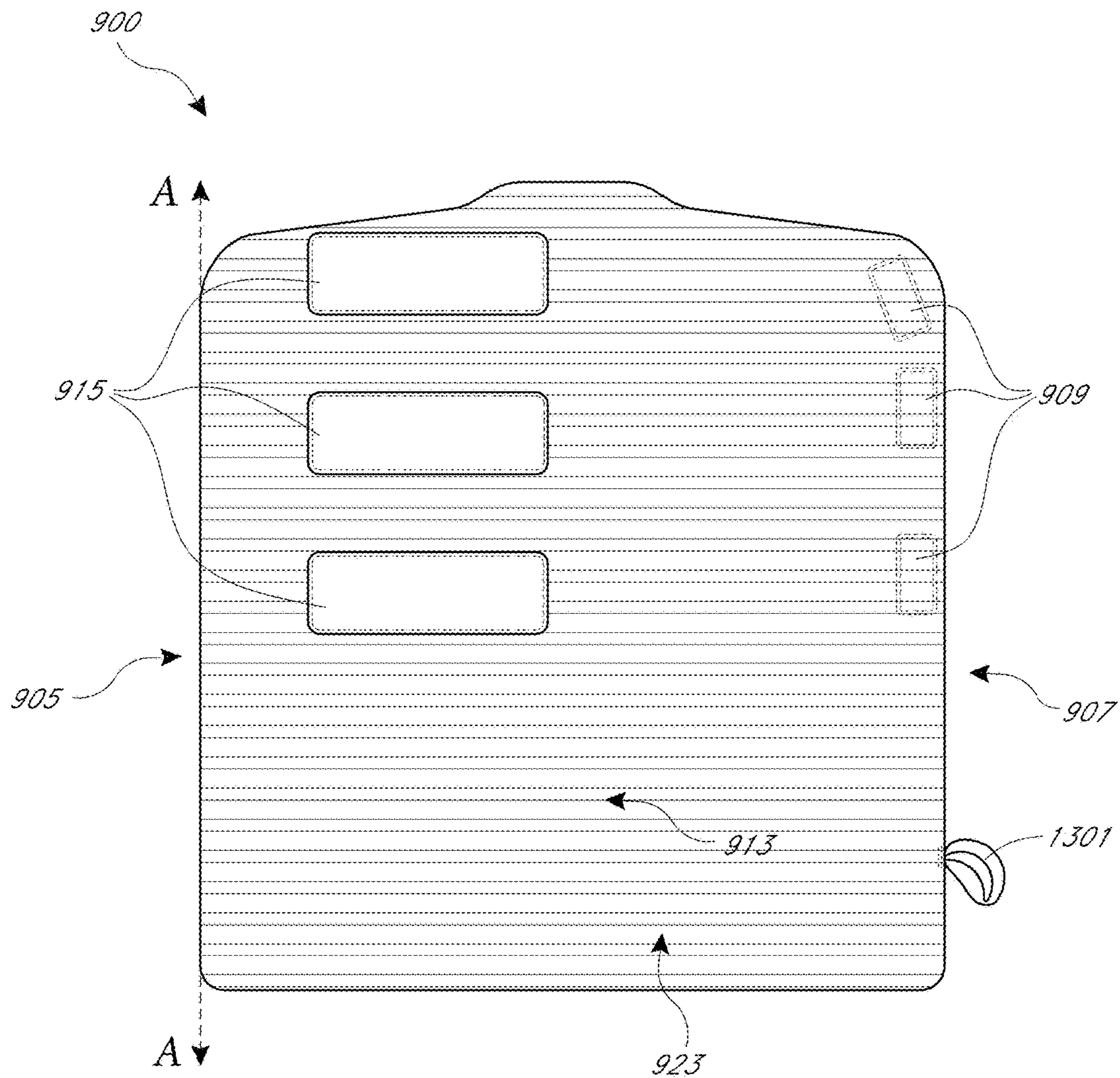


FIG. 12B



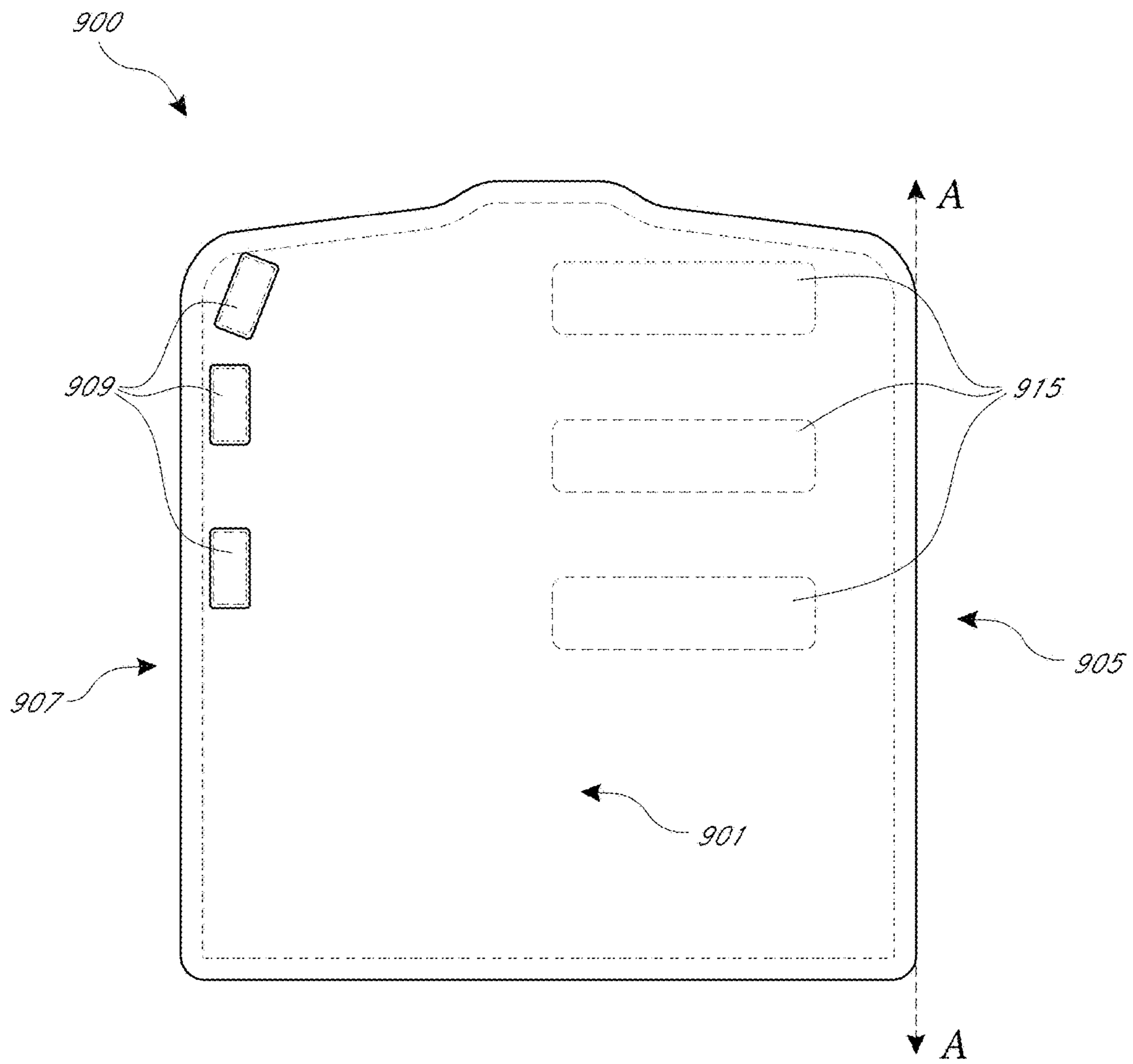


FIG. 13A

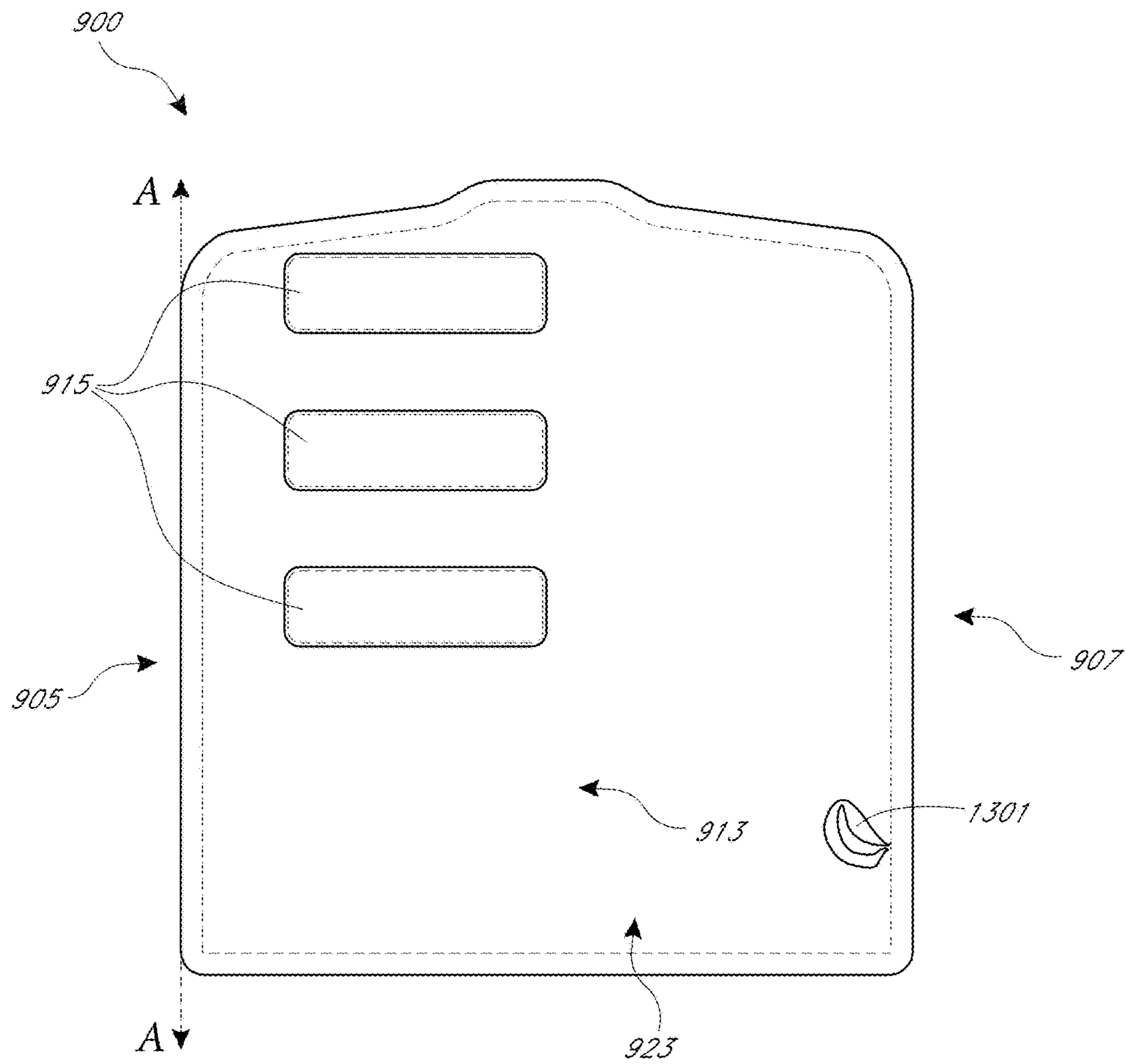


FIG. 13B

**INFANT SWADDLING**

## INCORPORATION BY REFERENCE

This application is a continuation-in-part of U.S. patent application Ser. No. 14/045,408, filed Oct. 3, 2013, which references various features of U.S. patent application Ser. No. 13/571,009, filed Aug. 9, 2012, which is an application for reissue for U.S. Pat. No. 7,774,875, which issued on Aug. 17, 2012, from U.S. patent application Ser. No. 12/381,131, filed Mar. 6, 2009. The entirety of each is hereby incorporated herein by reference.

## BACKGROUND

## Field

The disclosure generally pertains to the field of infant swaddling.

## Description of the Related Art

Archaeological records indicate that infant swaddling was first used around 4000 B.C. in the desert regions of Central Asia in combination with a back-pack cradle board. As time progressed, the migration of people from region to region became a relatively permanent way of life. Swaddling subsequently also became a common part of child-rearing.

Early swaddling used a square piece of cloth. The infant was laid on the cloth diagonally and the corners of the cloth were folded over the feet, body and under the head, and the corners were tied to hold the cloth in position. Swaddling typically formed the clothing for an infant until the infant was about a year old. The confinement provided by the swaddling provided warmth and security for the infant who had recently left the mother's womb.

Even today, swaddling is a standard newborn care practice in most hospitals.

Current infant swaddling makes it easier to swaddle an infant than with traditional square cloths. Nevertheless, a wakeful infant can loosen the swaddling and kick the swaddling off. Accordingly, a need remains for swaddling that is more readily maintained in place on an infant.

## SUMMARY

Infant swaddling and methods of swaddling are disclosed in various embodiments. The swaddling includes a pouch. In certain embodiments, the swaddling can further include a blanket.

In addition, the swaddle can be produced from various materials that will not gather at the infant's neck, can be produced in various dimensions to accommodate infants of various sizes, can be made of various colors such as a pink or a blue color to identify the sex of the infant, can simulate a "womb-like" environment that is less traumatic on the infant, can keep the infant better positioned so the infant is less likely to turn, suffocate, and reduces the risk of SIDS, can provide breathability and rapid moisture wicking capabilities so that the infant does not overheat, can provide a pressure around the infant which is imperative for drug-exposed infants, and is cost effective from both a consumer's and manufacturer's point of view.

Certain embodiments include the inventive realization that it is desirable to incorporate swaddling materials that can draw sweat away from the skin of an infant, making the infant skin dry and more comfortable. Such transfer of moisture, called wicking, happens when fabric fibers channel moisture along the filament through "capillary action," pulling moisture to the fabric surface. When moisture has

moved from the skin to the surface of the material, it can evaporates. Moisture wicking is typically achieved by using one of two methods. The first way to promote moisture wicking is to apply a hydrophilic chemical surface treatment, such as silica, to a fabric. This treatment allows the fabric's fibers to attract water and pull it into the fabric and away from the skin. The second way is to use a knit structure that facilitates capillary action. The first method is referred to herein as chemical wicking, and the second method is referred to herein as mechanical wicking.

Moisture wicking is different from breathability. A breathable fabric, such as cotton, linen, or wool, absorbs moisture and holds the moisture against the skin. For example, highly breathable materials such as 100% cotton can quickly absorb moisture due to perspiration on the infant's skin, but retains the excessive moisture, which does not evaporate quickly from the skin or the fabric. As a result, the infant's skin and the cotton fabric are damp for extended periods of time after the infant perspires, making it uncomfortable for the infant.

As discussed above, some commercially available fabrics are coated with chemicals that give the fabrics moisture wicking capabilities by allowing the treated fibers to attract or pull moisture away from skin. However, such topologically treated materials tend to lose their wicking capabilities when the chemical coating starts to wear off after repeated washing cycles. Infant swaddling normally undergoes frequent washing for hygiene purposes. Accordingly, certain embodiments include the inventive realization that a non-chemically treated moisture-wicking fabric or a fabric with both mechanical and chemical wicking properties is more desirable than a material that gets its wicking capabilities only from the chemical coating.

In addition, fabrics with good wicking properties, such as polyester blends, tend to have poor stretchability. Poor stretchability can be a problem, as overly rigid swaddling material could lead to problems such as infant hip dysplasia. Accordingly, certain embodiments include the inventive realization that the swaddling material should still be stretchable and allow small movements of an infant while allowing the swaddling to be maintained in place on the infant.

Accordingly, various embodiments provide infant swaddling with a mechanical wicking fabric or a combination chemical-mechanical wicking fabric that is also stretchable.

Not necessarily all such advantages may be achieved in accordance with any particular embodiment. Thus, the swaddling may be embodied or carried out in a manner that achieves or optimizes one advantage or group of advantages as taught herein without necessarily achieving other advantages as may be taught or suggested herein.

In at least one embodiment, the swaddling comprises a pouch. The swaddling can have one, some, or all of the following properties. The pouch can comprise an inner surface and an outer surface. The pouch can comprise a lower end. The lower end can be opened and closed to allow a diaper to be easily removed and replaced or to take a rectal temperature.

In various embodiments, the swaddling can further comprise a blanket. The foregoing swaddling can have one, some, or all of the following properties, as well as properties described elsewhere in this disclosure. The blanket can comprise an inner surface and an outer surface. The inner surface can comprise a pouch attachment area. The pouch attachment area can be marked. The pouch attachment area can comprise a first side and a second side. A first blanket flap can extend laterally from the first side of the pouch attachment area. A second blanket flap can extend laterally



from the second side of the pouch attachment area. The first blanket flap can have a lateral length that is greater than the lateral length of the second blanket flap. The outer surface of the pouch can be fixed to the blanket. The outer surface of the pouch can be removably attached to the inner surface of the blanket. The outer surface of the pouch can be removably attached to the pouch attachment area of the blanket.

A method of using a swaddling is also disclosed. In at least one embodiment, the method comprises wrapping a first blanket flap and a second blanket flap around a pouch holding an infant. In various embodiments, the foregoing method has one, some, or all of the following properties. To utilize the swaddling, the second blanket flap is initially wrapped around the outer surface of the pouch and is attached thereto by an attachment means. After the second blanket flap is attached, the first blanket flap is wrapped around the second blanket flap and is attached thereto by the attachment means.

In at least one embodiment, infant swaddling comprises a blanket comprising a laterally extending first blanket flap and a laterally extending second blanket flap, and further comprising a first blanket surface comprising one or more pouch attachments, and a second blanket surface opposite the first blanket surface. The swaddling also comprises a pouch comprising a laterally extending first pouch flap and a laterally extending second pouch flap, and further comprising a first pouch surface comprising one or more first attachments near a side of the first pouch surface, the one or more first attachments extending vertically downward from an upper portion of the first pouch surface that, in use, is near the infant's head, neck, or upper torso toward a lower portion of the first pouch surface that, in use, is lower than the upper portion and near the infant's feet, and a lower attachment that, in use, is lower than the one or more first attachments, and a second pouch surface opposite the first surface comprising a plurality of second attachments that are recloseable with and complementary with the one or more first attachments and with the lower attachment and one or more blanket attachments complementary with the one or more pouch attachments, at least one of the blanket attachments being recloseable with at least one of the pouch attachments.

The foregoing swaddling can have one, some, or all of the following properties, as well as properties described elsewhere in this disclosure. The blanket can comprise a retainer for retaining the second blanket flap in a position when the blanket is in use on the infant. Each of the plurality of second attachments can be spaced laterally along the second pouch surface and extend vertically downward from the upper portion toward the lower portion. In use, the pouch can be configured such that the infant is placed on the first pouch surface, the one or more first attachments are configured to be recloseably attached to at least one of the plurality of second attachments such that the pouch is recloseably secured around the infant, the lower portion of the first pouch surface is configured to be gathered at the lower portion of the infant's body, the lower attachment is configured to recloseably attach to one of the plurality of second attachments, the first blanket flap is configured to be wrapped over the front of the infant, and the second blanket flap is configured to be wrapped over the first blanket flap. In use, the second blanket flap can be retained with the retainer. The retainer can comprise an elastic loop fixed to the second blanket surface and the second blanket flap can pass through the loop, which thereby retains the second blanket flap. At least one of the pouch attachments can be configured in use to be near the front of the infant and near

the infant's head or neck. The one or more first attachments and the lower attachment can comprise hook or loop fabric. The one or more first attachments and the lower attachment can comprise tabs of hook or loop fabric. The lower attachment can be laterally offset from the one or more first attachments. The plurality of second attachments can comprise hook or loop fabric. The plurality of second attachments can comprise strips of hook or loop fabric. The one or more pouch attachments and the one or more blanket attachments can comprise tabs of hook or loop fabric.

In at least one embodiment, infant swaddling comprises a pouch configured to open to lay flat, the pouch comprising an outward-facing surface that, when an infant is placed on the open pouch, faces away from the infant and an inner-facing surface that, when an infant is placed on the open pouch, faces toward the infant. The pouch comprises an upper portion with an upper edge that, when in use, is proximal the infant's head region, the upper portion comprising an upper section that, when in use, is near the nape of the infant's neck, and a lower section, at least a part of which, when in use, is the under the infant's chin region. The pouch also comprises a lower portion spaced apart from the upper portion that, when in use, is proximal the infant's feet, a laterally extending first flap integral with the upper portion and lower portion, the inner-facing surface of the first flap comprising one or more first attachments extending vertically downward from the upper portion toward the lower portion, and a laterally extending second flap integral with the upper portion and lower portion. The outward-facing surface comprises one or more second attachments that are recloseable with and complementary with the one or more first attachments and a retainer configured to receive and recloseably retain the lower portion of the pouch when in use.

The foregoing swaddling can have one, some, or all of the following properties, as well as properties described elsewhere in this disclosure. At least a part of the upper edge of the lower section can be lower than at least a part of the upper edge of the upper section when the pouch is open. The upper section can be between the lower section and a sloped section that forms part of an edge of the first flap. The one or more first attachments can comprise a plurality of hook or loop fabric elements. The one or more second attachments can comprise a plurality of hook or loop fabric elements. At least one of the hook and loop fabric elements of the one or more second attachments can have a surface area at least about 8 times larger than at least one of the hook or loop fabric elements of the one or more first attachments. The retainer can be an elastic loop.

In at least one embodiment, infant swaddling comprises a sheet configured to open to lay flat. The sheet comprises an outward-facing surface that, when an infant is placed on the open sheet, faces away from the infant, an inner-facing surface that, when an infant is placed on the open sheet, faces toward the infant, a first side, and a second side opposite the first side. The sheet also comprises an upper portion that, when in use, is near the infant's head region, the upper portion comprising an upper section that, when in use, is near the nape of the infant's neck, a first lower section comprising an upper edge that slopes downward toward a side edge of the first side, and a second lower section comprising an upper edge that slopes downward toward a side edge of the second side. At least a part of the first lower section or at least a part of the second lower section, when in use, is under the infant's chin region. The sheet also comprises a lower portion spaced apart from the upper portion that, when in use, is proximal the infant's feet; a



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laterally extending first flap integral with the upper portion and lower portion, the inner-facing surface of the first flap comprising one or more first attachments extending vertically downward from the upper portion toward the lower portion; and a laterally extending second flap integral with the upper portion and lower portion, the outward-facing surface of the second flap comprising one or more second attachments that are recloseable with and complementary with the one or more first attachments. The outward-facing surface comprises a retainer configured to receive and recloseably retain the lower portion of the pouch when in use.

The foregoing swaddling can have one, some, or all of the following properties, as well as properties described elsewhere in this disclosure. The one or more first attachments can comprise a plurality of hook or loop fabric elements and the one or more second attachments can comprise a plurality of hook or loop fabric elements. At least one of the hook and loop fabric elements of the one or more second attachments can have a surface area at least about 8 times larger than at least one of the hook or loop fabric elements of the one or more first attachments. A junction between an upper edge of the first sloped section and the side edge of the first side can comprise a fillet. The one or more first attachments can comprise one or more hook or loop fabric elements near the fillet. The retainer can be an elastic loop. The inner-facing surface can be configured such that, when an infant is placed on the open sheet, the infant is substantially vertically centered on the open sheet.

In some embodiments, infant swaddling comprises a blanket configured to open to lay flat. The blanket comprises an outward-facing surface that, when an infant is placed on the open blanket, faces away from the infant, and an inner-facing surface that, when an infant is placed on the open blanket, faces toward the infant. The blanket comprises an upper portion with an upper edge that, when in use, is proximal the infant's head region, the upper portion comprising an upper section that, when in use, is near the nape of the infant's neck, and a lower section, at least a part of which, when in use, is under the infant's chin region. The blanket also comprises a lower portion spaced apart from the upper portion that, when in use, is proximal the infant's feet, a laterally extending flap integral with the upper portion and lower portion. The inner-facing surface of the flap comprises one or more first attachments extending vertically downward from the upper portion toward the lower portion, and a laterally extending region integral with the upper portion and lower portion. The outward-facing surface of the region comprises one or more second attachments that are recloseable with and complementary with the one or more first attachments and a retainer configured to receive and recloseably retain the lower portion of the blanket when in use.

The foregoing swaddling can have one, some, or all of the following properties, as well as properties described elsewhere in this disclosure. At least a part of the upper edge of the lower section can be lower than at least a part of the upper edge of the upper section when the blanket is open. The upper section can be between the lower section and a sloped section that forms part of an edge of the first flap. The one or more first attachments can comprise a plurality of hook or loop fabric elements. The one or more second attachments can comprise a plurality of hook or loop fabric elements. At least one of the hook and loop fabric elements of the one or more second attachments can have a surface area at least about 6 times larger than at least one of the hook or loop fabric elements of the one or more first attachments. The retainer can be an elastic loop.

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In some embodiments, infant swaddling comprises a sheet configured to open to lay flat. The sheet comprises an outward-facing surface that, when an infant is placed on the open sheet, faces away from the infant, an inner-facing surface that, when an infant is placed on the open sheet, faces toward the infant, a first side, and a second side opposite the first side. The sheet also comprises an upper portion that, when in use, is near the infant's head region, the upper portion comprising an upper section that, when in use, is near the nape of the infant's neck, a first lower section comprising an upper edge that slopes downward toward a side edge of the first side, and a second lower section comprising an upper edge that slopes downward toward a side edge of the second side. At least a part of the first lower section or at least a part of the second lower section, when in use, is under the infant's chin region. The sheet also comprises a lower portion spaced apart from the upper portion that, when in use, is proximal the infant's feet and a laterally extending flap integral with the upper portion and lower portion. The inner-facing surface of the flap comprises one or more first attachments extending vertically downward from the upper portion toward the lower portion, and a laterally extending region integral with the upper portion and lower portion. The outward-facing surface of the region comprises one or more second attachments that are recloseable with and complementary with the one or more first attachments. The second side comprises a retainer configured to receive and recloseably retain the lower portion of the pouch when in use.

The foregoing swaddling can have one, some, or all of the following properties, as well as properties described elsewhere in this disclosure. The one or more first attachments can comprise a plurality of hook or loop fabric elements and the one or more second attachments can comprise a plurality of hook or loop fabric elements. At least one of the hook and loop fabric elements of the one or more second attachments can have a surface area at least about 6 times larger than at least one of the hook or loop fabric elements of the one or more first attachments. A junction between an upper edge of the first sloped section and the side edge of the first side can comprise a fillet. The one or more first attachments can comprise one or more hook or loop fabric elements near the fillet. The retainer can be an elastic loop. The inner-facing surface can be configured such that, when an infant is placed on the open sheet, the infant is substantially vertically centered on the open sheet.

The swaddling of this disclosure can comprise any of the foregoing embodiments and also can include constructions of the following examples.

#### BRIEF DESCRIPTION OF THE DRAWINGS

Example embodiments that implement the various features of the disclosed swaddling and associated methods will now be described with reference to the drawings. The drawings and associated descriptions are provided to illustrate embodiments and not to limit the scope of the disclosure.

FIG. 1 is a front elevational view of swaddling showing a pouch attached between a first blanket flap and a second blanket flap, and with an infant inserted into the pouch.

FIG. 2 is a top plan view of the swaddling of FIG. 1.

FIG. 3 is an elevational view of a blanket having the upper and lower edges of the first and second blanket flaps in alignment with the respective upper and lower edges of the blanket.



FIG. 4 is an elevational view of a blanket that has the upper edges of the first and second blanket flaps in alignment with the respective upper edge of the blanket, and the lower edges of the first and second blanket flaps angled upward.

FIG. 5 is an elevational view of a blanket having the upper edge of the first and second blanket flaps angled downward, and with the lower edges of the first and second blanket flaps in alignment with the respective lower edges of the blanket.

FIG. 6 is a front elevational view of a pouch that includes a removably attached infant head cover.

FIG. 7 is a top plan view of the swaddling showing the first and second blanket flaps wrapped around the pouch.

FIG. 8A is an elevational view of a first surface of another example pouch in an unwrapped configuration.

FIG. 8B is an elevational view of a second surface of a pouch in an unwrapped configuration, the second surface being opposite the first surface depicted in FIG. 8A.

FIG. 8C is an elevational view of a first surface of a blanket in an unwrapped configuration, the blanket being complementary with the pouch of FIGS. 8A and 8B.

FIG. 8D is an elevational view of a second surface of a blanket, the second surface being opposite the surface depicted in FIG. 8C.

FIG. 9A is an elevational view of a first surface of another example pouch in an unwrapped configuration.

FIG. 9B is an elevational view of a second surface of a pouch in an unwrapped configuration, the second surface being opposite the first surface depicted in FIG. 9A.

FIG. 9C is an elevational view of a first surface of a blanket in an unwrapped configuration, the blanket being complementary with the pouch of FIGS. 9A and 9B.

FIG. 9D is an elevational view of a second surface of a blanket, the second surface being opposite the surface depicted in FIG. 9C.

FIG. 10A is an elevational view of a first surface of a pouch in an unwrapped configuration.

FIG. 10B is an elevational view of a second surface of a pouch, the second surface being opposite the surface depicted in FIG. 10A.

FIG. 11A is an elevational view of a first surface of a pouch in an unwrapped configuration.

FIG. 11B is an elevational view of a second surface of a pouch, the second surface being opposite the surface depicted in FIG. 11A.

FIG. 12A is an elevational view of a first surface of another example infant swaddling in an unwrapped configuration.

FIG. 12B is an elevational view of a second surface of the infant swaddling of FIG. 12A, the second surface being opposite the surface depicted in FIG. 12A.

FIG. 13A is an elevational view of a first surface of another example infant swaddling in an unwrapped configuration.

FIG. 13B is an elevational view of a second surface of the infant swaddling of FIG. 13A, the second surface being opposite the surface depicted in FIG. 13A.

Throughout the drawings, reference numbers are frequently reused to indicate correspondence between referenced (or similar) elements. Nevertheless, the use of different numbers to indicate certain elements does not necessarily indicate that these elements are dissimilar or do not correspond with each other.

#### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENT

The following detailed description discloses swaddling and corresponding methods of use. It should be appreciated

that the embodiments discussed below represent examples of suitable configurations, and the components can be resized and/or reconfigured as desired to produce a desired embodiment or effect. For example, the figures may show certain features on a left side or a right side of the swaddling. These features can be reversed so that features are placed on the opposite side of the swaddling. Such modifications are within the scope of the invention.

#### Swaddling

The swaddling 10 comprises a pouch 70. "Pouch" is a broad term and includes, without limitation, structures that, in use on an infant, generally resemble bags, pockets, sacks, tubes, or cylinders. The term "pouch" further contemplates that such structures can be closed, open, or reclosable at the lower end. "Recloseable" means that the structure can be quickly and reversibly closed and opened during normal use without requiring disassembly and reassembly, destructive interference, or application of a substantial external force sufficient to damage the structure. In certain embodiments, the swaddling 10 can further comprise a blanket 12. "Blanket" is a broad term and is to be given its ordinary and customary meaning to a person of ordinary skill in the art (that is, it is not to be limited to a special or customized meaning). It should be understood, however, that the blanket 12 is optional and the embodiments discussed in this disclosure can be modified for use without a blanket, for example, by omitting any described attachment between the pouch 70 and the blanket 12.

As used herein, and unless otherwise indicated, the term "lower" refers to a location that, in use, is nearer to the feet or bottom of an infant; the term "upper" refers to a location that, in use, is nearer to the head or neck of an infant; the term "front" refers to a location that, in use, is nearer to the belly of an infant; the term "back" refers to a location that, in use, is nearer to the spinal region of an infant.

#### Blanket

With reference first to FIGS. 1 and 2, the blanket 12 includes a first blanket flap 28 and a second blanket flap 46. "Flap" is a broad term and is to be given its ordinary and customary meaning to a person of ordinary skill in the art (that is, it is not to be limited to a special or customized meaning) and includes, without limitation, an undemarcated portion of the blanket 12. The blanket can be appropriately sized for different infant uses. Small blankets can be used with premature infants. Larger blankets can be used with newborn infants or young infants. The blanket 12 can be made of a variety of materials. Desirably, the materials are selected to be soft, durable, hypoallergenic, and/or easily launderable with a standard washing machine and dryer. Example materials for can include wool, cotton, and nylon. A particularly suitable material for warmer environments comprises a lightweight bamboo and spandex blend. A particularly suitable material for colder environments comprises a bamboo, cotton, and spandex blend. Use of bamboo fibers is desirable because it makes the resulting blanket soft to the touch.

As shown in FIGS. 3-5, the blanket 12 includes a pouch attachment area 14, comprising an upper edge 16, a lower edge 18, a first pouch border attachment mark 20 on the same side as first blanket flap 28, and a second pouch border attachment mark 22 on the same said as second blanket flap 46. The two border attachment marks 20, 22 are shown in broken lines, in FIGS. 3-5, and outline the area 14 in which area the pouch 70 is attached. In certain embodiments, one or both attachment marks 20, 22 can be visibly indicated on the blanket 12. Alternatively, the attachment marks are not visibly indicated on the blanket 12.



With reference to FIGS. 1-5, the first blanket flap **28** further comprises an inner edge **30** that is integral with the first pouch border attachment mark **20**, an outer edge **32**, an upper edge **34**, a lower edge **36**, an inner surface **38** facing pouch **70**, and an outer surface **40** opposite the inner surface **38**. Likewise, the second blanket flap **46** further comprises an inner edge **48** that is integral with the second pouch border attachment mark **22**, an outer edge **50**, an upper edge **52**, a lower edge **54**, an inner surface **56** facing pouch **70**, and an outer surface **58** opposite the inner surface **56**.

In certain configurations, and as shown in FIGS. 1-5, the lateral length of the second blanket flap **46**, as measured from the second pouch border attachment mark **22**, is less than the lateral length of the first blanket flap **28**, as measured from the first pouch border attachment mark **20**. "Lateral length" refers to a horizontal distance that, in use, extends generally perpendicular to the head-to-toe vertical positioning of the infant **100**. In alternative configurations (not shown), the lateral length of the second blanket flap **46** is substantially the same as the lateral length of the first blanket flap **28**.

The first blanket flap **28** and second blanket flap **46** of the blanket **12** can be configured in several different shapes.

In a first example shape, as shown in FIG. 1, the upper edge **34** of the first blanket flap **28** and the upper edge **52** of the second blanket flap **46** are angled downward from the upper edge **16** of the pouch attachment area **14**, each in opposite directions. In addition, the lower edge **36** of the first blanket flap **28** and the lower edge **54** of second blanket flap **46** are angled upward from the lower edge **18** of the pouch attachment area **14**, each in opposite directions. The first blanket flap **28** and the second blanket flap **46** respectively terminate at outer edge **32** and outer edge **50**, each of which represents an apex **60** of a lateral axis that is substantially centered between the upper edge **16** and the lower edge **18** of the pouch attachment area **14**.

In a second example shape, as shown in FIG. 3, the upper edges **34**, **52** of the first and second blanket flaps **28**, **46** are in a line with the upper edge **16** of the pouch attachment area **14**, and the lower edges **36**, **54** of the first and second blanket flaps **28**, **46** are in a line with the lower edge **18** of the pouch attachment area **14**.

In a third example shape, as shown in FIG. 4, the upper edges **34**, **52** of the first and second blanket flaps **28**, **46** are in a line with the upper edge **16** of the pouch attachment area **14**. The lower edges **36**, **54** of the first and second blanket flaps **28**, **46** are angled upward from the lower edge **18** of the pouch attachment area **14**, each in opposite directions. The first and second blanket flaps **28**, **46** respectively terminate at an outer edge **32**, **50**. Each of the outer edges **32**, **50** represents an apex **62** of a lateral axis that is disposed along the upper edge **16** of the pouch attachment area **14**.

In a fourth example shape, as shown in FIG. 5, the upper edges **34**, **52** of the first and second blanket flaps **28**, **46** are angled downward from the upper edge **16** of the pouch attachment area **14**, each in opposite directions. The lower edges **36**, **54** of the first and second blanket flaps **28**, **46** are in a line with the lower edge **18** of the pouch attachment area **14**. The first and second blanket flaps **28**, **46** respectively terminate at an outer edge **32**, **50**. Each of the outer edges **32**, **50** represents an apex **62** of a lateral axis that is disposed along the lower edge **18** of the pouch attachment area **14**.

Additional suitable shapes for the blanket are also discussed in this disclosure.

The blanket **12** is attached to pouch **70** at attachment **88**. In certain configurations, attachment **88** represents a single

attachment. In other configurations, attachment **88** represents multiple attachments. Attachment **88** is also described below in more detail.

#### Pouch

As shown in FIG. 1, the pouch is dimensioned to allow an infant to be placed into the pouch **70**, with the infant's arms located internally within the pouch **70** or with the infant's arms located externally to the pouch **70**. The pouch can be appropriately sized for different infant uses. Small pouches can be used with premature infants. Larger pouches can be used with newborn infants or young infants.

In use, the pouch **70** comprises a first side **82** proximal the first blanket flap **28** and a second side **84** proximal the second blanket flap **46**. The pouch further comprises an inner section **72** (disposed in use near the back of the infant **100**) near attachment **88** and an outer section **74** (disposed in use near the chest of the infant **100**) opposite the inner section **72**. The inner section **72** is dimensioned to be attached to an area bordered by the first and second pouch border attachment marks **20**, **22** on the blanket **12**. The pouch **70** has a length that preferably places an open upper end **76** of the pouch adjacent to the chest area of an infant. The pouch **70** further comprises a lower end **78** opposite the open upper end **76**. The lower end **78** of the pouch **70** is preferably located adjacent to the lower edge **18** of the blanket **12**. As shown in FIG. 1, the lower edges **36**, **54** of first and second blanket flaps **28**, **46** can be located in substantial alignment with the lower end **18**. Alternatively, the lower edges **36**, **54** of the first and second blanket flaps **28**, **46** can extend above the lower end **78** of the pouch **70** (not shown).

The pouch **70** can be made of a variety of suitable materials. Desirably, the pouch **70** is made of a resilient soft material that maintains a comfortable pressure on the infant **100** placed into the pouch **70**, as shown in FIG. 7. Desirably, the materials are selected to be soft, durable, hypoallergenic, and/or easily launderable with a standard washing machine and dryer. Example materials for can include stretch cotton, stretch polyester, stretch denim, stretch vinyl, and stretch velvet. A particularly suitable material comprises 92% polyester and 8% spandex jersey fabric. This material was found to be moisture wicking, which can reduce excess heat and thus the possibility of a swaddled infant overheating.

In at least one embodiment, the blanket **12** is fixed to the pouch **70** at attachment **88**. As used herein, the term "fixed" means that the attached components are attached during normal use such that disassembly, destructive interference, or a substantial external force sufficient to damage the components is needed in order to separate them. For example, the blanket **12** can be fixed to the pouch **70** by a sewn seam, sewn stitches, adhesive, glue, and the like.

In certain configurations, the blanket **12** can be removably attached to the pouch **70** at attachment **88**. The term "removably attached" means that the attached components can be quickly and reversibly attached and detached during normal use without requiring disassembly and reassembly, destructive interference, or application of a substantial external force sufficient to damage the components. The inner section **72** of the pouch **70** can be attached to the pouch attachment area **14** by means for removably attaching the pouch **70** to the swaddling blanket **12**, such as hook and loop fasteners, male and female detents, buttons, zippers, strings, ties, and equivalents thereof. In at least one embodiment, the inner section **72** of the pouch **70** is attached to the pouch attachment area **14** by hook and loop fasteners.

In at least one embodiment, the pouch **70** is recloseable. In such embodiments, a first flap portion of the pouch **70** is



configured to interface with a second flap portion **80** of the pouch **70** such that the first flap portion and the second flap portion can be quickly and reversibly joined and separated during normal use without requiring disassembly and reassembly, destructive interference, or application of a substantial external force sufficient to damage the flap portions. As demonstrated in FIGS. **1** and **6**, the interface can extend partially along the pouch's first side **82**, the pouch's second side **84**, the lower end **78**, or along a combination thereof (such as along the first side **82** and lower end **78**, along the second side **84** and the lower end **78**, along the first side **82** and second side **84**, or along the first side **82**, lower end **78**, and second side **84**). The recloseable configuration can advantageously allow the pouch **70** to be easily opened to allow a diaper to be changed or to take a rectal temperature. Suitable means for recloseably attaching the pouch **70** flap portions include hook and loop fasteners, male and female detents, a zipper, one or more buttons, strings, ties, and equivalents thereof.

#### Infant Head Cover

As shown in FIG. **6**, the swaddling **10** can also comprise an infant head cover **96**. In certain embodiments, the infant head cover **96** can be sized and configured to apply a comforting pressure around the infant's head. The swaddling can be made of a variety of materials. Desirably, the infant head cover **96** is made of a resilient soft material that maintains a comfortable pressure on the infant **100** placed into the pouch **70**. Desirably, the materials are selected to be soft, durable, hypoallergenic, and/or easily launderable with a standard washing machine and dryer. Example materials for can include stretch cotton, stretch polyester, stretch denim, stretch vinyl, and stretch velvet. A particularly suitable material comprises 92% polyester and 8% spandex jersey fabric. This material was found to be moisture wicking, which can reduce excess heat and thus the possibility of a swaddled infant overheating.

The cover **96** can extend from the open upper end **76** located on the pouch **70** or from the upper edge **16** of the blanket **12**. Suitable means for removably attaching the cover **96** to the pouch **70** or the blanket **12** include hook and loop fasteners, male and female detents, a zipper, one or more buttons, strings, ties, and equivalents thereof. The head cover **96** can also comprise a low-resistance elastic band **98** that provides additional security to the cover **96**.

#### Method of Using the Blanket and Pouch Combination

An example method of using the swaddling **10** is next described. In general, as shown in FIG. **7**, the second blanket flap **46** is folded over the pouch **20** holding infant **100** prior to folding the first blanket flap **28**. More specifically, the second blanket flap **46** commencing from the second pouch border attachment mark **22** is wrapped sequentially around the pouch's second side **84** and the outer section **74**. In certain configurations, means for removably attaching the outer edge **50** of the second blanket flap **46** to the first side **82** of the pouch **70** can provide a secure but easily removable connection between the blanket **12** and pouch **70**. Suitable means for removable attachment include hook and loop fasteners, male and female detents, one or more buttons, strings, ties, and equivalents thereof.

Next, the first blanket flap **28** commencing from the first pouch border attachment mark **20** is wrapped sequentially around the second blanket flap **46** and around the outer and second side section **74**, **84** of the pouch **70**. In certain configurations, means for removably attaching the outer edge **32** of the first blanket flap **28** to the second blanket flap **46** can provide a secure but easily removable connection between the first blanket flap **28** and the second blanket flap

**46**. Suitable means for removable attachment include hook and loop fasteners, male and female detents, one or more buttons, strings, ties, and equivalents thereof.

#### Additional Swaddling Configurations

FIGS. **8A-8D**, FIGS. **9A-9D**, FIGS. **10A-10B**, FIGS. **11A-11B**, FIGS. **12A-12B** and FIGS. **13A-13B** show components of other example swaddling. Each of the respective embodiments of FIGS. **8A-8D**, FIGS. **9A-9D**, FIGS. **10A-10B**, FIGS. **11A-11B**, and FIGS. **12A-12B** and FIGS. **13A-13B** is drawn so that the relative sizing of the components can be appreciated. Nevertheless, other practicable sizing can be used. The following description is directed to those components as well as methods for assembling or otherwise using the swaddling.

Again, it should be appreciated that the embodiments of FIGS. **8A-8D**, FIGS. **9A-9D**, FIGS. **10A-10B**, FIGS. **11A-11B**, FIGS. **12A-12B** and FIGS. **13A-13B** represent examples of suitable configurations, and the components can be resized and/or reconfigured as desired to produce a desired embodiment or effect. For example, the figures may show certain features on a left side or a right side of the swaddling. These features can be reversed in certain embodiments so that features are placed on the opposite side of the swaddling. In addition, these embodiments can incorporate features discussed elsewhere in this disclosure but not specifically repeated in this subsection, such as an infant head cover.

An example pouch **800** is shown in FIGS. **8A** and **8B**. As discussed above, pouch **800** can be made of a resilient soft material that maintains a comfortable pressure on a baby placed into the pouch **800**. Desirably, the material is selected to be soft, durable, hypoallergenic, and/or easily launderable with a standard washing machine and dryer. Example materials for can include stretch cotton, stretch polyester, stretch denim, stretch vinyl, and stretch velvet. A particularly suitable material comprises 92% polyester and 8% spandex jersey fabric. This material was found to be moisture wicking, which can reduce excess heat and thus the possibility of a swaddled infant overheating.

Although the embodiment is shown without a head cover, a head cover can be incorporated, if desired, as discussed herein. In addition, although the embodiment is shown with a blanket, the blanket can be omitted, if desired.

In at least one example method of positioning the pouch **800** on a baby, the first surface **801** of FIG. **8A** contacts the baby. For example, the baby can be placed on the first surface **801** such that the baby is approximately centered along a conceptual vertical centerline or placed generally offset (e.g., left-of-center) from the conceptual vertical centerline on the first surface **801**. The baby's back can contact the first surface **801**, and the baby's chest can face away from the first surface **801**. The baby's head and neck are proximal the top portion **802** of the first surface **801** and, preferably, extend beyond the top portion **801**. The baby's feet extend toward the lower portion **803** of the first surface **801**. To use the pouch **800**, a first side **805** of the first surface **801** is folded over the baby's chest. A second side **807** of the first surface **801** is folded over the first side **805**.

FIG. **8B** shows a second surface **813** of the pouch **800** opposite the first surface **801** depicted in FIG. **8A**. Line A-A shows the axis of rotation from FIG. **8A** to FIG. **8B**.

As discussed below, the configuration of FIGS. **8A** and **8B** can be advantageous because the configuration allows the pouch **800** size to be adjusted to accommodate an infant's growth to accommodate different sized infants.

Referring again to FIG. **8A**, the first surface **801** comprises first attachment **809**. As used herein, "attachment"



broadly refers to a single mechanism or plural mechanisms for attaching. In this example, the attachment **809** comprises a plurality of tabs of hook fabric and, more specifically, four tabs of hook fabric. However, a variety of suitable means for attaching **809** can be used. For example, the attachment **809** can comprise one or more of the following elements: loop fabric (plural rounds or tabs, a single strip, or other suitable configurations), hook fabric (plural rounds or tabs, a single strip, or other suitable configurations), one or more male halves of a snap fastener, one or more female halves of a snap fastener, a half of a zipper, one or more buttons, one or more button holes or rings, one or more strings, one or more ties, and equivalents thereof.

Referring now to FIG. **8B**, the second surface **813** comprises a plurality of second attachments **815**, **817**, **819** that are complementary with the first attachment **809**. The second attachments **815**, **817**, **819** are spaced laterally along the top portion **817** of the second surface **813**. In this example, the plurality of second attachments **815**, **817**, **819** are strips of loop fabric. Loop fabric is complementary with the hook fabric of the first attachment **809**. The compliance of other fastener types is generally known in the art.

After the second side **807** of the first surface **801** is folded over the first side **805**, as shown in FIG. **8A**, first attachment **809** will face the complementary second attachments **815**, **817**, **819** shown in FIG. **8B**. First attachment **809** (FIG. **8A**) can be removably attached to second attachment **815** (FIG. **8B**) to accommodate a large infant. First attachment **809** (FIG. **8A**) can be removably attached to second attachment **817** (FIG. **8B**) to accommodate a medium-sized infant. First attachment **809** (FIG. **8A**) can be removably attached to second attachment **819** (FIG. **8B**) to accommodate a small infant. It is also contemplated that different tabs of first attachment **811** (FIG. **8A**) can attach to different strips of second attachments **815**, **817**, **819** (FIG. **8B**). Certain embodiments include the realization that multiple second attachments spaced laterally along the second surface **813** can advantageously improve the adjustability of the pouch **800** size.

The example embodiment comprises three second attachments **815**, **817**, **819**. Nevertheless, more or fewer second attachments can be used. For example, one or more additional second attachments can be offset from (e.g., placed to the left of) second attachment **815** to accommodate even larger infants. One or more additional second attachments can be offset from (e.g., placed to the right of) second attachment **819** to accommodate even smaller infants. Fewer than three second attachments can be used to provide less adjustability in sizing. A single second attachment (e.g., only second attachment **817**) also can be used in certain embodiments. It should be appreciated that, although the configuration of FIGS. **8A** and **8B** may be preferred in certain embodiments, other configurations, including non-adjustable configurations and other variations, may be utilized in other embodiments as may be desired.

The configuration of FIGS. **8A** and **8B** also can be advantageous because the configuration allows the pouch **800** to be easily opened to allow a diaper to be changed or to take a rectal temperature.

For example, when first attachment **809** (FIG. **8A**) is removably attached to one or more of the second attachments **815**, **817**, **819** (FIG. **8B**), the lower portion **823** (FIG. **8B**) of the outward-facing second surface **813** (FIG. **8B**) is open, allowing access to the infant near the infant's feet or bottom. The size of the opening can be further increased by detaching a bottom one or two tabs of first attachment **809** (FIG. **8A**).

Closing access through the lower portion **823** can be desirable to keep the infant's feet warm and/or to minimize movement of the infant's feet. If desired, to close access through the lower portion **823** (FIG. **8B**), the lower portion **823** (FIG. **8B**) can be rolled, bunched, or otherwise gathered to enclose the lower portion of the infant's body. Third attachment **811** (FIG. **8A**) can be removably attached to one of the second attachments **815**, **817**, **819** (FIG. **8B**), as desired, to retain the gathered lower portion **823** (FIG. **8B**) in place. In the example embodiment of FIG. **8A**, third attachment **811** is laterally offset from first attachment **809**. This offset configuration can be desirable because it creates a tighter fit for the pouch proximal the infant's feet. Nevertheless, third attachment **811** can be inline with first attachment **809**, if desired. In at least one embodiment, third attachment **811** can be attached to a second attachment (e.g., second attachment **817** or **819**) to the right of whichever second attachment (e.g., second attachment **815** or **817**) is removably attached to first attachment **809**. This configuration creates an even tighter fit for the pouch **800** proximal the infant's feet. In this example, third attachment **811** (FIG. **8A**) comprises a tab of hook fabric. Nevertheless, another attachment that is complementary with the second attachments **815**, **817**, **819** (FIG. **8B**) can also be used. Alternatively, a complementary fourth attachment (not shown) can be incorporated on the second surface **813** (FIG. **8B**) of the pouch **800** to allow removable attachment with the third attachment **811** (FIG. **8A**).

To complete a swaddling, a blanket can be attached to the pouch **800**. An example blanket **829** is shown in FIGS. **8C** and **8D**. As discussed above, the blanket **829** can be made of a variety of materials. Desirably, the materials are selected to be soft, durable, hypoallergenic, and/or easily launderable with a standard washing machine and dryer. Example materials for can include wool, cotton, and nylon.

FIGS. **8C** and **8D** show yet another suitable shape for the blanket **829**. In FIG. **8C**, the upper edge **831** of the first blanket flap **833** and the upper edge **835** of the second blanket flap **837** are angled downward from the upper edge **839** of the pouch attachment area **841**, each in opposite directions. In addition, the lower edge **843** of the first blanket flap **833** and the lower edge **845** of second blanket flap **837** are angled upward from the lower edge **847** of the pouch attachment area **841**, each in opposite directions. Portions of the first blanket flap **833** and the second blanket flap **837** each form a generally trapezoidal shape, substantially centered around a conceptual lateral axis that is substantially centered between the upper edge **839** and the lower edge **847** of the pouch attachment area **841**.

It should be appreciated that, although the shape of the blanket **829** shown in FIGS. **8C** and **8D** may be preferred in certain embodiments, other configurations may be utilized in other embodiments as may be desired. For example, the general shapes shown in FIGS. **1** and **3-5** are suitable and can be incorporated as desired.

FIG. **8C** shows a first surface of the blanket **829**. The first surface of the blanket **829** (FIG. **8C**), in use, is an inward facing surface that faces the second surface **813** (FIG. **8B**) (that is, the outward-facing surface) of the pouch **800** (FIG. **8B**). The first surface of the blanket **829** comprises a pouch attachment area **841** where the pouch **800** (FIG. **8B**) is attached to the blanket **829**.

FIG. **8D** shows a second surface of the blanket **829** opposite the first surface depicted in FIG. **8C**. In use, the second surface of the blanket **829** faces outward. Line B-B shows the axis of rotation from FIG. **8C** to FIG. **8D**.



In the example embodiment of FIGS. 8C and 8D, the blanket 829 can be removably attached to the pouch (FIG. 8B). The pouch 800 (FIG. 8B) is placed in the pouch attachment area 841 (FIG. 8C). Attachment 849 (FIG. 8C) of the blanket 829 removably attaches to attachment 827 (FIG. 8B) of the pouch. Attachment 851 (FIG. 8C) of the blanket 829 removably attaches to attachment 825 (FIG. 8B) of the pouch. It can be desirable to position attachment 849 (FIG. 8C) and its complementary attachment 827 (FIG. 8B) near the front of the infant. This configuration can advantageously reduce movement of the blanket 829 in the area near the infant's neck and thereby reduce the possibility of unsafe bunching of the blanket 829 around the infant's neck or mouth. In the example of FIG. 8C, attachments 849, 851 are tabs of hook fabric. In the example of FIG. 8B, complementary attachments 825, 827 are tabs of loop fabric. However, any suitable attachment means can be used for attachments 849, 827 and 851, 825. Furthermore, more or fewer than two attachment pairs can be used to removably attach the blanket 829 (FIG. 8C) to the pouch 800 (FIG. 8B). For example, one attachment pair (e.g., attachment pair 849, 827) can be suitable. As another example, three or four attachment pairs may provide a more secure connection between the blanket 829 (FIG. 8C) and the pouch 800 (FIG. 8B) and/or minimize bunching of the blanket 829. It should be appreciated that, although the configuration of FIGS. 8B and 8C may be preferred in certain embodiments, other configurations may be utilized in other embodiments as may be desired.

The blanket 829 can be wrapped around the infant. In the embodiment of FIGS. 8B and 8C, the blanket 829 is sized so that it does not necessarily wrap multiple times around the infant. This configuration includes the realization that a blanket that does not wrap multiple times around the infant can be quickly wrapped while reducing the need to move the infant. Nevertheless, it should be appreciated that, although the configuration of FIGS. 8C and 8D may be preferred in certain embodiments, other configurations may be utilized in other embodiments as may be desired. For example, a fuller wrap as show in FIG. 7 can be incorporated as desired.

FIG. 8D shows the surface of the blanket 829 that faces outward when the blanket 829 is to be wrapped around the infant. In this example, first blanket flap 833 is draped or otherwise wrapped over the front of the infant. Second blanket flap 837 is wrapped such that it crosses over first blanket flap 833 on the infant. Second blanket flap 837 is bunched and passed through loop 851. Loop 851 holds second blanket flap 837 in place around the infant. In this example, loop 851 is an elastic loop that is sewn on the blanket 829 to fix it to the blanket 829. However a variety of different techniques can be used to hold second blanket flap 837 in place around the infant. For example, second blanket flap 837 and the outward facing surface of the blanket 829 can use suitable attachment means to hold the second blanket flap 837 in place around the infant. Numerous attachment means have been discussed above and are incorporated in this discussion by reference.

FIGS. 9A-9D show example components of another swaddling embodiment. In this embodiment, the blanket 829 (FIGS. 9C and 9D) is fixed to pouch 800 (FIGS. 9A and 9B). Specifically, the blanket 829 (FIGS. 9C and 9D) is fixed to pouch 800 (FIGS. 9A and 9B) with a sewn seam.

The configuration of the first surface 801 of pouch 800 in FIG. 9A is generally the same as the configuration of FIG. 8A. The foregoing discussion of the first surface of the pouch 800 is incorporated by reference.

The configuration of the second surface of the pouch 800 in FIG. 9B is similar to the configuration of FIG. 8B. The foregoing discussion of the second surface of the pouch 800 is also incorporated by reference. A difference between the second surface 813 shown in FIG. 8B and the second surface 813 shown in FIG. 9B is that, in FIG. 9B, attachment 825 (FIG. 8B) is replaced with seam 901 (FIG. 9B). Seam 901 (FIG. 9B) is a sewn seam that fixes the pouch 800 to the blanket (not shown in FIG. 9B), as discussed below.

To complete a swaddling, a blanket can be attached to the pouch 800. Nevertheless, as discussed above, the blanket can be omitted, if desired, in certain embodiments. An example blanket 829 is shown in FIGS. 9C and 9D. These figures show a shape for the blanket 829 that is similar to the shape shown in FIG. 3.

FIG. 9C shows a first surface of the blanket 829. The first surface of the blanket 829, in use, is an inward facing surface that faces the second surface 813 (that is, the outward-facing surface) of the pouch 800 (FIG. 9B). Seam 903 (FIG. 9C) corresponds to seam 901 (FIG. 9B). Together, seams 901, 903 fix the pouch 800 (FIG. 8B) to the blanket 829 (FIG. 9C).

FIG. 9D shows a second surface of the blanket 829 opposite the first surface depicted in FIG. 9C. In use, the second surface of the blanket 829 faces outward. Line B-B shows the axis of rotation from FIG. 9C to FIG. 9D.

In the example embodiment of FIGS. 9C and 9D, attachment 849 (FIG. 9C) of the blanket 829 removably attaches to attachment 827 (FIG. 9B) of the pouch. Here, attachment 849 is a tab of hook fabric, and attachment 827 is a tab of loop fabric. However, any suitable attachment means can be used for the attachments 849, 827. Attachments 849, 827 can advantageously provide guidance on placement of the blanket 829 and/or reduce the possibility of the blanket 829 slipping from its desired placement. Furthermore, more or fewer than one attachment pair can be used to removably attach the blanket 829 (FIG. 9C) to the pouch 800 (FIG. 9B). For example, the attachments can be omitted. As another example, two or three attachment pairs can provide a more secure connection between the blanket 829 (FIG. 9C) and the pouch 800 (FIG. 9B). It should be appreciated that, although the configuration of FIGS. 9B and 9C may be preferred in certain embodiments, other configurations may be utilized in other embodiments as may be desired.

The blanket 829 can be wrapped around the infant. FIG. 9D shows the surface of the blanket 829 that faces outward when the blanket 829 is to be wrapped around the infant. In this example, first blanket flap 833 is draped or otherwise wrapped over the front of the infant. Second blanket flap 837 is wrapped such that it crosses over first blanket flap 833 and wraps around the infant. Second blanket flap 837 is bunched and passed through loop 851. Loop 851 holds second blanket flap 837 in place around the infant. It was discovered that loop 851 can also advantageously reduce the possibility of the blanket 829 creeping during use and bunching around the neck. In this example, loop 851 is an elastic loop that is sewn on the blanket 829 to secure it in place. However a variety of different techniques can be used to hold second blanket flap 837 in place around the infant. For example, second blanket flap 837 and the outward facing surface of the blanket 829 can use suitable attachment means to hold the second blanket flap 837 in place around the infant. Suitable attachment means are described in this disclosure and are incorporated in this discussion by reference.

FIGS. 10A-10B show another example swaddling embodiment. This example includes a pouch 800. Although



the embodiment is shown without a blanket or a head cover, a blanket and/or a head cover can be incorporated, if desired, as discussed herein.

As shown in FIGS. 10A-10B, the pouch opens to lay flat. In at least one example method of positioning the pouch **800** on a baby, the first surface **801** of FIG. 10A contacts the baby. For example, the baby can be placed on the first surface **801** such that the baby is placed generally offset (e.g., left-of-center) from the conceptual vertical centerline on the first surface **801**. The baby's back can contact the first surface **801**, and the baby's chest can face away from the first surface **801**.

In FIG. 10A, the top portion **802** includes a first sloped section **820**, an upper section **830**, a second sloped section **840**, and a lower section **850**. Lower section **850** comprises an upper edge that is spaced apart from the upper edge of upper section **830**. At least a portion of an upper edge of lower section **850** is closer to the conceptual horizontal center line of pouch **800** than an upper edge of the upper section **830**. In this example, the upper edge of upper section **830** is generally horizontal. The upper edge of lower section **850** can be generally horizontal, as shown in the example of FIG. 10A. Nevertheless, other configurations of upper section **830** and lower section **850**, including shaped and sloped configurations, are also contemplated.

Also in the example of FIG. 10A, each of the junctions between (1) the side edge of second side **807** and the upper edge of first sloped section **820**, (2) the upper edge of first sloped section **820** and the upper edge of upper section **830**, (3) the upper edge of upper section **830** and the upper edge of second sloped section **840**, (4) the upper edge of second sloped section **840** and the upper edge of lower section **850**, (5) the upper edge of lower section **850** and side edge of first side **805**, (6) the side edge of first side **805** and the lower edge of lower portion **803**, and (7) the lower edge of lower portion **803** and the side edge of second side **807** comprise fillets **860**. As used, herein, the term fillet refers to a rounded interior or exterior corner and includes, without limitation, convex and concave junctions. Nevertheless, straight angled corners are also suitable and are contemplated in certain embodiments for any or all of the foregoing junctions.

The upper edge of first sloped section **820** extends between and slopes upward from the side edge of second side **807** to the upper edge of upper section **830**. In certain embodiments, the angle between the upper edge of first sloped section **820** and the upper edge of upper section **830** is an obtuse angle, such as about 140° and for example 136°. The upper (or outer) edge of first sloped section **820** also can be a generally vertical line, such that the slope= $\infty$  or the slope $\approx\infty$ .

The upper edge of second sloped section **840** extends between and slopes downward from the upper edge of upper section **830** to the upper edge of lower section **850**. In certain embodiments, the angle between the upper edge of second sloped section **840** and the upper edge of upper section **830** is an obtuse angle, such as about 160° and for example 161°. The upper (or outer) edge of second sloped section **840** also can be a generally vertical line, such that the slope= $\infty$  or the slope $\approx\infty$ .

Desirably, the nape of the baby's neck is proximal the top portion **802** of the first surface **801** near upper section **830**. Preferably, the baby's head extends beyond the top portion **802** at upper section **830**. The baby's feet extend toward the lower portion **803** of the first surface **801**. To use the pouch **800**, a first side **805** of the first surface **801** is folded over the baby's chest such that the lower section **850** of the top portion **802** is positioned under the baby's chin region. A

second side **807** of the first surface **801** is folded over the first side **805**. First sloped section **820** is positioned under the baby's chin region when in use. Certain embodiments include the realization that incorporating the upper section **830**, lower section **850**, and first sloped section **820** can help keep the nape of the baby's neck warm and secure while keeping the baby's mouth and/or nose clear of fabric.

FIG. 10B shows a second surface **813** of the pouch **800** opposite the first surface **801** depicted in FIG. 10A. Line A-A shows the axis of rotation from FIG. 10A to FIG. 10B.

As discussed below, the configuration of FIGS. 10A and 10B can be advantageous because the configuration allows the pouch **800** size to be adjusted to accommodate an infant's growth to accommodate different sized infants.

Referring again to FIG. 10A, the first surface **801** comprises first attachment **809**. As used herein, "attachment" broadly refers to a single mechanism or plural elements for attaching. In this example, the first attachment **809** comprises a plurality of rounds of hook fabric and, more specifically, four rounds of hook fabric. However, a variety of suitable first attachment **809** elements can be used. Moreover, first attachment **809** can comprise more or fewer elements. For example, the first attachment **809** can comprise one or more of the following means for attaching: loop fabric (a single or plural rounds or tabs, a single or plural strips, or other suitable elements or configurations), hook fabric (a single or plural rounds or tabs, a single or plural strips, or other suitable elements or configurations), one or more male halves of a snap fastener, one or more female halves of a snap fastener, a half of a zipper, one or more buttons, one or more button holes or rings, one or more strings, one or more ties, and equivalents thereof.

In this example, two first attachment **809** elements are near the upper edge of first sloped section **820**, and two first attachment **809** elements are near the side edge of second side **807**. Nevertheless, other positions are contemplated. For example, all elements can be positioned near the side edge of second side **807**. One element can be positioned near the upper edge of the first sloped section **820** and another element can be positioned near the side edge of second side **807**. Other configurations are possible.

Referring now to FIG. 10B, the second surface **813** comprises a second attachment **815** that is complementary with the first attachment **809**. In this example, the first attachment **815** comprises a plurality of elongated tabs of loop fabric and, more specifically, three elongated tabs of loop fabric. Preferably, the corners of the elongated tabs are filleted to reduce the possibility of the baby contacting sharp corners. The plural tabs of the second attachment **815** are spaced vertically along the second surface **813**. The loop fabric of the second attachment **815** is complementary with the hook fabric of the first attachment **809**. The compliance of other fastener types is generally known in the art.

After the second side **807** of the first surface **801** is folded over the first side **805**, as shown in FIG. 10A, first attachment **809** will face the complementary second attachment **815** shown in FIG. 10B. The top two rounds of the first attachment **809** (FIG. 10A) can be removably attached to the top tab of the second attachment **815** (FIG. 10B). Certain embodiments include the realization that plural first attachment **809** elements provide extra positionability and reinforcement when joining the first attachment **809** (FIG. 10A) to the second attachment **815** (FIG. 10B) near the top portion **802** (FIG. 10A) to help ensure the baby's mouth and/or nose is clear of fabric. The third round from the top of the first attachment **809** (FIG. 10A) can be removably attached to the middle tab of the second attachment **815** (FIG. 10B) The



bottom round of the first attachment **809** (FIG. 10A) can be removably attached to the bottom tab of the second attachment **815** (FIG. 10B).

Certain embodiments include the realization that the laterally elongated tabs of the second attachment **815** (FIG. 10B) can advantageously improve the adjustability of the pouch **800** size. In addition, certain embodiments include the realization that elongated tabs having a much larger size than the rounds can further improve adjustability. Specifically, the elongated shapes of the tabs of the second attachment **815** (FIG. 10B) can allow the first attachment **809** (FIG. 10A) to be suitably joined at various positions to securely accommodate different sized infants.

In various embodiments, the maximum lateral length of a member of the second attachment **815** is at least 2 (or at least about 2), at least 3 (or at least about 3), at least 4 (or at least about 4), or at least 5 (or at least about 5) times longer than the maximum lateral length of a member of the first attachment **809**. For example, the maximum lateral length of a member of the second attachment **815** can be 6 in (or about 6 in) (15 cm (or about 15 cm)). The maximum lateral length of a member of the first attachment **809** can be 1.5 in (or about 1.5 in) (3.75 cm (or about 3.75 cm)).

The maximum vertical length of a member of the second attachment **815** can be at least 1.25 (or at least about 1.25), at least 1.5 (or at least about 1.5), at least 2 (or at least about 2), or at least 3 (or at least about 3) times longer than the maximum vertical length of a member of the first attachment **809**. For example, the maximum vertical length of a member of the second attachment **815** can be 3 in (or about 3 in) (7.5 cm (or about 7.5 cm)). The maximum vertical length of a member of the first attachment **809** can be 1.5 in (or about 1.5 in) (3.75 cm (or about 3.75 cm)).

The surface area of a member of the second attachment **815** can be at least 6 times (or at least about 6 times), at least 8 times (or at least about 8 times), at least 10 times (or at least about 10 times), or at least 12 times (or at least about 12 times) larger than the surface area of a member of the first attachment **809**. For example, the surface area of a member of the second attachment **815** can be 18 in<sup>2</sup> (or about 18 in<sup>2</sup>) (116 cm<sup>2</sup> (or about 116 cm<sup>2</sup>)). The surface area of a member of the first attachment **815** can be 1.77 in<sup>2</sup> (or about 1.77 in<sup>2</sup>) (11.4 cm<sup>2</sup> (or about 11.4 cm<sup>2</sup>)).

The foregoing dimensions are provided as examples of suitable configurations. Other dimensions are possible and are within the scope of the invention.

The configuration of FIGS. 10A and 10B also can be advantageous because the configuration allows the pouch **800** to be easily opened to allow a diaper to be changed or to take a rectal temperature.

For example, when first attachment **809** (FIG. 10A) is removably attached to second attachment **815** (FIG. 10B), the lower portion **823** (FIG. 10B) of the outward-facing second surface **813** (FIG. 10B) is open, allowing access to the infant near the infant's feet or bottom. The size of the opening can be further increased by detaching a bottom one or two tabs of first attachment **809** (FIG. 10A).

If desired, to close access through the lower portion **823** (FIG. 10B), the lower portion **823** can be gathered and passed through loop **1001**. It was discovered that loop **1001** can also advantageously reduce the possibility of the lower portion **823** of the pouch **800** creeping during use. In this example, loop **1001** is an elastic loop that is sewn on the second surface **813** to secure it in place. However a variety of suitable retainers can be used to hold the lower portion **823** in place. For example, a compression clip or magnetic closure can be used in place of or in conjunction with loop

**1001**. Other suitable attachment means and techniques are described in this disclosure and are incorporated in this discussion by reference.

FIGS. 11A-11B show another example swaddling embodiment. This example includes a pouch **800**. Although the embodiment is shown without a blanket or a head cover, a blanket and/or a head cover can be incorporated, if desired, as discussed herein.

As shown in FIGS. 11A-11B, the pouch opens to lay flat. In at least one example method of positioning the pouch **800** on a baby, the first surface **801** of FIG. 11A contacts the baby. For example, the baby can be placed on the first surface **801** such that the baby is placed generally in line with the conceptual vertical centerline on the first surface **801**. The baby's back can contact the first surface **801**, and the baby's chest can face away from the first surface **801**.

In FIG. 11A, the top portion **802** includes a first lower section **870**, a first sloped section **820**, an upper section **830**, a second sloped section **840**, and a second lower section **880**. At least a portion of an upper edge of upper section **830** is farther from the conceptual horizontal center line of pouch **800** than an upper edge of the first lower section **870** or second lower section **880**. In this example, the upper edge of upper section **830** is generally horizontal, the upper edge of first lower section **870** slopes upward from the side edge of second side **807** to the upper edge of first sloped section **820**, and the upper edge of second lower section **880** slopes upward from the side edge of first side **805** to the upper edge of second sloped section **840**. Nevertheless, other configurations, including shaped configurations, are also contemplated.

Also in the example of FIG. 11A, each of the junctions between (1) the side edge of second side **807** and the upper edge of first lower section **870**, (2) the upper edge of first lower section **870** and the upper edge of first sloped section **820**, (3) the upper edge of first sloped section **820** and the upper edge of upper section **830**, (4) the upper edge of first sloped section **820** and the upper edge of second sloped section **840**, (5) the upper edge of second sloped section **840** and upper edge of second lower section **880**, (6) the upper edge of second lower section **880** and the side edge of first side **805**, (7) the side edge of first side **805** and the lower edge of lower portion **803**, and (8) the lower edge of lower portion **803** and the side edge of second side **807** comprise fillets **860**. Nevertheless, straight angled corners are also suitable and are contemplated in certain embodiments for any or all of the foregoing junctions.

In this example, the upper edge of first lower section **870** extends between and slopes upward from the side edge of second side **807** to the upper edge of first sloped section **820**. In certain embodiments, the angle between the upper edge of first lower section **870** and the upper edge of first sloped section **820** is an obtuse angle, such as about 160° and for example 161°. Nevertheless, other configurations are contemplated. For example, the upper (or outer) edge of first lower section **870** also can be a generally horizontal line extending from the side edge of second side **807** to the upper edge of first sloped section **820**, such that the slope=0 or the slope≈0. Also in this example, the upper edge of first sloped section **820** extends between and slopes upward from the upper edge of first lower section **870** to the upper edge of upper section **830**. In certain embodiments, the angle between the upper edge of first sloped section **820** and the upper edge of upper section **830** is an obtuse angle, such as about 150° and for example 153°. The upper (or outer) edge of first sloped section **820** also can be a generally vertical line, such that the slope=∞ or the slope≈∞.



Also in this example, the upper edge of second sloped section **840** extends between and slopes downward from the upper edge of upper section **830** to the upper edge of second lower section **880**. In certain embodiments, the angle between the upper edge of second sloped section **840** and the upper edge of upper section **830** is an obtuse angle, such as about  $150^\circ$  and for example  $153^\circ$ . The upper (or outer) edge of second sloped section **840** also can be a generally vertical line, such that the slope= $\infty$  or the slope= $\approx\infty$ . Also in this example, the upper edge of second lower section **880** extends between and slopes downward from the upper edge of second sloped section **840** to the side edge of first side **805**. In certain embodiments, the angle between the upper edge of second lower section **880** and the upper edge of second sloped section **840** is an obtuse angle, such as about  $160^\circ$  and for example  $161^\circ$ . Nevertheless, other configurations are contemplated. For example, the upper (or outer) edge of second lower section **880** also can be a generally horizontal line extending from the upper edge of second sloped section **840** to the side edge of first side **805**, such that the slope= $0$  or the slope= $\approx 0$ .

Desirably, the nape of the baby's neck is proximal the top portion **802** of the first surface **801** near upper section **830**. Preferably, the baby's head extends beyond the top portion **802** at upper section **830**. The baby's feet extend toward the lower portion **803** of the first surface **801**. To use the pouch **800**, a first side **805** of the first surface **801** is folded over the baby's chest such that at least a portion of the upper edge of second lower section **880** is positioned under the baby's chin region. Optionally, at least a portion of the upper edge of the second lower section **880** can be positioned over the baby's shoulder. A second side **807** of the first surface **801** is folded over the first side **805**. At least a portion of first lower section **870** is also positioned under the baby's chin region when in use. Optionally, at least a portion of the upper edge of the first lower section **870** can be positioned over the baby's opposite shoulder. Certain embodiments include the realization that the foregoing configuration can help keep the nape of the baby's neck warm and secure while keeping the baby's mouth and/or nose clear of fabric.

FIG. **11B** shows a second surface **813** of the pouch **800** opposite the first surface **801** depicted in FIG. **11A**. Line A-A shows the axis of rotation from FIG. **11A** to FIG. **11B**.

As discussed below, the configuration of FIGS. **11A** and **11B** can be advantageous because the configuration allows the pouch **800** size to be adjusted to accommodate an infant's growth to accommodate different sized infants.

Referring again to FIG. **11A**, the first surface **801** comprises first attachment **809**. In this example, the first attachment **809** comprises a plurality of rounds of hook fabric and, more specifically, four rounds of hook fabric. However, a variety of suitable first attachment **809** elements can be used. Moreover, first attachment **809** can comprise more or fewer elements. For example, the first attachment **809** can comprise one or more of the following means for attaching: loop fabric (a single or plural rounds or tabs, a single or plural strips, or other suitable elements or configurations), hook fabric (a single or plural rounds or tabs, a single or plural strips, or other suitable elements or configurations), one or male halves of a snap fastener, one or more female halves of a snap fastener, a half of a zipper, one or more buttons, one or more button holes or rings, one or more strings, one or more ties, and equivalents thereof. In this example, one element is near the fillet **860** forming the junction between the side edge of the second side **807** and the upper edge of the first lower section **870**, and three elements are near the side edge of second side **807**. Nevertheless, other positions

are contemplated. For example, all elements can be positioned near the side edge of second side **807**. Plural elements can be positioned near the fillet **860** forming the junction between the side edge of the second side **807** and the upper edge of the first lower section **870**. Other configurations are possible.

Referring still to FIG. **11B**, the second surface **813** comprises a second attachment **815** that is complementary with the first attachment **809**. In this example, the first attachment **815** comprises a plurality of elongated tabs of loop fabric and, more specifically, three elongated tabs of loop fabric. Preferably, the corners of the elongated tabs are filleted to reduce the possibility of the baby contacting sharp corners. The plural tabs of the second attachment **815** are spaced vertically along the second surface **813**. The loop fabric of the second attachment **815** is complementary with the hook fabric of the first attachment **809**. The compliance of other fastener types is generally known in the art.

After the second side **807** of the first surface **801** is folded over the first side **805**, as shown in FIG. **11A**, first attachment **809** will face the complementary second attachment **815** shown in FIG. **11B**. The top two elements of the first attachment **809** (FIG. **11A**) can be removably attached to the top tab of the second attachment **815** (FIG. **11B**). Certain embodiments include the realization that plural elements provide extra positionability and reinforcement when joining the first attachment **809** (FIG. **11A**) to the second attachment **815** (FIG. **11B**) near the top portion **802** (FIG. **11A**) to help ensure the baby's mouth and/or nose is clear of fabric. The third element from the top of the first attachment **809** (FIG. **11A**) can be removably attached to the middle tab of the second attachment **815** (FIG. **11B**). The bottom element of the first attachment **809** (FIG. **11A**) can be removably attached to the bottom tab of the second attachment **815** (FIG. **11B**).

Certain embodiments include the realization that the laterally elongated tabs of the second attachment **815** (FIG. **11B**) can advantageously improve the adjustability of the pouch **800** size. In addition, certain embodiments include the realization that elongated tabs having a much larger size than the element can further improve adjustability. Specifically, the elongated shapes of the tabs of the second attachment **815** (FIG. **11B**) can allow the first attachment **809** (FIG. **11A**) to be suitably joined at various positions to securely accommodate different sized infants.

In various embodiments, the maximum lateral length of a member of the second attachment **815** is at least 2 (or at least about 2), at least 3 (or at least about 3), at least 4 (or at least about 4), or at least 5 (or at least about 5) times longer than the maximum lateral length of a member of the first attachment **809**. For example, the maximum lateral length of a member of the second attachment **815** can be 6 in (or about 6 in) (15 cm (or about 15 cm)). The maximum lateral length of a member of the first attachment **809** can be 1.5 in (or about 1.5 in) (3.75 cm (or about 3.75 cm)).

The maximum vertical length of a member of the second attachment **815** can be at least 1.25 (or at least about 1.25), at least 1.5 (or at least about 1.5), at least 2 (or at least about 2), or at least 3 (or at least about 3) times longer than the maximum vertical length of a member of the first attachment **809**. For example, the maximum vertical length of a member of the second attachment **815** can be 3 in (or about 3 in) (7.5 cm (or about 7.5 cm)). The maximum vertical length of a member of the first attachment **809** can be 1.5 in (or about 1.5 in) (3.75 cm (or about 3.75 cm)).

The surface area of a member of the second attachment **815** can be at least 6 times (or at least about 6 times), at least



8 times (or at least about 8 times), at least 10 times (or at least about 10 times), or at least 12 times (or at least about 12 times) larger than the surface area of a member of the first attachment **809**. For example, the surface area of a member of the second attachment **815** can be 18 in<sup>2</sup> (or about 18 in<sup>2</sup>) (116 cm<sup>2</sup> (or about 116 cm<sup>2</sup>)). The surface area of a member of the first attachment **815** can be 1.77 in<sup>2</sup> (or about 1.77 in<sup>2</sup>) (11.4 cm<sup>2</sup> (or about 11.4 cm<sup>2</sup>)).

The foregoing dimensions are provided as examples of suitable configurations. Other dimensions are possible and are within the scope of the invention.

It should be appreciated that, although the configuration of FIGS. **11A** and **11B** may be preferred in certain embodiments, other configurations, including other variations discussed herein, may be utilized in other embodiments as may be desired.

The configuration of FIGS. **11A** and **11B** also can be advantageous because the configuration allows the pouch **800** to be easily opened to allow a diaper to be changed or to take a rectal temperature.

For example, when first attachment **809** (FIG. **11A**) is removably attached to second attachment **815** (FIG. **11B**), the lower portion **823** (FIG. **11B**) of the outward-facing second surface **813** (FIG. **11B**) is open, allowing access to the infant near the infant's feet or bottom. The size of the opening can be further increased by detaching a bottom one or two tabs of first attachment **809** (FIG. **11A**).

If desired, to close access through the lower portion **823** (FIG. **11B**), the lower portion **823** can be gathered upwards passed through loop **1001**. It was discovered that loop **1001** can also advantageously reduce the possibility of the lower portion **823** of the pouch **800** creeping during use. In this example, loop **1001** is an elastic loop that is sewn on the second surface **813** to secure it in place. However a variety of suitable retainers can be used to hold the lower portion **823** in place. For example, a compression clip or magnetic closure can be used in place of or in conjunction with loop **1001**. Other suitable attachment means and techniques are described in this disclosure and are incorporated in this discussion by reference.

FIGS. **12A-13B** illustrate additional embodiments of infant swaddling **900**. Features of the infant swaddling **900** function in the same or similar manner as those of the infant swaddling **800** of FIGS. **8A-11B**. Accordingly, features of the infant swaddling **900** can be incorporated into features of the infant swaddling **800** and features of the infant swaddling **800** can be incorporated into features of the infant swaddling **900**. Reference numerals for the same or similar features of the infant swaddling **800**, **900** share the same last two digits.

Desirably, the material of the infant swaddling is selected to be soft, durable, hypoallergenic, and/or easily launderable with a standard washing machine and dryer. The materials are moisture wicking, which can reduce excess heat, and thus the possibility of a swaddled infant overheating, and can keep the infant skin dry. A non-limiting example of the materials of the infant swaddling **900** is polyester fibers. In some embodiments, the polyester fibers are uncoated so that the moisture-wicking property of the materials is substantially mechanical. Specifically, the moisture-wicking property of the material is due substantially to one or more of twist of the polyester fibers, sizes of gaps formed in a woven pattern of the polyester fibers, or how the fibers are woven. Wicking occurs when fibers channel moisture along the gaps through "capillary action," pulling the moisture to the fabric surface facing away from the infant to promote evaporation at the surface.

In some embodiments, a surface drying time of the material of the infant swaddling can be measured. Under controlled temperature, humidity, and wind condition, distilled water drops can be placed on the material. A surface drying time of the material of the infant swaddling can be measured from a time point when the distilled water is dropped onto the material to a time point when the surface of the fabric is dry. For example, a piece of tissue with water-absorbing property can be pressed onto a surface of the material of the infant swaddling periodically to determine if the surface of the material is dry. The surface of the material is dry when the piece of tissue no longer absorbs any moisture.

In some embodiments, when the room temperature is between about 70 to about 80 degrees Fahrenheit (about 21 to about 27 degrees Celsius) and the relative humidity is between 30% and 70%, a piece of the fabric of the infant swaddling (for example, with a surface area are of about 4"x4" (about 10 cmx10 cm)) can dry in less than about 50 seconds after having absorbed about 2-5 ml of liquid. In some embodiments, under similar room temperature and relative humidity, the same piece of fabric can dry in less than about 40 seconds after having absorbed about 2-5 ml of liquid.

In another embodiment, the woven material of the baby swaddling that has moisture wicking capabilities that are substantially mechanical in nature can also be treated with one or more chemicals to prevent moisture from soaking into the fabric to further enhance the moisture-wicking property of the fabric. In this embodiment, the material has both mechanical and chemical moisture-wicking properties.

In addition, the materials of the infant swaddling allow for small movements of the infant inside the swaddling when the swaddling is maintained in place on the infant. In some embodiments, the woven material can include both fibers to provide rapid moisture-wicking and spandex (sold under the trademark LYCRA® or other brand names) to provide stretchability to the fabric. The weight percentage of the polyester fibers can be about 80% to about 95%. The weight percentage of the spandex fibers can be about 5% to about 15%. In one embodiment, the material of the infant swaddling **900** comprises 92% polyester and 8% spandex jersey fabric. In another embodiment, the material of the infant swaddling **900** comprises 87% polyester and 13% spandex jersey fabric.

Referring again to FIGS. **12A** and **13A**, the first surface **901** comprises one or more first attachment **909**. The first attachment **909** can function in the same or substantially the same manner as the first attachment **809** of FIGS. **8A-12B**. As shown in FIGS. **12A** and **13A**, the first attachment **909** are substantially rectangular in shape, with the longer and vertical side aligned substantially along a second side **907** of the infant swaddling **900** that is opposite a first side **905**. In some embodiments, the vertical side can have a length of at least about 2" (about 5 cm). In other embodiments, the vertical side can have a length of at least about 3" (7.6 cm). In some embodiments, the shorter side of the first attachment **909** can have a length of at least about 1" (about 2.5 cm). In other embodiments, the vertical side can have a length of at least about 2" (5 cm). In one embodiment, the first attachment has a dimension of about 3" (7.6 cm)xabout 1.5" (3.8 cm). Three of the first attachments **909** are shown in FIGS. **12A** and **13A**.

Referring to FIGS. **12B** and **13B**, the second surface **913** comprises one or more second attachments **915** that are complementary with the first attachment **909**. The second attachment **915** functions in the same or substantially same



manner as the second attachment **815** described herein. As shown in broken lines in FIGS. **12A** and **13A**, three of the second attachments **915** are aligned with the three first attachments **909** on the first surface **901**. The second attachments **915** are substantially rectangular in shape with the shorter and vertical side being substantially aligned with the first side **905**, and the longer and horizontal side being transverse to the first side **905**. The shorter side of the second attachments **915** can have substantially the same length as the longer side of the first attachments **909** to maximize contact area between the first and second attachments **909**, **915**. In some embodiments, the shorter side of the second attachments **915** can have a length of at least about 2" (about 5 cm). In other embodiments, the shorter side of the second attachments **915** can have a length of at least about 3" (7.6 cm). The longer side of the second attachments **915** can be a few times longer than the shorter side of the first attachments **909**. For example, the longer side of the second attachments **915** can be about 4 times to 8 times the length of the shorter side of the first attachments **909**. In some embodiments, the longer side of the second attachments **915** can have a length of at least about 4" (about 10 cm). In other embodiments, the longer side can have a length of at least about 9" (22.9 cm). In other embodiments, the longer side can have a length of at least about 12" (30.5 cm). In one embodiment, the second attachments **915** can have a dimension of about 9" (22.9 cm)×3" (7.6 cm). This configuration advantageously allow the tightness of the swaddling **900** to be adjustable depending on infant sizes, and allowing the same swaddling **900** to be used throughout different stages of the infant's growth without having to upgrade to a larger-sized swaddling. A skilled artisan will recognize that each first and/or second attachment can be of different sizes and a variety of size, shape, and/or number of the first and/or second attachments can be used without departure from the scope of this disclosure.

Use of the swaddling **900** will now be described. A longitudinal axis A-A can be defined along the first side **905**. After the second side **907** of the first surface **901** is folded over the first side **905** and rotated about the longitudinal axis A-A, the first attachments **909** will face the complementary second attachments **915**. In some embodiments, each of the first attachments **909** can be removably attached to each of the second attachments **915** aligned with the particular first attachment **909**. In other embodiments, at least some of the first attachment **909** can be removably attached to the second attachments **915** that are offset from the particular first attachment **909**.

If desired, to close access through a lower portion **923** (FIGS. **12B** and **13B**), the lower portion **923** can be gathered upwards and passed through a retainer **1301**. The retainer **1301** functions in the same manner as the loop **1001** and can advantageously reduce the possibility of the lower portion **923** of the swaddling **900** creeping during use. In this example, the retainer **1301** is an elastic loop that is sewn on the second surface **913** to secure it in place. FIG. **12B** shows the retainer **1301** sewn close to the second side **907**. FIG. **13B** shows the retainer **1301** sewn on the second surface **913** at a location that is more interior than the second side **907**, thereby advantageously allowing the retainer **1301** to be more firmly secured to the swaddling **900**. A skilled artisan will appreciate that a variety of suitable retainers can be used to hold the lower portion **923** in place. For example, a compression clip or magnetic closure can be used in place of or in conjunction with the retainer **1301**. Other suitable

attachment means and techniques are described in this disclosure and are incorporated in this discussion by reference.

The foregoing description of the invention includes preferred forms thereof. Modifications may be made thereto without departing from the scope of the invention. To those skilled in the art to which the invention relates, many changes in construction and widely differing embodiments and applications of the invention will suggest themselves without departing from the scope of the invention as defined in the appended claims. The disclosures and the descriptions herein are purely illustrative and are not intended to be in any sense limiting.

Through the description and the claims, the terms "comprises," "comprising," and the like are to be construed in an inclusive sense, that is, in the sense of "including but not limited to," unless the context clearly requires otherwise.

Although the invention has been described by way of example and with reference to possible embodiments thereof, it is to be understood that modifications or improvements may be made thereto without departing from the spirit and scope of the invention and without diminishing its attendant advantages. Furthermore, where reference has been made to specific components or integers of the invention having known equivalents, such equivalents are herein incorporated as if individually set forth.

Any discussion of the prior art throughout the specification should in no way be considered as an admission that such prior art is widely known or forms part of the common general knowledge in the field anywhere in the world.

Conditional language, such as "can," "could," "might," or "may," unless specifically stated otherwise, or otherwise understood within the context as used, is generally intended to convey that certain embodiments include, while other embodiments do not include, certain features, elements, and/or steps. Thus, such conditional language is not generally intended to imply that features, elements, and/or steps are in any way required for one or more embodiments or that one or more embodiments necessarily include logic for deciding, with or without user input or prompting, whether these features, elements, and/or steps are included or are to be performed in any particular embodiment.

Conjunctive language such as the phrase "at least one of X, Y, and Z," unless specifically stated otherwise, is otherwise understood with the context as used in general to convey that an item, term, etc. may be either X, Y, or Z. Thus, such conjunctive language is not generally intended to imply that certain embodiments require the presence of at least one of X, at least one of Y, and at least one of Z.

Language of degree used herein, such as the terms "approximately," "about," "generally," and "substantially" as used herein represent a value, amount, or characteristic close to the stated value, amount, or characteristic that still performs a desired function or achieves a desired result. For example, the terms "approximately," "about," "generally," and "substantially" may refer to an amount that is within less than 10% of, within less than 5% of, within less than 1% of, within less than 0.1% of, and within less than 0.01% of the stated amount. As another example, in certain embodiments, the terms "generally parallel" and "substantially parallel" refer to a value, amount, or characteristic that departs from exactly parallel by less than or equal to 15 degrees, 10 degrees, 5 degrees, 3 degrees, 1 degree, 0.1 degree, or otherwise.



What is claimed is:

**1.** Infant swaddling comprising:

a sheet made of a resilient, moisture-wicking material that maintains pressure on an infant and reduces excess moisture within the sheet when in use, the sheet configured to open to lay flat and defined by an outward-facing surface that, when the infant is placed on the sheet, faces away from the infant and an inner-facing surface that, when the infant is placed on the sheet, faces toward the infant, and the sheet comprising an upper portion adjacent to an upper edge that, when in use, the infant's head extends beyond the upper portion at the upper edge;

a lower portion adjacent to a lower edge, the lower portion spaced apart from the upper portion;

a first laterally extending region adjacent to a first side edge, the outward-facing surface of the first laterally extending region comprising a first attachment having a first length;

a second laterally extending region adjacent to a second side edge, the inner-facing surface of the second laterally extending region comprising a second attachment that is recloseable with and complementary with the first attachment and having a second length, the first length being longer than the second length, wherein the first attachment and the second attachment are configured to allow adjustment to accommodate the infant's growth; and

wherein the lower portion comprises a loop, spaced apart from the lower edge, wherein the loop is fixed closer to the second side edge than the first side edge, wherein to close access through the lower portion, the lower portion is configured to be gathered and passed through the loop, wherein the loop is configured to reduce the possibility of the lower portion creeping during use, and wherein, when first attachment is closed with the second attachment, the lower portion is configured to be opened, allowing access to the infant near the infant's feet or bottom.

**2.** The infant swaddling of claim **1**, wherein the material comprises a blend of uncoated polyester fibers and spandex fibers.

**3.** The infant swaddling of claim **2**, wherein the material comprises 87% uncoated polyester fibers and 13% spandex fibers.

**4.** The infant swaddling of claim **1**, wherein the first attachment comprises a first hook or loop fabric element and the second attachment comprises a second hook or loop fabric element.

**5.** The infant swaddling of claim **4**, wherein the first hook or loop fabric element has a length at least about 2 times greater than the second hook or loop fabric element.

**6.** The infant swaddling of claim **1**, wherein the inner-facing surface of the second laterally extending region further comprising an offset attachment laterally offset from the second attachment.

**7.** The infant swaddling of claim **1**, the first attachment having a first lateral spacing from the first side edge and the second attachment having a second lateral spacing from the second side edge, the first lateral spacing substantially greater than the second lateral spacing.

**8.** Infant swaddling comprising:

a sheet made of a resilient, moisture-wicking material that maintains pressure on an infant and reduces excess moisture within the sheet when in use, the sheet configured to open to lay flat and comprising

an outward-facing surface that, when the infant is placed on the open sheet, faces away from the infant, an inner-facing surface that, when the infant is placed on the open sheet, faces toward the infant,

an upper portion comprising

an upper section that, when in use, the infant's head extends beyond the upper portion at the upper section,

a first sloped section comprising an upper edge that slopes downward from the upper section and toward a first side edge, and

a second sloped section comprising an upper edge that slopes downward from the upper section and toward a second side edge,

wherein at least a part of the first sloped section or at least a part of the second sloped section, when in use, is under the infant's chin region,

a lower portion spaced apart from the upper portion;

a first laterally extending region adjacent to the first side edge, the outward-facing surface of the first laterally extending region comprising a first attachment having a first length extending laterally inward;

a second laterally extending region adjacent to the second side edge, the inner-facing surface of the second laterally extending region comprising a second attachment recloseable with and complementary with the first attachment, the second attachment having a second length extending laterally inward, the first length greater than the second length to allow adjustment to accommodate the infant's growth;

wherein the lower portion comprises an elastic loop, wherein the elastic loop is fixed closer to the second side edge than the first side edge, wherein to close access through the lower portion, the lower portion is configured to be gathered and passed through the loop, and wherein, when first attachment is closed with the second attachment, the lower portion is configured to be opened, allowing access to the infant near the infant's feet or bottom.

**9.** The infant swaddling of claim **8**, wherein the material comprises a blend of uncoated polyester fibers and spandex fibers.

**10.** The infant swaddling of claim **9**, wherein the material comprises 87% uncoated polyester fibers and 13% spandex fibers.

**11.** The infant swaddling of claim **8**, wherein the first attachment comprises a first hook or loop fabric element and the second attachment comprises a second hook or loop fabric element.

**12.** The infant swaddling of claim **11**, wherein the first hook or loop fabric element has a length at least about 2 times greater than the second hook or loop fabric element.

**13.** The infant swaddling of claim **8**, the first attachment having a first lateral spacing from the first side edge and the second attachment having a second lateral spacing from the second side edge, the first lateral spacing substantially greater than the second lateral spacing.

**14.** The infant swaddling of claim **8**, wherein the inner-facing surface of the second laterally extending region further comprising an offset attachment laterally offset from the second attachment.

**15.** The infant swaddling of claim **8**, wherein a junction between an upper edge of the second sloped section and the second side edge comprises a fillet.

**16.** The infant swaddling of claim **15**, wherein an offset attachment comprises an offset hook or loop fabric element near the fillet.

17. The infant swaddling of claim 8, wherein the inner-facing surface is configured such that, when the infant is placed on the open sheet, the infant is substantially vertically centered on the sheet.

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