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(12) **United States Patent**  
**Nichols et al.**

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(45) **Date of Patent:** **Jan. 8, 2019**

(54) **TISSUE SPACER IMPLANTS, INSERTION AND ADJUSTMENT TOOLS, AND METHOD OF USE**

(58) **Field of Classification Search**  
CPC ..... A61F 2/44; A61F 2/46; A61F 2/4611  
See application file for complete search history.

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(73) Assignee: **Medivest, LLC**, Columbia City, IN (US)

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(\*) Notice: Subject to any disclaimer, the term of this patent is extended or adjusted under 35 U.S.C. 154(b) by 0 days.

(Continued)

(21) Appl. No.: **15/424,446**

*Primary Examiner* — David Bates

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(74) *Attorney, Agent, or Firm* — Heslin Rothenberg Farley & Mesiti P.C.

(65) **Prior Publication Data**

(57) **ABSTRACT**

US 2017/0143510 A1 May 25, 2017

**Related U.S. Application Data**

(63) Continuation of application No. 14/377,212, filed as application No. PCT/US2013/025134 on Feb. 7, 2013, now Pat. No. 9,572,678.

(Continued)

(51) **Int. Cl.**  
**A61F 2/46** (2006.01)  
**A61F 2/44** (2006.01)

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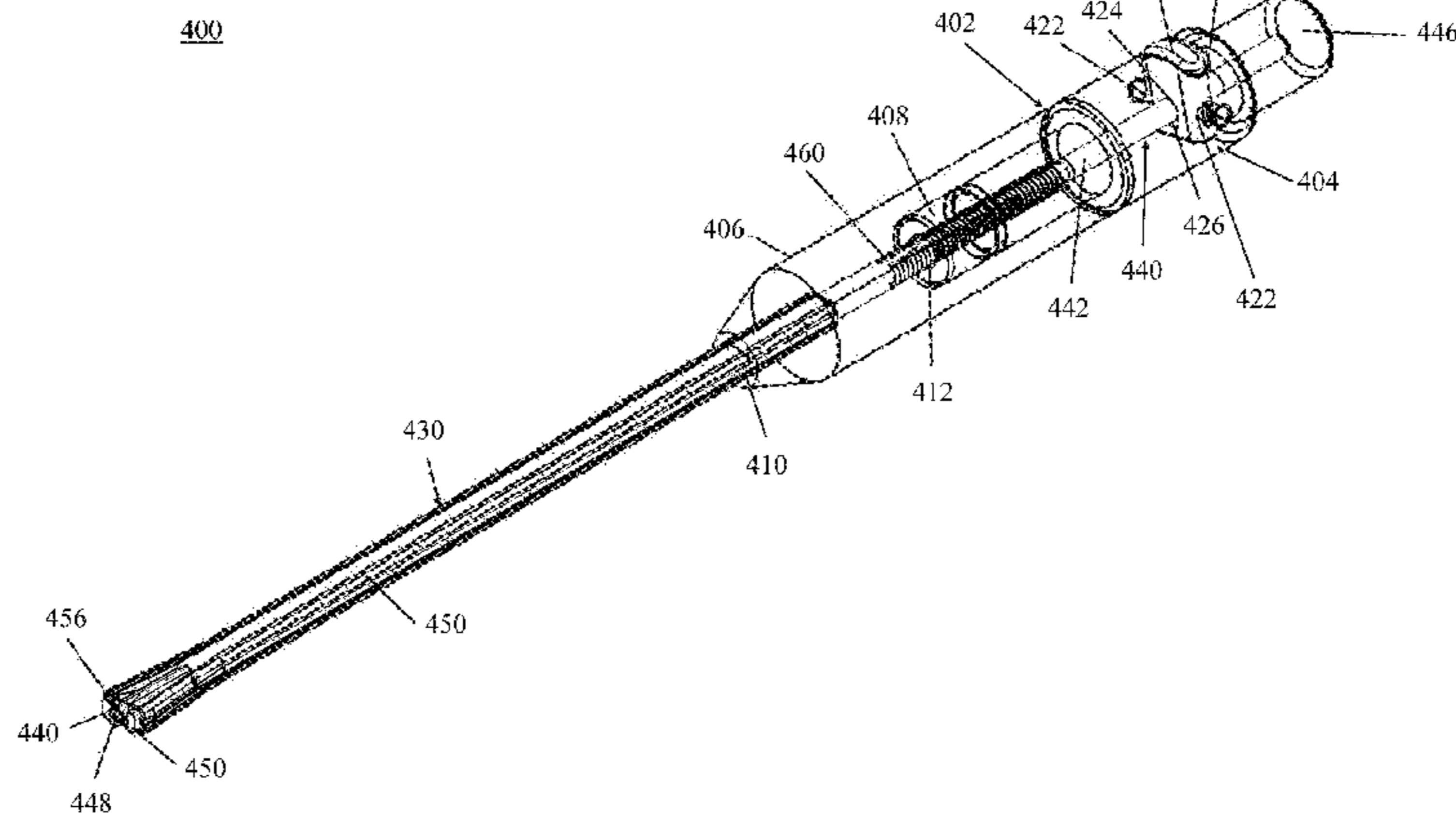
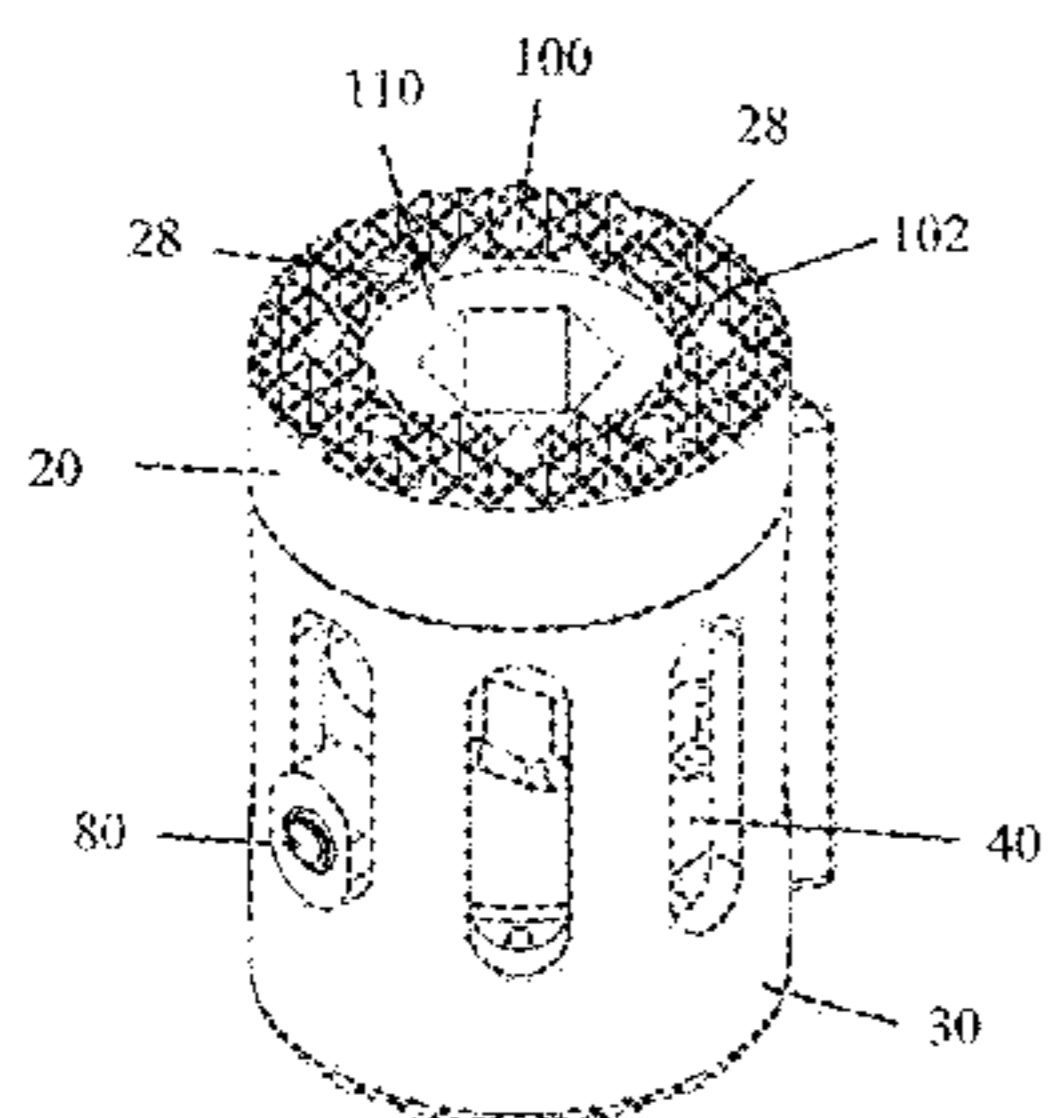
(52) **U.S. Cl.**  
CPC ..... **A61F 2/4465** (2013.01); **A61F 2/30771** (2013.01); **A61F 2/44** (2013.01);

(Continued)

Tissue spacer implants and surgical methods for inserting the implants are disclosed. The implants may include a first cylindrical body with an outer surface, an axially extending hole, and a first end, a second cylindrical body with an outer surface and an axially extending hole, and an adjustment member with an outer surface, an axial hole, and at least one helical slot. The adjustment member axial hole may be adapted to receive the first cylindrical body and the adjustment member may be configured to be inserted into the axially extending hole of second cylindrical body. The implants may also include a travel mechanism for engaging the first cylindrical body, adjustment member, and second cylindrical body along the at least one helical slot to maintain a space between two bodies of tissue.

**20 Claims, 27 Drawing Sheets**

12



**Related U.S. Application Data**

- (60) Provisional application No. 61/595,755, filed on Feb. 7, 2012.
- (51) **Int. Cl.**  
*A61F 2/28* (2006.01)  
*A61F 2/30* (2006.01)
- (52) **U.S. Cl.**  
 CPC ..... *A61F 2/4425* (2013.01); *A61F 2/4455* (2013.01); *A61F 2/4611* (2013.01); *A61F 2002/2835* (2013.01); *A61F 2002/3024* (2013.01); *A61F 2002/3042* (2013.01); *A61F 2002/3055* (2013.01); *A61F 2002/3079* (2013.01); *A61F 2002/3082* (2013.01); *A61F 2002/30171* (2013.01); *A61F 2002/30235* (2013.01); *A61F 2002/30331* (2013.01); *A61F 2002/30354* (2013.01); *A61F 2002/30362* (2013.01); *A61F 2002/30367* (2013.01); *A61F 2002/30393* (2013.01); *A61F 2002/30395* (2013.01); *A61F 2002/30405* (2013.01); *A61F 2002/30428* (2013.01); *A61F 2002/30431* (2013.01); *A61F 2002/30433* (2013.01); *A61F 2002/30434* (2013.01); *A61F 2002/30438* (2013.01); *A61F 2002/30444* (2013.01); *A61F 2002/30482* (2013.01); *A61F 2002/30504* (2013.01); *A61F 2002/30507* (2013.01); *A61F 2002/30509* (2013.01); *A61F 2002/30512* (2013.01); *A61F 2002/30514* (2013.01); *A61F 2002/30523* (2013.01); *A61F 2002/30556* (2013.01); *A61F 2002/30579* (2013.01); *A61F 2002/30596* (2013.01); *A61F 2002/30598* (2013.01); *A61F 2002/30601* (2013.01); *A61F 2002/30774* (2013.01); *A61F 2002/30777* (2013.01); *A61F 2002/30779* (2013.01); *A61F 2002/30784* (2013.01); *A61F 2002/30785* (2013.01); *A61F 2002/30789* (2013.01); *A61F 2002/30818* (2013.01); *A61F 2002/30836*

(2013.01); *A61F 2002/30841* (2013.01); *A61F 2002/30843* (2013.01); *A61F 2002/443* (2013.01); *A61F 2002/4475* (2013.01); *A61F 2002/4627* (2013.01); *A61F 2002/4628* (2013.01)

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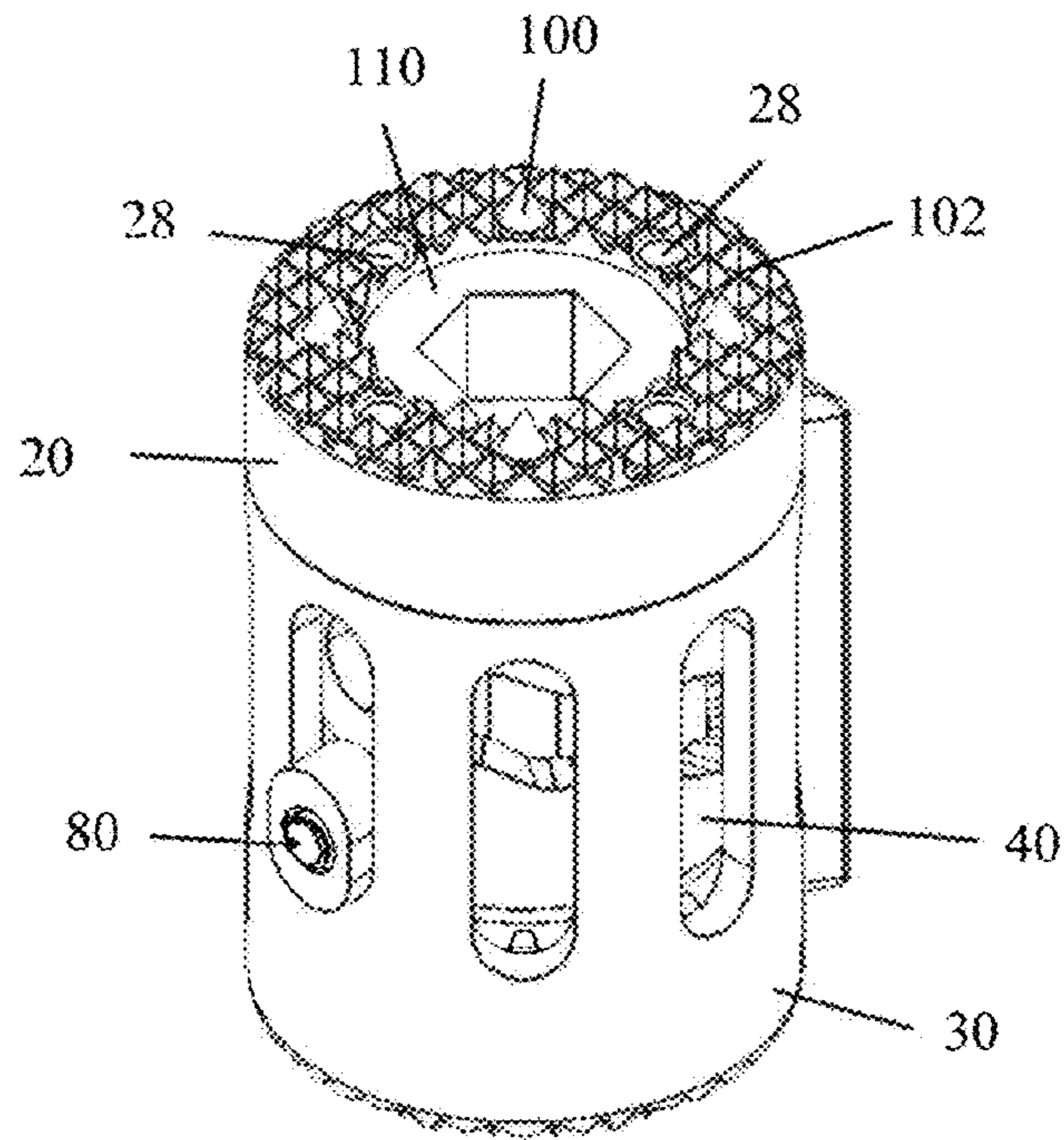


FIG. 1

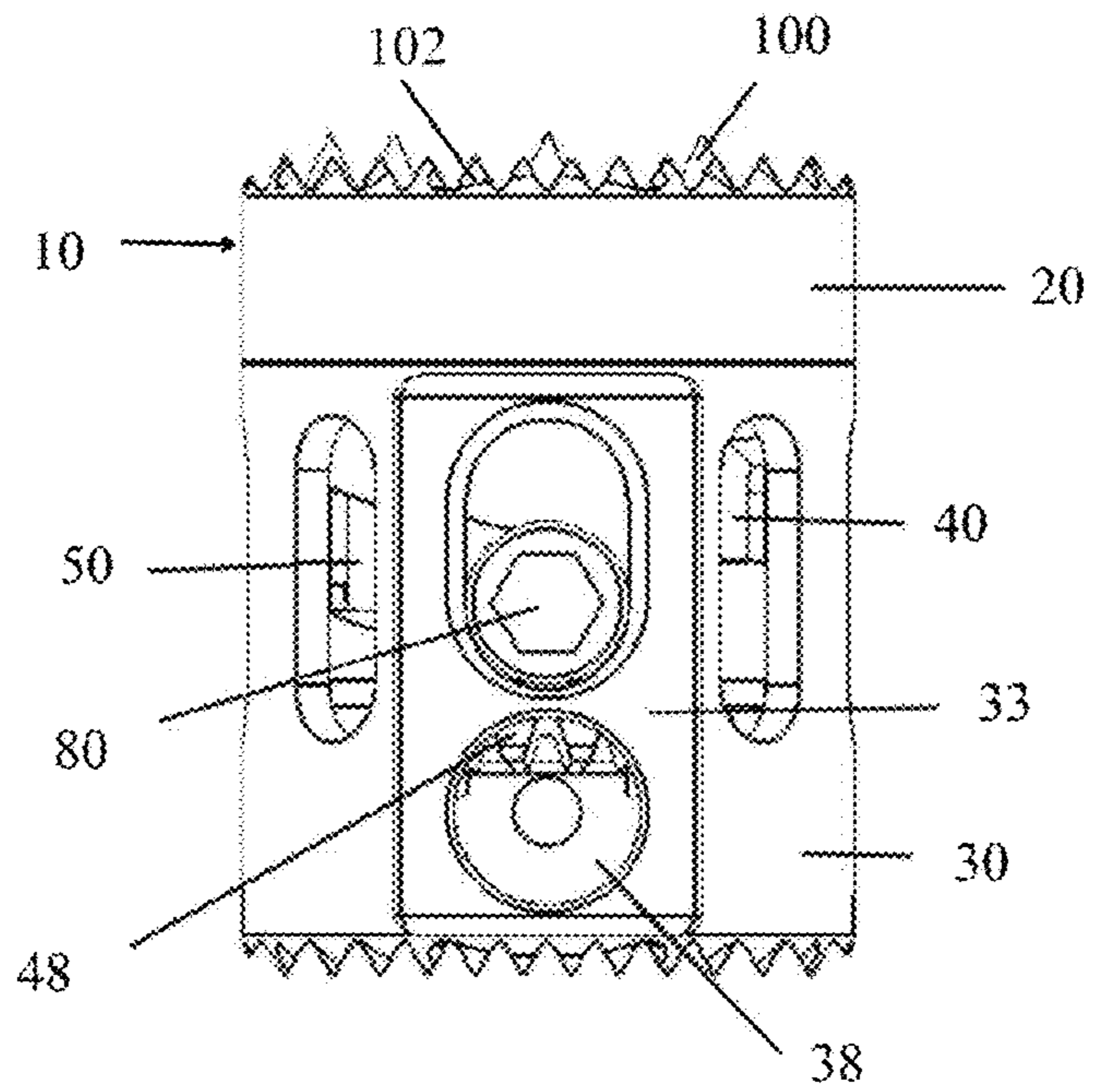


FIG. 2

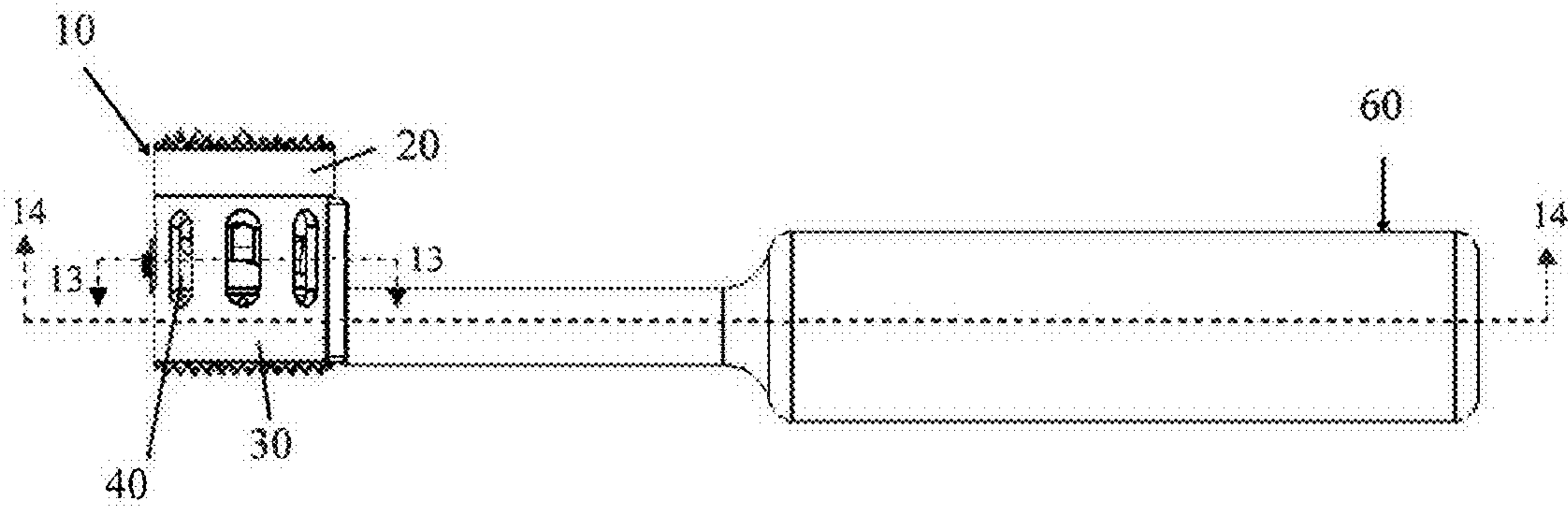


FIG. 3

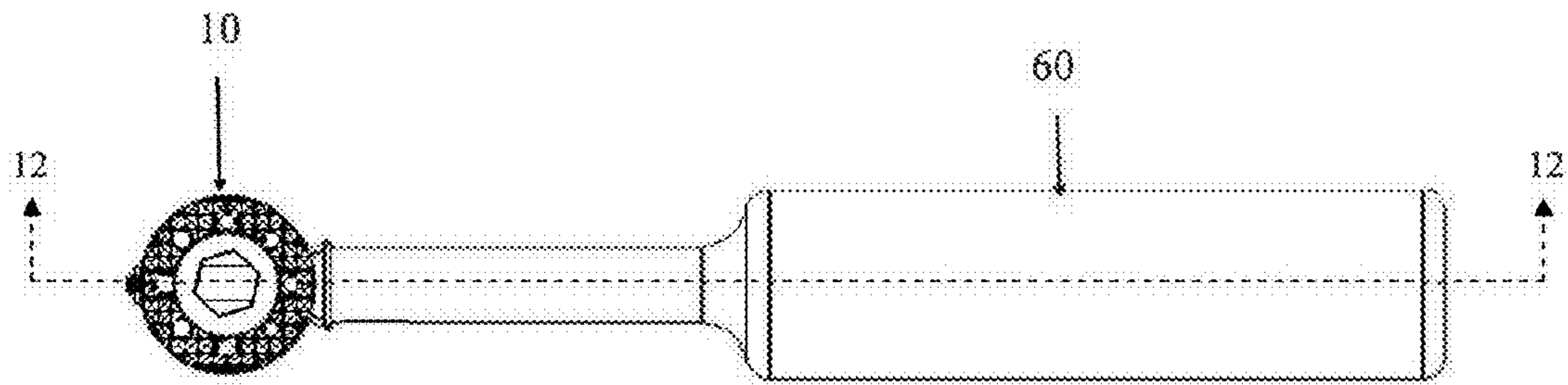


FIG. 4

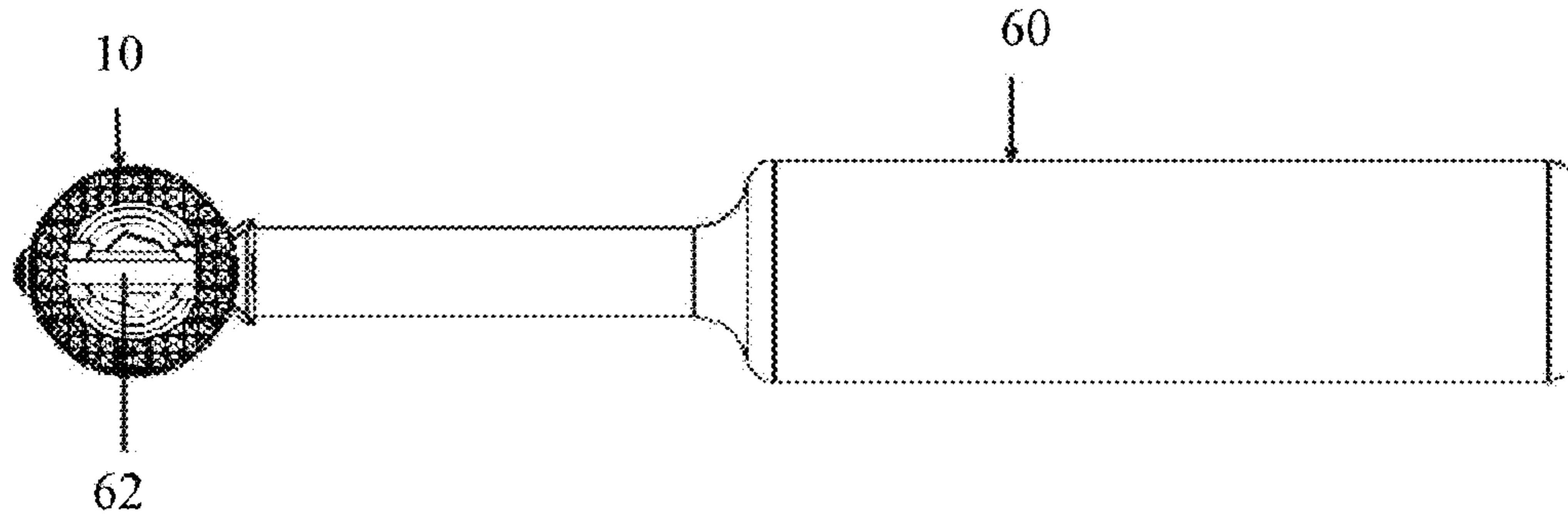


FIG. 5

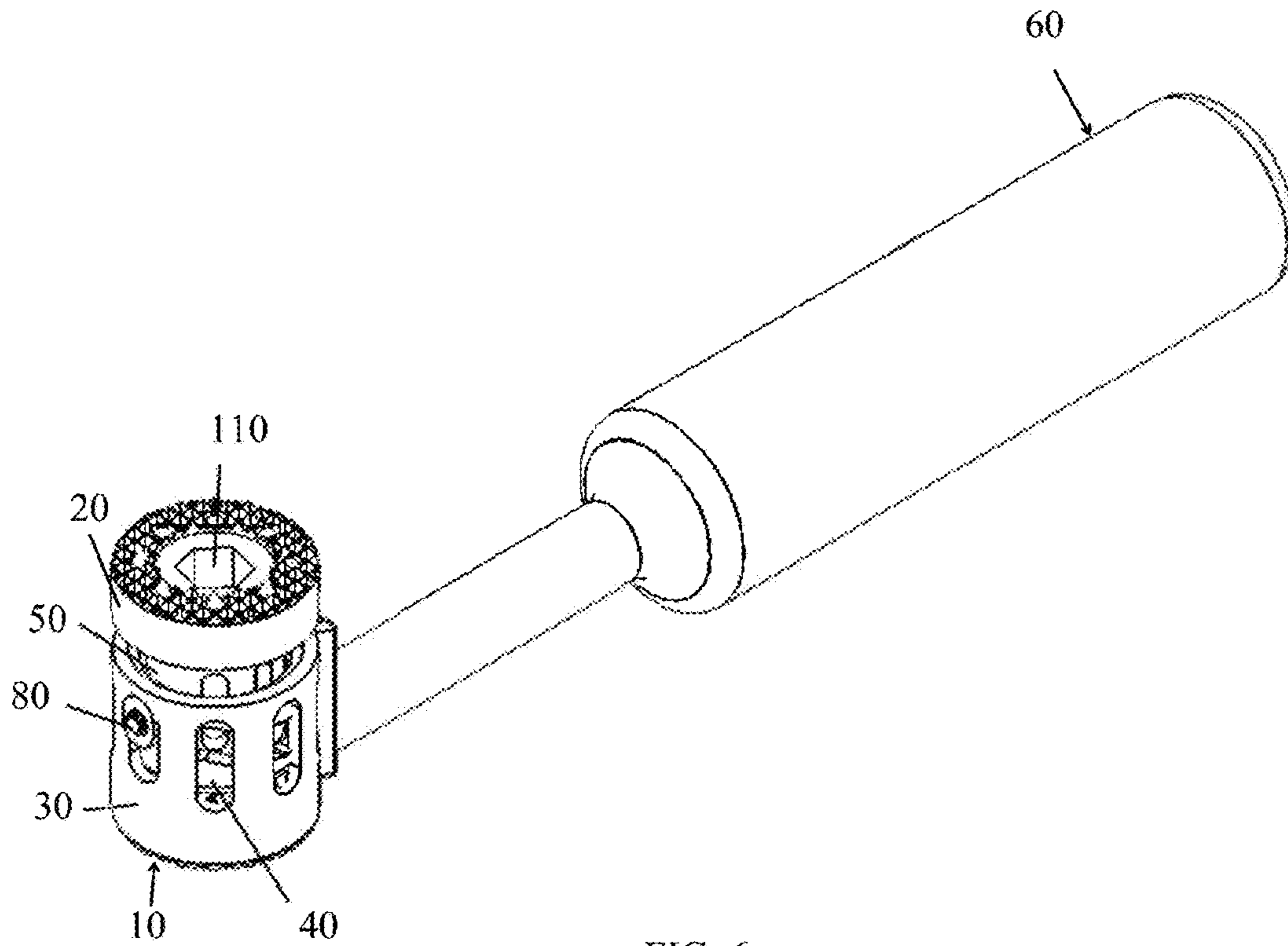


FIG. 6

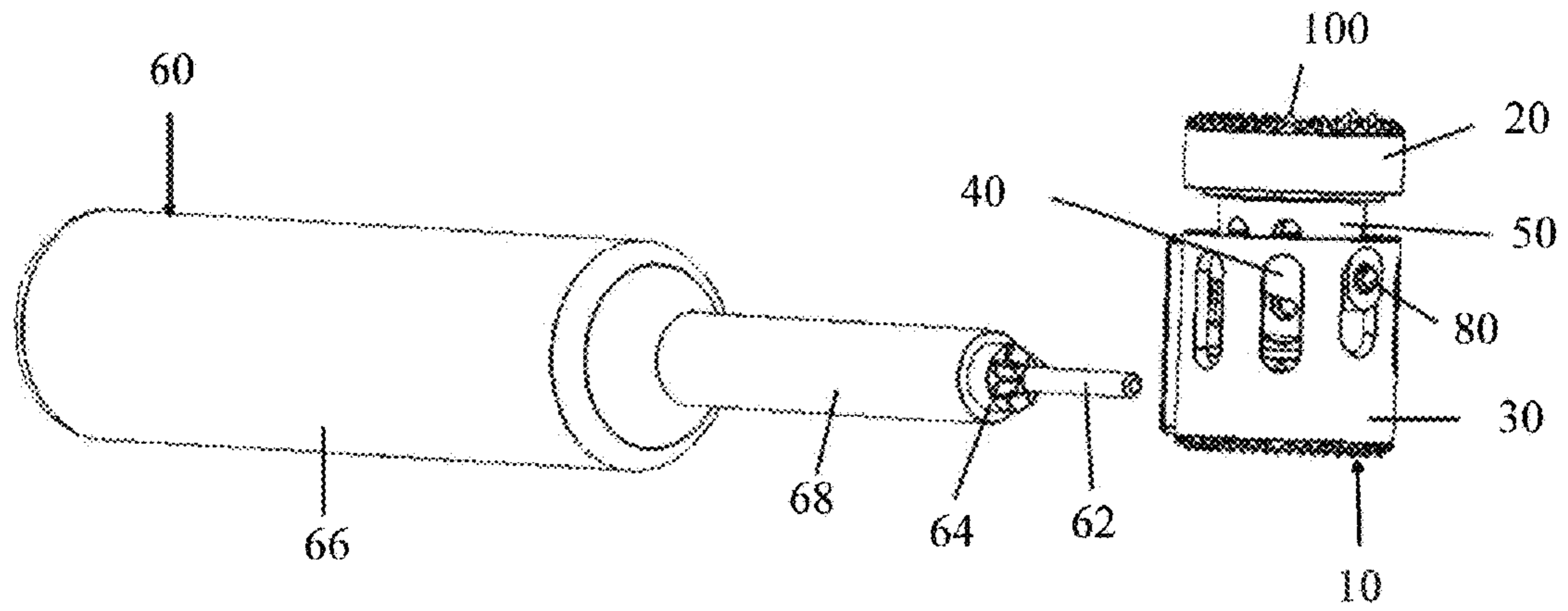


FIG. 7

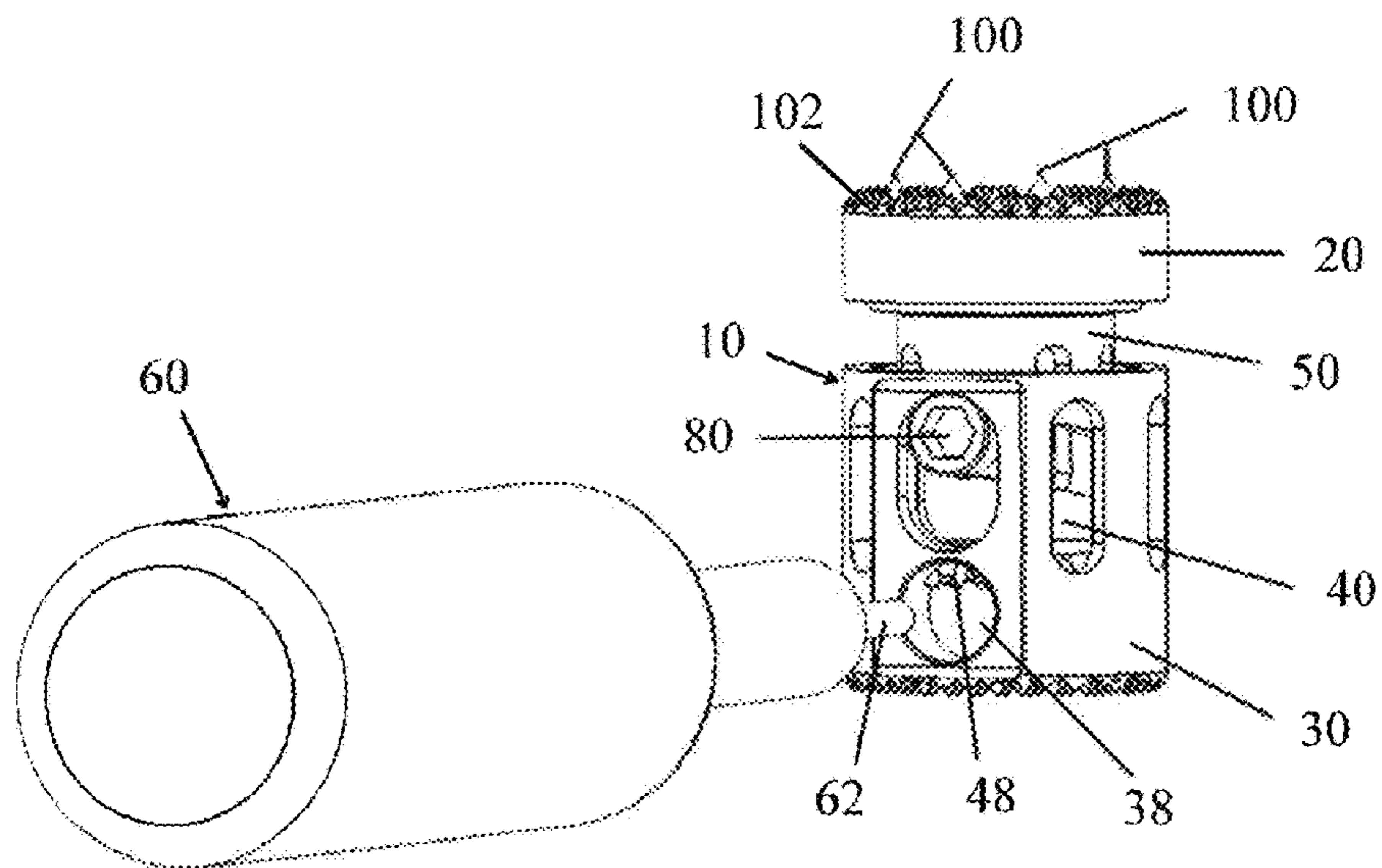


FIG. 8

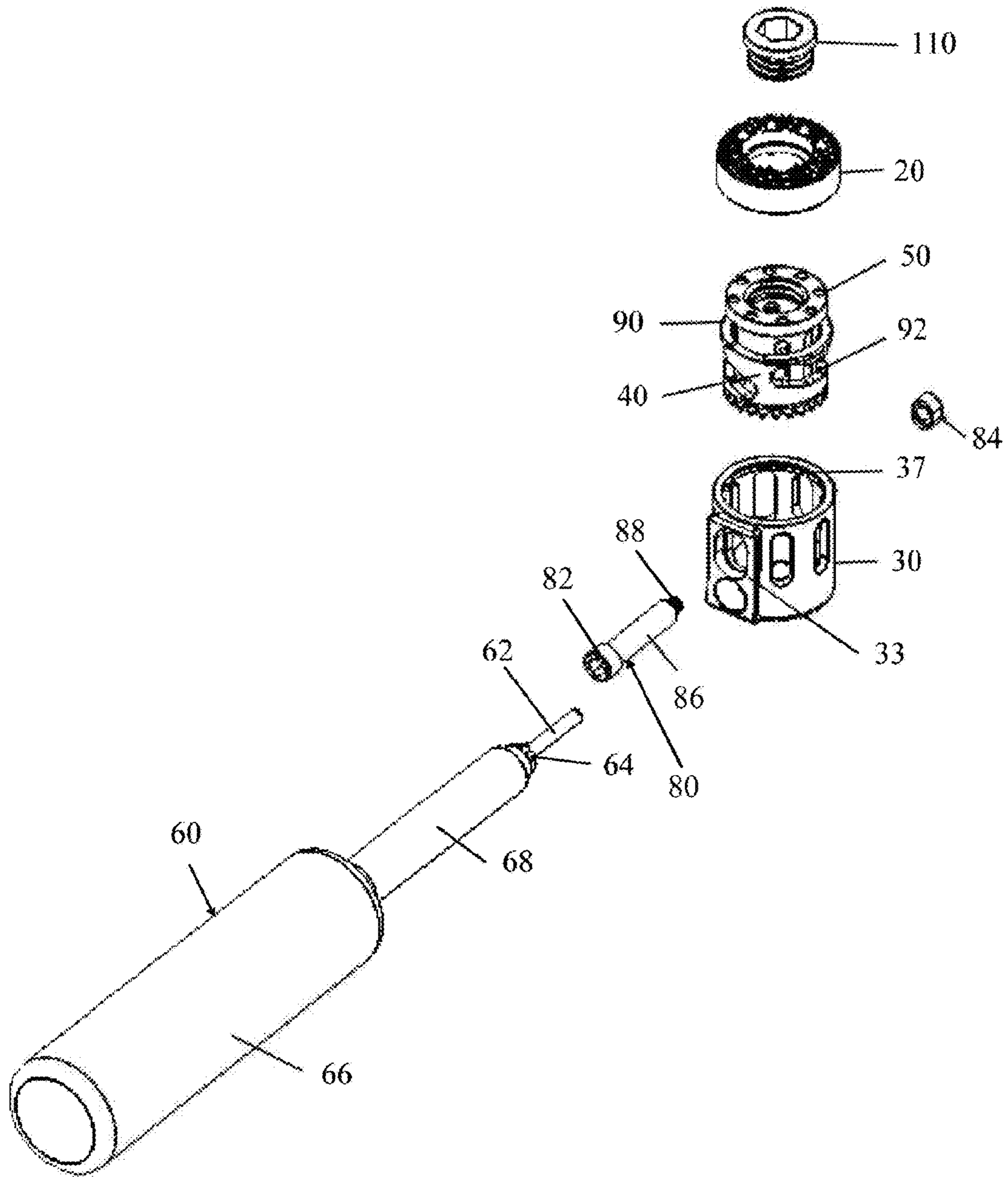


FIG. 9



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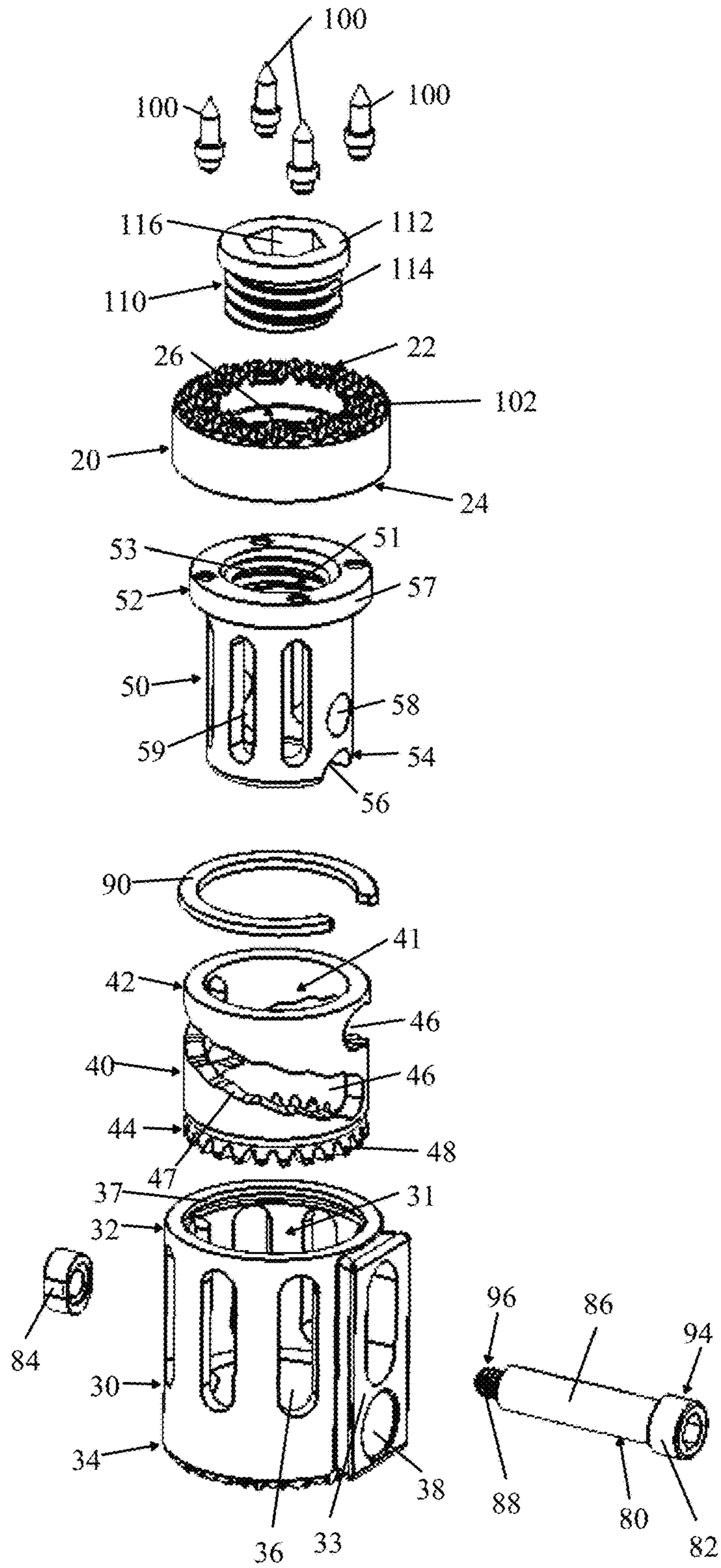


FIG. 10



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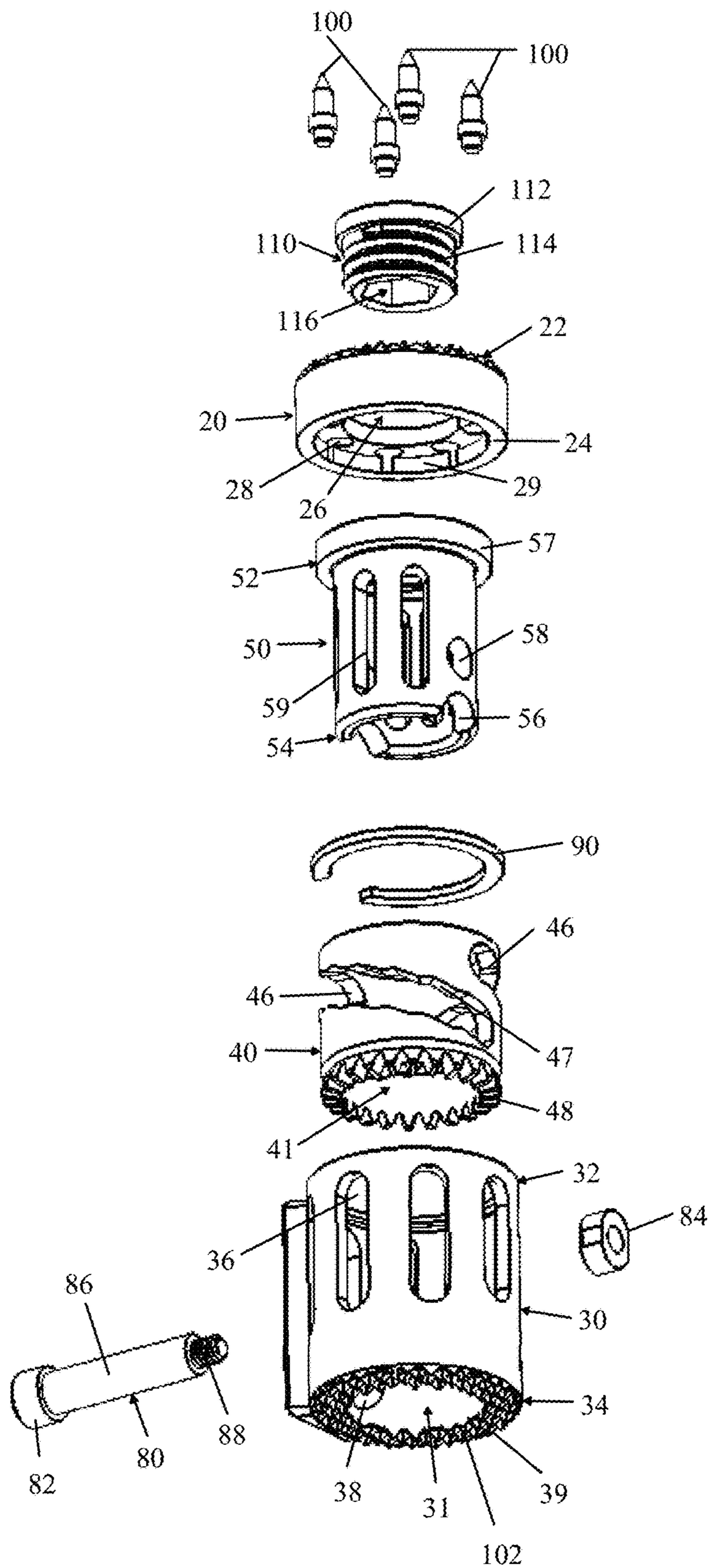


FIG. 11

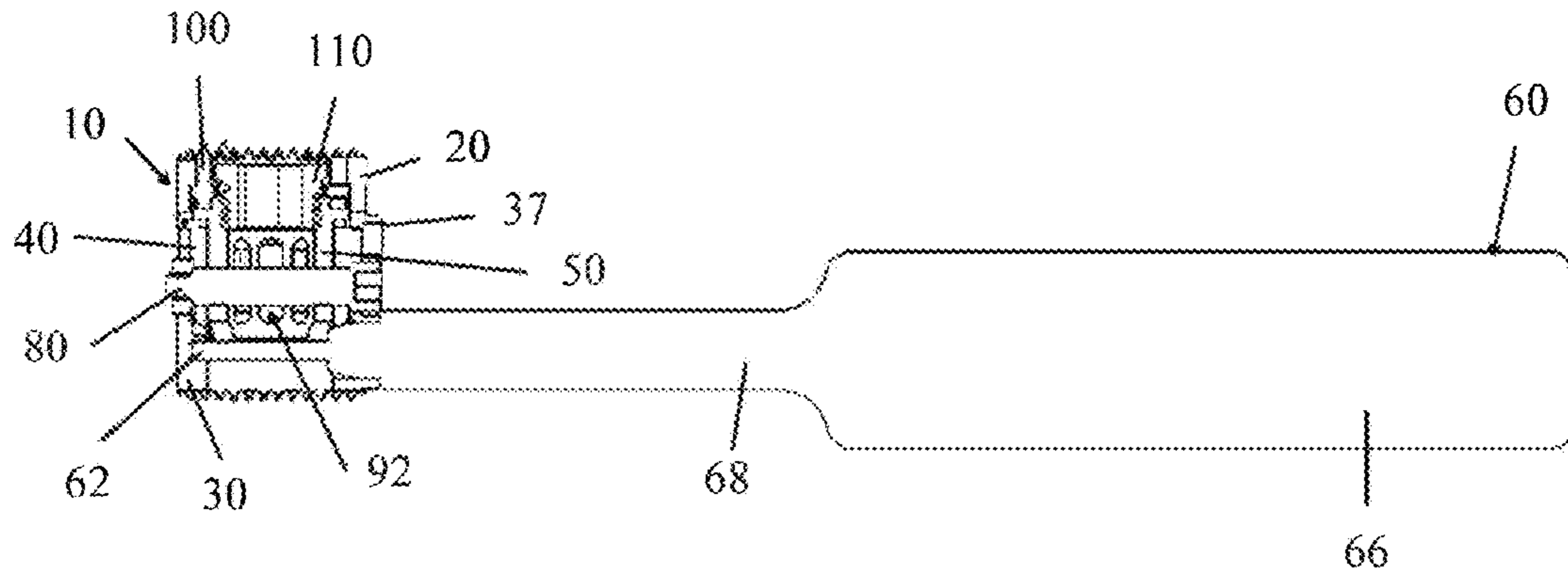


FIG. 12

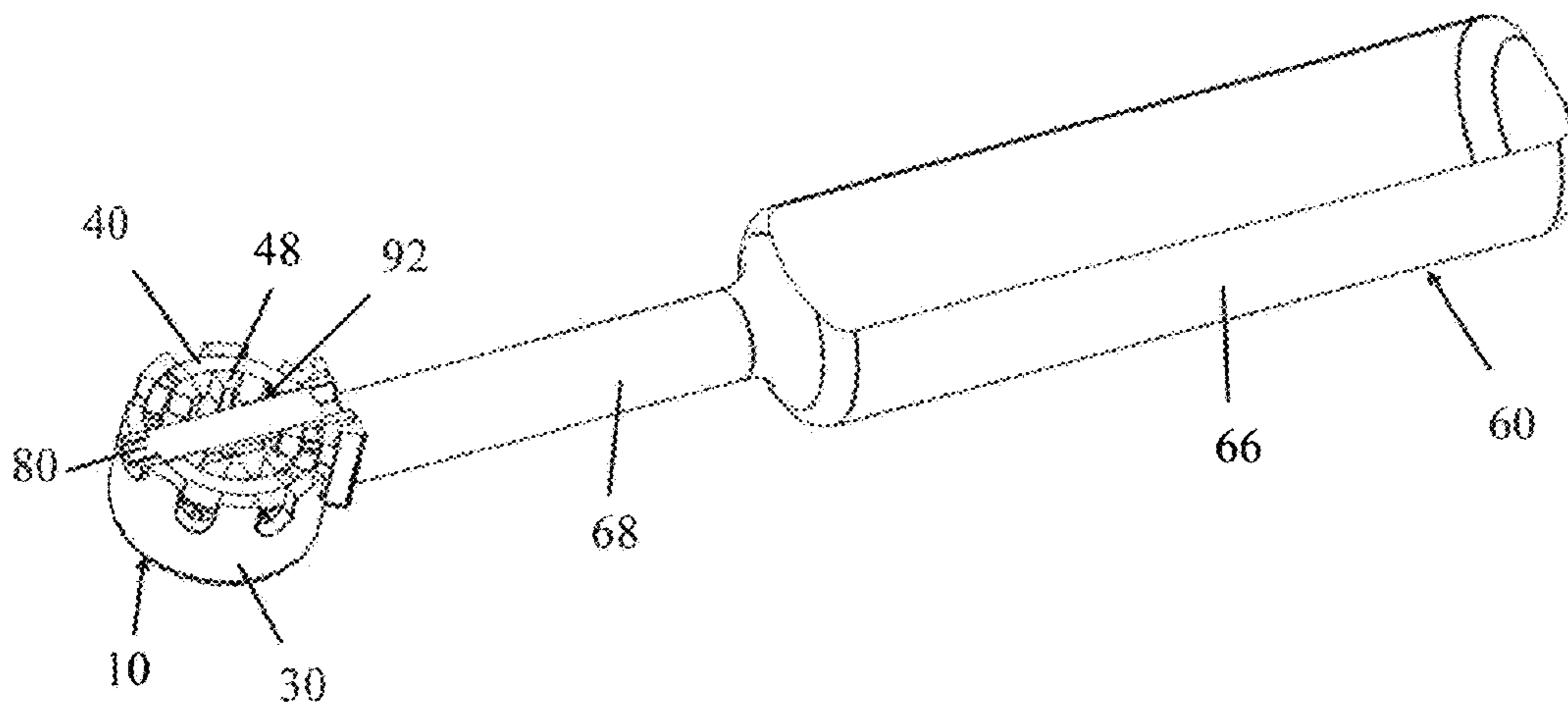


FIG. 13

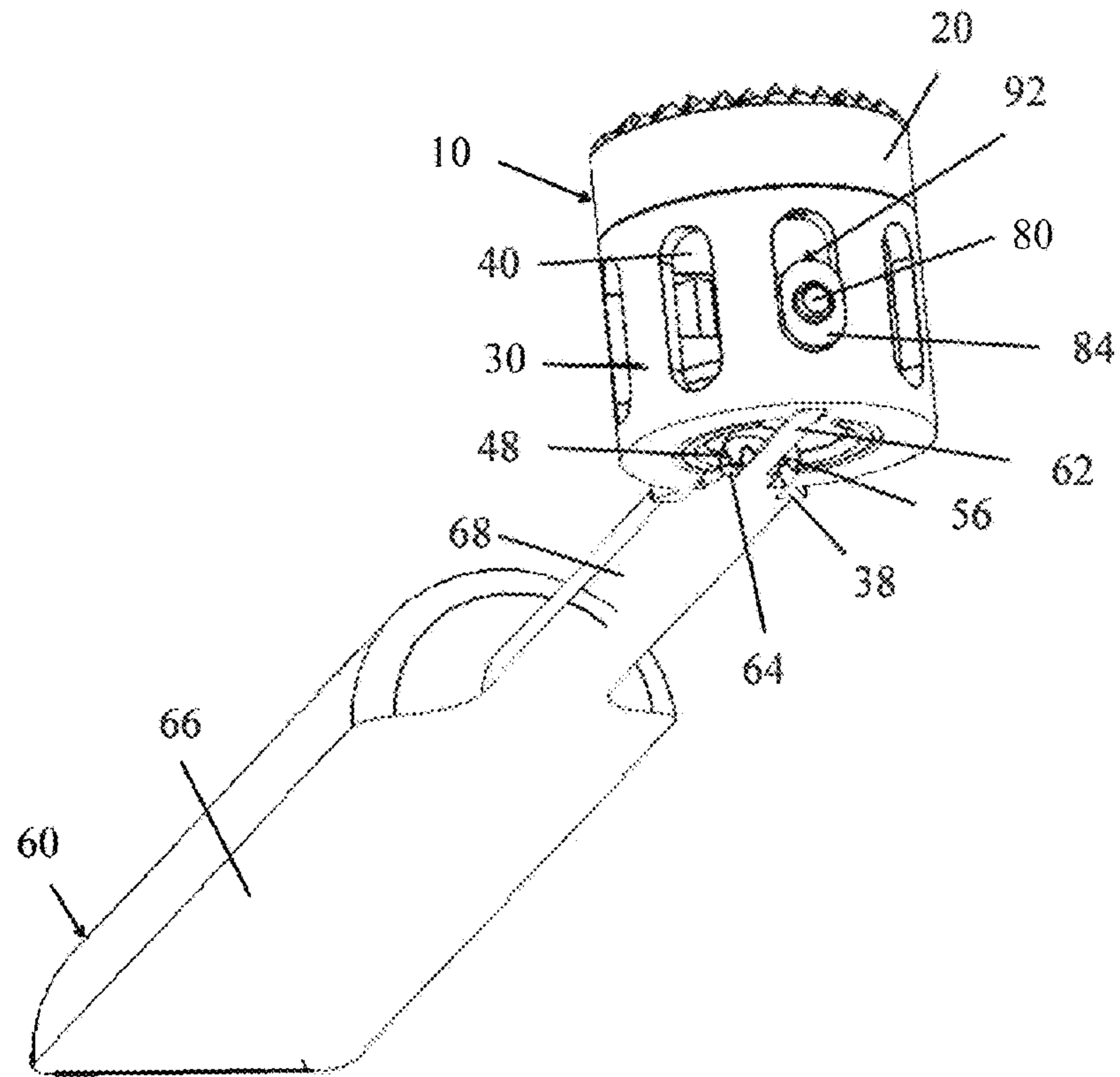


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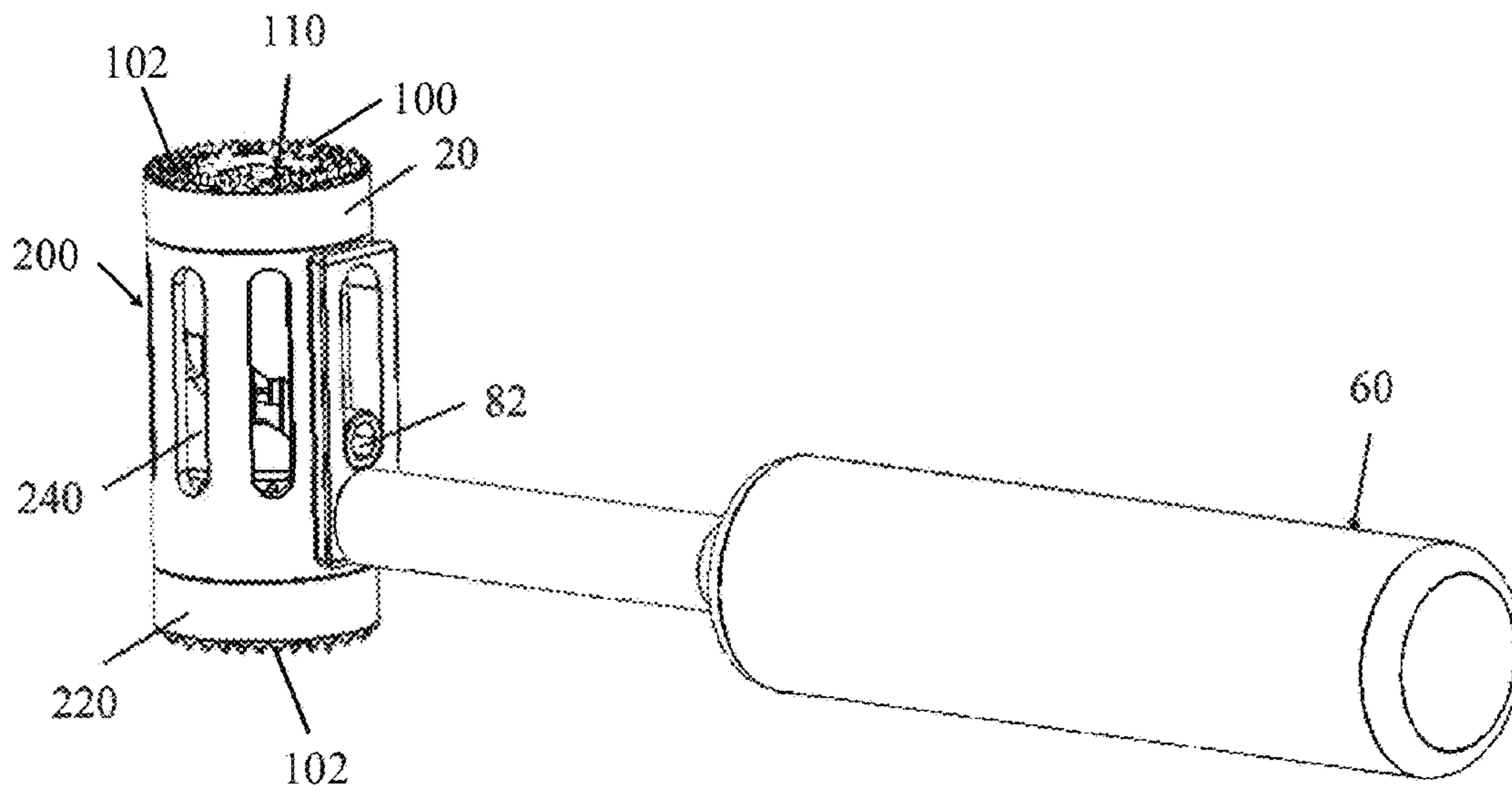


FIG. 15

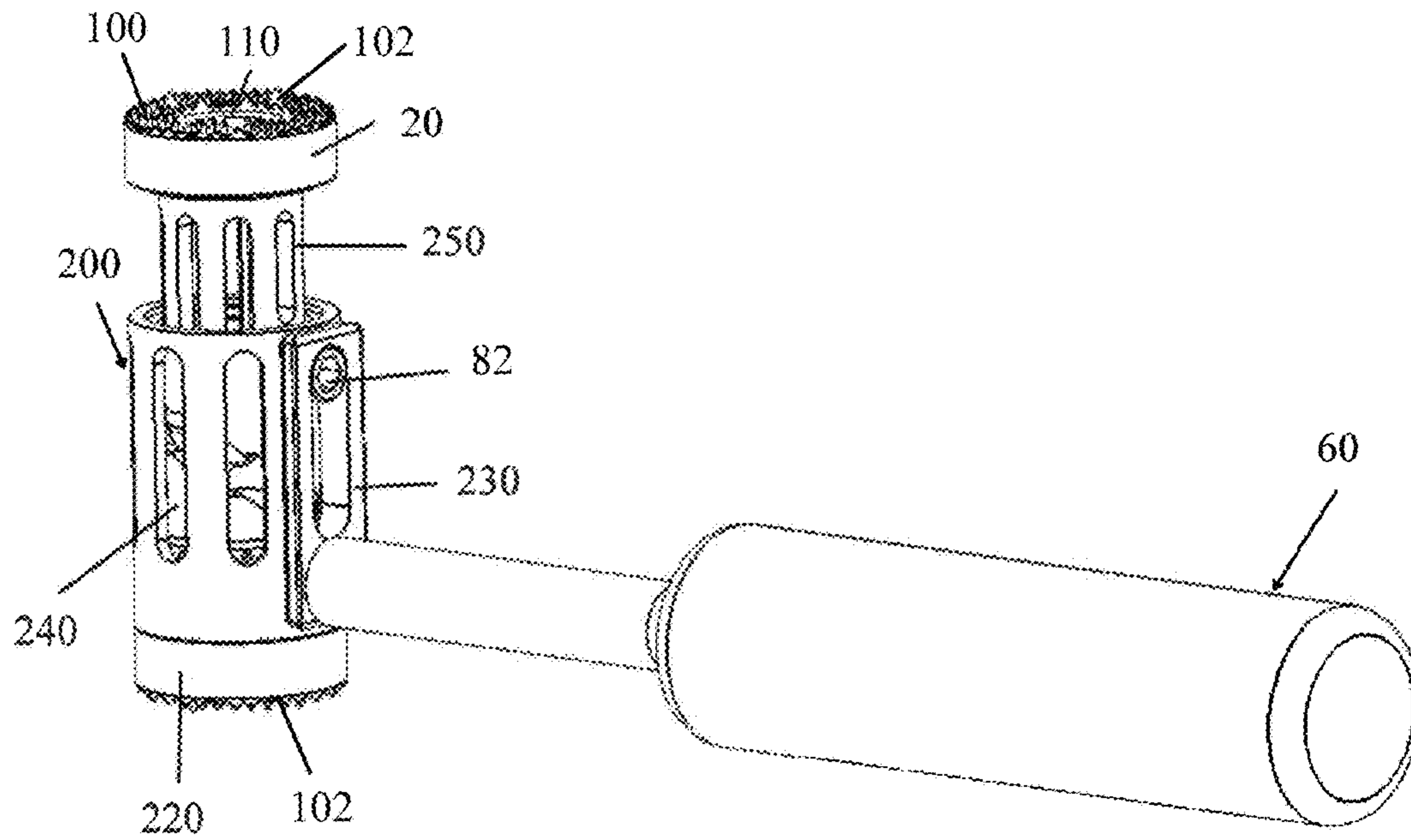


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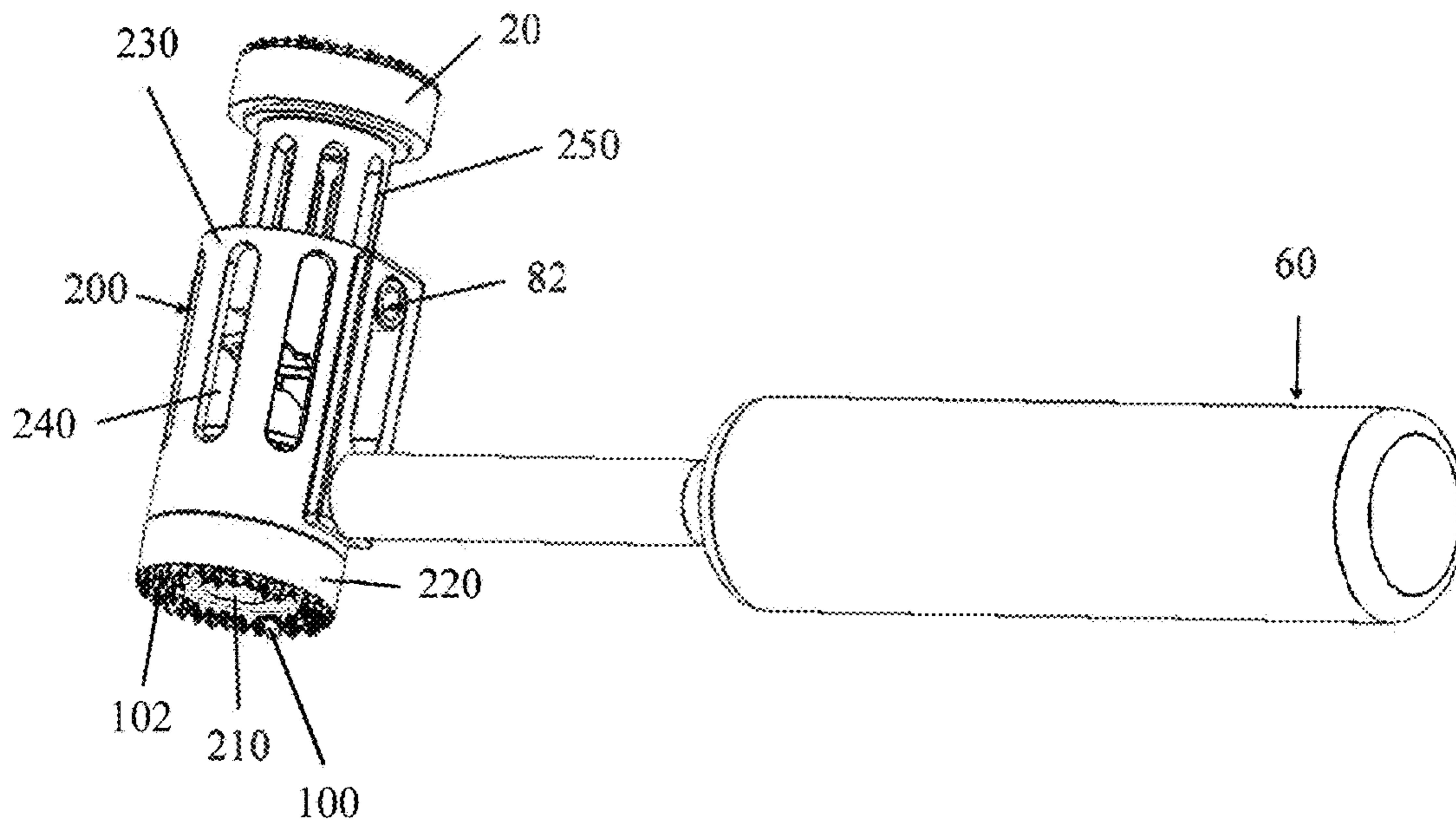


FIG. 17



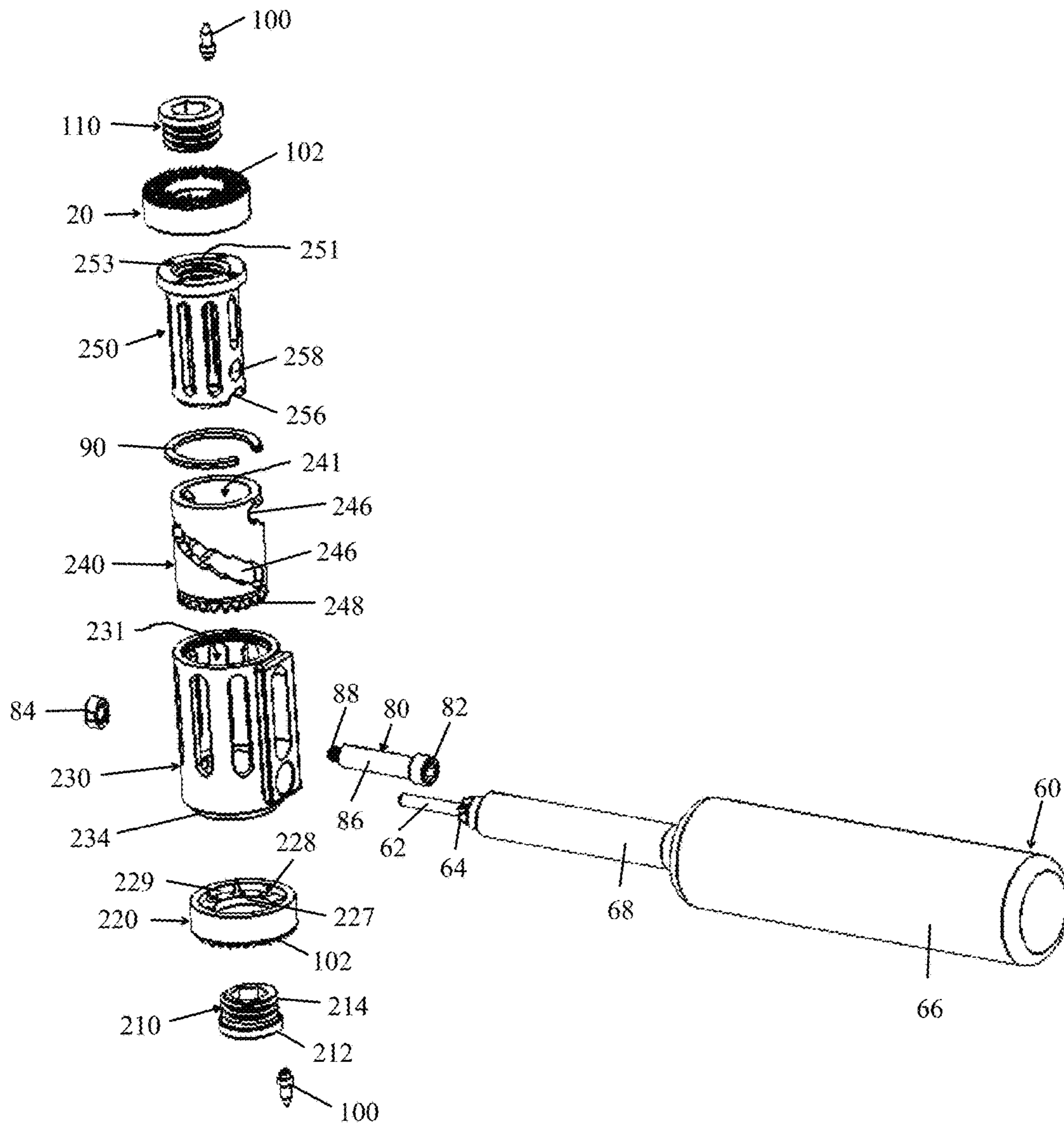


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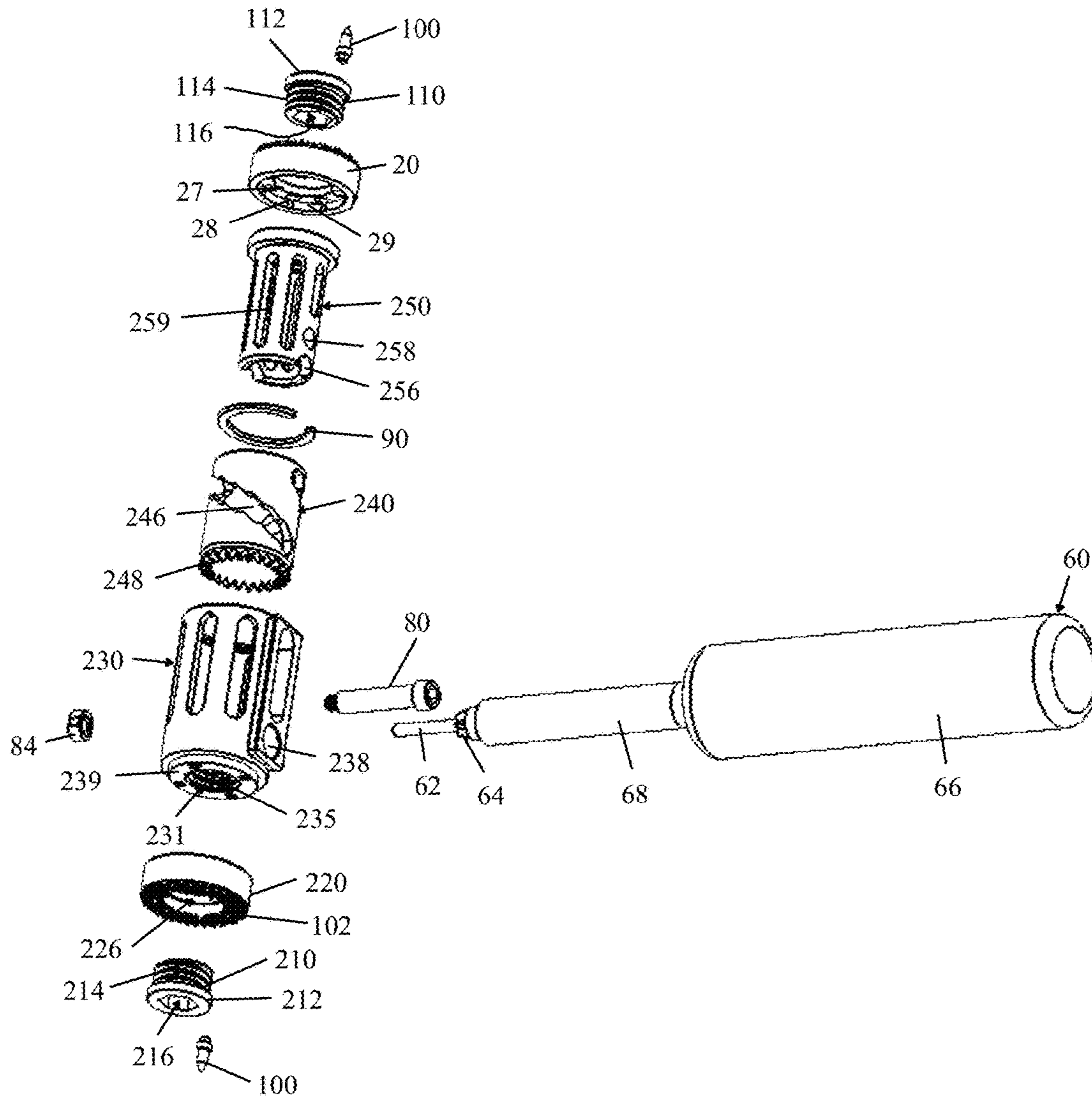


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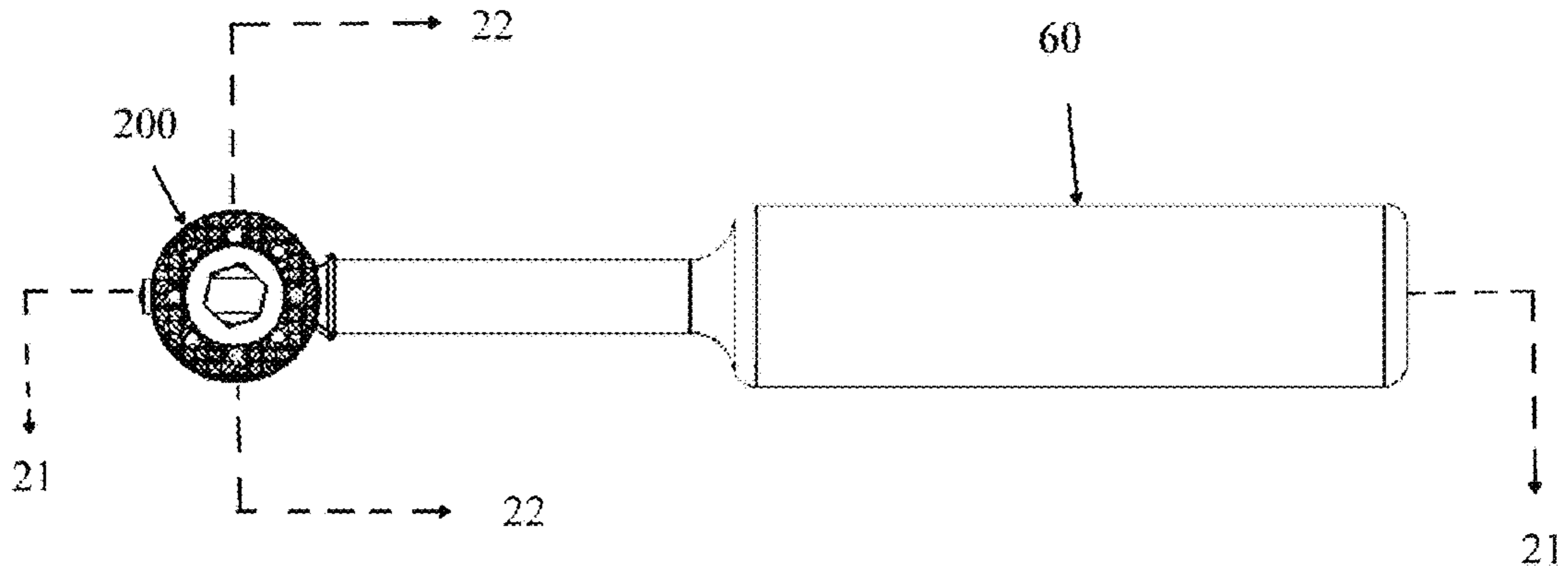


FIG. 20

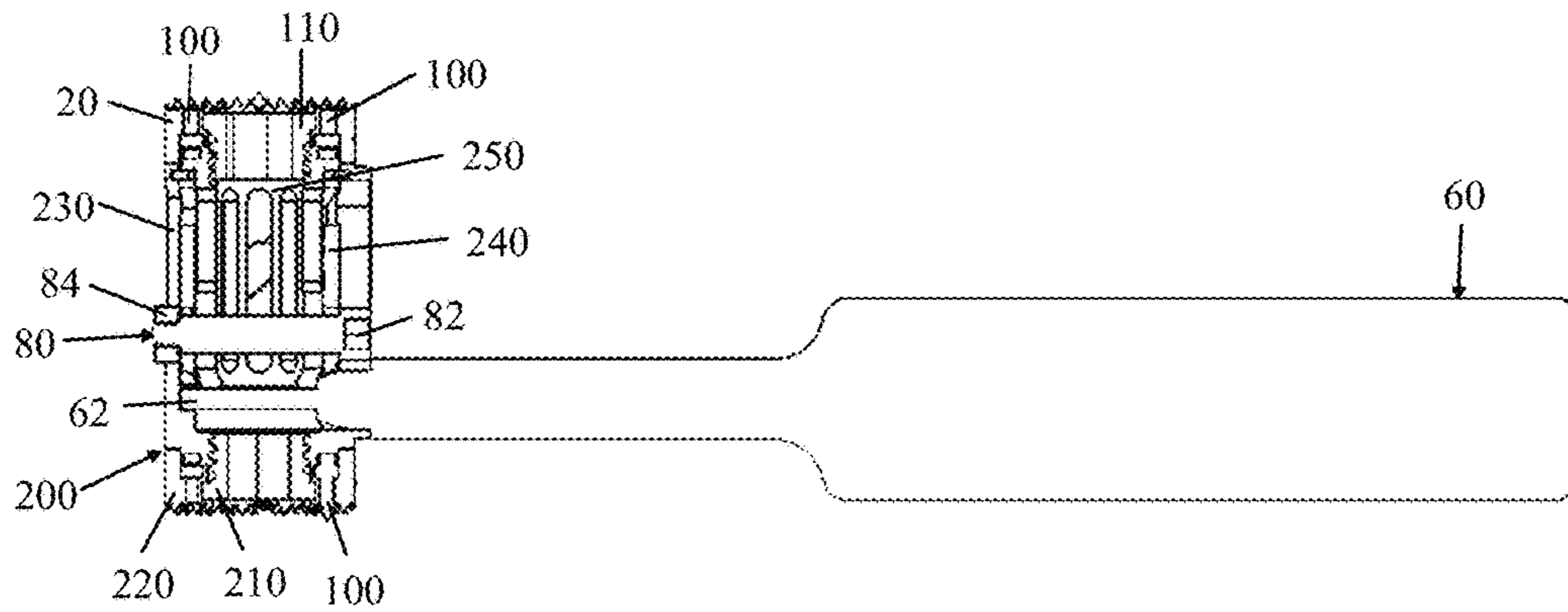


FIG. 21

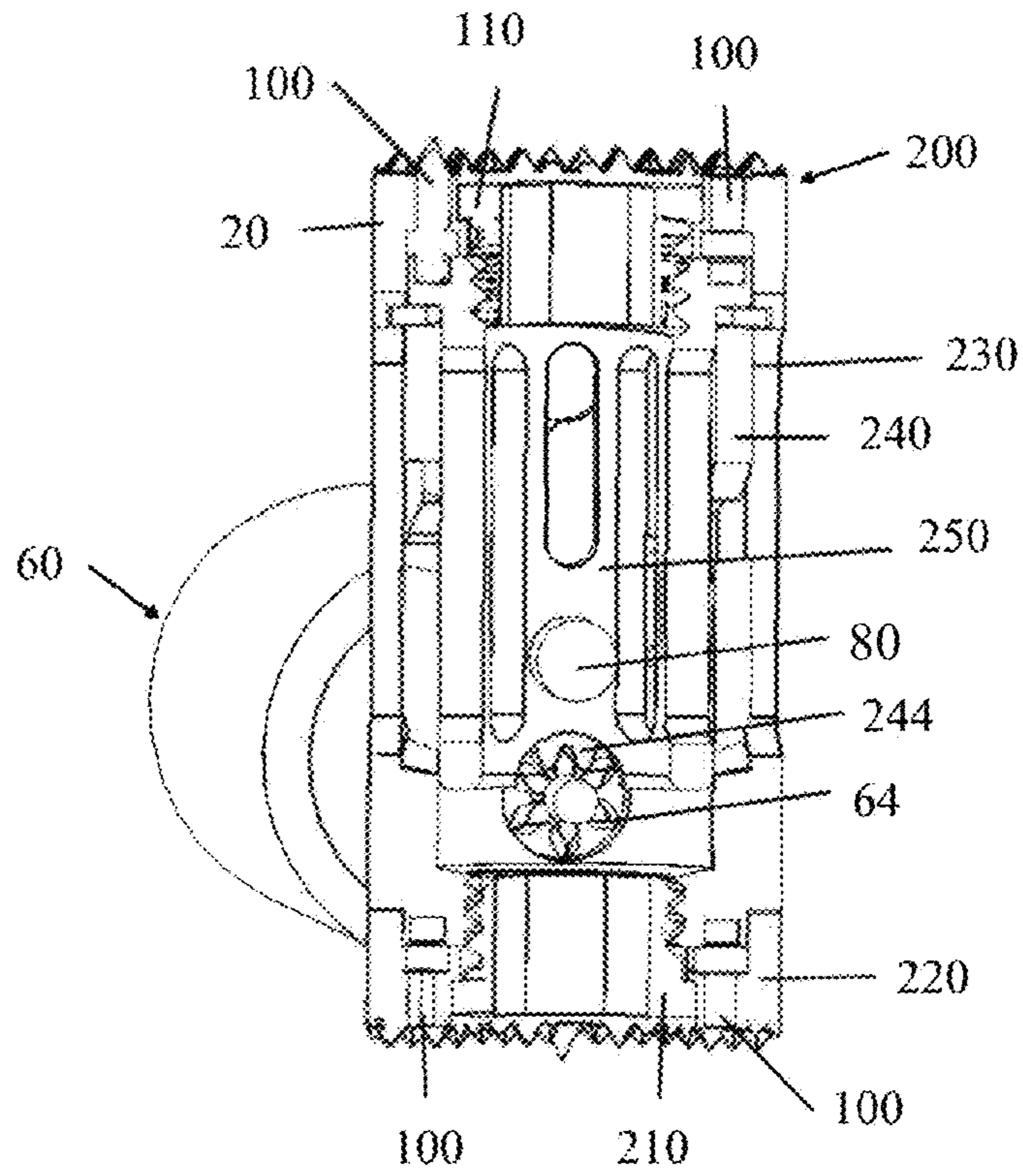


FIG. 22

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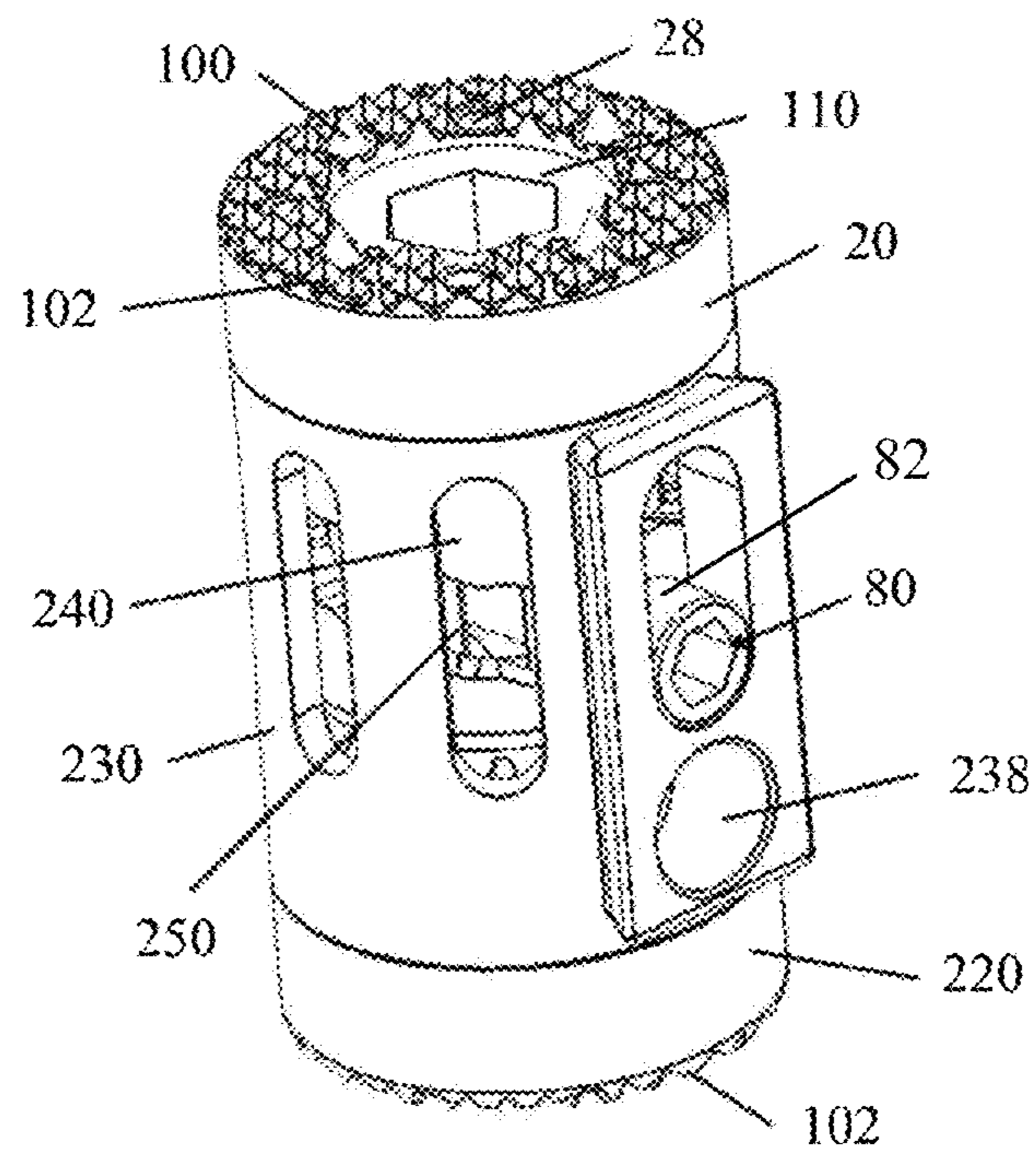


FIG. 23



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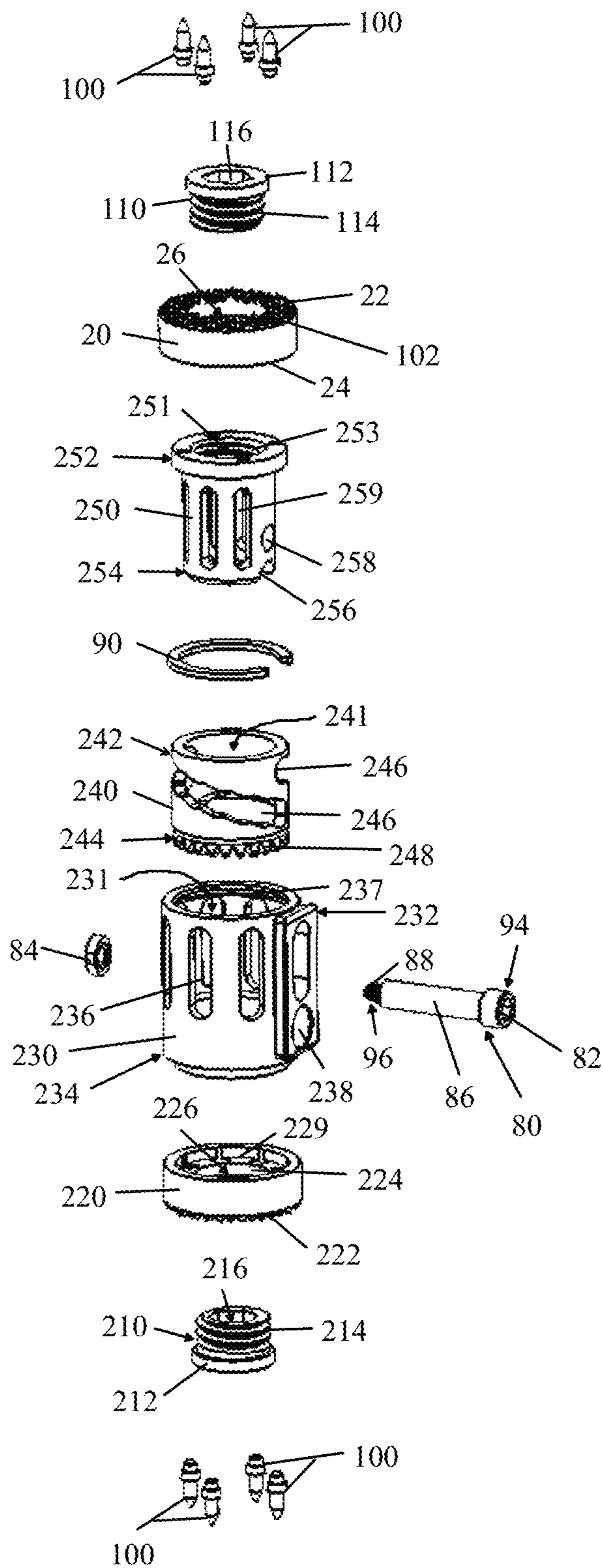


FIG. 24

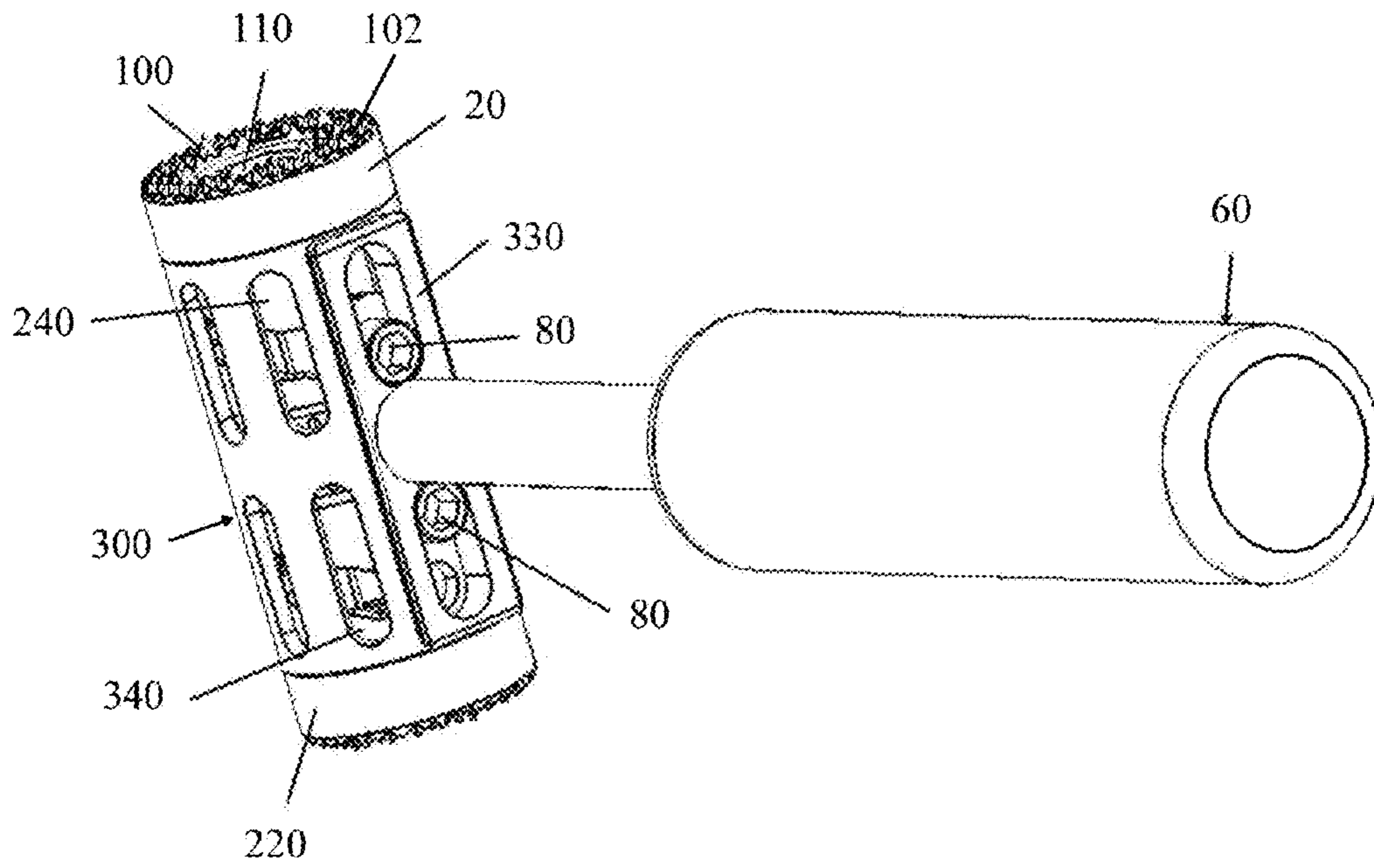


FIG. 25

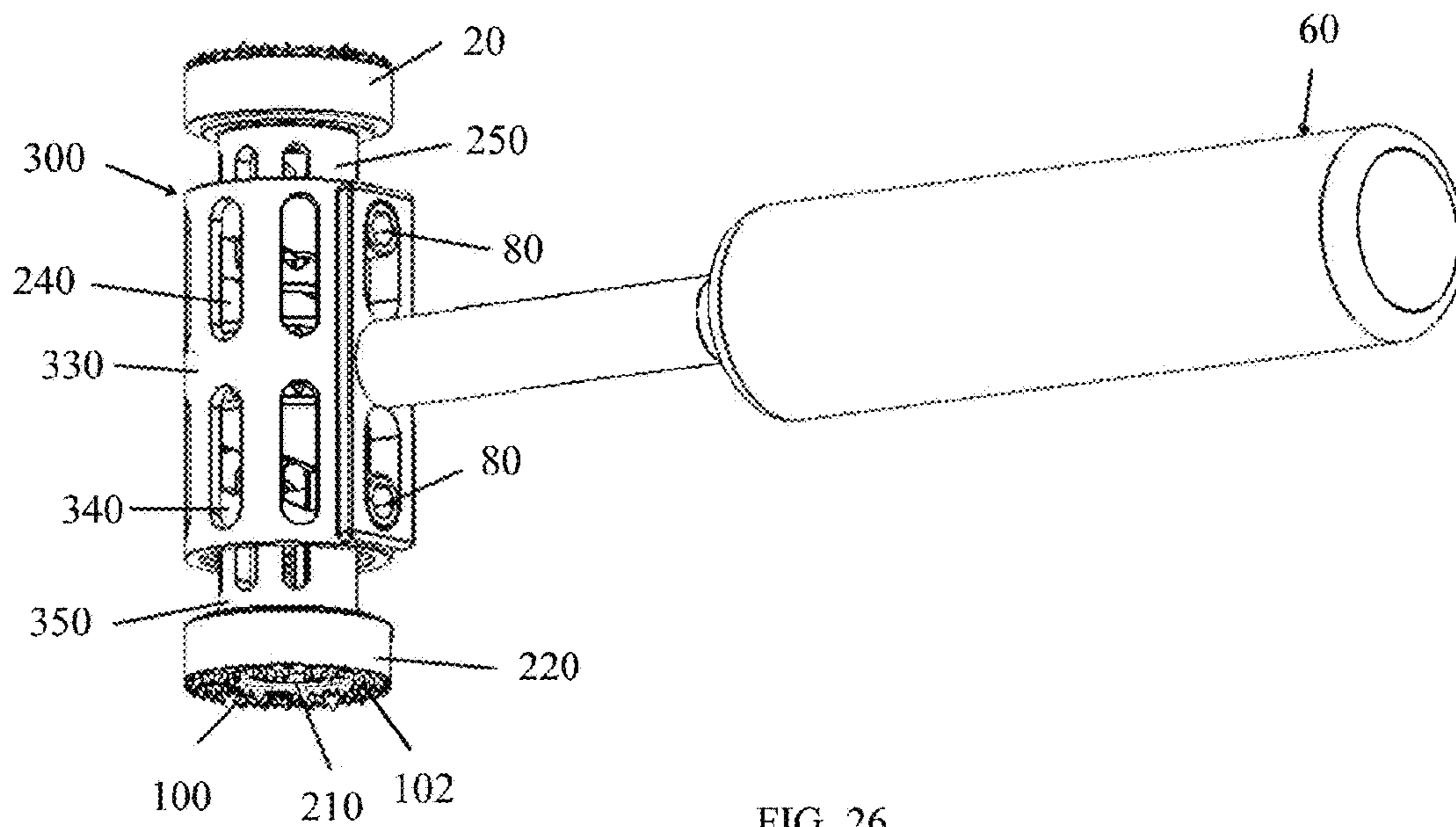


FIG. 26

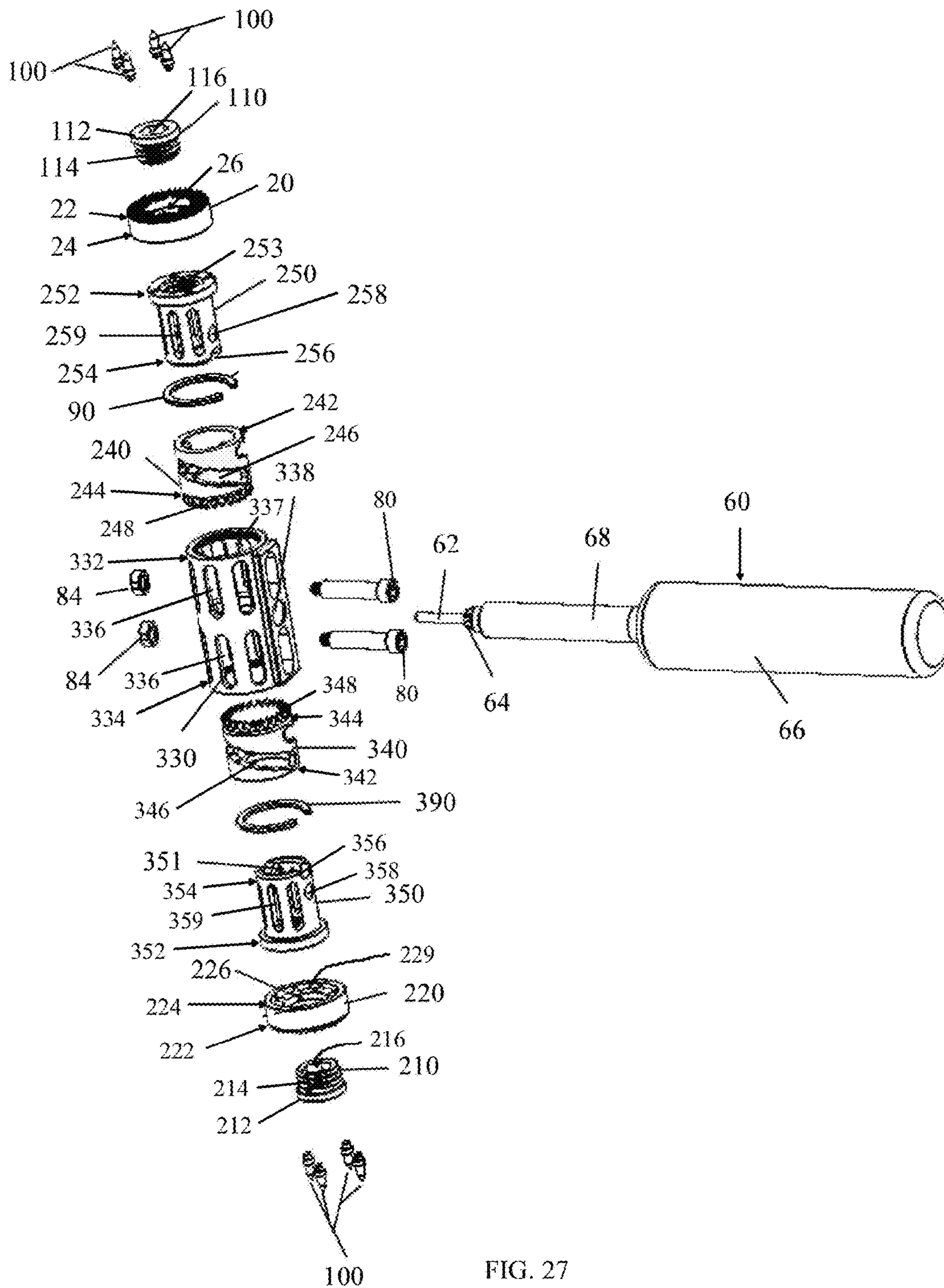


FIG. 27

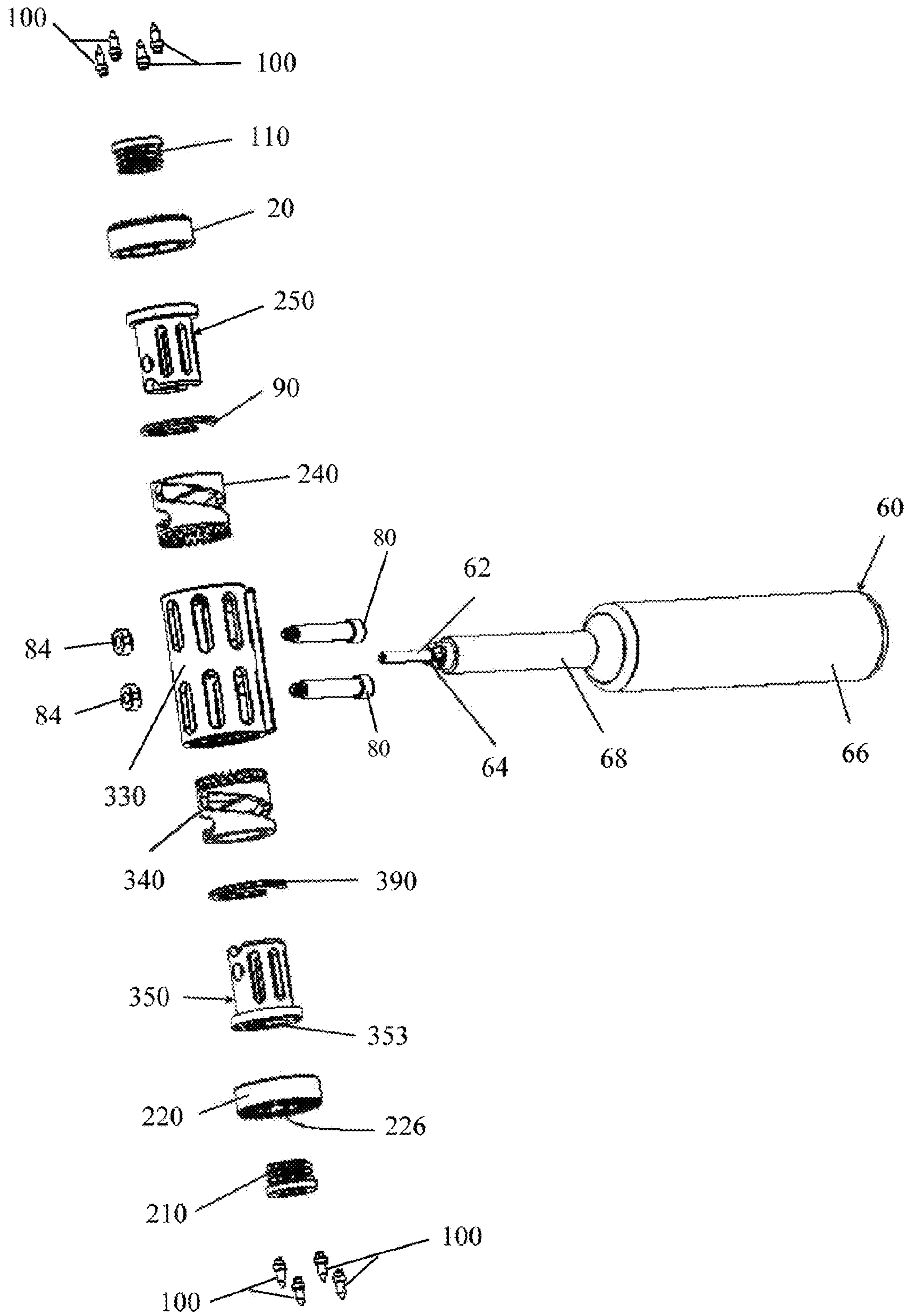


FIG. 28



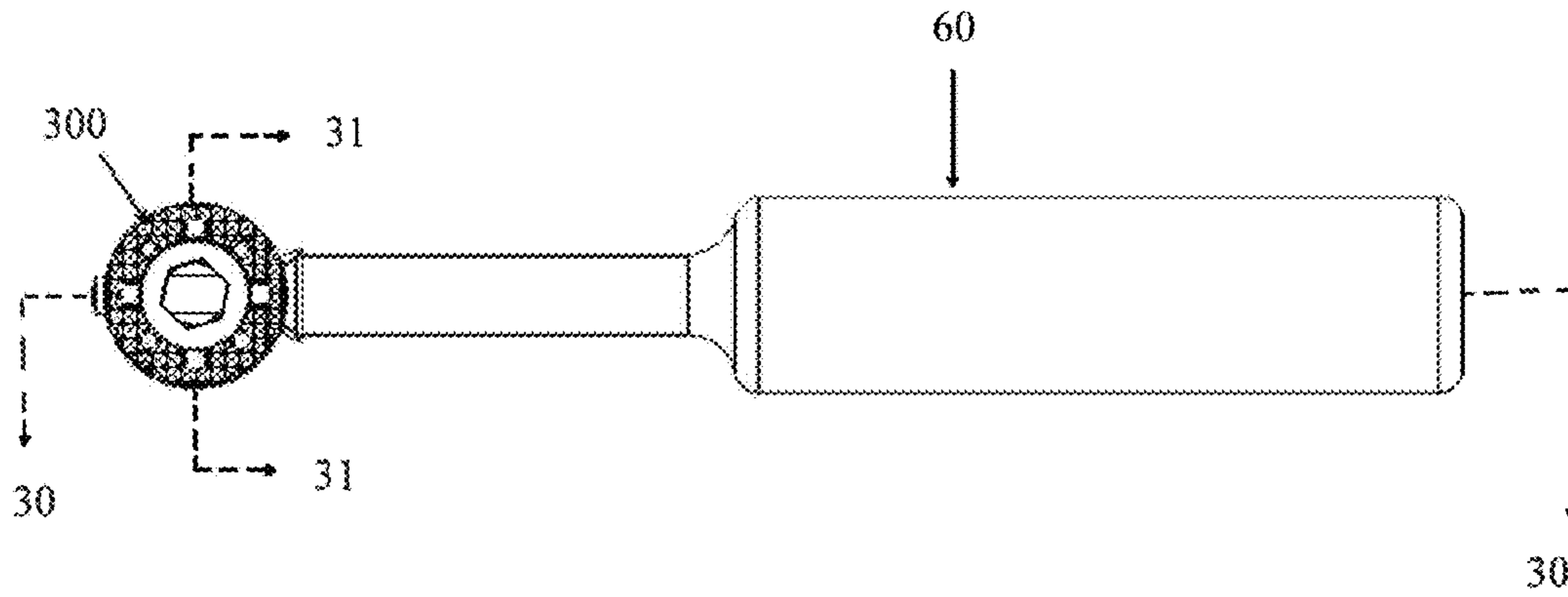


FIG. 29

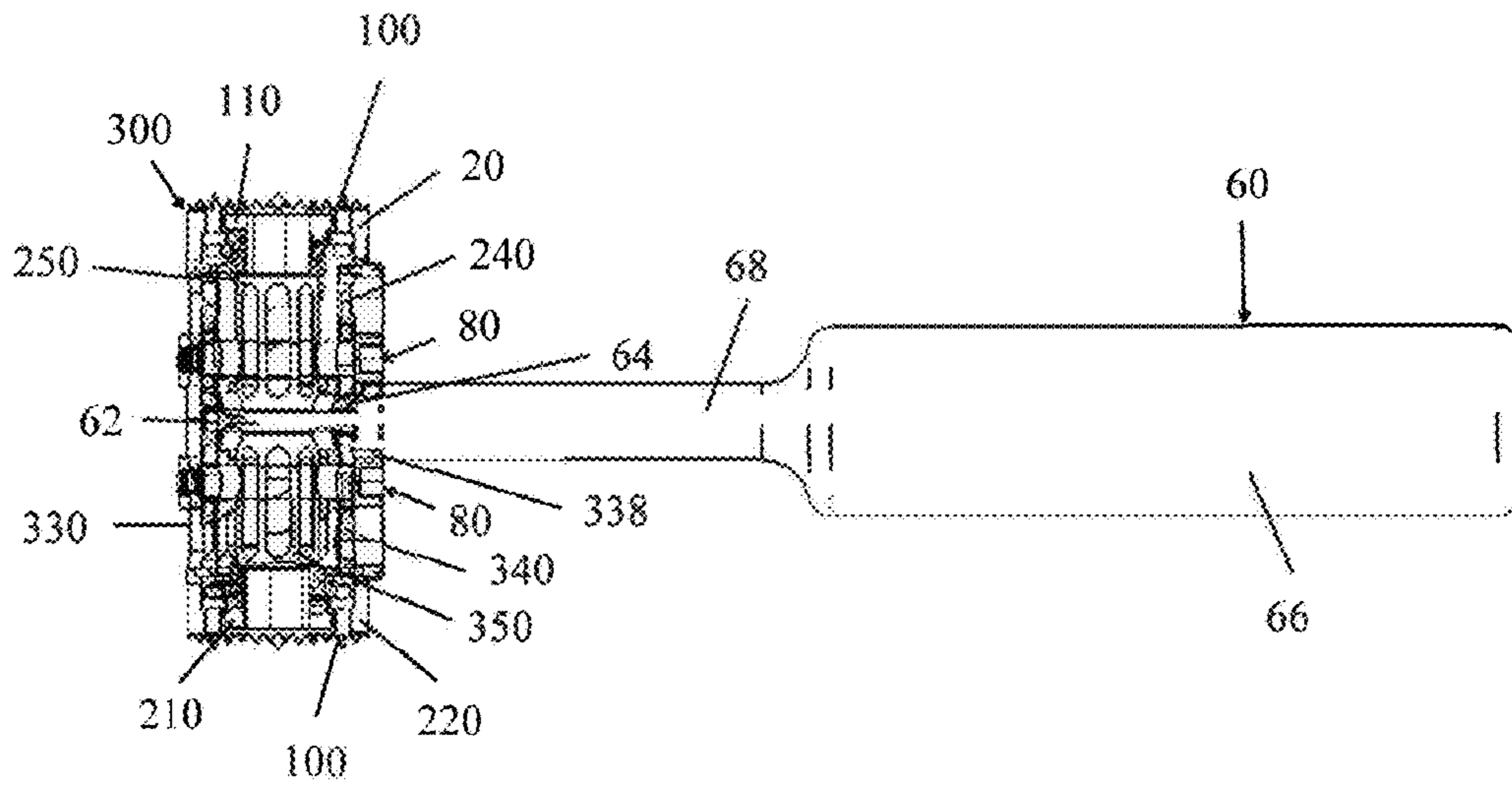


FIG. 30

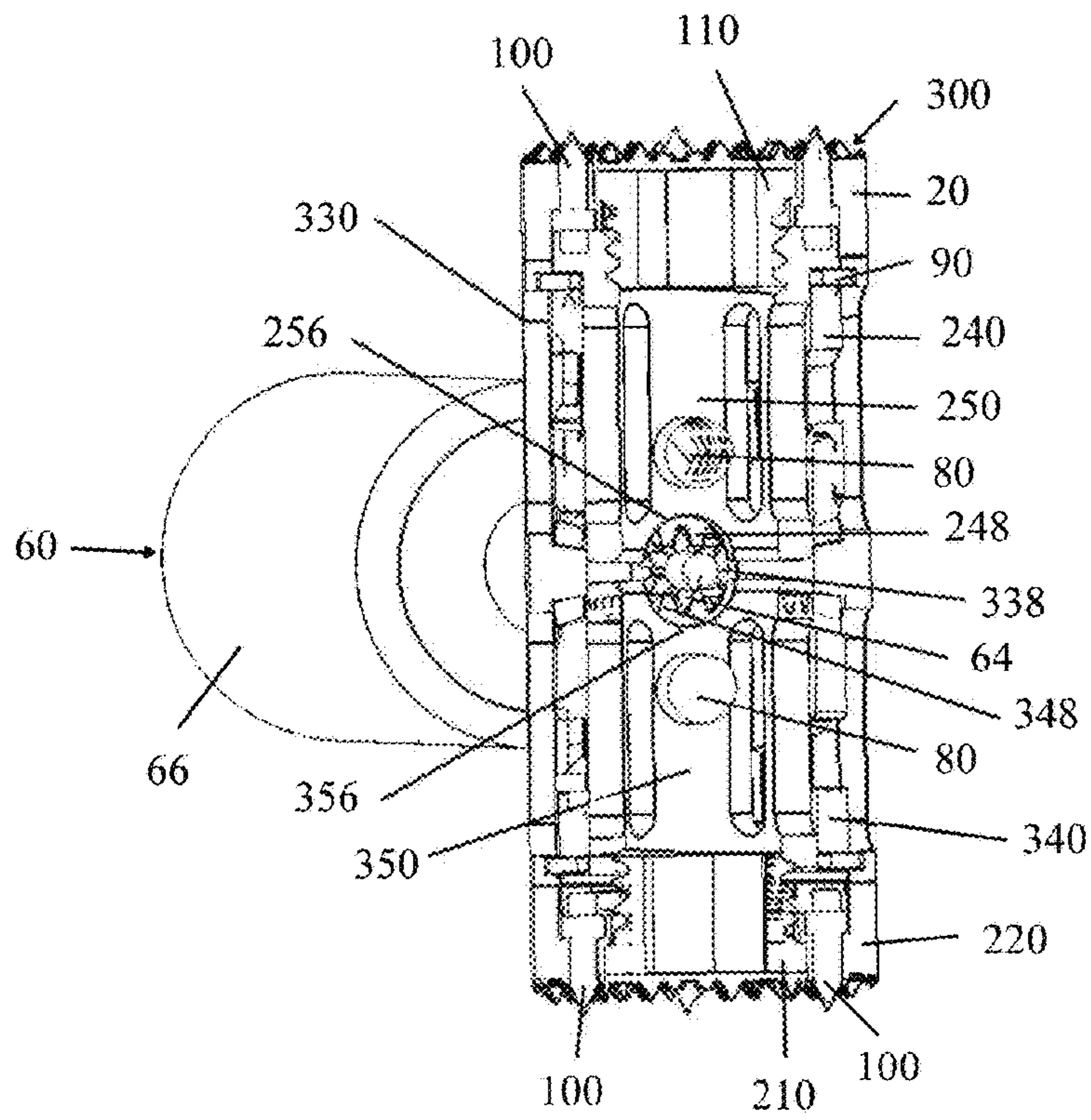


FIG. 31

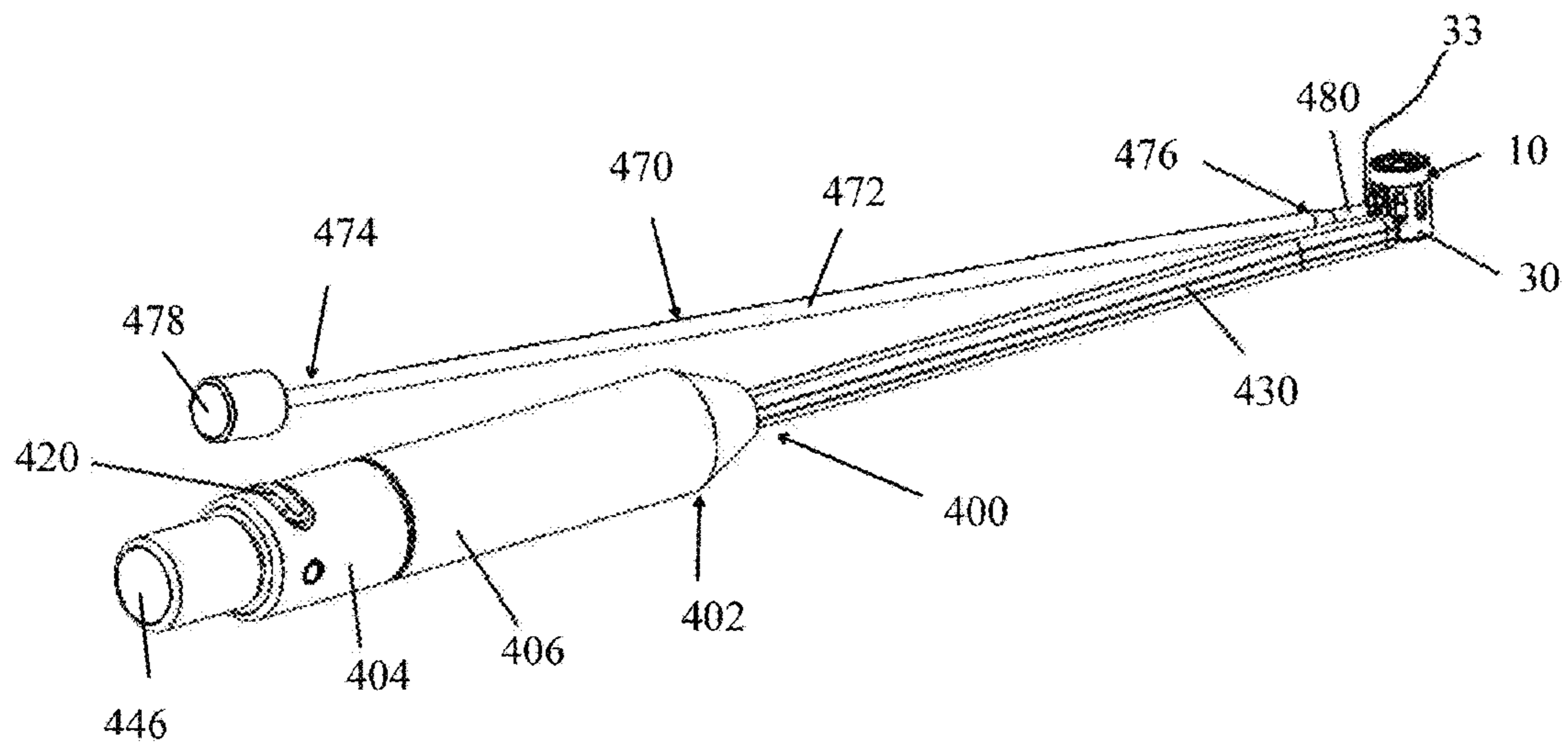
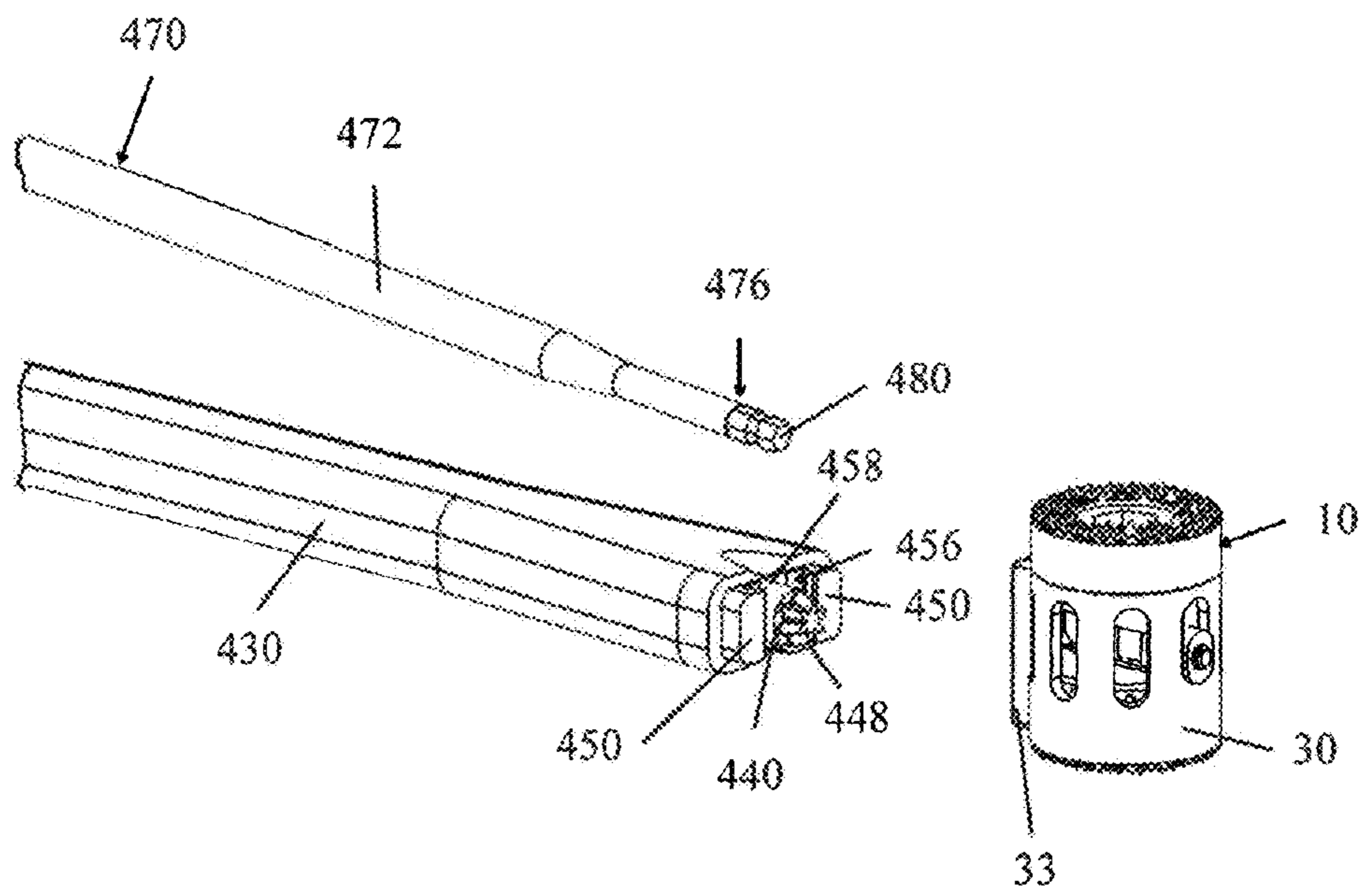
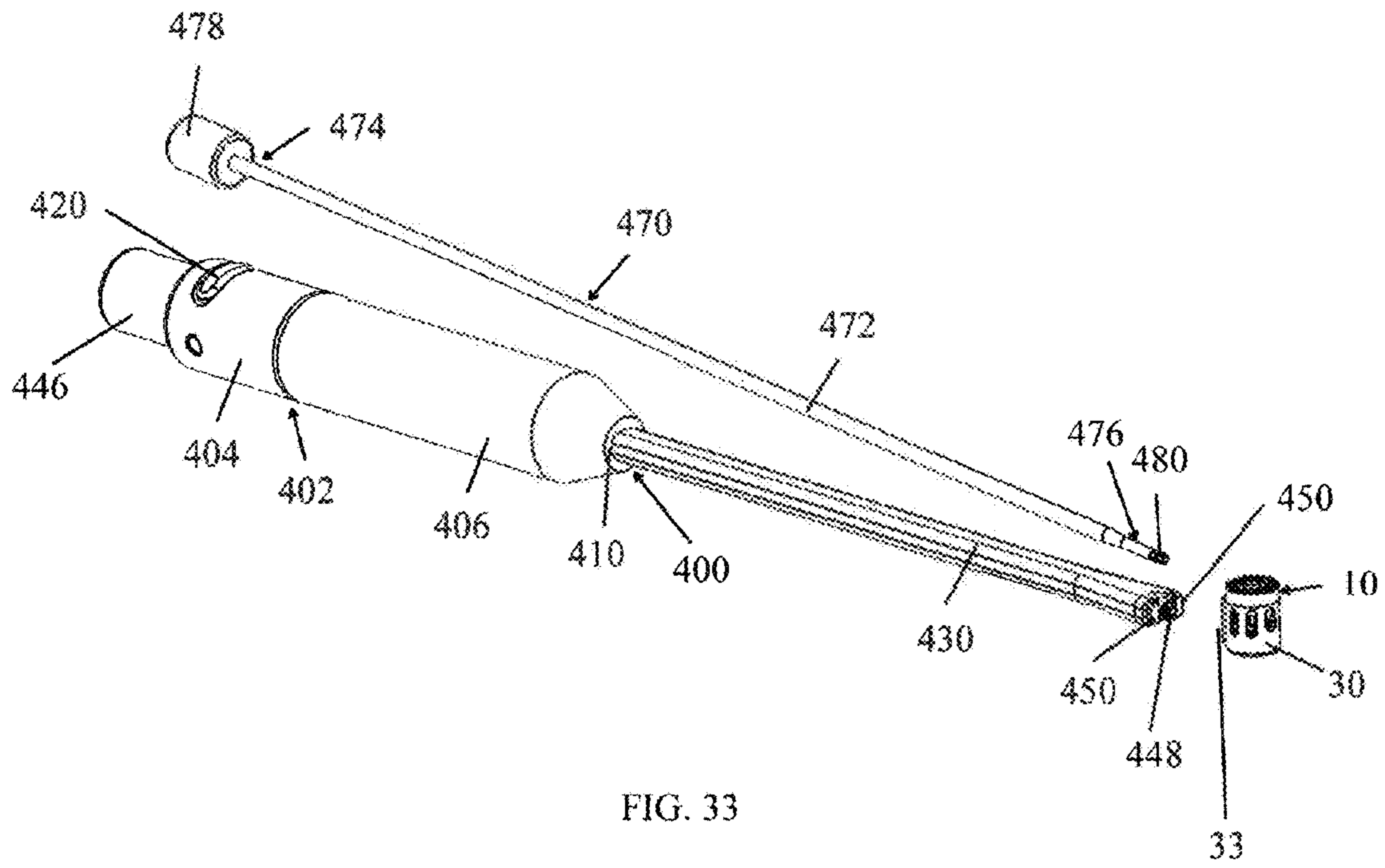


FIG. 32



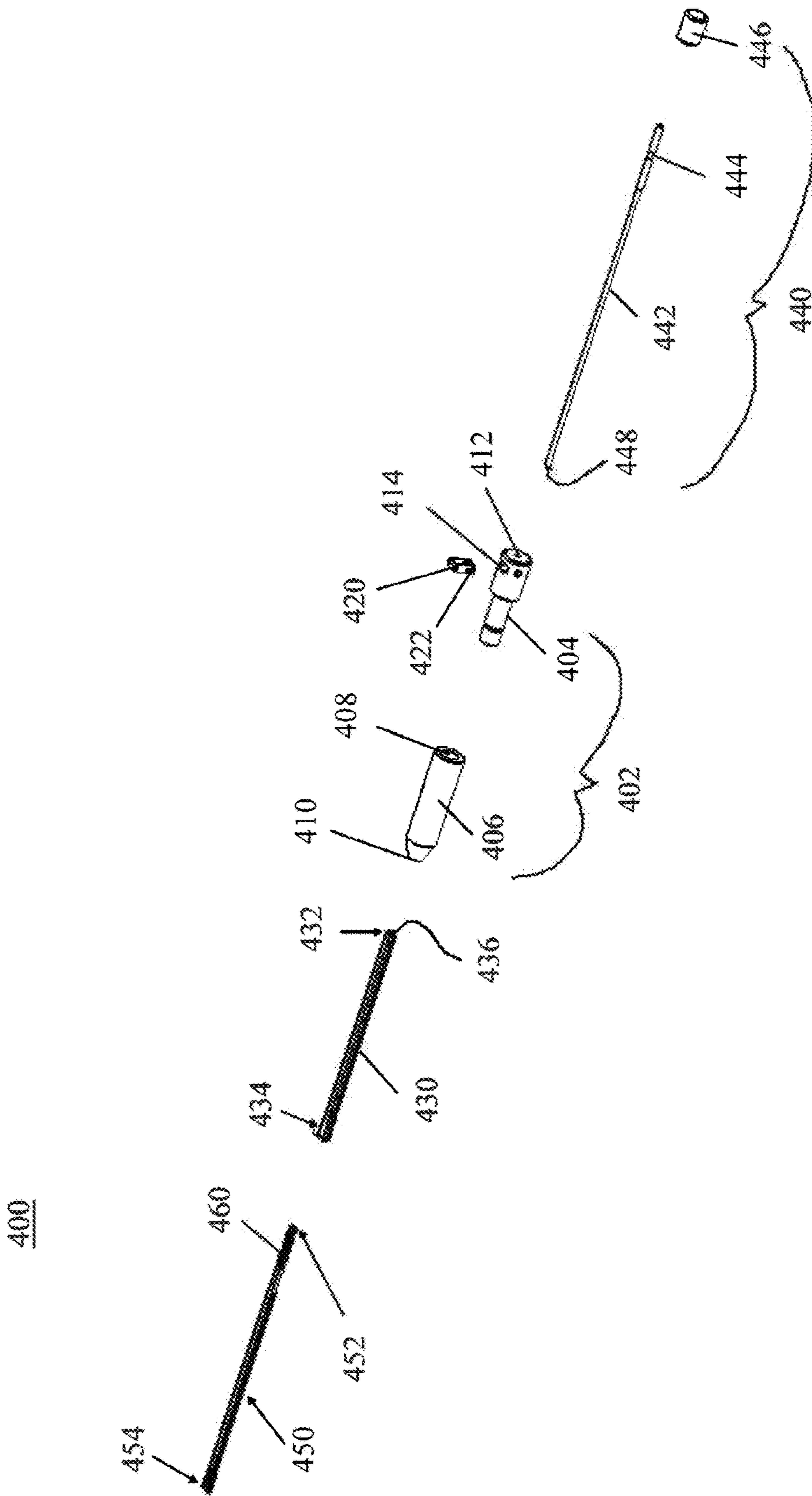


FIG. 35



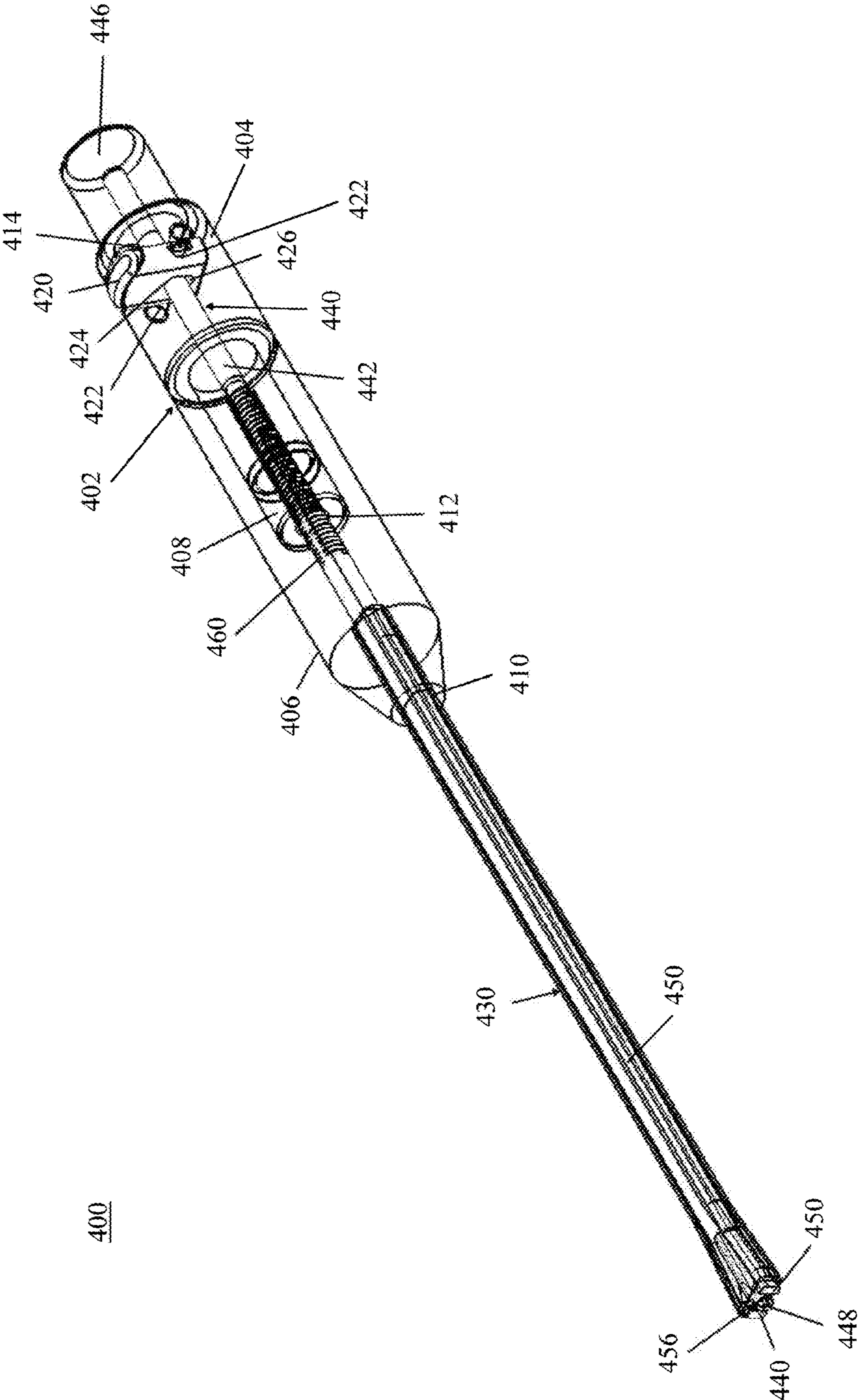


FIG. 36

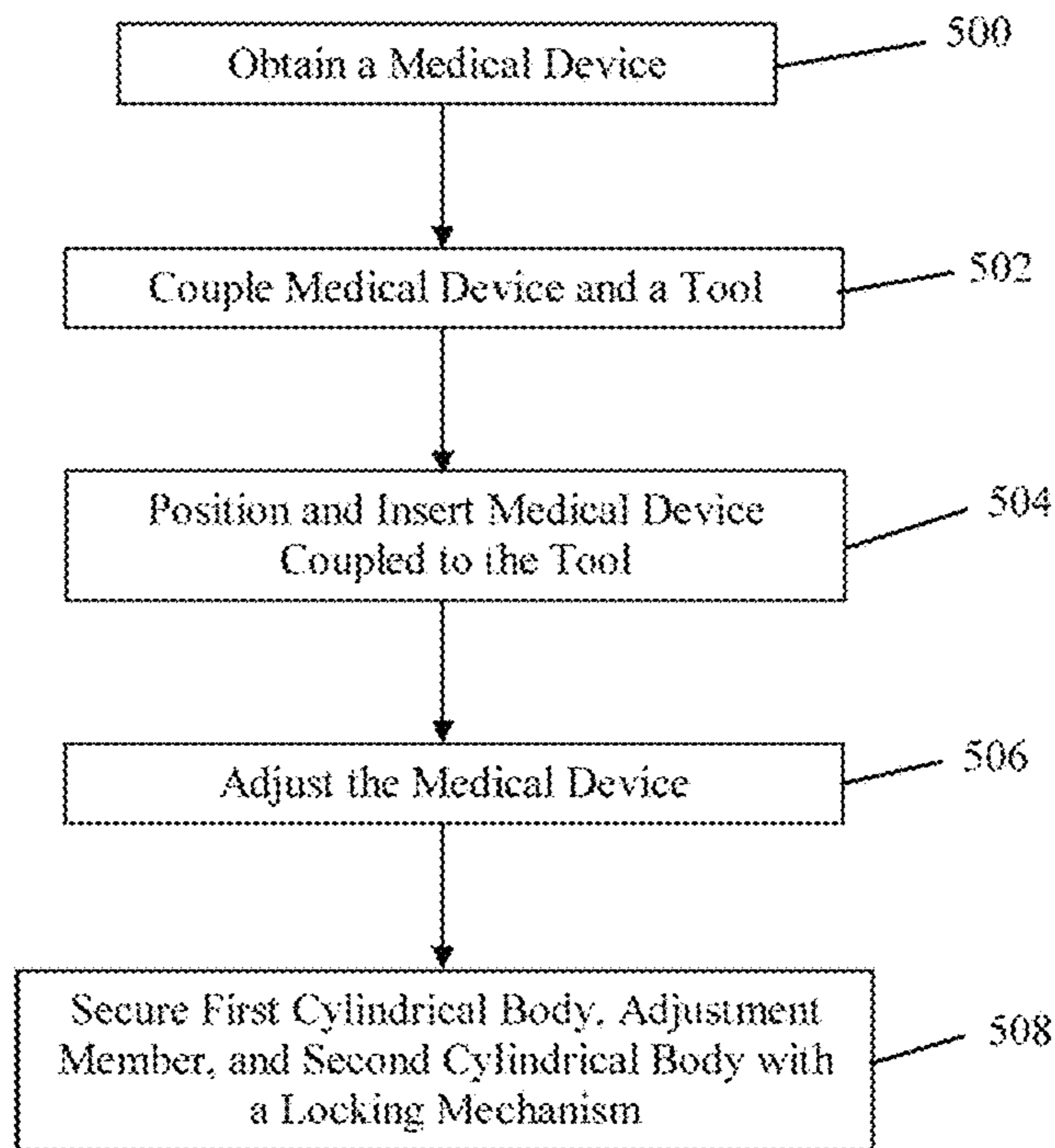


FIG. 37

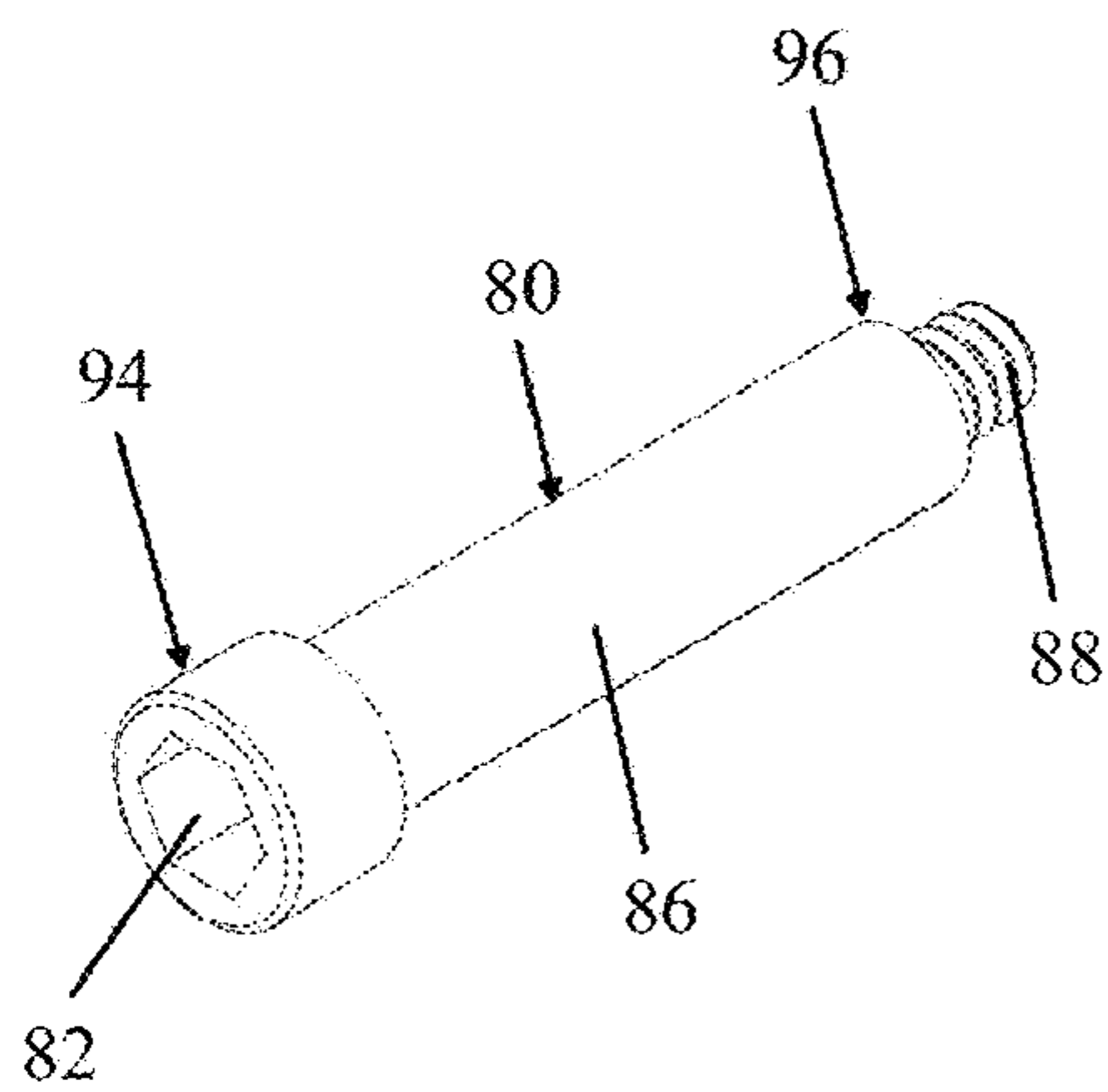


FIG. 38

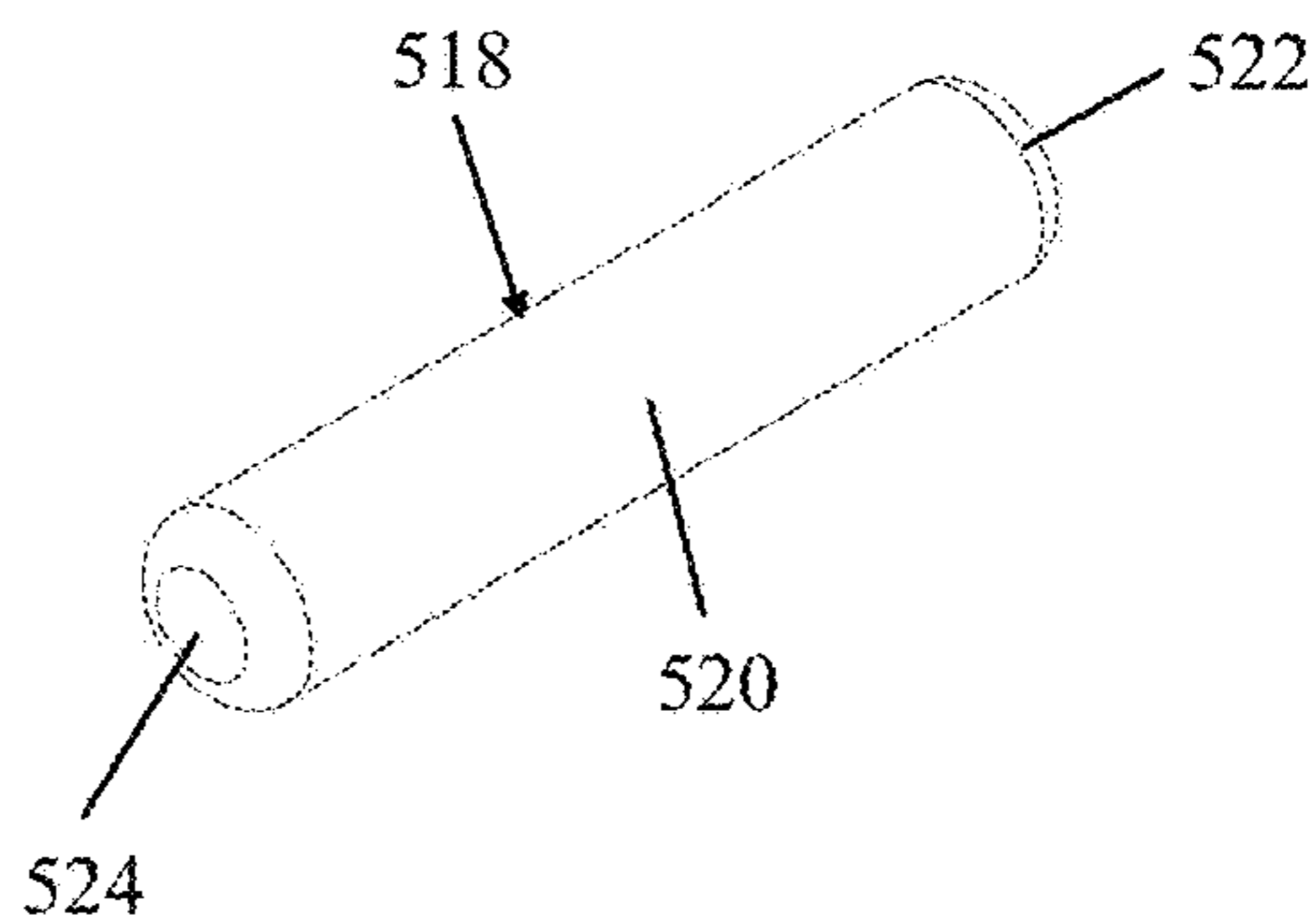


FIG. 39

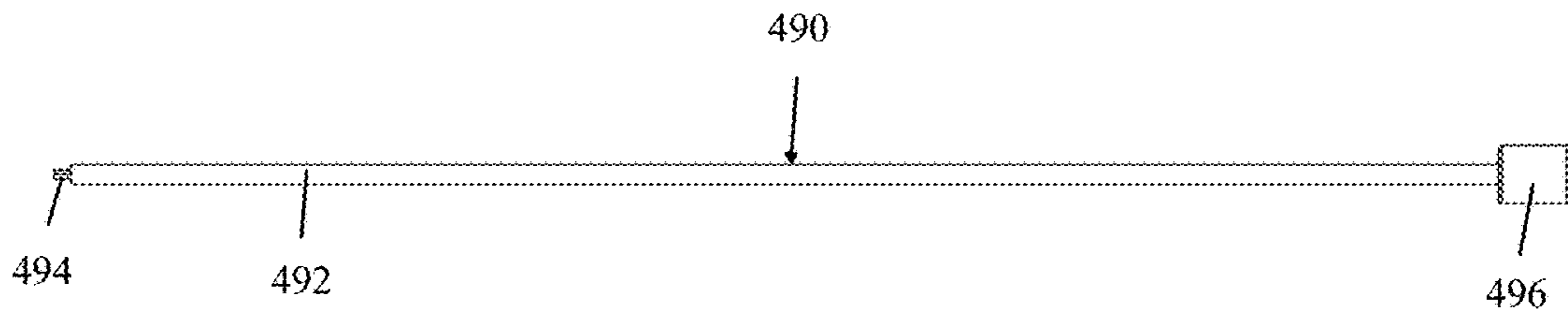


FIG. 40

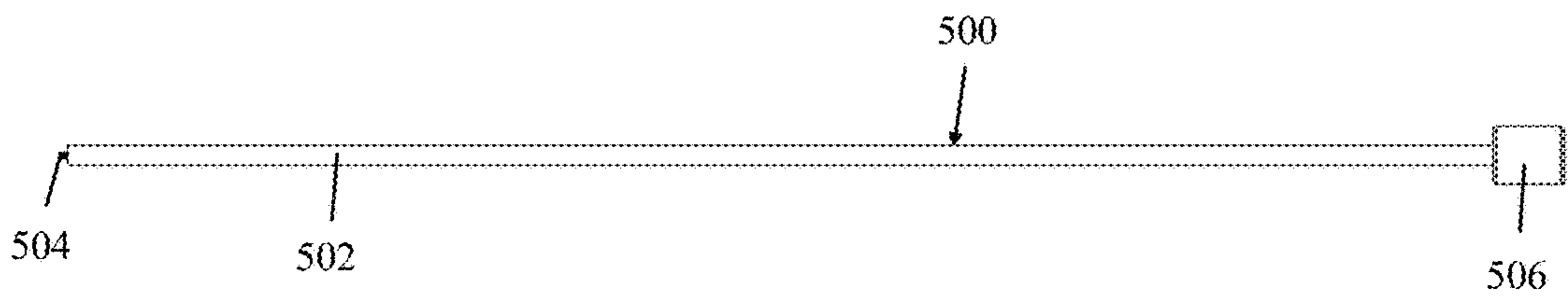


FIG. 41

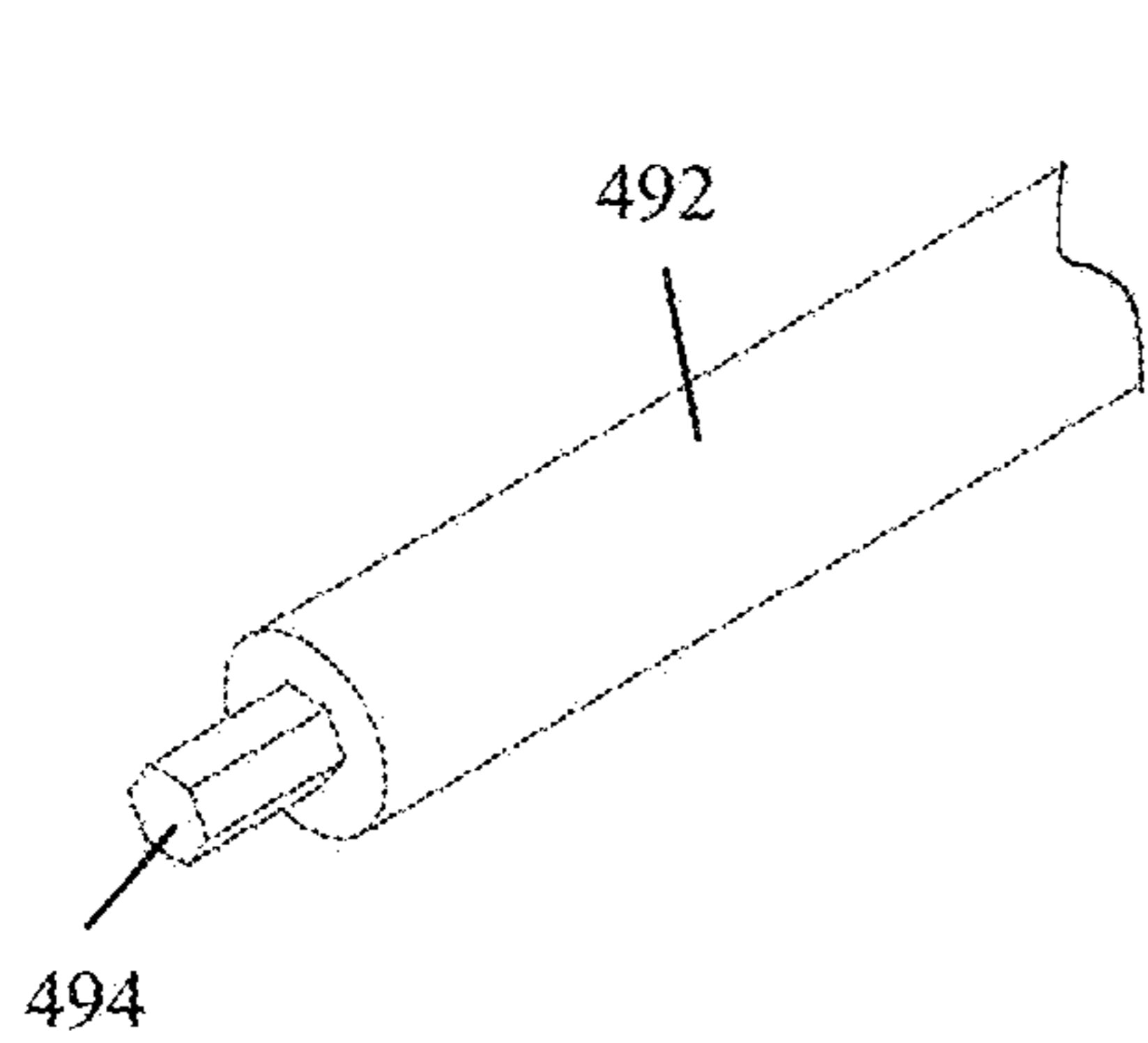


FIG. 42

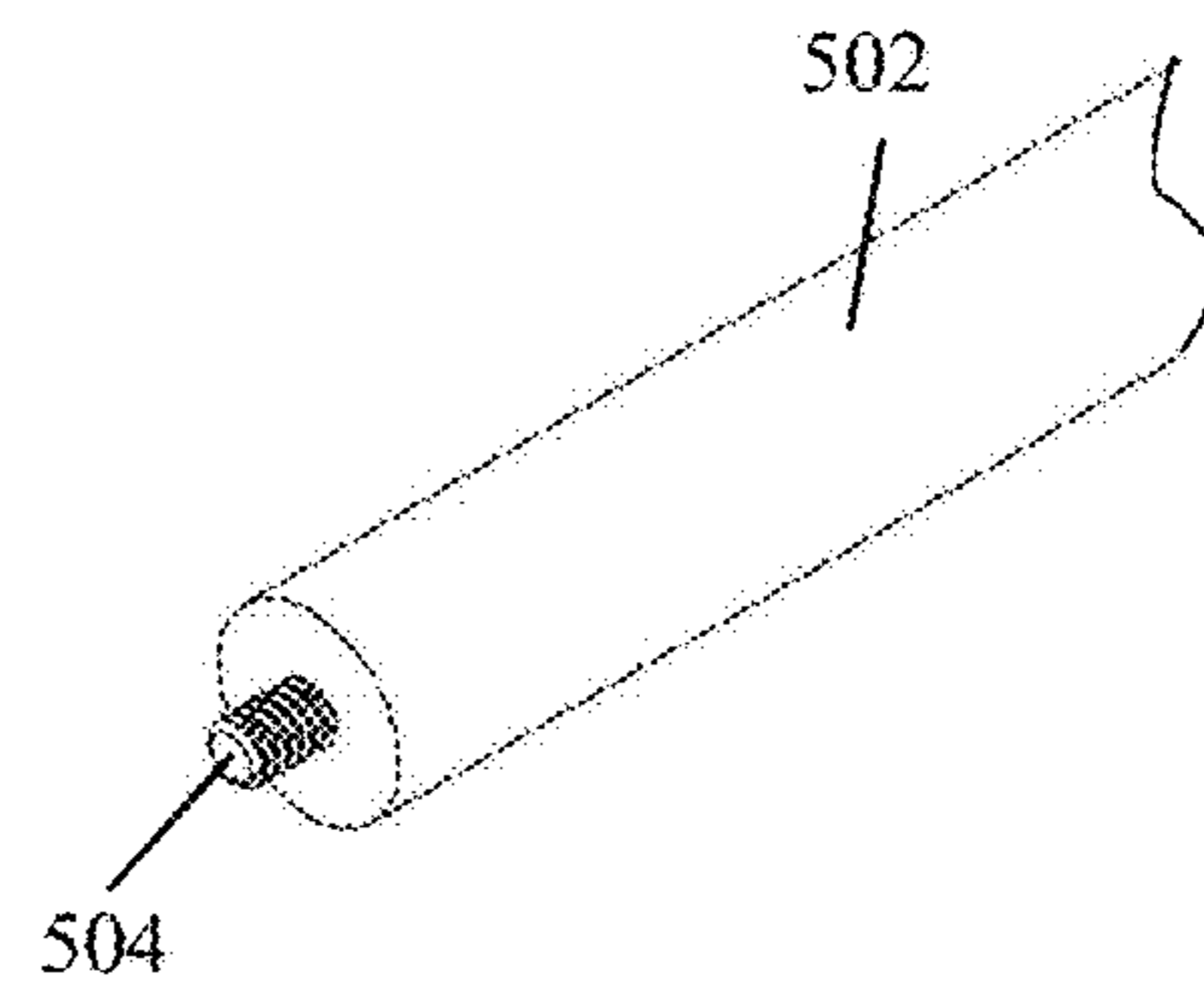


FIG. 43

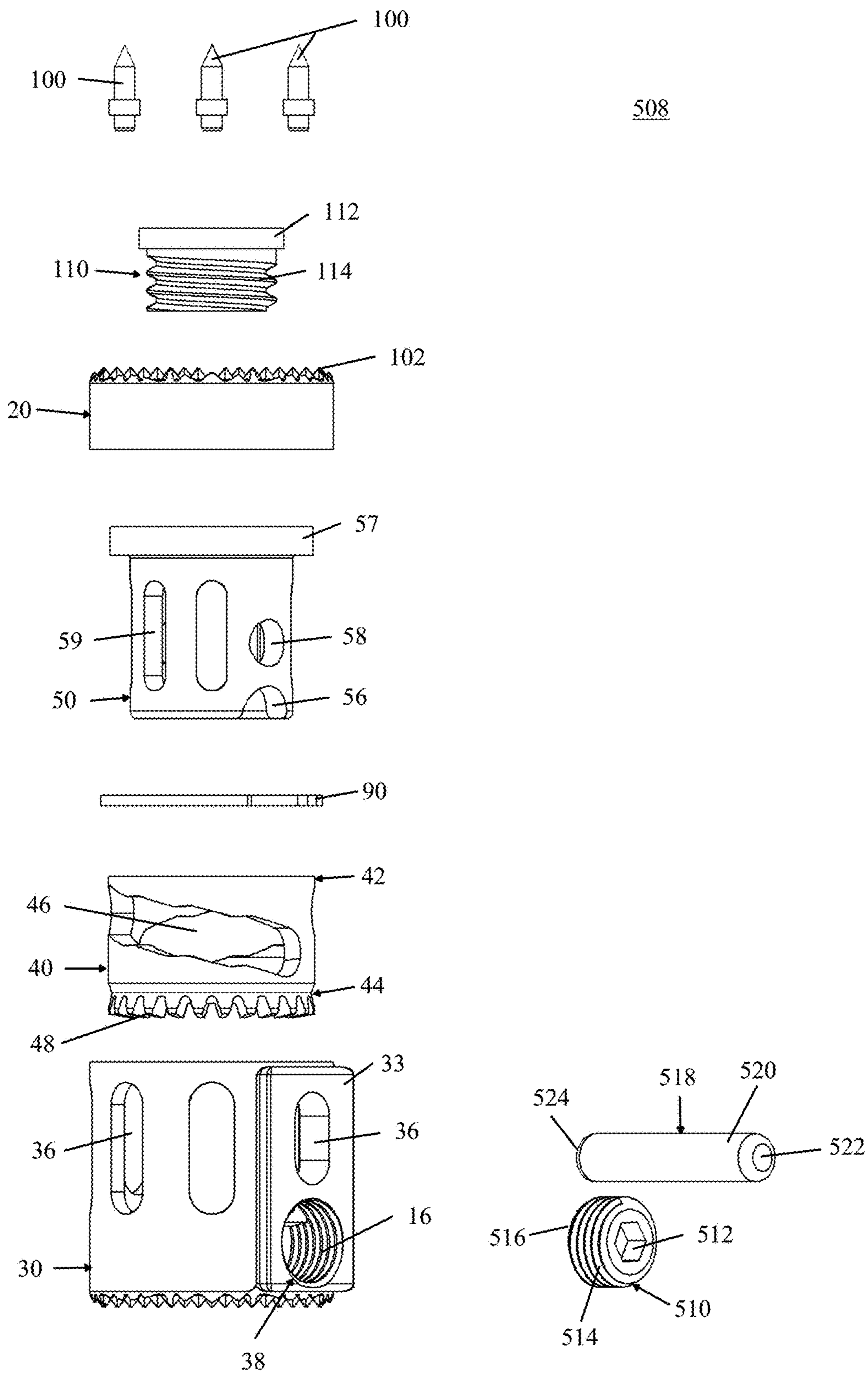


FIG. 44



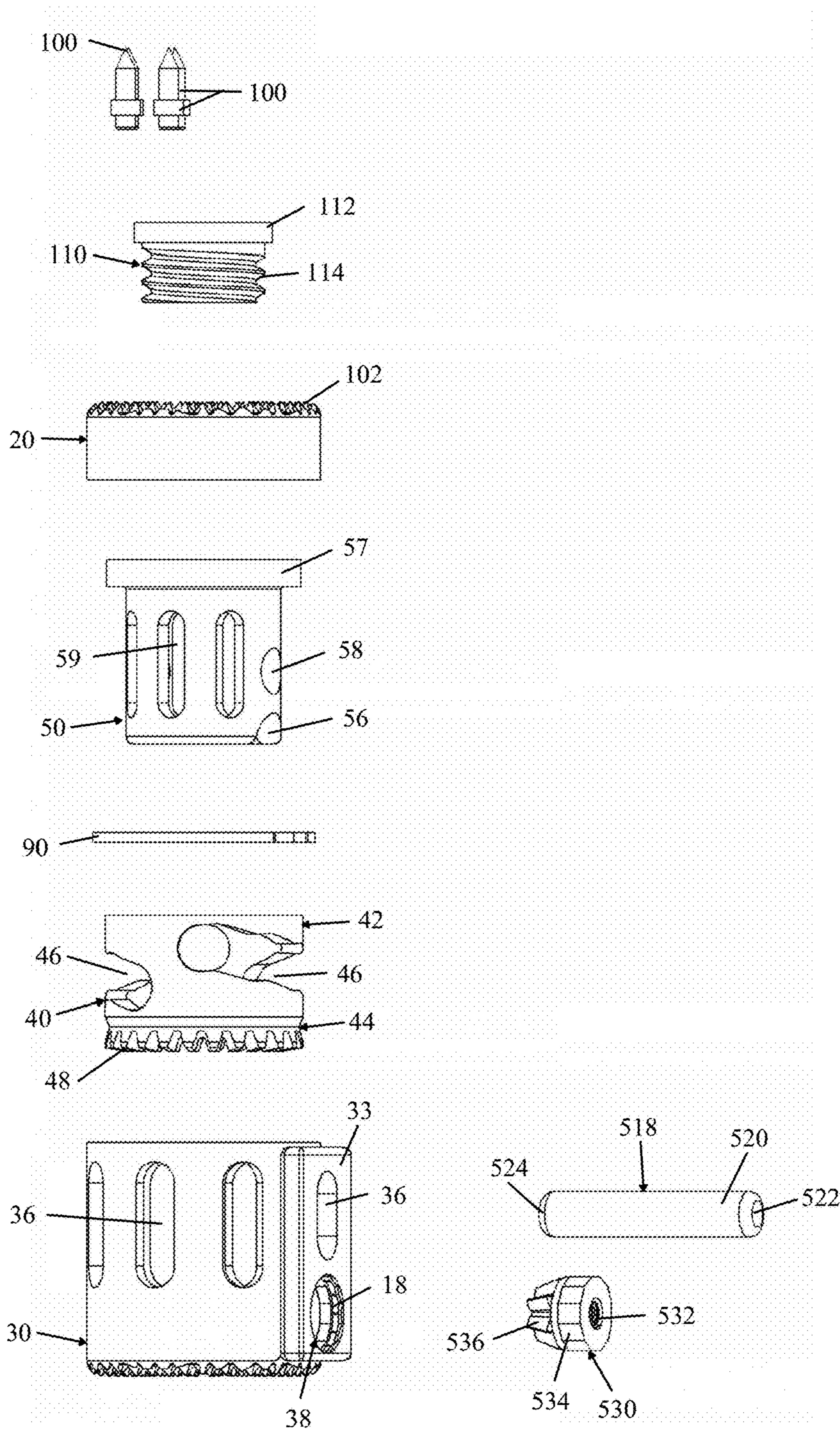


FIG. 45



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## TISSUE SPACER IMPLANTS, INSERTION AND ADJUSTMENT TOOLS, AND METHOD OF USE

### CROSS-REFERENCE TO RELATED APPLICATION

This application is a continuation of U.S. application Ser. No. 14/377,212 filed on Aug. 7, 2014, which is a national stage filing under section 371 of International Application No. PCT/US2013/025134 filed on Feb. 7, 2013 and published in English on Aug. 15, 2013 as WO 2013/119803, which claims priority benefit under 35 U.S.C. § 119(e) of U.S. provisional application No. 61/595,755 filed Feb. 7, 2012, which are incorporated herein by reference in their entireties.

### TECHNICAL FIELD

The present invention relates generally to general surgery, orthopaedic and neurosurgical implants used for insertion within a space between hard and soft tissue structures, and more specifically, but not exclusively, concerns devices implanted within a bone to replace a resected, fractured or diseased portion and to maintain or reestablish proper spacing between the bone fragments.

### BACKGROUND OF THE INVENTION

Damage or disease that affects the integral structure of a bone or other structures, may lead to neurologic impairment or loss of structural support integrity with possible permanent damage to the surrounding soft tissue and adjacent neurologic, vascular and systemic structures. Maintaining or reestablishing anatomic spacing within a bone structure or other structural tissue is critical to ensuring continued functionality and mobility of the patient and avoidance of long-term serious neurological, vascular or other systemic impairments. Please note that the terms "implant" and "device" may be used interchangeably and have the same meaning herein.

### SUMMARY OF THE INVENTION

Advancement of the state of tissue spacer devices and implants and the surgical management relating to the clinical presentation of missing or damaged bone fragments and other hard/soft tissue structures within the body is believed desirable. One example of an embodiment of the invention that satisfies the need for improvements to a tissue spacer device used to treat patients suffering from either diseased or damaged bone or other tissue structures includes a first cylindrical body, a second cylindrical body, an adjustment member, an end member, and a travel mechanism.

The present invention provides in one aspect, a tissue spacer implant including a first cylindrical body with an outer surface, an axially extending hole, and a first end and a second cylindrical body with an outer surface and an axially extending hole. The implant may also include an adjustment member with an outer surface, an axial hole extending from a first end to a second end, and at least one diagonal slot extending partially around the outer surface of the adjustment member. The axial hole of the adjustment member is adapted to receive the first cylindrical body and the adjustment member is configured to be inserted into the axially extending hole of the second cylindrical body. In addition, the implant may include a first travel mechanism

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for engaging the first cylindrical body, the adjustment member, and the second cylindrical body along the at least one diagonal slot of the adjustment member to maintain a space between two bodies of tissue.

5 The present invention provides in another aspect, a tissue spacer implant including at least one inner cylindrical body with an outer surface, an axially extending hole, and a first end and an outer cylindrical body with an outer surface and an axially extending hole. The implant may also include at least one adjustment member with an outer surface, an axially extending hole, and at least one helical slot around the outer surface of the at least one adjustment member. The axially extending hole of the at least one adjustment member is adapted to receive the outer surface of the at least one inner cylindrical body and the outer surface of the at least one adjustment member is adapted to be inserted into the axially extending hole of the outer cylindrical body. In addition, the implant may include at least one travel mechanism. The at least one travel mechanism may include a shaft, the shaft may pass through the at least one inner cylindrical body, the at least one adjustment member, and the outer cylindrical body to maintain a desired position along the at least one helical slot of the at least one adjustment member.

The present invention provides in yet another aspect, a surgical method for maintaining a space between two tissue bodies in a living being. The method may include the step of obtaining a medical device that has a first cylindrical body that includes an outer surface, an axially extending hole, and a first end. The medical device includes a second cylindrical body with an outer surface and an axially extending hole. The medical device also includes an adjustment member with an outer surface, an axial hole extending from a first end to a second end, and at least one helical slot extending partially around the outer surface of the adjustment member. The axial hole of the adjustment member is adapted to receive the first cylindrical body and the adjustment member is configured to be inserted into the axially extending hole of the second cylindrical body. In addition, the medical device may also include a first travel mechanism engaging the first cylindrical body, the adjustment member, and the second cylindrical body along the at least one helical slot of the adjustment member to maintain a space between two bodies of tissue. The method may further include the step of coupling the second cylindrical body of the medical device to a tool. The method may also include the step of positioning and inserting the tool with the medical device in a retracted position into a space between the two tissue bodies to maintain or increase the space therebetween. The method may also include the further step of adjusting the medical device along the at least one helical slot of the adjustment member to a desired length. The method typically further includes the step of securing the first cylindrical body, the adjustment member, and the second cylindrical body using a locking mechanism at a desired length.

55 Further, additional features and advantages are realized through the techniques of the present invention. Other embodiments and aspects of the invention are described in detail herein and are considered a part of the claimed invention.

### BRIEF DESCRIPTION OF THE DRAWINGS

The subject matter which is regarded as the invention is particularly pointed out and distinctly claimed in the claims at the conclusion of the specification. It is emphasized that, in accordance with the standard practice in the industry, various features are not drawn to scale. In fact, the dimen-



sions of the various features may be arbitrarily increased or reduced for clarity of discussion. The foregoing and other objects, features and advantages of the invention are apparent from the following detailed description taken in conjunction with the accompanying drawings in which:

FIG. 1 is a perspective view of one embodiment of a tissue spacer device in a retracted position, in accordance with an aspect of the present invention;

FIG. 2 is a front view of the tissue spacer device of FIG. 1, in accordance with an aspect of the present invention;

FIG. 3 is a side view of the tissue spacer device of FIG. 1 with a tool inserted into the tissue spacer device, in accordance with an aspect of the present invention;

FIG. 4 is a top view of the tissue spacer device of FIG. 1 and the tool of FIG. 3, in accordance with an aspect of the present invention;

FIG. 5 is a bottom view of the tissue spacer device of FIG. 1 and the tool of FIG. 3, in accordance with an aspect of the present invention;

FIG. 6 is a perspective view of the tissue spacer device of FIG. 1 in a fully extended position and the tool of FIG. 3, in accordance with an aspect of the present invention;

FIG. 7 is a partially exploded side, perspective view of the tissue spacer device of FIG. 1 and the tool of FIG. 3, in accordance with an aspect of the present invention;

FIG. 8 is a partially exploded front, perspective view of the tissue spacer device of FIG. 1 and the tool of FIG. 3, in accordance with an aspect of the present invention;

FIG. 9 is a partially exploded perspective view of the tissue spacer device of FIG. 1 and the tool of FIG. 3, in accordance with an aspect of the present invention;

FIG. 10 is a fully exploded side, perspective view of the tissue spacer device of FIG. 1, in accordance with an aspect of the present invention;

FIG. 11 is a fully exploded back, perspective view of the tissue spacer device of FIG. 1, in accordance with an aspect of the present invention;

FIG. 12 is a cross sectional view of the device shown in FIG. 4 as viewed along section line 12-12 in FIG. 4, in accordance with an aspect of the present invention;

FIG. 13 is a cross sectional view of the device shown in FIG. 3 as viewed along section line 13-13 in FIG. 3, in accordance with an aspect of the present invention;

FIG. 14 is a cross sectional view of the device shown in FIG. 3 as viewed along section line 14-14 in FIG. 3, in accordance with an aspect of the present invention;

FIG. 15 is a perspective view of another alternative embodiment of a tissue spacer device in a retracted position with a tool inserted into the tissue spacer device, in accordance with an aspect of the present invention;

FIG. 16 is a perspective view of the tissue spacer device of FIG. 15 in a fully expanded position and the tool of FIG. 15, in accordance with an aspect of the present invention;

FIG. 17 is a bottom perspective view of the tissue spacer device of FIG. 15 in a fully expanded position and the tool of FIG. 15, in accordance with an aspect of the present invention;

FIG. 18 is a fully exploded top perspective view of the tissue spacer device and tool of FIG. 15, in accordance with an aspect of the present invention;

FIG. 19 is a fully exploded bottom perspective view of the tissue spacer device and tool of FIG. 15, in accordance with an aspect of the present invention;

FIG. 20 is a top view of the tissue spacer device and the tool of FIG. 15, in accordance with an aspect of the present invention;

FIG. 21 is a cross sectional view of the device shown in FIG. 15 as viewed along section lines 21-21 in FIG. 20, in accordance with an aspect of the present invention;

FIG. 22 is a cross sectional view of the device shown in FIG. 15 as viewed along section lines 22-22 in FIG. 20, in accordance with an aspect of the present invention;

FIG. 23 is a perspective view of yet another alternative embodiment of a tissue spacer device in a retracted position, in accordance with an aspect of the present invention;

FIG. 24 is a fully exploded top perspective view of the tissue spacer device of FIG. 23, in accordance with an aspect of the present invention;

FIG. 25 is a perspective view of another embodiment of a tissue spacer device and a tool inserted into the tissue spacer device, in accordance with an aspect of the present invention;

FIG. 26 is a perspective view of the tissue spacer device of FIG. 25 in a fully expanded position and the tool of FIG. 25, in accordance with an aspect of the present invention;

FIG. 27 is a fully exploded top perspective view of the tissue spacer device and tool of FIG. 25, in accordance with an aspect of the present invention;

FIG. 28 is a fully exploded bottom perspective view of the tissue spacer device and tool of FIG. 25, in accordance with an aspect of the present invention;

FIG. 29 is a top view of the tissue spacer device and tool of FIG. 25, in accordance with an aspect of the present invention;

FIG. 30 is a cross sectional view of the device shown in FIG. 25 as viewed along section lines 30-30 in FIG. 29, in accordance with an aspect of the present invention;

FIG. 31 is a cross sectional view of the device shown in FIG. 25 as viewed along section lines 31-31 in FIG. 29, in accordance with an aspect of the present invention;

FIG. 32 is a perspective view of an insertion tool and locking instrument engaging the tissue spacer device of FIG. 1, in accordance with an aspect of the present invention;

FIG. 33 is a partially exploded, perspective view of the insertion tool and locking instrument of FIG. 32 and the tissue spacer device of FIG. 1, in accordance with an aspect of the present invention;

FIG. 34 is a truncated perspective view of the insertion tool and locking instrument of FIG. 32 and the tissue spacer device of FIG. 1, in accordance with an aspect of the present invention;

FIG. 35 is an exploded perspective view of the insertion tool of FIG. 32, in accordance with an aspect of the present invention;

FIG. 36 is a perspective view of the insertion tool of FIG. 32 with a transparent handle, outer housing and knob, in accordance with an aspect of the present invention;

FIG. 37 depicts one embodiment of a surgical method for implanting a tissue spacer device into a patient's body, in accordance with an aspect of the present invention;

FIG. 38 is a perspective view of a travel mechanism for a tissue spacer implant, in accordance with an aspect of the present invention;

FIG. 39 is a perspective view of another travel mechanism for a tissue spacer implant, in accordance with an aspect of the present invention;

FIG. 40 is a side view of a locking mechanism inserter, in accordance with an aspect of the present invention;

FIG. 41 is a side view of an alternative locking mechanism inserter, in accordance with an aspect of the present invention;



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FIG. 42 a truncated perspective view of the engagement end of the locking mechanism inserter of FIG. 38, in accordance with an aspect of the present invention;

FIG. 43 a truncated perspective view of the engagement end of the locking mechanism inserter of FIG. 39, in accordance with an aspect of the present invention;

FIG. 44 is a fully exploded side, perspective view of an alternative tissue spacer device, in accordance with an aspect of the present invention; and

FIG. 45 is a fully exploded side, perspective view of another alternative tissue spacer device, in accordance with an aspect of the present invention.

#### DETAILED DESCRIPTION FOR CARRYING OUT THE INVENTION

Generally stated, disclosed herein are tissue spacer implants, an adjustment tool, and an insertion tool. As used herein, the terms “tissue spacer implant,” “implant,” “medical device,” and “device” may be used interchangeably as they essentially describe the same type of device. Surgical methods for implanting the tissue spacer implants are also disclosed.

As shown in FIG. 1, the general arrangement of a tissue spacer implant 10, in accordance with an aspect of the present invention, may include a cylindrical body or post-like member. The implant 10 as shown in FIGS. 1-6 has, for example, a generally circular cross-sectional geometry, although it is contemplated that other geometric or anatomical shapes may also be used in the construct. The implant 10 may likely include an end member 20, an outer cylindrical body 30, an intermediate adjustment member 40, and an inner cylindrical body 50. The implant 10 may also include a fastener 110. The intermediate adjustment member 40 is detachably coupled to the inner cylindrical body or first cylindrical body 50 and the outer cylindrical body or second cylindrical body 30. The terms “inner cylindrical body” and “first cylindrical body” may be used interchangeably as they have essentially the same meaning herein. Likewise, the terms “outer cylindrical body” and “second cylindrical body” may be used interchangeably as they have essentially the same meaning herein. In addition, the terms “intermediate adjustment member” and “adjustment member” may be used interchangeably as they have essentially the same meaning herein. The end member 20 is detachably coupled to the inner cylindrical body 50 and the fastener 110 may be used to detachably couple the end member 20 to the inner cylindrical body 50.

As seen in FIGS. 10-11, the end member 20 typically includes a first end 22 and second end 24, the outer cylindrical body 30 typically includes a first end 32 and second end 34, the intermediate adjustment member 40 typically includes a first or superior end 42 and second or inferior end 44, and the inner cylindrical body 50 typically includes a first end 52 and second end 54. The first end 22 of the end member 20 being configured to provide a bone contacting surface and the second end 24 being configured to couple to the first end 52 of the inner cylindrical body 50. The fastener 110 may be used to secure the end member 20 to the inner cylindrical body 50. The second end 54 of the inner cylindrical body 50 may be configured to couple to the first end 42 of the intermediate adjustment member 40. The second end 44 of the intermediate adjustment member 40 may be configured to couple with the first end 32 of the outer cylindrical body 30 and for mating with a tool, for example, adjustment mechanism 60 or the positioning mechanism 440 of the insertion tool 400. The terms “adjustment mecha-

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nism,” “tool,” “adjustment tool,” and “instrument” may be used interchangeably herein as they essentially refer to the same device. The second end 34 of the outer cylindrical body 30 may be configured to provide a bone contacting surface 102. As shown in FIGS. 13-14, the outer cylindrical body 30, intermediate adjustment member 40, and inner cylindrical body 50 may, for example, have a circular cross sectional shape, but other polygonal or anatomical shapes may be used.

The end member 20 may also be hollow or include a central bore 26 that passes from the first end 22 to the second end 24. The central bore 26 may be filled with bone graft material post-implantation. The first end 22 may include a ridged contact surface with a plurality of openings 28, as seen in FIGS. 1 and 4, the disclosed embodiment includes, for example, eight openings, which may be threaded. As best seen in FIG. 1, one or more threaded spikes 100 may be inserted into the plurality of openings 28. The threaded spikes 100 may be used to fasten the end member 20 to the inner cylindrical body 50, as well as to provide additional contact with the adjacent vertebral body. It should be understood by one skilled in the art that it is contemplated that modular end surfaces or end members 20 may be used to provide for varying types of bone contacting surfaces and structures, including, but not limited to sharp tines, porous coatings, biomaterial/ingrowth surfaces, and teeth-like structures. End member 20 may also include teeth-like structures 102 as depicted in FIGS. 1-3. Although not shown, it is also understood that alternative modular end surfaces or angled end surfaces may be attached to the end member 20 using many different coupling mechanisms including, but not limited to, snap locks, screws, pins, etc., to address various clinical deformities. The end member 20 also includes a second end 24 including an inner ring 29 that mates with the rim 57 on the first end 52 of the inner cylindrical body 50. As shown, the end member 20 has a generally circular cross-sectional geometry, although it is contemplated that various cross-sectional geometries could be used in the construct depending upon the anatomic situation and clinical application.

As seen in FIGS. 9-11, the inner cylindrical body 50 may include a rim 57 or teeth-like structures (not shown) around the first end 52 for mating with end member 20. The inner cylindrical body 50 also has parallel cutouts 56 in the second end 54 to provide clearance for a tool, for example, the adjustment tool 60 or positioning mechanism 440 of the insertion tool 400, when it is inserted into the implant 10. In the depicted embodiment of FIGS. 10-11, the cutouts 56 are configured as half circles, although many other geometric shapes are contemplated and the shapes shown here are for example purposes only. Above the cutouts 56 are two parallel holes or openings 58 which may mate with the travel mechanism 80 to secure the intermediate adjustment member 40 at a desired separation. Also along the inner cylindrical body 50 between the first end 52 and the second end 54 there may be a plurality of elongated vertically oriented openings 59 passing through the outer surface into the central cavity 51. The elongated vertically oriented openings 59 may be oval in shape, as seen in FIGS. 10 and 11, although many other geometric shapes are contemplated and the shapes shown are for example purposes only. The first end 52 of the central cavity may include interior threads 53 for engaging the threaded end 114 of the fastener 110, as seen in FIG. 10.

As shown in FIGS. 9-11, the intermediate adjustment member 40 may include two diagonal or helical openings 46 between the first end 42 and the second end 44 passing



through the outer surface into the central cavity 41. The diagonal openings 46 are angled from the first end 42 towards the second end 44, although other alignment angles are contemplated. As seen in FIGS. 10 and 11, the openings 46 are slots, although many other geometric shapes are contemplated and the shapes shown are for example purposes only. The openings 46 may include depressions 47 along the inside of the openings 46 to provide indents for the shaft 86 of the travel mechanism 80 to sit in at the various adjustment heights. However, the openings 46 may also have smooth walls with any incremental changes of height being controlled and determined by the spacing of the gears 48 on the adjustment member 40. The second end 44 of the intermediate adjustment member 40 may include teeth-like or gear structures 48 for mating with a tool, for example, the adjustment tool 60 or insertion tool 400.

Continuing to refer to FIGS. 9-11, the outer cylindrical body 30 may include a plurality of vertical or oblong openings 36 along the outer surface that extend between the first end 32 and the second end 34 passing through the outer surface and into the central cavity 31. The vertical openings 36 as seen in FIGS. 10 and 11, may be oval in shape, although many other geometric shapes are contemplated and the shapes shown are for example purposes only. At least one of the plurality of vertical openings 36 may be shorter than the remaining plurality of vertical openings 36 where the adjustment opening 38 is located near the second end 34 of the outer cylindrical body 30. The adjustment opening 38 and shorter vertical opening 36 extend from the central cavity 31 to the exterior of the cylindrical body 30 through an engagement boss 33. The engagement boss 33 extends out from the exterior surface of the cylindrical body 30 at an angle to create a surface for a tool, for example, insertion tool 400, to engage the implant 10 during insertion and adjustment in the patient. The bottom surface 39 of the second end 34 being configured to provide a bone contacting surface and having a ridged contact surface. It should be understood by one skilled in the art that it is contemplated that the second end 34 of the outer cylindrical body 30 may have varying types of bone contacting surfaces and structures, including, but not limited to sharp tines, porous coatings, biomaterial/ingrowth surfaces, and teeth-like structures 102, as seen in FIGS. 1, 2, 10 and 11. The outer cylindrical body 30 may also include an interior rim 35, as shown in FIGS. 10 and 12. The interior rim 35 may have a gap where the interior rim 35 intersects with the adjustment opening 38 to enable an adjustment mechanism or tool to be inserted into the adjustment opening 38. The interior rim 35 engages the second end 44 of the intermediate adjustment member 40 and maintains the intermediate adjustment member 40 between the interior rim 35 and the support means 90 within the outer cylindrical body 30. The outer cylindrical bodies 230 and 330, described in greater detail below, may also include at least one interior rim, such as interior rim 35, to maintain the intermediate adjustment members 240, 340 within the outer cylindrical bodies 230 and 330.

As seen in the exploded view of FIG. 9, the intermediate adjustment member 40 is positioned above the inner cylindrical body 50. A support means 90, for example, a washer may be positioned adjacent the first end 52 of the inner cylindrical body 50 prior to inserting the intermediate adjustment member 40 over the second end 54 and the body 50. The end member 20 may then be secured to the inner cylindrical body 50 using the fastener 110. As seen in FIGS. 9 and 12 the outer cylindrical body 30 may then be positioned over the intermediate adjustment member 40 and the

support member 90 may be inserted into the channel 37 in the outer cylindrical body 30.

As seen in the sectional views of FIGS. 12-14, a channel 92 is created by the combination of two parallel vertical openings 36 of the outer cylindrical body 30 being aligned with the openings 46 of the adjustment member 40 and the two parallel holes 58 of the inner cylindrical member 50. A shaft 86 of the travel mechanism 80 may be inserted into the channel 92. As shown in FIG. 38, the shaft 86 may include a first end 94 and a second end 96. The first end 94 may, for example, include a head portion 82 and the second end 96 may, for example, include a threaded portion 88. The head portion 82 of the travel mechanism 80 may mate with one of the parallel vertical openings 36 of the outer cylindrical body 30 and the threaded portion 88 exiting the parallel opening 36 of the body 30. The threaded portion 88 may mate with an engagement member 84, such as a nut. An optional washer (not shown) may be inserted over the second end 96 prior to attaching the engagement member 84 onto the fastener 82. The engagement member 84 may be attached to the threaded portion 88 of the travel mechanism 80 to couple the outer cylindrical body 30, the intermediate adjustment member 40, and the inner cylindrical body 50. The engagement member 84 may not be fully tightened to allow for rotation of the intermediate adjustment member 40. Once the implant 10 is at a desired height, the engagement end 84 and head portion 82 of the travel mechanism 80 may be tightened together to secure the intermediate adjustment member 40 in position and with the inner cylindrical body 50 at the selected height. Alternative means for securing the outer cylindrical body 30, the intermediate adjustment member 40, and the inner cylindrical body 50 at a desired height are discussed in greater detail below.

As seen in FIGS. 1 and 6, respectively, the implant 10 is in the fully retracted position and fully extended position. In order to adjust the height of the implant 10, a tool, for example, an adjustment tool 60 or positioning mechanism 440 of the insertion tool 400, may be inserted into opening 38, as shown in FIGS. 8 and 32. The adjustment tool 60 may include a guide pin 62, a plurality of gear teeth 64, a handle 66 and a connector rod 68, as shown in FIGS. 7 and 9. The connector rod 68 is located intermediate and connects the guide pin 62 and the handle 66. The gear teeth 64 being located at the point where the connector rod 68 meets the guide pin 62. The insertion tool 400 is described in greater detail below.

As seen in FIG. 14, when the guide pin 62 is inserted into opening 38, it passes under the adjustment member 40 and the cutouts 56 of the inner cylindrical body 50. Once the adjustment tool 60 is completely inserted into the opening 38, the gear teeth 64 of the adjustment tool 60 interface with the teeth-like or gear structures 48 of the adjustment member 40. As the handle 66 is rotated the gear teeth 64 mate with the teeth-like or gear structures 48 to rotate the intermediate adjustment member 40. As the intermediate adjustment member 40 turns it causes the fixed travel mechanism 80 to slide along the path of the diagonal openings 46. Since the travel mechanism 80 is coupled to the inner cylindrical body 50, as the travel mechanism 80 moves along the diagonal slots 46 the inner cylindrical body 50 moves either upward or downward depending on the direction of rotation. The end member 20 may move away or move towards the first end 32 of the outer body 30 either lengthening or shortening the height of the implant 10, as seen in FIGS. 6-8.

Referring now to FIGS. 15-22, an alternative embodiment implant 200, similar to the implant 10 as described above, but includes a second fastener 210 and a second end member



220. The first end member 20, outer cylindrical body 230, intermediate adjustment member 240, inner cylindrical body 250, travel mechanism 80, washer 90, and fastener 110 are similar to those described above with reference to FIGS. 1-14. As seen in FIG. 16, the intermediate adjustment member 240 is detachably coupled to the inner cylindrical body or first cylindrical body 250 and the elongated outer cylindrical body or second cylindrical body 230, as described above with reference to FIGS. 1-14. The first end member 20 may be detachably coupled to the inner cylindrical body 250 with the fastener 110 and the second end member 220 may be detachably coupled to the elongated outer cylindrical body 230 with a second fastener 210. The first and second end members 20, 220 each having at least one threaded spike 100 and teeth-like structures 102 on the bone contact surface for engagement with the patient's bone, as shown in FIGS. 16-18. The adjustment tool 60 is of the type described above with reference to implant 10. For brevity sake the functionality and element relationships will not be restated here, but it is understood that they include all of the same limitations of and function in the same manner as implant 10, other than addition of the second end member 220.

As seen in FIGS. 15 and 16, respectively, the implant 200 is in the fully retracted position and fully extended position and is adjusted as described above with reference to FIGS. 1-14. The implant 200 may come in a variety of sizes, wherein the diameter and length of the outer cylindrical body 230, intermediate adjustment member 240, and inner cylindrical body 250 vary depending on the size of the desired implant. As shown in FIGS. 15-19, for example, the outer cylindrical body 230, intermediate adjustment member 240, and inner cylindrical body 250 may be elongated. Referring now to FIGS. 23-24, the outer cylindrical body 230, intermediate adjustment member 240, and inner cylindrical body 250 may be shorter in length, thus the height of the implant 200 shown in FIGS. 23 and 24 is less than the height of the implant 200 shown in FIGS. 15-22.

Another alternative embodiment implant 300 is depicted in FIGS. 25-31, the implant 300 including an elongated outer cylindrical body or second cylindrical body 330 to accommodate a first or superior inner cylindrical body 250 and second or inferior inner cylindrical body 350 coupled to a first and second intermediate adjustment member 240, 340, respectively. The terms "second inner cylindrical body," "inferior inner cylindrical body," and "third cylindrical body" may be used interchangeably as they have essentially the same meaning herein. The intermediate adjustment members 240, 340 are of the type described above with reference to the intermediate adjustment member 40 of implant 10 depicted in FIGS. 1-14. The first inner cylindrical body 250 may also be coupled to a first end member 20 with the first fastener 110 and the second inner cylindrical body 350 may also be coupled to a second end member 220 with the second fastener 210. The end members 210, 220 having the same limitations and functionality as those described above with reference to the implant 200 depicted in FIGS. 15-22.

As seen in FIGS. 25 and 26, respectively, the implant 300 is in the fully retracted position and fully extended position. In order to adjust the height of the implant 300 a tool, for example, the adjustment tool 60 or insertion tool 400, may be inserted into opening 338, shown in FIG. 27. The adjustment tool 60 including a guide pin 62, a plurality of gear teeth 64, a handle 66 and a connector rod 68, as described above with reference to FIGS. 3-7. The connector rod 68 is located intermediate and connects the guide pin 62

and the handle 66. The gear teeth 64 being located at the point where the connector rod 68 meets the guide pin 62. The insertion tool 400 will be discussed in greater detail below.

As seen in the sectional views of FIGS. 30 and 31, when the guide pin 62 is inserted into opening 338 it passes between the adjustment members 240 and 340 and the cutouts 256 and 356 of the inner cylindrical bodies 250 and 350. Once the adjustment tool 60 is completely inserted into the opening 338, the gear teeth 64 of the adjustment tool 60 interface with the teeth-like or gear structures 248 and 348 of the adjustment members 240 and 340, respectively. As the handle 66 is rotated the gear teeth 64 mate with the teeth-like or gear structures 248 and 348 to rotate the adjustment members 240 and 340, respectively. The adjustment members 240 and 340 will turn in opposite directions as they rotate when the superior travel mechanism 80 is inserted into the lowest point of the diagonal slots 246 on the second end 244 of the adjustment member 240 and the inferior travel mechanism 80 is inserted into the highest point of the diagonal slots 346 on the second end 344 of the adjustment member 340. As the intermediate adjustment members 240, 340 turn they cause the superior and inferior fixed travel mechanisms 80 to slide along the paths of the diagonal openings 246, 346. As the travel mechanisms 80 move along the diagonal slots 246, 346 the inner cylindrical bodies 250, 350 moves either upward or downward depending on the direction of rotation, because the travel mechanisms 80 are coupled to the inner cylindrical bodies 250, 350. The end member 20 may move away or move towards the first end 332 of the outer body 330 and the opposing end member 220 may also move away or move towards the second end 334 of the outer body 330, either lengthening or shortening the implant 300, as shown in FIGS. 25 and 26.

The appropriate surgical exposure and dissection techniques for the example surgical method using the tissue spacer implant 10, 200 or 300 are well known in the art. As shown in FIG. 37, the surgical method for using the implant 10, 200 or 300 may include the step 500 of obtaining a properly sized and configured implant 10, 200, or 300. The method may also include assembling the implant 10, 200, or 300 by selecting an end member 20 and attaching the selected end member 20 to the inner cylindrical body 50, 250. The assembling step may further include selecting a fastener 110 and inserting the fastener 110 through the opening 26 in the end member 20 and into the central cavity 51, 251 of the inner cylindrical body 50, 250 to engage the threads 53, 253. If implant 200 is being used, the assembly step may also include selecting a second end member 220 and attaching the selected second end member 220 to the second end 234 of the elongated cylindrical body 230. The assembling step for implant 200 may also include selecting a second fastener 210 and inserting the second fastener 210 through the opening 226 in the second end member 220 and into the central cavity 231 to engage the inner threads 235 of the elongated cylindrical body 230. If the implant 300 is being used, the assembly step may also include selecting a second end member 220 and attaching the selected second end member 220 to the second inner cylindrical body 250. The assembling step for implant 300 may further include selecting a second fastener 210 and inserting the second fastener 210 through the opening 226 in the end member 220 and into the central cavity 351 of the inner cylindrical body 350 to engage the threads 353.

Once the tissue spacer implant 10, 200, or 300 is assembled, the next step 502 may include attaching the tissue spacer implant 10, 200, or 300 to an insertion tool, for



example, insertion tool **400** described in greater detail below. Following the attachment of the tissue spacer implant **10**, **200**, or **300** to the insertion tool **400**, the next step **504** includes placing the implant **10**, **200** or **300** between two tissue bodies. For example purposes only, we shall describe herein the technique as used in the replacement of a missing vertebral body. The end of the insertion tool **400** with the coupled and aligned implant **10**, **200** or **300** is positioned within a space within a spinal column. If implant **10** is used the end member **20** and outer cylindrical body **30** may be positioned to engage respective adjacent vertebral bodies. Alternatively, if implant **200** or **300** is used the end member **20** and the second end member **220** may be positioned to engage respective adjacent vertebral bodies. An adjustment tool **60** may then be used during step **506** to complete the distraction step or maintenance of the existing space by lengthening or shortening the implant **10**, **200**, or **300**, as described above, to the desired height to enable the end member **20** and the outer cylindrical body **30** or first and second end members **20**, **220** to sufficiently engage the respective adjacent vertebral bodies. The positioning mechanism **440** of the insertion tool **400** may alternatively be used in place of the adjustment tool **60** in the currently described methods, as described in greater detail below. Once the desired length is achieved, step **508** may include securing a travel mechanism **80** before or after a tool, for example, the adjustment tool **60**, is removed to prevent rotational movement of the intermediate adjustment member **40**, **240**, **340**. If the adjustment tool **60** is removed prior to fixing the travel mechanism **80**, once the travel mechanism **80** is secured, the implant **10**, **200**, **300** is fixed at the required length to maintain the necessary space between the two vertebral bodies. The travel mechanism **80** may be tightened to fix the implant **10**, **200**, or **300** at a desired height. If the adjustment tool **60** is removed after securing the travel mechanism **80**, the method may further include the step of fixing the travel mechanism **80** onto the outer cylindrical body **30**, **230**, **330** and securing the intermediate adjustment member **40**, **240**, **340** in position between the outer cylindrical body **30**, **230**, **330** and the inner cylindrical body **50**, **250**, **350**, to secure the implant **10**, **200**, **300** at a desired height between two vertebral bodies within a patient's spinal column. The method may further include the step of removing the adjustment tool **60** or insertion tool **400** from the outer cylindrical body **30**, **230**, **330** of the implant **10**, **200**, **300** and removing the adjustment tool **60** from inside the living body.

It should be understood by those skilled in the art that the surgical method described herein may also include using alternative embodiments of end members **20**, **220** to accommodate various clinical deformities or bone growth coatings.

Referring now to FIGS. **32-36**, an alternative insertion tool **400** and locking instrument **470** are shown. The insertion tool **400** and locking instrument **470** engaging the implant **10** is shown in FIG. **32**. The insertion tool **400** includes a handle **402** coupled to a housing **430** which may receive a positioning mechanism **440** and an insertion mechanism **450**. The handle **402** may include a proximal handle portion **404** and a distal handle portion **406**. The distal handle portion **406** may have a first opening **408** along the longitudinal axis of the handle **402** for receiving the proximal handle portion **404**. The proximal handle portion **404** may be secured to the distal handle portion **406** using fasteners, for example, screws (not shown). The distal handle portion **406** may also include a second opening **410** along the longitudinal axis of the handle **402** and opposite the first opening **408** for receiving the housing **430** and the insertion mechanism **450**. The proximal handle portion **404**

may have a through hole **412** along the longitudinal axis of the handle **402** for receiving the positioning mechanism **440** and engaging the insertion mechanism **450** at a distal end of the through hole **412** of the proximal handle portion **404**. The proximal handle portion **404** may also include an opening **414** perpendicular to and engaging the through hole **412**. The opening **414** is configured to receive the actuation button **420**.

Referring now to FIG. **36**, the actuation button **420** may include two side channels **422** that engage fasteners for securing the actuation button **420** to the handle **402** and the two side channels **422** are configured to enable the fasteners to slide along the channels **422** allowing the actuation button **420** to move. The actuation button **420** may also include an opening **424** with a locking channel **426** for securing the positioning mechanism **440** in the handle **402** of the insertion tool **400**. As seen in FIGS. **34-36**, the positioning mechanism **440** may include a shaft **442** with a channel **444** at the proximal end of the shaft **442** for engaging the opening **424** and locking channel **426** of the actuation button **420**. The positioning mechanism **440** may also include a knob **446** which couples to the proximal end of the shaft **442**. The shaft **442** of the positioning mechanism **440** may also include a plurality of gear teeth **448** at the distal end of the shaft **442**. The plurality of gear teeth **448** of the shaft **442** of the positioning mechanism **440** are configured to engage the teeth-like or gear structures **48** of the intermediate adjustment mechanism **40** of the implant **10**.

The positioning mechanism **440** may pass through the handle **402** and then through the insertion mechanism **450** to enable engagement with the adjustment mechanism **40** of the implant **10**. The insertion mechanism **450** may include a proximal end **452** and a distal end **454** as shown in FIG. **35**. The distal end **454** may include a threaded end **460** for engaging corresponding threads within the distal end of the through hole **412** of the proximal handle portion **406**. As shown in FIG. **34**, the insertion mechanism **450** may also include a through opening **458** running along the longitudinal axis of the insertion mechanism **450**. The shaft **442** of the positioning mechanism **440** may pass through the through opening **458** of the insertion mechanism **450**. The insertion mechanism **450** may further include an engagement channel **456** on the proximal end **452** of the insertion mechanism **450** for mating with the engagement boss **33** on the exterior surface of the outer cylindrical body **30** of the implant **10**, as shown in FIG. **32**.

The insertion mechanism **450** may fit within the housing **430** of the insertion tool **400** as shown in FIG. **36**. The housing **430** may include a proximal end **432** that couples to the distal handle portion **406** and a distal end **434**, as shown in FIG. **35**. The housing **430** may be secured to the distal handle portion **406** using fasteners, for example, screws (not shown). The housing **430** may also include a through hole **436** passing from the proximal end **432** to the distal end **434** along the longitudinal axis of the housing **430**. The insertion mechanism **450** may be inserted into the through hole **436** from the distal end **434** of the housing **430** and pass out of the housing **430** at the proximal end **432** to engage the proximal handle portion **404**. Once the housing **430** and insertion mechanism **450** are coupled to the handle **402**, the engagement channel **456** of the insertion mechanism **450** of the insertion tool **400** may be attached to the engagement boss **33** on the outer cylindrical body **30** of the implant **10**.

The locking instrument **470** may include a shaft **472** with a proximal end **474** and a distal end **476**, as seen in FIGS. **32-34**. The locking instrument **470** may include a knob **478** at the proximal end **474** of the shaft **472** for adjusting the



travel mechanism **80** of the implant **10**. The locking instrument **470** may also include an engagement end **480** at the distal end **476** of the shaft **472**. The engagement end **480** may be configured to engage the head portion **82** of the travel mechanism **80**. The engagement end **480** may include a head that enables rotation of the head portion **82** of the travel mechanism **80** at an angle, as shown in FIG. **32**, to enable the use of the insertion tool **400** and the locking instrument **470** simultaneously. The engagement end **480** may, for example, have a hexagon, square, or other multi-lobed configuration allowing the engagement end **480** to engage the head portion **82** to tighten the travel mechanism **80** and engagement member **84** to secure the implant **10** in the desired extension or retraction.

The insertion tool **400** and locking instrument **470** may also be used in the above described surgical method in place of the adjustment tool **60**. Prior to inserting the positioning mechanism **440**, the insertion tool **400** may be secured to the implant **10** by sliding the engagement boss **33** of the implant **10** into engagement with the engagement channel **456** of the insertion mechanism **450**. Next, the positioning mechanism **440** may be inserted into the handle **402** of the insertion tool **400** and slid through the insertion mechanism **450** inside the housing **430** of the insertion tool **400** to engage the plurality of gear teeth **448** of the shaft **442** of the positioning mechanism **440** with the teeth-like or gear structures **48** of the intermediate adjustment mechanism **40** of the implant **10**. Once the implant **10** is secured to the insertion tool **400**, the implant **10** may be inserted into the patient between two vertebrae. After inserting the implant **10**, the physician may adjust the height of the implant **10** by rotating the knob **446** of the positioning mechanism **440** thereby rotating the gear teeth **448** which are engaging the teeth-like or gear structures **48** of the adjustment mechanism **40** to rotate the intermediate adjustment mechanism **40**. As the adjustment mechanism **40** turns, the fixed travel mechanism **80** slides along the path of the diagonal openings **46** causing the coupled inner cylindrical body **50** to move in an upward or downward direction depending on the direction of rotation of the gear teeth **448**. When a desired length of the implant **10** is achieved, the engagement end **480** of the locking instrument **470** may be inserted to engage the corresponding opening in the fastener **82** of the travel mechanism **80** to tighten the travel mechanism **80** thereby securing the intermediate adjustment member **40** to the outer cylindrical body **30** and inner cylindrical body **50** to prevent additional rotation of the adjustment member **40**. After the implant **10** has been secured in the desired position, the locking instrument **470** may be removed from the patient and the positioning mechanism **440** may be removed from the insertion tool **400**. Next the insertion tool **400** may be slid to disengage the engagement channel **456** of the insertion mechanism **450** from the engagement boss **33** of the implant **10** and the insertion tool **400** may be removed from the patient. The patient's incision may then be closed.

Referring now to FIGS. **40** and **42**, a first locking mechanism inserter **490** is shown. The locking mechanism inserter **490** may include a shaft **492** with an engagement end **494** at a first end and a knob **496** at a second end. As shown in FIG. **42**, the engagement end **494** may have a shape corresponding to the shape of an opening **512** in a first locking mechanism **510**, shown in FIG. **44**. The first locking mechanism **510** may be used with an alternative embodiment tissue spacer implant **508**. The implant **508** is similar to the implant **10** described above, however the implant **508** includes an alternative travel mechanism **518**. As shown in FIG. **39**, the alternative travel mechanism **518** includes a shaft **520** with

a first end **522** and a second end **524**. The second end **524** of the travel mechanism **518** may be inserted through the shorter vertical opening **36** in the outer cylindrical body **30**, one of the two helical openings **46**, through two parallel elongated vertically oriented openings **59**, through a second of the two helical openings **46**, and into a second vertical opening **36** parallel to the shorter vertical opening **36**. In addition, the adjustment opening **38** in the implant **508** may include threads **16** for engaging the first locking mechanism **510**. The first locking mechanism **510** includes a drive opening **512**, exterior threads **514**, and an impact end **516**. As discussed above, the drive opening **512** is shaped to correspond to the shape of the engagement end **494** of the inserter **490**. The exterior threads **514** may engage the interior threads **16** of the adjustment opening **38**. The impact end **516** is configured to engage the exterior surface of the second end **44** of the intermediate adjustment member **40** to prevent the adjustment member **40** from rotating.

Once the implant **508** is assembled, the implant **508** may be inserted into a patient using the insertion tool **400**. The positioning mechanism **440** (see FIGS. **34-36**) may be used to increase or decrease the height of the implant **508**, as described above. After the implant **508** is adjusted to a desired height, the positioning mechanism **440** may be removed from the insertion tool **400**. The physician may then attach the engagement end **494** of the first locking mechanism inserter **490** to the drive opening **512** of the first locking mechanism **510**. Once the first locking mechanism **510** is coupled to the first inserter **490**, the first inserter **490** may be inserted into the tool **400**. The first inserter **490** is inserted into the hole **412** in handle **402** and through the insertion mechanism **450** to enable insertion of the first locking mechanism **510** into the adjustment opening **38** to engage the intermediate adjustment member **40**. The threads **514** of the first locking mechanism **510** will engage the interior threads **16** of the opening **38** by rotating the knob **496** of the first inserter **490**. Once the first locking mechanism **510** is inserted into the opening **38**, the impact end **516** contacts the intermediate adjustment member **40** to secure the adjustment member **40** in the selected position to maintain the desired height of the implant **508**. The first inserter **490** may then be removed from the insertion tool **400**, the insertion tool **400** may be detached from the implant **508**, and the patient closed.

A second locking mechanism inserter **500** is shown in FIGS. **41** and **43**. The second locking mechanism inserter **500** may include a shaft **502** with an engagement end **504** at a first end and a knob **506** at a second end. As shown in FIG. **43**, the engagement end **504** may be threaded to engage an opening **532** in a second locking mechanism **530**, shown in FIG. **45**. The second locking mechanism **530** may be used with another alternative embodiment tissue spacer implant **528**. The implant **528** is similar to the implant **508** with the alternative travel mechanism **518** described above, however the implant **528** includes an alternative adjustment opening **38** including a lip **18**. The lip **18** in the adjustment opening **38** is configured to engage the second locking mechanism **530**. The second locking mechanism **530** includes an attachment opening **532** that may be threaded, an exterior surface **534**, and a plurality of gear teeth **536**. The gear teeth **536** are configured to engage the teeth-like or gear structures **48** of the intermediate adjustment member **40** to secure the adjustment member **40** to prevent additional rotation. The exterior surface **534** may be shaped to correspond to the shape of the adjustment opening **38** above the lip **18**.

Once the implant **528** is assembled, the implant **528** may be inserted into a patient with the insertion tool **400**. As



discussed above, the positioning mechanism 440 (see FIGS. 34-36) may be used to increase or decrease the height of the implant 528. After the implant 528 is adjusted to a desired height, the positioning mechanism 440 may be removed from the insertion tool 400. The physician may then attach the second locking mechanism 530 to the second locking mechanism inserter 500 by rotating the threads of the engagement end 504 of the second locking mechanism 530 to engage the threads of the attachment opening 532 of the second inserter 500. Once the second locking mechanism 530 is secured to the second locking mechanism inserter 500, the second inserter 500 may be inserted into the insertion tool 400 to enable insertion of the second locking mechanism 530 into the adjustment opening 38 to engage the intermediate adjustment member 40. As the second locking mechanism 530 is inserted into the opening 38, the gear teeth 536 of the locking mechanism 530 will engage the teeth-like or gear structures 48 of the intermediate adjustment member 40 and the exterior surface 534 of the locking mechanism 530 will engage the lip 18 of the adjustment opening 38 of the implant 528. The gear teeth 536 and exterior surface 534 of the second locking mechanism 530 will engage the intermediate adjustment member 40 and the adjustment opening 38 of the implant 528 to lock the intermediate adjustment member 40 in the selected position to maintain a desired height of the implant 528. The second inserter 500 may then be removed from the locking mechanism 530 by rotating the knob 506 to remove the threads of the engagement end 504 from the threads of the attachment opening 532 of the second locking mechanism 530. Once the engagement end 504 of the second inserter 500 is removed from the second locking mechanism 530, the second inserter 500 may be removed from the insertion tool 400. After removing the second inserter 500, the insertion tool 400 may be detached from the implant 528 and the patient's incision closed.

The terminology used herein is for the purpose of describing particular embodiments only and is not intended to be limiting of the invention. As used herein, the singular forms "a", "an" and "the" are intended to include the plural forms as well, unless the context clearly indicates otherwise. It will be further understood that the terms "comprise" (and any form of comprise, such as "comprises" and "comprising"), "have" (and any form of have, such as "has", and "having"), "include" (and any form of include, such as "includes" and "including"), and "contain" (and any form of contain, such as "contains" and "containing") are open-ended linking verbs. As a result, a method or device that "comprises," "has," "includes," or "contains" one or more steps or elements possesses those one or more steps or elements, but is not limited to possessing only those one or more steps or elements. Likewise, a step of a method or an element of a device that "comprises," "has," "includes," or "contains" one or more features possesses those one or more features, but is not limited to possessing only those one or more features. Furthermore, a device or structure that is configured in a certain way is configured in at least that way, but may also be configured in ways that are not listed.

Although the example embodiments have been depicted and described in detail herein, it will be apparent to those skilled in the relevant art that various modifications, additions and substitutions can be made without departing from its essence and therefore these are to be considered to be within the scope of the following claims.

What is claimed is:

1. A tissue spacer implant system, the system comprising: an implant including an exterior surface with an engagement boss extending away from the exterior surface; an insertion tool configured to be coupled to the engagement boss of the implant, wherein the insertion tool comprises:
  - a housing with a first end and a second end;
  - a handle coupled to the first end of the housing;
  - an insertion mechanism coupled with an interior of the housing and extending from a second end of the handle through a length of the housing;
  - a positioning mechanism configured to engage an interior of the insertion mechanism and to extend through the length of the housing, wherein the positioning mechanism comprises:
    - a shaft with a proximal end and a distal end;
    - a knob coupled to the proximal end of the shaft; and
    - a plurality of gear teeth at the distal end of the shaft, wherein the shaft and the plurality of gear teeth are monolithic; and
    - a channel positioned near the proximal end of the shaft; and
  - wherein a portion of the positioning mechanism extends out of a center of a distal end of the insertion mechanism;
  - wherein an actuation button is received within an opening of the handle and engages the channel of the positioning mechanism; and
  - wherein the opening is positioned perpendicular to and engages a through hole of the housing; and
- a locking instrument configured to engage the implant.
2. The system of claim 1 wherein the through hole of the housing extends from the first end to the second end and shaped to receive at least a portion of the insertion mechanism.
3. The system of claim 2, wherein the handle comprises:
  - a proximal handle portion; and
  - a distal handle portion having a first opening at a first end of the distal handle portion and extending into a portion of the distal handle portion along a longitudinal axis, wherein at least a portion of the proximal handle portion engages the first opening of the distal handle portion.
4. The system of claim 3, wherein the handle further comprises:
  - at least one fastener, the at least one fastener secures the proximal handle portion to the distal handle portion.
5. The system of claim 3, wherein the distal handle portion further comprises:
  - a second opening at a second end and extends into the distal handle portion along the longitudinal axis, wherein the second opening receives a portion of the housing and a portion of the insertion mechanism;
  - wherein the proximal handle portion comprises:
    - a through hole extending from a first end to a second end along a longitudinal axis of the proximal handle portion, wherein the positioning mechanism may extend through the through hole of the proximal handle portion, through the first and second openings of the distal handle portion, and through the insertion mechanism; and
    - wherein the opening of the handle is positioned in the proximal handle portion and extends from an exterior surface of the proximal handle portion into the through hole.



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6. A tissue spacer implant system, the system comprising:  
 an implant;  
 an insertion tool configured to be coupled to the implant,  
 wherein the insertion tool comprises:  
 a housing with a first end and a second end;  
 a handle coupled to the first end of the housing, wherein  
 the handle comprises:  
 a proximal handle portion comprising:  
 a through hole extending from a first end to a  
 second end along a longitudinal axis of the  
 proximal handle portion; and  
 an opening positioned perpendicular to the  
 through hole and extending from an exterior  
 surface of the proximal handle portion into the  
 through hole;  
 wherein the opening receives an actuation button  
 of the handle; and  
 a distal handle portion having a first opening at a first  
 end and extending into a portion of the distal  
 handle portion along a longitudinal axis, wherein  
 at least a portion of the proximal handle portion  
 engages the first opening of the distal handle  
 portion;  
 an insertion mechanism coupled with an interior of the  
 housing and extending from a second end of the  
 handle through a length of the housing;  
 wherein the housing further comprises:  
 a through hole extending from the first end to the  
 second end and shaped to receive at least a portion  
 of the insertion mechanism;  
 wherein the distal handle portion includes a second  
 opening at a second end and extends into the distal  
 handle portion along the longitudinal axis, wherein  
 the second opening receives a portion of the housing  
 and a portion of the insertion mechanism;  
 wherein a positioning mechanism of the system may  
 extend through the through hole of the proximal  
 handle portion, through the first and second openings  
 of the distal handle portion, and through the insertion  
 mechanism; and  
 a locking instrument configured to engage the implant.
7. The system of claim 1 wherein the insertion mechanism  
 comprises:  
 a proximal end;  
 a distal end;  
 a threaded portion at the proximal end, wherein the  
 threaded portion couples to an interior portion of the  
 handle;  
 an opening extending from the proximal end to the distal  
 end along a longitudinal axis; and  
 an engagement channel positioned on the distal end for  
 receiving the engagement boss of the exterior surface  
 of the implant.
8. The system of claim 6, wherein the  
 positioning mechanism extends through the length of the  
 housing; and  
 wherein a portion of the positioning mechanism extends  
 out of a center of a distal end of the insertion mecha-  
 nism.
9. The system of claim 8, wherein the positioning mecha-  
 nism comprises:  
 a shaft with a proximal end and a distal end;  
 a knob coupled to the proximal end of the shaft; and  
 a plurality of gear teeth at the distal end of the shaft,  
 wherein the shaft and the plurality of gear teeth are  
 monolithic.

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10. The system of claim 9, wherein the plurality of gear  
 teeth directly engage a plurality of gear structures in the  
 implant.
11. The system of claim 9, wherein the positioning  
 mechanism further comprises:  
 a channel positioned near the proximal end of the shaft.
12. The system of claim 11, wherein the actuation button  
 engages the channel of the positioning mechanism, wherein  
 the opening of the proximal handle portion is positioned  
 perpendicular to and engages the through hole of the hous-  
 ing.
13. The system of claim 1, wherein the locking instrument  
 comprises:  
 a shaft with a proximal end and a distal end;  
 a knob coupled to the proximal end of the shaft; and  
 an engagement end at the distal end of the shaft.
14. The system of claim 13, wherein the engagement end  
 engages the implant to secure the implant in a deployed  
 position.
15. The system of claim 13, wherein the engagement end  
 includes a multi-lobed shape.
16. A tissue spacer implant system, the system compris-  
 ing:  
 an implant, wherein the implant comprises:  
 a first cylindrical body including a first outer surface, a  
 first axially extending hole, and a first end;  
 a second cylindrical body including a second outer  
 surface and a second axially extending hole;  
 an adjustment member including an outer surface, an  
 axial hole extending from a first end to a second end,  
 and at least one diagonal slot extending partially  
 around the outer surface of the adjustment member,  
 wherein the axial hole of the adjustment member is  
 adapted to receive the first cylindrical body and the  
 adjustment member is configured to be inserted into  
 the second axially extending hole of the second  
 cylindrical body; and  
 a first travel mechanism engaging the first cylindrical  
 body, the adjustment member, and the second cylin-  
 drical body along the at least one diagonal slot of the  
 adjustment member to maintain a space between two  
 bodies of tissue;
- an insertion tool configured to be coupled to the implant;  
 and  
 a locking instrument configured to engage the implant.
17. The system of claim 16, wherein the adjustment  
 member further comprises:  
 a circular cross-section and gear structures positioned at  
 an end of the adjustment member.
18. The system of claim 17, wherein the insertion tool  
 engages the gear structures of the adjustment member and  
 the adjustment member engages the first cylindrical body  
 and the second cylindrical body to move the implant to a  
 deployed position.
19. The system of claim 18, wherein the locking instru-  
 ment engages the first travel mechanism to secure the first  
 cylindrical body, the second cylindrical body, and the adjust-  
 ment member in a locked position.
20. The system of claim 6, wherein the handle further  
 comprises:  
 at least one fastener, the at least one fastener secures the  
 proximal handle portion to the distal handle portion;  
 wherein the insertion mechanism comprises:  
 a proximal end;  
 a distal end;

a threaded portion at the proximal end, wherein the threaded portion couples to an interior portion of the handle;  
an opening extending from the proximal end to the distal end along a longitudinal axis; and 5  
an engagement channel positioned on the distal end for receiving an engagement boss of an exterior surface of the implant;  
wherein the locking instrument comprises:  
a shaft with a proximal end and a distal end; 10  
a knob coupled to the proximal end of the shaft; and  
an engagement end at the distal end of the shaft, wherein the engagement end engages the implant to secure the implant in a deployed position.

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