

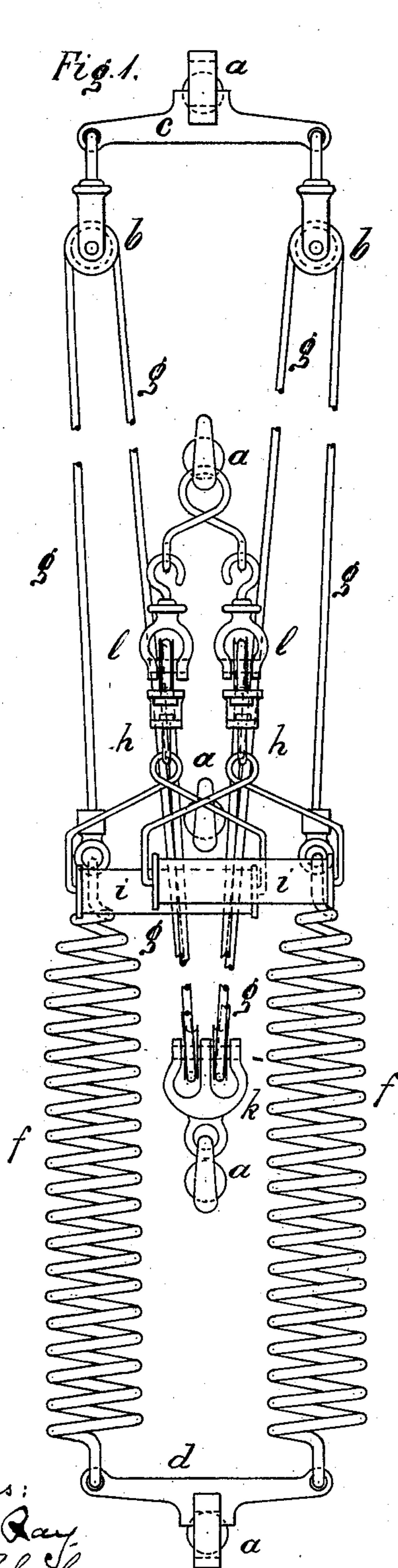
No. 705,266.

Patented July 22, 1902.

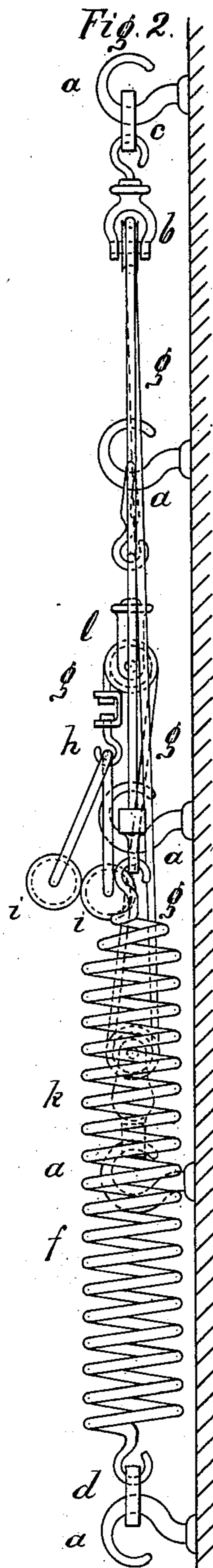
D. G. MATTSSON.
GYMNASTIC APPARATUS.

(Application filed Feb. 25, 1902.)

(No Model.)



Witnesses:
Edward Ray
William Schuch



Inventor:
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UNITED STATES PATENT OFFICE.

DAVID GUSTAF MATTSSON, OF ALTONA, GERMANY.

GYMNASTIC APPARATUS.

SPECIFICATION forming part of Letters Patent No. 705,266, dated July 22, 1902.

Application filed February 25, 1902. Serial No. 95,619. (No model.)

To all whom it may concern:

Be it known that I, DAVID GUSTAF MATTS-
SON, a subject of the King of Sweden and Nor-
way, residing at Altona, Germany, have in-
5 vented certain new and useful Improvements
in or Relating to Gymnastic Apparatus, of
which the following is a specification.

In hitherto-known gymnastic apparatus
used for executing pulling exercises it is pos-
10 sible only to pull downward or, after suitably
changing the points of attachment of the
cords, to pull upward; but the before-men-
tioned two pulling movements can never be
effected in immediate succession, although
15 this alteration is indispensable in many gym-
nastic exercises. Now in gymnastic appara-
tus according to this invention this disad-
vantage is obviated.

Figures 1 and 2 of the accompanying draw-
20 ings are respectively a front elevation and a
side elevation of one example of such appa-
ratus, the example selected being fitted with
non-elastic cords having spiral springs at one
end; but the invention can also be applied to
25 gymnastic apparatus with elastic cords, in
which case the springs are omitted.

A number of hooks *a* are fixed at suitable
distances apart to a wall, door-posts, or any
other suitable part. The top hook supports
30 a yoke *c*, to which are attached two pulleys
b, and the bottom hook serves for the attach-
ment of another yoke *d*, to the ends of which
two spiral springs *f* are secured. Two non-
elastic cords *g*, which pass around the pul-
35 leys *b*, are connected to the springs *f*, and

handles *i* are attached to the free ends of
these cords by means of swivel-hooks *h*. The
cords *g* also pass from the pulleys *b* first over
a pair of lower pulleys *k* and thence over a
pair of upper pulleys *l*, which can be attached 40
to any hook *a*, as desired, or according to the
requirements of the exercise being practiced.
It will be obvious that with this arrangement
it is possible without changing the apparatus
in any way to practice downward and upward 45
pulling exercises in immediate succession,
since in the first case the pulleys *l* and in the
second case the pulleys *k* resist the action of
the cords.

I claim—

1. A gymnastic apparatus composed of a 50
pair of upper pulleys, two pair of lower pul-
leys arranged above one another, and a pair
of cords that pass from the upper pulleys
around the lowermost pulleys and thence 55
around the intermediate pulleys, substan-
tially as specified.

2. A gymnastic apparatus composed of a
bail having pulleys, a pair of springs, a pair
of upper pulleys, a pair of lower pulleys, and 60
a pair of cords that pass from the springs
first over the bail-pulleys, then over the lower
pulleys and then over the upper pulleys, sub-
stantially as specified.

Signed at Hamburg, Germany, this 6th day 65
of February, A. D. 1902.

DAVID GUSTAF MATTSSON.

Witnesses:

MAX FOUQUETZ,
FRANZ STEFFENS.